## QUARTERLY ISSUES/PROGRAMS LIST

ulong with the most significant programming treatment of those	Narration of Type and Description of Program/Segment  Bond on the First from Sern's; Northway  Norther Gard Cents  Norther Backwater - work with  Norther Backwater - work with  Norther Backwater - work with  Care Miller Floor with Ent  Care McDin, Exe, CP, of  Care McDin, Exe, CP, of  Christian of Wint in Dim on  When L'bring Sime (into, Church  Foste Grann,  We Hommer in Cime (into, Church  Foste Grann,  We Hommer in Company Simm (into, Church  Foste Grann,  To the Windows of Grann,  We Hommer in Company Simm (into, Church  Foste Grann,  To the Windows of Grann,  The Homen Service Cents of Church  The Strongward of Grann,  The Strong	
by Station HMER o means exhaustive. The order in which the issues appear does not reflect any priority or significant pro	Date Time Duration 5 miles 10.00 5 miles 10.00 5 miles 10.00 20 mi	
There follows a listing of some of the significant issues responded to by Station to Progression of Issue	Vorting Health to the Child in the Conting of the Holy Hard to have have her Kits I in the holy with the holy hard to have hard to have hard the holy to star law.	

Subject: Re: Fourth quarter issues

From: Josh Jones <josh@yourqfm.com>

Date: 12/12/2013 10:44 AM

To: phil@yourqfm.com

10/8 Safe Kids GF

10/11 Rick Holmberg

10/14 Teresa Lewis

10/16 FCA Rick Randazzo

10/17 Safe Kids GF

10/18 Rick Holmberg

10/21 Teresa Lewis

10/24 Usama Dakdok

10/25 Rick Holmberg

10/30 Pastor Matt Dehnert

10/30 GF Aglow

10/31 Safe Kids GF

11/6 Dr. Shiela Swenson

11/7 Pastor Ray Grace Baptist

11/8 Riverside Christian School

11/12 Flu Shots

11/14 GF Foster Care

12/4 Dr. Sheila Swenson

On Thu, Dec 12, 2013 at 9:33 AM, Phil Ehlke <phil@yourqfm.com> wrote:

hey sir...can you get me an Oct, Nov, Dec issues list. I have from Missy....just a good list of who you guys have interviewed and approximate day and time. Thanks, Phil

Phil Ehlke

General Manager

Pine to Prairie Broadcasting, Inc.

PO Box 180

Fosston, MN 56542

218-435-1073

Cell: <u>218-791-1939</u>

Josh Jones

PD/MD KKEQ Your Q FM

## THE MISSY OHE SHOW OCTOBER 2013

OCTOBER 6TH

NO SHOW

OCTOBER 13TH

Rick Holmberg

Emotional Intelligence
Rick shared with us about his background as a minister and then as a life coach. He
shared how he likes to help people believe in themselves and help them to get to where
they want to in life. He shared that often times we do not talk about ourselves very
highly and we need to train ourselves on how to overcome the negative self talk. He
shared how God wants us to help others with our gifts and we can not do that if we are
not helping ourselves first.

OCTOBER 20TH

Rick Holmberg

Emotional Intelligence
Rick shared with us about his background as a minister and then as a life coach. He
shared how he likes to help people believe in themselves and help them to get to where
they want to in life. He shared that often times we do not talk about ourselves very
highly and we need to train ourselves on how to overcome the negative self talk. He
shared how God wants us to help others with our gifts and we can not do that if we are
not helping ourselves first.

OCTOBER 27TH

JON ACUFF

START

Jon talked about his book START and like Rick shared the importance of positive self talk and going after your dreams. He talked about his life and the experiences he has had so far in life. He said that we don't have to wait 50 years to have the life we want we just have to go after it and stop waiting around for it. He talked about who his classes are good for and that he does training with Dave Ramsey's team of people.

## THE MISSY OHE SHOW NOVEMBER 2013

3 CHRIS HOGEN DAVE RAMSEY

Chris Hogen is part of Dave Ramsey's team. He talked about their programs and what they can do for their clients. He shared about the continued progress people can make with utilizing their next program that is designed to help future generations maintain the wealth. This process also helps to know the why behind where you give. They hope that generations within families will come together to learn from this process.

10 SACKS OF HOPE MARCY/KAITLYN

Two teenagers came together to create Sacks of Hope; which is a non profit. Their mission is to help people where ever they are within what ever means that they can. They do local charity work at nursing homes, food pantries, and food drives. They also do international work as well. They have gone to Haiti and brought supplies to the people there. They will be going back again in January. They hope to raise awareness of the needs that the people of this world have.

- Amanda shared her experiences while growing up being bullied. She wanted to help raise awareness that this is happening and something needs to be done about it. She shared that she has grown closer to God as she has grown older and that she has leaned on God for help and support. Brett Holfeld was also on the show. Brett is a professor at UND and teaches a course on Cyber Bullying. He shared his finding with us from his research and where he thinks things are headed with bullying, especially cyber bullying.
- ZACK BONNER
  Zack Bonner talked about the movie The Little Red Wagon. This movie was about his ventures helping the homeless. He took a wagon around his neighborhood to collect donations. One thing led to another and now he runs a non profit to help homeless children around the country. He has walked across the country from Florida to California and Florida to Washington DC to help raise funds and awareness for the homeless children.