

COMMUNITY ISSUES PROGRAM LIST- KLFV(FM)  
Fourth Quarter 2020 (October-December)  
Prepared by: Devona Porter, FCC Compliance Manager

The following is a listing of some of the significant issues responded to by KLFV(FM), GRAND JUNCTION, COLORADO, for the period of October 1 – December 31, 2020. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific Daylight Time.

1. MENTAL HEALTH
2. EDUCATION
3. HEALTH / WELLNESS
4. MILITARY VETS
5. PANDEMIC / QUARENTINE
  - EDUCATION
  - MENTAL HEALTH – CHILDREN
  - DOMESTIC ABUSE
6. DOMESTIC RELIEF & RESILIENCE

<b>Issue</b>	<b>Program</b>	<b>Date</b>	<b>Time</b>	<b>Duration</b>	<b>Description of Program</b>
Special Needs	Closer Look	Oct 11 Dec 27	7:00 pm	15 minutes	<p><b>Special Needs Families Get 'Buddy Breaks' With Nathaniel's Hope</b></p> <p>Special Needs families frequently suffer isolation. Nathaniel's Hope trains churches to provide respite care. Volunteers learn to do crafts and play games with the children for 3-hour blocks of time. <i>"There's no better cup of cold water you can give to a family impacted by disability than a break,"</i> says NH and Buddy Break co-founder Marie Kuck. It starts, she says, with having a willing heart. <i>"Tear down those walls and build friendships."</i> K-LOVE's Monika Kelly reports.</p> <p><b>RELATED LINKS:</b></p> <p><a href="#">Nathaniel's Hope - Buddy Breaks</a></p> <p><a href="#">Nathaniel's Hope - VIP Birthday Club</a></p>

Fire Safety	Closer Look	Nov 15	7:30 pm	20 minutes	<b>Grand Junction Fire Department</b>  A discussion about "Fire Safety and Prevention" efforts by the Grand Junction CO Fire Department.- Overview of the fire department.- How firefighting technology and fire suppression methods have changed over the years.- Emergency response plan in case of a large wildfire event.- Providing public education and engagement in the community in light of COVID-19.- Volunteer opportunities.
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Human Trafficking	Closer Look	Oct 11	7:15 pm	13 minutes	<p><b>'Without Permission' Educates Parents And Police On Human Trafficking</b></p> <p>Your teen meets a nice stranger at the mall. Or a guy she doesn't know likes all her posts on Instagram. What begins as flattery and flirtation has led thousands of kids -- kids just like yours -- down the dark and demeaning path to human trafficking. Groups like Without Permission urge parents to warn their teens about the tricks child predators use to trap victims. K-LOVE's Kindra Ponzio talks with CEO Debbie Johnson, CEO of Without Permission. 1509 K St, Modesto, CA 95354 209.622.0156</p> <p>Related Links: <a href="#">Without Permission provides a free guide for families</a> to become aware of dangers and to be safe 'digital citizens.'</p>
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Education	Closer Look	Oct 18	7:00 pm	28 minutes	<p><b>SCHOOL-AT-HOME: Advice For Distance Learning, Homeschooling</b></p> <p>Socially-distanced schooling in the age of COVID-19 has been bumpy for parents who feel inadequate as teachers. For some families, the shutdown drove disillusionment with public school curriculum, prompting a leap to homeschooling. Whether you homeschool or embrace distance learning, experts insist that school-at-home can indeed work for you. K-LOVE's Billie Branham reports.</p> <p>Guests:</p> <p>“Keeping it simple” is key says Arlene Pellicane, mom, author and host of <a href="#">Accessmore</a> podcast <i>A Happy Home</i>. “Master the basics. Just focus on like two things that would help this distance learning thing work.”</p> <p>As homeschoolers, parents take full responsibility for what their children learn, a method <a href="#">mentor and coach Kayla Weller</a> finds effective, flexible and fun. “You can teach them what they’re interested</p>
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					<p>in and there's no set rules for how to teach," and "you would be surprised how much kids absorb when you take the time work with them."</p>
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<p>Education - Distance Learning</p>	<p>K-LOVE's Positive People</p>	<p>Oct 19</p>	<p>Weekly Feature</p>	<p>60 seconds Podcast 7:07</p>	<p><b>Here's Expert Encouraging Advice for Parents &amp; Students Doing Virtual School from Home - Richard Hunt</b></p> <p>As millions of families enter the uncharted waters of virtual school from home, there is expert advice available. Dr. Kevin Corsini, the president of <a href="#">San Diego Christian College</a> joins us to share tips that can make online studies more practical, while at the same time keeping home life balanced. Normally, "We have a natural boundary in place between work and family, and it's called the office, or it's called the school, where you go to a separate physical location." But Dr. Corsini emphasizes, "And that's gone...the refuge that we call home is also a classroom, is also the office and it's beginning to blur the lines" of what needs to be a home space or a work or school environment. "Not only that, but it's impacting the roles in the family. You know, one minute you have to be a father. The next minute you have to be a teacher. The next minute, you're putting on your professional hat as well - and throughout the day, that can be very challenging." There is also the factor of a student feeling marginalized. Many online courses are pre-recorded videos that can create a gap between the student and teacher/professor, and input and association with fellow classmates.</p>
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					Join us in our podcast as Dr. Corsini shares tips for making this unexpected form of education work more smoothly.
