



WTLU-CD, Lynchburg, VA

ISSUES/PROGRAMS QUARTERLY REPORT

October 1, 2014 through December 31, 2014

WTLU-CD

Lynchburg, Virginia

January 8, 2015

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General Manager

Issue: Abortion and Plan B Coverage

Program: CBN Newswatch

Air Date and time: 11-21-2014 @ 8:00pm

1:26

The transparency has not been what President Obama said it would be with Health Care and abortion funding. The Family Research Council has launched a new website that will expose which HealthCare plans cover abortions on demand. More than a thousand plans use taxpayer subsidies to help pay for abortions.

Issue: Nuclear Terror Attack Readiness

Program: CBN Newswatch

Air Date and time: 12-19-2014 @ 8:00pm

: 31

A Congressional audit report shows the United States (US) is not ready for a nuclear terror attack or a large-scale natural disaster. The Government Accountability office also found the government lacks effective coordination and in some cases is years away from adequate emergency shelter and medical treatment. They said it could take 1-5 years to determine if people were exposed to unsafe levels of radiation and 5-10 years to plan for a full medical response.

Issue: Police Violence

Program: CBN Newswatch

Air Date and time: 12-04-2014 @ 8:00pm

2:21

There is unrest among some and outrage among others across the nation tonight as another black boy is killed by a white police officer. The latest died as the officer put the man in a chokehold and he could not breathe. There were protests across the nation as the Grand Jury decided not to indict the officer who used the illegal chokehold. In interviews people out protesting said there is something wrong with the system when you cannot trust those who swore to protect you.

Issue: Archeology App For Children

Program: Jerusalem Dateline

Air Date and time: 12-12-2014 @ 7:30pm

2:43

Israel Antiquities Authority has created an app for anyone over seven years old that is interested in archeology, the Bible, Christians, Jews, or Israel. One of the creators Orit Rosengarten said, "We try and make an introduction for kids, connecting them to the subjects." You use your iPhone, iPad, or iPod as an archeological tool allowing players to uncover mysteries from the past. The game is based on real archeological digs. The app mimics real life technology such as spectral imaging and scanning the finished puzzle to reveal its contents.

Issue: Avoiding a Government Shutdown

Program: CBN Newswatch

Air Date and time: 12-12-2014 @ 8:00pm

: 58

The House passed a spending bill that would prevent a government shutdown. It is now on its way to the Senate for a vote. The bill is \$1.1 trillion and would keep the government funded through next summer. The 1600 page bill is full of pet projects and changes. It also prevents Washington DC from moving forward with a measure to legalize the recreational use of marijuana.

Issue: Cell Transplant Therapy

Program: CBN Newswatch

Air Date and time: 10-22-2014 @ 8:00pm

1:27

A research team in the United Kingdom has taken cells from the nasal cavity of a man with a spinal injury and injected them in the gap of his spinal cord. The process is called cell transplant therapy. The transplanted nerve fibers are constantly regenerating and the researchers hoped it would stimulate repair and regrowth. The results were astounding. Darek Fidyka, the patient made history and is now walking with the help of a frame. The researchers' goal is to develop this procedure to a point where it can be rolled out worldwide.

Issue: Chocolate Shortage Anticipated

Program: CBN Newswatch

Air Date and time: 11-18-2014 @ 8:00pm

: 39

Top candy companies are saying we will run out of chocolate soon. A drought and fungal disease in Africa where they produce over 70% of the world's cocoa has drastically reduced the cocoa crop this year. Also, dark chocolate is rising in popularity and it takes much more chocolate to produce it.

Issue: Religious Moral Discrimination

Program: CBN Newswatch

Air Date and time: 10-17-2014 @ 8:00pm

3:50

Cities across America are putting legislation through that prohibits business owners from discriminating against homosexual couples or unions. Houston, Texas has gone a step farther and added legislation that has pastors fighting against it. The Houston, Texas Mayor and City Counsel have added into the legislation, a man or woman can use which ever bathroom they would like depending on if they feel like a man or woman that day. For example if a man feels like he is a woman that day he may use the women's bathroom. Senator Ted Cruz is warning Americans to watch this situation as it unfolds because it can happen and will happen in other cities and towns.

Issue: Religious Moral Discrimination cont.

