

QUARTERLY ISSUES AND PROGRAMS REPORT

FOR STATION KFNQ

3rd Quarter 2014: July 1 to September 30, 2014

Prepared by:

Lee Callahan, Public Affairs

Issues of Concern to Seattle-Tacoma, WA Addressed in Responsive Programming 3rd Quarter 2014: July 1 to September 30, 2014

Subject

Description of Issue of Concern

| 1. | Arts & Culture | Assurance that the arts will be fostered in the greater Seattle area |
|-----|--|---|
| 2 | Business and Economy | Concerns over the recent economic downslide – and in contrast – new and innovative business practices |
| 3. | Community Outreach | Local fundraisers / How to help others in our Seattle community |
| 4. | Education | Concerns over quality and budget issues |
| 5. | Environment | How to become a more sustainable and eco- friendly/green community |
| 6. | Family | Concerns over parenting and other family issues |
| 7. | Health & Nutrition | Desire to stay or get healthy |
| 8. | Government and Politics | With the change in administrations, a desire to stay informed on policy changes |
| 10. | Minority Experiences - Homelessness – Multi-Cultural Awareness | A need to stay up to date on those financially less fortunate and those facing discrimination in our community. Exploring the issues facing different cultures both in and out of the US |
| 11. | International Affairs and/or the effects of the War in Iraq / 9-11 | With military bases dotting our NW landscape, much concern for our veterans and returning soldiers. |

KPTK AM 1090

Programs That Address Community Issues (Regularly Scheduled Public Affairs Programs) 3rd Quarter 2014: July 1 to September 30, 2014

| | Public Affairs Program | Schedule and Description |
|----|--|--|
| 1. | Community Matters with Lee Callahan | Sundays, 6am to 7am. Produced and hosted by Lee Callahan, this show features talks with authors and |
| 2. | Public Service Announcements | local non-profit organizations. Public Service Announcements Daily, 1 minute in length – 8 to 10 per day |

ISSUE: Arts & Culture

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-6-14 Actress Lily Tomlin tells her life story (so far) to Lee Callahan, from her beginnings on Broadway to Laugh-in to her bold act of coming out as a gay woman. Ms. Tomlin is performing in Seattle at McCaw Hall.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

American author Kathryn Stockett discusses her book, *The Help: a* 2009 novel about African-American maids working in white households in Jackson, Mississippi, during the early 1960s, amidst racial discrimination and anti-black violence. The novel is Stockett's first. It took her five years to complete and was rejected by 60 literary agents before being published. It's since been published in 35 countries and three languages.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-20-14 The Capitol Hill Block Party Of Seattle: July 27th, the 18th annual Capitol Hill Block Party – up on – you guessed it – Capitol Hill in Seattle. The festival supports the growth of the local community and local charities, and features over 100 bands on 6 stages over 3 days. And, don't you worry – plenty of beer gardens and excellent food choices. I had a visit with the owner and producer of the festival, Jason Lajeunesse, and the CHBP talent buyer, Eli Anderson, to discuss what bands Jack listeners should check out. I agree wholeheartedly with their selections

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-20-14 A Boy and a Jaguar by Alan Rabinowitz: Alan loves animals, but the great cat house at the Bronx Zoo makes him sad. Why are they all alone in empty cages? Are they being punished? More than anything, he wants to be their champion—their voice—but he stutters uncontrollably. Except when he talks to animals...Then he is fluent. Rabinowitz is a wildlife conservationist and spokesperson for the Stuttering Foundation of America. When he was a boy, he discovered that, despite severe speech challenges, he had a gift for communicating with animals. The story will help children empathize with their peers with speech issues and will be a lifeline to those with special needs or who feel like outsiders for one reason or another. Every library should own this book, a testament to the fierce beauty of jaguars and the human spirit.

7-20-14 Timmy Failure by Stephan Pastis (Author, Illustrator) Meet "detective" Timmy Failure, star of the kids' comedy of the year. Created by New York Times cartoonist Stephan Pastis. Take Timmy Failure — the clueless, comically self-confident CEO of the best detective agency in town, perhaps even the nation. Add his impressively lazy business partner, a very large polar bear named Total. Stephan Pastis gets you snorting with laughter, then slyly carries the joke a beat further — or sweetens it with an unexpected poignant moment — making this a comics-inspired story that truly stands apart from the pack.

7-27-14 Thom Gimbel of Foreigner - August 1st at Marymoor Park. Foreigner bandmember, guitarist, saxophonist, keyboardist (the list of instruments goes on and on) – Thom Gimbel – joined me on the phone from the road. Of course, we talked about being in a world famous rock and roll band... and about playing with the amazing Mick Jones... on whatever happened to Lou Graham... how they found the crazy talented lead singer Kelly Hanson... how Thom hooked up with Aerosmith for 6 years and why he left for Foreigner... and the most scandalous thing he ever did as a rock star.

