

WZZR
Fort Pierce, FL
Quarterly Issues/Programs List
Fourth Quarter, 2015
01/04/2016

WZZR
Quarterly Issues/Programs List

WZZR provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

1. Homeless children; healthcare; trauma; mental health
 2. Medical care; diabetes; autism; Alzheimer's;
 3. Access to the arts
 4. Support for Non Profits
 5. Services for business
 6. Support for the Police
 7. Drunk driving; substance abuse & treatment
 8. Hunger
 9. Human trafficking
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**Section I
LOCAL PROGRAMMING**

Section I lists regularly-scheduled and special programs that represent the station's issue-responsive programming providing the most significant treatment of the issues listed above for the calendar quarter.

WZZR broadcasts Perspectives on Sundays at 6:30am

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/ TIME	DURA- TION
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Homes for Children	Palm Beach Perspectives	Talked with Roxanne Jacobs, Exec. Dir., Grandma's Place and Brianne Ford, Owner, Unbridled Wedding & Events. Grandma's Place is a home for children who've been removed from their home that's funded by the State Dept of Children & Families. They still need to raise \$ for and have teamed up with Brianne who is coordinating the Palm Beach County Winter Open on November 16 from 6:30-9:30p for tickets or to volunteer listeners can go to www.pbwinteropen.org . And to volunteer or donate directly to Grandma's Place they can go to www.grandmasplacepb.org .	Roxanne Jacobs, Exec. Dir., Grandma's Place and Brianne Ford, Owner, Unbridled Wedding & Events www.Grandmasplacepb.org/fl	10/04/15	30 min
Crohn's & Colitis	Palm Beach Perspectives	Talked with Robin Cartwright, Walk Manager, Crohn's & Colitis Foundation of America. We talked about Crohns and Ulcerative Colitis and the symptoms that people may experience. CCFA offers online support, education and they are doing a walk on November 7th at City Place in West Palm Beach to raise funds to help with research. For information, to donate, and volunteer listeners can go to the website www.ccfa.org/chapters/florida	Robin Cartwright Walk Manager, Crohn's & Colitis Foundation of America www.ccfa.org	10/11/15	30 min

Support for Children's charities	Palm Beach Perspectives	Talked with Danny Bivens, Moonfest Asst. Coord. This is their 23rd year. They are a charity that showcases local/regional music/artists for community enrichment as well as other local children's charities. This year they have a great variety of arts and music. There are 5 different areas: 400 block silent disco featuring: Dani Fortune, ENOC, Seizure Machine, NFectious, Malfunction, Guilty Verdict, and Beat Thief Inc,; Quarantine Courtyard has: Miracle Men, Flakka Seagulls, Space Coast Ghost, LFTD LVLS, Cog Nomen, Beat Thief, and Lance- O/KulchaShok: VooDoo Village 100 block has DJ One3, Phat Rabbit, James Boucher, DJ Xta-C, Lo-IQ, Prizm; Respectables has The Riot Act, StratOlites, The Band in Heaven, LaVola; and the 500 Block stage has Jumbo Shimp, Rivers, Gravel Kings, Raggy Monster, Costume Contest and then wraps up w Headliner The Romantics. For tix/ more info/times listeners can go to www.moonfest.me	Danny Bivens, Moonfest Asst. Coord www.moonfest.org	10/18/15	30 min
Access to the Arts	Palm Beach Perspectives	Talked with Scott Benarde and Tim Wride from The Norton Museum of Art. They have a great Fall line up of exhibitions including: Summer of '68, This Place, as well as free admission for PB County residents every Saturday and reduced cost for the Family Studio program, it's now \$1/child (Reservations Required). They also have a great line up of Thursday Art After Dark programs. Listeners can find all the info on their website. www.norton.org .	Scott Benard Tim Wride Norton Museum Norton.org	10/25/15	30 min

