



**KTCK
DALLAS/FORT WORTH
ISSUE/PROGRAM REPORT
FIRST QUARTER 2014
April 1, 2014**



Part 1 – INTRODUCTION

KTCK (AM), licensed to Dallas, TX, and KTCK (FM), licensed to Flower Mound, TX, serve the Dallas/Fort Worth area. From January 1 through March 31, 2014, KTCK (AM) & KTCK (FM) aired 60 minutes of public affairs programming weekly. This includes a locally produced weekly program (“Impact Texas”) which focuses on issues affecting our local community and includes guests who have knowledge of these topics.

Weekend Programming:

“Impact Texas” – every Saturday morning from 6:00a – 6:30a.

Details about individual Impact Texas segments are included in Part 2 of this report.

“Info Tracks” – every Saturday morning from 6:30a – 7:00a

KTCK is a participant in “The Amber Plan”, in which area radio stations alert the public of confirmed child abductions. In the First Quarter of 2014, KTCK activated “The Amber Plan” when necessary, to provide information about child abductions to the general public.

KTCK has determined the following to issues of concern to our audience during the First Quarter of 2014:

- 1-Home Ownership/Homelessness
- 2-Jobs & Nonprofit management
- 3-Health
- 4-Child Safety
- 5-Teen pregnancy/Teen Mother Services

During this time if KTCK participated in Community Service Projects, they are listed and described in Part 3.

During the First Quarter of 2014, KTCK ran a total of 150 minutes/week recorded and live PSAs. The PSAs aired through all day parts, Monday through Sunday from 6:00 AM until 5:59 AM. The following pages describe the station’s most significant treatment of the previously described community issues of concern.

Part 2 – KTCK’s SELECTED ISSUES OF CONCERN

SERIES TITLE: Impact Texas
PROGRAM: Banking On Our Future
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday – January 4, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: We spoke to the Program Director of Banking on Our Future, a program of Operation Hope. We spoke about the programs they provide families and children regarding money management for the new year.

SERIES TITLE: Impact Texas
PROGRAM: Girls Inc
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday – January 11, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: We spoke to Lori Palmer, CEO of Girls Inc of Metropolitan Dallas. We spoke about what this organization is doing to empower young girls to become interested in areas like STEM. We spoke also about challenges facing girls such as eating disorders and bullying.

SERIES TITLE: Impact Texas
PROGRAM: Girls Inc
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday – January 18, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: We spoke to Lori Palmer, CEO of Girls Inc of Metropolitan Dallas. We spoke about what this organization is doing to empower young girls to become interested in areas like STEM. We spoke also about challenges facing girls such as eating disorders and bullying.

SERIES TITLE: Impact Texas
PROGRAM: Sky Ranch
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday – January 25, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House

DESCRIPTION: We spoke to the Executive Director, Linda Paulk, about the services Sky Ranch provides as a camp for children, particularly those who are disadvantaged. We also spoke about their upcoming events and volunteer opportunities.

SERIES TITLE: Impact Texas
PROGRAM: Girl Scouts of Northeast Texas
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday –February 1, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: We spoke to Jennifer Bartkowski, Executive Vice President, and Chief Operating Officer for Girl Scouts of Northeast Texas. We spoke not only about their cookie program, but about the multiple camps in North Texas, the leadership skills Girl Scouts provides, as well as volunteer and event information.

SERIES TITLE: Impact Texas
PROGRAM: Alley's House
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday – February 8, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: We spoke to Rachel Branaman, Executive Director of Alley's House about the services this organization provides to teen mothers, as well as their several month program to help these mothers with areas such as financial management.

SERIES TITLE: Impact Texas
PROGRAM: Contact Crisis Line
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday –February 15, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: This week we spoke to Benaye Rogers, Executive Director at Contact Crisis Line. We spoke about the various types of calls the organization handles, volunteer opportunities, as well as ways to overcome various difficult moments.

SERIES TITLE: Impact Texas
PROGRAM: Center for Nonprofit Management
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday –February 22. 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House

DESCRIPTION: This week we spoke to the Vice President of Programs & Operations for the Center for Nonprofit Management, Katie Edwards. We spoke about how the Center helps nonprofits in areas such as forming a board, financial management, and others. We also spoke about their free classes and volunteer opportunities for the public.