8-10-14 Sugar Ray frontman Mark McGrath is an interviewer's dream. All I had to do was prepare a few questions – and off he went! He's a great story teller with high energy, and he's a perfect gentleman. He called me himself, which is always amazing (not patched in by his publicist) and he called on time. I made note of that, and he told me not being punctual was a pet-peeve: "Why is my time more valuable than someone else's?" Sugar Ray, Blues Traveler, Gin Blossoms and Uncle Kracker have been touring together all summer and finally arrive at The Tulalip Resort Casino for Jackstock on August 15th. And, they're playing THE HITS, and nothing but THE HITS. "This is a Greatest Hits package. If you're going to play new stuff or B-sides, we may need to have a conversation. These bands love playing the hits. These bands get it." Mark McGrath is a renaissance man, meaning, he does it all. And we talked about it all: from touring with a rock band, to donning the cover of Rolling Stone magazine, to being a 3-time Champion of Rock & Roll Jeopardy, to hosting Extra!, to starring in Sharknado 2, (where he had the best line in the movie).

8-10-14 Frank Ferrante is Groucho Marx. Award-winning actor Frank Ferrante returns to one of his favorite cities worldwide to perform his hilarious one-man tribute to the comedic legend of Groucho Marx. Directed by Dreya Weber Groucho Returns runs for three weeks in a show that is never the same twice. Master of improvisation Frank Ferrante riffs off a different audience each night in classic Groucho Marx style . Presented by the Central Heating Lab at ACT, Groucho Returns is a fast-paced 90-minute comedic juggernaut packed with vintage one-liners, anecdotes, songs, vignettes, even about anti-semitism, with spontaneity for all generations to enjoy.2014 marks Ferrante's 30th year of portraying Groucho Marx onstage and he has received an abundance of acclaim along the way, including: Winner of the 1987 New York Theatre World Award and a nomination for the Outer Critics Circle Award and Laurence Olivier Award.

8-31-14 James McBride Winner of the 2013 National Book Award for Fiction Winner of the Morning News Tournament of Books A Washington Post, Publishers Weekly, Oprah Magazine Top 10 Book of the Year. An essential voice in the literary landscape, James McBride's work has illuminated complex issues of race and identity in striking ways, from his deeply moving and major bestselling memoir The Color of Water to his highly praised novels Miracle at St. Anna and Song Yet Unsung. Now in paperback, The Good Lord Bird is the story of a young boy born a slave who joins John Brown's antislavery crusade—and who must pass as a girl to survive. Marrying historical fact with imagination, McBride creates a world inhabited by brilliantly rendered historical figures, including abolitionist John Brown, Frederick Douglass, and Harriet Tubman, along with a sprawling cast of richly developed characters as seen through the eyes of an unforgettable narrator.

ISSUE: Business and Economy

Community Matters with host Lee Callahan 20 minutes of a 60 minute Public Affairs program

7-14-14 Stealing the Corner Office: The Winning Career Strategies They'll Never Teach You in Business School by Brendan Reid: Stealing the Corner Office is mandatory reading for smart, hardworking managers who always wonder why their seemingly incompetent superiors are so successful. It is a unique collection of controversial but highly effective tactics for middle managers and aspiring executives who want to learn the real secrets for moving up the corporate ladder. Unlike virtually all other business books--which are based on the assumption that corporations are logical and fair--Stealing the Corner Office explores the unconventional tactics people less competent than you use to get ahead and stay ahead. It is your proven playbook to thrive and win in an imperfect corporate world.

9-7-14 Michael Harris, has written a book called The End of Absence, - we talk about before the Internet –and Harris argues that amid all the changes we're experiencing, the most interesting is the one that future generations will find hardest to grasp. That is the end of absence—the loss of lack. Mindless Free time is gone – how will that affect us? Those of us born before 1985—what Michael Harris calls the straddle generation—remember life without the Internet and have witnessed the rapid shift from face-to-face interactions to online experiences. But soon nobody will remember life before the Internet. In The End of Absence, Michael Harris argues that amid all the changes we're experiencing, the most interesting is the one that future generations will find hardest to grasp. That is the end of absence—the loss of lack. The daydreaming silences in our lives are filled; the burning solitudes are extinguished. There's no true "free time" when you carry a smartphone. Today's rarest commodity is the chance to be alone with your own thoughts.

ISSUE: Community Outreach

Community Matters with host Lee Callahan 20 minutes of a 60 minute Public Affairs program

7-14-14 Glenn Morley of Shari's Pies and their partnership with Forgotten Children's Fund – For many children, Christmas is the saddest time of the year. The Forgotten Children's Fund is an all volunteer organization and retains no salaried employees. Every year, volunteers work together to raise money to purchase, wrap, and deliver gifts to needy children and their families. Because of supplier contributions and purchasing relationships, each dollar contributed to the Fund is stretched to its fullest

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7-27-14 June Leahy of the Austen Everett Foundation. I had the pleasure of meeting June Leahy at a recent Seattle Reign FC soccer game. She was having a great time, and she was working – bringing the excitement and spirit of athletics to the life of a child with cancer. (Translation – she was hanging with a kid while she met Megan Rapinoe and Hope Solo.) What this does for a sick child is phenomenal. Some research says peak experiences like this can aid in healing. When June's daughter Austen was diagnosed with Non-Hodgkin Lymphoma, she started her foundation. June is continuing her work. Find out more and how to help here, at Austen Everett Foundation.org .

