



QUARTERLY REPORT
APRIL-JUNE 2015

Program # 2015-14

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Health	16:00

Summary: Our guest discusses the benefits of getting into shape and doing it the proper way to avoid injury.

Guest: Jonathan Paull is director of York County Physiotherapy & Sports Injuries Clinic and author of “Structurally Sound: Renovating The Middle Aged Body”.
www.jonathanpaull.com

Issues Covered: goals, mind body connection, safety tips

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Media	7:00

Summary: Our guest discusses his daily tv show that deals with social issues such as abuse.

Guest: Steve Wilkos is host of the nationally syndicated daily tv show “The Steve Wilkos Show” now in it’s 7th season. He is a former Marine and Chicago police officer.
www.stevewilkos.com

Issues Covered: law enforcement, child abuse, drugs

29:00	Conclusion of Program	:30
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Program # 2015-15

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Parenting	16:00

Summary: Our guest discusses how to instill positive thinking and self-belief in children of all ages.

Guest: Linda Zito had a successful career in desktop publishing when she dedicated herself to raising her children. She's the author of "Why Can't I Be Like Her?".

www.lindazito.com

Issues Covered: confidence, bullying, social media

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Relationships	7:00

Summary: Our guest discusses her role as host of the religious oriented dating show airing on GSN and her work against Human trafficking.

Guest: Singer-songwriter Natalie Grant is a multi-Grammy award nominee and host of "It Takes A Church" on GSN

www.gsn.com

Issues Covered: human trafficking, dating, empowerment

29:00	Conclusion of Program	:30
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Program # 2015-16

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Business	16:00

Summary: Our guest discusses how to develop a winning corporate culture and vision including customer service.

Guest: Jack Daly is an expert in sales and sales management, a renowned speaker and author of the Amazon international best-seller "Hyper Sales Growth".

www.jackdaly.net

Issues Covered: passion, training, nutrition

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Children's TV 7:00

Summary: Our guest discusses creating engaging and educational television that whole families can enjoy.

Guest: Luke Matheny is an Academy Award winning writer/director and executive producer of Amazon's first original live action kids series "Gortimer Gibbons' Life on Easy Street".

www.amazon.com

Issues Covered: growing up, friendship, honesty

29:00 Conclusion of Program :30

Program # 2015-17

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Automotive	16:00

Summary: Our guest discusses America's love affair with automobiles and why some have a special relationship with them.

Guest: Brian LaForest is an automotive historian and author. His newest book is "Cars, Cars, Cars: The Vehicles That Drove My Life".

www.brianclaforest.tateauthor.com

Issues Covered: technology, investment, transportation

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Health 7:00

Summary: Our guest says most of us want to eat healthier especially during the summer but they just don't know how.

Guest: Jill Skeem is a certified macrobiotic health counselor, educator and chef. She's the author of "Comfort Foods Get A Vegan Makeover" www.jillskeem.com

Issues Covered: diets, wellness, exercise

29:00 Conclusion of Program :30

Program # 2015-18

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Psychology	16:00

Summary: Our guest discusses the importance of being in control of all aspects of your life rather than being controlled.

Guest: Dr Randy McDonald has been a coach and mentor for over 20 years. He's a charter member of the Association of Integrative Psychology and author of "It's All About Control" www.holisticmanagement.net

Issues Covered: optimism, affirmations, tools

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Health	7:00

Summary: Our guest says most of us want to eat healthier especially During the summer but they just don't know how. Part 2 of our series.

Guest: Jill Skeem is a certified macrobiotic health counselor, educator and chef. She's the author of "Comfort Foods Get A Vegan Makeover" www.jillskeem.com

Issues Covered: diets, wellness, exercise

29:00 Conclusion of Program :30

Program # 2015-19

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60

1:00	SPOT BREAK #1	2:00
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3:00	Segment #1 – Health	16:00
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Summary: Our guest discusses the benefits of a fit and healthy lifestyle. Part 2

Guest: Jim Kirwan is founder of Get America Moving, past owner of Try Sports and author of “The Exercise Factor: Ease Into The Best Shape of Your Life Regardless of Your Age, Weight or Current Fitness Level”.

www.getamericamoving.com

Issues Covered: exercise, nutrition, knowledge, aging

19:00	SPOT BREAK #2	3:00
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22:00	Segment #2- History	7:00
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Summary: Our guest discusses the role of travel and history in the big American story.

Guest: Brian Unger is an actor, producer, host and commentator. He currently hosts “Time Traveling with Brian Unger” on Travel Channel. www.travelchannel.com

Issues Covered: architecture, preservation, innovation

29:00	Conclusion of Program	:30
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Program # 2015-20

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60

1:00	SPOT BREAK #1	2:00
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3:00	Segment #1 – Psychology	16:00
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Summary: Our guest discusses the power to take control of your actions and free yourself of guilt and negativity.

