

**Iowa Catholic Radio Public File Section 13 - Issues/Program Listing Q3 -**

September	Day	Time	Program	Duration	Guest
1	Friday	7:07	Morning Show	60	Fr. Andrew Windschitl
		7:15	Morning Show	60	Jim Graves
		7:45	Morning Show	60	Gary Zimak
		9:00	Making it Personal with Bishop Joensen	30	Dan Balserek
		7:07	Morning Show		Msgr. Frank Bognanno
4	Monday	7:15	Morning Show	60	No show due to Labor Day
		7:40	Morning Show	60	
		7:45	Morning Show	60	
		9:00	Man Up!	30	
5	Tuesday	7:15	Morning Show	60	Dcn. Randy Kiel
		7:45	Morning Show	60	Dcn. Mark Campbell
		9:00	Be Not Afraid	30	Fab and PJ
6	Wednesday				
		7:15	Morning Show	60	Kristen Van Uden
		7:45	Morning Show	60	Lana Fogue/Julie Konkol
		7:07	Morning Show	60	Dcn. Randy Kiel
7	Thursday	7:15	Morning Show	60	NEED TO PULL BEST OF: Fr. PJ McManus
		7:40	Morning Show	60	Julie Nelson

**- 2023 Done**

<b>Title of Guest</b>
Iowa Catholic Radio Spiritual Advisor
Intake Coordinator SA Adult Rehabilitation Center
Gary Zimak is the author of several books, including A Worrier's Guide To The Bible, From Fear To Faith, Stop Worrying and Start Living and Give Up Worry For Lent.
religious liberty counsel for USCCB
Retired Pastor
Host of Man Up
No show
Deacon from Holy Trinity Parish. Randy Kiel, M.A, is the founder of Kardia Counseling.
Kristen Van Uden serves as an author spokesperson at Sophia Institute Press. She received her MA in History from the College of William & Mary and her BA in History & Russian from Saint Anselm College. She studies the persecution of Catholics under communist regimes. She has been featured on a wide range of media platforms including Coast to Coast AM, The Federalist, and the Catholic Faith Network.
Members of St. Anthony Respect Life Ministry
Director of Kardia Counseling
<b>Pastor at Christ the King Parish</b>
Host Catholic Women Now

<b>Topic of Guest</b>
<u>Why did I need God back in my life? Why does it all begin with you? What inspired me to write? What inspired me to write? Why do I do this?</u>
Topic: Why God? Some Questions...1. Is it okay to ask God why some 2. Is there a better question to ask? 3. What do the Psalms teach us about this topic?
Seasons of Change
What is core initiative?
Nativity of the BVM
<a href="https://sophiainstitute.com/product/when-the-sickle-swings/">https://sophiainstitute.com/product/when-the-sickle-swings/</a> Communism is the doctrine of the Antichrist. For a full century, it has ravaged the globe, with its false promises of a worldly utopia resulting in the mass graves of millions The Church has always been a major target of communist regimes, from organized dissolution of church hierarchy, to forced deportation, internment, and murder of clergy, to persecution of laity This book highlights real life testimonies from Catholics of diverse states and life and corners of the globe who suffered and emerged resilient, strengthened in faith Discover: Testimonies of Cuban freedom fighters who died proclaiming "Viva Cristo Rey" Tales from the catacombs of the underground Church in Czechoslovakia, where secret priests and bishops continued apostolic succession despite threats of death Harrowing escapes from communist Hungary and Romania
October1: Promote the Mass for the Unborn.
Ask Father PJ: 1. Can you explain how I can better understand the hierarchy of the Church, from Rome all the way to my own diocese and parish? 2. There are so many titles for Mary in our faith. Father, I'd like to know the one that most speaks to you. 3. I have a friend who has left the Catholic Church and goes to another denomination now. She says the preaching is better at the Church she goes to. Is there anything I can do to get her to come back?
Preview 9am Catholic Women Now

		7:45	Morning Show	60	Mike Aquilina
		9:00	Catholic Women Now	30	Sonja Corbitt
8	Friday Jon OUT	7:07	Morning Show	60	Fr. Andrew Windschitl
		7:15	Morning Show	60	John Martignoni
		7:45	Morning Show	60	Chad Peddicord
		9:00	Making it Personal with Bishop Joensen	30	Thomas Jacobi
11	Monday	7:15	Morning Show	60	Dr. James Papandrea
		7:40	Morning Show	60	Joe Stopulus
		7:45	Morning Show	60	Ut Fidem - Addie Croegaert
		9:00	Man Up!	30	
		7:15	Morning Show	30	David Bonagura Jr.

