

Stir It Up Broadcast Summary: January - March 2024

Quarter 1

Taped	Guest(s)	Rebroadcast	Description
	Host Dr. Shawntell Phoenix Martin and Ms. Jaqueline Awe interview Jamie Espinon, professional counselor and Director of Full Circle Center for Education and Grief Support.	Friday, 1.5.2024 12 pm – 1 pm	Jamie Espinon discuss bereavement and grief services in the Savannah area.
8.24.2018	Hosts Jaqueline Awe and Shawntell Phoenix-Martin interview nutritionist, Carolyn Guilford.	Friday, 1.12.2024 12 pm – 1 pm	Guilford discuss how to be healthy, and what being healthy means.
6.19.2017	Jaqueline Awe interviews Mr. Bernard Polite and Ms. Brenda Elmgrin from Community Help, Incorporated.	Friday, 1.19.2024 12 pm – 1 pm	Guests discuss the services provided by Community Help, Inc. which includes Minor Home Repair & Paint Program to home owners in need of assistance with home repairs and painting as well as handicap individuals in need of assistance with construction of ramps for home access.
1.22.2024	Jaqueline Awe and student guest host, Jamerson Fundora interview, Mecca Mason,	Friday, 1.26.2024 12 pm – 1 pm	Mecca Mason provides information on community programs and

	Community Health worker from Georgia Coastal Health District.		partnerships. She also goes into in depth discussion about diabetes prevention, symptoms and causes. Furthermore, Mason delivers information about programs her organization offers to combat diabetes.
1.29.2024	Jaqueline Awe and student guest host, Courtney Blanks interview, Jenna Harcher, Outreach Coordinator from Savannah Speech and Hearing.	Friday, 2.2.2024 12 pm – 1 pm	Jenna Harcher provides information about hearing health, and the various programs and tests available at Savannah Speech and Hearing for those that are hearing impaired.
2.5.2024	Jaqueline Awe interviews Tawana Jones, Ronald Dunham and Adrea Elum from AmeriGroup.	Friday, 2.9.2024 12 pm – 1 pm	Jones, Dunham and Elum discuss upcoming community events, and resources to help those with Medicaid, as well as information about foster care and adoption assistance.