

**Issues and Programs**

**First Quarter 2020**

**Community Affairs Programming**

**KQSC 1530AM Colorado Springs, Co**

**K297BQ 107.3FM, Colorado Springs - K249FK 97.7, Pueblo**

**ISSUES**

**1 Health**

**2 Social Issues**

**3 Humane Society Pikes Peak Region**

**4 Military**

**1 Health**

Jan 7, 2020

0805 - 0815 For the Health Of It Show

10 minute weekly health talk show focused on a variety of health related issues.

Guest host Dr Seth Ryan Topic: Good exercise habits, working out safely

Jan 14, 2020

0805 - 0815 For the Health Of It Show

10 minute weekly health talk show focused on a variety of health related issues.

Guest host Dr Seth Ryan Topic: Fats over sugars, heart healthy diet choices

Jan 28, 2020

0805 - 0815 For the Health Of It Show

10 minute weekly health talk show focused on a variety of health related issues.

Guest host Dr Seth Ryan Topic: Hearth Health

Feb 4, 2020

0805 - 0815 For the Health Of It Show

10 minute weekly health talk show focused on a variety of health related issues.

Guest host Dr Seth Ryan Topic: Chronic headache, causes, and 3 tips to help

Feb 11, 2020

0805 - 0815 For the Health Of It Show

10 minute weekly health talk show focused on a variety of health related issues.

Guest host Dr Seth Ryan Topic: Sugar the empty nutrient, 3 tips to kick the habit

Mar 3, 2020

0805 - 0815 For the Health Of It Show

10 minute weekly health talk show focused on a variety of health related issues.

Guest host Dr Seth Ryan Topic: Lectin how and why to avoid it

## **2 Social Issues**

Jan 17, 2020

0705 - 0730 Guest: Susan DeNapoli

3 segments as guest on show to promote non-profit "Be Ovary Aware" and upcoming events

Jan 23, 2020

0815 - 0830 On Air Guest: Martin

Description: Friends of the NRA Annual Banquet in February. (non-Profit)

Feb 6, 2020

0700 - 0730 On Air Guest: Jon Carol

Description: Special Kids Special Families Bowl-A-Thon (non-Profit)

## **3 Human Society of the Pikes Peak Region**

Jan - March 2020

The First Friday of each month we host the Pet Of the Month, Kate Avive from the Pueblo branch of the Humane Society of the Pikes Peak Region joins us in the studio with the pet. Generally two 5 minute segments, plus posting of the pet and live video on station social media.

#### **4 Military**

Mar 18, 2020

0730 - 0740 On Air Guest: John Sledgianowski"

Description: Special guest from AAFMA to talk about financial planning, wealth management and other words for financial advice to military members and veterans.