Program: CBN Newswatch

Air Date and time: 10-21-2014 @ 8:00pm

2:53

Religious rights against gay marriage are being challenged across America. Many towns and cities are passing new legislation that no matter what your stand on gay marriage is you cannot deny your business services to gay couples. Magistrates are being asked to resign or are being fired if they refuse to perform gay marriages. Jennifer Marshall from the Heritage Foundation said the government has coerced the American people into a "live and let live" belief. No one would be forced to go against his or her religious beliefs and have to perform or service a same sex wedding. The Marriage and Religious Freedom Act has been introduced at the Federal level to prohibit the Federal government from discriminating against an individual or group that hold to the historic understanding of marriage. Jennifer also said we need the same type of legislation at the state level.

Program: The Body File

Air Date and time: 10-28-2014 @ 7:30pm

7:16

The City of Houston demanded the Pastors against a new ordinance turn in their sermon notes. The new ordinance not only gives extra protection to homosexuals it also allows men and women to use either bathroom. The Pastors do not feel it is a gay issue, but God's standard of morality issue. The Pastors are getting help from Senator Ted Cruz and Mike Huckabee. Senator Cruz held a news conference to go over the meaning of the First Amendment. Mike Huckabee is directing his comments to Pastors all across America. He is asking ALL Pastors to send a Bible and their sermon notes to the Mayor and City Counsel of Houston, Texas.

Issue: Domestic Violence

Program: GAME ON

Air Date and time: 10-09-2014 @ 8:30pm

4:01

The National Football League (NFL) owners met with Commissioner Goodell in New York City to discuss the NFL's "personal conduct policy." After the recent high profile domestic violence incidents by players in the NFL, the NFL is trying to correct the bad conduct with good training. Good training is something many parents around the world need.

Issue: Ebola Outbreak

Program: CBN Newswatch

Air Date and time: 10-01-2014 @ 8:00pm

2:37

An unidentified man in Texas has been diagnosed with Ebola after traveling to Liberia and back. Doctors say he had no symptoms while traveling back to the United States (US). Doctors are sure they can contain this case so it will not spread here in America.

Issue: Ebola Outbreak Cont.

Program: CBN Newswatch

Air Date and time: 10-08-2014 @ 8:00pm

2:40

Time is critical if you contract the Ebola virus. If you have a fever or feel like you have the flu and you have been to West Africa or around someone who has, you should seek medical help immediately. Doctors believe four of the five Ebola patients in America have lived because they received treatment immediately. The fifth Ebola patient in Dallas, TX has died. Doctors believe it might be because he was turned away from the hospital and did not receive any treatment the first time he went.

: 28

The five airports in the United States that receive passengers from West Africa have changed their procedures because of the Ebola virus. Passengers coming from West Africa must have their temperature taken immediately upon arrival into the United States.

Program: CBN Newswatch

Air Date and time: 10-20-2014 @ 8:00pm

: 52

The Center for Disease Control and National Institute on Health are revising standard procedures and/or protocols dealing with Ebola patients. All health care workers must be covered head to toe; absolutely no skin is allowed to be uncovered.

Program: CBN Newswatch

Air Date and time: 10-22-2014 @ 8:00pm

: 32

President Obama selected former White House Chief of Staff Ron Klain to be the new Ebola Czar. A leader in the Red Cross said with the new moves made by the White House, the Ebola virus might be contained in 4-6 months.

Program: The Body File

Air Date and time: 10-28-2014 @ 7:30pm

3:42

Dr. Nancy Khardori said one of the main problems with Ebola is the test. She said even if you have it, you could get a negative reading until your body has produced enough of the virus. The point at which you produce enough of the virus is the same point at which you finally start showing symptoms.

Program: CBN Newswatch

Air Date and time: 10-27-2014 @ 8:00pm

2:23

The Federal government has not set up any guidelines or rules for health workers coming back into the United States after working in Africa with Ebola patients. The Governors of four states have set up their own rules to keep their states safe from Ebola. Some healthcare workers are challenging the new guidelines, so the White House administration finally said they are working on new guidelines for all healthcare workers to follow no matter what state they are traveling to when they reenter the US. Many Americans believe the Governors are just reacting to "no action" from the President.

Issue: Gas Prices

Program: CBN Newswatch

Air Date and time: 10-29-2014 @ 8:00pm

: 28

Goldman Sachs is predicting the price of gas at the pump will go even lower next year. After hitting a high this summer of \$108 a barrel the price started coming back down. It is around \$80 a barrel now and still dropping. That is the lowest in the last four years.