SERIES TITLE: Impact Texas
PROGRAM: Multiple Sclerosis Society
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday –March 1, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: This week's guest was Leah Weatherl, Vice President of Development for the MS Society in North Texas. We spoke about MS Awareness Week, what MS is, as well as their events Bike MS and Walk MS. We also talked about volunteer opportunities with the organization.

SERIES TITLE: Impact Texas
PROGRAM: Dallas Area Habitat for Humanity
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday – March 8, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: This week we spoke to Bill Hall, CEO for the Dallas Area Habitat For Humanity. We spoke about the history of Habitat for Humanity in Dallas, how to qualify for a home through Habitat, what home ownership means to the city and to the prospective new owner, as well as volunteer opportunities with the organization.

SERIES TITLE: Impact Texas
PROGRAM: Kidney Foundation of North Texas
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday –March 15, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: During Kidney Disease Awareness Month, we spoke to Mark Edwards, Divisional Program Director for the National Kidney Foundation in North Texas. We talked about kidney disease, organ donation and transplantation as well as their multiple events in North Texas, and volunteer opportunities.

SERIES TITLE: Impact Texas
PROGRAM: Crohns & Colitis Foundation
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday –March 22, 2014

TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: We spoke to the Executive Director, Jacqueline Leech, with the Crohns & Colitis Foundation of North Texas about the organization, IBD/IBS as well as their upcoming Take Steps Walk.

SERIES TITLE: Impact Texas
PROGRAM: Dallas Children's Advocacy Center
SEGMENT LENGTH: 30 minutes
DATE AIRED: Saturday – March 29, 2014
TIME AIRED: 6:00 AM – 6:30 AM
SOURCE: Local In-House
DESCRIPTION: We spoke to Lynn Davis, CEO for Dallas Children's Advocacy Center. April is National Child Abuse Prevention Awareness Month, so we spoke about the work DCAC does to deal with child abuse in Dallas. We also spoke about various events coming up in April as well as signs of child abuse.

Part 3 – OTHER COMMUNITY INVOLVEMENT FOR KTCK

COMMUNITY EVENTS

1/15/14 Texans Can Day – The Ticket invited 25 listeners who donated money to Texans Can Academy to sit in studio for the Norm Hitzges Show 10a-12noon.

3/18/14 Malik Madness -- The Ticket's afternoon show, The Hardline, broadcast live from Lake Highlands High School for Malik Madness. The event was raising money for Malik Little, a Merriman Park Elementary school student who is battling lymphoma. The Ticket solicited donations from listeners and promoted the event on-air in the days leading up to the event.

3/22/14 Dallas Stars Community Chest Charity Alumni Game -- The Ticket promoted the inaugural Dallas Stars Alumni game raising money for the Community Chest Charity. The Ticket promoted the event in the weeks leading up both on-air and on-line. Proceeds from the Alumni Game were donated to the Stryker family, area youth hockey associations, and future needs of the community.

3/26/14 The Cumulus Job Fair – The Ticket broadcast live from 10a-12 noon with Norm Hitzges at the Cumulus Job Fair. The event was promoted by all 7 radio stations in the Cumulus cluster offering listeners a free forum to meet and talk with local businesses who are hiring.

**ISSUES AND PROGRAMS
QUARTERLY DOCUMENTATION
FIRST QUARTER 2014**

KTCK-AM/FM

<i>ISSUES</i>	<i>SOURCE/ DURATION</i>	<i>TIME</i>	<i>DAY/DATE</i>
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JANUARY 2014

<i>Impact Texas</i> <i>Banking On Our Future</i>	<i>Local In-House</i> 30:00	<i>6a-6:30a</i>	<i>SAT 1/04</i>
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<i>InfoTrak</i> <i>Parenting Issues, Education, Children's Issues, Family</i>	<i>Other</i> 10:54	<i>6:30a-7a</i>	<i>SAT 1/04</i>
<i>Violence, Education, Child Safety Police & Crime</i>	6:23		
<i>Parenting Issues, Youth At Risk, Consumer Issues</i>	4:37		

<i>Impact Texas</i> <i>Girls, Inc.</i>	<i>Local In-House</i> 30:00	<i>6a-6:30a</i>	<i>SAT 1/11</i>
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<i>InfoTrak</i> <i>Employment</i>	<i>Other</i> 8:04	<i>6:30a-7a</i>	<i>SAT 1/11</i>
<i>Police & Crime, Violence, Legal Matters</i>	9:10		
<i>Education, Youth At Risk</i>	5:07		

