

Stir It Up Broadcast Summary: October – December 2022

<p>4.6.2018</p>	<p>Jaqueline Awe and Shawntell Phoenix Martin interview Maria Center and Phoenix Westfield from Girls on the Run.</p>	<p>Friday, 10.7.2022 12 pm – 1 pm</p>	<p>Maria Center talks about the organization and how it integrates running into experienced based curriculum, and how running builds girls' confidence. 97% of those who joined the organization learned critical skills: managing emotions, resolve conflicts, and making intentional decisions. Phoenix Westfield talks about her experience being a member of the organization, and how it has helped improved her confidence, and he ability to interact with others.</p>
<p>10.10.2022</p>	<p>Ms. Jaqueline Awe interviews Ms. Jennifer Darsey, Executive Director of the Chatham Savannah Authority for the Homeless.</p>	<p>Friday, 10.14.2022 12 pm – 1 pm</p>	<p>Darsey talks about the different levels of homelessness, what equates homelessness, the challenges of homelessness, and resources that are available.</p>
<p>10.17.2022</p>	<p>Ms. Jaqueline Awe interviews Kennedy Biven, President and Deja Hopkins, Vice President of</p>	<p>Friday, 10.21.2022 12 pm – 1 pm</p>	<p>Biven and Hopkins talk about their organization Active Minds and their</p>

	student organization, Active Minds		activities: Finding new ways/events to comfort new students on campus, and providing a support system.
10.31.2022	Ms. Jaqueline Awe and intern, James Whitehead interview guest Christopher Corinthian.	Friday, 11.4.2022 12 pm – 1 pm	Corinthian provides advice on how students can attend college debt free, and talks about how to find scholarships as well as provide tips on writing scholarship letters.
11.7.2022	Ms. Jaqueline Awe interviews Katrina Bostic, Executive Direct of Family Promise of the Coastal Empire.	Friday, 11.11.2022 12 pm – 1 pm	Bostic talks about how Family Promise of the Coast Empire assists families that are experiencing housing insecurities.
11.16.2022	Ms. Jaqueline Awe and Danielle Porter, President of SSU S.T.A.R. Student Coalition.	Friday, 11.18.2022 12 pm – 1 pm	Awe and Porter discuss the S.T.A.R. (Students That Are Rising) program at Savannah State University. S.T.A.R. provides campus students in need with clothing, food and toiletries. They also converse about their efforts to bring awareness to university student homelessness and hunger. Furthermore, information is provided on where to bring donations, and future events.

8.14.2020	Jacqueline Awe interviews Hannah Neal and Vira Salzburn from the Chatham County Safety Net Planning Council	Friday, 12.2.2022 12 pm – 1 pm	The guests discuss suicide prevention, signs to notice, the importance of talking about suicide to reduce the stigma, and the services that are offered by the organization.
1.18.2019	Shawntell Phoenix-Martin and Jacqueline Awe interviews Charity Lee, founder of the Ella Foundation.	Friday, 12.9.2022 12 pm – 1 pm	Charity Lee provides information about childhood trauma, how trauma can be experienced before the child is born and the effects of trauma as the individual grows. Additionally, information on what one should look for and do if their child has experienced trauma. Information about resources is also provided.