

**KFLQ**  
**Issues and Programs Report**  
**2024-Q1**  
**January - February - March**

Report Prepared and Submitted by Amy Rollins

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April 10, 2024

This is a list of programs that have provided the station's most significant on-air treatment of community issues during the preceding calendar quarter.

Note:  
All times listed are Mountain Standard Time

## Summary

In this Quarter the station spent at least the amount of time indicated on the issues listed. In some cases, more time than documented.

<b>ISSUE</b>	<b>Total Minutes On-Air</b>
Relationships	920
Finances	117
Parenting	340
Faith	525
Work	56
Marriage	567
Grief	56
Health	175
Poverty	42
Special Needs	19
Arts	7
Education	14
Youth	21
Sports	7
Women	14

## Issues and Programs

Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative Minutes for all airings in that day	How program addressed Issue
Faith	Intentional Living	01/01/2024	11a & 7p	56	Word for the Year – Boldness to share the gospel with strangers
Relationships	Mornings	1/02/2024	7a-9a	6	Jenny and Dave Marrs Interview - Talked about setting boundaries.
Finances	Mornings	1/02/2024	7:40a	2	Sally shared how she gave experiences as gifts for her family members instead of tangible items.
Faith	Mornings	1/2/2024	8:40a	2	Leo (caller) shared his New Year's Resolution of getting closer to God by dedicating an hour each day to spend with Him.
Relationships	Intentional Living	01/02/2024	11a & 7p	56	Dr. Randy answers your relationship questions
Relationships	Intentional Living	01/03/2024	11a & 7p	56	Dr. Randy offers relationship advice
Relationships	Intentional Living	01/04/2024	11a & 7p	56	Dr. Randy focuses on dealing with difficult relationships
Faith	Intentional Living	01/05/2024	11a & 7p	56	Dr. Randy answers your questions regarding faith
Parenting	Intentional Living	01/08/2024	11a & 7p	56	Dr. Randy has tips on how to raise respectful kids
Faith	Mornings	1/9/2024	7:40a	2	Things Jesus Didn't Say - "Follow your heart", "Be True/Believe in Yourself", "As long as you are happy...".
Relationships	Intentional Living	01/09/2024	11a & 7p	56	Dr. Randy talks about how birth order affects your family relationships
Relationships	Mornings	1/10/2024	8:12a	2	Kank shared about what he does to have a good relationship with his in-laws.
Work	Intentional Living	01/10/2024	11a & 7p	56	Dr. Randy has advice on how to improve your work communication
Relationships	Mornings	1/9-1/11	7a-9a	4	Esau McCaulley Interview - discussed how to deal with family members in addiction
Relationships	Mornings	1/11/2024	8:12a	2	Discussed Brene Brown quote - "My mom never taught us to look away from people's pain. Don't pretend not to see hurt...and when you are in pain, find the people who can look you in the eye. We need to know we are not alone, especially when we are hurting."
Faith	Intentional Living	01/11/2024	11a & 7p	56	Dr. Randy encourages us to live out our faith
Relationships	Mornings	1/12/2024	8:40a	2	Mysti - talked about how she looked up a friend's net worth and felt an impact on her self-worth, but also reminded herself that God has still taken care of her and has a different plan for her than her friend.

