Cherie Hammond – CFO - Storage Systems Unlimited & 2017 Grand Champion of "Dancing With The Nashville Stars"

- Tie in between Storage Systems, CityCURRENT, Feed America First and "Dancing With the Nashville Stars".
- 10th Anniversary Fundraiser dance-off between 2 past Champions, me and Dr. David Kemp.
- Event date is February 15, 2022 at The Factory, Franklin. Night full of good food, drink and lost of entertainment.
- Shiny Ball Trophy most dollars raised, Best Dance Trophy. So doing good, along with intense, friendly competition.
- I am doing this again, because the need to solve hunger issues in TN, KY, AL & MS is greater than ever, especially in the rural areas...given the pandemic, current employment issues, school closings, various natural disasters. 2017 FAF distributed around 12M pounds of food and this year set to distribute over 22M pounds.
- Bottom line we don't have a food shortage, but we do have a distribution problem, along with the
 recognition by our communities that hunger needs exist in all our communities...from the richest to the
 poorest.

Learn more:

- FAF Mission: www.feedamericafirst.com/about
- FAF 2020 in review: https://www.feedamericafirst.com/2020wrapup
- Team Cherie Donation Page: https://www.feedamericafirst.com/cherie
- Cherie Personal Video: https://vimeo.com/motionpoet/review/646250009/155a0a6fe1
- Battle Royale Promo

Video: https://vimeo.com/motionpoet/review/640987783/f77636dfc6?fbclid=IwAR2UX0sriPIfjEG5mgqcgaNjMGp3VmUX_5shBh-5RD7HOQ7A5SB0tXiOKwQ

Karen Kreager, CEO – Storage Systems Unlimited

Bill Kreager, Chief Revenue Officer – Storage Systems Unlimited

- Family started and owned business with Women Owned Business designation.
- Design and sales of corporate storage and shelving, predominantly in the healthcare market, but with opportunities to expand into others.
- Services, products, vendor partners and customer GPO affiliations.
- TN location and employee base, with selling avenues across the country and some international.
- Partner relationship with CityCURRENT network and do good.
- Frequently open office doors for non-profits to meet in the conference room.
- Examples Rotary, A Vintage Affair, Williamson County Schools Entrepreneur and Innovation Center, etc.
- Connect with Feed America First Cherie Hammond, CFO
- Sponsorship of January 14, 2022 CityCURRENT Signature Breakfast with non-profit spotlight: Feed America First and guest speaker: Javier Pena.

Learn more:

Website: <u>www.storagesystemsul.com</u>

Mike Womack, Executive Director – Feed America First

- Who is Feed America First?
- How much food do you give away?
- What can you do with a dollar donation?
- How much of donations got to mission versus overhead?
- How can someone get involved?

Learn more:

Facebook: https://www.facebook.com/feedamerica1st/

Website: https://www.feedamericafirst.com/
Twitter: https://twitter.com/feedamerifirst

Meaghan Thomas – WKRN News 2 Morning Meteorologist and The Heart of Hearing Founder

- My Childrens Book "Heart of Hearing"
- Non Profit "The Heart of Hearing"

Learn more:

Facebook: @megtomwx @theheartofhearingpage

Twitter: @megtomwx

Website: meaghanthomas.com / theheartofhearing.org

Instagram: @megtomwx @theheartofhearing

Alyssa Dituro, Executive Director - McNeilly Center for Children

- The mission of the McNeilly Center for Children is to provide high quality, affordable early care and education for children ages 6 weeks to 5 years, whose parents are working, in job training, or at school. Parenting education and social services are provided for the families of our enrolled children.
- advocate for early childhood education, take an iunterestson the policies
- currently trying to secure funding for a community garden and new playground equipment we lost during the tornadoes and building our board.

Learn more:

Facebook: https://www.facebook.com/McNeillyCenter

Twitter: https://twitter.com/mcneillycenter
Website: http://www.mcneillycenter.org/

Sue Donnellan - Parenting Mentor, Sue Donnellan of AskMomParenting.com

cityCURRENT's Andrew Bartolotta, sits down to talk with Sue, the mom behind Ask Mom Parenting and the author of the International #1 Best Selling book, Secrets to Parenting Without Giving a F^ck.

As a one-time reluctant parent and reformed yeller, Sue Donnellan understands the sheer stress that is parenting!

Sue's results-based, partnership parenting methods evolved from 20+ years of raising four kids, including surprise triplets. She teaches the partnership techniques that easily end tantrums, eliminate backtalk, get willing cooperation, neutralize sibling fights and build lasting relationships of lifelong trust and respect with your kids.

Learn more: www.askmomparenting.com

Cheryl Noe, Executive Director, Project C.U.R.E. Nashville

- General work: As the world's largest distributor of donated medical equipment and supplies, Project C.U.R.E. sends health and hope to people who are in desperate need.
- In March of 2020, we pivoted in a 48-hour period to include domestic response to CoVID-19, as well. To date, we have delivered over 400 loads to our seven C.U.R.E. communities.
- How people can get involved: Ambassador Board, Young Professionals Board, International Women's Day celebration, international relief work.

Learn more:

Facebook: Project C.U.R.E. Nashville | Facebook

Website: Project C.U.R.E. Nashville Center | Project C.U.R.E. (projectcure.org)
Instagram: Project C.U.R.E. (@projectcure) • Instagram photos and videos

Javier Peña

Harmony Advisor Creator of the Leading in Tune leadership program to help leaders and organizations change the way they think about music and use its principles to achieve harmony in work and life.

Javier is a public speaker, leadership advisor, and award-winning creative director and composer of original music for national television commercials.

For 15 years, Javier worked as the music director of a small group of singers with diverse mental and physical disabilities who became a full-performing band. The group's inspiring story was featured in the film "For Once in My Life," available on Amazon Prime and iTunes. The film won over a dozen of awards in film festivals in the U.S. and overseas and was officially selected by the U.S. State Department to be screened in embassies around the world. As a result of the film's success, Javier was invited to the White House.

Javier created the Leading in Tune leadership program to help leaders and organizations change the way they think about music and use its principles to achieve harmony in work and life.

- My origins and story are working with a band made up of people with mental and physical disabilities.
- How music can make you a better leader, align your team, and help you achieve your mission.
- How music can help you overcome your struggle with Work and life balance
- How to master the language of music can help you communicate more effectively
- What does your favorite song can help you create a vision for your or your team.
- Corporate forgiveness

Learn more:

Website: https://www.javierpena.net/ http://leadingintune.com/

Cora Moore-Buffy, Faeryland's Farm

cityCURRENT Show host, Andrew Bartolotta, talks with their founder, **Cora Moore-Bruffy** on how they supply animal education programs, goat therapy, and animal reiki to help comfort animals and individuals of all ages to increase mental, physical, spiritual, and emotional health as humans learn to relate to animals in new ways.