8-10-14 Paul Armour (Subway) and Sandy Mealing (WA State Parks Commission) - Walk In The Park – Get Out, Get Rewarded When You Visit Our National Park. Washington State Parks is partnering with Subway restaurants for the second year in a row to promote Washington's great outdoors. This year, "Walk in the Park," runs through Sept. 30 and rewards Discover Pass holders in all 435 restaurants located in 17 counties throughout Western Washington. Listen in to hear about all the amazing parks – near and far – available to us in beautiful Washington!

8-24-14 David Day from Swim Across America Seattle – a recreational fun-swim across Lake Washington to raise much needed funds for The Cancer Care Alliance.

8-31-14 Kira Hendricksen of PROVAIL, a non-profit that supports children and adults with disabilities in our community. Re: an exciting upcoming community event, to get people active, engaged, and get healthy for a good cause. This is the first year PROVAIL is participating in Steptember, which is an international challenge all to support kids with disabilities. Provail's mission is to support people with disabilities to fulfill their life choices. Our programs meet critical needs and address gaps in services for the disabilities – including those with the most severe disabilities, for whom service options and resources are often limited. The programs we offer create a collaborative network to create a person-centered holistic approach.

8-31-14 Mike Medeiros, Vice President of Delta Air Lines in Seattle. Delta's work with Habitat for Humanity. Habitat For Humanity has been building and refurbishing homes for needy individuals for a very long time, all around the world, and in the greater Seattle area. With the help of the community, local families can escape from unsafe and unhealthy living conditions. Habitat helps families to break the cycle of poverty and build long-term financial security. Habitat's affordable, no-profit house payments free up money for food, child care, medicine and other necessities. And research has shown that decent housing improves

health, increases children's educational achievement and strengthens community ties. I spoke with Mike Medeiros, Vice President of Delta Air Lines in Seattle, about Delta's work with Habitat for Humanity. Delta employees have just begun work on a home in Federal Way. Over the next six weeks, they'll refurbish a home for a young hard-working woman and her kids.

8-31-14 Liz Harrison of PAWS (Progressive Animal Welfare Society in Lynnwood) has a lot going on! I took a trip to PAWS Cat City to meet all the cats there that are up for adoption. A bunch had been rescued from a hoarder (who had grown a huge family of 40 cats because none had been spayed or neutered) and many had already been adopted by the time I got there, But, many more sweeties are there, waiting for homes. (See the video above.) PAWSWalk is Saturday, September 6th at Marymoor Park - a great day for you and your dog. All kinds of vendors, a dog walk, pets to adopt - just a great party to raise funds for all the good that PAWS does. Listen to my chat with Liz Harrison about the walk, the adoption center, and the wildlife center.

9-21 Margaret Grieve-Fent, a teacher at Rogers High School In Puyallup lost her husband to lung cancer. She tells his story and talks about the seventh annual Tacoma Free to Breathe Run/Walk. The event, which aims to double lung cancer survival by 2022, is taking place on September 27 at Dickman Mill Park. Their mission is to ensure surviving lung cancer is the expectation, not the exception. and to Double lung cancer survival by 2022. To turn this vision into reality, they focus on Funding research with the greatest potential to save lives, Helping all patients fully understand their treatment options, Ensuring molecular tumor testing is standard of care, and Doubling the number of lung cancer patients participating in clinical trials.

9-21 Christi Combs - a board member at American Foundation for Suicide Prevention their out of darkness walk on October 12 Green Lake Park, Seattle, Washington, US. The American Foundation for Suicide Prevention (AFSP) is the leading national not-for-profit organization exclusively dedicated to understanding and preventing suicide through research, education and advocacy, and to reaching out to people with mental disorders and those impacted by suicide. To fully achieve its mission, AFSP engages in the following Five Core Strategies: Fund scientific research - Offer educational programs for professionals - Educate the public about mood disorders and suicide prevention - Promote policies and legislation that impact suicide and prevention - Provide programs and resources for survivors of suicide loss and people at risk, and involve them in the work of the Foundation.

ISSUE: Education

Community Matters with host Lee Callahan 20 minutes of a 60 minute Public Affairs program

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9-7-14 America's top public school teacher Rafe Esquith is here to talk aobut the state of education in today's changing world. – his book, Real Talk For Real Teachers Public education is in a crisis: new teachers are quickly turning to alternative career paths and seasoned teachers are burning out after years of dedicated work – and with increasing pressure from policy-makers and administrators, budget cuts to already underfunded programs, unreliable teacher evaluations, mandated testing, and a myriad of other burdens, it's no wonder. Rafe Esquith, one of America's most celebrated educators and the man whom the New York Times described as "a genius and a saint," provides a much-antidote to this problem with Real Talk For Real Teachers. Rafe Esquith provides tools and strategies for teachers of all experience levels, including those just beginning in the field, seasoned veterans, and everyone in between, including parents wishing to take an active role in their child's education. Rafe Esquith provides valuable insights to anyone who is concerned about the education system and how we can keep effective teachers in the classroom.

