PUBLIC SAFETY, HEALTH & WELFARE

Focus on the Family 10:00 p.m. (28:30) April 2, 2020

U.S. Surgeon General Dr. Jerome Adams shares his expert knowledge and insights on the latest aspects of the coronavirus pandemic.

Focus on the Family 10:00 p.m. (28:30) April 30, 2020

Trauma therapist Dr. H. Norman Wright offers hope and insight for dealing with illness and death during the coronavirus pandemic, addressing the hardships that come with sheltering in place – like not being able to say goodbye to loved ones in the hospital, not being able to visit the elderly in nursing homes, and having to attend funerals online.

Focus on the Family 10:00 p.m. (28:30) May 6, 2020

Jay Pathak and Dave Runyon, co-authors of the book The Art of Neighboring, offer guidance for how you can reach out to and help your neighbors amidst the challenges of the coronavirus pandemic.

Focus on the Family 10:00 p.m. (28:30) May 11, 2020

Secretary of State Mike Pompeo gives an update on his work internationally during the coronavirus pandemic. Then, in a discussion based on her book 30 Days to Taming Your Fears, Deborah Pegues offers hope to those who feel overwhelmed by anxiety, providing practical suggestions for overcoming it with God's help.

Focus on the Family 10:00 p.m. (28:30) May 15, 2020

The Coronavirus pandemic has had a hard-hitting impact on millions of Americans and their family budgets. On this broadcast, finance expert Michelle Singletary offers practical advice for the wise management of money during this crisis and encourages listeners to trust in God for His provision.

PUBLIC SAFETY, HEALTH & WELFARE (continued)

Focus on the Family 10:00 p.m. (28:30) June 4, 2020

Senator Tim Scott and Pastor Al Pittman offer their insights regarding the heightening of racial tension in the United States and the havoc it's currently wreaking.

Focus on the Family 10:00 p.m. (28:30) June 29, 2020

Hal Donaldson offers encouragement to listeners who want to help others in need, but don't know where to start and doubt whether they can even make a real difference. In a discussion based on his book Disruptive Compassion, Hal offers ideas and practical examples for how one person can have a monumental impact on the world around them.

FAMILY, PARENTING AND RELATIONSHIPS

Focus on the Family 10:00 p.m. (28:30) April 8, 2020

Psychologist Dr. Ron Welch and his wife, Jan, outline several simple but highly effective decisions a husband and wife can make to nurture their marriage in a discussion based on his book 10 Choices Successful Couples Make: The Secret to Love That Lasts a Lifetime.

Focus on the Family 10:00 p.m. (28:30) April 9, 2020

As a help to parents suddenly and unexpectedly having to teach their kids at home because of the coronavirus pandemic, author Tricia Goyer offers practical suggestions for creating a realistic school-at-home schedule, balancing digital learning, motivating kids to stay productive, and much more.

Focus on the Family 10:00 p.m. (28:30) April 16, 2020

Guy and Amber Lia, co-authors of the book Marriage Triggers, offer couples advice for dealing with heightened tension from being 'stuck' at home because of the coronavirus pandemic. Our guests share practical suggestions for recognizing the triggers that can lead to conflict and deescalating in order to restore peace.

FAMILY, PARENTING AND RELATIONSHIPS (continued)

Focus on the Family 10:00 p.m. (28:30) April 17, 2020

With schools closed during the coronavirus pandemic, children are required to spend more time staring at a digital screen as they do e-learning from home. Author Jonathan McKee offers parents practical guidance for navigating this stressful period and helping their kids strike a healthy balance between online and offline activities.

Focus on the Family 10:00 p.m. (28:30) April 20, 2020

Dr. Gary Chapman describes how couples can apply the five love languages to their day-to-day life so that their marriage can thrive amidst the challenges of staying at home during the coronavirus pandemic.

Focus on the Family 10:00 p.m. (28:30) April 21, 2020

Psychologist Dr. Gregory Jantz offers hope and practical help for those struggling with negative thoughts and emotions because of the coronavirus pandemic.

Focus on the Family 10:00 p.m. (28:30) April 22, 2020

Best-selling author Dr. Kathy Koch outlines a practical four-step process to help families stay sane and thrive during this season of sheltering-at-home during the coronavirus pandemic.

Focus on the Family 10:00 p.m. (28:30) April 23, 2020

Best-selling authors Jeff and Shaunti Feldhahn offer encouragement and guidance for couples feeling financial pressure and uncertainty because of the coronavirus pandemic.

FAMILY, PARENTING AND RELATIONSHIPS (continued)

Focus on the Family 10:00 p.m. (28:30) April 27, 2020

As we're forced to stay home during the coronavirus pandemic, we're spending more time online, and our work, school, and family life have blended together in an unprecedented way. Today, author Arlene Pellicane offers guidance for managing our digital habits in a healthy manner so that we go online with purpose and unplug regularly to build real, solid relationships with those around us.

Focus on the Family 10:00 p.m. (28:30) April 29, 2020

Jim Daly has a discussion with Health and Human Services Secretary Alex Azar who offers his expert insights on the coronavirus pandemic. Then Sarah Mackenzie, author of The Read-Aloud Family, explains how parents can strengthen their relationships with their children by reading books together as a family.

Focus on the Family 10:00 p.m. (28:30) May 5, 2020

With the Coronavirus pandemic illustrating how we live in uncertain times, John Stonestreet offers parents guidance for how they can help their children build a rock-solid faith in a shaky culture.

Focus on the Family 10:00 p.m. (28:30) June 1, 2020

In a discussion based on his book Anger: Taming a Powerful Emotion, Gary Chapman offers practical advice for dealing with anger in a healthy manner and embracing the power of forgiveness. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) June 2, 2020

In a discussion based on his book Anger: Taming a Powerful Emotion, Gary Chapman offers practical advice for dealing with anger in a healthy manner and embracing the power of forgiveness. (Part 2 of 2)