## COMMUNITY ISSUES PROGRAM LIST- KFLF Fourth Quarter 2020 (October-December) Prepared by: Renata Kiss, FCC Compliance Assistant

The following is a listing of some of the significant issues responded to by KFLF, SOMERS, MT for the period of October 1<sup>st</sup>-December 31st. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific Daylight Time.

- 1. Special Needs
- 2. Children's Mental Health
- 3. School at Home
- 4. Convoy of Hope
- 5. Suicide Prevention
- 6. Mental Health

Issue	Program	Date	Time	Duration	Description of Program
Special Needs	Closer Look	10/5/2020- 10/11/2020	7pm	15:46	Special Needs Families Get 'Buddy Breaks' With Nathaniel's Hope Special Needs families frequently suffer isolation, so Nathaniel's Hope trains churches to provide respite care. Volunteers learn to do crafts and play games with the children for 3-hour blocks of time. "There's no better cup of cold water you can give to a family impacted by disability than a break," says NH and Buddy Break co-founder Marie Kuck. It starts, she says, with having a willing heart. "Tear down those walls and build friendships." Related Links: <a href="https://www.nathanielshope.org/our-programs/buddy-break/">https://www.nathanielshope.org/our-programs/buddy-break/</a> <a href="https://www.nathanielshope.org/our-programs/vip-birthday-club/">https://www.nathanielshope.org/our-programs/vip-birthday-club/</a>
Children's Mental Health	Closer Look	12/7/2020 - 12/13/2020	7pm	27:44	Help For Kids Suffering Sadness, Anxiety In Pandemic The digital age exposes modern kids to bad news and bitter opinions their parents never knew. The pandemic made a dire situation even worse. The barrage of mystifying information crowds their minds along with the other pressures of growing up. This can drive kids to anxiety, depression or even suicide. Monika Kelly gets advice from child mental health experts.  Related Links: <a href="https://www.klove.com/news/closer-look/health-and-safety/closer-look-help-for-kids-suffering-sadness-anxiety-in-pandemic-1076">https://www.klove.com/news/closer-look/health-and-safety/help-for-kids-suffering-sadness-anxiety-in-pandemic-1076</a> <a href="https://www.air1.com/news/closer-look/health-and-safety/help-for-kids-suffering-sadness-anxiety-in-pandemic-1077">https://www.air1.com/news/closer-look/health-and-safety/help-for-kids-suffering-sadness-anxiety-in-pandemic-1077</a>

School at Home	Closer Look	10/12/2020 - 10/18/2020	7pm	28:54	SCHOOL-AT-HOME: Advice For Distance Learning, Homeschooling "Keeping it simple" is key says Arlene Pellicane, mom, author and host of Accessmore podcast A Happy Home. "Master the basics. Just focus on like two things that would help this distance learning thing work." As homeschoolers, parents take full responsibility for what their children learn, a method mentor and coach Kayla Weller finds effective, flexible and fun. K-LOVE's Billie Branham reports.
Convoy of Hope	Closer Look	10/19/2020 - 10/25/2020	7pm	28:23	2020 'Convoy Of Hope' Hauls Relief To Storm, Fire and Virus Victims  When disaster strikes, CONVOY OF HOPE big rigs show up, hauling so much more than tarps, lumber, bottled water and food.  "It's starts with food but ends with Jesus," says COH spokesperson Jeff Nene. K-LOVE's Marya Morgan reports.  Related Links: <a href="https://www.convoyofhope.org/">https://www.klove.com/news/faith/convoy-of-hope-serves-10-million-meals-but-won-t-stop-there-12151</a>
Suicide Prevention	Closer Look	11/30/2020 - 12/6/2020	7pm	14:45	It Doesn't Have To End This Way: Suicide Prevention If someone decides to end their own life, you may never fully understand why. "But you can imagine how much psychological pain that person had to be in," says Pat Gallinagh of Range Suicide Prevention Council. If someone decides to end their own life, you may never fully understand why. "But you can imagine how much psychological pain that person had to be in," says Pat Gallinagh of Range Suicide Prevention Council.  CALL THE NAT'L SUICIDE HOTLINE 1-800-273 TALK (8255) Or call the K-LOVE PASTORS: 1-844-364-HOPE (4673).

Mental Health	Closer Look	11/2/2020 - 11/8/2020	7pm	27:58	'Rest' Is More Than Sleep – What Kind Of Tired Are You? Rest is the root of the word 'restoration' – and restoration is a principle that medical internist Dr. Saundra Dalton-Smith sees as crucial to seven distinct areas of your life. "Rest isn't just the cessation of activity," she says, suggesting that for optimal health "you have to get to the point of knowing what restores you. What fills you back up?" 7 types of Rest: Physical, Mental, Emotional, Spiritual, Social, Sensory and Creative. Related Links: <a href="https://ichoosemybestlife.com/quiz/rest-quiz-test/">https://ichoosemybestlife.com/quiz/rest-quiz-test/</a>
Abused Women in Montana Find Safe Harbor	Local News	12/13/2020	7:30pm	n/a	Dan Beck talks with the Executive Director of Safe Harbor, a shelter for victims of abuse in the Flathead Valley of Montana and the communities around it.
Youth Homes Serve Montana's Future Generation	Local News	12/6/2020	7:30pm	n/a	Youth without stable homes in Montana have an option now with Youth Homes of Montana for special needs and trauma care and mentoring as they approach adult life. Dan Beck talks with their Executive Director about their services.
CASA Advocates for Kids	Local News	11/15/2020	7:30pm	n/a	CASA advocates represent the minor children involved in court situations and have been removed from their homes. Dan Beck talks with the Executive Director of the Missoula chapter for CASA.
Flathead Food Bank Adapting to Change	Local News	10/25/2020 12/20/2020	7:30pm	n/a	Everyone has had to make changes to their lifestyle, and the Flathead Food Bank is changing and adapting to the needs of the communities they serve as well, with drive-up service and new volunteer practices. Dan Beck talks with the Executive Director about their new ways of serving the area.

Celebrate Recovery in the Flathead Valley Kalispell and Somers	Local News	10/11/2020 11/22/2020	7:30pm	n/a	<ol> <li>How long have you served with CR?</li> <li>Do I have to be a member of the church where Celebrate Recovery meets or do I even have to be a believer to attend?</li> <li>Why do the men's and women's small groups meet separately?</li> <li>Is Celebrate Recovery for addiction only? Tell us more about how CR helps with Hurts Hang-ups and Habits.</li> <li>What is the healing process through the Celebrate Recovery Program?</li> <li>Talk about Celebrate Recovery being a Christ-Centered - 12 Step Recovery Program</li> <li>Is Celebrate Recovery for the whole family?</li> <li>How can someone find a Celebrate Recovery meeting near them?</li> <li>How can a church start the process of beginning a Celebrate Recovery Ministry?</li> <li>What else does a Celebrate Recovery Ministry do besides have a meeting once a week?</li> <li>What's a Step Study?</li> <li>What's the difference between a Sponsor and an Accountability Partner?</li> </ol>
Fulfilling Dreams for Those With Disabilities	Local News	11/8/2020	7:30pm	n/a	Dan Beck talks with a group helping those with disabilities to achieve independence and experience adaptive sports, helping break down barriers of mental and physical limitations

Montana State University Agriculture Extension Agent Pat McGlynn	Local News	11/1/2020 11/29/2020	7:30pm	n/a	Agriculture, Natural Resources, & Community Development Master Gardner, Soil Testing, Hay, Grapes, Cherries, Noxious Weed Control across Montana, 4H for Youth, Horticulture, Tourism in Montana, Volunteering at Extension