WKHZ AM

Third Quarter 2023 Issues and Programs List

During this quarter, WKHZ found issues of concern to our community and broadcast the following programs in response:

Program: Uniendo Familias

Length: 15 minutes Time: 11:00 AM Date: July 8, 2023 Issues: Healthy Eating

Content: Host Edgar I Palma discussed in Spanish the importance of Healthy Eating habits. Health statistics were provided to the Latino Community to demonstrate the correlation between unhealthy eating habits, obesity, and health issues within the community. The host encouraged the community to learn more about this topic on their own time and to explore resources in Spanish language about this topic.

Program: Uniendo Familias

Length: 15 minutes Time: 4:00 PM Date: July 29, 2023 Issues: Active Lifestyle

Content: Host Edgar I Palma discussed the importance of a healthy lifestyle with regards to food choices, regular physical activity, and mental health well-being, particularly considering the correlation between obesity and various health problems. Health statistics were provided to the Latino Community to demonstrate the need for increased advocacy on this topic within the community. The host encouraged the community to learn more about this topic on their own time and to explore resources within the community that promoted a healthy lifestyle.

Program: Uniendo Familias

Length: 15 minutes **Time:** 4:00 PM

Date: August 9, 2023

Issues: Mental Health Awareness

Content: Host Edgar I Palma discussed in Spanish the importance of mental health awareness within the Latino Community. Health statistics were provided to the Latino Community to demonstrate the need for increased advocacy on this topic within the community. The host encouraged the community to learn more about this topic on their own time and to explore resources within the community that promoted a healthy lifestyle. The host motivated the community to focus on their mental health.

Program: Uniendo Familias

Length: 15 minutes **Time:** 2:00 PM

Date: August 23, 2023

Issues: Mental Health Awareness

Content: (Pre-recorded) Host Edgar I Palma discussed in Spanish the importance of mental health awareness within the Latino Community. Health statistics were provided to the Latino Community to demonstrate the need for increased advocacy on this topic within the community. The host encouraged the community to learn more about this topic on their own time and to explore resources within the community that promoted a healthy lifestyle and to focus on their mental health.

Program: Uniendo Familias

Length: 15 minutes **Time:** 4:00 PM

Date: September 4, 2023

Issues: Safety Tips While Traveling

Content: Host Edgar I Palma discussed a list of safety tips while traveling on public transportation and in general. Tips discussed included the importance of being aware of your surroundings, knowing the local emergency phone numbers, and the importance of planning ahead and making others aware of plans to travel using public transportation. The host encouraged the community to learn more about this topic on their own time and to explore resources online and potentially within the community that promoted public transportation safety awareness.

Program: Uniendo Familias

Length: 15 minutes **Time:** 2:00 PM

Date: September 20, 2023 **Issues:** Dangers of Smoking

Content: Host Edgar I Palma discussed in Spanish the dangers of smoking cigarettes. Health statistics were provided to the Latino community to demonstrate the need for increased advocacy on this topic within the community. The host encouraged the community to learn more about this topic on their own time and to explore resources in Spanish language about this topic.