Relationships	Intentional Living	01/12/2024	11a & 7p	56	Dr. Randy has advice on how to communicate within your family unit
Arts	Community Calendar Spots	1/6/24-1/12/24	12:00am - 11:59pm	7	free concert at Valley Christian Church in ABQ Jan 14th @6pm
Poverty	SPOTS	1/1/24-1/14/24	12:00am - 11:59pm	14	Impact for families in our communities for TOYS, socks, gloves, with our community drives in ABQ, Roswell, Lubbock, Midland, Topeka and Panama City
Relationships	Mornings	1/15/2024	6-9a	4	Aired excerpts of Dr. Martin Luther King Junior's speeches that left a significant impact on civil rights in America.
Finances	Intentional Living	01/15/2024	11a & 7p	56	Dr. Randy says being intentional with your finances pays off.
Relationships	Intentional Living	01/16/2024	11a & 7p	56	Dr. Randy talks about how healthy relationships mean a better quality of life
Faith	Mornings	1/15-1/17	6a	6	Faith Eury Cho Interview - shared how to navigate times of spiritual wilderness to get closer to God in times of distress.
Marriage	Intentional Living	01/17/2024	11a & 7p	56	Dr. Randy helps you overcome marital challenges
Relationships	Intentional Living	01/18/2024	11a & 7p	56	Dr. Randy asks about the people who influenced his life and what the common trait is to being successful at life
Relationships	Intentional Living	01/19/2024	11a & 7p	56	Dr. Randy says it's biblical to ask for help.
Poverty	Community Calendar Spots	1/19/2024-1/19/24	12:00am - 11:59pm	14	Road Runner Food Bank is hosting "Souper" Bowl 2024 soup & dessert sampling event on Feb 3rd.
Relationships	Mornings	1/22/2024	7:40a	2	Mysti shared story of her formerly estranged brother and how they exchanged Christmas gifts based on things they always wanted as kids - a kind gesture of forgiveness.
Faith	Mornings	1/22/2024	8:12a	2	Shared excerpt of audio from artist TobyMac talking about being faithful to God in the season after losing his firstborn son.
Marriage	Intentional Living	01/22/2024	11a & 7p	56	Dr. Randy covers the five love languages
Relationships	Mornings	1/23/2024	6:30a	2	You can change the course of an entire day in 6 seconds - it takes six seconds to compliment someone, open the door for someone...etc.
Relationships	Mornings	1/23/2024	6-7a	4	Sally shared story of a new neighbor she is developing a new relationship with - finds that she struggles to relate but feels called to share Jesus with her.
Faith	Intentional Living	01/23/2024	11a & 7p	56	Dr. Randy helps you be intentional with your faith.
Relationships	Mornings	1/24/2024	8a-8:15a	5	Discussed methods of digital detoxing - using a flip phone - caller shared how he

					followed this idea and it weaned him off after 3 years.
Relationships	Intentional Living	01/24/2024	11a & 7p	56	Dr. Randy helps you deal with rejection
Parenting	Mornings	1/25/2024	6:40-7a	4	Kank shared his son's desire to play Mature rated games and discussed how to manage it.
Faith	Mornings	1/25/2024	8a-8:15a	4	KNF crew tackled the concern of deconstruction of faith - discussing why asking questions can be good, as long as it leads us closer to Christ and not further away.
Relationships	Intentional Living	01/25/2024	11a & 7p	56	Dr. Randy says communication is vital to good relationships
Finances	Mornings	1/26/2024	7a	2	Discussed tipping culture - who do you tip, how to deal with those who seem to push the tip on you, etc.
Faith	Mornings	1/26/2024	8a	2	"When you tell someone that you will pray for them, you have made a promise to speak to God on their behalf."
Relationships	Intentional Living	01/26/2024	11a & 7p	56	Dr. Randy says healthy boundaries are an important part of a good relationship
Special Needs	Community Calendar Spots	1/20/24-1/26/24	12:00am - 11:59pm	7	Night to Shine Event for special needs guests Feb 9th. in ABQ, NM
Relationships	Mornings	1/29/2024	7:40-8a	4	When we judge others, it usually reveals what's going on in our hearts.
Grief	Intentional Living	01/29/2024	11a & 7p	56	Dr. Randy says going through the grieving process in any loss is important to healing
Relationships	Mornings	1/30/2024	7a-8a	9	Amy and Jess of "Here for It" interview - discussed how to make new friends.
Relationships	Mornings	1/30/2024	8:12a	2	Mysti shared story of how she worked up the courage to tell her friend about Jesus.
Relationships	Intentional Living	01/30/2024	11a & 7p	56	Dr. Randy answers your questions about family
Faith	Intentional Living	01/31/2024	11a & 7p	56	Dr. Randy talks about how God is with you during the storms of life
Parenting	Intentional Living	02/01/2024	11a & 7p	56	Dr. Randy answers your questions about raising kids
Parenting	Intentional Living	02/02/2024	11a & 7p	56	Dr. Randy says being intentional in your parenting helps the children
Sports	Community Calendar Spots	1/27/24-2/2/24	12:00am - 11:59pm	7	NM Runners Indoor Professional Soccer Team Game in ABQ
Education	Community Calendar Spots	1/27/24-2/2/24	12:00am - 11:59pm	7	Christ Lutheran School in ABQ Open House on Feb 10th 11am-2pm for families & kids.
Faith	Intentional Living	02/05/2024	11a & 7p	56	Dr. Randy has advice on being fervent about your prayer life
Marriage	Intentional Living	02/06/2024	11a & 7p	56	Dr. Randy answers your questions about marriage