Mike Aquilina is an American Catholic author and journalist working in the area of Church history, especially patristics. He is executive vice-president of the St. Paul Center for Biblical Theology, a Catholic research center based in Steubenville, Ohio.

Author, Speaker, Evangelist

Iowa Catholic Radio Spiritual Advisor

John Martignoni is the founder and president of the Bible Christian Society, an apologetics and evangelization apostolate that reaches hundreds of thousands of people each year across the United States and throughout the world with the truths of the Catholic Faith. For seventeen years, he hosted EWTN Radio's Open Line, which was heard on hundreds of stations around the country. He founded and has run Catholic radio stations in Alabama. His regular e-newsletter, Apologetics for the Masses, has more than sixty thousand subscribers in all fifty states and in more than eighty countries around the world. He is currently the director of evangelization for the Diocese of Birmingham in Alabama. According to Scott Hahn, "John is one of the most effective, evangelistic, Catholic apologists in the world!"

Vice President, Philanthropy  
Catholic Leadership Institute

editor at Ignatius Press including *The Dazzling Light of God* by Madeleine Delbrel

James L. Papandrea is a Catholic professor, author, speaker, and musician. Baptized Catholic but raised Protestant and eventually ordained in a Protestant denomination, Jim reverted to the Catholic Church through his studies of the Church Fathers. He holds an M.Div. degree from Fuller Theological Seminary and a Ph.D. in the History and Theology of the Early Christian Church from Northwestern University. Jim is currently Professor of Church History and Historical Theology at Garrett-Evangelical Seminary at Northwestern University, as well as a consultant in Adult Faith Formation and a regular speaker in parish and lay formation programs across the Chicago area.

Host of Man Up

Director of Ut Fidem

David G. Bonagura, Jr. is an adjunct professor at St. Joseph' Seminary in New York and online for Catholic Distance University. He is the author of ***Steadfast in Faith and Staying with the Catholic Church*** and has written for a number of Catholic and secular publications. He is the translator of the new book which you can now pre-order entitled *Jerome's Tears: Letters to Friends in Mourning*.

The new Fathers of the Faith books. Why a new series of books?  
Who are these books aimed at?  
How did you choose the subjects? What's special about St. John Chrysostom and St. Athanasius?  
What's different about the approach to their lives in these books?

Talking about her new book: Just Rest. Study of Exodus

Sunday Gospel & Spiritual Chat

[A Blue Collar Answer to Protestantism](#) Release date of Sep 19. Talking  
What happens when everyone has authority to bind and loose (person)  
How Protestants view sin and infallibility (brace yourself!)  
The rebellion against the ministerial priesthood and the rejection of doc  
How forensic justification makes God a liar (saved by faith alone?)

Topic will be "What makes an effective pastor?"

Spirituality of now Venerable Madeleine Delbrel and her social justice work

Upcoming book Praying the Psalms-The Divine Gateway to Lectio Divina and Contemplative Prayer. Release date of 11/21.

Preview 9a show

1. What is Ut Fidem? How is the year starting at Dowling? 2. Where are your Ut Fidem graduates now? 3. Tell me about the schools you're expanding to this school year.

1. Who is St. Jerome and what does he mean for us today? 2. Tell us about these letters you translated: Who are the friends of Jerome and what brought them grief? 3. How does Jerome console his friends? What roles does the bible play in Jerome's letters? How can today's reader profit from reading Jerome's letters? Where can our listeners find the book?

12	Tuesday Jon OUT				
		7:45	Morning Show	60	Sr. Mary Josefa of the Eucharist
		9:00	Be Not Afraid	30	Fab and PJ
13	Wednesday	7:15	Morning Show	60	John Gaffney
		7:45	Morning Show	60	Dr. Ben Schwab
		7:07	Morning Show	60	Dcn. Randy Kiel
14	Thursday	7:15	Morning Show	60	Pre-Record Ep:1 Fr. PJ McManus
		7:40	Morning Show	60	Julie Nelson
		7:45	Morning Show	60	Fr. Peregrine Fletcher
		9:00	Catholic Women Now	30	
15	Friday	7:07	Morning Show	60	Fr. Andrew Windschitl
		7:15	Morning Show	60	Pre-record from July 24th Russell Shaw
		7:40	Morning Show		Mark Amadeo
		7:45	Morning Show	60	Mark Amadeo