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Community Needs - Disaster Relief	Closer Look	Oct 25 Nov 29	7:00 pm	28 minutes	<p><b>2020 'Convoy Of Hope' Hauls Relief To Storm, Fire and Virus Victims</b></p> <p>Closer Look update on our K-LOVE ministry partner! When disaster strikes, CONVOY OF HOPE big rigs show up, hauling so much more than tarps, lumber, bottled water and food. "It's starts with food but ends with Jesus," says COH spokesperson Jeff Nene. "Everywhere they go they just bring encouragement." Record storms, fires and floods kept Convoy of Hope busy this year and added to all that.. they're feeding millions of families hit by the pandemic! K-LOVE's Marya Morgan reports.</p> <p>RELATED LINKS:</p> <p><a href="https://www.klove.com/news/faith/convoy-of-hope-serves-10-million-meals-but-won-t-stop-there-12151">Convoy Of Hope</a></p> <p><a href="https://www.klove.com/news/faith/convoy-of-hope-serves-10-million-meals-but-won-t-stop-there-12151">https://www.klove.com/news/faith/convoy-of-hope-serves-10-million-meals-but-won-t-stop-there-12151</a></p>
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Military Vets Mental Health	Closer Look	Nov 15	7:00 pm	17 minutes	<p><b>24/7 Veterans Crisis Line for you or a loved one:</b></p> <ul style="list-style-type: none"><li>• Call <a href="tel:800-273-8255">800-273-8255</a>, then select 1. <a href="#">Start a confidential chat</a>. or Text <a href="tel:838255">838255</a>.</li><li>• If you have hearing loss, call TTY: <a href="tel:800-799-4889">800-799-4889</a>.</li></ul> <p><a href="#">PTSD Foundation of America</a> works to free veterans of debilitating anguish that can lead to a breakdown in mental health. K-LOVE's Bob Dittman talks with Ryan Rogers about healing from the 'moral injury' of combat. Peer-to-peer <a href="#">Warrior Groups</a> are available in cities nationwide.</p>
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<p>Military Vets Mental Health</p>	<p>Closer Look</p>	<p>Nov 15</p>	<p>7:18 pm</p>	<p>12 minutes</p>	<p><b>Arts &amp; Crafts Ease PTSD In Veterans</b></p> <p>Another, somewhat unique, outreach to injured vets utilizes leather, beads, paint and glue: since 1971, <a href="#">Help Heal Vets</a> has distributed more than 30-million arts and <a href="#">crafts kits</a> - model cars, <a href="#">leather work</a>, jewelry, needlepoint, clock-making - provided to veterans free of charge. But does art therapy work? "Yes," assures CEO Captain Joe McClain. "Got it's start in WWI and has been used by clinicians in every conflict throughout." K-LOVE's Bob Dittman reports.</p>
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Election 2020	Closer Look	Nov 1	7:00 pm	28 minutes	<p><b>Electoral College, President's Term: What Does the U.S. Constitution Say?</b></p> <p>What does the U.S. Constitution say about elections? The electoral college? What are the legal limits on presidential duties? K-LOVE's Marya Morgan talks with Katie Kennedy, a retired American government teacher and author of the illustrated children's book <i>The Constitution Decoded</i>. "If we don't know <a href="#">what the Constitution says</a>, we can't preserve our government."</p> <p>RELATED LINKS:</p> <p><a href="#">U.S. Constitution - National Archives (official)</a></p>
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Health & Well-Being	Closer Look	Nov 8	7:00 pm	28 minutes	<p><b>“Rest” is more than sleep. What kind of tired are you?</b></p> <p>Rest is the root of the word ‘restoration’ – and restoration is a principle that medical internist Dr. Sandra Dalton-Smith sees as crucial to seven distinct areas of your life. “Rest isn’t just the cessation of activity,” she says, suggesting that for optimal health “you have to get to the point of knowing what restores you. What fills you back up?”</p> <p>7 types of Rest: Physical, Mental, Emotional, Spiritual, Social, Sensory and Creative.</p> <p>Related Links:</p> <p><a href="#">Dr. Sandra Dalton-Smith - REST QUIZ - What Kind Of Rest Do You Need?</a></p>
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Health & Smoking	Closer Look	Nov 22	7:00 pm	27 minutes	<p><b>Vaping Often Fails As Alternative to Smoking</b></p> <p>Vaping is marketed as a safe alternative to traditional cigarettes, but 'dual use' plus dramatic surge in teen addiction and recent links to lung disease send most e-cig claims up in smoke. K-LOVE's Billie Branham talks with Linda Richter of the Center on Addiction and Dr. Michael Blaha, cardiovascular research director at Johns Hopkins Hospital.</p> <p>RELATED LINKS:</p> <p><a href="#">10 Surprising Facts About E-Cigarettes (Center on Addiction)</a></p> <p><a href="#">Outbreak of Lung Injury Associated with the Use of E-Cigarette, or Vaping, Products (Centers for Disease Control)</a></p> <p><a href="#">"5 Vaping Facts You Need to Know," by Dr. Michael Blaha M.D., M.D.H.</a></p>