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9-21 Karen Bonnell "The Co-Parents' Handbook" When it comes to a child's sense of family, what divorce breaks apart, solid co-parenting rebuilds. With a tested "here's how" approach, The Co-Parents' Handbook helps parents confidently take on the challenges of raising children in two homes. Addressing parents' questions about the emotional impact of separation, conflict, grief and recovery, the authors skillfully provide a road map for all members of the family to safely navigate through separation/divorce and beyond. Parents discover through

practical guidance how to move from angry/hurt partners to constructive, successful coparents.

ISSUE: Environment

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-10-14 Paul Armour (Subway) and Sandy Mealing (WA State Parks Commission) - Walk In The Park – Get Out, Get Rewarded When You Visit Our National Park. Washington State Parks is partnering with Subway restaurants for the second year in a row to promote Washington's great outdoors. This year, "Walk in the Park," runs through Sept. 30 and rewards Discover Pass holders in all 435 restaurants located in 17 counties throughout Western Washington. Listen in to hear about all the amazing parks – near and far – available to us in beautiful Washington!

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20 minutes of a 60 minute Public Affairs program

9-7-14 Author Nick Jans, an Alaskan nature writer and photographer, has a book called A Wolf Called Romeo. - this wolf is without a pack and befriends an Alaskan community who tend to not like wolves around...Wolves generate controversy wherever they live. There is a huge chasm between those who wish us to leave them in peace and those who wish their extermination. Bridging that void is one of the central themes of Nick Jans' A Wolf Called Romeo. Wolves are apex predators that avoid human contact, contrary to movies (most recently Liam Neeson's "The Grey") about packs that hunt men and kill indiscriminately. Though they are the stuff of dark legend and fearful tales, they are extremely difficult to locate in the wild, even by experts Author Nick Jans, an Alaskan nature writer and photographer, had limited contact with wolves despite great effort. He had even lived with native subsistence hunters to increase his chances. Then a black wolf found him at his home near Juneau. A Wolf Called Romeo. is the true story of a lone black wolf and his six-year relationship with Jans and the town of Juneau. Romeo remains a wild predator, yet finds a way to form a pack with Juneau's domestic dogs and to tolerate, then accept, the people who own them. Jans discovers in his research, and his contact with Romeo, that wolves mate for life, that their packs are actually parent and children, that they are caring, loyal, nurturing and, perhaps, capable of love. Romeo's affect on the community, both pro- and anti-wolf, is dramatic.

ISSUE: Family

Community Matters with host Lee Callahan 20 minutes of a 60 minute Public Affairs program

7-20-14 The Witness Wore Red: The 19th Wife Who Brought Polygamous Cult Leaders to Justice by Rebecca Musser. Rebecca Musser grew up in fear, concealing her family's polygamous lifestyle from the "dangerous" outside world. Covered head-to-toe in strict, modest clothing, she received a rigorous education at Alta Academy, the Fundamentalist Church of Jesus Christ of Latter Day Saints' school headed by Warren Jeffs. Always seeking to be an obedient Priesthood girl, in her teens she became the nineteenth wife of her people's prophet: 85-year-old Rulon Jeffs, Warren's father. Finally sickened by the abuse she suffered and saw around her, she pulled off a daring escape and sought to build a new life and family. The Witness Wore Red is a gripping account of one woman's struggle to escape the perverse embrace of religious fanaticism and sexual slavery, and a courageous story of hope and transformation

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20 minutes of a 60 minute Public Affairs program

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7-27-14 Carew Papritz, (sometimes known as the Cowboy Philosopher) is a bestselling author from Auburn, Washington with an award-winning, nationally-acclaimed book, entitled The Legacy Letters. The book has won a number of awards including the Gold Medal from the Mom's Choice Award and 1st Place in the Reader Views Literary Award. A tragedy begins. A husband and wife separate. He's dying. She doesn't know. She's pregnant. He can't return. Now he races against time--In the solitude of a mountain cabin. In a faraway mountain range. Trying to finish . . .For his children--his captivating stories and memories, turned into practical, moral, and spiritual instructions, now their "guidebook to life." For his wife--his intimate words of great love and deep regret, now his journey of redemption, now her passage to forgiveness. Ultimately, he gives his final gift to her, to them, and now, to us all. The Legacy Letters.