Sr. Mary Josefa of the Eucharist: Sr. Mary Josefa grew up in a Catholic home-schooling family that fostered her interest in religious life from an early age. Her father being a Marine, her family moved frequently; by the time Sr. Mary Josefa was 12, she had lived in 9 different homes. She and her twin sister attended Thomas Aquinas College in California, where the liberal arts program, culminating in the study of sacred theology, led her to pursue two more years of studies at the International Theological Institute in Gaming, Austria. In 2010, the year after she finished her studies at the Institute, she entered the Benedictines of Mary, Queen of Apostles. When she entered, the Benedictines of Mary were still in a temporary residence in Kansas City, MO, but they finished building their permanent Monastery in Gower, MO, and moved there while Sr. Mary Josefa was still a postulant. She received her religious name in honor of St. Joseph. In 2019, she was sent as one of the founding members of the community's first daughter house, the Monastery of St. Joseph, in the Ozark mountains near Ava, MO. Continuing the Marine Corps tradition, she has moved three times as a religious Sister and is looking forward to a fourth and perhaps final move, when the permanent Monastery is finished, hopefully next year.

Director of Evangelization and Catechesis. Chris is Family Formation Director at Sacred Heart parish in West Des Moines

New Doctor at Vitae Family Care

Deacon from Holy Trinity Parish. Randy Kiel, M.A, is the founder of Kardia Counseling.

Pastor at Christ the King Parish

Host Catholic Women Now

Fr. Peregrine Fletcher, OPraem is a canon of St. Michael's Abbey in Silverado, California. A native of St. Louis, Missouri, he entered the Norbertine Order in 2013, professed his solemn vows in 2019, and was ordained to the priesthood the following year.

Iowa Catholic Radio Spiritual Advisor

Play by play for DCHS sports



*new book, [Brides of Christ](https://sophiainstitute.com/product/brides-of-christ/)*

<https://sophiainstitute.com/product/brides-of-christ/> With charming rhyming verses, the Benedictine Sisters present glimpses of their everyday life of joy, work, praise — and fun! Experience the excitement of entering the unknown mystery and beginning a new life inside the hallowed walls of the convent.

Faith Formation

Introduction to the new doctor and update on office expansion

Ask Father PJ

Preview 9am Catholic Women Now

[My Name is Philomena: A Saint's Story](#) 1 Please introduce yourself and the Norbertines of St. Michael's Abbey  
2 Your book is about St. Philomena, tell us about her  
3 What inspired you to write a book about St. Philomena? What about her story drew you to her?  
4 You wrote and illustrated this book, when did you decide to make a book based of St. Philomena and how did that process begin? Was your intention always to make a children's book?  
5 What are the themes of the book? How do they reflect St. Philomena's life?  
6 How can her story inspire us to greater faith?  
7 What do we know for sure about St. Philomena, is her story historical, possibly legendary, or a mix of both?  
8 Final Thoughts?

Sunday Gospel & Spiritual Chat

sports pick 'em segment

		9	Making it Personal with Bishop Joensen	30	Bishop Edward Malesic
18	Monday Jon OUT	7:15	Morning Show	60	Pre-Record Dan Dematte
		7:40	Morning Show	60	Joe Stopulus
		7:45	Morning Show	60	Pre-record Jesse Weiler
		9:00	Man Up!	30	Fr. John Riccardo
19	Tuesday Jon OUT	7:15	Morning Show	60	Pre-record Luke Mohan
		7:45	Morning Show		Pre-record Rick Ball
		9:00	Be Not Afraid	30	Fab and PJ
20	Wednesday Jon OUT	7:15	Morning Show	60	Jessica Navin
		7:45	Morning Show	60	Bryan Gonzalez
		10:00	UnCommon Good	30	No Guest
21	Thursday Jon OUT	7:07 AM	Morning Show	60	Dcn. Randy Kiel
		7:15 AM	Morning Show	60	Pre-Record Ep:2 Fr. PJ McManus
		7:40	Morning Show	60	Julie Nelson
		7:45			Mike Aquilina
		9:00	Catholic Women Now	30	Lauren Burke
		10:00	Faith on Trial	30	Care-A-Thon
		7:07	Morning Show	60	Fr. Ignatius Makoji
		7:15	Morning Show	60	Fr. Ignatius Makoji

Newly installed Bishop of Cleveland, Ohio

Dan DeMatte is a Catholic speaker, founder and serves as executive director of the Damascus Catholic Mission Campus.

