WKHZ AM

First Quarter 2023 Issues and Programs List

During this quarter, WKHZ found issues of concern to our community and broadcast the following programs in response:

Program: Uniendo Familias **Length:** 15 minutes **Time:** 3:00pm to 3:15pm **Date:** January 1, 2023 **Issues:** Active Lifestyle

Content: Host Edgar I Palma discussed on New Years the importance of a healthy lifestyle with regards to food choices, regular physical activity, and mental health well-being, particularly considering the correlation between obesity and various health problems. Health statistics were provided to the Latino Community to demonstrate the need for increased advocacy on this topic within the community. The host encouraged the community to learn more about this topic on their own time and to explore resources within the community that promoted a healthy lifestyle.

Program: Uniendo Familias
Length: 15 minutes
Time: 4:00pm to 4:15pm
Date: January16, 2023
Issues: Mental Health Awareness
Content: Host Edgar I Palma discussed in Spanish the importance of mental health awareness within the Latino Community. Health statistics were provided to the Latino Community to demonstrate the need for increased advocacy on this topic within the community. The host encouraged the community to learn more about this topic on their own time and to explore resources within the community that promoted a healthy lifestyle. The host motivated the community to focus on their mental health this new year.

Program: Uniendo Familias
Length: 15 minutes
Time: 2pm to 2:15pm
Date: February 4, 2023
Issues: Healthy Eating
Content: Host Edgar I Palma discussed in Spanish the importance of Healthy
Eating habits. Health statistics were provided to the Latino Community to
demonstrate the correlation between unhealthy eating habits, obesity, and health
issues within the community. The host encouraged the community to learn more
about this topic on their own time and to explore resources in Spanish language

Program: Uniendo Familias **Length:** 15 minutes **Time:** 3pm to 3:15pm **Date:** February 20, 2023 **Issues:** Dangers of Smoking

Content: Host Edgar I Palma discussed in Spanish the dangers of smoking cigarettes. Health statistics were provided to the Latino Community to demonstrate the relevancy and need for increased advocacy on this topic within the community. The host encouraged the community to learn more about this topic on their own time and to explore resources in Spanish language about this topic.

Program: Uniendo Familias
Length: 15 minutes
Time: 4:00pm to 4:15pm
Date: March 4, 2023
Issues: Seat belt Safety

Content: Host Edgar I Palma discussed in Spanish the importance of safe and responsible driving with an emphasis on the importance of using seat belts as a means of safety. Statistics were provided to discuss the dangers of driving without a seat belt and the legal consequences of not adhering to seat belt safety laws. The host also encouraged listeners to learn more about how seat belt safety can help save lives.

Program: Uniendo Familias
Length: 15 minutes
Time: 1:00 pm to 1:15pm
Date: March 18, 2023
Issues: Safety Tips for Public Transportation/Travel
Content: Host Edgar I Palma discussed a list of safety tips while traveling on public transportation and in general. Tips discussed included the importance of being aware of your surroundings, knowing the local emergency phone numbers, and the importance of planning ahead and making others aware of plans to travel use public transportation. The host encouraged the community to learn more about this topic on their own time and to explore resources online and potentially within the community that promoted public transportation safety awareness.