<i>Impact Texas</i> <i>Girls, Inc.</i>	<i>Local In-House</i> 30:00	<i>6a-6:30a</i>	<i>SAT 1/18</i>
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<i>InfoTrak</i> <i>Education, Parenting</i>	<i>Other</i> 8:57	<i>6:30a-7a</i>	<i>SAT 1/18</i>
<i>Legal Matters, Poverty, Government Policies</i>	8:09		
<i>Personal Health, Children, Parenting</i>	4:45		

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JANUARY 2014 (cont'd)

<i>Impact Texas Sky Ranch</i>	<i>Local In-House 30:00</i>	<i>6a-6:30a</i>	<i>SAT 1/25</i>
<i>InfoTrak Senior Citizens, Personal Health, Career Unemployment, Government Policies, Economy Personal Health</i>	<i>Other 9:17 7:57 4:54</i>	<i>6:30a-7a</i>	<i>SAT 1/25</i>

FEBRUARY 2014

<i>Impact Texas Girl Scouts of Northeast Texas</i>	<i>Local In-House 30:00</i>	<i>6a-6:30a</i>	<i>SAT 2/01</i>
<i>InfoTrak Substance Abuse, Government Regulations, Parenting Consumer Issues, Education Environmental Issues, Energy, Consumer Issues</i>	<i>Other 9:22 7:52 4:54</i>	<i>6:30a-7a</i>	<i>SAT 2/01</i>
<i>Impact Texas Alley's House</i>	<i>Local In-House 30:00</i>	<i>6a-6:30a</i>	<i>SAT 2/08</i>
<i>InfoTrak Poverty, Government Regulations, Personal Finance Affordable Housing, Poverty Consumer Issues Mental Health, Women's Issues</i>	<i>Other 11:05 6:07 4:48</i>	<i>6:30a-7a</i>	<i>SAT 2/08</i>

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KTCK-AM/FM

<i>ISSUES</i>	<i>SOURCE/ DURATION</i>	<i>TIME</i>	<i>DAY/DATE</i>
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FEBRUARY 2014 (cont'd)

<i>Impact Texas</i> <i>Contact Crisis Line</i>	<i>Local In-House</i> 30:00	<i>6a-6:30a</i>	<i>SAT 2/15</i>
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<i>InfoTrak</i> <i>Personal Health, Workplace Matters,</i> <i>Career</i>	<i>Other</i> 7:24	<i>6:30a-7a</i>	<i>SAT 2/15</i>
<i>Parenting, Personal Health</i>	9:36		
<i>Citizenship, Education</i>	4:52		

<i>Impact Texas</i> <i>Center for Nonprofit Management</i>	<i>Local In-House</i> 30:00	<i>6a-6:30a</i>	<i>SAT 2/22</i>
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<i>InfoTrak</i> <i>Child Abuse, Parenting</i>	<i>Other</i> 8:31	<i>6:30a-7a</i>	<i>SAT 2/22</i>
<i>Retirement Planning, Senior Citizens,</i> <i>Personal Finance</i>	8:41		
<i>Economy, Consumer Matters</i>	5:01		

MARCH 2014

<i>Impact Texas</i> <i>Multiple Sclerosis Society</i>	<i>Local In-House</i> 30:00	<i>6a-6:30a</i>	<i>SAT 3/01</i>
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<i>InfoTrak</i> <i>Crime, Government Policies</i>	<i>Other</i> 8:47	<i>6:30a-7a</i>	<i>SAT 3/01</i>
<i>Children's Health, Parenting,</i> <i>Education</i>	8:24		
<i>Environment, Consumer Matters</i>	4:52		

**ISSUES AND PROGRAMS
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FIRST QUARTER 2014**

KTCK-AM/FM

<i>ISSUES</i>	<i>SOURCE/ DURATION</i>	<i>TIME</i>	<i>DAY/DATE</i>
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MARCH 2014 (cont'd)

