

## WHB Community Issues

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**How to enter the blanks:** Under *Issue*, a one or two word description of the topic – “ALS Awareness”. *Program* is the show or feature and *Date/Time* is self-explanatory. Please list the time spent on the subject under *Duration*. Under *Segment*, write a short narrative explaining how the issue was covered – “Darren McBrattney was interviewed regarding Driving for Bruce, a project to raise money for ALS Research”. This can be very short. Questions? See Jason Justice.

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Mental Health Day	Sports Psychology Hour with Dr. Andrew Jacobs	10/6/19 6AM	60 minutes	Signs there could be a problem
Effort	Sports Psychology Hour with Dr. Andrew Jacobs	10/13/19 6AM	60 minutes	Judging the correct amount
Failure	Sports Psychology Hour with Dr. Andrew Jacobs	10/20/19 6AM	60 minutes	Understanding that it's part of everyone's life
Kids' athletic participation	Sports Psychology Hour with Dr. Andrew Jacobs	10/27/19 6AM	60 minutes	How much is too much
Parental violence at youth sports	Sports Psychology Hour with Dr. Andrew Jacobs	11/3/19 6AM	60 minutes	Attitudes that encourage it

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Gambling addiction	Sports Psychology Hour with Dr. Andrew Jacobs	11/10/19 6AM	60 minutes	How to get help overcoming it
Mental prep	Sports Psychology Hour with Dr. Andrew Jacobs	11/17/19 6AM	60 minutes	How to get ready for big events
Social media	Sports Psychology Hour with Dr. Andrew Jacobs	11/24/19 6AM	60 minutes	How it can effect confidence
Yelling at someone	Sports Psychology Hour with Dr. Andrew Jacobs	12/1/19 6AM	60 minutes	Does it motivate?
Mental health	Sports Psychology Hour with Dr. Andrew Jacobs	12/8/19 6AM	60 minutes	Maintaining it

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Focus	Sports Psychology Hour with Dr. Andrew Jacobs	12/15/19 6AM	60 minutes	Why maintaining it is important
Child abuse by coaches	Sports Psychology Hour with Dr. Andrew Jacobs	12/22/19 6AM	60 minutes	Watching for signs
Success	Sports Psychology Hour with Dr. Andrew Jacobs	12/29/19 6AM	60 minutes	What does it look like to you?

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