Program: CBN Newswatch

Air Date and time: 11-05-2014 @ 8:00pm

1:34

Gas prices are the lowest they have been in over four years. Analysts say lower prices at the pump are from many reasons including U.S. oil production and refineries switching to less expensive winter blend. AAA said the gas prices should stay at or below current prices until next spring.

Program: CBN Newswatch

Air Date and time: 12-08-2014 @ 8:00pm

2:24

The gas prices have dropped to their lowest price in over four years. It is a good boost for the economy because consumers will spend more on holiday shopping. Experts expect the price to continue falling.

Program: CBN Newswatch

Air Date and time: 12-16-2014 @ 8:00pm

2:00

The price of oil has been plunging. It dropped 12% in one week. OPEC says they plan to let the price of oil drop further. It has been great for drivers across America seeing the lowest gas prices in five years, but it could undermine US (United States) oil drillers. Fracking, which uses chemicals and water to extract oil from deep in the ground, is facing a challenge with the low oil prices. Fracking helped bring down the price of oil because there was a larger supply, but it is very costly to get the oil using the fracking method. Analyst Phil Kerpen said Saudi Arabia and OPEC are using the low oil prices as a weapon to kill off fracking as an industry by making the process too expensive compared to the price of oil. He predicts some fracking operations in the US will fold and jobs will be lost.

Issue: Health Benefits from Giving

Program: CBN Newswatch

Air Date and time: 10-16-2014 @ 8:00pm

3:21

Poor and middle class income people give more of their money to charities than the wealthy. States with high Church attendance also have higher giving. Givers live longer, healthier, and happier lives. Stress leads to illnesses and giving can reverse the deadly affects of stress.

Issue: Medically Supervised Diets

Program: CBN Newswatch

Air Date and time: 10-23-2014 @ 8:00pm

5:22

Medically supervised diets are available for those that do not want to “go under the knife.” These medically supervised diets are getting quick results. There is about 30% weight reduction in the same time you would get about 40% after having bariatric surgery. Doctors are recommending it to avoid the surgery. One of the keys to the diet after losing the weight is keeping it off. On a medically supervised diet you have appointments with a registered dietician to learn to make better choices, eat the right size portions, and overall eat healthier. Dieters also wear a wrist monitor to remind them every hour to get up and move around.

Issue: Exercise Benefits for the Elderly

Program: CBN Newswatch

Air Date and time: 11-05-2014 @ 8:00pm

: 30

Exercise is good for every age including the elderly. Studies are showing older people who walk and do some type of strength exercises everyday have a better chance of staying mobile. The study of 70-89 year olds will be published in the Journal of the American Medical Association.

Issue: Mammogram Improvements

Program: CBN Newswatch

Air Date and time: 11-04-2014 @ 8:00pm

2:00

The new 3D mammograms are just starting to be widely used. Through testing doctors have found that the 3D mammograms detect a third more breast cancer than the traditional 2D mammograms. Right now 40,000 people die each year from breast cancer, but thanks to the 3D mammogram that number may decline.

Issue: Dangers of Fast Food

Program: CBN Newswatch

Air Date and time: 11-13-2014 @ 8:00pm

: 31

People who live near fast food restaurants have a higher risk of type 2 diabetes and obesity. A study from the University of Leicester in England found that there are more fast food outlets in the inner city. There are more cases of diabetes and obesity within a quarter of a mile of them, which indicates people eating more fast food have a higher risk of diabetes and obesity. The lead researcher says it has a major implication for limiting the number of fast food outlets in poorer areas.

Issue: The Paleo Diet

Program: CBN Newswatch

Air Date and time: 11-26-2014 @ 8:00pm

5:43

The Paleo Diet is fairly new, but is catching on quickly. The Paleo Diet avoids sugar, wheat, trans-fat, Omega 6 fats, and some dairy. If you will get rid of those bad guys you decrease inflammation and you improve your bodies ability to burn fat. Along with eating plant type foods and meat you also need to include healthy fats.