Faeryland's Farm is a care farm that serves as an animal sanctuary for rescued farm animals and domesticated animals that provides a safe, effective, healing environment and uses a holistic approach to the general well-being and education of humans and animals via therapeutic and educational activities.

Learn more about this Baxter, TN Farm and Sanctuary: https://faerylandsfarm.bitrix24.site/

Jason Gichner, Senior Legal Counsel – Tennessee Innocence Project

- The need for an innocence organization in Tennessee. No one was doing this work before we formed in 2019.
- How do people hear about the Tennessee Innocence Project?
- How do you know your clients are innocent? What is your criteria for cases you take on?
- Recent cases and breaking news to share. Check out these news articles about one of our current cases in the *Nashville Scene* and *Tennessean*. We have a court hearing next week about this case.
- How can the community support the Tennessee Innocence Project and donate to your work?

Learn more:

Facebook: www.facebook.com/TNInnocenceProject

Twitter: twitter.com/ProjectTenn

Instagram: www.instagram.com/tninnocence/

Website: <u>www.tninnocence.org</u>

Mike Audi, CEO and Co-Founder – Tiki

Shane Faria, Co-Founder and User Champion - Tiki

- Why we started and when
- The "data" problem / cat and mouse game
- (Users want more data privacy, but businesses rely on data. How to compromise?)
- Solution: TIKI (A data marketplace based on user data ownership)
- TIKI values (trust, transparency, user-centricity)
- Why Nashville?
- We are hiring developers and interns

Learn more:

Website: https://www.mytiki.com/

Facebook: https://www.facebook.com/mytikiapp

Twitter: https://twitter.com/my_tiki

LinkedIn: https://www.linkedin.com/company/mytiki/

Adam Markel discusses resiliency and his new book, "Change-Proof" coming out February 22, 2022

Host Jeremy C. Park talks with best-selling author, keynote speaker and resilience researcher, Adam Markel, who shares some of his background and what led him to write his latest book, "Change-Proof — Leveraging the Power of Uncertainty to Build Long-Term Resilience," coming in February 2022. During the interview, Adam talks about what it means to be "change-proof and why it's important in life and business, something that he learned doing the research and writing the book that has helped him personally, and some tips and concepts that can help you, as well.

Learn more at AdamMarkel.com or ChangeProof.com.

Full Bio: Best-selling author, keynote speaker, and resilience researcher Adam Markel inspires leaders to master the challenges of massive disruption in his upcoming book, "Change-Proof — Leveraging the Power of Uncertainty to Build Long-Term Resilience" (McGraw-Hill, February 2022).

Adam is author of the #1 Wall Street Journal, USA Today, Los Angeles Times, and Publisher's Weekly best-seller, "Pivot: The Art & Science of Reinventing Your Career and Life." A leading international keynote speaker, he has reached tens of thousands worldwide with his message of resilience as the competitive edge in today's complex markets. An attorney, entrepreneur, and transformational trainer, Adam is a sought-after business culture catalyst who inspires, empowers, and guides organizations and individuals to create sustainable, high-performance strategies.

Adam is also the CEO of More Love Media and host of The Conscious PIVOT podcast, where he shares his insights on pivoting and resilience in today's fast-paced market and interviews experts, innovators, and influencers in the areas of business and life.

Adam credits much of his success to the principles he learned during his 8 years as a Jones Beach lifeguard in New York. As a first responder in a life-and-death environment, he learned the importance of cultivating a high-performance capacity and impeccable teamwork. He's found that the principles of this type of culture and leadership equally apply to any business that wants to build a competitive advantage to win.

After building a multi-million-dollar law firm, Adam pivoted his own career path to become CEO of one of the largest business and personal growth training companies in the world. Here he learned that motivation and inspiration alone are not enough to effectively utilize change; it's about providing leaders, teams, and audiences with effective takeaways to sustain them over time.

Adam's keynotes, corporate workshops, and business mentoring combine his "Lessons from the Lifeguard Stand" with practical business strategies, personal development insights, and a unique delivery style to create a high-energy and impactful learning environment.

Learn more at AdamMarkel.com.

Brian Cournoyer, BC Team, Compass RE

- The future of Nashville and out of town buyers.
- What to do if you currently live here and need to move for some reason (school, job location etc) or just want to take advantage of current times and sell.

Learn more:

Facebook: https://www.facebook.com/bcreteam/? rdc=2& rdr
Instagram: https://www.instagram.com/brian cournoyer/

Website: https://thebc.team/

John Wark, Founder & CEO – Nashville Software School

1. What is Nashville Software School?

Nashville Software School (NSS) was started in 2012 as the nation's first non-profit software bootcamp. We began as a way to develop a pipeline of local tech talent to meet the needs of area employers. We provide full-time and part-time online training programs in web development, software engineering, data analytics and data science. We are ideally suited for adult students who do not have a background in tech but have the appropriate interest and aptitude.

With the addition of nearly 12,000 local tech jobs in the near future with Oracle, Amazon, NTT Data and many others investing heavily in Nashville, it's an ideal time to pursue a tech career. These are well-paying jobs and many of these employers are looking to hire diverse talent in Tennessee.

2. What is the mission of Nashville Software School?

Our mission is to open doors to adults with motivation and aptitude for careers in tech. We're committed to creating opportunities to access high-paying tech careers for individuals who are financially disadvantaged or are from groups underrepresented in tech careers. In fact, 58% of our graduates in 2021 are members of underrepresented groups including women, people of color and veterans. This year, we celebrate our 10th anniversary and will graduate our 2000th graduate in the summer.

3. How do you work with employers to find tech talent?

The curriculum in our programs is always influenced by our engagement with local employers and their tech talent needs. Our team actively works to engage employers with our students prior to graduation and shares job postings with graduates. Our success is not measured solely based on graduation rate, but on graduates securing a job in tech

Our graduates have been hired by top employers including HCA, Ingram, Built Technologies, AllianceBernstein and Amazon--the list goes on. They are looking for junior tech talent who are job ready with the relevant skills and experience on a team. That's what they get when they hire an NSS grad.

We also partner with employers and community organizations to support programs such as the Nashville Technology Council's apprentice program where students receive free tuition through the GoTech partnership funded by the State of Tennessee.

Recently, we launched a software engineering program with Java/AWS specialization in collaboration with Amazon. This program is based on a proven curriculum developed by Amazon Technical Academy and is another pathway for local residents and those outside our region to acquire the skills required to launch a career in software development.