Faith	Intentional Living	02/07/2024	11a & 7p	56	Dr. Randy helps you be intentional about your time in bible study
Faith	Intentional Living	02/08/2024	11a & 7p	56	Dr. Randy helps you recognize God's daily presence
Relationships	Intentional Living	02/09/2024	11a & 7p	56	Dr. Randy talks about how family relationships affect our other relationships
Special Needs	Spots	1/29/24-2/9/24	12:00am - 11:59pm	12	Night To Shine/ Tim Tebow Foundation Special needs prom event in Albuquerque, NM.
Marriage	Community Calendar Spots	2/3/24-2/9/24	12:00am-11:59pm	7	A Weekend to Remember-marriage getaway Feb 16-18th in Santa Ana Pueblo
Youth	Community Calendar Spots	2/3/24-2/9/24	12:00am - 11:59pm	7	Tommy's Toolbox-faith-based youth mentorship program centered around learning automotive & mechanical skills in ABQ
Poverty	spots	1/29/24-2/11/24	12:00am - 11:59pm	14	Souper Bowl of Caring for those food needy in Albuquerque
Marriage	Intentional Living	02/12/2024	11a & 7p	56	Dr. Randy talks about the challenges that come with In-law relationships
Faith	Intentional Living	02/13/2024	11a & 7p	56	Dr. Randy talks about the importance of being plugged into a local church
Finances	Evening Show	2/14/2024	8:10p	1	Budgeting advice from a financial counselor
Marriage	Intentional Living	02/14/2024	11a & 7p	56	Dr. Randy says it's important to keep dating your spouse
Marriage	Intentional Living	02/15/2024	11a & 7p	56	Dr. Randy says space might be what the doctor ordered when your marriage is going through a rough patch
Parenting	Intentional Living	02/16/2024	11a & 7p	56	Dr. Randy has advice on dealing with disrespectful kids
Faith	Community Calendar Spots	2/10/24-2/16/24	12:00am - 11:59pm	14	New Mexico Evangelism Conference Feb 26 & 27 At Hoffmantown Church in ABQ
Marriage	Intentional Living	02/19/2024	11a & 7p	56	Dr. Randy says being on the same page spiritually with your spouse is important
Marriage	Intentional Living	02/20/2024	11a & 7p	56	Dr. Randy says the work your put into your marriage is worth it
Health	Intentional Living	02/21/2024	11a & 7p	56	Dr. Randy says being intentional in your health can improve your sleep
Finances	Intentional Living	02/22/2024	11a & 7p	56	Dr. Randy says doing meal prep is good for your wallet and your health
Marriage	Intentional Living	02/23/2024	11a & 7p	56	Dr. Randy has marriage advice
Relationships	Intentional Living	02/26/2024	11a & 7p	56	Dr. Randy says to prioritize people over things
Health	Intentional Living	02/27/2024	11a & 7p	56	Dr. Randy says adding a one mile walk per day will help your energy level
Health	Intentional Living	02/28/2024	11a & 7p	56	Dr. Randy says adding a salad a week will help your blood pressure and cholesterol levels

Marriage	Intentional Living	02/29/2024	11a & 7p	56	Dr. Randy shares key ingredients to a successful marriage
Parenting	Intentional Living	03/01/2024	11a & 7p	56	Dr. Randy answers your questions about parenting
Faith	Community Calendar Spots	2/24/24-3/1/24	12:00am - 11:59pm	7	Reclaim Conference-for the church standing on the truth of Scripture. March 2nd in ABQ
Relationships	Intentional Living	03/04/2024	11a & 7p	56	Dr. Randy says how you feel most loved is how you love on others
Parenting	Intentional Living	03/05/2024	11a & 7p	56	Dr. Randy helps you be a smart parent
Relationships	Community Calendar Spots	2/18/2024 - 3/6/2024	12am - 11:59pm	18	Christian Music Concert in Albuquerque
Women	Community Calendar Spots	2/24/24-3/8/24	12:00am - 11:59pm	14	Calvary of ABQ has a Bible Study "Romance of Redemption" explores Ruth, March 12-April 2, each Tues.
Health	Community Calendar Spots	3/2/24-3/8/24	12:00am - 11:59pm	7	Love Life Prayer Walk each Saturday at Ernie Taylor Park in ABQ will create culture of love & life as you walk & pray for the unborn
Youth	Community Calendar Spots	3/16/24-3/29/24	12:00am - 11:59pm	14	Victory Outreach invites you free Easter Extravaganza at Mesa Verde Park March 30 11am-2pm in ABQ
Relationships	Community Calendar Spots	3/16/24-3/29/24	12:00am - 11:59pm	14	Calvary of ABQ will host NM Biggest Easter Service at UNM Stadium on March 31 at 7:30am
Education	Community Calendar Spots	3/20/24-3/31/24	12:00am - 11:59pm	7	Hoffmantown Church in ABQ invites you to learn about programs & curriculum at their Kids Express preschool Open House April 13