



**KQSN-FM Ponca City, Oklahoma
Quarterly Issues/Programs List**

1st Quarter 2023
04/10/2023

KQSN provides its listeners with programming and public service announcements that address issues of concern to our local community. The following is a listing of some of the significant issues responded to by KQSN-FM Radio, along with a representative summary of the on air broadcasts for the period of 1/1/2023 through 3/31/2023. This list is by no means exhaustive and the order in which they appear does not reflect any priority or significance.

Key Issues Addressed during this period:

Employment	Education	At Risk Youth
Crime	Disabilities	
Local economy	Poverty/Hunger	Traffic Safety
Drug/Alcohol Abuse	Bullying/Suicide	
Health/Fitness	Native American Issues	Veteran's Affairs
Gambling Issues	Health Care	

**Section I
LOCAL PROGRAMMING**

Section I lists regularly-scheduled and special programs that represent the station's issue-responsive programming providing the most significant treatment of the issues listed above for the calendar quarter.

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
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Various	Kanza Radio	In 2022, Sterling Broadcasting chose to address the many unique issues faced by our significant Native American population and worked with Kaw Nation to develop a weekly 30 minute program addressing this issues and visiting with many local leaders. This program airs weekly, on Sunday mornings	Group and community leaders	Sunday Mornings 9:30am	30 min
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ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		at 9:30 on KQSN. There follows an example of programming that was locally produced and air in Q4 2022			
Native American Issues, Child Welfare, Social Services, Emergency Management	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw Nation's Lonnie Doyle.	Michael Mace-Office Manager for the Indian Child Welfare Department Andrew Means- Social service department director Daniel Hessen-Director of emergency management	1/1/23	30:00
Employment, Unemployment Benefits, Accessibility & Transportation. Native American Issues	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw Nation's Lonnie Doyle.	Joe Thompson-Director for the Kaw Nation Human Resources Skylar Matthews-Transportation Director	1/8/23	30:00
Economy, Native American Issues, At Risk Youth	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw	Jailyn Kent, Kaw Nation Procurement Director & Member Cultural Committee	1/15/23 9:30 AM	30:00

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		Nation's Lonnie Doyle.			
Native American Issues, Economy, Employment	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw Nation's Lonnie Doyle. Understanding treaties & land Claims; strategic growth and employment at Braman facility.	Ken Bellmard, Director Kaw Nation Gaming, Inc.	1/22/23	30:00
Economy, Native American Issues, At Risk Youth	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw Nation's Lonnie Doyle. Encore broadcast of 1/15 program	Jailyn Kent, Kaw Nation Procurement Director & Member Cultural Committee	1/29/23	30:00
Child Welfare, At-Risk Youth, Health Care Native American Issues	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw Nation's Lonnie Doyle.	Andrew Means- Social service department director Lavina Clark- Injury Prevention Coordinator	2/5/23	30:00

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Native American Issues, Health Care, Welfare	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw Nation's Lonnie Doyle.	Michael Mace-Office Manager for the Indian Child Welfare Department Storm Brave – Languarge Director and Lori George, Director Social Service Department	2/12/23	30:00
Drug & Substance Abuse & Prevention, Education, At Risk Youth	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw Nation's Lonnie Doyle. Four guests this week, all Advocates of Oklahoma State University's Wellness Program – Kay County	Chuck Lester – Grants Mgr, Jamilla Aljeraque – Kay Co Advocate, Sheree Hanson Brewer – Kay Co Advocate, Marcy Antonio – Grant Coordinator	2/19/23	30:00
Drug & Substance Abuse & Prevention, Education, At Risk Youth	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw Nation's Lonnie Doyle. Four guests this week, all	Chuck Lester – Grants Mgr, Jamilla Aljeraque – Kay Co Advocate, Sheree Hanson Brewer – Kay Co Advocate, Marcy Antonio – Grant Coordinator	2/26/23	30:00

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
		Advocates of Oklahoma State University's Wellness Program – Kay County. Encore broadcast.			
Native American Issues, Health Care, Environment, Domestic Violence, Education	Kanza Radio	Host Lonnie Doyle is joined this week by representatives of Kaw Nation's Environmental, Family Trauma & Child Development Programs.	Emily Douglas – Environmental Director, Kat Jones – Coordinator of Family Trauma and Healing Center and Lindsey Spotted Bear – Program Coordinator Child Development Program	3/5/23	30:00
Native American Issues, Employment, Women's Health, Education	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw Nation's Lonnie Doyle.	Joe Thompson – Director Kaw Nation Human Resources, Lori George – Coordinator Women's Health Program	3/12/23	30:00
Native American Issues, Health Care, Welfare	Kanza Radio	Our weekly panel of guest addressed issues in their areas of specialty as noted in the first column. Hosted by the Kaw Nation's Lonnie Doyle. Encore Broadcast	Storm Brave – Language Director and Lori George, Director Social Service Department	3/19/23	30:00

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
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**Section II
NETWORK (and/or SYNDICATED) PROGRAMMING**

ISSUE	PROGRAM / TITLE	DESCRIPTION	DATE/TIME	DURATION
Various	InfoTrak	Weekly 30 Minute Public Affairs Program. Specific issues addressed are noted below.	Weekly Sundays 8:00am	030:00



Call Letters: KQSN-FM

Weekly Public Affairs Program

QUARTERLY ISSUES REPORT, JANUARY-MARCH, 2023

Show # 2023-01

Date aired: 1/1/23 **Time Aired: 8:00 AM**

Jacquelyn C. Campbell, PHD, RN, FAAN, expert on domestic violence, violence against women and intimate partner violence, Professor and the Anna D. Wolf Chair at the Johns Hopkins School of Nursing, National Program Director for the Robert Wood Johnson Foundation's Nurse Faculty Scholars Program

Dr. Campbell developed the Danger Assessment, a groundbreaking questionnaire designed to assess a woman's risk of being killed by an abusive partner. She talked about recent updates to the tool that address concerns for immigrant women and same-sex partners. She said it's helpful for an abused woman to document for herself how often abuse is happening, levels of abuse and other patterns.

Issues covered:

**Domestic Violence
Women's Concerns**

Length: 9:21

Bryan Caplan, PhD, Professor of Economics at George Mason University, blogger for EconLog, author of "*The Case against Education: Why the Education System Is a Waste of Time and Money*"

Although it is immensely popular--and immensely lucrative--Dr. Caplan believes that higher education is grossly overrated. He said that decades of growing access to education have not resulted in better jobs for the average worker, but instead in runaway credential inflation. He is in favor of serious cuts in government education funding to curb this wasteful rat race, along with a renewed emphasis on vocational education.

Issues covered:

**Education
Career
Government Spending**

Length: 8:01

Cyrus Farivar, Senior Business Editor at Ars Technica, author of "*Habeas Data: Privacy vs. the Rise of Surveillance Tech*"

Mr. Farivar discussed how judges and activists have thought about privacy and surveillance in America in recent decades. He believes that laws need to be updated to address advances in surveillance technology, such as the mass use of license plate readers and facial recognition software.

Issues covered:

**Constitutional Rights
Privacy**

Length: 5:04

Date aired: 1/8/23 **Time Aired: 8:00 AM**

Todd Spencer, President of the Owner-Operator Independent Drivers Association

Trucking is critical to virtually every aspect of the US economy. Mr. Spencer talked about the biggest challenges faced by truck drivers. He said drivers often spend 30% of their work week being detained by inefficiencies in the supply chain, waiting for shippers and receivers. He discussed the lack of adequate training of new truckers. He also talked about road congestion and needed improvements in the nation's highway system to better accommodate trucks.