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ISSUE: Government and Politics

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20 minutes of a 60 minute Public Affairs program

7-14-14 Betsy Leondar-Wright , author of Missing Class: Strengthening Social Movement Groups by Seeing Class Cultures - Many activists worry about the same few problems in their groups: low turnout, inactive members, conflicting views on racism, overtalking, and offensive violations of group norms. But in searching for solutions to these predictable and intractable troubles, progressive social movement groups overlook class culture differences. In Missing Class, Betsy Leondar-Wright uses a class-focused lens to show that members with different class life experiences tend to approach these problems differently. This perspective enables readers to envision new solutions that draw on the strengths of all class cultures to form the basis of stronger cross-class and multiracial movements.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-3-14 Shannon Moroney, author of Through The Glass. An impassioned, harrowing and ultimately hopeful story of one woman's pursuit of justice, forgiveness and healing. Through the Glass is an intimate and gripping journey into prisons, courtrooms and the human heart in which she reveals the far-reaching impact of Jason's crimes, the agonizing choices faced by the loved ones of offenders and the implicit dangers of a correctional system and a society that prioritizes retribution over rehabilitation, and victimhood over recovery. Shannon's story sparks discussion and debate about gaps in the justice system, the treatment of direct and collateral victims, offender accountability, and the future of prisons. She inspires readers and live audiences to consider the role forgiveness might play in their own lives—no matter how they have been wronged.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-17-14 Clara Del Villar, CEO of The Hispanic Post. Tens of thousands of children are crossing the border into the United States from south America, triggering a humanitarian crisis. the nation is at an political impasse. Clara Del Villar talks about this crisis and what could be done by both south American countries and the US to alleviate the problem - The humanitarian crisis triggered by tens of thousands of children crossing the border into the United States, combined with the nation's political impasse over immigration reform, has turned the spotlight on the need to secure the border and respond to the vast number of residents lacking legal status. The children now clamoring at our borders should sound serious alarm bells about the consequences and dangers of inaction. The cost of immigration reform in a Senate bill estimated by the Congressional Budget Office amounted to \$17 billion over 10 years. Almost all of the funds were directed at border security, including new surveillance technology implementation, new border fencing, additional border and customs agents.

ISSUE: Health and Nutrition

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-6-14 Author Paul Huljich. *Stress Pandemic* draws upon organic food pioneer Paul Huljich's experience with stress-related illness, outlining a practical and effective approach to beating stress and achieving complete wellness. Huljich's strategies address the underlying habits and tendencies that cause stress, and he offers a comprehensive lifestyle solution designed to promote both physiological and psychological strength and balance. By learning and following Huljich's uniquely powerful and integrated approach to wellness, readers can live stress-free in a natural and holistic way.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-14-14 Jowita Bydlowska, author of Drunk Mom. After the birth of her son, Jowita Bydlowska found herself celebrating with a glass of champagne. Just like that, her three years of sobriety were a distant memory and she began the rapid slide back to full-blown alcoholism. Ultimately, Drunk Mom is a hopeful story of the transformative power of love, and the triumph of an individual over a debilitating dependence.

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8-17-14 Dr. David Casarett, a highly respected researcher and professor of medicine, chronicles his exploration of the cutting edge of resuscitation and reveals just how far science has come – he talks about his new book – Shocked: Adventures in Bringing Back the Recently Dead.

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9-14-14 Zosia Mamet, "Girls" actress and daughter of playwright David Mamet, will be available for interviews to discuss the "Make Your Mark" contest, her career, her famous dad, and what it's like being on the hit show "Girls!" A new contest sponsored by Bayer and Glamour called "Make Your

Mark" seeks to inspire and celebrate women who are looking to do just that: make their mark on the world. The contest will celebrate and profile driven women through a series of compelling advertorials and videos. To enter the contest, women need to submit a brief essay about how they are making their own mark on the world along with a photo or video showing them making their mark. One deserving woman will win a \$5,000 grant, a fabulous trip to NYC to attend Glamour's star-studded Women of the Year Awards, and she will be featured on a promotional page in an upcoming issue. Women can enter the contest at www.glamour.com/make-your-mark through October 1. "Make Your Mark" entrants may be pursuing artistic expression, seeking knowledge through education or research, trailblazing entrepreneurship, performing daring physical feats or engaging in philanthropic endeavors. The contest seeks to not only celebrate the unique and brave things women are doing to make their mark, but also to inspire others to do the same.

