

St. Joseph's Workshop with Father Matthew Spencer

Show Notes

2nd Quarter 2018

April 2, 2018

- Father wishes you Happy Easter and discusses the Easter Season for Catholics. It's not just one day. He discusses the Mass attendance at Easter. He reflects on the scripture that says, "The beloved disciple saw and believed." He compares this with the gospel featuring "Doubting Thomas."
- Father reveals that not everything goes right during Masses. He recalls a heavy thump during mass. While chanting the words for consecration, Father was disturbed by the lack of reverence, but then notice that something was on fire.
- Father discusses an 18 year old that bought a lottery ticket on her birthday and won. We receive something even more in our spiritual lives. Are we like the prodigal son and wnt our lump sum?
- Father discusses Jesse Hernandez fell through the roof, he fell into a system that went into sewer pipes in los angeles. They had no way to know where he went, over one hundred firefighters went looking for him. They were able to find him and he's okay. God is with us even when tragedy strikes. This boy was given another chance. Father looks at today's gospel, Matthew 28 is recalling the joy. God gives us our graces one day at a time as we need it. We will start to remember why we are on this journey, it's a vocation to make God the first priority in our lives.

April 3, 2018

- Father talks about a young woman Evoni Williams in Texas who cut up food for an elderly man at waffle house. A woman saw this moment and captured a picture and put it on social media it was shared 35,000 times on facebook. This called the attention of the mayor and others. She was given a scholarship from 16,000. Father also talks about how there was negative feedback on a youtube video. Many people said that this act was something everyone should do just out of kindness. Father encourages us to always act in kindness and love.
- Father talks about Dwayne Johnson, he is promoting one of his movies. Dwayne Johnson is one of the highest paid actors in Hollywood. Father looks at something that happened in dwayne johnson's life, when he was fifteen years old they moved to tennessee. His mother still lived in california and then she also drove out to tennessee and right away it goes south, they are arguing and they leave the restaurant. They are now driving seperate cars, his mom

gets out of the car and she walks into traffic. He jumps out of the car and grabs her and thankfully is able to pull her to safety. His mom has no recollection of this. Dawane also struggles with depression but he found treatment to help him. He will encourage fans who are going through this. Father wants to encourage those out there to first bring it to Jesus and then find the help. Maybe being by talking to a loved one then with a doctor then with a professional, share it with people who are in a position to help.

- Father discusses what happens if a spouse wants to get a divorce and you do not. Maybe you see your marriage is worth saving. When it comes to marriage it takes two to make it work, but sometimes it only takes one to take it down. The reality you can not make a spouse change. You have to look and realize it is not necessarily sinful, sometimes civil divorce is necessary, that does not mean a sacramental marriage can be changed. A divorce does not cause someone to be excommunicated, someone who is divorced can still come to mass. If someone remains chaste and has accepted responsibility they are even able to accept communion.
- Out of Franciscan university, they wanted to promote an online program, what better way than using a huge platform. Franciscan university used Facebook to get people enrolled. They submitted an ad and it was rejected, because of shocking content and violent content. This ad was rejected by Facebook because they had a picture of Jesus on the cross. It is not a violent picture it is a picture of love. Maybe we have to look at the cross and know that the world will not always accept Jesus. We are called to share Jesus.

April 4, 2018

- Father talks about a movie that came out in Spain "Among Wolves". A boy (Marcos Rodrigues Pantoja) was in the care of a goat herder. The goat herd disappears and the young boy is taken into a family of wolves and is raised with them. He later has to come back into civilization. His mother dies in childbirth and his dad re-marries and then his father sells him to a goat herd. He experienced so much trauma at the hands of human beings, he even now wishes he could go to living with the wolves. What would happen if we were raised by animals? Would life be better or not. We as humans need the support of other humans, we depend on each other. Our eternal happiness is in heaven. There is a message of hope inside the Christian life.
- Father discusses the current persecution of Christians in North America on Easter Sunday. What qualifies as persecution? Father mentions several other examples of Christians being persecuted around the world. We need to forgive and we need to think what would Jesus do. Are we going to face persecution well?
- Father talks about the day that Mother Angelica took her first vows, it is a very special beautiful day. <https://www.catholicnewsagency.com/news/the-shenanigans-at-mother->

[angelicas-first-vow HYPERLINK "https://www.catholicnewsagency.com/news/the-shenanigans-at-mother-angelicas-first-vows-64888"s-64888](https://www.catholicnewsagency.com/news/the-shenanigans-at-mother-angelicas-first-vows-64888?s-64888). Father shares a story about children at mass. There was a new family who had entered the church, they were not Catholic and they had three or four kids. They were making noise, someone in front of them turned around and started yelling at the kids telling them to be quiet. The parents left the church. The good news of the story is that the family did come back. When things do not go the way we want, we recognize an opportunity to walk with one another, to not become angry or controlling.

- Brother Anthony Freeman, on April 2, was found to have died in his sleep. [HYPERLINK "https://cruxnow.com/vatican/2018/04/04/u-s-seminarian-who-carried-cross-at-popes-easter-mass-dies-in-rome/"r-mass-dies-in-rome/"ho-carried-cross-at-popes-easter-mass-dies-in-rome/](https://cruxnow.com/vatican/2018/04/04/u-s-seminarian-who-carried-cross-at-popes-easter-mass-dies-in-rome/) We have to always be prepared at any moment. Father shares that he had just completed an eight day retreat also wrote a small book before he had died. His book is called "one step closer." It shot to the top of books on Amazon. The lesson that Father wants to look at, there are all of these things that he is planning to work on. Father realizes that we are always looking down the road. Father recounts the parable of the man who builds many granaries, but will soon die. Father Matthew recounts Father Kubicki's reflection on the Gospel of the way to Emmaus. He mentions that it includes both a Liturgy of the Word and Liturgy of the Eucharist, just like the mass.

April 5, 2018

- Father cites a study that finds social anxiety correlates strongly with a preoccupation with making mistakes. Father reflects on how many times his fear of mistakes has kept him from things. He also reminds us of the prophets who were usually unwilling. St. Peter denied Jesus three times. Do you believe that you can't be a faithful disciple of Jesus because you make too many mistakes? Are you anxious about your faith? If we cultivate a spirit of perfectionism in our lives, it begins to paralyze our ability to do work. Jesus tells us to "Be perfect as your Father in Heaven is perfect..." but it takes God's grace and a lifetime of spiritual struggle. Jesus died for us before we were 'perfect' because His love is not conditioned on our level of perfection.
- Father discusses Jenna and Channing Tatum and their divorce. They say that they still love each other but that they are called to a new 'adventure.' Leah Darrow responded on twitter and made the point that they are not using the same definition of love that we would use. Father mentions parishioners who were surprised when he mentioned that monthly confession was a good thing. He also mentions the confiteor, prayed during mass and how it reveals something we may have missed regarding sin.
- Father discusses Facebook's rejection of the Franciscan University, Steubenville advertisement featuring Jesus on the cross because of "shocking content, sensational content, excessively violent content." Facebook apologized. Father mentions a tweet:

<https://twitter.com/FrMatthewOSJ/status/982037720506576896> He suggests that maybe you can get an app to help you with confession and the 5 steps mentioned in the link.

- Father discusses human tissue and the discovery of a new human organ. This organ is a very thin pocket of fluid that goes around other organs. When animals die, the fluid quickly rushed out of these channels, which explains why it was not discovered until recently. Studying cadavers would not reveal it. The suspected purpose of this organ is to be a shock absorber. This organ was 'hiding in plain sight.' Father discusses the disciples who were instructed by Jesus, who still didn't fully understand what Jesus was telling them. How much do you not know even though it is in plain sight?

April 9, 2018

- Father discusses Scott Foster, accountant by day and recreational hockey player by night. A lesser known NHL rule allows local amateurs substitute for NHL goalies if a team has both goalies injured. A few weeks ago, he got his chance to play in an NHL game, when both goalies were injured for the Chicago Blackhawks. He was able to keep the Blackhawks lead to help win the game. Sometimes we feel that we are just on the sidelines in the battle between good and evil. Like Scott Foster, we're called into the game, and sometimes the entire world is watching. We are playing in the professional league in our Spiritual Battle, but this doesn't mean that our lives will seem any more extraordinary.
- What Pope Francis wants to do is clarify a lot of different walks towards holiness. This document is directed towards you and me, he looks and tries to remind us that every single person is called to holiness. Holiness is not just for priests, popes, and bishops, it is meant for every follower of Jesus. All of us are called to the great high of holiness, Pope Francis begins talking about this. The most powerful chapter that Father Mathew was the third chapter. Pope talks about signs of holiness in the world, perseverance, patience, meekness, joy, a sense of humor, boldness, passion, being in community and being in constant prayer.
- Father hopes, everyone had a blessed weekend, and that you take it as a spiritual time. Christ has won he has risen. Father talks about how he was really struck about peter and John running to the tomb, that the beloved disciple saw and believed. Jesus appears to his friends and says peace be with you. If any group could have used a good chastain it was that group. Jesus does not worry about calling them out of their sin, he can see through all of their selfishness. He can love them. One week later they are still afraid, and this time thomas is with them. Again Jesus comes to them and he says peace be with them. Your going to struggle but it is going to be worth it. Why is it that we keep going back to confession, you still wonder will the priest actually forgive me this time?
- Father talks about how you can find Pope Francis document through relevant radio.com. Father shares something special he talks about a priest who passed away today, because of the way Easter fell, the feast of the annunciation fell today. The lord called him on this day. Normally the

feast of annunciation is celebrated March fifth. You might notice that we bow at the words of the reincarnation, but on this day we genuflect. This is the day that our salvation began.