4. How can people support Nashville Software School?

We invite employers to reach out to us with their tech talent needs and see how we can partner with them. As a non-profit organization, we invite individuals and corporations to support NSS through donations to help fund Opportunity Tuition and scholarships for students who are financially fragile. Currently, about 50% of our students receive opportunity through NSS-funded options.

5. How can people find out more about Nashville Software School?

If you're interested in pursuing a tech career, visit our website to sign up for our blog, register for information sessions and apply for programs at https://nashvillesoftwareschool.com/.

Learn more:

Website: https://nashvillesoftwareschool.com/

Facebook: https://www.facebook.com/NashvilleSoftwareSchool

Twitter: https://twitter.com/nashsoftware

LinkedIn: https://www.linkedin.com/school/nashville-software-school/
Instagram: https://www.instagram.com/NashvilleSoftwareSchool/

Recent Media Coverage:

• Nashville Post: Nashville Software School boosts local tech workforce

Nashville Business Journal: Amazon.com Inc. creates new software engineering program with Nashville Software School

• The Tennessean: How Nashville can meet the demands for more talent in the tech industry



AIR Date Feb. 6, 2022 – Nashville Radio Show Talking Points

- Dr. Lesley Tomaszewski, MHA Program Director, Associate Professor Lipscomb University
- Dr. Rebecca Burcham, Assistant Professor Lipscomb University
- Recent state legislation regarding telemedicine reimbursement
- Impact legislation has on rural counties within TN
- Access to healthcare within rural areas both in TN & TX
- How Lipscomb University Master of Health Administration Program incorporates these types of issues into our program
- Those in the healthcare field who want to expand their impact on community issues, interacting with this program will help you.
- Events: Nashville Business Breakfast on Tuesday, February 15
- Events: Lunch and Learn on Tuesday March 8 from 11:30-1:00, location is the Paul Rogers Board room. Link to sign up is here. Featured speaker is Lipscomb COB alum and retired HCA administrator Jeff Whitehorn speaking on his new book Leadership Treasure. Here is a link to additional biographical info for Jeff and about his book.

Learn more:

Facebook: Lipscomb University College of Business

Instagram: lipscombbusiness

Website: https://www.lipscomb.edu/academics/programs/health-administration

Twitter: @LipscombCOB

LinkedIn - Lipscomb University College of Business

Rikki Harris, CEO - TN Voices

- My "Why"
- The organizations "why"
- What the pandemic has done to people's mental health
- Self-care
- The importance of giving to mental health causes

Learn more:

Website: https://tnvoices.org/

Facebook: https://www.facebook.com/tnvoicesforchildren/

Twitter: https://twitter.com/tnvoices

LinkedIn: https://www.linkedin.com/company/tennessee-voices-for-children/

Instagram: https://www.instagram.com/tnvoices/

Demetrius Short, CEO - Transformation Life Center

- Transformation Life Center turns 12 years old this year! Let's talk about our mission to ignite (purpose), inspire (success) and transform the lives of African American collegiate students and youth living in underserved communities through Education, Leadership, Health and Wellness.
- Pathway to Success Initiative (P2SI) Leadership Academy
- Black Men Run, Brown Boys Read Initiative inspiring inner-city youth to fall in love with reading through their love of running. Improving literacy, developing leaders and combatting heart disease, hypertension, stroke, stress and mental health of African American males targeting 3r-5th graders
- 12th Annual Steps of Success 5K, Saturday, September 10, 2022, at Shelby Park. I'll be running in a suit and sneakers in our annual 5k run/walk fundraiser.

Learn more:

Website: www.transformationlifecenter.org, www.stepsofsuccess5k.org

Facebook: Transformation Life Center - https://www.facebook.com/Transformation-Life-Center-101602571394990,

Steps of Success 5K - https://www.facebook.com/StepsOfSuccess5K

Instagram: @tlc_nash, @stepsofsuccess5k

Twitter: sos_5k

Will Brown, Managing Partner – The Benefits Group

- Why are current rates and pricing for renewals so high; much higher than in prior years?
- Can I offer benefits as a smaller employer? Why should I if I don't have to?
- What do you do differently than other Brokers?
- If I'm paying too much currently; do I have to continue in my expensive plan for a year? Is it hard to switch?

Learn more:

Website: https://www.thebenefits.group/

Facebook: https://www.facebook.com/thebestbenefits

Eric Stuckey, City Administrator for the City of Franklin TN - The Fuller Story

- The Fuller Story initiative is a community-based effort to more completely reflect on our history by telling important aspects of our community's history especially related to the experience of African Americans in Franklin before, during, and after the Civil War. This effort began in August 2017 follow the Charlottesville tragedy.
- In October of 2019 the Community dedicated five historical markers on the town square telling important aspects of our City's history.
- In October of 2021, the community dedicated on the town square a statue, called "March to Freedom", honoring United States Colored Troops soldiers who fought for their freedom during the Civil War.

Learn more:

Facebook: https://www.facebook.com/CityOfFranklin

Twitter: https://twitter.com/cityoffranklin
Website: https://www.franklintn.gov/

Website to the Fuller Story: https://www.franklintn.gov/our-city/the-fuller-story

cityCURRENT's Director of Digital Media, Andrew Bartolotta: 5 Social Media Trends - Huge in 2022!

Host Jeremy C. Park talks with cityCURRENT's Director of Digital Media, **Andrew Bartolotta**, who looks back on some of the important social media shifts that took place in 2021 and then looks forward discussing five social trends that will be huge in 2022. During the interview, Andrew talks about 1) how the Creator Economy will boom even bigger, 2) more streamlined social commerce, 3) short-form vertical video is here to stay, 4) an emphasis on mental health and burnout prevention, and 5) the rise of the LinkedIn-fluencer. He also shares some helpful tips and resources you can use to make 2022 a social media success.

Visit www.cityCURRENT.com to learn more.