Support for non profits	Palm Beach Perspectives	<p>Talked with Nancy Stewart-Franczak, CFEE, Exec. Dir. and Sarah Vallely, CFEE, Asst Exec Dir. Festival Management Group. They run 4 of Delray's biggest events: Delray Wine & Seafood Fest 11/7-11/8, dbwineandseafood.com; 17th Annual Delray Beach Garlic Fest 1/29/16-1/31/16 dbggarlicfest.com; 2nd Annual Delray Beach Bacon & Bourbon Fest 3/18-3/19/16 delraybaconfest.com; and Chamber of Commerce 54th Annual Delray Affair 4/8-4/10/2016 delrayaffair.com. Combined the events help raise over 600,000K for local charities in the Delray Area. For info on being vendors, volunteers, charities, etc. listeners can reach out to them at: www.festivalmanagementgroup.com</p>	<p>Nancy Stewart-Franczak, CFEE, Exec. Dir. and Sarah Vallely, CFEE, Asst Exec Dir. Festival Management Group</p> <p>www.festivalmanagementgroup.com</p>	11/1/15	30 min
Support Services for Business	Palm Beach Perspectives	<p>Talked with Mary Lou Bedford, CEO, Central Palm Beach Chamber of Commerce. They cover a wide area and help promote business in the local communities via events, seminar and education. They recently did a Social Media training for members. The next training forum will be on Nov 18 at the SF Fairgrounds for The Economic Forum-Farm City. Cost \$35. And the next event is the Holiday Parade Winter Wonderland at Holiday Park in Wellington on Dec 13th. For info listeners can go to www.cpbchamber.com</p>	<p>Mary Lou Bedford, CEO, Central Palm Beach Chamber of Commerce</p> <p>www.cpbchamber.com</p>	11/08/15	30 min

Diabetes	Palm Beach Perspectives	<p>I talked with Marge Sullivan, Palmhealthcare Foundation; Diane Williams, My Clinic and Carol Rodriguez, Glades Initiative and Diabetes Coalition Chair. They and a host of other agencies/companies come together every November to help raise awareness about Diabetes. There are 3 types, Type1, Type2 and Gestational. Diet/Exercise can help prevent and in some cases reverse the disease process. Diabetes screenings are available throughout the month of November. To get the locations, find out about volunteering, etc., listeners can go to www.diabetescoalitionpbc.org</p>	<p>Marge Sullivan, Palmhealthcare Foundation; Diane Williams, My Clinic and Carol Rodriguez, Glades Initiative and Diabetes Coalition Chair diabetescoalitionpbc.org</p>	11/15/15	30 min
Outreach Programs for Police	Palm Beach Perspectives	<p>Talked with WPB Chief Of Police, Bryan Kummerlen and Gregg Weiss, President of WPB Police Foundation. The foundation helps fund equipment, technology, training and community outreach programs for the police department. They offer lots of programs including: Shop with a Cop, Police Explorers, Citizen Police Academy, Gun Buy Back, Scholarships for Seniors looking to major in Criminal Justice or forensic science. They have lots of volunteers opportunities. Listeners can find out more and donate online at www.wpbpolicefoundation.org</p>	<p>WPB Chief Of Police, Bryan Kummerlen and Gregg Weiss, President of WPB Police Foundation Wpbpolicefoundation.org</p>	11/22/15	30 min

Leukemia	Palm Beach Perspectives	Spoke with Brandon Phillips, Honorary Chair, Polo For A Purpose, and Pam Payne, Exec Dir. Leukemia Lymphoma Society. This is the 3rd Annual Polo for a Purpose. He and the other Polo players to play a professional match on 1/18/16 in Wellington. Listeners can do lunch first, rent tents and bring their own food, pay for a catered tent, or do \$10/person and enjoy the show from general seating. Brandon as a survivor wanted to give back and came up with the idea for a match since it was something he loves and he wanted to share that with the audience. For info, to become a vendor or volunteer, listeners can go to www.poloforapurpose.org or www.lls.org	Brandon Phillips, Honorary Chair, Polo For A Purpose, and Pam Payne, Exec Dir. Leukemia Lymphoma Society www.poloforapurpose.org or www.lls.org	11/29/15	30 min
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Upgrade of Kravis Center Organ	Palm Beach Perspectives	<p>Interviewed Alexander Dreyfoos, Board Member, Kravis; Judy Mitchell, CEO, Kravis and Linda Birdsey, Dir of Marketing, Kravis.</p> <p>They are excited to be getting a new digital organ crafted by Ogletree and Thorpe. The Kravis will be the first performing arts center with a digital organ. They will premiere the organ with a show starring Julliard graduate Cameron Carpenter. He uses a "touring" version of the organ for his concerts. Mr. Dreyfoos had been instrumental in creating the Kravis and helping procure the new digital organ. Local organists will have an opportunity to play the new organ. Mr. Dreyfoos also published two new books: Alexander W. Dreyfoos: Passion & Purpose (proceeds to Kravis) and A Photographic Odyssey (proceeds to Cultural Council). Both books can be purchased at the Kravis gift store. For more info on the organ or shows, listeners can go to www.kravis.org</p>	<p>Alexander Dreyfoos, Board Member, Kravis; Judy Mitchell, CEO, Kravis and Linda Birdsey, Dir of Marketing, Kravis</p> <p>Kravis.org</p>	12/13/15	30 min
Plants and Gardening	Palm Beach Perspectives	<p>Spoke with Rochelle Wolberg, Program Coordinator, Mounts Botanical Garden and Elizabeth Dashiell, PR. Mounts has a wide variety of gardens on about 14 acres across from PBIA on Military Trail. They are open 10a-4p and have a great new exhibit, "Nature Connects: Art with LEGO Bricks Blockbuster Exhibit". It's running through February 14th 2016. There are Bricks4Kids builds Jan 2,14 and Feb 11,13. They have a lot of volunteer opportunities, programs, clubs, educational classes, and listeners can call and talk with a master gardener regarding questions about their plants/gardens. To get more info go to www.mounts.org</p>	<p>Rochelle Wolberg, Program Coordinator, Mounts Botanical Garden and Elizabeth Dashiell, PR. Mounts</p> <p>Mounts.org</p>	12/20/15	30 min