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					<p><a href="#">Linda Richter, Dir. of the Policy of Research and Analysis for the Center on Addiction (bio)</a></p> <p><a href="#">"Can vaping damage your lungs? What we do (and don't) know," Harvard Health</a></p>
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Mental Health	Closer Look	Dec 6	7:00 pm	14 minutes	<p><b>It Doesn't Have To End This Way: Suicide Prevention</b></p> <p>If someone decides to end their own life, you may never fully understand why. "But you can imagine how much psychological pain that person had to be in," says Pat Gallinagh of Range Suicide Prevention Council.</p> <p>But it doesn't have to end that way. Suicide can be prevented. Talking is where it starts.</p> <p><b>"Say, 'yeah we see you're hurting, you're in a lot of pain' -- and let them know that help is available."</b></p> <p>Hear K-LOVE'S Becky Hansen talk with Gallinagh about suicide warning signs, help and hope.</p> <p><b>CALL THE NAT'L SUICIDE HOTLINE 1-800-273 TALK (8255)</b></p>
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					<p>Sometimes no matter how hard you try.. it's all just 'too much'. And that's okay. If you or someone you know is thinking of suicide... call the national hotline. TALK. You are loved.</p> <p><b>Or call the K-LOVE PASTORS: 1-844-364-HOPE (4673).</b></p>
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Mental Health	Closer Look	Dec 6	7:15 pm	13 minutes	<p><b>Build 'Emotional Resilience' To Cope With Disasters</b></p> <p>Trauma can settle into your mind and affect your conscious or subconscious no matter who you are - or how strong you think you 'should' be. K-LOVE's Monika Kelly talks with Jamie Aten, founder of the Humanitarian Disaster Institute which studies mental and emotional reactions to disasters and offers training for Christian leaders preparing to weather societal storms.</p> <p>Related Links:</p> <p><a href="#">Humanitarian Disaster Institute - Wheaton College, IL</a></p> <p><a href="#">Reopening the Church (HDI)</a></p> <p><a href="#">Spiritual First Aid Hub (HDI)</a></p>
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Mental Health Grief	Closer Look	Nov 8 Dec 6	7:30 pm	20 minutes	<p><b>Hope West Grief Center</b></p> <p>A discussion about managing and dealing with grief after a significant loss of a loved one. - Who is Hope West.- Grief support and counseling services that are provided through Hope West.- Does everyone manage/deal with grief in different ways.- How long does the grieving process last.- What should we not say or do when attempting to comfort someone who is grieving the loss of a loved one. - When is it time to seek professional help.- Success stories of people who have managed grief and moved on with their lives.</p>
Mental Health Grief	Closer Look	Nov 22 Dec 20	7:30 pm	20 minutes	<p><b>Palisade Grief Share</b></p> <p>A Closer Look at the Palisade Clifton Church Grief Share (GS) program/ministry.- Why are support groups important when dealing with the loss of a loved one.- What is GS and how does it help people who are grieving the loss of a loved one.- What resources does GS provide to support group participants. - If someone is struggling with grief, how do they know when it is time to seek help.- Who and what is the role of GS leaders and facilitators.</p>

Mental Health Kids	Closer Look	Dec 13	7:00 pm	28 minutes	<p><b>Help for Kids Suffering Sadness, Anxiety in Pandemic</b></p> <p>The digital age exposes modern kids to bad news and bitter opinions their parents never knew. “Social media, media, news, political unrest, all these things that once kids were mostly sheltered from - now they’re seeing them 24 hours a day,” notes Julie Lowe, licensed counselor and author of Childproof and <a href="#">Building Bridges: Biblical Counseling for Children and Teens</a> The barrage of mystifying information crowds into their minds alongside the other considerable pressures of growing up. This overload can drive kids into dangerous states of anxiety or depression. <a href="#">Suicides among young children have been steadily rising the last decade.</a> The COVID19 pandemic made a dire situation even worse. “The collective fatigue and grief and fear and despair and discouragement that we’re all feeling is also felt by every child,” says Dr. Margi McCombs, author of <a href="#">Peace Be Still: A Family Guide to Living in Crazy Days</a>. Child mental health experts urge parents to look for signs your child is struggling to process the tension and uncertainty of current events “We have to look at their behavior and figure out what’s going on</p>