Brenda Hauk, Founder and Executive Director - BrightStone

Master Special Education, Vanderbilt University, Peabody College Kennedy Ctr Early Childhood Education, Texas Dept of Education Pilot Program

- a. BrightStone now
 - history
 - mission
 - current program/services
- b. BrightStone's future
 - vision
 - master plan
 - phases of development
- c. Current initiatives
 - Future Planning Teams
 - 5-year Pro Forma
 - Succession Planning
 - Board Development
- d. Community resources and partnerships
 - Board of Directors
 - fund raising events
 - BrightCorps individual and corporate involvement and investment
- e. Upcoming events
 - Private Capital Campaign Event fund two BrightStone homes April 23
 - Songwriters Night "Music That Touches the Heart" with headliner TBD
 - Bowlability Franklin Entertainment Center August 1 & 2
 - Golf Benefit Governors Club Golf Course

Learn more:

Facebook: @BrightStoneTN Instagram: brightstonetn

Linkedin: linkedin.com/company/brightstone/mycompany/
Utube: youtube.com/channel/UCMsneOaFbgHnfFW vNBBk4w

Website: <u>brightstone.org</u>

- Brian Reichenbach, COO & Co-Founder Chronicle Partners
- Chris White, CEO & Co-Founder Chronicle Partners
- The importance of planning (reference current market, inflation, rising interest rates)
- The importance of team collaboration and collaboration with other professionals

Learn more:

Website: <u>www.chroniclepartners.com</u>

cityCURRENT Partner: eBiz Solutions - Doing Business in the Digital Age

Host Jeremy C. Park talks with **cityCURRENT partner, Sridhar Sunkara, CEO of eBiz Solutions**, who highlights his company's consulting and innovation efforts and their services, which include business automation, low code no code platforms and applications, enterprise applications, eCommerce solutions, mobile app development, and more. During the interview, Sridhar shares some of the important technology transformations taking place due to the pandemic, how technology is changing from a consumer perspective, some of the technologies gaining momentum, and how companies can benefit from digital transformation.

Visit <u>www.thinkebiz.net</u> to learn more.

Facebook: https://www.facebook.com/thinkebiz
Twitter: https://twitter.com/Thinkebiz

LinkedIn: https://www.linkedin.com/company/ebiz-solutions-llc-memphis-tn-usa/

AIR Date Mar. 6, 2022 – Nashville Radio Show Talking Points

Desneige VanCleve, Founder and Executive Director – Grace Place Ministry

Pronunciation of my name: The "s" is silent and "neige" is pronounced like "beige" but with an "n"... "De-neige"

- Our mission and the need
- The details of our program and the success we've had
- The community can help by donating funds, donating consumables as listed in our blog, and by following us on social media and sharing our information so that people connect with us and what we do. I also want to talk about our upcoming expansion and capital campaign.

Learn more:

Facebook: https://www.facebook.com/graceplaceministry

Website: www.graceplaceministryinc.org

Instagram: graceplaceministry

TikTok: https://www.tiktok.com/@graceplaceministryinc

- Dwight Hall: Race Chairman, Former Jockey and Winner from the 1977 Iroquois Steeplechase
- Autumn Eklond: Chief Marketing Officer, Brand Ambassador Iroquois Steeplechase

History of Steeplechase:

- How it began: Frost, Houghland and Sloan hosting the first Iroquois Steeplechase at Percy Warner Park
- Iroquois the racehorse
- Our Benefactors How much we have given from the event to charity
 - Over \$12 million donated to Monroe Carell Jr. Children's Hospital
 - Thank corporate sponsors for their donations to the event (examples below)
 - Bank of America
 - Lipman Brothers
 - Cumulus and other media partners

• Upgrades to the 2022 Race:

- o Royal 615 Lounge: A VIP party in the centerfield featuring bars, food, DJs and so much more
- After receiving feedback from our guests, we are expanding the internet connection in Steeplechase Central to improve the attendee experience thanks to our sponsors and local partners

Options for Attending the Race

Purchase Tickets on the website.

Tailgating Options - Over 1,400 spots available

Individual Tickets

Corporate or Hospitality Tents - Railside Tents or Hunt Club

Family Area – Children Under Age 12 are free

Learn more:

Website: https://www.iroquoissteeplechase.org/

Facebook: https://www.facebook.com/IroquoisSteeplechase

Twitter: https://twitter.com/TNSteeplechase

Instagram: https://www.instagram.com/tnsteeplechase/
Pinterest: https://www.pinterest.com/tnsteeplechase/

LinkedIn: https://www.linkedin.com/company/iroquoissteeplechase/

You Tube: https://www.youtube.com/channel/UCFwrSAZBXIwgevEn6bcdtmw

Dan Aronoff, Owner - FranNet of Tennessee

Host Jeremy C. Park talks with cityCURRENT partner, Dan Aronoff, Owner of FranNet of Tennessee, who shares some of his background and how he got into the franchise consulting and matchmaking business, and then discusses how he provides education and support to individuals who are interested in exploring self employment as a career option through franchised business ownership. During the interview, Dan talks about some of the many different franchise opportunities available, the process and questions to consider, the benefits of becoming a business owner, helpful tips, and more.

Visit www.FranNet.com/DAronoff to learn more.

Ken and Brenda Knabenshue, Founder and Co-Founder – Working Dogs for Vets

Phonetic spelling is N-aben-shoe. (The k is silent).

After Ken was discharged, he was involved in a life- changing automobile accident where he became disabled and sustained multiple injuries. His physician recommended that he get a service dog. Kenneth contacted many service dog organizations and was repeatedly told a service dog would cost anywhere from \$12,000.00 to \$15,000.00 and waiting lists were 3-5 years. Ken met with many dogs and trainers and kept noticing some of the dogs were not trained much more than the dogs he had at home. This was when Ken decided to train his own service dog. At that time, he was unsure how to teach his dog some of the tasks he would need to learn to not only help him but also what he would need in order to be legally considered a service dog. Ken contacted service dog trainers for advice, read and gained as much knowledge as he could and with his determination, he successfully trained his own service dog despite his disabilities and injuries. However, he didn't stop there, he knew there were so many others that needed help too, so he set out to help other disabled veterans.

Many disabled veterans cannot afford to have a service dog trained for them, not just due to finances but also due to the long wait times before they could receive a program trained service dog. The programs that Ken has started are unlike any other service dog program out there. They are enabling many disabled veterans by providing the knowledge, online/phone and 1 on 1 support, information and tools necessary to help them with individualized care and training at no cost to the veteran. This organization operates on generous donations, is 100% volunteer based and has had an amazing success rate in helping veterans train their own service dogs. Volunteers are our backbone!

After they have graduated into a Service Dog, the veteran/dog team must help another team! That is one of the best parts of this program veterans helping veterans, therefore No Veteran Is Left Behind. We are in the process of organizing our annual fundraiser here at headquarters in Lawrenceburg on July 4th weekend (Jul 2, 2022)! We will have your typical food, interesting games, "manly" as opposed to "girly" door prizes, very interesting vendors, bouncy house for the kids as well as a hot dog eating contest for a gift basket of dog related items and if you're not a friend of ours on Facebook, go to our FB page and click the like button! There is more information to come!!