<i>Impact Texas</i> <i>Dallas Area Habitat for Humanity</i>	<i>Local In-House</i> <i>30:00</i>	<i>6a-6:30a</i>	<i>SAT 3/08</i>
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<i>InfoTrak</i> <i>Military Families Issues, Government Policies, Mental Health Personal Health Education, Government Policies, Children's Issues</i>	<i>Other</i> <i>9:16 9:16 4:37</i>	<i>6:30a-7a</i>	<i>SAT 3/08</i>
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<i>Impact Texas</i> <i>Kidney Foundation of North Texas</i>	<i>Local In-House</i> <i>30:00</i>	<i>6a-6:30a</i>	<i>SAT 3/15</i>
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<i>InfoTrak</i> <i>Mental Health, Parenting, Suicide Privacy, Government Policies, Consumer Matters Health, Children's Issues</i>	<i>Other</i> <i>10:56 6:17 4:57</i>	<i>6:30a-7a</i>	<i>SAT 3/15</i>
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<i>Impact Texas</i> <i>Crohns & Colitis Foundation</i>	<i>Local In-House</i> <i>30:00</i>	<i>6a-6:30a</i>	<i>SAT 3/22</i>
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<i>InfoTrak</i> <i>Drug Abuse, Government Policies, Crime Employment, Education Personal Health, Women's Issues</i>	<i>Other</i> <i>8:38 8:36 5:04</i>	<i>6:30a-7a</i>	<i>SAT 3/22</i>
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<i>Impact Texas</i> <i>Dallas Children's Advocacy Center</i>	<i>Local In-House</i> <i>30:00</i>	<i>6a-6:30a</i>	<i>SAT 3/29</i>
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<i>InfoTrak</i> <i>Employment Matters, Career Personal Health, Drug Abuse, Government Policies Charitable Contributions, Recycling, Consumer Issues, Senior Issues</i>	<i>Other</i> <i>8:49 8:30 4:58</i>	<i>6:30a-7a</i>	<i>SAT 3/29</i>
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Call Letters: KTCK-AM/FM

Weekly Public Affairs Program

QUARTERLY ISSUES REPORT, JANUARY – MARCH 2014

Show # 2014-01

Date aired: 1/04/14 Time Aired: 6:30A-7:00A

Marlene Targ Brill, childhood development and education expert and author of "Raising Smart Kids for Dummies"

Ms. Brill talked about simple steps that parents can take to raise well-rounded kids and help them to become academic achievers.

Issues covered:

Length: 10:54

**Parenting Issues
Education
Children's Issues
Family**

Ken Druck, PhD, psychologist and founder of the Families Helping Families program, has worked with families at Columbine and Santana High Schools and at other sites of tragedy

Dr. Druck talked about the ongoing epidemic of school shootings and other violence, and its possible causes. He also discussed the safety issues every parent needs to discuss with their children and how to do it.

Issues covered:

Length: 6:23

**Violence
Education
Child Safety
Police & Crime**

Kimberly Thompson, Creator and Director, Kids Risk Project at Harvard University and Co-Founder and Director of Research, Center on Media and Child Health, Children's Hospital in Boston, and **Kevin Haninger**, a doctoral student at Harvard

Professor Thompson and Mr. Haninger discussed their study that found that 48 percent of video games rated for teenagers have more sex, violence, substance abuse and gambling than is described on the game box. They gave tips for concerned parents on how to make sure the game their teen is buying is within the boundaries parents set.

Issues covered:

Length: 4:37

**Parenting Issues
Youth at Risk
Consumer Issues**

Show # 2014-02

Date aired: 1/11/14 Time Aired: 6:30A-7:00A

Phil Gaddis, President, Executive Search at the Addison Group, a Chicago-based provider of professional staffing and search services

Recent statistics show that the average American changes careers seven times. Mr. Gaddis explained why the turnover has increased so rapidly in recent decades, and offered advice for people who are considering a career change.

Issues covered:
Employment

Length: 8:04

Lance LoRusso, Atlanta-based attorney, former law enforcement officer, author of *"When Cops Kill: The Aftermath of a Critical Incident"*

Mr. LoRusso said police officers are well-trained on when and how to use their weapons, but are ill-prepared for what to do in the aftermath. He explained how the investigation of a police shooting differs significantly from one involving a civilian. He estimated that 75% of officers involved in a deadly force incident are the target of a civil lawsuit, whether the shooting was justified or not.

Issues covered:
Police & Crime
Violence
Legal Matters

Length: 9:10

Jonathan T. Jefferson, PhD, school administrator, author of *"Mugamore: Succeeding without Labels—Lessons for Educators"*

Dr. Jefferson said he believes that today's education system needs to change the way it handles problem students. He said zero tolerance policies and the application of labels to students who have behavioral or learning disorders causes many of them to be left behind. He believes that schools personnel need to exercise more patience with immature students to give them time to grow into productive students.

