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ISSUE	PROGRAM	DATE/TIME	<u>DURATION</u>	<u>SEGMENT</u>
Being fair	Sports Psychology Hour with Dr. Andrew Jacobs	7/7/19 7AM	60 minutes	Being a good sport in all aspects
Communicating with kids	Sports Psychology Hour with Dr. Andrew Jacobs	7/14/19 7AM	60 minutes	Best methods
How to learn from loss	Sports Psychology Hour with Dr. Andrew Jacobs	7/21/19 7AM	60 minutes	Prepare kids to deal with failures
Women in sports as role models	Sports Psychology Hour with Dr. Andrew Jacobs	7/28/19 7AM	60 minutes	Some examples
Imparting kids with confidence	Sports Psychology Hour with Dr. Andrew Jacobs	8/4/19 7AM	60 minutes	How to build confidence in children

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ISSUE	PROGRAM	DATE/TIME	<u>DURATION</u>	<u>SEGMENT</u>
How to learn from loss (replay)	Sports Psychology Hour with Dr. Andrew Jacobs	8/11/19 7AM	60 minutes	Prepare kids to deal with failures
Recovery from injury	Sports Psychology Hour with Dr. Andrew Jacobs	8/18/19 7AM	60 minutes	How to approach rehabs
Depression and anxiety	Sports Psychology Hour with Dr. Andrew Jacobs	8/25/19 7AM	60 minutes	Understanding what's normal
Fans mistreating athletes	Sports Psychology Hour with Dr. Andrew Jacobs	9/1/19 7AM	60 minutes	Everyone is human
Recovery from injury (replay)	Sports Psychology Hour with Dr. Andrew Jacobs	9/8/19 7AM	60 minutes	How to approach rehabs

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ISSUE	PROGRAM	DATE/TIME	DURATION	SEGMENT
Negativity	Sports Psychology Hour with Dr. Andrew Jacobs	9/15/19 7AM	60 minutes	How it hurts everyone
Depression and anxiety (replay)	Sports Psychology Hour with Dr. Andrew Jacobs	9/22/19 7AM	60 minutes	Understanding what's normal
Pressure	Sports Psychology Hour with Dr. Andrew Jacobs	9/29/19 7AM	60 minutes	When is it too much?

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