Learn more:

Facebook: https://www.facebook.com/WorkingDogsForVets

Website: https://www.workingdogsforvets.org/
Twitter: https://twitter.com/84DogsHelp

→ Jim "Big Red" Wetrich, CEO of The Wetrich Group of Companies and author of "Stifled, Where Good Leaders Go Wrong" | Wrong" | Property |

Host Jeremy C. Park talks with **Jim "Big Red" Wetrich**, CEO of **The Wetrich Group of Companies** and author of "**Stifled**, **Where Good Leaders Go Wrong**," who highlights his new book that shares lessons learned during his 40 year career in the health care, medical device and pharmaceutical industry. "Stifled" is for future-minded leaders who want to keep up with an unprecedented pace of change in the workplace and deal with the issues that result from these changes. The book explores the techniques of successful leaders and managers in detail, offering ideas and solutions to the challenges facing today's organizations. During the interview, Jim talks about why he wrote the book, some of the major takeaways, and how it can be used as an ongoing tool for personal and professional development for you and your team.

Visit www.jimwetrich.com to learn more.

Aubrey Wade, Agile Consulting Manager - Nexient

Host Jeremy C. Park talks with **Aubrey Wade**, Agile Consulting Manager with **Nexient**, who has helped convert two Fortune 300 organizations' technology departments to Agile work environments, is an Enneagram facilitator, conference speaker, and who coaches teams for continuous improvement and team health. During the conversation, Aubrey shares some of her

personal background and how she combines her degree in psychology within the field of technology and leadership, how empathy plays an important role in leadership and technology, the power of the Enneagram, and how understanding each other can improve communication and outcomes.

Learn more:

Visit https://www.thejourneyofdiscovery.net
Facebook: https://www.facebook.com/pikchik

Twitter: https://twitter.com/aubs11

Allison Yonker - Program Director – Gildas Club Middle Tennessee

Misson: Gilda's Club Middle Tennessee mission is to ensure all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

Program Notes

Why?

3 out of 4 families are impacted by cancer

Who we serve

 Adults, teens, and children with cancer (current diagnosis or post-treatment and people who have a family member with cancer or are grieving a loss due to cancer)

How we serve

 All free of charge- support groups, education, healthy living workshops, social opportunities, resource referrals

How to get involved

 The community can play a part in our efforts in several ways. Because we don't receive government funding, we depend on donors, partners, fundraisers, and volunteers like you - without whom we couldn't deliver our free cancer support program.

Learn more:

Twitter: https://twitter.com/GildasClubMidTN

Instagram: https://www.instagram.com/gildasclubmiddletn/
https://www.facebook.com/GildasClubMiddleTN

Website: https://gildasclubmiddletn.org/

Ali Buchanan, Director of Marketing - 4Top Hospitality

- Who 4Top Hospitality is: which restaurants are included in the group, where the home office is based out of (which is here in Nashville), and my role with the company. I can go into detail about our various concepts, what type of food we serve, how long we've been in Nashville, our private dining/catering capabilities, and our philosophy for serving guests in a saturated market. I'd also like to touch on our employees and how we promote from within to create career growth opportunities for our front and back of house employees.
- How we weathered the challenges from the pandemic, i.e. what we did to keep employees working and business coming in. Visit **4tophospitality.com** to learn more.

Brad Federman, CEO of PerformancePoint LLC, and author of the book, "Cultivating Culture: 101 Ways to Foster Engagement in 15 Minutes or Less,"

Host Jeremy C. Park talks with **Brad Federman**, CEO of **PerformancePoint LLC**, and author of the book, "Cultivating Culture: 101 Ways to Foster Engagement in 15 Minutes or Less," who highlights what led him to write the book and some of the key takeaways for cultivating culture in today's workplace. During the interview, Brad covers some of the recent HR trends and ties them back to tips for building and strengthening corporate culture. He discusses the flattening of hierarchies and how peers play a more dominate role now in defining culture and employee retention, tips for sustaining culture in a remote world, the importance of community service and engagement, why corporate culture may be key to saving civil discourse and helping to bring our community together, and more.

Visit www.performancepointllc.com to learn more.

Sara Frasca - Global innovation expert. Proven senior leader. Award-winning entrepreneur.

Host Jeremy C. Park talks with **Sara Frasca**, award-winning entrepreneur, innovation speaker, and Chief Operating Officer with Point Northeast, who recently spoke at the cityCURRENT signature speaker series event in Nashville and offers a recap of her presentation focused on fostering innovation and creativity in the workplace. During the interview, Sara discusses one of the techniques to help you challenge underlying assumptions and lean into what's next with a Judo Flip, then talks about the power of micro-innovation and starting small. She shares how teamwork is a critical piece of the equation and how it has helped her restaurant persevere during the pandemic and now thrive coming out, how putting in place a process to track progress and results is needed, and how she and her team help companies put this process into place to create impact.

With the curiosity of Galileo and the tenacity of a street fighter, Sara Frasca is an innovation expert. Honing her skills at senior leadership roles in both corporate America and the world of startups, Sara now serves as Vice President of Innovation for Platypus Labs, a global innovation enablement, invention, and consulting firm. She helps leading organizations cultivate human imagination, build a culture of innovation, and solve complex problems in creative ways. Sara is the go-to resource for leaders seeking competitive advantage and sustainable success by harnessing innovation.

Prior to Platypus Labs, Sara spent 13 years at General Mills in multiple leadership roles. She was also an account director at the interactive agency ePrize, leading the forefront of digital transformation for Fortune 500 brands. Sara is the founder and proud owner of Trasca & Co. Eatery and was named the 2017 Female Entrepreneur of the Year in Jacksonville, Florida.

Follow Sara Frasca on any of her social media at https://www.sarafrasca.com/

LinkedIn: https://www.linkedin.com/in/sarafrasca/

Twitter: https://twitter.com/sarabfrasca

Facebook: https://www.facebook.com/SaraBFrasca/

Matt Brennan, CEO of ProLift Rigging

Host Jeremy C. Park talks with Matt Brennan, CEO of ProLift Rigging, who shares some of the history for the company and highlights some of their services, which include heavy lifting and rigging, industrial maintenance, transportation, and warehousing. During the interview, Matt talks about some of the transportation and project trends impacted during the pandemic with the need for shorter planning cycles and quicker response rates, the power of being a purpose-driven business and how that impacts employees and communities, the importance of equipping and empowering employees to support each other through ProLift Cares and giving them the voice with charitable efforts, and how supporting nonprofits and causes locally and globally have changed his perspective on the power of companies to create positive change.

Visit www.proliftrigging.com to learn more.