Issues covered:
Education
Youth at Risk

Length: 5:07

Show # 2014-03

Date aired: 1/18/14 Time Aired: 6:30A-7:00A

Dara Feldman, award-winning teacher, Director of Educational Initiatives for The Virtues Project, author of "*The Heart of Education*"

Ms. Feldman noted that 50 percent of new teachers get burned out in their first five years on the job and end up leaving the profession. She explained why this is such a costly problem and how it damages our nation's education system. She offered suggestions for concerned parents who would like to help and encourage stressed-out teachers.

Issues covered:

Length: 8:57

Education
Parenting

Sheldon Krantz, Distinguished Visiting Professor of Law at the University of Maryland Carey School of Law, former dean of the University of San Diego Law School, former law professor at the Boston University Law School, former federal prosecutor, author of "*The Legal Profession: What Is Wrong and How to Fix It*"

Mr. Krantz said legal services should be available to every American, whether they can afford it or not. He said attorneys do not provide nearly enough pro bono services. He said many of today's law students would be willing to work in the public interest, but are often mired down in student debt. He would like to see loan forgiveness programs or other new initiatives that would enable young lawyers to help lower-income litigants.

Issues covered:

Length: 8:09

Legal Matters
Poverty
Government Policies

Brenda Shields, M.S., research coordinator, Center for Injury Research and Policy, Columbus Children's Hospital in Ohio

Ms. Shields discussed a recent study into the increasing dangers for young people involved in cheerleading. Her research found that emergency room visits are becoming much more common as cheerleading routines have added complex gymnastic moves. She outlined the questions that parents should ask, to be sure coaches are properly qualified.

Issues covered:

Length: 4:45

Personal Health
Children
Parenting

Show # 2014-04

Date aired: 1/25/14 Time Aired: 6:30A-7:00A

Karl Pillemer, PhD, Hazel E. Reed Professor in the Department of Human Development and Professor of Gerontology in Medicine at the Weill Cornell Medical College, Founder and Director of the Cornell Institute for Translational Research on Aging, author of "*30 Lessons On Living: Tried and True Advice from the Wisest Americans*"

Dr. Pillemer interviewed more than 1,000 Americans over the age of 65 to seek their counsel on all of life's big issues: children, marriage, money, career and aging. He explained why younger people should take advantage of this rich resource of older Americans' wisdom. He recommends that young people talk to older members of their own family before it is too late.

Issues covered:

**Senior Citizens
Personal Health
Career**

Length: 9:17

Scott Bittle, policy analyst, Senior Fellow and Founding Editor of PublicAgenda.org, a non-partisan public opinion research organization, author of "*Where Did the Jobs Go And How Do We Get Them Back?*"

The subject of unemployment remains the public's top concern in polls and is continually marked as the most damaging result of the Great Recession. Mr. Bittle explained why the issue is so complex and why the nation needs to take a long-term approach to resolving it. He also analyzed various solutions proposed by each side of the political spectrum.

Issues covered:

**Unemployment
Government Policies
Economy**

Length: 7:57

John Hayes, PhD, Assistant Professor of Food Science and Director of the Sensory Evaluation Center at Penn State University

Nine out of 10 Americans get too much sodium in their diets. Dr. Hayes discussed a recent government report that found that just 10 foods are responsible for 44 percent of the sodium in the average diet. He outlined steps to cut sodium intake and the reasons why everyone should do it.

Issues covered:

Personal Health

Length: 4:54

Show # 2014-05

Date aired: 2/01/14 Time Aired: 6:30A-7:00A

Yasmin Hurd, PhD, Professor of Psychiatry and Neuroscience at the Icahn School of Medicine at Mount Sinai Hospital in New York

Dr. Hurd's research found that teenagers who smoke marijuana may make their future offspring more vulnerable to substance abuse problems. She believes that marijuana use causes structural changes in DNA that may last for generations. Dr. Hurd said much more research into the health effects of marijuana is needed. She also explained how parents can deal with the mixed messages society is conveying to young people about marijuana.

Issues covered:

Length: 9:22

**Substance Abuse
Government Regulations
Parenting**

Chris Malone, Managing Partner of Fidelum Partners, a research-based consulting and professional services firm, author of "*THE HUMAN BRAND: How We Relate to People, Products and Companies*"

Mr. Malone explained why upstart businesses have surged in popularity while many traditionally dominant companies and brands have been falling behind. He outlined the reasons that social media has become such a valuable tool for both consumers and the companies they do business with. He said business schools fail to teach students how to nurture relationships with customers, causing much less loyalty to brands and products.

