

WVMC
SOARING EAGLE PROMOTIONS dba Rise FM
QUARTERLY COMMUNITY ISSUES REPORT
3rd QUARTER – 2023

ISSUES:

Burnout-Are you getting the rest you need?
Dealing with emotions around sending your child to college/life
Dealing with Postpartum Issues
Bullying in schools
Parenting the Addicted Adult Child
Boundaries & Accountability in Marriage

Vows to Keep Radio

Sunday, July 9, 2023 8:00pm | 25:00

Guest: David & Tracy Sellars

Description: Burnout can be a killer for a marriage. David & Tracy talk about how making one small shift in what motivates you, what you prioritize, and who you are trying to please can help you get the rest you need to succeed in marriage.

The Session

Sunday, July 30, 2023 8:30pm | 25:00

Guests: Tom Russell, Heritage Christian Counseling Ministries & Scott Saunders

Description: Send your child off to college or off into life can be traumatic not just for the child, but for the parents who have dedicated years into raising and nurturing children. This episode offers some keys to successfully navigating this major life change: Take a minute to breathe, concentrate on what you did right, keep lines of communication open, remain a safe place for your child, have a plan to help, have a prayer plan, and continue to prepare them.

Family Life Today

Friday, Aug. 11, 2023 9:30pm | 25:00

Guest: Dave & Ann Wilson, Kathryn and Elisha Voetberg

Description: The issues facing the new mom are many postpartum: Sleep deprivation, healing, body insecurity, lack of sex, family expectations, caring for yourself, changing hormones, and keeping your new baby alive. The panel discuss ideas to help navigate the biggest challenges of bringing a child into the world.

The Session

Sunday, Sept. 10, 2023 8:00pm | 25:00

Guests: Tom Russell, Heritage Christian Counseling Ministries & Scott Saunders

Description: As parents, it hurts to see your child hurting. When it comes to bullying, responding as a Christian parent can be even more challenging. Tom and Scott discuss several ways to respond: Recognize the behavior, seek Godly wisdom on how to deal with it, free yourself from the temptation to take revenge, forgive, resist the urge to ignore or delay action, seek advice from others, take action as prompted by the Holy Spirit, and pray for the bully.

The Session

Sunday, Sept. 17, 2023 8:30pm | 25:00

Guest: Tom Russell, Heritage Christian Counseling Ministries & Scott Saunders

Description: Addiction has become a very common part of our society today. Tom & Scott discuss how to parent your adult child who is an addict. In this first episode, they discuss what to do: set boundaries, invite open communication, address the behavior rather than the person, offer to help them find support services, ask how you can best help them, & invest in time for you as you cope with the addict.

The Session

Sunday, Sept. 24, 2023 8:30pm | 25:00

Guest: Tom Russell, Heritage Christian Counseling Ministries & Scott Saunders

Description: In this second episode of how to parent your adult child who is an addict, they discuss what not to do: don't ignore the problem or make excuses, don't berate your child for their choices, don't make a habit of lending them money, don't smother them, and don't ignore your own needs.

Vows to Keep Radio

Sunday, Sept. 24, 2023 8:00pm | 25:00

Guest: David & Tracy Sellars

Description: As a part of their series "How to help a hurting marriage", David & Tracy focus on the importance and value of establishing God inspired boundaries that fuel the health of marriage, and offer practical advice on how to set up these boundaries in marriage.