Facebook: https://www.facebook.com/ProLiftRigging/

LinkedIn: https://www.linkedin.com/company/proliftrigging/

Kristin (Kris) Intress, Founder and CEO of Rock Springs Retreat Center

Host Jeremy C. Park talks with **Kristin (Kris) Intress**, Founder and CEO of **Rock Springs Retreat Center**, a 200-acre pastoral resort of excitement and adventure just 40 minutes north of Nashville, Tennessee. Rock Springs Retreat Center is home to Fit Farm with 80,000 square feet of fitness facilities, 2 obstacle courses, Serenity Day Spa, a scenic lake and pastoral event venue with indoor and outdoor spaces perfect for weddings, corporate events, couples' retreats, culinary retreats or just guests looking to recharge their battery and renew enthusiasm for life. During the interview, Kris shares some of her personal story and what led her to create and open Rock Springs Retreat Center and Fit Farm, how experiences can be customized for different groups and outings, the power of recharging and focusing on healthy lifestyle choices to make long-term changes in our lives, and much more.

Visit https://rockspringsrc.com/ to learn more.

Facebook: https://www.facebook.com/RockSpringsRetreatCenter/

AIR Date April 3, 2022 – Nashville Radio Show Talking Points

Amy Cotta – Founder & Executive Director of Memories of Honor and the mother of SSG Zych, USMC

Memories of Honor is a national nonprofit based in the Nashville area. We believe our fallen service members and their families deserve to be honored, remembered, and recognized more than one day per year thus our mission is to make every day Memorial Day. We use athletics, entertainment, special events and social media campaigns to create living breathing memorials so no loss of life in or due to service to our country is forgotten.

- Why is our campaign important and why is it needed?
- Our partnership with Vanderbilt Athletics VandyBoys wearing the names of fallen service members on their cleats and helmet stickers. And our fundraising with Vandy 5K Tour De Hawkins – Salute to Service 5K 4/2/22
- How can individuals, companies, and sports teams help to make every day Memorial Day.

Learn more:

Facebook: @memoriesofhonor
Twitter: @MOH_Remembers
Website: memoriesofhonor.org
Instagram: @memoriesofhonor

Chris Parker – Big Machine Music City Grand Prix President

- Success of inaugural event in 2021 (attendance, TV numbers, industry buzz around addition of Nashville, event economic impact)
- What's new in '22
- When do tickets go on sale to the public

Learn more:

Facebook: https://www.facebook.com/musiccitygp

Twitter: @musiccitygp

Website: www.musiccitygp.com

Instagram: @musiccitygp

Ellis Hubbard III, CEO/Co-Founder of The Roo App, Inc

- why I started the company and origins of the idea
- moved to Nashville from Houston, TX in 2020 why? what prompted to get business going here?
- what is the company mission/vision .. who are you helping in the community?
- when will the app be ready to launch?
- How to get in on investment opportunities

Learn more:

Facebook: The Roo App [under construction]

Instagram: https://www.instagram.com/eh3xdope/ [my personal founder page - will be posting info on our steps]

Website: www.therooapp.com [under construction]

Other: email me at ellis@therooapp.com

AIR Date April 10, 2022 – Nashville Radio Show Talking Points

Dwight Johnson Title - Executive Director, Preston Taylor Ministries

For the last 12 years, Dwight has dedicated his life to youth and family ministry in both Mississippi where he is from and now in Nashville, Tennessee where he is the Executive Director at Preston Taylor Ministries, a Northwest Nashville organization whose mission is to help youth and children discover joy-filled friendships, develop a love for learning, and to live out their God-inspired dreams. Having served both in the local church and in parachurch organizations throughout his career, Dwight loves working with teenagers and enjoys seeing youth see and reach their potential.

- PTM's mission discovering God-inspired dreams, discovering joy-filled friendships, developing a love for learning
- PTM designed for connectedness, designed to belong
- No one does anything great alone inviting listeners to find their place
- Upcoming Events
- Overcomer's Luncheon April 5th 11:30 12:30 you can sign up and join us for this highly informative lunch by going to our website www.prestontaylorministries.org
- Lunch and Learn April 29th 11:30 1:00 come grab lunch with us and learn more about Preston Taylor Ministries. You will hear from staff and have an option to participate in a PTM tour

Learn more:

- Facebook: https://www.facebook.com/search/top/?q=preston%20taylor%20ministries or simply search Preston Taylor Ministries
- LinkedIn: https://www.linkedin.com/company/preston-taylor-ministries/mycompany/ or search Preston Taylor Ministries
- Website: www.prestontaylorministries.org
- Instagram: @prestontaylorministries

Jaemin Frazer highlights his book, "Unhindered: The 7 Essential Practices for Overcoming Insecurity"

Host Jeremy C. Park talks with Jaemin Frazer, renowned life coach, TedX speaker and author, who shares some of lessons from his book, "Unhindered: The Seven Essential Practices for Overcoming Insecurity," and gives a teaser on his upcoming release, "Leverage: How to change the people you love for all the right reasons and get the relationships you deserve." During the interview, Jaemin talks about his background and what led him to write "Unhindered," then shares some of his personal takeaways, including the power of having a "Guide" in your life, who is not emotionally attached but willing to push you to become the hero of your own story. Jaemin Frazer is a TedX speaker, author of multiple books and widely regarded as one of Australia's best life coaches. He is the founder of the Insecurity Project and specializes in helping entrepreneurs, leaders and business owners eradicate insecurity to improve their lives. Jaemin is the voice behind the popular "One Minute Coach" radio segment heard by over 750,000 listeners daily. He is the author of "The One Minute Coach," "Unhindered: The Seven Essential Practices for Overcoming Insecurity," and "Elegantly Simple Solutions to Complex People Problems." His newest book, "Leverage: How to change the people you love for all the right reasons and get the relationships you deserve," will be released in the Fall of 2022.

Visit https://jaeminfrazer.com/ to learn more.

Nicole Cassier-Mason, CEO of Lemonade Day

Host Jeremy C. Park talks with Nicole Cassier-Mason, CEO of Lemonade Day, who highlights the national nonprofit's efforts to help prepare youth for life through fun, proactive, and experiential programs infused with life skills, character education, and entrepreneurship. Lemonade Day is committed to inspiring a culture of aspiration and ambition by teaching youth important life skills, goal setting, financial literacy, and business planning where they learn about teamwork, responsibility, their own aptitudes, problem-solving, and career exploration, all with the guidance of a mentor who serves as their role model.

During the interview, Nicole shares the origins and what led entrepreneur and philanthropist, Michael Holthouse, to launch the program in 2007, how the organization has grown to become nationwide, how the program works, and the different pathways and opportunities for cities, organizations, parents and youth to take part. Nicole highlights Higginbotham for becoming a corporate supporter and talks about some of the ways other companies can get involved and support their efforts, as well. She also discusses how parents and youth can leverage technology and their app to access their programs anywhere and anytime.

Learn more:

Visit https://lemonadeday.org/ to learn more and to access their app.