Issues covered:

Length: 7:52

**Consumer Issues
Education**

Janet Larson, Director of Research, the Earth Policy Institute

The US is the world's largest consumer of bottled water. Ms. Larson talked about the huge environmental impact of bottled water, both in its manufacture and disposal. She also explained how consumers can wisely decide whether to use bottled water.

Issues covered:

Length: 4:54

**Environmental Issues
Energy
Consumer Issues**

Show # 2014-06

Date aired: 2/08/14 Time Aired: 6:30A-7:00A

Lisa J. Servon, PhD, Professor and former dean at the Milano School of International Affairs, Management, and Urban Policy at The New School in New York

Alternative financial providers such as check cashers and payday lenders are often accused of preying on the poor, with high fees and interest rates. Dr. Servon conducted a study that examined why many lower income residents make the conscious decision to use these services, rather than traditional banks. She was surprised to find that the choice actually makes sense for many people who live paycheck to paycheck.

Issues covered:

Length: 11:05

**Poverty
Government Regulations
Personal Finance**

Dan McCue, Research Manager, Joint Center for Housing Studies of Harvard University

The cost of renting an apartment or house has jumped in the past decade, according to a study led by Mr. McCue. A 6% rise in prices, combined with the drop in renter incomes, has made affordability a major concern. Much of the jump in prices is because of increased demand for rental homes as a result of the mortgage crisis. He said a quarter of all U.S. households are paying more than half of their income for housing, which is dangerously high.

Issues covered:

Length: 6:07

**Affordable Housing
Poverty
Consumer Issues**

Debbie Magids, PhD, psychologist, author of "*All the Good Ones Aren't Taken*"

Dr. Magids discussed the trend of serial dating and why dating is so difficult for women in particular. She explained the most common dating errors and suggested ways that a person can analyze their own patterns of behavior, to clear the way for more fulfilling relationships.

Issues covered:

Length: 4:48

**Mental Health
Women's Issues**

Show # 2014-07

Date aired: 2/15/14 Time Aired: 6:30A-7:00A

Russell E. Johnson, PhD, Assistant Professor of Management in the Eli Broad College of Business at Michigan State University.

Dr. Johnson's research has found that that people who check their work emails on smartphones at night could end up hurting their ability to work the following day. He found that smartphones appeared to have a greater effect on people's energy levels and sleeping abilities in comparison to other electronic screens. He offered several suggestions on how to control smartphone use at night.

Issues covered:

Length: 7:24

**Personal Health
Workplace Matters
Career**

Daniel J. Siegel, MD, neuropsychiatrist, Clinical Professor of Psychiatry at the UCLA School of Medicine, Executive Director of the Mindsight Institute, author of "*Brainstorm: The Power and Purpose of the Teenage Brain*"

Dr. Siegel said that between the ages of 12 and 24, the brain changes in dramatic and important ways. He believes this brain development is the explanation for sometimes erratic, unusual and creative behavior in teens. He said that if parents understand the science behind these changes, they can better help their teenagers navigate this challenging phase of life.

Issues covered:

Length: 9:36

**Parenting
Personal Health**

Kenneth Dautrich, PhD, Associate Professor of Public Policy, University of Connecticut

Dr. Dautrich recently conducted a survey of students to learn their attitudes toward the First Amendment. He found that schools are spending more class time on the First Amendment, but a sizeable number of students either do not view the First Amendment favorably or take its protections for granted.

Issues covered:

Length: 4:52

**Citizenship
Education**

Show # 2014-08

Date aired: 2/22/14 Time Aired: 6:30A-7:00A

John M. Leventhal, MD, Professor of Pediatrics and Medical Director of the Child Abuse and Child Abuse Prevention Program at Yale Medical School, expert in child abuse prevention

Dr. Leventhal has dedicated his career to the prevention of child abuse. He recently conducted a study that found that the first year of life is the most dangerous for children. He said that parents from any income, educational or social level can be the perpetrators of abuse, largely because they are unprepared to deal with infants' crying. He believes that educational programs for new parents could help reverse the trend.

