

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ

Significant Programming

1st Quarter 2024 (January - March)

Central Florida Educational Foundation, Inc., licensee of WPOZ-Orlando, WDOZ-Pierson, WHYZ-Palm Coast, WMYZ-The Villages, and WCYZ-Ocala has found the following issues, problems, needs, and topics to be of particular concern to the members of the community.

1. Personal Health (15 programs)
2. Family Safety & Resources (7 programs)
3. Unemployment (6 programs)
4. Severe Weather Preparedness (2 programs)
5. Children's Health (1 program)
6. COVID-19 Resources (1 program)

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ Issues/Programs List for 1st Quarter 2024

Pneumonia

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 01.02.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed pneumonia. With cases of influenza and COVID-19 up, he explained that there is also an increase in cases of pneumonia. He reviewed the symptoms and when to see a doctor.

Self-Care

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.03.24 at 7:00 a.m. and 8:30 a.m. about self-care. As a new year starts, Tyler McKenzie discussed setting goals and making healthy changes. She talked about the importance of getting quality sleep and shared tips for improving sleep habits.

Tax Holiday

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.05.24 at 7:00 a.m. and 8:30 a.m. about preparing for back to school after winter break. Tyler McKenzie discussed ways families can save money through the state's back to school tax free holiday.

COVID-19

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 01.09.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about an uptick in COVID-19 cases. He discussed the differences between influenza and COVID-19 and treatment for both.

Volusia County Beach Safety Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.12.24 at 6:30 a.m. and 8:00 a.m. about job openings for lifeguard positions with Volusia County Beach Safety. Tyler McKenzie talked about the positions available, starting pay, and potential bonuses. She also discussed qualifications and how to tryout.

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Ear Infections

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 01.16.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about an increase in ear infections. He explained that it is often caused by the dry, cold weather and generally requires an antibiotic drop to treat.

Cold Night Shelters

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.19.24 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about cold night shelters. Tyler McKenzie discussed a freeze watch happening in some central Florida counties over the weekend and shared shelter locations for those who need them.

Rip Currents

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.22.24 at 7:00 a.m. and 8:30 a.m. about a warning from beach officials about rip currents. Tyler McKenzie explained the risk is expected to be particularly high throughout this week and the upcoming weekend. She cautioned beachgoers to be careful when in the water, stay close to the shore, and always swim in front of a lifeguard stand.

Headaches

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 01.23.24 between 8:10-8:15 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about an increase in headaches in central Florida. He discussed the different possible causes and mentioned that with the pollen count being high, headaches could be allergy-related.

Orlando Job Fair

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.25.24 at 7:00 a.m. and 8:30 a.m. about a job fair in Orlando. Tyler McKenzie talked about the positions available, on-the-spot interviews, and shared the location, hours, and directions for learning more.

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Mayor's Job Fair

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 01.31.24 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about the Mayor's Job Fair. Tyler McKenzie discussed the employers who are hiring and in what industries. She also gave the details for the event such as location and time.

Vertigo

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 01.31.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about vertigo and the viruses that cause it. He explained what triggers vertigo and discussed treatment and medications that can help with the symptoms. Dr. Hendrix also suggested seeing a doctor if you are experiencing vertigo as there are a number of causes, some of which are dangerous.

Heart Health

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.02.24 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about heart health. With the start of Heart Month, Tyler McKenzie discussed the importance of heart health. She shared steps that can be taken to promote a healthier lifestyle and stressed the importance of knowing your numbers.

Sinus Infection

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 02.06.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed an increase in cases of sinus infections. He talked about causes, what symptoms to look for, and when to consult a doctor for treatment.

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Statewide Tornado Drill

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.07.24 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about Severe Weather Awareness Week. Tyler McKenzie talked about a statewide tornado drill occurring today and explained what to expect, what steps to take during the drill, as well as what to do in the event of an actual tornado warning.

Rip Currents

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.07.24 at 7:00 a.m. and 8:30 a.m. about a high surf advisory and rip currents. Tyler McKenzie discussed that the risk is expected to be high. She cautioned beachgoers to be careful when in the water.

