

Stir It Up Broadcast Summary January – March 2022

4.4.2014	Jaqueline Awe Interviews: Jodi Whitaker from the National Alliance on Mental Illness.	Friday, 1.14.2022 12 pm – 1 pm	Jodi Whitaker talks about her experience with mental health issues, and where she found assistance. Jodi works with NAMI, and provides listeners with information on resources available for anyone experiencing mental health crisis.
4.13.2018	Dr. Shawntell Phoenix Martin interviews Francis Gillerson, and Yolanda Maxwell from Safe Shelter.	Friday, 1.21.2022 12 pm – 1 pm	Safe Shelter offers battered men and women shelter. Information is provided about the services available for those who have experienced abuse.
1.25.2019	Jaqueline Awe and student guest interview Tamika Jonas, Prevention Coordinator at Rape Crisis	Friday, 1.28.2022	Tamika Jonas talks about the mission of the Rape Crisis Center, safe internet dating, and R. Kelly. The lack of support for black and belief in black women when it comes to sexual assault is discussed as well as the signs of possible molestation or assault.
2.15.2019	Dr. Shawntell Phoenix-Martin interviews Charity Lee, Director and Founder of the Ella	2.4.2022 12 pm – 1 pm	Charity Lee discuss her program, Beyond Violence. Beyond Violence a

	Foundation		curriculum that is used to help women process and work through the violence they have suffered or perpetuated.
2.22.2019	Jaqueline Awe interviews Dr. Debbie Hagins, Medical Director of the Coastl Health District; Grayzel Ellison, Chair of the Health and Human Services for The Links; and Stephen Williams, SSU student	2.11.2022 12 pm – 1 pm	The topic of this program is the HIV Prep grant that was awarded to SSU, and the activities of the grant that provides education about HIV and Prep.
10.20.2017	Jaqueline Awe and Shawntell Phoenix-Martin interview Savannah State University students.	Friday, 2.25.2022 12 pm – 1 pm	Savannah State University students talk about their experiences, and issues when it comes to stress on campus. They also speak about how they deal with the stress offer tips for other students the may be experiencing stress.
8.18.18	Jaqueline Awe interviews Claudia Phillips.	3.4.2022	Claudia Phillips' Atlanta based organization, "On My Mother's Shoulders" provides full size toiletries, ethnic hair care products and washcloths, etc. to homeless college students.
10.1.2018	Jaqueline Awe and Shawntell Phoenix-Martin interviews: Holland Morgan, Bereavement Coordinator from Full Circle Grief and Loss Center at Hospice Savannah.	Friday, 3.18.2022 12 pm – 1 pm	Holland Morgan provides information on bereavement and services that are provided: How to keep living and how to be healthy and move though

			<p>grief. Support groups, individual counseling, support for public school system, and businesses.</p>
<p>9.13.2019</p>	<p>Jacqueline Awe interviews Vira Salzburn and Stephen Williams from Chatham County Safety Net Planning Council</p>	<p>Friday, 3.25.2022 12 pm – 1 pm</p>	<p>Guests talk about mindful self-compassion, its meaning and what it entails.</p>