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Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

9-21 Christi Combs - a board member at American Foundation for Suicide Prevention their out of darkness walk on October 12 Green Lake Park, Seattle, Washington, US. The American Foundation for Suicide Prevention (AFSP) is the leading national not-for-profit organization exclusively dedicated to understanding and preventing suicide through research, education and advocacy, and to reaching out to people with mental disorders and those impacted by suicide. To fully achieve its mission, AFSP engages in the following Five Core Strategies: Fund scientific research - Offer educational programs for professionals - Educate the public about mood disorders and suicide prevention - Promote policies and legislation that impact suicide and prevention - Provide programs and resources for survivors of suicide loss and people at risk, and involve them in the work of the Foundation.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

9-28 The Shift: How I Finally Lost Weight and Discovered a Happier Life By Tory Johnson From Good Morning America contributor and bestselling author, who has helped countless men and women advance in their careers and make dramatic changes in their lives... A single conversation with a boss forced Tory Johnson to face the one challenge that had always defeated her: her weight. After a lifetime of obesity, of failing at fad diets and sporadic health programs, Tory made the shift by recognizing that it was time to lose weight once and for all, and do it her way. In twelve months, she lost more than 60 pounds—and since she's published this in hardcover, another 15 pounds more--and for the first time shares what she learned, what she ate and how she changed in this book. Following a painful, yet caring and tactful conversation with a powerful female executive at ABC News, Tory Johnson began her year-long crusade. In this book she opens up about her ongoing struggle with weight and the specific Shift steps she takes to reshape her body, mind and life.

ISSUE: Minority Experiences/ Homelessness/ Multi-Cultural Awareness

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-6-14 Actress Lily Tomlin tells her life story (so far) to Lee Callahan, from her beginnings on Broadway to Laugh-in to her bold act of coming out as a gay woman. Ms. Tomlin is performing in Seattle at McCaw Hall.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-6-14 American author Kathryn Stockett discusses her book, *The Help: a* 2009 novel about African-American maids working in white households in Jackson, Mississippi, during the early 1960s, amidst racial discrimination and anti-black violence. The novel is Stockett's first. It took her five years to complete and was rejected by 60 literary agents before being published. It's since been published in 35 countries and three languages.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-14-14 Jowita Bydlowska, author of Drunk Mom. After the birth of her son, Jowita Bydlowska found herself celebrating with a glass of champagne. Just like that, her three years of sobriety were a distant memory and she began the rapid slide back to full-blown alcoholism. Ultimately, Drunk Mom is a hopeful story of the transformative power of love, and the triumph of an individual over a debilitating dependence.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-14-14 Glenn Morley of Shari's Pies and their partnership with Forgotten Children's Fund – For many children, Christmas is the saddest time of the year. The Forgotten Children's Fund is an all volunteer organization and retains no salaried employees. Every year, volunteers work together to raise money to purchase, wrap, and deliver gifts to needy children and their families. Because of supplier contributions and purchasing relationships, each dollar contributed to the Fund is stretched to its fullest.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-20-14 The Witness Wore Red: The 19th Wife Who Brought Polygamous Cult Leaders to Justice by Rebecca Musser. Rebecca Musser grew up in fear, concealing her family's polygamous lifestyle from the "dangerous" outside world. Covered head-to-toe in strict, modest clothing, she received a rigorous education at Alta Academy, the Fundamentalist Church of Jesus Christ of Latter Day Saints' school headed by Warren Jeffs. Always seeking to be an obedient Priesthood girl, in her teens she became the nineteenth wife of her people's prophet: 85-year-old Rulon Jeffs, Warren's father. Finally sickened by the abuse she suffered and saw around her, she pulled off a daring escape and sought to build a new life and family. The Witness Wore Red is a gripping account of one woman's struggle to escape the perverse embrace of religious fanaticism and sexual slavery, and a courageous story of hope and transformation.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