Issues covered:

Length: 8:39

**Transportation
Supply Chain Issues
Employment**

Natasha Slesnick, PhD, Professor of Human Development and Family Science in the Department of Human Sciences, and EHE Associate Dean for Research and Administration at Ohio State University

Prof. Slesnick led a study that suggests that giving some homeless mothers with young children a place to live may do little to help them if it is not combined with support services. She outlined the most significant challenges faced by homeless mothers and their children, and the most effective forms of support.

Issues covered:

Length: 8:45

**Homelessness
Government Programs
Drug Abuse**

Donna Thompson, PhD, MBA, retired college educator, an advocate for children's literacy and creator of The Adventures of Carly and Charly, a book series "written" by cats for kids

Ms. Thompson discussed the importance of encouraging reading in young children, and the major obstacles created by electronic screens. She talked about the long-lasting health and wellness benefits connected to reading, and why it is so important for parents to set a good example in reading habits.

Issues covered:

Length: 5:01

**Literacy
Parenting**

Show # 2023-03

Date aired: 1/15/23 **Time Aired: 8:00 AM**

Nora Volkow, MD, Director of the National Institute on Drug Abuse, part of the National Institutes of Health

Fentanyl overdoses are the leading cause of death for Americans ages 18 to 49, more than car accidents or suicides. On average, one person dies of a fentanyl overdose in the United States every seven minutes, and the number of Americans killed by the drug has jumped 94 percent since 2019. Dr. Volkow discussed why the problem has skyrocketed and what steps the federal government is taking to address it. She said that, while the epidemic was worse in certain rural areas of the US in past years, the problem has now overwhelmed every city and state. She talked about the importance of education and treatment programs, and also explained why fentanyl is a particularly troubling issue for pregnant women.

Issues covered:

Length: 17:52

**Substance Abuse and Treatment
Government Policies**

Sam Quinones, author of *"The Least of Us: True Tales of America and Hope in the Time of Fentanyl and Meth"*

The opioid crisis' damage to US communities cost the economy \$1.5 trillion in 2020 alone, according to a congressional analysis. Mr. Quinones talked about steps that cities and towns can take to try to repair community bonds, most effectively on the neighborhood, school and church level. He believes that stronger law enforcement is necessary to force drug abusers into treatment, whether they want it or not.

Issues covered:

Length: 5:08

**Substance Abuse and Treatment
Community Rehabilitation
Law Enforcement
Homelessness**

Show # 2023-04

Date aired: 1/22/23 **Time Aired: 8:00 AM**

Lauren Fleshman, one of the most decorated American distance runners of all time, winner of five NCAA championships at Stanford University and two national championships as a professional, author of *"Good for A Girl: A Woman Running in a Man's World"*

Girls drop out of organized sports at twice the rate of boys at age 14, and half have quit by 17. Sixty-five percent develop disordered eating habits that compromise their ease around food, sometimes irreparably. Ms. Fleshman talked about emerging research on the physiology and psychology of young athletes, and what coaches and parents should know. She outlined changes in organized sports to empower and encourage young women to join and stay.

Issues covered:

Length: 9:21

**Women's Concerns
Youth Sports**

Chris Bailey, productivity expert, author of *"How to Calm Your Mind: Finding Presence and Productivity in Anxious Times"*

Mr. Bailey shared the inspiration to write his book--a panic attack he had onstage in front of an audience of over 100. He outlined simple steps he took in the moment and in the long-term to conquer burnout, and explained how he gradually restored calm and tranquility to his life. He talked about sources of hidden stress buried within our days, often activities and people that we voluntarily subject ourselves to.

Issues covered:

Length: 8:01

**Mental Health
Personal Productivity
Career**

Tim Lohrentz, Program Manager of the Insight Center for Community Economic Development, a non-profit organization that focuses on policies to build economic health in lower income communities

Mr. Lohrentz conducted a study of payday loans and their net impact on the US economy. He found that the burden of repaying the high-interest loans results in \$774 million in lost consumer spending and 14,000 job losses annually. He outlined the alternatives to payday loans that are available to low-income borrowers.

Issues covered:

Payday Loans

Poverty

Government Regulations

Length: 5:10

Show # 2023-05

Date aired: 1/29/23 **Time Aired: 8:00 AM**

Alvin E. Roth, PhD, Craig and Susan McCaw Professor of Economics at Stanford University, Gund Professor of Economics and Business Administration Emeritus at Harvard University, author of *Who Gets What — and Why: The New Economics of Matchmaking and Market Design*

Dr. Roth is one of the world's leading experts on matching markets, where "sellers" and "buyers" must choose each other, and price isn't the only factor that determines who gets what. He explained how market designs affect many less obvious aspects of life, such as the chances of getting a job or whether a university accepts a prospective student.

Issues covered:

Economics

Career

Education

Length: 9:17

Joel Kahn, MD, Clinical Professor of Medicine at Wayne State University School of Medicine and Director of Cardiac Wellness, Michigan Healthcare Professionals PC, author of *The Whole Heart Solution*

According to Dr. Kahn, more than 75 percent of cases of heart attacks, strokes and other cardiovascular disease events are preventable. He explained how lifestyle choices can make a huge difference in the development of heart disease and he said changes in diet and exercise can often reverse the disease.

Issues covered:

Personal Health

Length: 8:01

Paul Tough, former editor at the New York Times Magazine, nationally recognized writer on poverty, education and the achievement gap

Mr. Tough discussed a groundbreaking anti-poverty initiative called the Harlem Children's Zone. The creator of the program theorized that in order for poor kids to compete with their middle-class peers, everything in their lives—their schools, neighborhoods, parenting practices—all must be changed at once.

Issues covered:

Poverty

Education

Minority Concerns

Parenting

Length: 5:00

Show # 2023-06

Date aired: 2/15/23 **Time Aired: 8:00 AM**

Ismail Karabas, PhD, Marketing Professor at Murray State University

Tipping for food at the end of a dining experience has traditionally been the norm at full-service restaurants. Prof. Karabas shared his research into a new trend: tip requests at businesses where customers order at the counter, pay for their items before getting their food, and receive minimal-to-no service. He explained the reasons behind the change. He found that some consumers are so annoyed by the requests that they take their business elsewhere.

Issues covered:
Consumer Matters
Employment
Economy

Length: 8:58

Dan Martell, entrepreneur, productivity expert, author of "*Buy Back Your Time: Get Unstuck, Reclaim Your Freedom, and Build Your Empire*"

Mr. Martell shared his story of a traumatic childhood and arrest as a teenager, which amazingly led to an interest in software coding and entrepreneurship. He offered suggestions for entrepreneurs to value and use time more productively. He also offered advice to avoid burnout.

Issues covered:
Entrepreneurism
Personal Productivity
Career

Length: 8:18

Les Bernal, Executive Director of Stop Predatory Gambling, a national grassroots citizen's movement

Americans in dozens of states can now buy lottery tickets in a growing number of ways. Mr. Bernal talked about the increasingly aggressive ways that governments are marketing new lottery products, and how the targets are typically lower income citizens. He believes that governments have created a mindset that discourages saving and personal responsibility and promotes state-sponsored wagering.

Issues covered:
Gambling Addiction
Government Policies

Length: 5:07

Show # 2023-07

Date aired: 2/12/23 **Time Aired: 8:00 AM**

Andrew Smith, PhD, cognitive psychologist and Assistant Professor at Iowa State University

Some studies claim that 4-6% of those in US prisons are not guilty of the crime for which they were convicted. Prof. Smith and his team of researchers developed a new procedure to capture more information from eyewitnesses during police investigations and better detect a suspect's guilt or innocence. He explained how the innovation improves the reliability of police lineups.

Issues covered:
Criminal Justice
Legal Reform

Length: 9:12

Andrew McDiarmid, Senior Fellow at the Discovery Institute, a non-profit, non-partisan organization focused on research, education, action, and cultural renewal

A recent study reported in the Journal of Experimental Psychology suggests that the act of “just thinking” can be more rewarding than we might realize. Mr. McDiarmid outlined the study’s findings and explained why Americans should resist the urge to pull out their phones so frequently and spent some time just thinking, instead.