April 10,2018

- Sometimes you need to take a whole morning to spend in quiet prayer. Christian meditation is about the encounter with the lord. the lord needs to be the center of it. Father knows that meditation will not take away all of his sin. Life is better when your spending time in mental prayer. Father summarizes the introduction to the devout life, recognize the presence of god, god is all around you, invoking the lord, gather the point of reflection.
- We are never worthy to receive Jesus, by his grace he makes us prepared and ready to receive it. There are moment where we need to recognize when we are not ready because of our lifestyle, rejecting Jesus's teaching. The church has not changed the teaching on this. We want to be in communion with Jesus, we want to be united to Jesus and want to be doing his will at all times. Pope francis is calling us to look at our lifes.
- Father talks about how Craigslist shut down backpage .Looking at laws of human trafficking this page had signs of criminal activity. Father met religious nuns who are helping womem. Father was surprised and blown away from large movements, Women's March tweeted out that this is a horrible thing, it is not good for all the legitimate sex workers who need to find clients. What makes sense is helping people in their need.
- Acts chapter 4, Father reads the whole passage starting on verse 32. there were christians right from the beginning who were not doing what they were suppose to. People were there to give from what they had to share became common, there are some values here we can learn from. How often we become attached to possessions, it very often becomes a source of sin. God made us to find our happiness in him alone. One of the challenges we face, we have so much in Western nations, the danger we have is that of happiness comes through the satisfactions of possessions. Sometimes the poorest people in the world are the happiest and the most grateful. The way we move past this is we start to let it go.

April 11, 2018

- Father talks about crisis pregnancy centers. There are other options out there, adoption is an option. Father plays a clip from John Oliver show "Last Week Tonight." [HYPERLINK "https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-against-j](https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-against-j) [HYPERLINK "https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-against-john-olivers-hit-piece-222759/"](https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-against-john-olivers-hit-piece-222759/) [HYPERLINK "https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-](https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-) [HYPERLINK "https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-](https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-)

[against-john-olivers-hit-piece-222759/" operators-push-back-against-john-olivers-hit-piece-222759/"](https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-against-john-olivers-hit-piece-222759/) HYPERLINK "https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-against-john-olivers-hit-piece-222759/" HYPERLINK "https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-against-john-olivers-hit-piece-222759/" [olivers-hit-piece-222759/"](https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-against-john-olivers-hit-piece-222759/) HYPERLINK "https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-against-john-olivers-hit-piece-222759/" [ohn-olivers-hit-piece-222759/"-hit-piece-222759/](https://www.christianpost.com/news/pro-lifers-crisis-pregnancy-center-operators-push-back-against-john-olivers-hit-piece-222759/). There was not a single message about how many people crisis pregnancy centers have helped. they provide options, babysitting, diapers, adoption education. We must take it into our hands to help explain this to people. A majority of people are getting their information from comedy shows.

- Paragraph 114 is a section about being in community with one another. Together we have to seek out Jesus. Pope Francis talks about Jesus asked his disciples to pay attention to detail, Jesus asks us to pay attention to details it is in the details that holiness really becomes concrete. Father Matthew talks about the many examples Pope Francis gives to the little details. You and I should be paying attention to detail.
- Father looks at a story from another country, but he knows he is not aware of the biases there. He does not always have that ability when looking at international news sources. Emmanuel Macron met with the Catholic bishops in France. Father did not know this was the relationship between the church and France. Do we imagine ourselves living a life that is completely secular, with the church having no part. It is possible for us to fall into thinking that the church is bossing people around, when she is showing us the way Jesus would like us to live our lives.
- Father wants to look at three saints today, we have different days where we celebrate saints. Saint Stanislaus of Poland, he lived in a time where separation of church and state were different. He became a saint because he was willing to be murdered for his faith. Saint Gemma Galgani throughout her life she had many sufferings, she was ill. It was in her sufferings that she was able to serve him, the ridicule of people who mocked her for her faith. The third one Father mentions is Saint Joseph, he gives us an example of a humble hidden life, he gave an extraordinary example of holiness.

April, 12, 2018

- Father speaks about an experience when he was still wet behind the ears. He remembers a discussion about the Shroud of Turin. The Shroud is believed to be the burial cloth of Jesus. The priests were not all staunch defenders of the Shroud's authenticity. Father was shocked! Now Father points out that you are not obligated by the Church to believe in it. Father mentions a documentary with Chuck Neff www.holywindingsheet.com. He discusses a new 3D representation of Jesus created from the shroud.

- Father reviews a recent Gallup poll about Catholics and Mass attendance in the United States. Only 39% of Catholics go to Mass once a week. It is down from 45% about a decade ago. In 1955 the number was 75%. There are many Catholics in the United States who are Catholic, but do not identify as such. One positive is that the number of young adults did not drop as greatly as the older generation.
- Father mentions Marcus Persons. He's a Swedish videogame programmer who developed Minecraft. It is a game in which you can create worlds. A study reveals that Minecraft users and compared their height in real life. Taller people tended to make shorter buildings in Minecraft, and shorter people made taller buildings. It wasn't about compensating in the videogame, but it is about a person's perspective in real life. When you don't have that spiritual vantage point in your life, the world looks very different. When we form our children in the faith, they are going to see the world differently.
- Father Matthew had the opportunity to go see Paul the Apostle movie. He realized all of the movie seats were changed to recliners. Father is always careful about the movies he watches, but he also likes to leave some surprises. Father was surprised that the movie was just about the last days in Paul's life. The movie silence, the movie depicting Jesuit missionaries who go to Japan and they experience a lot of the persecutions. We are called to a level of faith where we are persecuted. We have to be ready to suffer and to lay down our lives for those that we love. Love even when it hurts, love our enemies, and love those who persecute us.

April 13, 2018

- Father tells a story about attending a luncheon put on by a women's group. Can you believe that there were some people in attendance that haven't listened to the show?! Father speaks about a health crisis that happened in his life. He had a bleed in his brain and he was dying. He experienced much pain, difficulty and stress and it was difficult to see the reason at the time. In hindsight, Father sees that he might not have become a priest if he didn't go through that time. Father cites an article from Samir Chopra ("The Usefulness of Dread") who recounts how the crosses in his life have shaped him
- Father cites an article asking "if a priest can refuse confession if he knows you? Priests are not supposed to be asking questions in the confessional to ascertain the identity of the confessor.
- Father discusses the new policy of the South Korean government to shut off computers at 7PM. Some employees are not going home. 2/3rds of government workers have already asked for an exemption. Father discusses a programmer in the US who actually hired a Chinese programmer overseas to code for him. He was discovered when they found that all he did was watch cat videos all day. Both sloth and overwork are not virtuous. St. Joseph didn't see manual labor as beneath him, but he found sanctification in that work. He is not known for a great construction project which we honor, but instead we honor the man.

- Why does Jesus still have his scars in Heaven? Jesus kept his scars in his glorified body, not from inability to heal them, but to wear them as an everlasting trophy of His victory.
<http://blog.adw.org/2017/04/jesus-resurrected-body-still-wounds/>

April 16,2018

- Father talks about something he read on medium.com. An Article written by michel simons,you can not be good at something unless you focus on one thing. You and I sometimes become interested in so many things that we become scattered. A polymath is someone who excels in many different things. science is showing that people who have lots of interests and combine them well are successful. We learn a lot of hobbies through the internet videos and it is to our advantage. You are comparing yourself to others, but our calls and vocations are different, we need to be specialized in your unique vocation.
- A few months ago Youtube published a video about Mark Cuban advice about how to become successful Mark Cuban talks about how he became really good at the things he put in a lot of effort. In the spiritual life sometimes it is hard to see the reward of time spent in prayer and at mass. Your used to making decisions due to seeing the reward. A relationship with God is a huge pay off.
- Life is a journey, life is moving from birth to life , from sin to grace. In the new testament the journey the holly family makes every year to jerusalem. You and I are also journeying continuous. We practice this for forty day during lent. We physically get on our feet and start traveling, On may 5th there is a pilgrimage to Mary the lady of good health. The pilgrimage is 22 miles but their are other options you can do 7 miles you can join in the vigil mass
<http://walktomary.com/>
- The more we walk with Jesus the more he wants us to walk with him alone. We have sufferings and struggles but there are also joy and consolation. Father talks about John 6, we look at how Jesus offered us his flesh and blood for us to eat and drink. In john's gospel we also see the walking on the water. jesus demonstrates who he is by turning water into wine. The crowds come to Jesus, Jesus points out that that maybe they are following him for all the wrong reasons. Jesus has the food that endures for eternal life. Jesus is thre only one who can fill our hearts.

April 17,2018

- Father talks about how people have been comparing Mark Zuckerberg to a robot. Father talks about tesla the model three is causing problems, they tried to put too much technology into model three. Elon Musk says humans are underrated. Humans can solve problems that robots can not. Humans are underrated completely respect for the human. You have so much more

value than you can even think of. You and I are looking at others in a sense of function, and if they are not making our life more comfortable or convenient we think about getting rid of them. Are relationship with others are essential. To be christian we recognize the beauty in of neighbor, loving them and caring for them.

- God has asked Father to be in a more management position, he is responsible for organizing efforts of the community. God loves to push us into areas that are more challenging and more difficult. How many time have we been let down by people? It is hard when we want to trust people and give them the benefit of the doubt and we get let down. First of all we learn from these things, we need to practice mercy we have to be merciful. We need to treat others with mercy and love like God gives to us. God is willing to love us the way we are, and maybe we can love others the way that they are.
- Father discusses an article that says that Apple stores are just like the DMV. Business insider wrote a story about people's bad experiences at apples stores. The reason Father brings it up is because people started describing their experiences using religious terms. "The apple store is my personal hell". People are using their idea of hell and equating it to a store. Hell is forever, purgatory is always a stepping stone to heaven. We should want to go to heaven straight away. When we are suffering here on earth the less time we will have to spend in purification to get to heaven.
- Father gives a special thanks to Bill, who did the exodus 90 program. It started as an opportunity to help men to reset their lives. It takes 90 days to re-start the chemicals in your brain. You spend 90 days with exercise daily rosary, daily prayer, no social media not internet, to tv or movies, cold showers. Father was grateful to hear Bills feed back, he had to give up his phone and it opened up his eyes to how much he spent on it. Bill says it was really great and it really helped him, and in his faith. There are lots of parts of the programs that are meant to help you live a healthier life. You do this program with other people, you are not alone. We are walking in the world together, we are called to be doing this together. Some sins we need that community and support and accountability.

April 18, 2018 Encore of March 1, 2018

April 19, 2018 Encore of March 15, 2018

April 20, 2018

- Father discusses an Episcopalian "Beyonce" Mass. He believes that the way "mass" is being used is incorrect. We have a tendency to worship that which is not God, whether it be in the form of a form made of gold or a pop singer. We read the account of the Golden Calf and think, how could they do that? But we do the same thing when we put things before God. In a way, we can say that every sin is a form of Idolatry.