No Kill Animal Shelter	Palm Beach Perspectives	Talked with Zara from Big Dog Ranch Rescue. She's one of the volunteers from BDRR. She fosters dogs, along with 4 dogs of her own and brings in the pets to Iheart to meet the DJ's and get their video on FB. Big Dog is a no kill shelter in Wellington but they are expanding and moving out to Loxahatchee soon. For listeners who would like to volunteer, foster, adopt they can go to BDRR.org and sign up. The dogs available for adoption are online. They also have a lot of fun events coming up and those are listed online as well.	Zara Roach, Volunteer/Foster Big Dog Ranch Rescue BDRR.org	12/27/15	30 min
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Section II NETWORK (and/or SYNDICATED) PROGRAMMING

Section II lists the network-provided (and/or syndicated) programming that the station broadcast during the preceding calendar quarter that addresses community issues.

WZZR broadcasts Radio Health Journal on Sundays at 7:00am



Quarterly Issues Report – Q4 2015 Radio Health Journal Programs 15-40 through 15-52

10/4/15 Program 15-40

Segment 1 Duration: 12:40
MISUNDERSTANDING AUTISM
youth at risk; disabilities; education; pop culture

Synopsis: Autism has been misunderstood ever since its first description in the 1940's. Experts describe how this misunderstanding has drastically affected treatment of people with autism, and how schools and other institutions might change their approach and understanding to improve treatment.

Host: Reed Pence. Guests: Steve Silberman, author, Neurotribes: The Legacy of Autism and the Future of Neurodiversity; Dr. Barry Prizant, Prof., Artists & Scientists As Partners group, Brown Univ. and author, Uniquely Human: A Different Way of Seeing Autism

Segment 2 Duration: 7:19

CYCLIC VOMITING SYNDROME

youth at risk; health care

Synopsis: Children suffering from a rare disorder called cyclic vomiting may vomit for days on end once or twice a month. Experts describe how the disorder is often misdiagnosed and remains difficult to treat. However, children often eventually outgrow the disorder as it transitions into migraine headaches.

Host: Nancy Benson. Guests: Kathleen Adams, mother of cyclic vomiting sufferer and founder, President and Research Liason, Cyclic Vomiting Syndrome Association; Dr. B Li, Prof. of Pediatrics and Director, Cyclic Vomiting Program, Medical College of Wisconsin; Dr. Katja Kovacic, pediatric gastroenterologist, Children's Hospital of Wisconsin.

10/11/15 Program 15-41

Segment 1 Duration: 11:59

GENDER DIVERSITY IN BASIC RESEARCH

health & medicine; women's issues; gender issues; federal govt; economics;

Synopsis: Only about a third of research subjects in clinical studies are women. In basic research on animals and cells, female models are even more poorly represented. This results in poor understanding of how new drugs work on women and occasional drug recalls when major side effects are discovered after the fact. Experts discuss why such an imbalance occurs, its results, and how the problem is being addressed.