Issue: An Attitude of Gratitude

Program: CBN Newswatch

Air Date and time: 11-27-2014 @ 8:00pm

4:22

Studies show that an attitude of gratitude builds better relationships and better health. Grateful people experience less Posttraumatic Stress Disorder, less depression, and less anxiety. Gratitude helps cope with stress and negative life events. Stress contributes to physical problems, depresses our immune system, and makes us more vulnerable to disease and sickness. Nancy Leigh DeMoss from Revive our Hearts Ministry said we must start with acknowledging to God that we deserved nothing more than Hell, but He gave us Heaven and eternal life. Nancy said, "Having gratitude is like building muscle it takes work." Gratitude should be a lifestyle or a habit. Nancy recommends making thanksgiving a priority for one month and keep a journal writing down all blessings big or small. She also said it helps to express thanksgiving out loud several times a day.

Issue: Dangers of Sugar Intake

Program: CBN Newswatch

Air Date and time: 12-03-2014 @ 8:00pm

: 26

Too much sugar is bad for your brain and your memory especially for teenagers. Sugar leads to problems with memory and inflammation of the brain. Researchers said the brain is vulnerable to influences from food when developing in teen and adolescence years.

Issue: Dangers of Sugar Intake

Program: CBN Newswatch

Air Date and time: 12-15-2014 @ 8:00pm

: 38

Sugar is to blame more than salt for hypertension. The problem is not in your sugar bowl or saltshaker. The sugar and salt problem is in the processed food we eat. An easy way to lower your blood pressure is to eat whole foods and exercise.

Issue: Chocolates Affect on Health

Program: CBN Newswatch

Air Date and time: 12-15-2014 @ 8:00pm

2:39

A Columbia University study shows that chocolate beans contain cocoa flavonoids, which help sharpen the memory of older people. The cocoa flavonoids did not affect a different part of the brain targeted by Alzheimer's disease. The amount of cocoa consumed in the study was equal to 7 chocolate bars a day. The higher the cocoa content the better the chocolate will be for us. Milk chocolate is not good for us. The dark chocolate also has antioxidants, which are very good for us.

Issue: Immigration

Program: CBN Newswatch

Air Date and time: 10-27-2014 @ 8:00pm

4:53

Immigration at the borders is affecting all Americans, not just those at the borders. Christians are having a hard time figuring out how much mercy and compassion do you show and when. Immigrants entering the county illegally are breaking the law and this issue is dividing the Christian community as to how much do you do for those breaking the law.

Program: CBN Newswatch

Air Date and time: 11-18-2014 @ 8:00pm

2:01

President Obama is expected to sign an executive order on immigration later this week. Lawmakers are calling this move unconstitutional. Lawmakers are saying it is not the reform on immigration that is an issue, but the way he is going about it. Republican lawmakers will try to stop President Obama by not funding his law that would use taxpayer money.

Program: CBN Newswatch

Air Date and time: 11-20-2014 @ 8:00pm

6:39

The President will announce today what his plans are for immigration. Through a small video he said he would continue to work with Congress to get a permanent bill for the illegal immigrants. He said his plan (executive action) is only temporary. His executive action is not very popular with the public. Poles taken show about 50% are against it. The National Hispanic Christian Conference wants the Congress to act now. The way immigration is today it separates families. Rev. Tony Suarez said it does not make sense to help the children and not the parents or only one spouse in a marriage.

Issue: Immigration Cont.

Program: CBN Newswatch

Air Date and time: 11-21-2014 @ 8:00pm

3:17

The President announced last night a new executive action on immigration reform. The main winners are immigrants who have lived here illegally for 5 or more years and have children who are American citizens. He promised to keep deporting criminals.

Issue: Net Neutrality

Program: The Body File

Air Date and time: 11-18-2014 @ 7:30pm

3:27

Net Neutrality is the government trying to over-regulate the Internet. The government is using words like neutrality and consumer protection, but according to Andy Roth from Club for Growth what the government really wants is a price fix. Andy said they want to insert price controls so cable companies cannot charge prices as they see fit. He feels Congress should insert itself and take its constitutional authority and debate and decide it. Andy says for the most part consumers like the product they are getting and if they do not they can go to a different provider. That is the free market and that is the way it should remain.