Strep Throat

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 02.13.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed an increase in illnesses across central Florida, specifically strep. He explained when to see a doctor for a strep test and an antibiotic to help reduce the symptoms and the spread.

Pink Eye

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 02.20.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about pink eye. He discussed different causes of red, itchy eyes, how easily pink eye can spread, and explained an antibiotic eye drop may be necessary to help reduce the spread within your family.

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Bullying Prevention

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.23.24 at 7:00 a.m. and 8:30 a.m. about bullying. In light of Anti-Bullying Week, Tyler McKenzie talked about how bullying has changed as social media has grown over the years. She shared about resources that are available for kids and parents to help navigate bullying situations.

Ear Infections

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 02.28.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix talked about an increase in ear infections. He talked about symptoms, causes, and suggested seeing a doctor to determine the best treatment options.

Heart Health

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (3) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.29.24 at 6:00 a.m., 7:30 a.m., and 9:00 a.m. about heart health. As Heart Month ends, Tyler McKenzie discussed the importance of heart health. She stressed the importance of having regular checkups and knowing your blood pressure numbers.

Volusia County Beach Safety Hiring

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 02.29.24 at 6:30 a.m. and 8:00 a.m. about job openings for lifeguard positions with Volusia County Beach Safety. Tyler McKenzie talked about the positions available as well as qualifications and how to tryout.

Bike Week Safety

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.04.24 at 7:00 a.m. and 8:30 a.m. about Bike Week Safety. Tyler McKenzie discussed the thousands of bikers in town for Bike Week. She reminded listeners to be extra careful on the roads, especially when switching lanes.

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Daylight Saving Time Adjustment

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.05.24 at 6:30 a.m. and 8:00 a.m. about the upcoming time change. With Daylight Saving Time set to begin this weekend, Tyler McKenzie shared tips for parents of young children to help them adjust to the change in advance.

Strep Throat

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 03.05.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed an uptick in strep cases across central Florida. He explained that we are seeing a busy strep season and discussed treatment options as well as when to see a doctor.

Goodwill Hiring Event

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.08.24 at 7:00 a.m. and 8:30 a.m. about a hiring event for Goodwill. Tyler McKenzie shared information about the positions available and at what locations. She also gave the event details for job seekers.

Daylight Saving Time Adjustment

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.11.24 at 6:30 a.m. and 8:00 a.m. about adjusting to the time change. Tyler McKenzie talked about it being darker in the morning and reminded drivers of the importance of being alert on the roads as students walking to school or waiting at the bus stop may be harder to see.

Allergies

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 03.13.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed allergies. He talked about symptoms, remedies, and treatments. He also shared tips for those who struggle with allergies.

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Rashes

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 03.19.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed seasonal allergies. With pollen counts being high, he explained that many people are even experiencing rashes caused by allergies. He gave tips on medications that may help.

Orlando Job Fair

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.20.24 at 7:00 a.m. and 8:30 a.m. about a job fair in Orlando. Tyler McKenzie talked about the employers hiring, parking and admission information, and the event details.

Alligator Safety

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (2) 1-minute segments during Z88.3 Mornings with Ellis and Tyler on 03.21.24 at 7:00 a.m. and 8:30 a.m. about alligator mating season. Tyler McKenzie discussed the importance of safety around all Florida bodies of water. She cautioned residents to be especially careful when water levels are low and between the hours of dusk and dawn. She also shared other safety tips.

Stomach Bug

WPOZ/WDOZ/WHYZ/WMYZ/WCYZ aired (1) 3-minute interview segment during Z88.3 Mornings with Ellis and Tyler on 03.27.24 between 8:15-8:20 a.m. Dr. Timothy Hendrix, Medical Director of AdventHealth Centra Care, was their guest. Dr. Hendrix discussed the stomach bug. He talked about different viruses that may cause it, treatment, home remedies, and when to consult a doctor.