Host: Reed Pence. Guests: Dr. Teresa Woodruff, Director, Women's Health Research Institute, Northwestern Univ.; Dr. Melina Kibbe, Prof. of Surgery, Northwestern Univ.; Dr. Kathryn Sandberg, Director, Center for the Study of Sex Differences in Health, Aging & Disease, Georgetown Univ.

Segment 2 Duration: 8:06

WHAT YOUR THERAPIST IS THINKING

youth at risk; health care

Synopsis: Many people have no idea how or why psychotherapy works. A well-known psychotherapist describes what therapists are thinking while the patient is talking and how these thoughts guide treatment.

Host: Nancy Benson. Guest: Dr. Drew Permut, Clinical Professor of Psychology, George Washington Univ. and author, Inside Your Therapist's Mind: How a Psychotherapist Thinks and Why It Works

10/18/15 Program 15-42

Segment 1 Duration: 11:46

NORMAL PRESSURE HYDROCEPHALUS

health & medicine; elderly and senior citizens; disabilities

Synopsis: As many as five percent of people diagnosed with Parkinson's or Alzheimer's diseases may in reality have a treatable disorder caused by "water on the brain." An expert and patient discuss.

Host: Reed Pence. Guests: J.D. and Donna Cain, normal pressure hydrocephalus patient and his wife/caregiver; Dr. Marvin Bergsneider, Prof. of Neurosurgery and chief, Adult Hydrocephalus and ICP Disorders Program, UCLA

Segment 2 Duration: 8:06

LATER EFFECTS OF CHILDHOOD EMOTIONAL TRAUMA

youth at risk; health and medicine

Synopsis: Scientists have learned that emotional trauma suffered as a child or adolescent has profound effects on a person's physical health years later. Children who suffer multiple traumas such as loss of a parent and physical abuse are much more likely to experience cancer, heart disease and autoimmune diseases as adults. A noted science writer explains.

Host: Nancy Benson. Guest: Donna Jackson Nakazawa, author, *Childhood Disrupted: How Your Biography Becomes Your Biology, and How You Can Heal*

10/25/15 Program 15-43

Segment 1 Duration: 11:49

ANTI-DRUNK DRIVING TECHNOLOGY

auto and traffic safety; police and enforcement; drunk driving; alcohol and substance abuse; federal government and regulation; business and industry

Synopsis: Government researchers and auto companies are developing a device called DADSS (Driver Alcohol Detection System for Safety) that can unobtrusively test whether a person is drunk as he attempts to start his car. If so, DADSS makes the car inoperable. Experts explain how it will work and debate some of the issues surrounding its possible rollout.

Host: Reed Pence. Guests: J. T. Griffin, Chief Government Affairs Officer, Mothers Against Drunk Driving; Sarah Longwell, Managing Director, American Beverage Institute; Dr. Bud Zaouk, Program and Technical Manager, DADSS development program

Segment 2 Duration: 7:25

CONTACT LENSES: THEY'RE DIFFERENT TODAY

health and medicine; consumerism

Synopsis: Thirty million Americans wear contact lenses, but today's high tech lenses are vastly superior to those of a few decades ago. Even so, most contact wearers don't maintain their lenses correctly. An expert explains.

Host: Nancy Benson. Guest: Dr. April Jasper, Optometrist, West Palm Beach, FL

11/1/15 Program 15-44

Segment 1 Duration: 11:59

MISDIAGNOSES: WHY THEY HAPPEN & HOW WE CAN PREVENT THEM

health care; health system; consumerism; patient safety

Synopsis: Studies estimate that about five percent of diagnoses are wrong, leading treatment down the wrong road. Experts discuss why misdiagnoses occur, and a new Institute of Medicine report on how they might be prevented.

Host: Reed Pence. Guests: Dr. Mark L. Graber, President, Society to Improve Diagnosis in Medicine and Senior Fellow, RTI International; Dr. Lewis Levy, Senior Vice President of Medical Affairs and Chief Quality Officer, Best Doctors; Helen Haskell, President, Mothers Against Medical Error

Segment 2 Duration: 8:11

ALMOST ADDICTED: THE ROLE OF THE FAMILY

family and parenting issues; substance abuse and treatment; mental illness; public health; legal marijuana

Synopsis: People who use drugs, even those who are not addicted, are often destructively enabled by families. An expert explains why this occurs and what families have to do to break through their own denial as well as that of the user.

