PUBLIC SAFETY, HEALTH & WELFARE

Focus on the Family 10:00 p.m. (28:30) April 28, 2021

Author Sarah Smith shares her journey through caring for her mother as she battles Alzheimer's. Her perspective is both eye-opening and encouraging for anyone who finds themselves caring for someone who was once their care-giver.

Focus on the Family 10:00 p.m. (28:30) May 5, 2021

In this conversation, Stephen Arterburn helps listeners to better understand and assist loved ones in their healing from depression, reminding them that anyone can suffer from it, and for a variety of reasons. He encourages family members and friends to be present for their loved one, gently nudging them toward healthy decisions.

Focus on the Family 10:00 p.m. (28:30) May 10, 2021

Jason Johnson shares stories from his own foster parenting journey, such as the hard decisions and processes that he and his wife have had to go through, including the very real issues that come with relating to the birth parents of the children they are fostering.

Focus on the Family 10:00 p.m. (28:30) June 25, 2021

Drs. Gary Lovejoy and Greg Knopf clear up misconceptions about depression as they highlight its symptoms and explain how it can be treated.

FAMILY, PARENTING AND RELATIONSHIPS

Focus on the Family 10:00 p.m. (28:30) April 7, 2021

Author and speaker Ron Deal offers couples in blended families advice on how they can assess the strengths of their marriage and improve on areas of weakness in light of the particular challenges they face in parenting stepchildren. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) April 8, 2021

Author and speaker Ron Deal offers couples in blended families advice on how they can assess the strengths of their marriage and improve on areas of weakness in light of the particular challenges they face in parenting stepchildren. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) April 9, 2021

In a lighthearted but insightful conversation based on her book The Cranky Mom Fix, Becky Kopitzke describes how frustrated moms can identify what triggers their anger, embrace forgiveness and grace, and offer kinder, gentler responses to their children for a more peaceful home.

Focus on the Family 10:00 p.m. (28:30) April 12, 2021

Patrick Schwenk and his wife, Ruth, offer help for maintaining a thriving marriage amidst the demands of parenthood in a discussion based on their book, For Better or For Kids: A Vow to Love Your Spouse With Kids in the House.

Focus on the Family 10:00 p.m. (28:30) April 13, 2021

Describing how his world was turned upside down when his son was diagnosed with severe autism, Jason Hague talks about living with a broken heart and seemingly unanswered prayer, and shares lessons he's learned about the challenges and joys of parenting a special needs child.

Focus on the Family 10:00 p.m. (28:30) April 19, 2021

Dr. Gary Chapman and Arlene Pellicane reveal how technology is changing our kids—impacting the brain, relationships, safety, and emotional health. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) April 20, 2021

Dr. Gary Chapman and Arlene Pellicane reveal how technology is changing our kids—impacting the brain, relationships, safety, and emotional health. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) April 23, 2021

Based on his book 7 Ways to Choose Healing, Stephen Arterburn offers practical tips for how we can walk through a process of healing successfully. Those tips include connecting with others, learning to take risks again, and forgiving those who have hurt us.

Focus on the Family 10:00 p.m. (28:30) April 26, 2021

Authors Greg Smalley and his brother Michael help men know how to better communicate and interact within their primary relationships, especially their marriages. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) April 27, 2021

Authors Greg Smalley and his brother Michael help men know how to better communicate and interact within their primary relationships, especially their marriages. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) May 3, 2021

Author Melanie Shankle offers a humorous look at the differences between men and women, and explains how couples can work through those differences to strengthen their marriage.

Focus on the Family 10:00 p.m. (28:30) May 7, 2021

Heidi St. John offers encouragement to you as a mom, especially if you feel afraid, overwhelmed, and discouraged by everyday tasks. With humor, Heidi recalls some of her "mom fails" and other embarrassing, challenging, and wonderful moments every mom faces.

Focus on the Family 10:00 p.m. (28:30) May 12, 2021

Dr. Kevin Leman offers advice to help parents transform their child's behavior. He discusses the benefits of allowing your kids to learn from real-life consequences and describes the importance of understanding your child's temperament based on his birth order. Featuring Jean Daly. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) May 13, 2021

Dr. Kevin Leman offers advice to help parents transform their child's behavior. He discusses the benefits of allowing your kids to learn from real-life consequences and describes the importance of understanding your child's temperament based on his birth order. Featuring Jean Daly. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) May 14, 2021

Do you love your spouse, or do you truly cherish them? Gary Thomas encourages couples to make a daily effort to go beyond the 'duty' of love, and combat the natural inclination to drift apart by choosing to see the best in their spouse.

Focus on the Family 10:00 p.m. (28:30) May 17, 2021

Jim Daly and John Fuller talk with Dr. Jeramy and Mrs. Jerusha Clark about their book Your Teenager is Not Crazy. They share an overview of what is going on in the teen brain from a neurological perspective, how to understand your teen's emotions, and the impact of puberty and hormones on your teen. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) May 18, 2021

Jim Daly and John Fuller talk with Dr. Jeramy and Mrs. Jerusha Clark about their book Your Teenager is Not Crazy. They share an overview of what is going on in the teen brain from a neurological perspective, how to understand your teen's emotions, and the impact of puberty and hormones on your teen. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) June 2, 2021

In this interview, Greta Eskridge will inspire parents to get their kids outside their daily routines and experience the thrill of adventure as a family.

Focus on the Family 10:00 p.m. (28:30) June 4, 2021

Pastor Ted Cunningham offers wisdom to newlyweds about the importance of separating emotionally, relationally, and financially from their family of origin in order to form a strong bond with their new spouse.

Focus on the Family 10:00 p.m. (28:30) June 10, 2021

Fawn Weaver took a worldwide tour to learn the secrets of happy marriage, and now she's sharing them with you! From stories of couples in Asia, Africa, and right here in North America, to Fawn's personal marriage journey, you'll be encouraged to seek the best in your spouse and choose happiness in your marriage.

Focus on the Family 10:00 p.m. (28:30) June 15, 2021

Debra Fileta will help couples better understand the four seasons of healthy relationships, what to expect during each one, and how to carefully navigate them for a stronger marriage. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) June 16, 2021

Debra Fileta will help couples better understand the four seasons of healthy relationships, what to expect during each one, and how to carefully navigate them for a stronger marriage. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) June 17, 2021

Pediatrician Dr. Meg Meeker provides great insights to encourage fathers to strengthen their relationships with their kids. She provides solid advice on communication, listening, guiding and spending time with your kids. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) June 18, 2021

Pediatrician Dr. Meg Meeker provides great insights to encourage fathers to strengthen their relationships with their kids. She provides solid advice on communication, listening, guiding and spending time with your kids. (Part 2 of 2)