Issue: Invasion of Privacy

Program: CBN Newswatch

Air Date and time: 10-21-2014 @ 8:00pm

: 41

A new government funded initiative will soon monitor what you put on Twitter. It is called Truthy. Researchers say they are looking into how ideas spread throughout pop culture. Researchers say the government could use the information, "to mitigate the diffusion of false and misleading ideas, detect hate speech and subversive propaganda, and assist in the preservation of open debate." Not all feel it would be used in a good way. The National Science Foundation has put \$1 million into the initiative so far.

Issue: Possible Tax Return Delays

Program: CBN Newswatch

Air Date and time: 12-19-2014 @ 8:00pm

: 34

The IRS (Internal Revenue Service) Commissioner said a shrinking budget could delay your tax returns and make it harder for you to reach an IRS agent. The newest budget cuts come just as the IRS begins to play a bigger role in the President's Health Care law. This year marks the first time Americans have to report whether they have health insurance on their tax returns.

Issue: ISIS Recruitment on the Internet

Program: CBN Newswatch

Air Date and time: 10-22-2014 @ 8:00pm

2:00

Islamic State of Iraq and Syria (ISIS) is using the tools and techniques of the West, Facebook, Twitter, YouTube, and Instagram, to recruit young people from the West. Three 15-17 year old girls from the United States were intercepted in Germany and sent back home. They had seen propaganda videos from ISIS and were headed to join ISIS. Officials say there have been other attempts of high school teenagers trying to leave the country to join ISIS, but they have not been made public. It is a part of a new global trend of disengaged youth being radicalized.

Issue: Keystone XL Pipeline

Program: CBN Newswatch

Air Date and time: 11-19-2014 @ 8:00pm

2:56

The Senate did not pass the Keystone XL Pipeline. Many feel it would provide hundreds of jobs so desperately needed in America. Senate Minority leader Mitch McConnell said when the new Senate starts back up in January they will vote on it again.

Issue: Supreme Court Rulings on Gay Marriage

Program: CBN Newswatch

Air Date and time: 10-07-2014 @ 8:00pm

4:30

The Supreme Court ruled in favor of over turning the voter approved gay marriage ban in five states. Virginia is one of the five states that will now have to start allowing gay marriages. Some law experts said the fight against gay marriage is not over. The Supreme Court left the door open by only ruling in five states to change the law and not a blanket ruling over all 50 states.

Issue: Mid-Term Elections 2014

Program: CBN Newswatch

Air Date and time: 10-15-2014 @ 8:00pm

3:13

The mid-term elections in November are predicted to be low in attendance. One reason is the Millennials did not see the promises made to them fulfilled during the 2010 and 2012 campaign by Obama's administration. Poles taken predict up to three-fourths of the Millennials will not vote. The Millennials have a message for the grownups on Capitol Hill, "get involved, engaged, and invested in our futures and the future of America."

Program: The Body File

Air Date and time: 10-21-2014 @ 7:30pm

2:14

On Meet the Press this week, David Brody tells host Chuck Todd the gay marriage issue is political with most politicians, but it needs to be a principle issue to get more Christians involved in the 2014 election. Brody also discussed the issue 30 million evangelicals voted in the last Presidential election. But there are 80 million evangelicals in America, so 50 million are sitting on the sidelines.

Issue: Mid-Term Elections 2014 Cont.

Program: CBN Newswatch

Air Date and time: 10-21-2014 @ 8:00pm

: 56

Early voting for midterm elections started. Both Republican and Democrats think the early voting will help their parties. The Republicans hope to take over the Senate in this election.

Program: The Body File

Air Date and time: 10-28-2014 @ 7:30pm

4:34

With midterm elections in full swing many in the US are watching the race in Virginia taking Eric Cantor's former position. There are two candidates, both from Ashland, VA, both professors at the same college, and both promising a clean campaign. The professors are excited to show their students a lesson with an intimate look as they battle it out over ideas.

Program: CBN Newswatch

Air Date and time: 10-28-2014 @ 8:00pm

4:47

Democrats are struggling to keep their seats in the Senate next week on Election Day. President Obama is not out raising support for the Democrat party candidates because his approval ratings are very low. Most of the Democrat candidates are keeping their distance from President Obama. Many candidates are working hard to get the 10 million Latino votes.

Program: CBN Newswatch

Air Date and time: 11-03-2014 @ 8:00pm

1:36

Tomorrow is voting day across America and President Obama was out over the weekend urging Democrats to vote. The President has not been very visible this election because his approval rate is so low. All voting age Americans are being urged to vote.