- Father tells the story of an encounter he had at the airport. A young man walks by Father with nothing but a grocery bag and a bible in his hand. He revealed that he was worried that he was going to have to sit by a priest. The young man was arrested far from home and recounted his difficult journey to this point. He was on the way back to his hometown on this flight. He also recounted the times in this journey when he saw the hand of God. At first Father wanted to just keep to himself and get some rest on the flight home. Father realized that although the young man thought that Father was seated next to him for his benefit, Father realized that God placed him also for Father Matthew's benefit.
- Father speaks about the event at Starbucks. Google had half of its employees participate in unconscious bias training. The evidence points to the ineffectiveness of this type of training. Sometimes we consciously choose to not treat people as children of God. Do we put the blame on external things for our concupiscence? Do you think that if only life wasn't so hard, you'd be a saint? Changing those situations doesn't mean you'll become a saint, and not changing those situations doesn't mean you won't become a saint. Father discusses St. Francis' disgust for the lepers. Instead of being a slave to his natural reaction, he decided to humble himself and love. St. Francis then recognized Jesus in the lepers.
- Father speaks about Paul's conversion experience in the movie "Paul the Apostle." Acts 9 recounts the conversion of Saul. He heard the voice of Jesus. "Saul, Saul, why are you persecuting me?" "Who are you, Sir?" Saul thought he was doing God's will. Father discusses the Bread of Life discourse and the fact that many asked, "How is it possible..." He mentions the homily of one of his confreres. "Have you noticed that many times we ask, 'how' when we should ask, as Paul asked, 'who.'" If we asked "who," then we wouldn't have to ask "how" because we would realize who He is.

April 23, 2018

- Father talks about still not having a cure to the common cold. It is not about finding cures, it is about turning to God to find relief. Father wants to cover the topic from a recent movie released on Netflix Come Sunday.
- Bishop Charleston Pearson, not a catholic bishop. This American life did a feature on him, he started to doubt the beliefs, he started to doubt if hell existed and if people needed to be saved. This started by a few different events in his life. Father plays a clip, where Charleston is starting to doubt scripture. He thought is there were all these sinners in the world, he thought it was his obligation to ask them if they have accepted Jesus. This experience became a burden, he started to question if he really had to do it. He was watching the elivison and he saw men and women suffering. Father plays another clip, over time he is losing more and more people who are going to his church, He preached universal salvation. His love is not forced upon us, he does not want any of us to be lost, the decision to follow him or not. Sin and suffering exist as well as hell. Now

Bishop is preaching a not personal God, it is a very different religion, he is pushing away from organized religion.

- Father looks at this end of the world prediction, Father is a disbeliever on these sorts of things. We have looked for planet X, planets which we have not seen for years. There is some speculation that we can not see this planet yet. David Meade is an author who is a self proclaimed astronomer. He moved his production to the apocalypse is going to be sometime between May through December in 2018. Scripture says that only the Father in heaven knows, when rapture will come. You and I have to be very wary of these predictions, we live our lives always trying to be prepared and ready. Being in a state of grace, avoiding mortal sin in life, loving our neighbor caring for the poor, spreading the good news, sharing the joy of Jesus. If I am living the life that Jesus wants, he will be there to pick us up if we fall.
- Father shows a direct example, Acts 11 1-18. Peter began by explaining, How he heard a voice saying slaughter and eat, this happened three times. Peter proclaimed a form of revelation, this is consistent with what Jesus himself was teaching. Public revelation closes with the death of the apostles. There is an interesting analogy Jesus uses Jesus says he is the gate, it is in Jesus that we find the way to salvation. We live in such a time where we should be people of hope, and joy. Jesus is present in our lives, we do not need to have a vision, it is already available to us in the public revelation of the church.

April 24,2018

- Father talks about Alfie Evans born in May 2016 in Liverpool, his parents in his 20's right after he was born he started to have seizures. During that time he has been suffering from an illness, his parents have been trying everything that they could. They would like to take their child out of the country, Italy gave Alfie Evans citizenship so that he would be able to get treatment. They are being denied that option, they will not be allowing Alfie Evans to take him to Italy. Italy is saying they have some treatments. Alfie Evans was taken off of life support forcibly by the UK Government.
- Father plays a clip from Phoenix a mother wanted to go to church on Easter Sunday her children would not so she threatened them with a taser. How do you get your children to mass, our children have free will. We give our children good examples, sharing with them insights showing them what you're getting out of mass. At home sharing the benefits of going to mass. We have to turn it over to God. Getting them involved, when they have a particular responsibility.
- Father Prays about a shooting in Dallas, two Dallas police officers have been shot. Some of the hardest decisions father has made is about other people's lives. It takes many years to become a priest, One of the hardest decisions is about the future, knowing if God is calling them to become priests or not. Sometimes we do not make these hard decisions promptly and we put them off. We take others into consideration, or we claim that we do not know all of the facts,

we wait for more and more information. It is important to learn to be decisive, Jesus demanded his followers to be decisive. When we act good things happen when we are acting with the Lord.

- When was the last time you demanded a sign from God, sometimes we ask the Lord to give us a sign when we are making big decisions. John 10:22. We want a clear sign from God because we do not like to be in suspense. Jesus says I told you already and you do not believe, because you are not among my sheep, my sheep hear my voice and they recognize my voice. Jesus continues the Father and I are one. God reveals his will to us, we have to be content to listening to the voice of the shepard, even when it means suffering or persecution. Are you really looking to the church and scripture when you are making a hard decision.

April 25,2018

- Father talks about the golden state killer, today he was arrested. In 1976 the night stalker, or golden state killer he had very many different personas. He committed sexual assault crimes and killed twelve people 45 rapes. Joseph James DeAngelo he is 72 years old, he is on suicide watch he has been booked into Sacramento county jail. We have a desire for justice, we want to see justice, that desire comes from God because God himself is just. We are called to recognize that justice comes from God we will not always see it happen in our time but it will happen in his time. Lets be careful and not be the executers of justice our selves. Truth always comes to light.
- Father sees a glimmer of hope for Alfie Evans,the parents submitted another request their appeals were rejected. the hospital and courts have taken away parental rights .Alfie evans is being deprived of oxygen and fluids. There is an italian lawyer, he is coming out very strongly, that Alfie will be dying from dehydration. If Alphie Evan dies under the care of the hospital he will be setting up a case. Father has been reading different people who are defending the decisions of the hospital, the claim is that they have done everything possible to help this child. Pope Francis has come out on the side of the parents.
- Father shares the story of his brother and sister in law, His brother Luke married he had been away from the church for many years and Vanessa had no exposure to the church and they then started to try and have a family. After a number of years they shared with father that they were not able to have kids, Vanessa shares with Father that she made a promise with God that if she can get pregnant that she will start going to church, Father held his tongue he realized it was the first time they had talked about faith. Nine months later they are having a baby, she is in progress of coming to the church. Father also knows it is not everyone's experience, it is a blessing and a grace that his brother and sister in law received. It is a difficult thing that the plans and expectations they had were not panning out they way they expected. this week is national Infertility week. Natural family planning helps couples, napro technology, there are developments that are consistent with our Catholic faith.

- Father talks about a story from Houston a coffee shop was robbed, the owners knew who this was, how were they going to respond. They offered the thief a job, a dress code random drug tests and they will be volunteering at a shelter. This story happened about a month ago the thief has not come to the owner to take the offer. they offered healing and forgiveness, but also not letting them take advantage of them. When we are the victims of injustice we want to take care of it ourselves. We turn to scripture to know how to respond. Father looks at first peter, scripture itself can be and give us spiritual direction.

April 26, 2018

- Father discusses a possible new cupola for the community at Mt. St. Joseph. Father discusses his struggle finding an economic solution to the chapel. After the new cupola was installed, he noticed the rest of the seminary could use a facelift. Father discusses experiencing the Diderot effect. Diderot wrote about getting a new garment, which made him feel that he needed to get many other nice things to "match" his new garment. Diderot said, "I was the absolute master of my old robe; I have become the slave of my new one." Are we becoming slaves to what we possess? Jesus tells us that where your treasure is there also your heart will be.
- Father discusses Pope Francis' comments on Spiritual Combat yesterday. We enter into the battle as "Soldiers of Christ" in Baptism. "...we must know that we are not alone, that the Mother Church prays so that her children, regenerated in Baptism do not succumb to the snares of the evil one." Our prayers/Baptism are not magic. They have power not because we recite a certain formula, but because Christ Himself invites us into that relationship.
- Father discusses Jennifer Riordan's death and the tragic accident aboard a US domestic airline flight. Father plays a portion of the interview with Jennifer's husband where he reveals the last words they spoke to each other. One of the last things they said to each other was "I love you." How are you using God's gift of speech? How are you talking to your parents, spouse, brother or sister?
- Father talks about how thankful he is for everyone in his life, he thanks everyone for their kind prayers and the support in works of love he has gotten by so many people. Father looks at John 13 16-20 this is after Jesus washed his disciples feet. father has reflections he would like to share and some of Pope Francis insight too. Pope Francis has been washing the feet of prisoners. He said there are three elements the lessons from the washing of the feet have three messages love,service,and humility.Jesus calls us to love without limits. Love leads to service, no servant is greater than his master. A denial of self the eliminating pride growing in humility.

April 27, 2018

- Father discusses the video of President Moon and the leader of North Korea Kim Jong Un meeting at the 38th parallel. We want an end to war, but what we are really praying for is the

reigning of Jesus on Earth. These gestures are wonderful, but there are still millions of people suffering in North Korea. We will take it one day at a time. We need to pray all the more now.

- Father mentions his illness and wheezing when laughing. Father Matthew discusses his fond memories of the last Fridays in April planting trees (National Arbor Day). He discusses his visit to Bryce Canyon National Park in Utah and Methuselah. Methuselah is the oldest person in scripture, and also the name of one of the oldest trees. We should not dismiss our responsibility to be stewards of our environment but we have to see care for the environment in the context of all of God's plan. Father discusses the tree of the knowledge of good and evil and the tree of life in the Cross. Jesus under St. Joseph learned to shape wood as a carpenter. The same wood that he had shaped for his whole life would be used in his death and the instrument for our salvation. The problem with the "environmentalism" movement (those that see the environment as an end) is they forget that all creation is meant to lead us to God.
- Father discusses the ouster of Chaplain of the House of Representatives, Father Patrick Conroy, S.J. In an interview, Fr. Conroy speculated that he might have been asked to resign because of a prayer he did when during the Tax Bill debate.