Facebook: https://www.facebook.com/lemonadeday

Twitter: https://twitter.com/LemonadeDay



Quarterly Report of Compliancy Issues & Programs List 2022-Q1 (January - March) Radio Health Journal

- **911**
- Agriculture
- Air Pollution
- Animal Health
- Auto/Traffic Safety
- Automated Vehicles
- Charitable Organizations
- Child Development
- Children & Youth at Risk
- Climate Change
- Clinical Research
- Consumerism
- Covid-19 Pandemic
- Criminal Justice System
- Depression
- Diamond Industry
- Diversity
- Eating Disorders
- Economic Sanctions
- Economics
- Education
- Emergency & First Responders
- Environment & Environmental Impact
- Ethics
- Family & Parenting
- Federal Government, Policy & Regulations

- Fitness Apps
- Fitness Industry
- Food, Diet & Nutrition
- Free Speech
- Global Politics
- Gun Legislation
- Gun Violence
- Hazardous Materials
- Health & Fitness
- Health & Wellness
- Health Care
- Human Rights
- Infectious Disease
- Invasive Species
- Jails & Prisons
- Kidney Disease
- Local Government
- Manufacturing & Industry
- Mass Shooting
- Mental Health
- Mental Illness
- Military & War
- National Security
- Natural Disasters
- Organ Donors &
 - Transplants
- Organ Shortage Crisis
- Patient Safety
- Pets & People

- Physical Health
- Police & Law Enforcement
- Political Strategy
- Pollution
- Ponds & Lakes
- Pregnancy & Expecting Mothers
- Prevention
- Prosecution
- Public Health
- Public Safety
- Recycling
- Rehabilitation
- Research & Research Funding
- School Shooting
- Social Media
- Sociology
- Sports & Safety
- State Government
- Technology
- Vaccination
- Vulnerable Populations
- Waste Disposal & Landfills
- Xenotransplantation



Program 22-01	Executive Producer:		Reed Pence
Air Week:	Production Manager:		lason Dickey
1/2/22			
SEGMENT 1:	HOARDING DISORDER: MORE THAN JUST TOO MUCH JUNK	Time	Duration
Synopsis:	Hoarding disorder affects at least five percent of Americans, and despite TV programs showing its effects, it is still widely misunderstood. Experts discuss the danger hoarding poses to others, including neighbors, children, and first responders; why those with the disorder are so attached to things; and the right and wrong ways to address the problem.	1:50	12:20
Host & Producer:	Reed Pence		
Guests:	Dr. Carolyn Rodriguez, Associate Professor of Psychiatry and Behavioral Sciences, and Associate Dean for Academic Affairs, Stanford University School of Medicine; Elaine Birchall, social worker specializing in hoarding disorder and co-author of <i>Conquer the Clutter: Strategies to Identify, Manage and Overcome Hoarding</i>		
Compliancy issues:	Children and Youth at Risk, Mental Health, First Responders, Family Issues, Public Safety		
Links:	Carolyn Rodriguez – Stanford University profile		
	Birchall Consulting		
SEGMENT 2:	DEALING WITH LIFELONG DISEASE	Time	Duration

SEGMENT 2:	DEALING WITH LIFELONG DISEASE	Time	Duration
Synopsis:	Life-threatening, lifelong chronic diseases from infancy are at the top of the list of medical challenges. A woman who has dealt with cystic fibrosis her entire life discusses how mindset is often the biggest factor in living a full life with such a disease, and sets out her recipe for shoring up one's approach. Developing a chronic disease in your 30s or 40s strikes a lot of people as unfair. The deck seems stacked against someone like that. But what happens when you're diagnosed with a lifelong chronic disease almost at birth? That's what happened to Mary Elizabeth Peters, a theater artist and patient advocate in Boston.	15:12	7:43
Host:	Nancy Benson		
Producer:	Bridget Killian		
Guests:	Mary Elizabeth Peters, author of <i>Don't Let Them Kill You: 10 Rules for Navigating Chronic Illness In the Age of Infinite Intervention</i>		
Compliancy issues:	Mental Health, Consumerism, Health Care, Children and Youth at Risk, Public Health		

Links:

maryelizabethpeters.com



Program 22-02	Executive Producer:	Reed Pence	
Air Week:	Production Manager:	Jaso	on Dickey
1/9/22			
SEGMENT 1:	SEGMENT 1: CAN 911 RESPOND TO MENTAL HEALTH CRISES?	Time	Duration
Synopsis:	Up to 15% of calls to 911 involve people having a mental health breakdown, yet many call centers, especially in rural areas, have no one with any training on what to do or who to dispatch in those cases. Typically they send police, who may also have no training on how to handle mental health crises and may inflame the situation. Experts discuss why this happens and how communities can respond better.	1:50	12:15
Host & Producer:	Reed Pence		
Guests:	Dr. Adam Vaughan, Assistant Professor of Criminal Justice and Criminology at Texas State University; Tracy Velazquez, Manager, Public Safety Research, Pew Charitable Trusts		
Compliancy issues:	Police, Criminal Justice System, Mental Illness, Emergency and First Responders, Economics, 911, Mental Health, Local Government, Public Safety, Jails and Prisons		
Links:	Dr. Adam David Vaughan – Texas State University Faculty Profile		
	<u>Dr. Vaughan on Twitter</u>		
	<u>Tracy Velazquez, MS, MPA – Women's Media Center</u>		
SEGMENT 2:	CHILDREN'S "PSYCHOTIC-LIKE EXPERIENCES	Time	Duration
Synopsis:	Children and young adolescents may experience perceptual distortions or strange thoughts, but if they become frequent and disruptive, they can be an early tip-off to serious future mental health distress. An expert discusses this new field of mental health research in adolescents.	15:07	7:53
Host:	Nancy Benson		
Producer:	Polly Hansen		
Guests:	Dr. Nicole Karcher, Instructor, Department of Psychology, Washington University, St. Louis		
Compliancy issues:	Education, Public Health, Mental Health, Children and Youth at Risk		
Links:	Nicole Karcher – Psychiatry		



