

WIHM Issues and Programs: Fourth Quarter 2023

Issue: Family, Parenting and Relationships

10/24/2023 12:00PM THE DR IS IN...60 minutes

MENTAL HEALTH Dr Ray takes phone calls with questions about parenting, marriage, faith and family. Today he begins by talking about "deaths of despair."

11/01/2023 12:00PM THE DR IS IN...60 minutes

COMMUNICATION Dr Ray opens the show talking about communicating with spouses and children and why lectures should be used sparingly.

11/07/2023 12:00PM THE DR IS IN...60 minutes

ACTIONS FOLLOWING WORDS Dr Ray takes your calls! Today he starts the show with a manalogue about how lectures are not discipline.

11/13/2023 9:00AM MORE TO LIFE...60 minutes

FAMILY MATTERS Parenting questions? Family conflict? Extended family troubles? Today we're dealing with all kinds of family problems. Let us help you create the family relationships you're longing for! Dr. Greg and Lisa Popcak will help you solve your problems with relevant, relatable and achievable tools and solutions straight from the genius of the Theology of the Body.

Issue: Youth Programming

10/15/2023-10-15 12:00PM THE DR IS IN...60 minutes

MIRIAM DIAZ-GILBERT This week's guest is Miriam Diaz-Gilbert an ultrarunner who has run races over 100 miles. Host Ron Meyer talks with Miriam about how her Catholic faith and running are integrated in her quest to pursue incredible feats of endurance.

10/22/2023 12:00PM THE DR IS In...60 minutes

JOEL OSBORN This week's guest is Joel Osborn head football coach at Benedictine College. Host Ron Meyer talks with this collegiate coach about life on the gridiron and how growing up in a small Catholic town in Iowa shaped who he is today.

11/20/2023 6:30PM BLESSED2PLAY...30 minutes

ALLISON FIELDS This week's guest is Allison Fields a former division one volleyball player for Texas A&M now working on a college campus as a Catholic spiritual guide.

11/26/2023 6:30PM BLESSED2PLAY...30 minutes

LUCAS KALISZAK This week's guest is University of Alabama swimmer Lucas Kaliszak. Lucas talks to host Ron Meyer about his career as a collegiate swimmer and how faith plays an important role in his everyday life.

Issue: Educational

10/24/23 1:00PM...CALLED TO COMMUNION...60 minutes

CATHOLICISM JUST AN OUTGROWTH OF OTHER RELIGIONS? Is Catholicism just an outgrowth of other religions? Plus the the real genius of Christianity, and What criteria should I use to discern who is right/true?, and how does Catholicism/Christianity reckon with a singular incarnation when Hinduism recognizes avatars of the divine?

11/01/23 1:00PM...CALLED TO COMMUNION...60 minutes

HOW DOES PRAYING FOR THE DEAD WORK? Does being Catholic make a difference in the long term for one's salvation?, how do I best venerate a relic?, if the Holy Spirit told the Church to ordain women, would traditionalists accept this?, and praying for the dead?

11/06/23 1:00PM...CALLED TO COMMUNION...60 minutes

WHY CATHOLICS SHOULD NOT JOIN FREEMASONRY

Why Catholics should not join freemasonry?, why do we call priests Father?, I have a book called the apocrypha. what is it?, what did Jesus do in hell?, and studying world religions.

11/09/23 1:00PM...CALLED TO COMMUNION...60 minutes

THE AUTHORITY OF THE POPE Did the Catholic Church make up Purgatory? I don't agree with the Pope being in charge of the Church. What is the difference between dogma and opinion? and more on today's Called to Communion with Dr. David Anders.

Issue: Public Interest

10/24/23 9:00AM...MORE TO LIFE...60 minutes

THE PURSUIT OF HAPPINESS What's getting in the way of your happiness? Let us help you cultivate a more joyful life! Dr. Greg and Lisa Popcak will help you solve your problems with relevant, relatable and achievable tools and solutions straight from the genius of the Theology of the Body.

11/06/2023 8:00AM...CATHOLIC CONNECTION...60 minutes

SOUL IN THE GAME Guest host Sherry Brownrigg discusses vocations and "Souls in the Game" with Dcn. Marcelo Ferrari. Michael New explains Prop 1 in Ohio. Gail Buckley Barringer has our Bible verse of the week.

11/13/2023 8:00AM...CATHOLIC CONNECTION...60 minutes

ARRANGE SEASONS Guest host Vanessa Denha Garmo welcomes Emily Malloy, author of "Theology of Home IV: Arranging the Seasons." Emily shares some thoughtful decorative ideas for bringing faith from the beauty of nature into our homes, especially when hosting holiday meals and gatherings -- whether Thanksgiving, Advent (i.e. Vesper gatherings), Christmas, New Year's, and Epiphany. Then Kevin Murphy, VP of Communications at the Cardinal Newman Society talks about their eighth annual Essay Scholarship Contest. Click here for details:

<https://cardinalnewmansociety.org/catholic-college-5000-scholarship-contest-invites-applications>

12/04/2023 8:00AM...CATHOLIC CONNECTION...60 minutes

A NEW NFP PROGRAM Katie Zulanis from the Couple to Couple League announces their new NFP program for young couples. Lori Windham tells us of a Catholic parish in Michigan fighting to protect its religious mission. Gail Buckley Barringer has our weekly Bible verse.

Issue: Health

10/18/23 2:00PM...OPEN LINE...60 minutes

IS WORKING OUT TO LOOK GOOD, VANITY? A caller wants to know if it is vanity to work out to look good in the hopes of meeting someone. How does Fr. Mitch respond to this?

10/31/23 9:00AM...MORE TO LIFE...60 minutes

HAVE NO FEAR AT ALL Are fear and anxiety holding you back? Worry no longer! We've got the grace-filled tips you need to reclaim your courage and recapture your peace. Dr. Greg and Lisa Popcak will help you solve your problems with relevant, relatable and achievable tools and solutions straight from the genius of the Theology of the Body.

12/13/2023 12:00PM ... THE DR IS IN...60 minutes

MERRY STRESSMAS! Dr Ray kicks off today's show by talking about how to not get caught up in the pressure of the season.

12/21/23 6:00AM...SON RISE MORNING SHOW...120 minutes

BATTLING LONELINESS AT CHRISTMAS, HANDMADE HOLIDAY RECIPE IDEAS, AND MORE...Good morning! As we head toward the close of Advent, Matt Swaim and Anna Mitchell share more thoughts on making the most of these last few days of the season. Guests include pastoral counselor Kevin Prendergast with tips for combatting loneliness during the holidays, and Rita Heikenfeld on the symbolism of the 12 days of Christmas and a recipe for a homemade pomegranate vinaigrette. Plus news, weather, sports and more...