April 30,2018

- Father talks about being married in the church and why it is so important. Father talks about an opinion piece, the sister went around looking for a catholic priest that would marry them outside of the church. When they found a priest that would marry them outside in a garden. The priest prepared them to go through more serious preparation before they were married. That marriage would not be recognized inside of the church. MArrriage is not only for the husband and wife, their marriage is for the whole world it is a symbol of God's love for you and for me.
- Father had learned spanish inside of the seminary, when he was in high school he had taken spanish for three years. He graduated from high school and forgot all of the spanish he had learned. When he discovered his call inside the seminary, he was told he needed to learn spanish. It was a neat learning experience, it was not until he started using it til it stuck. The same is true with our faith you could memorize the entire bible. You could still be a poor christian you and I need to see the gifts of our intellect.We have to start living it so that it takes root. We are working on an exciting project that we develop radio content in spanish. We want to share the gospel with everyone.
- Anne Hendershott is not stranger to vocation, he is a professor sociology. She has compiled data looking at seminaries across the united states. Looking at young people responding to their vocation to the priesthood. St Louis and Atlanta are doing very well with vocation. Over a ten year period Anne Hendershott writes that they produced the most priests. They compared it to the over all population. The diocese of St Louis has the largest Serra club, they pray for vocation. To raise up vocation requires prayer. God is calling lots of people and we need to pray.

- Father prays for bishop George Murry who has leukemia, and bishop Richard Garcia monterey diocese he is facing indications of alzheimer's. Acts 14 beginning in verse 5. They are able to communicate by healing. they encounter a crippled man unable to walk. Paul goes up to him and he saw that he had faith. Paul says to him stand up straight on your feet and the people can not believe this. The people start to believe that Gods are walking among them. The people start to offer sacrifices to the Gods. They start to proclaim the good news. Verse 18 they came to reveal God to the people. Jesus talks about his in today's gospel who every loves me will be loved by my father and he will reveal himself to us. Jesus reveals himself to those he loves. Know his commandments and observe them.

May 1,2018

- Father talks about his friend Ron he stats to have a deeper and greater devotion. Only because he was asked to work on a project, such as fixing walls and other things they needed. Father is there with Ron reflecting on St Joseph. Tecton can mean more than just carpinter, Ron asks St Joseph could have also worked with wood and rock. Ron started to identify with St Joseph. This lead Father to his own reflection. We share with him the great voaction of building the kingdom with God. The most important relationship is the relationship with our blessed mother. On MArch 19th we celebrate the great vocation he had. Today we celebrate that St Joseph gave himself completely to Jesus and Mary, he continues working even from heaven.
- Sandra Hillman pointed out an article to Father, it is an interview with a biological anthropologist and Match.com. How the science in the brain has affected how men and women have worked things out through history. The chemistry and nature of love. Misses Fisher is talking about what happens inside of the brain. They had 100 people who had recently fallen in love into a brain scanner. The first thing they noticed the activity in a small part of the brain. The VTA is the part of the brain that makes dopamine, it works as a reinforcement. Not only when you are with that person even when you are apart from that person dopamine is getting released into the brain. Do not have sex with someone unless you are prepared to fall in love with them. Men fall in love faster than women do they also fall in love more often than women do.
- Father talks about his trips to the Philippines, he was gifted two shirts with roman collars on them. He came home and he wanted to wear them, but thought he should not wear them he felt out of place wearing them. Father does not think he would have been in the wrong to wear them. He feels as though he does not want to offend anyone. Online in social media, Keziah Damu wore a traditional chinese dress to her prom. she is not Chinese and people started criticizing her saying their culture is not her prom dress . She had found the dress at a thrift store, without desire to offend anyone she wore it to her prom. A Chinese American man tweeted negative things out to her, he himself has tweeted out many racist things. In China they think it is wonderful, saying she looks beautiful and to leave her alone.

- Father shares how they captured the golden state killer. New York times was describing sacramento county police and the FBI how they had DNA samples from the golden state killer. They submitted the DNA to dating websites. GEDmatch mentioned a number of relatives to the golden state killer. The DNA from crime scenes were connected to his relatives Father looks at friendship in a study why it is difficult for adults to make friends. Maybe in part as adults we are putting up more barriers. From this study the results show it is because of the time it takes to make friends. It requires 50 hours of time spent together and 200 hours to call someone a good friend. In order to create relationships you need to spend time with them. The same is true in our friendship with God we have to spend time with him.

May 2,2018

- Jesus says if you are connected to him then you will be fruitful. We should be better people for it, we should be morally upright. We should be instruments to moral good to others. Some studies have looked at comparing generosity, on IRS forms people will indicate how much money they give to charities. When you look at the data it is not very encouraging catholics are not as generous. On big think.com are religious people more moral? We do see interesting data points that christians will donate more money on Sundays to charity. Atheists are just as generous as the rest of the population. We should not demonize atheists weather they are not people. Statistically they are also giving in charity. We tend to trust people with faith more. Just because people profess a faith in Jesus does not mean they are living it.
- Millennial women are actually ditching the pill for high tec. A young woman chose a different path, she is now on birth control. Parents out there have a difficult time communicating to your children the love of Jesus. Father was surprised that young people are turning away from chemical contraception in favor of natural methods. There are so many apps available now for people to plan their families. People are using these apps for natural family planning. Natural cycles 80\$ a year, my flow which is a 1.99\$ these are just some of those apps that are being used.
- Father talks about prom dresses, outside of Dearborn Michigan. a catholic high school Divine Child Catholic school handed out a modesty ponchos. This is a rule set if the dresses the girls wore to prom were not modest. They will have shawls available if they do not follow the school rules. Purity requires modesty. Refusing to unveil what should be hidden, not because we should be ashamed or because it is ugly. It does not reveal enough of the center core of who the person actually is. We want to inspire in others thoughts that are lifted up to God other than to be focused on the flesh. There is a modesty of the feelings as well as the body.
- In Germany they were going to display crosses in various government buildings. Father says he does not know the specifics about what is going on in between the government and the church. Apostolic Nuncio said as a representative of the holy father, it is bishops and priests that they have to criticize the decision. The gospel that we hear today might sound familiar, Jesus

said to the disciples everyone that does he prunes so that it bears more fruit. You and I both know how important pruning is, then vines can become more fruitful. Jesus will take that image and apply it to our lives. You have experience being pruned by Jesus, it will hurt and it is difficult. We imagine why Lord are you allowing this pain, really it is because he wants us to be fruitful.

May 3, 2018

- Father discusses the technology that brought about a computer generated 3D image of Jesus based on the Shroud of Turin as mentioned in a previous show. Now he discusses other technology that is helping us to piece together the dead sea scrolls. High resolution multispectral camera are used to take pictures of the dead sea scrolls. This technology has allowed us to see ink that has already faded away. They are also using "low tech" techniques such as handwriting analysis. Technology has always been a part of our lives, but this is a unique and interesting time. We can now analyze these ancient relics and discover new things. Science keeps on affirming our faith. All of these things point back to a God who loves us and Who has a plan for your salvation and joy.
- Father gives us an update on Father Patrick Conroy, SJ, who is the Chaplain for the House of Representatives. Father Conroy changed his mind and rescinded his resignation letter. Previously, he was pressured to resign by Speaker Paul Ryan. Now Speaker Ryan has decided to keep him as House Chaplain in a statement. Priests are under the Bishops, but the Church understands that the priests have rights. All of us are called to obedience. We all have someone to whom we must be obedient, but there are also rights that our superiors must give us.
- Father Matthew discusses a pew research study about religious groups and their projected growth. Today was that National Day of Prayer and shares some of President Trump's speech. Even with different faiths, we can all recognize the importance of prayer. As Catholics, prayer is fundamental and our Church calls us to pray. Father also discusses an initiative by President Trump about religious liberty. The President also pointed out in his speech today that Americans of faith have tended to the poor, and sick. Father reflects on the many contributions that Catholic dioceses and individuals to American society.
- You are called to have a dramatic impact on the world. Maybe not to be historically be remembered. We are called to inspire the people around us. Saint Philip and James we do not know very much about. Father loves the encounter of Philip In Acts 8. What really matters is the holiness of their life, that both of them were willing to give their lives for the gospel. John 14 verse 6 Jesus said to Thomas I am the way and the truth and the life. If you know me you will also know my father. Usually things are not working out the way we want them to it is because Jesus is not in the equation. It is Jesus who reveals the truth to us.

May 4, 2018

- Father briefly mentions a book from 1989. He doesn't remember the 7 habits right now, but he does remember the author, Stephen Covey, asking the reader to read a section as if the reader was going to teach it to someone else. Father discusses the Feynman Technique: Start studying a topic, pretend to teach your topic to a classroom, go back to the books when you get stuck, simplify and use analogies. When you teach, you realize that you don't have as complete a grasp of a topic as you thought. A new study analyzes why this is so effective. The process of having to retrieve knowledge, reinforces it. How well do you understand your faith life? You could read the entire catechism or the Summa Theologica, but still not know that much about the faith. When you have to teach your children and explain the faith, or when you share your faith, you'll have to know it better and defend it. Teaching the faith makes us better disciples, and communicating the faith to others makes us more faithful.
- We know that we receive Jesus Himself in the Eucharist. After consecration, the bread and wine become the Body, Blood, Soul and Divinity of Jesus. Father discusses a question from churchpop.com: Is it alright to chew the Host when receiving Communion? Father discusses the bread used in consecration in the Early Church. It probably wasn't as easy to eat as the bread we use today. In the scriptures, the verb used regarding the Eucharist, Father likens to "chewing." We smell the wine become the Blood of Christ, and we can feel and chew the bread become the Body of Christ. God wants to make Himself present in all of our senses.
- Father discusses how he came to develop his devotion in the Chaplet of Divine Mercy. He was in college, and interested in a girl. He was glad that it was shorter to pray the chaplet than the rosary, and he began to pray the chaplet for the wrong reasons (to get closer to a girl). At this point in his life, he didn't fully understand that God loved him. He understood it intellectually, but suddenly, after praying the chaplet regularly for a period of time, he found that what he was saying in prayer was what he actually believed. Through this he realized that God loved him, and that no sin would eclipse God's love. He realized that he was lovable. St. Faustina tells us, "All grace flows from mercy, and the last hour abounds with mercy for us. Let no one doubt concerning the goodness of God; even if a person's sins were as dark as night, God's mercy is stronger than our misery. One thing alone is necessary; that the sinner set ajar the door of his heart, be it ever so little, to let in a ray of God's merciful grace, and then God will do the rest."
- Father discusses the daily readings from Acts and the Gospel of John. In Acts, the early Christians are working out what is required to be a Christian and which laws to follow. Do they have to observe all the Kosher laws like Jews? On one hand they have been preached a radical freedom but are working out how to live that freedom. Jesus did not come to abolish the law, but perfect it. Jesus has, however, abolished some of the non-essentials of Jewish Law. They have freedom, but it is not an absolute liberty. In the Gospel, Jesus tells us, "You are my friends if you do what I command you..." "This I command you: Love one another." This is a freedom that does not end in liberty, but leads to love.