Host of Man Up

Director of Strategic Partnerships for BVM Studio

Catholic Priest

Seminarian for the Diocese of Des Moines

Board President for Iowa Catholic Radio

Spiritual Formation Project Lead on the FOCUS Formation Team

Director of Development Innervisions Healthcare

No Guest

Deacon from Holy Trinity Parish. Randy Kiel, M.A, is the founder of Kardia Counseling.

Pastor at Christ the King Parish

Host Catholic Women Now

Mike Aquilina is an American Catholic author and journalist working in the area of Church history, especially patristics. He is executive vice-president of the St. Paul Center for Biblical Theology, a Catholic research center based in Steubenville, Ohio.

Parishioner at Sacred Heart, Founder of Mary's Helping Hands

No guests

Chaplain MercyOne

Chaplain MercyOne

Bishop Joensen and Bishop Malesic will reminisce about time in seminary together and discuss their roles as bishop

The mission of Demascus and his new book.

Preview 9a show

The relic of the Arm of St. Jude will be touring Des Moines on Sept. 26th. Further, we discuss ways to enrich your family with local pilgrimages.

A day of prayer and fasting for our country

A Day in the life of major seminary (Theology School)

The fall fundraiser and ways you can help expand our mission at Iowa Catholic Radio

Padre Pio

What is your role with Focus and how long have you been there? Between an overemphasis and underemphasis, how do we identify the spiritual battle? What are the tools we should use to engage in spiritual battle? Who have been your primary influences and resources on the topic. How can we learn more about this topic and your work?

How has underwriting impacted the mission of IVHC?

Ask Father PJ

Preview 9am Catholic Women Now

The new Fathers of the Faith books. Why a new series of books? Who are these books aimed at? How did you choose the subjects? What's special about St. John Chrysostom and St. Athanasius? What's different about the approach to their lives in these books?

Sunday Gospel & Spiritual Chat

Remind our listeners how long you both have been at Catholic Charities?  
You've just recently launched a 100 year celebration of your service to Des Moines, what other events do you have coming up to mark this occasion?  
How long has underwriting been a part of your marketing strategy?  
How do you think underwriting has impacted your mission?  
Can you share any success stories or testimonials that have come from the partnership with Iowa Catholic Radio?

22	Friday Jon OUT	7:45	Morning Show	60	Bobbi Smith and Dr. Barbara Decker
		9	Making it Personal with Bishop Joensen	30	Sister Miriam Janes Heidland
25	Monday Jon OUT	7:15	Morning Show	60	Layne Ogle
		7:40	Morning Show	60	Joe Stopulus
		7:45	Morning Show	60	Dr. James Papandrea
		9:00	Man Up!	30	
26	Tuesday Jon OUT	7:15	Morning Show	60	John Cord
		7:45	Morning Show	60	Madeline Meyer and Carol Zimmerman
		9:00	Be Not Afraid	30	Fab and PJ
27	Wednesday Jon OUT	7:15	Morning Show	60	Joe Stopulos
		7:45	Morning Show	60	Dr. Rick Rinehart

Director of Development and Executive Director of Catholic Charities

sister of the SOLT and speaker at the upcoming Christ Our Life Conference

St. Augustin Parishioner

Host of Man Up

James L. Papandrea is a Catholic professor, author, speaker, and musician. Baptized Catholic but raised Protestant and eventually ordained in a Protestant denomination, Jim reverted to the Catholic Church through his studies of the Church Fathers. He holds an M.Div. degree from Fuller Theological Seminary and a Ph.D. in the History and Theology of the Early Christian Church from Northwestern University. Jim is currently Professor of Church History and Historical Theology at Garrett-Evangelical Seminary at Northwestern University, as well as a consultant in Adult Faith Formation and a regular speaker in parish and lay formation programs across the Chicago area.

John is an Ut Fidem leader at DCHS

Divine Treasures Book Store

Show Host of Man Up

Board Member

We will Remind our listeners how long you both have been at Catholic Charities?

You've just recently launched a 100 year celebration of your service to Des Moines, what other events do you have coming up to mark this occasion?