Host: Nancy Benson. Guest: Dr. Wesley Boyd, Asst. Clinical Prof. of Psychiatry, Harvard Medical School, and author, Almost Addicted.

11/8/15 Program 15-45

Segment 1 Duration: 12:38

THERMOGENESIS & WEIGHT LOSS

health care; science & technology; public health

Synopsis: The body uses extra calories to stay warm in cold conditions, creating heat through thermogenesis. However, it's only recently that scientists have discovered one of the mechanisms the body uses for this--brown fat. Now they're learning how to harness brown fat for weight loss. Experts discuss.

Host: Reed Pence. Guests: Dr. Aaron Cypess, Acting Chief, Translational Physiology Section, National Institute of Diabetes and Digestive and Kidney Diseases; Dr. Francesco Celi, Prof. of Medicine and Chair, Endocrinology and Metabolism, Virginia Commonwealth Univ.; Dr. Wayne Hayes, Assoc. Prof. of Computer Science, Univ. of California, Irvine, visiting scientist, NASA Jet Propulsion Laboratory, and CEO, The Cold Shoulder; Adam Paulin, founder & Managing Director, Thin Ice.

Segment 2 Duration: 7:09

ONE MORE YEAR INSIDE ALZHEIMER'S

health care; public health; consumerism; family issues; elderly and senior citizens; disabilities

Synopsis: One year ago, we visited Greg O'Brien, a journalist attempting to document his own decline into early onset Alzheimer's disease. Now he discusses the past year and the difficulties he's meeting as his disease progresses.

Host: Lynn Holley. Guest: Greg O'Brien, author, On Pluto: Inside the Mind of Alzheimer's

11/15/15 Program 15-46

Segment 1 Duration: 12:19

INTERROGATION TACTICS & FALSE CONFESSIONS

crime; police; courts and criminal justice system; public policy; law

Synopsis: Confessing to a crime that a person did not commit is a major reason for wrongful convictions. Scientists have found that the psychology of innocent people is a major reason for false confessions. Experts discuss the chain of events and psychology that allow them to occur, and public policy changes that could make them much more rare.

Host: Reed Pence. Guests: Dr. Max Gyll, Asst. Prof. of Psychology, Iowa State Univ.; Rob Warden, Executive Director, Center on Wrongful Convictions, Northwestern Univ. School of Law

Segment 2 Duration: 7:49

YOUR MEDICINE CABINET: A USER'S GUIDE

youth at risk; drug safety

Synopsis: Most people's medicine cabinet is a disorganized mess with problems that could prevent healing and even threaten health. A pharmacist advised what should be in your medicine cabinet and how to keep those medicines safe and effective.

Host: Lynn Holley. Guest: Sherry Torkos, pharmacist and author, The Canadian Encyclopedia of Natural Medicine and Saving Women's Hearts

11/22/15 Program 15-47

Segment 1 Duration: 12:01

FOOD INSECURITY

poverty; hunger; youth at risk; federal government; welfare and food stamps; food pantries; charity and philanthrop

Synopsis: Forty-nine million people in the US are food insecure-- often unsure they'll have three decent meals per day. The poor are also often forced to purchase foods that are poor in nutrition, which leads to high rates of obesity. Experts discuss reasons for food insecurity, outcomes, and a variety of inventive solutions.

Host: Reed Pence. Guests: Ross Fraser, Director of Media Relations, Feeding America; Leanne Brown, author, Good and Cheap: How to Eat Well on \$4 a Day; Susan Topping, Denior Director of Partners and Programs, Capital Area Food Bank, Washington, DC

Segment 2 Duration: 7:47

DOCTORS' CLOTHES: REASON TO CHANGE?

consumerism; public safety; health care

Synopsis: Controversy has broken out over the doctor's traditional white lab coat and necktie. Some doctors say physicians should wear short sleeves instead because coats carry germs. Others maintain the white coat isn't a germ colony, but rather is a source of comfort for patients. Experts discuss.

Host: Nancy Benson. Guest: Dr. Gonzalo Bearman, Prof. of Medicine and hospital epidemiologist, Virginia Commonwealth Univ. Health System; Dr. Christopher Petrilli, Chief Medical Resident, Univ. of Michigan Health System; Peter Seelf, Team Leader, Member Experience, Boy Scouts of America

11/29/15 Program 15-48

Segment 1 Duration: 12:19

RECHARGING OLD EGGS

health care; technology; ethics; federal government and regulation

Synopsis: Infertility is often due to poor egg quality, or chromosomal damage. Some of this damage may occur in the egg's mitochondria, the cell's powerhouse. A new procedure seeks to replace mitochondria in old eggs with fresher mitochondria to improve egg quality. However, some doctors say there haven't been enough studies to know if the procedure is either safe or effective. Experts discuss.

