COMMUNITY ISSUES PROGRAM LIST- KFLF Third Quarter 2020 (July-September) Prepared by: Renata Kiss, FCC Compliance Assistant

The following is a listing of some of the significant issues responded to by KFLF, SOMERS, MT for the period of July 1<sup>st</sup>-September 30<sup>th</sup>. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific Daylight Time.

- 1. PANDEMIC Self-Care
- 2. Health & Safety
- 3. Domestic Abuse
- 4. Healthy Fatherhood
- 5. Food Pantry

Issue	Program	Date	Time	Duration	Description of Program
Closer Look	Pandemic Self-Care	9/1/2020	7:00pm	21:55	Dr. Mimi Secor didn't get truly serious about her own weight- management and overall health until her early 60's. Building on her personal success and with a nod to current events, she offers advice cleverly corresponding with each of the letters of the word "pandemic." K-LOVE's Marya Morgan talks with Dr. Mimi about what she calls the '8 pillars of health.'
					P.lanning/Preparing
					A.ccountibility
					N.ighttime
					D.iet
					E.xercise
					M.indset
					I.nspiration/Intimacy
					C.oritsol

Health & Safety	Closer Look	8/19/2020	7:00pm	13:39	Trauma can settle into your mind and affect your conscious or subconscious no matter who you are or how strong you think you 'should' be. K-LOVE's Monika Kelly talks with Jamie Aten, founder of the Humanitarian Disaster Institute which studies mental and emotional reactions to disasters and offers training for Christian leaders preparing to weather societal storms. Related Links: <u>https://www.wheaton.edu/academics/academic- centers/humanitarian-disaster-institute/research/</u> <u>https://www.reopeningthechurch.com/</u> <u>https://www.spiritualfirstaidhub.com/</u>
Domestic Abuse	Closer Look	8/5/2020	7:00pm	28:34	Physical bruises are only small part of what some women and men suffer, says Annette Oltmans of The MEND Project, which brings awareness to what she calls 'covert emotional abuse.' "Victims begin questioning reality and their own sanity," she explains, herself a survivor of domestic abuse – and a Christian – who knows firsthand what's it like to 'live it.' Pastor Paul Cole, president of the Christian Men's Network, has been deeply concerned by the quarantine effect on families already stuffed in a pressure cooker of unhealthy reactions. "A lot of times, we as men act out of anger, rage, disappointment – and we lash out at people," he says, and urges men in this trap to reach out for help. K-LOVE's Billie Branham reports. <b>The National Domestic Abuse Hotline 1-800-799-7233</b> Related Links: <u>https://www.thehotline.org/ https://themendproject.com/</u> <u>https://themendproject.com/</u> <u>https://ww2.klove.com/news/health/advice-for-men-new-surge-of- domestic-violence-how-to-stop-it-15043?preview=true</u>

Healthy Fatherhood	Closer Look	7/29/2020	7:00pm	29:06	"We know in business, we know in work that you have goals you have you have to meet: well what's your fathering plan?" K-LOVE's Bob Dittman talks with Dr. Ken Canfield of the National Center For Fathering about learning how to be good dad. "We're creating this sense of destiny for our lives that will be played out over and over." Related Links: <u>http://fathers.com/%20</u> <u>https://fathers.com/ken-canfield/</u>
Food Pantry	Closer Look	9/17/2020	7:00pm	15:14	Stay-at-home orders in Spring 2020 gave millions of new green thumbs a chance to grow. What can Americans do with all those extra cucumbers and tomatoes? Take them to a participating food pantry! K-LOVE's Marya Morgan talks with Ampleharvest.org founder and lifelong backyard gardener Gary Oppenheimer. Related Links: <u>https://ampleharvest.org/</u>
Fulfilling Dreams for Those With Disabilities	Local News	9/27/2020	7:30pm	n/a	Dan Beck talks with a group helping those with disabilities to achieve independence and experience adaptive sports, helping break down barriers of mental and physical limitations
Montana State University Agriculture Extension Agent Pat McGlynn	Local News	9/20/2020	7:30pm	n/a	Agriculture, Natural Resources, & Community Development Master Gardner, Soil Testing, Hay, Grapes, Cherries, Noxious Weed Control across Montana, 4H for Youth, Horticulture, Tourism in Montana, Volunteering at Extension.
Habitat Grows with Kalispell	Local News	7/19/2020 8/16/2020 9/13/2020	7:30pm	n/a	Now more than ever, affordable housing is needed in Kalispell and the Flathead Valley. Habitat for Humanity and the ReStore is a great resource for hope and a new start for families in Kalispell and the Flathead Valley. Dan Beck talks with their Executive Director about where they are at and where they are going.

Mission Builders Answers the Call	Local News	7/12/2020 8/9/2020 9/6/2020	7:30pm	n/a	Mission Builders International works with people who want to do short-term missions service work around the world answer the call to serve God and others through volunteering their time and giving weeks and months to the service of others.
Helping High School Students Reach Higher	Local News	7/26/2020 8/23/2020	7:30pm	n/a	Reach Higher Montana is a nonprofit that helps students and parents achieve their goal of attending College or vocational training to gain career skills that promote economic stability. EMF's Dan Beck talks with the Executive Director of Reach Higher Montana about their work.