Issues covered:

**Child Abuse
Parenting**

Length: 8:31

Erin Botsford, financial planning expert, author of "*The Big Retirement Risk: Running out of Money Before You Run Out of Time*"

For many baby boomers, the recession didn't wipe out their nest egg completely, but it did shrink it considerably. Ms. Botsford discussed the turbulence in today's economy and how it has changed retirement planning. She explained how people approaching their golden years can assess their financial needs and take steps to ensure a sound retirement.

Issues covered:

**Retirement Planning
Senior Citizens
Personal Finance**

Length: 8:41

Aaron W. Smith, Senior Research Specialist with Pew Research Center's Internet & American Life Project

Mr. Smith surveyed 1,000 US adults and found that more half of consumers used cell phones in stores during the holidays. He outlined the most common ways that consumers use their phones as shopping tools. He also explained how brick-and-mortar stores may react to the trend by changing policies, products and prices.

Issues covered:

**Economy
Consumer Matters**

Length: 5:01

Show # 2014-09

Date aired: 3/01/14 Time Aired: 6:30A-7:00A

John A. Eterno, Ph.D., Professor, Associate Dean and Director of Graduate Studies in Criminal Justice at Molloy College, former Captain with the New York City Police Department, co-author of "*The Crime Numbers Game: Management by Manipulation*"

Dr. Eterno conducted the first scientific examination of crime statistics manipulation in the New York City Police Department. He explained how increasing pressure to show decreasing crime rates by any means necessary has affected police departments throughout the United States. He discussed how this affects crime victims and explained what citizens can do, to ensure that their local police department is reporting crime statistics in an honest manner.

Issues covered:

Length: 8:47

**Crime
Government Policies**

Kristen Copeland, MD, Assistant Professor of Pediatrics at Cincinnati Children's Hospital Medical Center

75% of young children in the US are in some form of pre-school or daycare outside the home. Dr. Copeland conducted a study that found that most children in day care get far too little exercise. She explained the reasons behind this trend and why parents should be concerned. She outlined the types of questions parents should ask when they are looking for a pre-school or daycare center.

Issues covered:

Length: 8:24

**Children's Health
Parenting
Education**

Phil Reed, Senior Consumer Advice Editor at Edmunds.com

Today's cars no longer need to have their oil changed every 3,000 miles. Mr. Reed talked about design improvements in recent years, and how drivers can decide when it really is time for an oil change. He talked about the positive effects of this rapidly advancing technology for both the environment and consumers' pocketbooks.

Issues covered:

Length: 4:52

**Environment
Consumer Matters**

Show # 2014-10

Date aired: 3/08/14 Time Aired: 6:30A-7:00A

Brian Fleming, combat veteran, co-author of "*Redeployed: How Combat Veterans Can Fight the Battle Within and Win the War at Home*"

Mr. Fleming discussed Post Traumatic Stress Disorder and other difficulties faces by combat veterans and their families. He noted that the suicide rate among veterans under the age of 30 has risen by 44% in the past several years. He said no one prepares veterans to successfully make the transition back home. He offered strategies for both vets and their families who are struggling with a return to civilian life.

Issues covered:

**Military Families Issues
Government Policies
Mental Health**

Length: 9:16

Bradley F. Bale, MD, heart attack and stroke prevention specialist, Medical Director of the Heart Health Program for Grace Clinic, Lubbock, TX, author of "*Beat the Heart Attack Gene: The Revolutionary Plan to Prevent Heart Disease, Stroke, and Diabetes*"

Heart disease affects 81 million Americans and is the culprit in one of every two deaths in the United States. Dr. Bale said most people think that they are not at risk of a heart attack if they control their cholesterol and blood pressure, but they aren't aware of other major risk factors. He outlined some relatively inexpensive lab tests than can uncover arterial inflammation and its underlying causes. He also talked about the importance of simple changes in lifestyle that can dramatically cut the risk of heart attack and stroke.

Issues covered:
Personal Health

Length: 9:16

Alfie Kohn, education watchdog, author of "*The Homework Myth: Why Our Kids Get Too Much of a Bad Thing*"

Mr. Kohn shared results of a study that found that more homework is being assigned to younger students each school year. He believes that homework provides no benefits in elementary school. He explained why homework is still so widely accepted, despite evidence against it.

Issues covered:

**Education
Government Policies
Children's Issues**

Length: 4:37

Show # 2014-11

Date aired: 3/15/14 Time Aired: 6:30A-7:00A

Deborah Serani, Psy.D., licensed psychologist, Adjunct Professor at the Gordon F. Derner Institute of Advanced Psychological Studies, co-author of "*Depression and Your Child: A Guide for Parents and Caregivers*,"

Childhood depression is on the rise in America. Dr. Serani discussed the major challenges faced by families of children with mental illness. She talked about the most common symptoms that indicate clinical depression or suicidal thoughts in children. She also outlined the most effective treatments.