3:12

Many key races in tomorrow's election are extremely close and the control of the Senate hangs in the balance. Experts are concerned that voter fraud could change the outcome. The group True the Vote found that 6.9 million voters in 28 states were registered in two states to vote. In Virginia they found 44,000 registered to vote in Virginia and Maryland. Experts now wonder if there could be enough fraudulent votes to influence the outcome of some of this year's extremely tight races. Last year 35 races were decided by one vote.

Program: CBN Newswatch

Air Date and time: 11-04-2014 @ 8:00pm

6:53

Midterm elections are here and many Americans are out voting. This election, early voting topped 18 million in 32 states. Analysts are saying Republicans have the upper hand. David Brody, a Chief Political Analyst said in 2010 only 30% of evangelicals showed up to vote and he is not sure there will be more than that this year. David said half of the 45 million voters would not turn out to vote in this midterm election. He said to expect gridlock in the government the next two years if the Congress and Senate are both Republican.

Issue: Mid-Term Elections 2014 continued

Program: CBN Newswatch

Air Date and time: 11-05-2014 @ 8:00pm

9:37

Voters all across the United States sent a message to the Democrats. Voters across the country rejected President Obama's policies. Republicans won a majority of the available positions in all areas including State Senate, Governor, and Capitol Hill. Dr. Paul Bonicelli from Regent University said he thinks it is not necessarily a vote for the Republicans as much as a repudiation toward the Democrats. He also feels it will now be possible to repeal ObamaCare. In Virginia, Ed Gillespie lost by 1%. There is no word yet if he will ask for a recount.

Issue: Media Violence's Affect on Children

Program: CBN Newswatch

Air Date and time: 11-05-2014 @ 8:00pm

3:31

Dr. Linda Mintle discusses the new report put out by Annenberg Public Policy. Parents are watching movies and rating them lower because we are becoming desensitized to the content, the more we watch. The rate of violence has more than tripled since 1985. The more Parents watch, the more they will let their children watch. Dr. Mintle said there are definite effects on children. The more children watch the sexual and violent content, the less empathetic they are towards people in their environment. The second thing is, just like the parents, the children are becoming desensitized to the information as well. Watching violence translates into more aggression when they are in conflict or need to problem solve because they have only seen these aggressive models. Being exposed to sexual content earlier, way before they can handle it, they tend to engage in sexual activity at an early age. Parents need to monitor what they are watching and be responsible with their children.

Issue: ObamaCare

Program: CBN Newswatch

Air Date and time: 10-23-2014 @ 8:00pm

: 35

Most of the new signups in ObamaCare came through the expansion of Medicare and not private insurance. The 71% of signups that came from Medicare are from 25 states and Washington D.C. The Heritage Foundation said, "ObamaCare, so far, is mainly a simple expansion of Medicaid." Heritage Foundation also reported 61% of individual gains was offset by dropped employer coverage.

Program: CBN Newswatch

Air Date and time: 10-27-2014 @ 8:00pm

: 30

ObamaCare's new easy application cannot be used by legal immigrants or naturalized US citizens. The Federal government said they are not trying to leave immigrants out, but the law limits what they can do.

Issue: ObamaCare

Program: CBN Newswatch

Air Date and time: 11-12-2014 @ 8:00pm

: 58

Jonathan Gruber, one of the architects of ObamaCare, said ObamaCare was intentionally made confusing, so Americans would not know what was in it and try to stop it. He said he wished it could have been transparent, but he rather have the law than not.

Issue: The Importance of Sleep

Program: CBN Newswatch

Air Date and time: 10-06-2014 @ 8:00pm

6:15

Americans are not getting enough sleep, four out of ten people get 6 hours or less per night. Our bodies repair and restore themselves when we sleep, but without enough sleep our bodies become targets for all kinds of sickness and diseases. To prove we need more sleep researchers had one group of men sleep 4 hours per night and another group sleep for 8 hours per night. The group of men that slept for 8 hours had twice the flu fighting antibodies. In other studies, scientists discovered, when we are sleep deprived our T-cell numbers go down. Our T-cells are our bodies' first defense against all germs.

