#### **PUBLIC SAFETY, HEALTH & WELFARE**

Focus on the Family 10:00 p.m. (28:30) October 20, 2021

Darby Strickland offers listeners guidance from her book Is It Abuse?: A Biblical Guide to Identifying Domestic Abuse and Helping Victims.

Focus on the Family 10:00 p.m. (28:30) November 8, 2021

Jenn and Josh Hook, joined by Mike Berry, offer advice to help foster and adoptive families find training and support. And, they describe how anyone can help care for hurting kids.

Focus on the Family 10:00 p.m. (28:30) November 10, 2021

Deborah Pegues offers an insightful look at everyday worry and anxiety and effective ways to deal with the stress they cause.

#### FAMILY, PARENTING AND RELATIONSHIPS

Focus on the Family 10:00 p.m. (28:30) October 11, 2021

In a discussion based on her book The 21-Day Financial Fast, Michelle Singletary offers expert guidance for managing your money wisely so that you'll experience financial freedom and peace. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) October 12, 2021

In a discussion based on her book The 21-Day Financial Fast, Michelle Singletary offers expert guidance for managing your money wisely so that you'll experience financial freedom and peace. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) October 15, 2021

Dr. Scott James offers a three-step approach for how families can integrate biblical truth and faith with their health and well-being. He also offers some general health tips and encouragement for those struggling with fear in the face of trying circumstances.

Focus on the Family 10:00 p.m. (28:30) October 18, 2021

Author and speaker Robert Lewis offers advice and encouragement to dads in a discussion based on his best-selling book Raising a Modern-Day Knight: A Father's Role in Guiding His Son to Authentic Manhood. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) October 19, 2021

Author and speaker Robert Lewis offers advice and encouragement to dads in a discussion based on his best-selling book Raising a Modern-Day Knight: A Father's Role in Guiding His Son to Authentic Manhood. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) October 21, 2021

Leslie Leyland Fields offers encouragement to those who are struggling because of an unplanned pregnancy. She describes her own experiences of becoming unexpectedly pregnant twice during her forties, and how she learned to trust in God's plans for her and her family.

Focus on the Family 10:00 p.m. (28:30) October 25, 2021

Kari Kampakis offers insight into the world of teen girls and explains how mothers can strengthen their relationships with their daughters.

Focus on the Family 10:00 p.m. (28:30) October 28, 2021

Shaunti Feldhahn reveals from her extensive research some simple attitudes and actions that can help your marriage thrive. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) October 29, 2021

Shaunti Feldhahn reveals from her extensive research some simple attitudes and actions that can help your marriage thrive. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) November 9, 2021

Grandparents are an integral part of the family, passing along wisdom, faith, and love. While many of the "rules" of grandparenting are timeless, some of the games have changed. Chrys Howard and Shellie Tomlinson will help you better understand the unique role you have in supporting your adult children and influencing your grandchildren.

Focus on the Family 10:00 p.m. (28:30) November 10, 2021

Deborah Pegues offers an insightful look at everyday worry and anxiety and effective ways to deal with the stress they cause.

Focus on the Family 10:00 p.m. (28:30) November 18, 2021

Dr. Kevin Leman offers time-tested solutions for parenting that will help moms and dads plant the seeds of patience, kindness, humility, and respect in their children as they prepare them for adulthood. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) November 19, 2021

Dr. Kevin Leman offers time-tested solutions for parenting that will help moms and dads plant the seeds of patience, kindness, humility, and respect in their children as they prepare them for adulthood. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) November 23, 2021

Dr. John Townsend offers parents guidance and encouragement for resolving a strained relationship with their adult children. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) November 24, 2021

Dr. John Townsend offers parents guidance and encouragement for resolving a strained relationship with their adult children. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) December 3, 2021

Pastor Kevin Thompson explores three primary roles in marriage – friend, partner, and lover – and explains how spouses can live out those roles optimally by investing in their relationship mentally, emotionally, and physically.

Focus on the Family 10:00 p.m. (28:30) December 8, 2021

Based on their book Marriage Triggers, Amber and Guy Lia discuss common, everyday things – from house cleaning and backseat driving to workaholism and lack of intimacy – which can provoke anger and tension in marriage. Our guests explain how couples can identify those 'triggers' and deal with them in a healthy way. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) December 9, 2021

Based on their book Marriage Triggers, Amber and Guy Lia discuss common, everyday things – from house cleaning and backseat driving to workaholism and lack of intimacy – which can provoke anger and tension in marriage. Our guests explain how couples can identify those 'triggers' and deal with them in a healthy way. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) December 13. 2021

Do you love your spouse, or do you truly cherish them? Gary Thomas encourages couples to make a daily effort to go beyond the 'duty' of love, and combat the natural inclination to drift apart by choosing to see the best in their spouse.

Focus on the Family 10:00 p.m. (28:30) December 14, 2021

Debra Fileta helps you better understand your emotions, assess your mental, physical, and spiritual health, and intentionally pursue a path to wellbeing. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) December 15, 2021

Debra Fileta helps you better understand your emotions, assess your mental, physical, and spiritual health, and intentionally pursue a path to wellbeing. (Part 2 of 2)

Focus on the Family 10:00 p.m. (28:30) December 16, 2021

Dr. Meg Meeker explains how parents can shape their daughter's character and faith so that she can successfully navigate our culture's most difficult challenges, which include the toxic elements associated with social media, feminism, sexual identity, and more. (Part 1 of 2)

Focus on the Family 10:00 p.m. (28:30) December 17, 2021

Dr. Meg Meeker explains how parents can shape their daughter's character and faith so that she can successfully navigate our culture's most difficult challenges, which include the toxic elements associated with social media, feminism, sexual identity, and more. (Part 2 of 2)