

## **KLAA COMMUNITY CARES SHOW**

Episode: # 741

Title: Mental Health Resources

Guest/s: Rawle Andrews Jr., Executive Director of the American Psychiatric Association Foundation

Website: [apafdn.org](http://apafdn.org)

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Host: Tammy Trujillo

Duration: 26 minutes

Issue(s): Mental Health, Health

- Changes in attitudes about mental health
- The role the pandemic played in mental health awareness
- Why people often hesitate to seek treatment
- How can people find treatment
- Details about the Mental Health Care Works Campaign