7-20-14 A Boy and a Jaguar by Alan Rabinowitz: Alan loves animals, but the great cat house at the Bronx Zoo makes him sad. Why are they all alone in empty cages? Are they being punished? More than anything, he wants to be their champion—their voice—but he stutters uncontrollably. Except when he talks to animals...Then he is fluent. Rabinowitz is a wildlife conservationist and spokesperson for the Stuttering Foundation of America. When he was a boy, he discovered that, despite severe speech challenges, he had a gift for communicating with animals. The story will help children empathize with their peers with speech issues and will be a lifeline to those with special needs or who feel like outsiders for one reason or another. Every library should own this book, a testament to the fierce beauty of jaguars and the human spirit.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-3-14 Shannon Moroney, author of Through The Glass. An impassioned, harrowing and ultimately hopeful story of one woman's pursuit of justice, forgiveness and healing. Through the Glass is an intimate and gripping journey into prisons, courtrooms and the human heart in which she reveals the far-reaching impact of Jason's crimes, the agonizing choices faced by the loved ones of offenders and the implicit dangers of a correctional system and a society that prioritizes retribution over rehabilitation, and victimhood over recovery. Shannon's story sparks discussion and debate about gaps in the justice system, the treatment of direct and collateral victims, offender accountability, and the future of prisons. She inspires readers and live audiences to consider the role forgiveness might play in their own lives—no matter how they have been wronged.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-10-14 Frank Ferrante is Groucho Marx. Award-winning actor Frank Ferrante returns to one of his favorite cities worldwide to perform his hilarious one-man tribute to the comedic legend of Groucho Marx. Directed by Dreya Weber Groucho Returns runs for three weeks in a show that is never the same twice. Master of improvisation Frank Ferrante riffs off a different audience each night in classic Groucho Marx style . Presented by the Central Heating Lab at ACT, Groucho Returns is a fast-paced 90-minute comedic juggernaut packed with vintage one-liners, anecdotes, songs, vignettes, even about anti-semitism, with spontaneity for all generations to enjoy.2014 marks Ferrante's 30th year of portraying Groucho Marx onstage and he has received an abundance of acclaim along the way, including: Winner of the 1987 New York Theatre World Award and a nomination for the Outer Critics Circle Award and Laurence Olivier Award.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-17-14 Ilene Chaiken, creator, director, producer: L Word Mississippi: Hate The Sin, premiering August 8th, comes from EP Ilene Chaiken (The L Word) and the award-winning Magical Elves production team and spotlights the struggles of a group of lesbians in the conservative, Bible Belt south. A provocative and moving documentary that explores the lives of gay women living in the conservative, religious deep South and the unique hardships, bigotry, bullying, sexism and racism they endure.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-17-14 Clara Del Villar, CEO of The Hispanic Post. Tens of thousands of children are crossing the border into the United States from south America, triggering a humanitarian crisis. the nation is at an political impasse. Clara Del Villar talks about this crisis and what could be done by both south American countries and the US to alleviate the problem - The humanitarian crisis triggered by tens of thousands of children crossing the border into the United States, combined with the nation's political impasse over immigration reform, has turned the spotlight on the need to secure the border and respond to the vast number of residents lacking legal status. The children now clamoring at our borders should sound serious alarm bells about the consequences and dangers of inaction. The cost of immigration reform in a Senate bill estimated by the Congressional Budget Office amounted to \$17 billion over 10 years. Almost all of the funds were directed at border security, including new surveillance technology implementation, new border fencing, additional border and customs agents.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-24-14 Chris Tomlinson, author of Tomlinson Hill: The Remarkable Story of Two Families who Share the Tomlinson Name - One White, One Black. Tomlinson Hill is the stunning story of two families—one white, one black—who trace their roots to a slave plantation that bears their name. Internationally recognized for his work as a fearless war correspondent, award-winning journalist Chris Tomlinson grew up hearing stories about his family's abandoned cotton plantation in Falls County, Texas. Most of the tales lionized his white ancestors for pioneering along the Brazos River. His grandfather often said the family's slaves loved them so much that they also took Tomlinson as their last name. LaDainian Tomlinson, football great and former running back for the San Diego Chargers.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-31-14 James McBride Winner of the 2013 National Book Award for Fiction Winner of the Morning News Tournament of Books A Washington Post, Publishers Weekly, Oprah Magazine Top 10 Book of the Year. An essential voice in the literary landscape, James McBride's work has illuminated complex issues of race and identity in striking ways, from his deeply moving and major bestselling memoir The Color of Water to his highly praised novels Miracle at St. Anna and Song Yet Unsung. Now in paperback, The Good Lord Bird is the story of a young boy born a slave who joins John Brown's antislavery crusade—and who must pass as a girl to survive. Marrying historical fact with imagination, McBride creates a world inhabited by brilliantly rendered historical figures, including abolitionist John Brown, Frederick Douglass, and Harriet Tubman, along with a sprawling cast of richly developed characters as seen through the eyes of an unforgettable narrator.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-31-14 Kira Hendricksen of PROVAIL, a non-profit that supports children and adults with disabilities in our community. Re: an exciting upcoming community event, to get people active, engaged, and get healthy for a good cause. This is the first year PROVAIL is participating in Steptember, which is an international challenge all to support kids with disabilities. Provail's mission is to support people with disabilities to fulfill their life choices. Our programs meet critical needs and address gaps in services for the disability community. We provide services for children, youth, and adults with a broad-range of disabilities – including those with the most severe disabilities, for whom service options and resources are often limited. The programs we offer create a collaborative network to create a person-centered holistic approach.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-31-14 Mike Medeiros, Vice President of Delta Air Lines in Seattle. Delta's work with Habitat for Humanity. Habitat For Humanity has been building and refurbishing homes for needy individuals for a very long time, all around the world, and in the greater Seattle area. With the help of the community, local families can escape from unsafe and unhealthy living conditions. Habitat helps families to break the cycle of poverty and build long-term financial security. Habitat's affordable, no-profit house payments free up money for food, child care, medicine and other necessities. And research has shown that decent housing improves health, increases children's educational achievement and strengthens community ties. I spoke with Mike Medeiros, Vice President of Delta Air Lines in Seattle, about Delta's work with Habitat for Humanity. Delta employees have just begun work on a home in Federal Way. Over the next six weeks, they'll refurbish a home for a young hard-working woman and her kids.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-31-14 Liz Harrison of PAWS (Progressive Animal Welfare Society in Lynnwood) has a lot going on! I took a trip to PAWS Cat City to meet all the cats there that are up for adoption. A bunch had been rescued from a hoarder (who had grown a huge family of 40 cats because none had been spayed or neutered) and many had already been adopted by the time I got there, But, many more sweeties are there, waiting for homes. (See the video above.) PAWSWalk is Saturday, September 6th at Marymoor Park - a great day for you and your dog. All kinds of vendors, a dog walk, pets to adopt - just a great party to raise funds for all the good that PAWS does. Listen to my chat with Liz Harrison about the walk, the adoption center, and the wildlife center.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

