COMMUNITY ISSUES PROGRAM LIST- KRKA Fourth Quarter 2020 (October-December) Prepared by: Renata Kiss, FCC Compliance Assistant

The following is a listing of some of the significant issues responded to by KRKA, SEVERANCE, CO for the period October 1st-December 31st. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific Daylight Time.

- 1. Special Needs
- Children's Mental Health
- 3. School at Home
- 4. Convoy of Hope
- 5. Suicide Prevention
- 6. Mental Health

Issue	Program	Date	Time	Duration	Description of Program
Special Needs	Closer Look	10/5/2020- 10/11/2020	7pm	15:46	Special Needs Families Get 'Buddy Breaks' With Nathaniel's Hope Special Needs families frequently suffer isolation, so Nathaniel's Hope trains churches to provide respite care. Volunteers learn to do crafts and play games with the children for 3-hour blocks of time. "There's no better cup of cold water you can give to a family impacted by disability than a break," says NH and Buddy Break co-founder Marie Kuck. It starts, she says, with having a willing heart. "Tear down those walls and build friendships." Related Links: https://www.nathanielshope.org/our-programs/vip-birthday-club/
Children's Mental Health	Closer Look	12/7/2020 - 12/13/2020	7pm	27:44	Help For Kids Suffering Sadness, Anxiety In Pandemic The digital age exposes modern kids to bad news and bitter opinions their parents never knew. The pandemic made a dire situation even worse. The barrage of mystifying information crowds their minds along with the other pressures of growing up. This can drive kids to anxiety, depression or even suicide. Monika Kelly gets advice from child mental health experts. Related Links: https://www.air1.com/news/closer-look/health-and-safety/help-for-kids-suffering-sadness-anxiety-in-pandemic-1077

School at Home	Closer Look	10/12/2020 - 10/18/2020	7pm	28:54	SCHOOL-AT-HOME: Advice For Distance Learning, Homeschooling "Keeping it simple" is key says Arlene Pellicane, mom, author and host of Accessmore podcast A Happy Home. "Master the basics. Just focus on like two things that would help this distance learning thing work." As homeschoolers, parents take full responsibility for what their children learn, a method mentor and coach Kayla Weller finds effective, flexible and fun. K-LOVE's Billie Branham reports.
Convoy of Hope	Closer Look	10/19/2020 - 10/25/2020	7pm	28:23	2020 'Convoy Of Hope' Hauls Relief To Storm, Fire and Virus Victims When disaster strikes, CONVOY OF HOPE big rigs show up, hauling so much more than tarps, lumber, bottled water and food. "It's starts with food but ends with Jesus," says COH spokesperson Jeff Nene. K-LOVE's Marya Morgan reports. Related Links: https://www.klove.com/news/faith/convoy-of-hope-serves-10-million-meals-but-won-t-stop-there-12151
Suicide Prevention	Closer Look	11/30/2020 - 12/6/2020	7pm	14:45	It Doesn't Have To End This Way: Suicide Prevention If someone decides to end their own life, you may never fully understand why. "But you can imagine how much psychological pain that person had to be in," says Pat Gallinagh of Range Suicide Prevention Council. If someone decides to end their own life, you may never fully understand why. "But you can imagine how much psychological pain that person had to be in," says Pat Gallinagh of Range Suicide Prevention Council. CALL THE NAT'L SUICIDE HOTLINE 1-800-273 TALK (8255) Or call the K-LOVE PASTORS: 1-844-364-HOPE (4673).

Mental Health	Closer Look	11/2/2020 - 11/8/2020	7pm	27:58	'Rest' Is More Than Sleep – What Kind Of Tired Are You? Rest is the root of the word 'restoration' – and restoration is a principle that medical internist Dr. Saundra Dalton-Smith sees as crucial to seven distinct areas of your life. "Rest isn't just the cessation of activity," she says, suggesting that for optimal health "you have to get to the point of knowing what restores you. What fills you back up?" 7 types of Rest: Physical, Mental, Emotional, Spiritual, Social, Sensory and Creative. Related Links: https://ichoosemybestlife.com/quiz/rest-quiz-test/
Goodwill helps Coloradans	Local News	12/13/2020	7:30pm	n/a	Dan Beck talks with the Marketing and Communications Manager of Goodwill of Colorado about their programs and the merging of two organizations to better serve the states' residents who need their help.
Access Opportunity Helping First- Generation College Students	Local News	11/15/2020	7:30pm	n/a	Access Opportunity is helping students in low-income and first- gen families go to college through mentoring, tutoring, scholarship funding and grants so they can change their community for the better and have a brighter future. Dan Beck talks with their Development Director about this changes everything for the students and their families.
Professionals Changing The World Through Ideas	Local News	11/8/2020	7:30pm	n/a	Ideas is a group helping professionals serve the underserved around the globe in hard-to-help areas where local conditions can often be harsh or dangerous.