Issues covered:

Length: 10:56

**Mental Health
Parenting
Suicide**

Julie Angwin, Pulitzer Prize-winning investigative journalist, author of "*Dragnet Nation: A Quest for Privacy, Security and Freedom in a World of Relentless Surveillance*"

Ms. Angwin explained why Americans should be concerned about the rapidly increasing ways that the government, private companies, and even criminals use technology to indiscriminately sweep up vast amounts of our personal data. She outlined tools that people can use to reduce their digital footprint. She also talked about possible reforms that could be implemented to slow the erosion of privacy rights.

Issues covered:

Length: 6:17

**Privacy
Government Policies
Consumer Matters**

Russell Pate, PhD, Professor of Exercise Science at the University of South Carolina

A third of U.S. adolescents are unfit, according to Dr. Pate's National Health and Nutrition Examination Survey, and he believes that it's time to get them moving. He said that kids who are unfit are likely to become unfit adults, with greater risks of developing diabetes, high cholesterol, high blood pressure and other illnesses. Dr. Pate offered simple ideas for parents on how to increase their kids' level of exercise.

Issues covered:

Length: 4:57

**Health
Children's Issues**

Show # 2014-12

Date aired: 3/22/14 Time Aired: 6:30A-7:00A

Stephen Downing, retired Deputy Chief of the Los Angeles Police Department, board member of the nonprofit organization Law Enforcement Against Prohibition

Mr. Downing explained why he believes that the war on drugs has failed. He said that his on-the-job experience demonstrated the futility of trying to enforce current drug laws. He discussed the many negative consequences of the war on drugs, particularly on children. His organization believes that drugs should be legalized, controlled and taxed.

Issues covered:

Length: 8:38

Drug Abuse

Government Policies

Crime

Laurence Shatkin, PhD, career information expert, author of numerous books on choosing a career, including "*150 Best Jobs for a Secure Future*"

Dr. Shatkin shared his research into the most secure jobs during hard economic times. He ranked occupations by pay, growth prospects, and number of potential openings, along with the amount of education or training required. He offered advice for young people who are considering their career options and for older workers thinking about a mid-life career change.

Issues covered:

Length: 8:36

Employment

Education

Kendrin Sonnevile, ScD, RD, LDN, Research Scientist, Clinical Nutrition Specialist at Children's Hospital, Boston

Dr. Sonnevile conducted a study that found that teenage girl athletes with the highest levels of vitamin D in their diets were half as likely to suffer a stress fracture. She said vitamin D deficiencies in teen girls are common. She explained which activities are most commonly associated with stress fractures and recommended ways to get enough vitamin D.

Issues covered:

Length: 5:04

Personal Health

Women's Issues

Show # 2014-13

Date aired: 3/29/14 Time Aired: 6:30A-7:00A

Michelle A. Riklan, employment and career expert, co-author of "*101 Great Ways to Compete in Today's Job Market*"

Mr. Riklan offered marketing ideas for people either looking for a job or hoping to move their careers forward. She explained the critical importance of social media in today's job market and offered tips to optimize a LinkedIn page. She said even people who are secure in their current jobs should be prepared to immediately take advantage of an opportunity at a better job.

Issues covered:

**Employment Matters
Career**

Length: 8:49

Judy Foreman, nationally syndicated health columnist, author of "*A Nation in Pain: Healing Our Biggest Health Problem*"

According to government statistics, 100 million American adults live in chronic pain. Ms. Foreman discussed the connection between chronic pain and prescription drug addiction. She said exercise is one of the most effective ways to deal with chronic pain. She also discussed reforms in government policies that could allow the healthcare system to better deal with the epidemic of chronic pain.

Issues covered:

**Personal Health
Drug Abuse
Government Policies**

Length: 8:30

Ciji Ware, author of "*Rightsizing Your Life*"

Many Baby Boomers are beginning to think about the future and how many material possessions they really need. Ms. Ware believes that more isn't always better. She offered ideas on how to make wise decisions in downsizing, in particular through recycling and donating unneeded items.

Issues covered:

**Charitable Contributions
Recycling
Consumer Issues
Senior Issues**

Length: 4:58