Issues covered:

Length: 8:10

**Mental Health
Personal Productivity**

Tom Appel, Publisher of Consumer Guide Automotive

Mr. Appel talked about the affordability of electric vehicles and how the EV marketplace has been changing, partly as a result of revised federal laws and rebates. He also explained who is the best candidate to own an EV and whether now is a wise time to buy.

Issues covered:

Length: 4:53

**Electric Vehicles
Consumer Matters
Environment**

Show # 2023-08

Date aired: 2/19/23 **Time Aired: 8:00 AM**

Shevaun Neupert, PhD, Professor of Psychology at North Carolina State University

Prof. Neupert wrote a report that analyzed two new studies that found that young adults who utilize preemptive stress-reduction steps that focus on the future are better able to avoid negative health outcomes. She talked about the most effective proactive techniques, and where young adults should be taught how to deal with stress.

Issues covered:

Length: 9:12

**Mental Health
Stress**

Angie Morgan Witkowski, Leadership and Career Coach, author of “*Bet on You: How to Win with Risk*”

Ms. Witkowski outlined the most common misconceptions about risk and why people should be much more comfortable making decisions in the face of uncertainty. She talked about the reasons that fear and failure are such important components in taking risks in business, career and life.

Issues covered:

Length: 8:10

**Career
Personal Productivity
Mental Health**

Lindsey Parnarouskis, MS, doctoral candidate, Department of Psychology, University of Michigan

Ms. Parnarouskis was the first author of a study that examined the connection between food insecurity and the overconsumption of processed foods. She found that that women experiencing food insecurity more frequently report symptoms of food addiction, such as compulsive eating of certain types of food, unsuccessful attempts to cut down and withdrawal symptoms.

Issues covered:

**Nutrition
Hunger
Women's Issues**

Length: 4:53

Show # 2023-09

Date aired: 2/26/23 **Time Aired: 8:00 AM**

Lauryn Williams, Certified Financial Planner, founder of Worth Winning, a company that helps young professionals organize their finances

A recent Fidelity survey found that half of Gen Zers say they don't see a point in saving money until things return to 'normal.' Ms. Williams said young people may be seeking some sort of control, in the face of runaway inflation and economic uncertainty. She said many Gen Zers are choosing to invest in themselves and their professional growth, such as starting their own businesses or furthering their education. She explained why it is critical to start early to build retirement savings.

Issues covered:

**Consumer Matters
Economy
Employment**

Length: 9:12

Elisa Villanueva Beard, CEO of Teach For America, a nonprofit organization dedicated to improving educational outcomes for low-income students

Ms. Villanueva Beard outlined the mission of her organization, and explained why it is so important to recruit college graduates from top universities around the United States to serve as teachers in urban and rural schools. She talked about the biggest obstacles in recruiting quality teachers and how interested students can apply to be a part of Teach For America.

Issues covered:

**Education
Poverty**

Length: 8:10

Matthew A. Miller, PhD, MPH, Executive Director for VA Suicide Prevention for the U.S. Department of Veterans Affairs

Dr. Miller shared VA's latest data that showed meaningful downward trends in veteran suicide counts and rates. He discussed the growing use of the Veterans Crisis Line (dial 988 then press 1) and other resources available to veterans in crisis. He also outlined the potential warning signs and what family members or friends can do to help.

Issues covered:

**Veterans' Concerns
Suicide
Mental Health**

Length: 4:53

Show # 2023-10

Date aired: 3/15/23 **Time Aired: 8:00 AM**

Yvette M. Miller, MD, Executive Medical Officer for the American Red Cross Donor and Client Support Center, helping to lead the Red Cross' national Sickle Cell Initiative

Sickle cell disease is the most common genetic blood disorder in the US, and regular blood transfusions are critical to manage extreme pain and life-threatening complications. Dr. Miller discussed Red Cross efforts to promote diversity in the blood supply, increase donor recruitment and retention in the black community to support the transfusion needs of patients with sickle cell disease.

Issues covered:
Sickle Cell Disease
Blood Donations
Diversity

Length: 8:32

Candy Valentino, finance and wealth advisor, author of *"Wealth Habits: Six Ordinary Steps to Achieve Extraordinary Financial Freedom"*

Ms. Valentino believes that turbulent financial times are often historic opportunities to invest more in real estate and the financial markets. She outlined six steps to grow wealth. She explained why owning real estate or a small business are her favorite investment vehicles. She conducted a study that found 75% of wealthy people had one thing in common: either they or their family owned a business.

Issues covered:
Personal Finance
Entrepreneurism

Length: 8:51

Samuel West, PhD, Assistant Professor of Psychology at Virginia State University

Dr. West led an analysis of psychological crises exhibited by 177 mass shooters. He found that social isolation was the most important external indicator leading up to the attacks. He believes that social isolation is an ideal target for intervention because it can be addressed both at the individual level and the societal level.

Issues covered:
Mass Shootings
Mental Health

Length: 5:07

Disc # 2023-11

Date aired: 3/12/23 **Time Aired: 8:00 AM**

Pamela Gockley, Certified Bullying Prevention Specialist, Founder and Executive Director of The Camel Project, a non-profit organization focused on deconstructing the culture of bullying in America

1 in 5 students report being bullied at school. However, Ms. Gockley said the CDC believes 50 to 75% of bullying incidents are never reported. She discussed the culture of bullying in America, how to parents can protect their children from it, and how parents of bullies can recognize the behavior in their own child and address it.

Issues covered:
Bullying
Parenting
Youth at Risk

Length: 8:44

Brock L. Eide M.D., M.A., learning disabilities expert, co-author of *"The Dyslexic Advantage: Unlocking the Hidden Potential of the Dyslexic Brain"*

Dyslexia has traditionally been defined as a reading and spelling disorder. But Dr. Eide said recent research has proven that these challenges are not dyslexia's main features. He explained how these

characteristics are actually trade-offs resulting from an entirely different pattern of brain organization and information processing and that it has powerful advantages.

Issues covered:
Learning Disabilities

Length: 8:41

Samuel Zahinoor Ismail, MD FRCPC, Professor of Psychiatry, Neurology, Epidemiology, and Pathology at the Hotchkiss Brain Institute and O'Brien Institute for Public Health at the University of Calgary

Dr. Ismail was the lead author of a large 10-year study that found 40 percent fewer dementia diagnoses in people who took vitamin D supplements. The study also found that those who take vitamin D are more likely to have more years of dementia-free life. In addition, he found that vitamin D had a significantly greater effect on women, than men.

Issues covered:
Alzheimer's disease
Nutrition
Aging

Length: 5:05

Show # 2023-12

Date aired: 3/19/23 **Time Aired: 8:00 AM**

Juliet B. Schor, PhD, Professor of Sociology, Boston College

The four-day week is becoming more of a reality in the contemporary workplace, and Prof. Schor co-authored a landmark international study of the trend. She said the vast majority of companies that tried the shorter workweek for the study stuck with it afterwards. She talked about the benefits that result from a 32-hour workweek, both for employees and companies.

Issues covered:
Workplace Matters
Mental Health
Productivity

Length: 8:40

Deepa L. Sekhar, MD, Associate Professor of Pediatrics at the Penn State College of Medicine, Executive Director of Penn State PRO Wellness

Suicide death rates have increased significantly among adolescents in the U.S. in recent years. Dr. Sekhar said while children are typically screened for health, vision and hearing problems in school, mental health screening has not been standardized in school settings. She led a study that evaluated the effectiveness of a school-based, adolescent suicide risk screening and found that it successfully identified at-risk adolescents and increased initiation of mental health services. She explained how the screening works and the reasons some schools or parents may be reluctant to give it a chance.