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					<p>with them," McCombs warns. "They show it in isolation, in being irritable, they have meltdowns; they're crying, they're angry, they tend to be more selfish; they tend to try to control things around them because so many things in their lives are out of control."</p>
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Mental Health Kids	Closer Look	Dec 13	7:00 pm	28 minutes	<p>Shifts in behavior or intensity of that behavior are indicators they may be overwhelmed. “Parents need to be students of their kids, they need to understand them, listen to them and acknowledge their loss.” Helping kids take an inventory of their lives can help them get some balance and perspective. “We try to focus on what they have, but also on what they have lost - and helping them name that,” she says, for example, grieving the loss of prom, or missing making the football team or mourning the loss of marching band or wishing they could spend Friday nights with their friends, “and helping them understand it’s okay to be sad.” Lowe and McCombs agree parents must be <i>intentional</i> in engaging children to help them connect with their feelings and guide them to healthy habits for coping. “Struggles that children face are very much similar to the struggles adults face - human nature is the same, “says Lowe. “What is different is where they’re at developmentally.” She suggests that you think of your child as a puzzle that you deliberately work to solve. For younger children she recommends asking them to show you what they think about their world using art, dolls or puppets. To connect with teens, use YouTube videos and music they enjoy. “With teens, listen to them,” says</p>
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					<p>McCombs, adding that you must earn their trust so they will talk to you. Time spent together is the key to unlocking their opinions. "Spending time that is not a time for instruction, not time for correcting, not time for 'changing the furniture in their heart' -just for spending time with them so that they know you know you truly love them and care about what they're feeling."</p>
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Mental Health Kids	Closer Look	Dec 13	7:00 pm	28 minutes	<p>If you don't know where to start, begin by admitting your own frustration and acknowledge your own losses. "You can say I'm really frustrated right now too...but let's figure this out together." Don't be surprised if those life-changing conversations with your children are sparked in the moments before bedtime. "Those are often key moments when kids are free-thinking," explains Lowe, "those moments where as an adult I might be most tempted to just sit back and relax and kick up my feet are moments I could possibly be missing, prime times for talking with my young people." It all rests on being pro-active in pursuit of getting to know your kids. "Just entering into their room at night and sitting down on the edge of their bed and chatting with them... just meeting them where they're at on their own turf."</p>
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Domestic Abuse	Closer Look	Dec 20	7:00 pm	28 minutes	<p><b>Quarantine Drives Spike In Domestic Abuse</b></p> <p>Physical bruises are only small part of what some women and men suffer, says Annette Oltmans of The MEND Project, which brings awareness to what she calls ‘covert emotional abuse.’ "Victims begin questioning reality and their own sanity," she explains, herself a survivor of domestic abuse – and a Christian – who knows firsthand what’s it like to ‘live it.’ Pastor Paul Cole, president of the Christian Men’s Network, has been deeply concerned by the quarantine effect on families already stuffed in a pressure cooker of unhealthy reactions. “A lot of times, we as men act out of anger, rage, disappointment – and we lash out at people,” he says, and urges men in this trap to reach out for help. K-LOVE's Billie Branham reports.</p> <p>RELATED LINKS:  <b>The National Domestic Abuse Hotline 1-800-799-7233</b>  <a href="https://www.thehotline.org/">https://www.thehotline.org/</a>  <a href="#">The MEND Project - Educate. Equip. Restore</a>  <a href="#">Christian Men's Network</a></p>
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