May 7, 2018

- Father talks about a hobby he has done his whole life, he would go hiking and backpacking. He loves being by himself maybe because he is an introverted person only because he can recharge his battery when he is alone. When he is by himself too much he misses people and he drives himself crazy. People today do not know how to be alone. We spend so much time teaching children to understand how to interact with other humans. How much time do we spend teaching children to be alone. You need to spend time alone with God. It is why we take retreats in order to experience an aloneness with God.
- This weekend they had their second annual pancake fundraiser. The pancake drive was a lot of work. If father had to name everyone who helped he could not do it because there are so many. Father realized what he did was really not that important he was getting to be with people. It was a humbling moment. He gets to take credit but it is really the volunteers who helped out with events. Sometimes we go through life thinking it is because of our hard work that we accomplished what we wanted. Really looking at our lives it took our parents, siblings, teachers. Even those people who did not have our good in mind shaped us to become the people we are.
- Google, youtube, facebook, bidoo these are the top websites in the world, in the sense of most paid views and the most unique visitors. Bidoo is a chinese company. Father wants to talk about one of these top ones. Reddit it is the sixth most popular website in the world. It has an interesting user base. They talked about the internal struggles within the company. It has been so driven by wroth that wroth has trumped everything else, most paid views and most unique users. They are wanting to know if they are growing. People can post anything they want they are very lenient about what they allow. They have gotten in trouble for child pornography and bullying. They are doing this because it does not matter if they are making money, they are trying to create a product that can then be monetized later. So many people inside of the church are focused on growth. In order to do a good job we think we have to have the most people. Changing things to attract more people. We grow when people's lives have been changed and their souls are going to heaven.
- Father has worn glasses for all of his life. Around nine or ten years old. He tried to wear contacts but decided to stick with his glasses. Over time your glasses are dity someone gave father some glasses cleaner and he was able to see. Father talks about seeing Jesus when Jesus is not present. We do not see that things are out of order, it is not before the tiniest little light of Jesus. This is what happens when Jesus comes into our lives, and the holy spirit. We start noticing things we could fix in our lives. Jesus loves us so much and wants us to see clearly he gives the gift of the holy spirit to us.

May 8, 2018

- Do we sometimes let things bother us and our faith life. Sometimes things need to be corrected and we should be worked up about sin. Why do we feel like we need to correct people. if it is only a pet peeve then that is on you. For example if someone is dressing inappropriate for mass. Then being faced with is it your responsibility to make a correction. if children are running around like crazy is it up to us to fix the situation? Maybe it is not our responsibility to do. Then we need to understand fraternal correction. It happens when we are moved by love to help our brother or sister. We sometimes avoid correcting people because we are afraid of the consequences. We must always correct people in love.
- Father talks about a story from New York times. A mail carrier in Brooklyn is being charged with time. He was caught red handed with undelivered mail inside of his house and car. In his defense he said "it was only mail that was not important". Why is it that people accumulate things. We find security in objects. Why do we find security in our possessions. This is something we need to look at and turn to Jesus. Are you secure in your relationship with God. Invest well when you can but do not put your comfort in that. God wants us to be depending solely on him.
- Father is not really afraid of snakes. He grew up in California where there are king snakes and rattlesnakes. On Mt Saint Joseph there are a lot of rattlesnakes, they have to move them. they also have four cats that live in the area. One of the cats was looking at a rattlesnake out in a field. The cat was looking at it curiously like it did not know what to do. Father respects rattle snakes even more because of an experience he had. He goes to his office and he realizes there is a rattlesnake underneath the door. he was stuck in his office. Many people are wired to fear them The human mind has evolved to fear snakes and spiders. We end up not fearing what we should fear. Then we are not worrying about the evil one and sin in our lives.
- Father found it interesting that one in three women in Australia remove their wedding rings. In part because they feel like their chances will be better if they are not in a relationship. Father wonders if that data is found to be true. You and I are going to be responsible for a level of theological comprehension. We do have the ability to learn from the church. There are so many resources at our disposal to know Jesus. We need to use what he have been given wisely.

May 9,2018

- Father talks about programs people use to get fit. Father looks more in general at the methodology. high intensive burning exercise, sprinting for one lap and then jogging for another repetitively. the problem with hit is they can not stick with it. Low intensity interval training came from that. There is some evidence which show its is effective. low intensity steady exercise it is cardio. People are always trying to find quick ways to get closer to God. People are attracted to rapid growth with God.
- Praying for vocations is the most important thing we can do. There is a trend that is noticed inside of vocation. 430 men will be ordained to priesthood this year. It is less than ten for every

state, we need more persists. A large majority of men said they came from families who parents were both catholic. As well as their friends encouraging them for this vocation. When was the last time you went up to them and encouraged them? Realize that you might be planting a seed. Lots of people are not aware of this vocation them selves.

- Father gets questions about confession. Father got a question from a listener and she asks how to examine her conscience. There is a process to learning how to examine a conscience. She is having a hard time identifying her sins. You have to broaden it to commission and omission. Father mentions a book it costs 60\$ on amazon. The problem is there are only a few copies of this book in circulation. It is called particular examine how to root out hidden faults . by James Mceleney. In the section on pride, it provided pages and pages of reflection. For example am I vain in words in regard to spiritual affair. What effort have I made to be humble. It gets so particular and specific.
- Are your children going to mass, and your adult children? It is the most common concern that we receive here at relevant radio. You try to communicate how important a relationship with God is. Sometimes that leads you to frustration, maybe even in anger saying this is not okay and not knowing how to help your son or daughter. There is no quick formula to solve this problem. Saint Paul goes to athens, greece is full of greek gods. The inclination to do something violent because it is not okay that people are doing this. People would not have converted if he came from anger. Chapter 17 verse 20. Notice what Paul does instead of tearing things down paul affirms the good side of things before they have received the fullness of the good news.

May 10, 2018

- Amazon releases a new edition of their smart speaker geared toward children. Father cites a study reviewing smart speaker use by children (age 9-16) and their behavior in the UK. The more they used the smart speaker the more they became aggressive and demanding they became toward their peers and others. Father speaks about getting frustrated with technology when your phone or smart speaker doesn't "understand" you. Instead of using manners when interacting with a smart speaker, children in the study demanded information and expected immediate results. They also became frustrated with devices when there was a complication. The new Amazon Alexa for children will ask them to say "the magic word." Our children will learn patience, kindness, manners and etiquette FIRST from our own behavior as parents and leaders. We must fulfill our roles by our children. You and I need to be converted and grow in virtue.
- Father reflects on some words from Pope Francis during a homily. Pope Francis calls the Devil a loser. He has this ability to seduce," the pope said. "That makes it hard to understand that he is a loser because he presents himself with great power, promises you many things, brings you gifts -- beautiful, all wrapped up," he said. "He knows how to seduce us with the package without letting us see what's inside. He knows how to present his proposals to appeal to our vanity, our curiosity." Father shares about a group of people in Rome who were dressed up as

Cardinals on the street. This was for a new Netflix production. Father tells about an actual Cardinal who had to do a double take, because he didn't recognize any of the Netflix Cardinals.

- Around 88,000 people a year die from alcohol related causes. In the first decade of this millenium there was a 50% rise in alcoholism. Father discusses video game addiction and the differences between drug and alcohol abuse. The Sacraments should be the first means to which we go for healing and battling addiction. During Baptism, we receive an exorcism. The Eucharist is the food that God has given us to strengthen us along the way. If we dont' have this we will lack in spiritual strength. Confession cleans the slate and builds on teh graces you've already received. Look also to your marriage (or Holy Orders in Father's case). You need your spouse because that is how God has designed your road to Heaven.
- Father explains the liturgical timing of the Feast of the Ascention. The coming of Pentacost. John 16:16-18.

May 11, 2018

- Father mentions the dioceses that celebrated the Feast of the Ascension on the actual day. When you say at mass, "He ascended into heaven and is seated at the right hand of the Father" in the Nicene Creed, you are acknowledging the Ascension. Jesus went forth from the Father and then returned. Just as Jesus went back to the Father, He invites to come back to our home in Heaven. At this very moment you need to be reminded that Jesus in charge. Remember that the Devil is a loser.
- Father mentions a baptismal font that was stolen after a baptism. He reflects on a stolen statue in Wisconsin from an outdoor shrine. Three individuals approached St. Mary's Catholic Church and pried a statue off of it's base and dragged it away. The thieves reached out to the pastor, who believed them to be sincere. The theives were caught because they left litter from a corndog from a local convenience store. Surveillance footage from the store revealed the culprits that stole the statue.
- Father mentioned an experiment by two youtubers in which they claim to have received ads for catfood, even though they only mentioned it verbally. The experiment was to see if Facebook was listening to their conversations. Father asserts that Facebook already has enough information on you and with current phones, it would be easy to block. An author on the Guardian analyzed this and concluded, "you're not that special." You're so much more special that the information that is collected about you. You're worth so much, that God gave His Begotten Son to be crucified, and rise, all for you. Are you comparing yourselves to others rather than Jesus? When you compare yourself to Jesus you see that He is loved by the Father and through Him you are loved by the Father. God made you in His image and likeness unlike anyone else. This means that there is a lot riding on your "yes" to the Lord, because only YOU can do what God has called you to do.

