WVMC SOARING EAGLE PROMOTIONS dba Rise FM QUARTERLY COMMUNITY ISSUES REPORT 1st QUARTER – 2023

ISSUES: HOW TO FIND TRUE REST IN MARRIAGE (2 PARTS) SUICIDE & MENTAL HEALTH DISORDERS SEASONAL AFFECT DISORDER SINGLE PARENTING TEACHABLE MOMENTS WITH TEENS TALKING WITH CHILDREN ABOUT THE NEWS

Vows to Keep Radio Friday, Jan. 13, 2023 9:00AM | 25:00 Guest: David & Tracy Sellars Description: In this 2-part series, David and Tracy Sellars discuss the importance of rest to the overall success in marriage. They share how making one small shift in what motivates us, whate we prioritize and who we are trying to please can give us the rest we crave.

The Session

Thursday, Jan. 19, 2023 9:00 AM | 30:00

Guest: Tom Russell, Heritage Christian Counseling Ministries, plus Jeff & Donna Heck, from 33 Forever Description: 33 Forever is a non-profit created by Jeff & Donna Heck, after their 33-year old daughter, Dani, committed suicide. They connect people fighting with depression, suicidal thoughts and other mental health issues with the care they need. On today's episode, we discuss their goal to normalize talking about mental health issues, and their passion to get people the help they need.

Vows to Keep Radio Friday, Jan. 20, 2023 9:00AM | 25:00 Guest: David & Tracy Sellars Description: In the final episode of this series on rest, David and Tracy Sellars discuss how a focus on a Biblical world view can provide the rest your marriage needs.

The Session

Thursday, Jan. 26, 2023 9:00 AM | 16:00 Guest: Tom Russell, Heritage Christian Counseling Ministries Description: Seasonal Affect Disorder is defined, symptoms discussed, and tips for dealing with SAD are covered, from a Christian World View, based on an article from Jimmie Quick. Methods of coping were discussed, including meditating, not believing lies about SAD, and comprehending the truth of SAD.

Family Life Today Wednesday, February 1, 2023 10:00 PM | 25:00 Guest: Roland Warren Description: On FamilyLife Today, Dave and Ann Wilson host author Roland Warren, who invites single moms on a journey to heal their hearts. He offers parenting advice to raise healthy men, good husbands, & strong dads

Family Life Today

Thursday, Feb. 23, 2023 10:00 PM | 25:00

Guest: Paul David Tripp

Description: On FamilyLife Today episode called, "Help! I'm Parenting Teens", Dave and Ann Wilson host Paul David Tripp--who insists those annoying moments with teens are doorways to mind-blowing opportunities as a Christian parenting teens. Find out how.

The Session

Thursday, Mar. 30, 2023 9:00 AM | 23:38

Guest: Tom Russell, Heritage Christian Counseling Ministries

Description: With school shootings, natural disaster, and other tragic events being played out on just about every electronic device our family's watch, Scott and Tom discuss how to talk with your children about the news they are seeing, based on an article from Tami Devine and Jannie DeBrito from Focus on the Family. Emphasis is placed on age-appropriate conversations. Tips include being careful with the first part of a newscast. News organizations approach of "If it bleeds it leads" can be traumatizing. Other tips include explaining that stories or video repeated does not mean the tragic event is happening again, helping older children process emotions, and teaching children that a news program is a "show" and "a business".