Issues covered:
Youth Suicide
Mental Health Services
Parenting

Length: 8:43

John P. Thyfault, PhD, Professor of Nutrition and Exercise Physiology, Director of the Health Activity Center at the University of Missouri

Statins, the most widely prescribed type of cholesterol-lowering drugs, have prevented millions of heart attacks and saved countless lives. But Dr. Thyfault conducted a study that found that statins may

also counteract the benefits of exercise, the other tried-and-true way to boost cardiac health. He explained why doctors usually prescribe drugs, rather than recommending exercise or dietary change. He also talked about how much exercise can be effective for people dealing with high cholesterol.

Issues covered:
Personal Health

Length: 5:09

Show # 2023-13

Date aired: 3/26/23 **Time Aired: 8:00 AM**

Elizabeth Wallace, co-author of "*The Ambition Decisions: What Women Know About Work, Family, and the Path to Building a Life*"

Over the last sixty years, women's roles at home and on the job have radically changed, and the question of whether they can really "have it all" is still debated. Ms. Wallace outlined three distinct paths where a woman's life and career choices may lead. She talked about the importance of the support of husbands when ambitious women move into high-level corporate positions. She offered advice for women who are facing today's complex career choices.

Issues covered:
Women's Concerns
Career
Marriage

Length: 9:22

Thomas Lickona, PhD, Developmental Psychologist, Professor of Education Emeritus at the State University of New York at Cortland, author of "*How to Raise Kind Kids: And Get Respect, Gratitude, and a Happier Family in the Bargain*"

Dr. Lickona has led the character education movement in schools for forty years. He outlined the tools that parents need to foster peace and cooperation at home. He explained how changes in our culture have made it harder than ever to raise kind kids. He offered suggestions for parents to deal with technology and the use of media by kids.

Issues covered:
Parenting
Children's Issues

Length: 7:52

Irwin Reyes, Researcher in the Usable Security and Privacy Group at the International Computer Science Institute, a laboratory affiliated with the University of California at Berkeley

Mr. Reyes led a study that found that more than 3300 Android apps from the Google Play Store are improperly tracking kids and are potentially violating federal law. He outlined the types of data that is being collected and what is being done with it. He believes similar results are likely with iPhones, but Apple's closed system prevents a similar study of its users. He offered advice to parents who are concerned about their children's privacy.

Issues covered:
Privacy
Children's Issues
Parenting

Length: 4:56

Section III
PUBLIC SERVICE ANNOUNCEMENTS

Section III lists public service announcements that the station broadcast during the preceding calendar quarter that address community issues. A automation report of our complete PSA programming is attached. The following table provides a representative sample of our extensive broadcast of public service materials.

In addition to the listed recorded PSAs, KQSN airs numerous live PSAs each day.

*Spot Report

From: 01/01/2023 To: 03/31/2023

KQSN-FM

Air Date	Air Time	Spot Number	Spot Title	Length
03/02/2023	15:27:51	0002804-001	HC- Spring ladies night	
00:24.643	1			
03/02/2023	16:34:31	0002804-001	HC- Spring ladies night	
00:24.643	2			
03/02/2023	17:31:18	0002804-006	HC- purple affair thur	
00:30.077	3			
03/02/2023	18:30:31	0002804-011	HC- free movie thru 3/12	
00:30.810	4			
03/02/2023	19:30:10	0002804-003	HC- good fix thru 3-5	
00:29.098	5			
03/02/2023	20:31:31	0002804-008	HC- shamrock run thru 3-5	
00:27.605	6			
03/02/2023	22:43:38	0002804-011	HC- free movie thru 3/12	
00:30.810	7			
03/02/2023	23:28:48	0002804-001	HC- Spring ladies night	
00:24.643	8			
03/03/2023	00:21:09	0002804-002	HC- Spring ladies night fri	
00:23.832	9			
03/03/2023	01:19:15	0002804-003	HC- good fix thru 3-5	
00:28.077	10			
03/03/2023	02:20:04	0002804-007	HC- purple affair fri	
00:27.293	11			
03/03/2023	03:19:31	0002804-008	HC- shamrock run thru 3-5	
00:27.034	12			
03/03/2023	05:14:54	0002804-011	HC- free movie thru 3/12	
00:29.442	13			
03/03/2023	07:46:15	0002804-002	HC- Spring ladies night fri	
00:22.745	14			
03/03/2023	08:16:40	0002804-003	HC- good fix thru 3-5	
00:27.106	15			
03/03/2023	08:45:32	0002804-007	HC- purple affair fri	
00:25.980	16			
03/03/2023	09:31:08	0002804-008	HC- shamrock run thru 3-5	
00:26.541	17			
03/03/2023	10:43:12	0002804-011	HC- free movie thru 3/12	
00:30.810	18			
03/03/2023	11:29:45	0002804-002	HC- Spring ladies night fri	
00:24.643	19			
03/03/2023	12:40:29	0002804-003	HC- good fix thru 3-5	
00:29.098	20			
03/03/2023	13:28:18	0002804-007	HC- purple affair fri	

00:28.148	21		
03/03/2023	14:02:12	0002804-012	HC- Hi Steppers Tomorrow Jessi
00:25.679	22		
03/03/2023	14:34:29	0002804-008	HC- shamrock run thru 3-5
00:27.605	23		
03/03/2023	14:45:35	0002804-002	HC- Spring ladies night fri
00:23.693	24		
03/03/2023	15:28:46	0002804-003	HC- good fix thru 3-5
00:29.098	25		
03/03/2023	16:36:23	0002804-007	HC- purple affair fri
00:28.148	26		
03/03/2023	17:28:46	0002804-008	HC- shamrock run thru 3-5
00:27.605	27		
03/03/2023	19:30:26	0002804-011	HC- free movie thru 3/12
00:30.810	28		
03/03/2023	22:30:46	0002804-014	HC-PC City Wide Garage Sale Jessi
00:21.193	29		
03/03/2023	23:16:58	0002804-015	HC-PCPS Internship & Career Fair
00:25.023	30		
03/04/2023	11:01:44	0002804-003	HC- good fix thru 3-5
00:27.977	31		
03/04/2023	11:32:44	0002804-008	HC- shamrock run thru 3-5
00:26.541	32		
03/04/2023	12:01:36	0002804-010	HC- farmers market thru 3/28
00:29.205	33		
03/04/2023	12:43:03	0002804-011	HC- free movie thru 3/12
00:29.623	34		
03/04/2023	13:02:17	0002804-013	HC-Blackwell Candidates Forum Matt
00:19.096	35		
03/04/2023	13:35:12	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	36		
03/04/2023	14:01:45	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	37		
03/04/2023	14:30:25	0002804-016	HC-Ponca Uncorked
00:23.197	38		
03/04/2023	15:03:35	0002804-003	HC- good fix thru 3-5
00:27.977	39		
03/04/2023	15:35:54	0002804-008	HC- shamrock run thru 3-5
00:26.541	40		
03/06/2023	13:14:18	0002804-009	HC- shamrock run 3-6-11
00:26.541	41		
03/06/2023	14:28:46	0002804-011	HC- free movie thru 3/12
00:29.623	42		
03/06/2023	16:28:18	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	43		
03/06/2023	17:26:10	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	44		