9-14-14 Zosia Mamet, "Girls" actress and daughter of playwright David Mamet, will be available for interviews to discuss the "Make Your Mark" contest, her career, her famous dad, and what it's like being on the hit show "Girls!"A new contest sponsored by Bayer and Glamour called "Make Your Mark" seeks to inspire and celebrate women who are looking to do just that: make their mark on the world. The contest will celebrate and profile driven women through a series of compelling advertorials and videos. To enter the contest, women need to submit a brief essay about how they are making their own mark on the world along with a photo or video showing them making their mark. One deserving woman will win a \$5,000 grant, a fabulous trip to NYC to attend Glamour's star-studded Women of the

Year Awards, and she will be featured on a promotional page in an upcoming issue. Women can enter the contest at www.glamour.com/make-your-mark through October 1. "Make Your Mark" entrants may be pursuing artistic expression, seeking knowledge through education or research, trailblazing entrepreneurship, performing daring physical feats or engaging in philanthropic endeavors. The contest seeks to not only celebrate the unique and brave things women are doing to make their mark, but also to inspire others to do the same.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

9-14-14 Director Freida Lee Mock: ANITA tells the story about a young, brilliant African American Anita Hill who accuses the Supreme Court nominee Clarence Thomas of unwanted sexual advances during explosive Senate Hearings in 1991 and ignites a political firestorm about sexual harassment, race, power and politics that resonates 20 years later today. ANITA is a dramatic look at the consequences to a private citizen acting out of a civic duty to 'speak truth to power.' For the first time on film Anita Hills speaks about her experience in the Senate Hearings, her impact on issues of sexual harassment, workplace rights for women and men, social justice and equality. The film is about the empowerment of girls and women, and men, through the extraordinary story of Anita Hill.

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

9-28 Author Erika T. Wurth: Erika brings her experience growing up as Apache/Chickasaw/Cherokee, to Crazy Horse's Girlfriend Erika T. Wurth. Erika brings her experience growing up as Apache/Chickasaw/Cherokee, to Crazy Horse's Girlfriend -a gritty, yet tender portrayal of a young Native American woman fighting against her surroundings. The book centers round Margaritte, a sharp-tongued, drug-dealing, sixteen-year-old Native American floundering in a town crippled by poverty, unemployment, and drug abuse. She is determined to create a different future with her unreliable new boyfriend, and dreams of moving far beyond the bright lights of Denver before the daily suffocation of teen-pregnancy eats her alive. Filled with complex characters overcoming and being overcome by circumstances of their surroundings, this novel thoroughly shakes up cultural preconceptions of what it means to be Native American today.

ISSUE: International Affairs

Community Matters with host Lee Callahan

20 minutes of a 60 minute Public Affairs program

8-17-14 Clara Del Villar, CEO of The Hispanic Post. Tens of thousands of children are crossing the border into the United States from south America, triggering a humanitarian crisis. the nation is at an political impasse. Clara Del Villar talks about this crisis and what could be done by both south American countries and the US to alleviate the problem - The humanitarian crisis triggered by tens of thousands of children crossing the border into the United States, combined with the nation's political impasse over immigration reform, has turned the spotlight on the need to secure the border and respond to the vast number of residents lacking legal status. The children now clamoring at our borders should sound serious alarm bells about the consequences and dangers of inaction. The cost of immigration reform in a Senate bill estimated by the Congressional Budget Office amounted to \$17 billion over 10 years. Almost all of the funds were directed at border security, including new surveillance technology implementation, new border fencing, additional border and customs agents.

Public Service Announcements

Red Cross - Oso, Washington Mudslide Victims National Park Service Autism Speaks of Seattle American Heart Association Seattle Burn Foundation Red Cross of America – donations request for survivors of this years flooding and hurricanes Alliance for Education Take Action (against teen suicide) National Drug Awareness Campaign The American Stroke Association Susan G Komen Foundation - Fighting Breast Cancer CASA of King County - Family Law Foreclosure Prevention Teen Driving - Prevent Deaths Chrohns Colitis Foundation American Heart Association – heart health awareness Vets - Mental Illness – where to get help

TRXA chronic disease – testing and treatment

Environmental Protection Agency - Radon Detection Community Volunteerism Stop Steroid Use don't be an asterisk.com Social security admin - retiring Online Financial literacy with WA State location mention Prevent high school dropout Prevent child abuse and neglect – The humane society Peace Corp Enrollment Employment opportunities- Support Guard and Reserve/Military American Red cross – Emergency preparedness Page Ahead program - Seattle - reading encouragement Lifelong AIDS Foundation – Seattle Hunger Prevention_ How to help