Guest: Dr Teja Jaensch is a Chinese medicine physician and author of “The Ledger of Good and Evil: A Manual for Humanity”.

www.ledgerofgoodandevil.com

Issues Covered: humanity, fear, humility, morality

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Dealing with Loss	7:00

Summary: Our guest discusses how she handled grief following the death of her mother while caring for her father.

Guest: Lora Ann Young is the author of "Lost Parent Club", a survival guide for dealing with the loss of a parent. She is a customer service executive.
www.thelostparentclub.com

Issues Covered: service, support groups, planning

29:00	Conclusion of Program	:30
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Program # 2015-21

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Mental Health	16:00

Summary: Our guest discusses the mental health adversities she encountered in her life and how she dealt with them.

Guest: Josie Goghlan is the author of "Josie Released From Within" based on her true story of mental health issues and success.
www.josiereleasedfromwithin.com

Issues Covered: abuse, nervous breakdown, depression

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Travel	7:00

Summary: Our guest discusses ways people can get more for their travel dollar with insider tips and trends.

Guest: Keith Nowak is Communications Director for Travelocity and a frequent media resource for travel information.
www.travelocity.com

Issues Covered: vacation packages, airfare deals, free deals

29:00 Conclusion of Program :30

Program # 2015-22

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Health	16:00

Summary: Our guest discusses inexpensive treatments for life threatening diseases.

Guest: Julia Schopick is a best selling author of “Honest Medicine” and creator of the award winning health blog www.honestmedicine.com

Issues Covered: diagnosis, treatment, side effects

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Business	7:00

Summary: Our guest discusses how Nike created the multi-million dollar athletic shoe industry.

Guest: Sonny Vaccaro was instrumental in launching Nike’s “Air Jordan” empire in the 80’s and ignited the Nike/Adidas sneaker wars.

Issues Covered: branding, endorsements, NCAA

29:00 Conclusion of Program :30

Program # 2015-23

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Government	16:00

Summary: Our guest discusses ethics, secrecy and transparency

in government.

Guest: Dr Cristina Gueneri has spent the last 22 years working on and covering political campaigns. She teaches ethics and leadership seminars across the US and is author of "Flames of Truth".

www.cristinawrites.com

Issues Covered: trust, corruption, broken system

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Food Safety	7:00

Summary: Our guest discusses how to safely prepare and cook food outdoors.

Guest: Myron Maxon is a 3 time World BBQ Champion and author of "Everyday Barbeque". He is host of "BBQ Pitmasters" on Destination America.

Issues Covered: food temperature, refrigeration, utensils

29:00	Conclusion of Program	:30
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Program # 2015-24

Airdate: _____ Time of Broadcast _____

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<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Government	16:00

Summary: Our guest discusses the Republican controlled Congress and the chances of a bi-partisan approach to US problems.

Guest: Patrick Andenhall is a political researcher and author. His latest book "Stupid Party". He is a former underwriter with Lloyds of London.

Issues Covered: infrastructure, media, taxes

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Media	7:00

Summary: Our guests discuss the behind the scenes events of realty television.

Guest: Shiree Appleby and Constance Zimmer are acclaimed

actresses and stars of the Lifetime tv series "UnReal".
www.mylifetime.com

Issues Covered: manipulation, relationships, competition

29:00 Conclusion of Program :30

Program # 2015-25

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Careers	16:00

Summary: Our guest explains how to design and implement a job search action plan.

Guest: Kathleen Brady is an iPEC certified career management coach with 25 years experience and author of "Get A Job: 10 Secrets to Career Success"
www.careerplanners.net

Issues Covered: resume writing, social media, negotiating

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Environment	7:00

Summary: Our guest discusses how to design a budget and environmentally friendly outdoor living space.

Guest: Sabrina Soto is one of the nation's most sought after design experts. She's a best selling author and HGTV host.
www.sabrinasoto.com

Issues Covered: budgets, foodscaping, low water use plants

29:00 Conclusion of Program :30

Program # 2015-26

Airdate: _____ Time of Broadcast _____

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<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60

1:00 SPOT BREAK #1 2:00

3:00 Segment #1 – Disaster Preparedness 16:00

Summary: Our guest discusses how to take stock of the risks of earthquakes and how to be prepared.

Guest: Dr Peter Ward worked with the US Geological Survey developing the earthquake hazard reduction program.

www.livingmoresafely.com

Issues Covered: building safety, action plan, predictions

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- History 7:00

Summary: Our guest discusses his role in the tv mini-series “Texas Rising” the story of Texas’ fight for independence.

Guest: Rhys Coiro is a versatile actor who plays a member of the Texas Rangers in History’s acclaimed mini-series “Texas Rising”.

Issues Covered: Alamo, colliding cultures, wild west

29:00 Conclusion of Program :30