Issue: Effect of Sugar Consumption on Disease

Program: CBN Newswatch

Air Date and time: 10-07-2014 @ 8:00pm

7:09

On average, Americans consume 32 teaspoons of sugar per day, which is more than four times the recommended daily amount. Sugar severely weakens the immune system. Scientist found that within five hours of taking 21 teaspoons of sugar our white blood cells lose 40% of their ability to kill bacteria. Dr. Michael Roizen said they think that sugar does not impede the immune system directly, but helps the bacteria, virus, and cancer cells grow faster. Sugar makes the bacteria and virus prosper which makes it harder for your body to kill them. Sugar can also make areas of your body inflamed, so instead of fighting off the bacteria or virus your white cells are trying to heal the inflammation. The bacteria, virus, and cancer cells spread more from trans fats, which are in a lot of processed foods. Not drinking enough water to help flush the system is another way we weaken our immune system. Foods to eat that will help boost the immune system are fruits and vegetables, including kale and watercress, also eat fermented foods.

Issue: Need for Vitamin and Mineral Supplements

Program: CBN Newswatch

Air Date and time: 10-08-2014 @ 8:00pm

5:58

Nine out of ten people in America lack one or more critical vitamins or minerals. In the last 80 years, a lot of our food has lost over 75% of its nutrition. Over-farming has robbed our soil of micronutrients needed for nutritious fruits and vegetables. Doctors are recommending supplements to improve our health and to help fight off bacteria, virus, and disease. Dr. Denise Millstine said to consider the supplements vitamin D, vitamin C, a strong multivitamin, herbs, fish oil, coconut oil, and probiotics.

Issue: Religious Freedom

Air Date and time: 10-08-2014 @ 8:00pm

Program: CBN Newswatch

2:06

The Beckett Fund Senior Counsel has taken an Arkansas prisoner's case to the United States Supreme Court. The prisoner is a converted Muslim and because of his religion wants to grow a beard. He said it is mandatory in his religious beliefs. The Beckett Counsel argued that their client's denied rights for religious freedom affects all Americans. The counsel argued if the prisoner's rights are taken away then Christians are in jeopardy of losing their religious freedom.

Program: CBN Newswatch

Air Date and time: 11-20-2014 @ 8:00pm

2:16

Many feel it is very hostile to even mention your faith in the military. Congress has ordered the military not to suppress religious liberty. There are so many complaints just this year, that the House is now investigating. Michael Berry from Liberty Institute said if we see religious liberties being stripped away from our military it is possible many will not want to join. He feels to fight for religious freedom and not have any while defending the United States will deter many new recruits. Michael said, "The many freedoms a soldier must give up while serving, religious freedom must not be one."

Issue: Reshoring Initiative

Program: CBN Newswatch

Air Date and time: 11-28-2014 @ 8:00pm

4:40

United States regulations could slow down or even stop the return of "Made in America." Companies across the US are "reshoring" or trying to bring production back to cities in the US. In the last four years, about 100,000 jobs have returned to the US, according to the Reshoring Initiative. In 2008, the government started getting serious about enforcing US regulations on exports and international conduct. People are being encouraged to bring jobs back, but they do not realize the cost of complying with the regulations and managing the risk of them can be quite substantial.

Issue: Restoring Relations with Cuba

Program: CBN Newswatch

Air Date and time: 12-17-2014 @ 8:00pm

6:06

President Obama announced a new era between the United States and Cuba last night. President Obama exchanged three Cuban prisoners being held in Florida for two US prisoners being held in Cuba. He also announced the US is restoring diplomatic relations between the US and Cuba. The President said the US would be setting up an Embassy in Cuba. Dr. Bonicelli, from Regent University, says the US will not benefit much from this move, but the Cuban government regime will benefit from these changes. Dr. Bonicelli said the Cuban people are poor and under a communist government so they will not benefit. President Obama also said he would ease the economic and travel sanctions against Cuba. The benefits for the American people will be more tourists traveling and the ability to buy Cuban cigars.

Issue: Right To Die

Program: CBN Newswatch

Air Date and time: 10-30-2014 @ 8:00pm

3:38

Brittany Manyard moved to Oregon because it is one of five states with a "Right to Die" law. She is making headlines because she found out she has only 6 months to live and wants to end her life on her own terms. Christians across the country have been praying for her to reconsider her decision. Many like Joni Erickson-Tada have sent letters to her. Brittany is hoping the attention she is getting will allow the "Right to Die" law to take affect in every state.

