

Stir It Up Broadcast Summary July - September 2022

10.26.07	Host Jaqueline Awe interviews Ron Roberts, former Prevention Coordinator for the Rape Crisis Center	Friday, 7.8.2022 12 pm – 1 pm	Ron Roberts discuss the Rape Crisis Center's mission and services that are provided.
8.24.2018	Hosts Jaqueline Awe and Shawntell Phoenix-Martin interview nutritionist, Carolyn Guilford.	Friday, 7.15.2022 12 pm – 1 pm	Guilford discuss how to be healthy, and what being healthy means.
11.24.2017	Jaqueline Awe and Shawntell Phoenix-Martin interviews an International Board Certified Lactation Consultant (IBCL)	Friday, 7.22.2022 12 pm – 1 pm	The IBCL Consultant discuss how breast feeding rates among African American are very low, and the importance of breastfeeding for infant development. Additionally, information is provided about different ways to give birth (water birth, etc.), and where get help for mothers who are experiencing difficulty with latching.
5.7.2018	Jaqueline Awe interviews: Dentist, Dr. Ann Linton	Friday, 7.29.2022 12 pm – 1 pm	Dr. Linton discuss general dental care, the importance of taking care of your teeth, and how weak teeth and gums may be associated with ailments of the body.
4.30.2018	Jaqueline Awe interviews:	Friday, 8.5.2022	Public Health- Guests

	Kiwana Gilbert; Melissa Rings; Ronique Thomas from Coast Health District at Public Health Department.	12 pm – 1 pm	provide information on what public health is and what it does. They also discuss services that are provided such as: Hurricane evacuation- make sure it is safe to return, STD testing, WIC programs, Reproductive health, food inspections, and STD prevention on college campuses.
10.20.2017	Jaqueline Awe and Shawntell Phoenix-Martin interview Savannah State University students.	Friday, 8.12.2022 12 pm – 1 pm	Savannah State University students talk about their experiences, and issues when it comes to stress on campus. They also speak about how they deal with the stress offer tips for other students the may be experiencing stress.
August 2011	Jaqueline Awe interviews Beth H., master level nurse, RN, and Immunization Coordinator at the Coastal Health District	Friday, 8.19.2022 12 pm – 1 pm	Beth H. discuss the benefits of immunizations, diseases that have been eradicated with vaccines and dispel myths about immunizations.
8.16.2019	Jacqueline Awe interviews Whitney Gilliard from Gilliard & Company Foster Care	Friday, 10.8.2020 12 pm – 1 pm	Gilliard talks about resources her organization provides and advocacy work for those in foster care.
2.15.2019	Jaqueline Awe interviews:	Friday, 6.5.2020	CareSource is a care

	Matthew Gunn and David Ashley from CareSource.	12 pm – 1 pm	management Medicare organization for the state of Georgia. Gunn and Ashely discuss how CareSource is no cost or low cost health care, that not only offers Medicaid, but also GED testing, transportation, and planning for healthy babies.
4.13.2018	Dr. Shawntell Phoenix Martin interviews Francis Gillerson, and Yolanda Maxwell from Safe Shelter.	Friday, 9.9.2022 12 pm – 1 pm	Safe Shelter offers battered men and women shelter. Information is provided about the services available for those who have experienced abuse.
2.17.2017	Jacqueline Awe and Tadisha Young talk about Disability Services.	Friday, 9.16.2022 12 pm – 1 pm	Information about what disability services looks like on SSU's campus is provided. Additionally, the definition of disability services is addressed as well what it is like to live with a disability, and what people in the community to know about those living with disabilities.
10.13.2017	Jaqueline Awe and Shawntell Phoenix-Martin, and student intern, Leslie Shepherd.	Friday, 9.23.2022 12 pm – 1 pm	The panel talk about suicide and suicide prevention. They also provide information on resources, and where to get help.

<p>4.6.2018</p>	<p>Jaqueline Awe and Shawntell Phoenix Martin interview Maria Center and Phoenix Westfield from Girls on the Run.</p>	<p>Friday, 7.9.2021 12 pm – 1 pm</p>	<p>Maria Center talks about the organization and how it integrates running into experienced based curriculum, and how running builds girls' confidence. 97% of those who joined the organization learned critical skills: managing emotions, resolve conflicts, and making intentional decisions. Phoenix Westfield talks about her experience being a member of the organization, and how it has helped improved her confidence, and he ability to interact with others.</p>
-----------------	---	--	---