

WHB Community Issues

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How to enter the blanks: Under *Issue*, a one or two word description of the topic – “ALS Awareness”. *Program* is the show or feature and *Date/Time* is self-explanatory. Please list the time spent on the subject under *Duration*. Under *Segment*, write a short narrative explaining how the issue was covered – “Darren McBrattney was interviewed regarding Driving for Bruce, a project to raise money for ALS Research”. This can be very short. Questions? See Jason Justice.

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Overall mental health	Sports Psychology Hour with Dr. Andrew Jacobs	4/1/18 7AM	60 minutes	How to stay mentally healthy in a hectic life
Achievements	Sports Psychology Hour with Dr. Andrew Jacobs	4/8/18 7AM	60 minutes	At what age should they start to matter
Keys to success	Sports Psychology Hour with Dr. Andrew Jacobs	4/15/18 7AM	60 minutes	Strategies to achieve goals
Overall mental health (replay)	Sports Psychology Hour with Dr. Andrew Jacobs	4/22/18 7AM	60 minutes	How to stay mentally healthy in a hectic life
Why authority figures need good character	Sports Psychology Hour with Dr. Andrew Jacobs	4/29/18 7AM	60 minutes	How the character of a coach can affect a team

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Pathways to success	Sports Psychology Hour with Dr. Andrew Jacobs	5/6/18 7AM	60 minutes	Spoke with Royals announcer Steve Physioc
Moms	Sports Psychology Hour with Dr. Andrew Jacobs	5/13/18 7AM	60 minutes	Annual show appreciating all moms do
Why authority figures need good character (replay)	Sports Psychology Hour with Dr. Andrew Jacobs	5/20/18 7AM	60 minutes	How the character of a coach can affect a team
Sportsmanship	Sports Psychology Hour with Dr. Andrew Jacobs	5/27/18 7AM	60 minutes	How it translates into everyday life.
Patience	Sports Psychology Hour with Dr. Andrew Jacobs	6/3/18 7AM	60 minutes	Deciding when to be patient and when its ok to push for an outcome

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Mind set	Sports Psychology Hour with Dr. Andrew Jacobs	6/10/18 7AM	60 minutes	Keeping the right frame of mind and perspective through tough times
Fathers	Sports Psychology Hour with Dr. Andrew Jacobs	6/17/18 7AM	60 minutes	Why it's important to be involved but also give space for failure
Losing	Sports Psychology Hour with Dr. Andrew Jacobs	6/24/18 7AM	60 minutes	Dealing with it

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