03/06/2023	18:26:20	0002804-016	HC-Ponca Uncorked
00:23.197	45		
03/06/2023	19:33:03	0002804-004	HC- good fix 3-6
00:26.097	46		
03/06/2023	21:33:24	0002804-009	HC- shamrock run 3-6-11
00:26.541	47		
03/06/2023	23:23:55	0002804-011	HC- free movie thru 3/12
00:29.623	48		
03/07/2023	06:13:46	0002804-015	HC-PCPS Internship & Career Fair
00:23.096	49		
03/07/2023	06:48:40	0002804-016	HC-Ponca Uncorked
00:22.872	50		
03/07/2023	06:50:58	0002804-005	HC- good fix 3/7-9
00:25.249	51		
03/07/2023	07:18:41	0002804-009	HC- shamrock run 3-6-11
00:27.323	52		
03/08/2023	07:30:14	0002804-005	HC- good fix 3/7-9
00:26.578	53		
03/08/2023	07:52:30	0002804-009	HC- shamrock run 3-6-11
00:26.302	54		
03/08/2023	08:36:06	0002804-011	HC- free movie thru 3/12
00:29.934	55		
03/10/2023	05:17:44	0002804-014	HC-PC City Wide Garage Sale Jessi
00:21.091	56		
03/10/2023	05:45:19	0002804-015	HC-PCPS Internship & Career Fair
00:24.111	57		
03/10/2023	06:17:39	0002804-016	HC-Ponca Uncorked
00:22.271	58		
03/10/2023	06:47:58	0002804-013	HC-Blackwell Candidates Forum Matt
00:18.859	59		
03/10/2023	06:56:02	0002804-009	HC- shamrock run 3-6-11
00:26.111	60		
03/10/2023	07:17:27	0002804-009	HC- shamrock run 3-6-11
00:25.479	61		
03/15/2023	00:16:44	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.905	62		
03/15/2023	02:16:26	0002804-015	HC-PCPS Internship & Career Fair
00:24.330	63		
03/15/2023	04:16:13	0002804-016	HC-Ponca Uncorked
00:23.700	64		
03/15/2023	08:30:59	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.245	65		
03/15/2023	10:34:29	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	66		
03/15/2023	12:31:06	0002804-016	HC-Ponca Uncorked
00:23.197	67		
03/15/2023	16:32:18	0002804-015	HC-PCPS Internship & Career Fair

00:24.059	68		
03/15/2023	21:40:30	0002804-016	HC-Ponca Uncorked
00:23.197	69		
03/16/2023	03:22:15	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.848	70		
03/16/2023	05:16:17	0002804-015	HC-PCPS Internship & Career Fair
00:24.335	71		
03/16/2023	09:40:34	0002804-001	HC- Ambucs Visibility Month
00:54.858	72		
03/16/2023	15:30:35	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	73		
03/16/2023	17:31:41	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	74		
03/16/2023	19:35:42	0002804-016	HC-Ponca Uncorked
00:23.197	75		
03/16/2023	21:32:21	0002804-001	HC- Ambucs Visibility Month
00:54.858	76		
03/17/2023	02:15:33	0002804-014	HC-PC City Wide Garage Sale Jessi
00:19.560	77		
03/17/2023	04:14:37	0002804-015	HC-PCPS Internship & Career Fair
00:24.547	78		
03/17/2023	06:17:43	0002804-016	HC-Ponca Uncorked
00:22.269	79		
03/17/2023	08:17:12	0002804-001	HC- Ambucs Visibility Month
00:55.587	80		
03/17/2023	12:33:58	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	81		
03/17/2023	14:31:28	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	82		
03/17/2023	16:28:44	0002804-016	HC-Ponca Uncorked
00:23.197	83		
03/17/2023	18:29:42	0002804-001	HC- Ambucs Visibility Month
00:54.858	84		
03/18/2023	01:20:20	0002804-014	HC-PC City Wide Garage Sale Jessi
00:21.007	85		
03/18/2023	03:20:55	0002804-015	HC-PCPS Internship & Career Fair
00:24.737	86		
03/18/2023	05:00:31	0002804-016	HC-Ponca Uncorked
00:23.197	87		
03/18/2023	07:34:12	0002804-001	HC- Ambucs Visibility Month
00:54.858	88		
03/18/2023	13:35:52	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	89		
03/18/2023	15:34:57	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	90		
03/18/2023	17:32:33	0002804-016	HC-Ponca Uncorked
00:23.197	91		

03/18/2023	19:34:50	0002804-001	HC- Ambucs Visibility Month
00:54.858	92		
03/19/2023	00:15:10	0002804-014	HC-PC City Wide Garage Sale Jessi
00:19.560	93		
03/19/2023	02:18:35	0002804-015	HC-PCPS Internship & Career Fair
00:24.583	94		
03/19/2023	04:19:05	0002804-016	HC-Ponca Uncorked
00:23.830	95		
03/19/2023	06:02:59	0002804-001	HC- Ambucs Visibility Month
00:54.858	96		
03/19/2023	18:33:58	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	97		
03/19/2023	20:26:35	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	98		
03/19/2023	22:29:03	0002804-016	HC-Ponca Uncorked
00:23.197	99		
03/20/2023	00:15:32	0002804-001	HC- Ambucs Visibility Month
00:56.202	100		
03/20/2023	06:30:28	0002804-014	HC-PC City Wide Garage Sale Jessi
00:19.825	101		
03/20/2023	08:31:28	0002804-015	HC-PCPS Internship & Career Fair
00:24.775	102		
03/20/2023	10:27:53	0002804-016	HC-Ponca Uncorked
00:23.197	103		
03/20/2023	12:34:34	0002804-001	HC- Ambucs Visibility Month
00:54.858	104		
03/20/2023	18:28:30	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	105		
03/20/2023	20:28:52	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	106		
03/20/2023	22:29:56	0002804-016	HC-Ponca Uncorked
00:23.197	107		
03/21/2023	01:20:13	0002804-001	HC- Ambucs Visibility Month
00:55.439	108		
03/21/2023	07:32:17	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.208	109		
03/21/2023	09:39:19	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	110		
03/21/2023	11:35:40	0002804-016	HC-Ponca Uncorked
00:23.197	111		
03/21/2023	13:33:26	0002804-001	HC- Ambucs Visibility Month
00:54.858	112		
03/21/2023	21:36:06	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	113		
03/21/2023	23:28:01	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	114		
03/22/2023	00:16:45	0002804-016	HC-Ponca Uncorked

00:23.656	115		
03/22/2023	02:17:14	0002804-001	HC- Ambucs Visibility Month
00:56.004	116		
03/22/2023	08:31:23	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.092	117		
03/22/2023	10:36:15	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	118		
03/22/2023	12:32:05	0002804-016	HC-Ponca Uncorked
00:23.197	119		
03/22/2023	14:32:14	0002804-001	HC- Ambucs Visibility Month
00:54.858	120		
03/22/2023	20:29:32	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	121		
03/22/2023	22:28:46	0002804-015	HC-PCPS Internship & Career Fair
00:24.059	122		
03/23/2023	01:18:30	0002804-016	HC-Ponca Uncorked
00:23.711	123		
03/23/2023	03:18:14	0002804-001	HC- Ambucs Visibility Month
00:55.543	124		
03/23/2023	09:38:07	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	125		
03/23/2023	11:34:20	0002804-016	HC-Ponca Uncorked
00:23.197	126		
03/23/2023	21:31:16	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	127		
03/23/2023	23:13:05	0002804-016	HC-Ponca Uncorked
00:23.197	128		
03/24/2023	00:22:45	0002804-001	HC- Ambucs Visibility Month
00:55.686	129		
03/24/2023	02:23:54	0002804-002	HC- noon lions run 4/2
00:38.041	130		
03/24/2023	08:17:30	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.365	131		
03/24/2023	16:29:32	0002804-016	HC-Ponca Uncorked
00:23.197	132		
03/24/2023	22:25:23	0002804-001	HC- Ambucs Visibility Month
00:54.858	133		
03/25/2023	01:18:30	0002804-002	HC- noon lions run 4/2
00:38.018	134		
03/25/2023	07:33:54	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	135		
03/25/2023	09:34:46	0002804-016	HC-Ponca Uncorked
00:23.197	136		
03/25/2023	11:35:16	0002804-001	HC- Ambucs Visibility Month
00:54.858	137		
03/25/2023	13:35:07	0002804-002	HC- noon lions run 4/2
00:39.001	138		

