## WKHZ AM

Fourth Quarter 2023 Issues and Programs List

During this quarter, WKHZ found issues of concern to our community and broadcast the following programs in response:

Program: Uniendo Familias
Length: 15 minutes
Time: 4:00pm to 4:15pm
Date: Saturday, October 7, 2023
Issues: Mental Health Awareness
Content: Host Edgar I Palma discussed in Spanish the importance of mental health awareness within the Latino community. Health statistics provided demonstrate the need for increased advocacy on this topic. The host encouraged his listeners to learn more about this topic and to explore resources within the community that promoted a healthy lifestyle.

**Program:** Uniendo Familias **Length:** 15 minutes **Time:** 11:00am to 11:15am **Date:** Saturday, October 28, 2023 **Issues:** Healthy Eating

**Content:** Host Edgar I Palma discussed the correlation between unhealthy eating habits, obesity, and health issues within the community. The host encouraged the community to learn more about this topic and to explore resources in Spanish language about the importance of healthy eating habits.

Program: Uniendo Familias
Length: 15 minutes
Time: 4:00 pm to 4:15pm
Date: Wednesday, November 8, 2023
Issues: Safety Tips for Public Transportation/Travel
Content: Host Edgar I Palma discussed a list of safety tips while traveling on public transportation and in general. He noted the importance of being aware of your surroundings, knowing the local emergency phone numbers, the importance of planning ahead and making others aware of your plans to travel or to use public transportation. The host encouraged the community to learn more about this topic and to explore resources online and potentially within the community that promoted public transportation safety awareness.

Program: Uniendo Familias
Length: 15 minutes
Time: 2:00pm to 2:15pm
Date: Wednesday, November 22, 2023
Issues: Safe Driving
Content: Host Edgar I Palma discussed the importance safety tips while driving. These tips included don't drink and drive and to avoid distracted driving, such as texting. The host encouraged the community to explore resources online and potentially within the community that promoted public transportation safety awareness as we get closer to the Holiday Season.

**Program:** Uniendo Familias **Length:** 15 minutes **Time:** 4:00pm to 4:15pm **Date:** Saturday, December 9, 2023 **Issues:** Active Lifestyle

**Content:** Host Edgar I Palma discussed the importance of a healthy lifestyle with regards to food choices, regular physical activity, and mental health well-being, particularly considering the correlation between obesity and various health problems. Health statistics were provided to demonstrate the need for increased advocacy on this topic within the community. The host encouraged the community to explore resources within the community that promoted a healthy lifestyle.

Program: Uniendo Familias
Length: 15 minutes
Time: 4:00pm to 4:15pm
Date: Wednesday, December 20, 2023
Issues: Mental Health Awareness
Content: (Pre-recorded) Host Edgar I Palma discussed in Spanish the importance of mental health awareness within the Latino community. Health statistics provided demonstrate the need for increased advocacy on this topic. The host encouraged his listeners to learn more about this topic and to explore resources within the community that promoted a healthy lifestyle.