Host: Reed Pence. Guests: Dr. Owen Davis, Prof. of Reproductive Medicine, Weill Cornell Medical College and President, American Society for Reproductive Medicine; Dr. Michelle Dipp, CEO and co-founder, Ovascience; Dr. Neal Mahutte, Medical Director, Montreal Fertility Center and President, Canadian Fertility and andrology Society

Segment 2 Duration: 7:34

CANCER PREHABILITATION

consumerism; health care; economics

Rehabilitation has been a staple of recovery for many illnesses, but often not after cancer treatment. Similarly, sometimes people about to undergo orthopedic surgery may be given exercises, or prehabilitation, to prepare them. A nationally known rehab specialist discusses using prehabilitation techniques for newly diagnosed cancer patients.

Host: Nancy Benson. Guest: Dr. Julie Silver, Assoc. Prof. of Physical Medicine and Rehabilitation, Harvard Medical School

12/06/15 Program 15-49

Segment 1 Duration: 12:45

CHILDREN'S MENTAL HEALTH TREATMENT

health care; youth at risk; mental illness; education; consumerism

Synopsis: A recent study finds that about 35 percent of children receiving treatment for mental health issues are being treated only by a primary care physician. This is due in part to a shortage in pediatric mental health care providers as well as a stigma in consulting them. Experts discuss readiness of pediatricians to treat mental illness in children and adolescents and efforts to be sure they're prepared.

Host: Reed Pence. Guests: Dr. Jeanne Van Cleve, Asst. Prof. of Pediatrics, Harvard Medical School and Mass. General Hospital for Children; Dr. Douglas Tynan, clinical psychologist, American Psychological Assn.; Dr. Scott Benson, child & adolescent psychiatrist, Pensacola, FL

Segment 2 Duration: 7:25

SEASONAL AFFECTIVE DISORDER & THE HOLIDAYS

Compliance issues covered: consumerism; health care; mental illness

Synopsis: Some people, especially those in northern latitudes, may get the blues or worse as fall sets in and days get shorter. They suffer from seasonal affective disorder, a chemical change in the brain caused by decreased exposure to sunlight. Experts discuss causes and remedies.

Host: Nancy Benson. Guests: Dr. Nicholas Forand, clinical psychologist, The Ohio State Univ. Wexner Medical Center; Jim LaValle, clinical pharmacist and nutritionist and author, *Your Blood Never Lies* and *Cracking the Metabolic Code*

12/13/15 Program 15-50

Segment 1 Duration: 12:11

HUMAN TRAFFICKING: MODERN DAY SLAVERY

youth at risk; labor and employment issues; police, crime and justice system; immigration; economics

Synopsis: Slavery was officially outlawed 150 years ago in the US, but millions of vulnerable low-wage workers are still exploited and trapped in the US and around the world. Experts discuss why foreigners are especially at risk of being intimidated into forced labor in the US and how they might be rescued.

Host: Reed Pence. Guests: Melysa Sperber, Director, Alliance to End Slavery and Trafficking; Catherine Longkumer, Project Manager, Human Trafficking Initiative, Legal Aid Society of Metropolitan Family Services of Chicago.

Segment 2 Duration: 7:32

MAKING JOY IN A COMPLICATED WORLD

consumerism; family issues; mental illness

Synopsis: Surveys show that most Americans are less than happy, and seldom experience joy. Two experts discuss how even naturally glum people can manufacture joy.

Host: Nancy Benson. Guests: Dr. Sonja Lyubomirsky, Prof. of Psychology, Univ. of California Riverside and author, *The How of Happiness and Myths of Happiness: What Should Make You Happy But Doesn't, What Shouldn't Make You Happy, But Does*; Dr. Alex Korb, postdoctoral researcher, UCLA and author, *The Upward Spiral: Using Neuroscience to Reverse the Course of Depression One Small Change at a Time*

12/20/15 Program 15-51

Segment 1 Duration: 12:17

IT'S NO HOLIDAY IN THE EMERGENCY ROOM

health care: consumerism; accident and injury; sports and recreation

Synopsis: The holidays are like no other time in your local hospital's emergency department. Having family in from out of town results in pickup football injuries, carving knife gashes, and maladies that should have been addressed long ago. Heart attacks additionally create a spike in dead-on-arrival cases greater than any other days of the year. Experts discuss why these occur and how to prevent them.