03/25/2023	19:30:53	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	139		
03/25/2023	21:28:59	0002804-016	HC-Ponca Uncorked
00:23.197	140		
03/25/2023	23:29:51	0002804-001	HC- Ambucs Visibility Month
00:54.858	141		
03/26/2023	00:17:21	0002804-002	HC- noon lions run 4/2
00:38.427	142		
03/26/2023	06:38:07	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	143		
03/26/2023	10:31:37	0002804-001	HC- Ambucs Visibility Month
00:54.858	144		
03/26/2023	12:28:08	0002804-002	HC- noon lions run 4/2
00:39.001	145		
03/26/2023	18:39:33	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	146		
03/26/2023	20:27:43	0002804-001	HC- Ambucs Visibility Month
00:54.858	147		
03/26/2023	22:26:46	0002804-002	HC- noon lions run 4/2
00:39.001	148		
03/27/2023	04:17:26	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.895	149		
03/27/2023	06:29:53	0002804-001	HC- Ambucs Visibility Month
00:53.985	150		
03/27/2023	08:32:32	0002804-002	HC- noon lions run 4/2
00:37.827	151		
03/27/2023	14:31:13	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	152		
03/27/2023	16:28:56	0002804-001	HC- Ambucs Visibility Month
00:54.858	153		
03/27/2023	18:31:27	0002804-002	HC- noon lions run 4/2
00:39.001	154		
03/28/2023	01:17:25	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.875	155		
03/28/2023	03:17:34	0002804-001	HC- Ambucs Visibility Month
00:55.653	156		
03/28/2023	05:17:20	0002804-002	HC- noon lions run 4/2
00:37.440	157		
03/28/2023	11:44:00	0002804-001	HC- Ambucs Visibility Month
00:54.858	158		
03/28/2023	13:32:12	0002804-002	HC- noon lions run 4/2
00:39.001	159		
03/28/2023	19:33:34	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	160		
03/28/2023	21:31:56	0002804-001	HC- Ambucs Visibility Month
00:54.858	161		
03/28/2023	23:24:43	0002804-002	HC- noon lions run 4/2

00:39.001	162		
03/29/2023	00:16:16	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.834	163		
03/29/2023	02:18:59	0002804-001	HC- Ambucs Visibility Month
00:55.192	164		
03/29/2023	04:14:46	0002804-002	HC- noon lions run 4/2
00:38.029	165		
03/29/2023	06:30:04	0002804-014	HC-PC City Wide Garage Sale Jessi
00:21.050	166		
03/29/2023	08:31:11	0002804-001	HC- Ambucs Visibility Month
00:53.064	167		
03/29/2023	10:31:30	0002804-002	HC- noon lions run 4/2
00:39.001	168		
03/29/2023	12:31:47	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	169		
03/29/2023	14:27:53	0002804-001	HC- Ambucs Visibility Month
00:54.858	170		
03/29/2023	16:29:40	0002804-002	HC- noon lions run 4/2
00:39.001	171		
03/29/2023	18:29:09	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	172		
03/29/2023	20:27:02	0002804-001	HC- Ambucs Visibility Month
00:54.858	173		
03/29/2023	22:28:31	0002804-002	HC- noon lions run 4/2
00:39.001	174		
03/30/2023	01:18:19	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.803	175		
03/30/2023	03:21:26	0002804-001	HC- Ambucs Visibility Month
00:55.384	176		
03/30/2023	05:16:05	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.848	177		
03/30/2023	07:35:20	0002804-001	HC- Ambucs Visibility Month
00:56.180	178		
03/30/2023	09:37:21	0002804-002	HC- noon lions run 4/2
00:39.001	179		
03/30/2023	11:31:29	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	180		
03/30/2023	13:30:54	0002804-001	HC- Ambucs Visibility Month
00:54.858	181		
03/30/2023	15:32:01	0002804-002	HC- noon lions run 4/2
00:39.001	182		
03/30/2023	17:27:44	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	183		
03/30/2023	19:30:36	0002804-001	HC- Ambucs Visibility Month
00:54.858	184		
03/30/2023	21:30:25	0002804-002	HC- noon lions run 4/2
00:39.001	185		

03/30/2023	23:27:38	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	186		
03/31/2023	00:19:31	0002804-001	HC- Ambucs Visibility Month
00:55.774	187		
03/31/2023	02:16:33	0002804-002	HC- noon lions run 4/2
00:39.628	188		
03/31/2023	04:18:47	0002804-014	HC-PC City Wide Garage Sale Jessi
00:19.560	189		
03/31/2023	06:16:14	0002804-001	HC- Ambucs Visibility Month
00:52.663	190		
03/31/2023	08:18:20	0002804-002	HC- noon lions run 4/2
00:38.579	191		
03/31/2023	10:32:10	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	192		
03/31/2023	12:35:51	0002804-001	HC- Ambucs Visibility Month
00:54.858	193		
03/31/2023	14:28:06	0002804-002	HC- noon lions run 4/2
00:39.001	194		
03/31/2023	16:27:56	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	195		
03/31/2023	18:32:25	0002804-001	HC- Ambucs Visibility Month
00:54.858	196		
03/31/2023	20:27:45	0002804-002	HC- noon lions run 4/2
00:39.001	197		
03/31/2023	22:27:29	0002804-014	HC-PC City Wide Garage Sale Jessi
00:20.376	198		

*Spot Report

From: 01/01/2023 To: 03/31/2023

KQSN-FM 60 Second Recorded PSA's

This is a representative sampling of the 4,660 PSA's that ran during Q1 2023

Air Date Played	Air Time	Spot Number	Spot Title	Length
01/01/2023 00:59.582	00:16:55 1	0004060-052	PSA Social Security	
01/01/2023 01:00.375	00:17:55 2	0004060-065	PSA AmericanHumane.org	
01/01/2023 01:00.352	00:18:55 3	0004060-014	PSA American Physical Therapy Assn - Ant	
01/01/2023 01:00.474	00:43:29 4	0004060-061	PSA Flu Vaccination	
01/01/2023 01:01.062	00:44:30 5	0004060-060	PSA CDC Tip - Cessation	
01/01/2023 00:58.492	00:45:31 6	0004060-016	PSA St. Jude Children's Hospital	
01/01/2023 01:00.324	00:47:30 7	0004060-039	PSA The Incident 60	
01/01/2023 00:58.116	01:19:23 8	0004060-023	PSA EPA Reward	
01/01/2023 00:58.041	01:20:21 9	0004060-058	PSA Alanah	
01/01/2023 00:58.033	01:21:19 10	0004060-030	PSA Victories - Adam 60	
01/01/2023 00:58.044	01:22:17 11	0004060-032	PSA Keeping Our Kids Safe 60	
01/01/2023 01:00.436	01:45:39 12	0004060-003	PSA Homeland Security See Something Say	
01/01/2023 01:00.649	01:46:40 13	0004060-067	PSA The Future Depends on Teachers	
01/01/2023 00:59.391	01:47:41 14	0004060-018	PSA Vet Tix	
01/01/2023 00:59.045	01:48:40 15	0004060-026	PSA Rosacia	
01/01/2023 01:00.577	01:49:39 16	0004060-047	PSA OSSAA - Tough Tougher 60	
01/01/2023 01:00.534	02:20:41 17	0004060-029	PSA Victories - Naomi 60	
01/01/2023 01:00.366	02:21:42 18	0004060-019	PSA 4H Need Us	
01/01/2023 01:00.627	02:22:42 19	0004060-033	PSA Reminiscing 60	
01/01/2023 01:00.462	02:46:15 20	0004060-055	PSA Susan G. Komen - Hope :60	