How long has underwriting been a part of your marketing strategy?

How do you think underwriting has impacted your mission?

Can you share any success stories or testimonials that have come from the partnership with Iowa Catholic Radio?

discuss the importance of the partnership between ICR and CC, as well as how underwriting has benefitted CC.

We'll talk about sister's background, upbringing, vocation call and more

Tell our listeners where you are from?

How did you find your way to Des Moines?

What was your faith life growing up?

What was it about the Catholic Church that attracted you?

What was your RCIA experience like?

What were the biggest "problems" you had with the Catholic faith?

How has your family reacted?

What are you involved with now at St. Augustin's?

Preview 9a show

Upcoming book Praying the Psalms-The Divine Gateway to Lectio Divina and Contemplative Prayer. Release date of 11/21.

Tell us about who you are? What year of school and what parish? What drew you to joining Ut Fidem? How has it impacted your faith? What's been the biggest surprise? Where do you see yourself in the future of the Church?

Tell our listeners where your from? How long have you been involved with Divine Treasures? What is your role with Divine Treasures now? Are you current listeners of ICR? What has been your experience with customers at DT and listeners of ICR?

Archangels

For our listeners who don't listen would you give us a quick intro to Joe Stop? Tell our listeners how your show got started? Has the intention of the show changed any from when you first began? Who have been some of your favorite guests and topics? What was the learning curve like? Any episodes you wish you could redo?

Would you please provide our listeners with a little information about yourself? What was your first experience listening to Catholic radio? What led to you becoming a member of the ICR board? As you help shape the future of the network, what excites you the most?

		9:00	Thought of the Week	30	Msgr Bognanno
		10:00	Uncommon Good	30	No Guest
28	Thursday	7:07 AM	Morning Show	60	Dcn. Randy Kiel
		7:15 AM	Morning Show	60	Fr. PJ McManus
		7:40	Morning Show	60	Julie Nelson
		7:45	Morning Show	60	Jeff Gust
		9:00	Catholic Women Now	30	Marilyn Lane & Ellen Miller
		9:30	Faith on Trial	30	John Malcolm
29	Friday	7:07	Morning Show	60	Fr. Andrew Windschitl
		7:15	Morning Show	60	Anne Marie Cox
		7:45	Morning Show	60	Brian Sweeney
		9	Making it Personal with Bishop Joensen	30	Bishop Edward Malesic
		7:15	Morning Show		Fr. PJ McManus
		7:15	Morning Show		John Gaffney
		7:45	Morning Show		Greg Wasinski
		7:45	Morning Show		Gary Zimak
		7:45	Morning Show		Ut Fidem
		7:15	Morning Show		Jesse Weiler
		7:07	Morning Show		Fr. Andrew Windschitl
					Emily Jaminet



No Guest
Deacon from Holy Trinity Parish. Randy Kiel, M.A, is the founder of Kardia Counseling.
<a href="#">Pastor at Christ the King Parish</a>
Host Catholic Women Now
<a href="#">Iowa Catholic Radio Ambassador</a>
Heritage Foundation
<a href="#">Iowa Catholic Radio Spiritual Advisor</a>
<a href="#">Communications Director for the Diocese of Des Moines</a>
<a href="#">Director of Finance ICR</a>
Newly installed Bishop of Cleveland, Ohio
<a href="#">Pastor at Christ the King Parish</a>
Director of Evangelization and Catechesis
Executive Director of Let Me Be ministries
Catholic Speaker
Director of the Liturgical institute
<a href="#">Iowa Catholic Radio Spiritual Advisor</a>
Wife, Mom, Author, Speaker, Director & Friend

Care-a-thon

Ask Father PJ

Preview 9am Catholic Women Now

What is your role for Iowa Catholic Radio?

What is your background?

What led you to accept the role of ambassador?

What has been your experience introducing people to the mission of ICR?

What has you most excited about the future of Iowa Catholic Radio?

What is your favorite Iowa Catholic Radio story so far?

How did you come to work for the Diocese of Des Moines?

Would you describe your role and what your responsible for?

What is the most rewarding part of your work?

How have you experienced ICR as a benefit to you and the diocese?

Do you a favorite story or event you have been able to cover for the diocese?

Brian can share about his experience of coming to work at ICR.

Reflection on 10 years in full time ministry.

Sunday Gospel & Spiritual Chat

Back to school- focusing on having a spiritual make over in the home.