- Father discusses dumpster diving after the Second Vatican Council. He tells the story of a fellow Oblate of St. Joseph who dove into a dumpster to preserve the old vestments that were thrown out by a parish. This was not all parishes, but there was a trend right after Vatican II in which many things were discarded. A London waste management company found a relic of St. Clement in the Trash. You and I are connected to 2000 years of history. Father reflects on how we are connected to the Saints in reading the scripture. Maybe your lives are not as 'exciting' as the first Apostles, but you are also called to Sainthood. "Jesus said to His disciples, 'Amen, Amen, I say to you, you will weep and mourn while the world rejoices. You will grieve, but your grief will become joy.'" Jesus uses the language of a birthing mother. Let us trust that like a birthing mother, our weeping and suffering will be turned to joy.

May 14, 2018

- Who doesn't want to change the world? You want to change the world. Father speaks about how he thought he would change the world when he was in the software industry....by becoming a billionaire! Father discusses the scientific contributions of Albert Einstein but his failures in his love life. He was married twice and admired another who stayed with one woman his whole life. Albert Einstein's scientific contributions are not disputed, but imagine if he lived his love life in a similarly magnificent way.
- Father discusses how the Saints were also still concerned with their "earthly distractions." We all have intellects and minds that will get distracted in prayer because of original sin. The problem of distraction is not just "willpower." St. Therese of Lisieux dealt (not fought) with distractions in prayer. St. Therese says, "I also have many [distractions] but as soon as I am aware of them, I pray for those people the thought of whom is diverting my attention, and in this way they reap benefit from my distractions." In this way you can use to prayers for the benefit of others. You're not always going to change how focused your mind is, but you can still use it well.
- People who are otherwise intelligent will go to psychics, which don't have any basis in reality. Father discusses the difference between this and faith. Father discusses Psychic Zoe who was arrested for defrauding people. A woman approached Psychic Zoe with problems, who advised her to buy a 9 karat diamond ring. A gentleman was scammed by Psychic Zoe for 720,000 dollars. You don't need to give money to find Jesus in your life, but you do need to turn your life over to Him.
- As Christians, sometimes we can profess love but not express it. Jesus tells us, "As the Father loves Me, so I also love you. Remain in my love."

May 15, 2018

- Father compares the ease and speed of the demolition of a run-down local landmark with how quickly our spiritual lives can also fall apart if not carefully cared for.
- Jails may start introducing video conferencing to replace the human interaction of visitors. How important are one on one, human encounters to our spiritual well-being?
- Concrete data shows the nurturing self-esteem in early childhood development persists into a lesser need for approval, and a stronger sense of self-worth in older years of life.

May 16, 2018

- How can we identify God's presence in your life? A study from nature magazine shows the complexity of human sense of sight and how we perceive our surroundings. Are we born with a spiritual sense to help us perceive God as well?
- The popularity of fasting has branched out into secular culture, and the spiritual and health benefits have been proven. A new study from MIT scientifically shows that our body flourishes when we fast moderately and prudently. Fasting is a great practice to help fight off sins of the flesh.
- A 9-year-old Instagram star makes the news when her mother was fired after supporting her daughter's crude online behavior. What price are our children paying to gain online social approval and stature?
- Would-be comedian Jimmy Kimmel takes a cheap shot at nuns, and sparks reaction by the Wall Street Journal. A picture used by Jimmy is of a living nun who, as it turns out, has accomplished a lot for children in need.

21 May 2018

- Pledge drive update: Father shares his gratitude for those who prayed, and gave. Father scoops the merger of "The Presence" radio network and Relevant Radio. Pope Francis announces 14 new Cardinals. Father reviews the movie "Pope Francis".
- Alleged Jim Caviesel tweet: "I couldn't care less" tweet exposed as a fake. Irish voters decide whether abortion should be legalized on May 25, 2018. Jeremy Irons falters on protection of the unborn.
- Listener e-mail: I've got a son who is going off to college to work in the electronic gaming field; what are the spiritual and moral implications of this? Father shares about his background as a software engineer before he discovered his priestly vocation. Life takes many twists-and-turns; who knows where your child will finally end up?!
- Pope Francis announces the canonization of Blessed Oscar Romero and Pope Paul VI. Father recounts some highlights of Pope Paul VI's pontificate. Pentacost, the establishment of the priesthood, and the birth of the Church. Pope Francis institutes a new feast day: Mary, Mother of the Church.

May 23, 2018

- Father starts by looking at the first step act. A bill passed in the house 360 to 59 agreed to pass the law. The bill has to do with reforming the prison system. Inside of the bill they are talking about increasing the time credited to inmates for good behavior. It is being increased to 54 days per year. It gives them increased visitation periods, and to transfer to an institution that is closer to where their families are. When we have a reward rather than punished for bad behavior it works better. There are consequences to our actions. The rewards have to be real not participation awards.
- Father talks about catholic schools and catholic institutions. Is catholic identify hurting enrolment at catholic colleges. Enrolment across catholic universities are going up while at the same time the number of catholic colleges are dropping. the numbers went from 400 thousand students to 800 thousand students. They are having daily mass on campus. If they are informing hearts and souls for Jesus. Education is for leading us in all forms of truth and leading us to Jesus.
- For 48 hours he did not have any kinds of news in his life and he felt great his mood improved and he did not have as much frustration. Have you ever thought about how news never traveled at the same pace. We did not know what was happening all over the world. It is easy to have a fixation on these things. We very easily become focused on things that are not the gospel. We have a responsibility to know what's going on but we do not have the responsibility to have it be part of our day. We have to allow God to attract our hearts back to him.
- Father did something special today not only does he get to go to mass everyday he gets to go to mass on special occasions. Or he goes on vacation he does not have to hunt around for a church. working on a new missal in spanish intended for the spanish speaking people inside of the united states. The USCCBR is working on creating an addition in spanish. It only came into effect on pentecost. They did not have a spanish mass. The words of consecration are different. You still might not hear it at your parish yet. The book of James his letter. It get to the decisions we have to make day in and day out how there are only small consequences here and not considering the eternal consequences. James is pointing out how easy it is for Christians to make excuses. You have no idea what your life will be like tomorrow.

May 24, 2018

- 1st segment
- 2nd segment
- Father discusses Michael Rotondo, who was evicted by his parents. Father mentions "failure to launch" syndrome. Some might look at this and blame millennials for being lazy. Father speculates about why this generation. Is it negativity or violence in today's current world? Is it upbringing? Look at the richness of Christianity in which at some point, you and I will have to take responsibility for our lives. This might be by cutting out serious sin in our lives. Father cites 2 Corinthians 11:9, "And when I was with you and in need, I did not burden anyone..."

- Father addresses a listener question via email. Withholding a Mortal Sin in confession is itself Mortal Sin. A Venial Sin does not have to be brought to confession, they can be forgiven in other ways such as Mass. What happens if you just genuinely forgot a sin of your past? We truly believe that all of our sins are forgiven in confession not depending on what we remember or not. If your conscience is still bother you about it, you can bring it up to a priest during the next confession recognizing that you did make a good confession. There is a danger of becoming scrupulous, however, but we should err on the side of God's Mercy.

May 25, 2018

- 95-old-man is baptized, confirmed, and has 1st Holy Communion in Australia. It's never too late to become a Catholic! www.catholicleader.com.au Re: Communion with Christ: "I just had to do it. . .", says Mr. Everett.
- Exit polls suggest that Ireland will vote to repeal the 8th Amendment, allowing abortion to be legalized. Sadly, Father is not surprised. . . Pollster complains that a Bible and other religious symbols were present at Irish polling places. Father asks: Why would a religious symbol be troubling?! Maybe there's an issue with our conscience?
- Archbishop says that as busy as he is, he still makes time for a daily Rosary. Cardinal Sarah will be the person who will announce the next pope. Cardinal Sarah on the "dictatorship of noise". All of us must fight to eliminate the noise that keeps the Spirit out of our lives.
- Irish news erroneously reports that Pope Francis offers a "guaranteed place in heaven" for participating in Irish politics. What does it really take to get into heaven? Father reflects upon the readings of St. James: "Let your yes mean yes, and your no mean no." We must live our faith out with authenticity

May 29, 2018

- Father looks at a study that looked at 169 newly wed couples, they saw significant changes in the personalities of all of the husband's and wife's. The change was the agreeableness it looks at people's friendliness or compassion or if they are easy to get along with. Well tempered or hot tempered it is a characteristic to determine personality. Both husbands and wives decrease their agreeableness after 18 months. Husbands become more aware of what they are doing. wives become less anxious and angry. Husbands work harder and become more responsible. Wives tend to feel better and more secure. Husbands become more introverted. These results did not differ from any variables. [https://www.psychologytoday.com/au/blog/love-cycles-fear-cycles/201805/do-you-](https://www.psychologytoday.com/au/blog/love-cycles-fear-cycles/201805/do-you) [HYPERLINK "https://www.psychologytoday.com/au/blog/love-cycles-fear-cycles/201805/do-you-think-your-husband-has-become-less-agreeable"](https://www.psychologytoday.com/au/blog/love-cycles-fear-cycles/201805/do-you-think-your-husband-has-become-less-agreeable) [HYPERLINK "https://www.psychologytoday.com/au/blog/love-cycles-fear-cycles/201805/do-you-think-your-husband-has-become-](https://www.psychologytoday.com/au/blog/love-cycles-fear-cycles/201805/do-you-think-your-husband-has-become-less-agreeable) [I HYPERLINK "https://www.psychologytoday.com/au/blog/love-cycles-fear-cycles/201805/do-you-think-your-husband-has-become-less-agreeable"](https://www.psychologytoday.com/au/blog/love-cycles-fear-cycles/201805/do-you-think-your-husband-has-become-less-agreeable) [ess-agreeable" HYPERLINK "https://www.psychologytoday.com/au/blog/love-cycles-fear-cycles/201805/do-you-](https://www.psychologytoday.com/au/blog/love-cycles-fear-cycles/201805/do-you-think-your-husband-has-become-less-agreeable)

[think-your-husband-has-become-less-agreeable](#)"[think-your-husband-has-become-less-agreeable](#)

- Father talks about minecraft which is an online game it is a blocky game. Where people have little blocks and they create worlds. The unique thing is it uses such low realism and it looks like little legos stuck together. They can create places and worlds and they can share it with other people. Father saw a video of folks who made the stations of the cross on minecraft. We have to think about how these things affect our own personal lives. There are good and bad things coming from technology. Are we going to use it the right way?
- Father went back to watch karate kid, he wouldn't recommend going back to watch movies you had loved as a child. All of the really compelling themes that he saw as a child like standing up to a bully. Now it was almost cliché. Now he sees things like driving without a license or buying alcohol for under aged children. a theme he never noticed as a child but he noticed now. The theme of fatherhood, they never talk about what happened to his father. It is very clear that a lot of the issues he has is due to lack of not having a father. Now when Father looks at children and even adults he sees the struggles they are facing because of the lack of one parent. It is only resolved when we start to have healthy relationships with people in our lives. Looking to our father in heaven.
- All of us are striving for holiness. Pope Francis was emphasizing this in his letter, rejoice and be glad. Holiness is not only for popes bishops or nuns holiness is for every single one of us. We are invited to turn away from sin. The reason we are called to be holy is clear when Saint Peter is challenging Christians to live well the Catholic faith. Be holy yourself in every aspect of your conduct.