Issue: Gender Based Violence

Program: CBN Newswatch

Air Date and time: 12-11-2014 @ 8:00pm

5:19

Every two minutes a female is sexually assaulted in our country. An individual they know attacks most of the victims: someone you just met from a date, at a party or even a family member. Dr. Martha McCaughey from Appalachian State University says we live in a society were there is gender based violence. She feels when women are being taught about violence or rape prevention, they are not talked to enough about self-defense. Every woman has the right to defend herself and with the right skills women can avoid becoming the victim. Jessica Abbots started the Bad Brass Women's gun club to teach women how to protect themselves. Jessica says you do not own a firearm to have control, you own a firearm to be prepared. A firearm is not always available, so women should take time to learn physical skills like martial arts to defend themselves.

Issue: Terrorism in America

Program: CBN Newswatch

Air Date and time: 10-28-2014 @ 8:00pm

3:49

It is thought, as many as 3,000 western passport holders are fighting for the Islamic State of Iraq and Syria(ISIS). The Federal Bureau of Investigation (FBI) Director and Attorney General says 12 Americans are overseas fighting with ISIS, but other Obama administration officials say at least 100 U.S. citizens have traveled to Syria to join terror groups. According to Representative Tim Bishop 40 of the 100 have already come home. He said, "They are being tracked by the FBI."

Program: The Watchman

Air Date and time: 10-30-2014 @ 7:30pm

7:30

In September, an ISIS spokesman released an audiotape. On it he called for western Muslims to rise up and kill western civilians and soldiers. The spokesman targeted Australia, the United States (US), Europe, and Canada. In September, in all four areas radical Muslims started attacking both co-workers and random people. There have been many attacks in the US; some are listed as work place violence. Eric Staklebeck said these radical terrorists leave paper trails on social media to follow. Their paper trails show they are pro ISIS and anti-American terrorist. Eric feels ISIS sympathizers will turn American soil into a battleground. In just four weeks we have had several attacks.

Issue: Terrorism in America Cont.

Program: The Watchman

Air Date and time: 11-13-2014 @ 7:30pm

8:47

Erick Stakelbeck feels the threat against Christians is so great he cannot understand why more Pastors are not speaking about it from the pulpit. He said there is a war on Christians right now even in America. The leader of the Islamic State (ISIS), Abu Bakr Al Baghdadi wrote a statement threatening America, "Know, oh defender of the cross, that a proxy war will not help you in the Levant, just as it will not help you in Iraq. Soon, you will be in direct conflict – God permitting – against your will." The second highest leader of Al Qaeda, Nasir Al-Wuhayshi said, "We have to remove the cross, and the bearer of the cross, America." Erick said if you are a Christian you have a bull's-eye on your back.

Program: CBN Newswatch

Air Date and time: 11-28-2014 @ 8:00pm

7:03

Many experts are concerned about the US power grid. They warn it could be damaged through a physical or cyber attack. If terrorists took down the power grid, it could lead to chaos across the country. Because of the possible threat and the attack on the Metcalf sub station in California last year many substations have put up cameras and police, sheriffs, or private security patrol more often. The Electric Power Research Institute is developing ways to reinforce the power grids across the nation.

Program: CBN Newswatch

Air Date and time: 12-19-2014 @ 8:00pm

1:58

Sony produced a farcical comedy with a plot to assassinate North Korean leader Kim Jong-un. North Korea called the film an act of war and said the West would face merciless retaliation including attacks on theaters. Sony will not be releasing it even on DVD. Lowell Peterson from the Writer's Guild said Sony buckled at the threats because in the end, if there were actions to the threats, some would accuse Sony of having blood on their hands. Many across America are upset that Sony did not release the film e.g. movie stars and Senator John McCain. If the FBI (Federal Bureau of Investigations) can prove the threats and computer hacking are coming from Pyongyang in North Korea, they will consider them terrorist threats. The government then might cut North Korea's access to hard currency and declare it a state sponsor of terrorism.

Issue: Arctic Blast

Program: CBN Newswatch

Air Date and time: 11-12-2014 @ 8:00pm

1:56

An arctic blast is sending temperatures across the Mid West, all the way to Texas, and the entire East coast plummeting. This weather is expected to wreak havoc in many areas. Not all areas will see snow, but all areas will see a huge drop in temperature. Many states are warning people to try to stay safe and warm.