Host: Reed Pence. Guests: Dr. Christopher Michos, Connecticut ER physician; Dr. Robert Kloner, Director of Research, Heart Institute, Good Samaritan Hospital, Los Angeles and Prof. of Medicine, Keck School of Medicine, Univ. of Southern California; Dr. David Phillips, Prof. of Sociology, Univ. of California at San Diego.

Segment 2 Duration: 7:29

THE TRAUMATIZED BRAIN

health care: consumerism; accident and injury; sports and recreation

Synopsis: Traumatic brain injuries, even mild ones, may produce cognitive and personality changes months later, when that "bump on the head" has been forgotten. An expert explains these injuries and how to prevent some of the consequences.

Host: Nancy Benson. Guest: Dr. Sandeep Vaishnavi, neuroscientist, Duke Univ. Medical Center, Director, Neuropsychiatric Clinic, Carolina Partners and co-author, *The Traumatized Brain: A Family Guide to Understanding Mood, Memory, and Behavior After Brain Injury*

12/27/15 Program 15-52

Segment 1 Duration: 12:42

HURDLES TO HEARING AIDS

health care; public health; consumerism; economics; technology; senior citizen and aging issues; disabilities; military

Synopsis: Only about a fifth of people who could use hearing aids have them. Reasons include stigma, high cost, and poor training of people who actually get hearing aids. An audiologist, hearing aid manufacturer, and hearing aid user discuss solving these issues.

Host: Reed Pence. Guests: Dr. Mark Hammel, psychologist and hearing aid user; Dr. Cynthia Compton-Conley, Director, Consumer Technology Initiatives, Hearing Loss Assn. of America; Shawn Stahmer, Vice President of Business Development, Sound World Solutions

Segment 2 Duration: 7:16

SERIOUSLY ILL ADOLESCENTS: STILL TEENS FIRST

youth at risk; parenting; family issues

Synopsis: Seriously ill teenagers still act like teens in the hospital, sometimes aided and abetted by staff. A novelist discusses her observations from years on the hospital floor with her sick child as the basis for her book.

Host: Nancy Benson. Guest: Hollis Seamon, Prof. of English, College of St. Rose, faculty, MFA in Creative Writing program, Fairfield Univ. and author, Somebody Up There Hates You.

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MediaTracks, Incorporated
2250 East Devon Avenue, Suite 150
Des Plaines, Illinois 60018
847-299-9500 Fax 847-299-9501
www.mediatracks.com

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Questions? Email info@mediatracks.com or efleming@mediatracks.com
Guest information, segment podcasts and the latest health news are available at www.radiohealthjournal.net

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Section III PUBLIC SERVICE ANNOUNCEMENTS

Section III lists public service announcements that the station broadcast during the preceding calendar quarter that address community issues.

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
Cancer	Z-PSA - SUSAN G. KOMEN RACE FOR THE	000:21	027

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
	CURE 2016		
Cancer	Z-PSA - SUSAN G. KOMEN RACE FOR THE CURE 2016	000:41	053
Cancer	Z-PSA - SUSAN G. KOMEN RACE FOR THE CURE 2016	000:42	043
BULLYING	BYSTANDER REVOLUTUION	000:30	010
CHRIS EVERT TENNIS CLASSIC	IHEART MEDIA	000:30	037
COMMUNITY INVOLVEMENT	WE ARE BROADCASTERS	000:30	020
DISASTER PREPAREDNESS	FLORIDA ASSN OF BROADCASTERS	000:30	039
FLORIDA TOURISM	FLORIDA ASSN OF BROADCASTERS	001:00	044
FLORIDA TOURISM	FLORIDA ASSO. OF BROADCASTERS	000:30	044
FOOD SAFETY	AD COUNCIL	000:59	052
MILITARY AND VETERANS	SHOW YOUR STRIPES	000:30	013
MILITARY AND VETERANS	WOUNDED WARRIORS	000:30	008
VETERANS SUPPORT	VETERANS ADMINISTRATION	000:30	003
VOTING	ROCK THE VOTE	000:29	102
VOTING	ROCK THE VOTE	000:30	007