01/01/2023	02:47:15	0004060-051	PSA NFHS - We See 60
01:00.408	21		
01/01/2023	02:48:16	0004060-041	PSA Kids Thank Responders v2
00:59.574	22		
01/01/2023	02:49:15	0004060-012	PSA Pharmacy - Buying Safely
00:59.687	23		
01/01/2023	02:50:15	0004060-050	PSA OSSAA - Stars and Stripes 60
01:00.342	24		
01/01/2023	03:20:48	0004060-016	PSA St. Jude Children's Hospital
00:58.964	25		
01/01/2023	03:22:48	0004060-039	PSA The Incident 60
01:00.775	26		
01/01/2023	03:23:49	0004060-063	PSA Women Get It
01:00.505	27		
01/01/2023	03:45:57	0004060-037	PSA Helping A Friend 60
01:00.306	28		
01/01/2023	03:46:58	0004060-004	PSA TakeMeFishing.org Protecting Memorie
00:59.091	29		
01/01/2023	03:47:57	0004060-059	PSA CDC Tips - Tiffany 60
01:00.889	30		
01/01/2023	03:48:58	0004060-028	PSA Victories - Greg 60
01:00.208	31		
01/01/2023	03:49:58	0004060-049	PSA OSSAA - Who's In 60
01:00.246	32		
01/01/2023	04:20:00	0004060-035	PSA Choices 60
01:00.799	33		
01/01/2023	04:21:01	0004060-001	PSA Type 2 Diabetes Prevention
01:00.619	34		
01/01/2023	04:23:03	0004060-011	PSA American Humane Society "Teach Kids
00:59.076	35		
01/01/2023	04:46:22	0004060-027	PSA Community Veterans Crisis
01:00.356	36		
01/01/2023	04:47:23	0004060-042	PSA Kids Thank Responders
00:59.149	37		
01/01/2023	04:48:22	0004060-009	PSA OK Ed Assn Lifelong Readers
00:59.941	38		
01/01/2023	04:49:22	0004060-034	PSA By Your Side 60
01:00.462	39		
01/01/2023	04:50:22	0004060-040	PSA We Do Hear You 60
01:00.486	40		
02/01/2023	00:16:14	0004060-026	PSA Rosacia
00:58.835	1009		
02/01/2023	00:17:13	0004060-013	PSA Natil Library For Blind and Handicap
01:00.185	1010		
02/01/2023	00:18:13	0004060-041	PSA Kids Thank Responders v2
00:59.538	1011		
02/01/2023	00:19:13	0004060-030	PSA Victories - Adam 60

01:00.280	1012		
02/01/2023	00:44:51	0004060-070	PSA Whatever Gets You Talking
00:59.903	1013		
02/01/2023	00:45:51	0004060-001	PSA Type 2 Diabetes Prevention
00:59.792	1014		
02/01/2023	00:46:51	0004060-029	PSA Victories - Naomi 60
00:59.950	1015		
02/01/2023	00:47:51	0004060-044	PSA ChoosePT.com COVID :60
00:59.777	1016		
02/01/2023	00:48:51	0004060-015	PSA Homeland Security Protect Your Every
00:59.550	1017		
02/01/2023	01:25:33	0004060-014	PSA American Physical Therapy Assn - Ant
00:59.613	1018		
02/01/2023	01:26:32	0004060-031	PSA American Humane Society Rescuing Ani
01:00.028	1019		
02/01/2023	01:27:32	0004060-005	PSA TakeMeFishing.org This Is A Test
00:59.801	1020		
02/01/2023	01:28:32	0004060-032	PSA Keeping Our Kids Safe 60
01:00.144	1021		
02/01/2023	01:29:32	0004060-050	PSA OSSAA - Stars and Stripes 60
01:00.144	1022		
02/01/2023	01:53:35	0004060-039	PSA The Incident 60
01:00.360	1023		
02/01/2023	01:54:35	0004060-067	PSA The Future Depends on Teachers
01:00.348	1024		
02/01/2023	01:55:36	0004060-007	PSA Pulmonary Fibrosis Foundation
00:58.903	1025		
02/01/2023	01:56:35	0004060-066	PSA MakeTheConnection.net Stand By A Vet
00:59.803	1026		
02/01/2023	01:57:35	0004060-033	PSA Reminiscing 60
01:00.482	1027		
02/01/2023	02:18:27	0004060-037	PSA Helping A Friend 60
01:02.494	1028		
02/01/2023	02:19:29	0004060-023	PSA EPA Reward
01:02.483	1029		
02/01/2023	02:20:32	0004060-020	PSA NPMA Open The Door
01:02.323	1030		
02/01/2023	02:21:34	0004060-017	PSA Homeland See It Say it 60
01:02.364	1031		
02/01/2023	02:22:36	0004060-040	PSA We Do Hear You 60
01:02.459	1032		
02/01/2023	02:46:45	0004060-010	PSA OK Ed Assn One Caring Adult/Anti Bul
01:00.267	1033		
02/01/2023	02:47:46	0004060-064	PSA - SSS.Gov
01:00.527	1034		
02/01/2023	02:48:46	0004060-035	PSA Choices 60
01:00.156	1035		

02/01/2023	02:49:46	0004060-002	PSA 60 DAV Victories for Veterans
00:59.868	1036		
02/01/2023	03:22:09	0004060-070	PSA Whatever Gets You Talking
01:00.252	1037		
02/01/2023	03:23:09	0004060-001	PSA Type 2 Diabetes Prevention
01:00.127	1038		
02/01/2023	03:24:09	0004060-029	PSA Victories - Naomi 60
01:00.323	1039		
02/01/2023	03:25:09	0004060-044	PSA ChoosePT.com COVID :60
01:00.180	1040		
02/01/2023	03:51:14	0004060-004	PSA TakeMeFishing.org Protecting Memorie
00:59.350	1041		
02/01/2023	03:52:14	0004060-011	PSA American Humane Society "Teach Kids
00:58.918	1042		
02/01/2023	03:53:13	0004060-065	PSA AmericanHumane.org
00:59.941	1043		
02/01/2023	03:54:13	0004060-006	PSA Targeting Lyme Disease TargetLyme.or
01:00.083	1044		
02/01/2023	04:17:47	0004060-039	PSA The Incident 60
01:00.264	1045		
02/01/2023	04:18:47	0004060-067	PSA The Future Depends on Teachers
01:00.252	1046		
02/01/2023	04:19:48	0004060-007	PSA Pulmonary Fibrosis Foundation
00:58.809	1047		
02/01/2023	04:20:47	0004060-066	PSA MakeTheConnection.net Stand By A Vet
00:59.696	1048		
02/01/2023	04:21:46	0004060-033	PSA Reminiscing 60
01:00.374	1049		
02/01/2023	04:45:29	0004060-052	PSA Social Security
00:58.465	1050		
02/01/2023	04:46:27	0004060-019	PSA 4H Need Us
00:59.693	1051		
02/01/2023	04:47:27	0004060-034	PSA By Your Side 60
00:59.765	1052		
02/01/2023	04:48:27	0004060-063	PSA Women Get It
00:59.540	1053		
02/01/2023	04:49:27	0004060-016	PSA St. Jude Children's Hospital
00:57.840	1054		
02/01/2023	05:13:41	0004060-060	PSA CDC Tip - Cessation
00:59.840	1055		
02/01/2023	05:14:41	0004060-059	PSA CDC Tips - Tiffany 60
00:59.784	1056		
02/01/2023	05:15:41	0004060-021	PSA DOD Didnt Want to Talk
00:59.020	1057		
02/01/2023	05:16:40	0004060-071	PSA Strike Out Slavery
00:59.068	1058		
02/01/2023	05:28:30	0004060-012	PSA Pharmacy - Buying Safely

