

KXBS Bethalto, IL

This report is for Quarter 1, 2024

During the period, the above listed station has served the public interest by producing and broadcasting diverse content which addresses national, statewide, and regional issues.

Issues of Community Concern:

Health Mental Health Civics Black History Organ Donation Teen Pregnancy

ISSUES	DATE	TIME	DURATION	DESCRIPTION
				Mike Couchman talked about the challenges of starting healthy habits and quitting
				unhealthy ones. Listeners were invited to call and share what has worked in their own
Health	01/03/24	3 - 5 PM	8 minutes	lives
Mental				NTeg and Nikki talked about remedies for stress. Proper amount of sleep,
Health	01/12/24	6:21 AM	2 MINUTES	aromatherapy, 30-day challenge with BOOST Radio. More info at <u>boostradio.com</u>
				Mike Couchman discussed how the ways spouses refer to each other impacts the
				health of their relationship. Listeners were invited to participate in the discussion by
Marriage	01/13/24	9 PM - Midnight	10 minutes	calling or texting in.
				With the upcoming elections, division and polarization are likely to be prominent in
				every environmentwork, home, etc. Mike Couchman shared advice on how to
				handle disagreements with a civilized approach. Listeners were invited to call or text
Civics	1/22/24	6 - 8 PM	5 minutes	in with the approaches that have worked for them.
				Throughout February, BOOST produced segments featuring Black History Heroes'
				stories—their bios, accomplishments, and how their lives still impact today's culture.
Black	2/1 -			Listeners also nominated their Black History Heroes by visiting boostradio.com or
History	2/29/24	multiple	90 minutes	calling/texting the studio.
Mental				NTeg and Nikki talked about taking the time to talk to a therapist or trusted friend for
Health	02/06/24	5-10am	5 hours	National Time to Talk Day. Resources provided through <u>boostradio.com</u>
				NTeg and Nikki showed love to jack - an organ donor through the organization
Organ				sayyesgivelife.org encouraging others that if God has placed it on your heart to help
donation	02/14/24	8:00 AM	4 minutes	others at the end of your life to sign up and get details.
				Peanut butter can be both tasty and healthy. Mike Couchman invited listeners to call
Health	03/02/24	9 PM - Midnight	13 minutes	and share what ingredients they add to peanut butter to maximize its health benefits.
				NTeg and Nikki talked about the importance of walking for your cardiovascular
				fitness, bone strength, and stress relief. More info at
Health	03/22/24	7:00 AM	2 minutes	https://www.betterhealth.vic.gov.au/health/healthyliving/walking-for-good-health
		daily		KXBS ran announcements promoting the services from non-profit Catholic Charities of
		announcements		St. Louis, with a focus on resources they offer to young women with unplanned
Teen	3/6 -	4X day over an 6		pregnancies. Anyone interested in learning more was invited to find the
Pregnancy	3/12/24	day span	15 minutes	organization's website via a link @ <u>boostradio.com</u>