May 30, 2018

- Father talks about an element of Catholicism that is misunderstood. What makes something infallible. When they declare things they are protected by the Holy Spirit. From the Chair a Latin phrase. every cathedral that you go into you will notice a chair. In recent decades have often times if something is not proclaimed infallible people choose to believe it or not. The pope did not speak from the chair on this particular issue some people do not believe in it. Only men can be ordained to the priest hood. It seems like people are always asking the question. People think Pope Francis might change his thinking. In his trip to Sweden Pope Francis said what St John Paul the second said still holds.
- Father got an email from Dian who was going to confession but she could not get out of the car for 30 years she turned on the radio and heard Father speaking telling her to go to confession and she was able to go. Father has some words for you God loves you and cares about you so much that he does not want any sin to stop the love. There is nothing that can separate us from the love of God. When we approach him sorry for our sins there is nothing that can keep us from him. Fear keeping us from God is not from him.
- Find things that make you feel more comfortable whatever is going to help you be honest and forthright. Know the words knowing what to say when you go in. So you are not worried about your memory holding up or not. Take a deep breath, the priest is going to be really helpful. Say a prayer for your priest this is all preparation leading up

to it. Preparation is helpful to being complete in our confession. Then get up and do it sooner rather than later. Start with the big sins, bring those out right away. After the big sins all of the other sins start flowing out.

May 31, 2018

- Father discusses the ideological vacuum created after World War II and how it is now filled with ideology from the sexual revolution. We are called to root out evil of every kind in our lives and eliminate sin completely in our lives. Scripture tells us, "When an unclean spirit goes out of a person it roams through arid regions searching for rest but finds none. Then it says, 'I will return to my home from which I came.' But upon returning, it finds it empty, swept clean, and put in order. Then it goes and brings back with itself seven other spirits more evil than itself, and they move in and dwell there; and the last condition of that person is worse than the first. Thus it will be with this evil generation."
- Father tells a story about a good friend from the seminary who was not called to the priesthood. The friend said, "When I become a priest, I'm going to have a tabernacle in my bedroom." Just to be clear, the Church does not allow that and defines where tabernacles may be kept. Father Matthew points out that Elizabeth had a tabernacle in her room for a while in Mary while she was carrying Jesus. While we can not have tabernacles in our bedrooms, we *become* tabernacles for a short time when we receive the Eucharist. Even when we are not a physical tabernacle, we are called to be spiritual tabernacles wherever we go. We have a role, like Mary, to take Jesus out to the world as Mary visited Elizabeth.

June 1, 2018

- "Lifestreaming" - Father shares about the new phenomenon of attention-seeking and pranking for an online following. Is faux terrorism acceptable? The human desire for attention. The Vatican publishes a document on the role of . . . Sports! The Church's invitation to be the best we can be.
- Mantillas: Where did the tradition of women's head coverings come from? Father shares his opinion on an e-mail question: "Should I wear a mantilla at Mass?" Father shares Church teaching on the matter: It's not required, but feel free to go for it!
- Who would steal from a priest? Father's Order is the victim of a Philippino scammer. Another diocese reports fake priests getting credit cards. . .
- Koinonia: Spelling Bee champion wins on the coolest of Greek words! Father breaks down today's reading from 2 Peter. When saints love with the intensity that Peter describes, they experience trail by fire.

June 4, 2018

- Father talks about who can and can not receive communion. Where a spouse can profess full belief in the catholic church not being baptized catholic and still receiving communion.
- Father talks about confession and it often happens we need confession at different times than are offered. Can a priest deny to hear your confession.

- Father discusses a about a sculpture of Jesus on a park bench (the homeless Jesus sculpture is the name people refer it too). <https://globalnews.ca/news/4238170/jesus-statue-st-patricks-church-hamilton/> A dump trucks brakes went out the statue of homeless Jesus was able to stop the dump truck.
- Apple had a huge conference for developers, apple announced they are going to try and curve the use of devices. They are releasing a feature to help combat device addiction. Father covers how easy we can become addicted to things our minds are not as clear as they should be.

June 5,2018

- Father talks about the relationship between Catholics and China.China started an arrangement for churches who are run by the state and controlled by the state. There are two sets of catholics in China people who are going along with the state run Catholic church and those who follow the pope separate from the chinese state.
- Father shares a story from his childhood about he was trying to make money. Father talks about a child who made 6,000 dollars for selling lemonade. He was raising money for her little brother. A 6 year old girl raised 19 hundred dollars to buy children in hospitals American girl dolls.
- Father Talks about how he attempted to learn a different language. He is interest by a moment happening in france trying to change the language to eliminate removing words for politically correct issues. Father Mathew has Noah on the show and he shares his input.
- Father talks about how we need to have a strong foundation so that other things do not fall apart. Having a clear knowledge of what our values are.

June 11, 2018 (prerecord)

Father shares an experience that he had he was having a difficult weekend because it was going to be very busy. He also had a lot of work to be done before the week started and he felt under the weather. He felt that everything was going wrong. His patience was wearing thin and he realized it was him and not everyone else.

Roger Martin knows a lot about designers of different fields he was quoted in a book. "Designers always live life intentionally". Nothing is random in their lives. All of us made in God's image is creative in some aspect. God calls us to bring out creativity he wants us to participate in.

Pope Francis has very down to earth analogies, he said in 2014 that vanity is like an onion. Vanity is sometimes confused with pride. Vanity is something our world utilizes our world focuses on appearance and finding our value in how we look.

Father talks about his physical injuries. God blesses us by giving us certain capacities and he does not bless us with others. His friend asked him if he gets resentful, his initial response was yes. All of a sudden he realized it is a state of mind.

June 18, 2018

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- Father talks
- about a study done by Santa Barbara that takes data from very large study of children. They followed children and looked at their behavior. They analyzed virtue in children who went to catholic schools. Father said he went to catholic schools public schools and homeschooling as well. Our faith encourages virtue.
- On Sunday morning
- Mexico beat Germany in the world cup. At the end of the game so many people were jumping up and down in Mexico city it created an earthquake. A small video has gone viral of a grandmother in front of the tv blessing every player that went by. All of the players
- went to mass together before they went out to play. When we give glory and honor to him it is not an exchange.
- People experience
- addictions and fixations to video games. People can become fixated on anything. Father read a sad article that a little was so fixated on the video games and tablet that he was not going to the bathroom. Parents become so distracted and fixated on their devices
- they are distracted from interactions with their own children.
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- Father talks
- about greed and how it feeds into other things. Father discusses first Kings.

June 19, 2018

Segment 1:

- Fr Matthew relives an experience at a baseball game where he gives a young boy a blessing and sees an immediate response in his attitude.
- Father opines on the matter of expensive snacks in theaters: Is it morally acceptable to sneak food in around the property owners' rules?

June 20, 2018

- Father talks about a study on fatherhood inside the united states. There were upwards of 2 thousand fathers, the demographics were not represented to single fathers. The good news in general fathers spend more time and express more affection to their children compared to the past. There are also negative vices such as aggression, failure to show emotions.

- Father tells us about hot pot chinese cooking. In certain parts of china it is extremely common. A new restaurant opened up and they had an idea. They said they would charge someone 25\$ and they can receive food for a month. Within a month the restaurant filed for bankruptcy.
- Over 500 people a day people were coming into the restaurant a day. They did not anticipate how many people would take advantage of that.
- Father has been thinking about his brother lately. About a year ago he was ordained a deacon, but now he is going to be ordained a priest on June 22nd. The numbers of people being ordained has dropped over the course of four years. The number of Catholics in our country has been going up but the people serving has been going down.
- Jesus says you have to pray you have to fast you have to perform them without doing it for others. Giving Ams often times we justify not giving it because we do not have enough. The widow's might she gave not out of her excess but she gave out of her necessity.

June 21, 2018

- Father talks about how there is an authentic joy with living a life for God. Father asks the question why are you catholic? We have to have a good understand to why we are catholic.
- Father re-visits the topic of fatherhood, what makes a good father. Father looks at data of a study that took place in Sweden. We always envision faith belonging to mothers, many of the women in our family give us a great example of faith. The study showed that if a father does not attend church, only one child in fifty will continue to go to mass.

June 22, 2018 encore of April 23, 2018

June 25, 2018

- Father talks about his weekend, and his brother who was ordained a priest. We all need priest including priests themselves. We are called into relation with the lord because god in great mercy he pours his love onto us.
- Father was asked do you think the church would ordain a man who cannot speak? Being able to speak is not one listed. Father saw a picture from an airplane Tim sits next to her and he is deaf and blind. There was a teen on the airplane who knew how to speak sign language.
- Another video of friends watching the World cup he is blind and deaf and their friends pat him and let him know what was going on in the game.
- One of the most oft quoted quotes. "Who am I to judge" are the words taken out of context when he was answering the question of being attracted to the same sex. The things that bother us are often times the things that we do. Unconsciously it is things that we do that we do not like in ourselves. We are very easy to judge other people. Often times it is you and I.