01:00.276	1059		
02/01/2023	05:29:30	0004060-046	PSA USDVA Stand With Us
01:00.494	1060		
02/01/2023	05:31:31	0004060-018	PSA Vet Tix
00:59.692	1061		
02/01/2023	05:46:27	0004060-038	PSA Dads 60
01:04.627	1062		
02/01/2023	05:47:31	0004060-008	PSA NCIB Insurance Fraud
01:01.242	1063		
02/01/2023	05:48:32	0004060-022	PSA NICB Car Theft
01:02.248	1064		
02/01/2023	05:49:35	0004060-028	PSA Victories - Greg 60
01:02.491	1065		
02/01/2023	05:50:37	0004060-062	PSA Muscular Dystrophy Association
01:02.505	1066		
02/01/2023	05:51:40	0004060-061	PSA Flu Vaccination
01:02.630	1067		
02/01/2023	06:34:41	0004060-057	PSA Eating Healthy 60
01:00.324	1068		
02/01/2023	19:01:05	0004060-009	PSA OK Ed Assn Lifelong Readers
00:59.560	1069		
02/01/2023	19:03:11	0004060-003	PSA Homeland Security See Something Say
00:59.903	1070		
02/01/2023	19:04:11	0004060-056	PSA First Responders Children Foundation
01:00.145	1071		
02/01/2023	19:17:28	0004060-025	PSA Mercy Ships Safe Surgery
00:58.996	1072		
02/01/2023	19:19:28	0004060-058	PSA Alanah
01:00.150	1073		
02/01/2023	19:33:40	0004060-024	PSA Victories - Alex 60
00:59.304	1074		
02/01/2023	19:34:39	0004060-045	PSA ChoosePT.com Standard :60
00:59.243	1075		
02/01/2023	19:42:00	0004060-042	PSA Kids Thank Responders
00:59.319	1076		
02/01/2023	19:50:41	0004060-026	PSA Rosacia
00:59.338	1077		
02/01/2023	20:26:20	0004060-013	PSA Natil Library For Blind and Handicap
00:59.748	1078		
02/01/2023	20:48:56	0004060-041	PSA Kids Thank Responders v2
00:59.265	1079		
02/01/2023	21:13:42	0004060-030	PSA Victories - Adam 60
00:59.919	1080		
02/01/2023	21:50:47	0004060-051	PSA NFHS - We See 60
01:00.643	1081		
02/01/2023	22:12:16	0004060-047	PSA OSSAA - Tough Tougher 60
00:59.632	1082		

02/01/2023	22:13:16	0004060-053	PSA Let's Show Up :30
00:59.524	1083		
02/01/2023	22:28:18	0004060-055	PSA Susan G. Komen - Hope :60
00:59.265	1084		
03/31/2023	00:21:27	0004060-014	PSA American Physical Therapy Assn - Ant
01:00.489	4609		
03/31/2023	00:22:28	0004060-040	PSA We Do Hear You 60
01:01.046	4610		
03/31/2023	00:23:29	0004060-017	PSA Homeland See It Say it 60
01:00.874	4611		
03/31/2023	00:49:31	0004060-058	PSA Alanah
01:00.258	4612		
03/31/2023	00:50:31	0004060-069	PSA Character Revealed
00:59.683	4613		
03/31/2023	00:51:31	0004060-032	PSA Keeping Our Kids Safe 60
01:00.306	4614		
03/31/2023	00:52:31	0004060-005	PSA TakeMeFishing.org This Is A Test
00:59.962	4615		
03/31/2023	01:20:11	0004060-061	PSA Flu Vaccination
01:01.179	4616		
03/31/2023	01:21:12	0004060-021	PSA DOD Didnt Want to Talk
01:01.007	4617		
03/31/2023	01:22:13	0004060-031	PSA American Humane Society Rescuing Ani
01:00.868	4618		
03/31/2023	01:48:37	0004060-051	PSA NFHS - We See 60
00:59.921	4619		
03/31/2023	01:49:37	0004060-038	PSA Dads 60
01:01.887	4620		
03/31/2023	01:50:39	0004060-067	PSA The Future Depends on Teachers
00:59.849	4621		
03/31/2023	01:51:39	0004060-007	PSA Pulmonary Fibrosis Foundation
00:58.404	4622		
03/31/2023	02:18:59	0004060-024	PSA Victories - Alex 60
01:00.899	4623		
03/31/2023	02:19:59	0004060-060	PSA CDC Tip - Cessation
01:01.658	4624		
03/31/2023	02:21:01	0004060-070	PSA Whatever Gets You Talking
01:00.919	4625		
03/31/2023	02:46:39	0004060-008	PSA NCIB Insurance Fraud
00:59.687	4626		
03/31/2023	02:47:39	0004060-006	PSA Targeting Lyme Disease TargetLyme.or
01:00.561	4627		
03/31/2023	02:48:40	0004060-064	PSA - SSS.Gov
01:01.174	4628		
03/31/2023	03:17:17	0004060-058	PSA Alanah
01:00.294	4629		
03/31/2023	03:18:17	0004060-069	PSA Character Revealed

00:59.719	4630		
03/31/2023	03:19:17	0004060-032	PSA Keeping Our Kids Safe 60
01:00.342	4631		
03/31/2023	03:20:17	0004060-005	PSA TakeMeFishing.org This Is A Test
00:59.998	4632		
03/31/2023	03:21:17	0004060-049	PSA OSSAA - Who's In 60
01:00.258	4633		
03/31/2023	03:47:30	0004060-046	PSA USDVA Stand With Us
00:59.796	4634		
03/31/2023	03:49:30	0004060-029	PSA Victories - Naomi 60
01:00.221	4635		
03/31/2023	03:50:30	0004060-056	PSA First Responders Children Foundation
01:00.199	4636		
03/31/2023	04:19:36	0004060-007	PSA Pulmonary Fibrosis Foundation
00:56.350	4637		
03/31/2023	04:20:32	0004060-019	PSA 4H Need Us
01:00.294	4638		
03/31/2023	04:21:32	0004060-051	PSA NFHS - We See 60
01:00.372	4639		
03/31/2023	04:22:33	0004060-044	PSA ChoosePT.com COVID :60
01:00.204	4640		
03/31/2023	04:44:59	0004060-037	PSA Helping A Friend 60
01:00.017	4641		
03/31/2023	04:45:59	0004060-033	PSA Reminiscing 60
01:00.163	4642		
03/31/2023	04:46:59	0004060-034	PSA By Your Side 60
00:59.993	4643		
03/31/2023	04:47:59	0004060-055	PSA Susan G. Komen - Hope :60
01:00.041	4644		
03/31/2023	05:15:10	0004060-006	PSA Targeting Lyme Disease TargetLyme.or
00:59.223	4645		
03/31/2023	05:16:09	0004060-064	PSA - SSS.Gov
00:59.946	4646		
03/31/2023	05:17:09	0004060-057	PSA Eating Healthy 60
00:59.573	4647		
03/31/2023	05:18:09	0004060-030	PSA Victories - Adam 60
00:59.505	4648		
03/31/2023	05:42:19	0004060-027	PSA Community Veterans Crisis
00:59.074	4649		
03/31/2023	05:43:19	0004060-025	PSA Mercy Ships Safe Surgery
00:57.920	4650		
03/31/2023	05:44:16	0004060-004	PSA TakeMeFishing.org Protecting Memorie
00:58.071	4651		
03/31/2023	05:45:15	0004060-041	PSA Kids Thank Responders v2
00:58.458	4652		
03/31/2023	05:46:13	0004060-047	PSA OSSAA - Tough Tougher 60
00:59.223	4653		