June 26, 2018

- Father shares a story about when he was 10 years old. They needed to find a new church. Father got asked the question is shopping around for a church a good idea? It is okay to look around and find a church that is best fitted towards you.
- A story came out from Romania, he left the country and was living in Turkey. His wife had his declared dead when he had decided to leave Romania. There is a higher law than the law of our society it is God's law.
- July 7th Father will be in Manteca California, for a men's retreat beginning at 9am. Father talks about his friend who is a public school teacher, he has a very strong Catholic identity. He got a whole bag of salt blessed and spread it under the floorboards of the school.
- A Catholics we embrace spirit and matter. Sacramentals help us growing in our faith. Often times we focus on the spiritual alone and other times we focus on the matter. God works through both.

June 27,2018

- Father is thankful for the protection of our human rights. He is thankful for the separation of human power. We need to pray for our leaders. It is important for us to realize that God wants us to thrive. Father talks about how being married is good for your health.
- Father got asked a question about the candles in church. He explains the meaning and the importance behind those candles.
- Father discusses an article that was circulating on social media. It looks at the functioning of sleep in our lives. The lack of sleep is just as bad for you as alcohol. The amount of hours that is healthy for people to be working is 25 hours a week.
- Father talks about a mass that he celebrated with his brother. His mother said she does not know why God gave her two sons who are priests. She says she can not take credit for it. Your children's decisions do not always reflect your own values.

June 28,2018

- Father talks about a story of a priest from Italy. He is 80 years old. A couple weeks ago he was made a bishop, he is also being made a cardinal. Pope Francis used this to talk about the leadership in the church. The highest honor is to serve.
<https://cruxnow.com/vatican/2018/06/28/pope-tells-cardinals-avoid-palace-intrigue-serve-christ-and-the-church/>
- Father discusses a blog post written by a priest. He gives great insight about prayer. How many times have you prayed for things that seemed petty? Have you ever prayed for a small request such as a parking spot. When we pray we are growing our friendship with him. <http://churchlife.nd.edu/2018/06/2> HYPERLINK "<http://churchlife.nd.edu/2018/06/27/prayer-begins-in-pointlessness-and-stupidity/>" HYPERLINK "<http://churchlife.nd.edu/2018/06/27/prayer-begins-in-pointlessness-and-stupidity/>" HYPERLINK "<http://churchlife.nd.edu/2018/06/27/prayer-begins-in-pointlessness-and-stupidity/>" HYPERLINK "<http://churchlife.nd.edu/2018/06/27/prayer-begins-in-pointlessness-and-stupidity/>" HYPERLINK "<http://churchlife.nd.edu/2018/06/27/prayer-begins-in-pointlessness-and-stupidity/>"

- Father has a confession he is tired of superhero movies. Father has always enjoyed stories it is a human element Jesus uses stories. So many stories in our own time have become so dark. There is original sin in the human heart. Thomas Dorin points out in the lord of the rings. There are enduring qualities in the lord of the rings. It gets at the heart of the human condition.
- Father looks at Matthew 2 verse 2. We see various points were the angel appears to St Joseph. He is obedient and he does what the lord wants. God knows what is going to happen, even with free will. God gives us free will but all the same he knows what choices we make.

June 29, 2018

- Father recalls a very memorable tour under St Peter's in Rome, where you wind up deep, below where the remains of St Peter reside, just as the church has been built upon the faith of St Peter. One Holy Catholic and Apostolic are the four marks of the church are the essentials for how we understand the Catholic Church. What does the Apostolic mark mean?
- Opposite sex couples in Britian move to enter in civil unions as they boppose the institution of marriage.
- Father discusses Terry Crews and how he revealed his addiction to pornography on YouTube. He went to Capitol Hill testifying about his experience with sexual assault.
- Father Matthew discusses the suffering of Peter in his denial of Jesus, and also in his martyrdom.

July 2,2018

- Father talks about a soccer team that is stuck underground. Father shares an experience that he had over the weekend. He was traveling and he was driving and a car was driving a couple of feet from his car. All three of them were heading to the same church.
- When Father was a child, he went to a catholic school was homeschooled and went to public school and high school. The local news station came to their house and Father was playing the piano. In Times magazine, by playing piano helps little children to be able to discern spoken speech better.
- Father talks about ordination. There is one symbolic action that takes place. Then the bishop gives the book to the newly ordained. The Bishop tells the newly ordained, believe what you read, Teach what you believe, practice what you teach.
- Father has been reading a book by father Benedict Rochelle. A rise from darkness it is intended for people going through difficult times in life. Father talks about financial security.

July 3, 2018

- Father talks about high school and a struggle he had faced. He did competitive soccer and swim, he looks back and saw how that competitiveness played out. WHen he lost to people from different schools he did not think it was a big deal, but when he lost to people he knew it was a big deal. Self evaluation theory we compare our self more to people we love.
- Someone asked father the saddest experience he has had as priest. He walked a father who lost his 14 year old daughter who died from cross fire in a shooting. The saddest situation he has seen has to do with sin it does not have to do with grief. Those who are gripped by sin are the most sad people he has seen.

- Father remembers a conversation with his grandmother and grandfather. He was in college going to see them, they shared with him the choosing of his name. Both of his grandparents had different saints in mind when naming him.
- Father loves hearing conversions stories. We use the word conversion in a positive way. It is turning to God and getting to know him better, turning away from sin. There can also be conversion away from God. <https://www.catholicworldreport.com/2018/06/26/cdl-muller-we-are-experiencing-conversion-to-the-world-instead-of-to-god/> . We are noticing conversion to the world instead of to God.

July 5, 2018

- Father talks about what he does to relieve stress. Father evaluates how stress affects our lives negatively. Waking up thinking about stress causes the day to be more difficult. We always need to begin the day with prayer and end the day with prayer.
- Father was puzzled about comments quoted by a cardinal. "Priests are not the best people to train others for marriage". Marriage prep is a place that priests spend a lot of their time. He also said priests have no credibilities, "they have never lived the experience". Father talks about his feelings about that quote.
- Father discusses jealousy. He talks about Matthew chapter nine, Jesus is presented with a man who is paralyzed. Jesus says your sins are forgiven before he heals him. Jesus forgiving sin is more than some people can handle.
- Father shares with us the google and gmail plug in. In 2016 google said they had one billion users. There is a gmail plugin that will help you stop apologizing so much. Women are much more likely to apologize more than men. We do not apologize enough when we hurt people.

July 6, 2018

- Father talks
- about pointing judges by Trump. Father talks about a Catholic judge and how she was persecuted for her beliefs. People of praise is a christian youth group, and that it is cult like.
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- Father discusses
- happiness and how we are always in search for happiness. Father looked at data from the male clinic, we are happiest when we are living for others. The male clinic is claiming the more you are thinking about yourself the more you are going to be an obstacle to your happiness.
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- Father talks
- about paintings that are forged. Why are people spending so much time and effort forging paintings rather than creating their own work. We all try and get some reward from what we learn from others. What you have received from God no one else has received.
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- Father can
- not wait to meet a lot of people, he can not wait to hear about how their lives unfolded. Father has been thinking about king david and he cannot wait to sit down and understand how things went in his life. So much of what happened in king David's life was
- a foreshadowing for Jesus life.
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July 9, 2018

- Father talks about Alexia. She was a teenager when she died. She met St. John Paul the second. She had a tumor on her spin it was cancer of the bone. At the age of 14 she said I want to feel better and want to be healed but I want what you want. Carlo ho was born in Italy he was born in 1991 he died 15 years later from leukemia he offered his suffering from Pope Benedict the 16th and for the church.
- God looks at us differently he looks at us outside of time. Are we among those who realize Jesus can help us, he can save us from our sin. Or are we among those who mock Jesus , among those who ridicule Jesus. We are creatures and God is creator.
- Father saw an interview by Jimmy Carter. Father looks at his interviews, he wants to look at them very carefully to try and understand why it is so important to have a church.
- Father talks to a mother who has anxiety. His first response was he was not sure it was a spiritual problem.He is aware of pre-nadal anxiety. It is caused by hormones and the many pressures put on the mother.

July 10,2018

- Father turns to the Philippines, he struggles to understand their president's relationship with the catholic church. The president decided that he will not use profanity ,and everytime he does he will donate money. It is wrong to use profanity itself. Our language should be edifying people. Only say things that will really help others.
- The president of the Philippines used profanity talking to pope Francis. He also called God stupid and he used much stronger language. He criticized the christian faith. He said if anyone can show him evidence that God exists than he will reign as president.
- A caller is asking about marriage she is married civilly but she wants to get married through the church. To get married in the church you have to go through preparation. Getting married in the church cost money but she does not have enough money. Marriage should not be a money making scheme for the church.
- Father talks about how evil will always fail. There Is no foundation in evil. We believe Jesus is God he has power over heaven and earth. If we reject that power and his authority then we are rejecting God himself. If we reject Jesus we are setting ourselves up for failure.

July 11, 2018

- Father talks about how couples must plan their families wisely. The total fertility rate is down to 1.8 children. New York Times asked why young adults are not having as many children. 4 out of the 5 reasons are economic reasons. The second top reason is people want more time for the children they already have.
- 12 boys and their coach walked into a cave in Thailand they would be stuck inside of the cave for 10 days. The boys were rescued on average the boys lost 4 pounds. The parents have come out in support of the coach. Father looks at the coach's life.
- Father has been thinking about a recent study about heat and its effect on students. He looked at students who had air conditioning and their test scores and the students without air conditioning and their test scores. Heat affects your thinking and cognition.
- Benedict the 14th approved the medal of St. Benedict. Father shared with 15 little boys and girls, "God calls you by name". He wants to have a relationship with you he wants to know you.

July 12, 2018

- Father reflects on his personal path to holiness and "making it" in the spiritual life. What determines "success" in the spiritual life?
- Father talks about the "best Uber driver in the world". Uber allows people to rate the driver and the drivers are able to rate the riders as well. He always starts out welcoming the Uber rider by name. He goes over a contract so that the riders know the expectations. He is always trying to accommodate and help people out.
- Father is going to Rome for five weeks. Father discusses priests taking days off. You need to find how much time you need to dedicate to responsibilities but also time to live a healthy life.
- God calls you by name and he wants to be in relationship with you. You must proclaim the kingdom of heaven. Father talks about Matthew chapter 10.