Program 22-03	Executive Producer:	Ree	d Pence
Air Week:	Production Manager:	Jaso	on Dickey
1/16/22			
SEGMENT 1:	WEATHER DISASTER CLEANUP: COSTLY & INEFFICIENT, BUT NECESSARY	Time	Duration
Synopsis:	Severe life-threatening weather, such as the rare December tornadoes that tore through Kentucky and other states in December 2021, will likely become more frequent with climate change. Experts discuss the difficulties in cleaning up large scale disasters and how planning could improve the results cheaply.	1:50	12:05
Host & Producer:	Reed Pence		
Guests:	Dr. Sybil Derrible, Professor of Urban Engineering, University of Illinois at Chicago; Dr. Nazli Yesiller, Director, Global Waste Research Institute, California Polytechnic State University		
Compliancy issues:	Waste Disposal and Landfills, Natural Disasters, Pollution, Hazardous Materials, Climate Change, Local and State Government, Environment, Recycling		
Links:	Sybil Derrible		
	Director - Global Waste Research Institute - Cal Poly, San Luis Obispo		
SEGMENT 2:	THE LINK BETWEEN OBESITY AND CANCER	Time	Duration
Synopsis:	Studies are finding that obesity significantly increases a person's risk for a variety of cancers. However, not all forms of fat carry equal risk. An expert discusses who is more at risk and why.	14:55	7:26
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Anthony Perre, Chief, Department of Outpatient Medicine, Cancer Treatment Centers of America		
Compliancy issues:	Health Care, Public Health, Consumerism		
Links:	Anthony Perre, MD Internal Medicine Atlanta, Ga CTCA		



Program 22-04	Executive Producer:	Ree	d Pence
Air Week:	Production Manager:	Jason Dickey	
1/23/22			
SEGMENT 1:	THE SLEEPIEST WORKERS? YOUR LOCAL POLICE	Time	Duration
Synopsis:	Studies show that law enforcement is the most sleep deprived of all professions, with potentially damaging and even fatal consequences for decision-making and reaction time, as well as long-term health damage. Experts discuss the unique challenges in having a poorly rested police force and in fixing it.	1:50	12:54
Host & Producer:	Reed Pence		
Guests:	Dr. Jagdish Khubchandani, Professor of Health Science, Ball State University; Dr. John Violanti, Research Professor Of Epidemiology and Environmental Health, University at Buffalo		
Compliancy issues:	Police and Law Enforcement, Local Government, Public Safety, Police, Public Health		
Links:	Dr. Jagdish Khubchandani New Mexico State University		
	John Violanti: Faculty Expert on Police Stress - University at Buffalo		
SECRATINE 3.	DET FOOD, NOT AS SIMPLE AS MOST DEODLE THINK	Time	Duration
SEGMENT 2:	PET FOOD: NOT AS SIMPLE AS MOST PEOPLE THINK	Time	Duration
Synopsis:	A growing number of pet owners are tempted to put their dog or cat on vegan, gluten-free or raw diets. An expert pet nutritionist and veterinarian discusses what pets should and shouldn't eat to be healthy.	15:46	6:28
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Valerie Parker, Associate Professor of Veterinary Clinical Sciences, The Ohio State University Veterinary Medical Center		
Compliancy issues:	Diet and Nutrition, Pets and People, Food and Nutrition		
Links:	Valerie Parker College of Veterinary Medicine		



Program 22-05	Executive Producer:	Reed Pence	
Air Week:	Production Manager:	Jaso	on Dickey
1/30/22			
SEGMENT 1:	KIDS WHO'VE LOST PARENTS TO COVID	Time	Duration
Synopsis:	New estimates show that more than 167,000 children under 18 (a number growing rapidly) have lost a parent or major caregiver to Covid-19. Psychologists say deaths under such circumstances are also much more difficult for survivors to adjust to and will have a major impact on the US. Experts discuss how these "forgotten grievers" are coping and what actions might help ease the impact on them and to the nation.	1:50	11:23
Host & Producer:	Reed Pence		
Guests:	John Bridgeland, co-founder and CEO, Covid Collaborative; Dr. Dan Treglia, Associate Professor of Practice, University of Pennsylvania School of Social Policy and Practice		
Compliancy issues:	Charitable Organizations, Health Care, Diversity, Federal Government, Children and Youth at Risk, Federal Government and Policy, Education, Family and Parenting, Economics		
Links:	Dan Treglia, PhD, MPP - School of Social Policy & Practice		
	Our Staff Civic		
SEGMENT 2:	HOW WARFARE DESTROYS HEALTHCARE	Time	Duration
Synopsis:	According to the Geneva Convention and other agreements, health facilities and workers are supposed to be protected from the violence of war. However, they're targeted much more often than most people know. A noted expert in the field discusses how this violence happens, its consequences, and how international organizations may be able to turn this trend around.	14:15	8:12
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Leonard Rubenstein, Professor of the Practice, Johns Hopkins Bloomberg School of Public Health and author of <i>Perilous Medicine: The Struggle to Protect Health Care From the Violence of War</i>		
Compliancy issues:	Charitable Organizations, Military and War, Health Care		
Links:	Perilous Medicine		
	Leonard Rubenstein, JD, LLM - Johns Hopkins Berman Institute of Bioethics		



Program 22-06	Executive Producer:	Reed Pence	
Air Week:	Production Manager:	Jasc	on Dickey
2/6/22			
SEGMENT 1:	PUNISHING COVID-LYING DOCTORS	Time	Duration
Synopsis:	There's a growing number of complaints to state medical boards regarding doctors lying about Covid-19 and vaccines. The doctors spreading misinformation are not always reprimanded by state medical boards and are allowed to continue voicing the misinformation. They cite freedom of speech as a defense, but other doctors say licensed professionals have an obligation to the truth. Experts explain the controversy.	1:50	13:17
Host & Producer:	Reed Pence		
Guests:	Dr. Brian Castrucci, President and CEO, De Beaumont Foundation; Dr. Humayun Chaudhry, President and CEO, Federation of State Medical Boards		
Compliancy issues:	Charitable Organizations, Children and Youth at Risk, Education, Public Health, Free Speech, Health Care, Federal Government and Policy		
Links:	Brian C. Castrucci - de Beaumont Foundation		
	Humayun J. Chaudhry DO, MACP, President and Chief Executive Officer		
	<u>Federation of State Medical Boards</u>		
SEGMENT 2:	NEEDLE PHOBIA	Time	Duration
Synopsis:	Some people who have not yet gotten the Covid vaccine are simply afraid of the needle. Bad childhood experience can keep people from receiving necessary medical treatments. A needle-phobic and a physician explain how parents should discuss injections with their children from a young age.	16:08	6:47
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Gary LeRoy, family physician and former president of the American Academy of Family Physicians; Laura Munoz, needle phobic		
Compliancy issues:	Public Health, Mental Health, Consumerism, Health Care, Children and Youth at Risk, Family and Parenting		
Links:	Gary LeRoy, M.D Community Health Centers of Greater Dayton profile		



Program 22-07	Executive Producer:	Reed Pence	
Air Week:	Production Manager:	Jasc	on Dickey
2/13/22			
SEGMENT 1:	CLIMATE CHANGE & NATIONAL SECURITY	Time	Duration
Synopsis:	The future of climate change impacts a lot more than our crops. Natural disasters and mass migrations of people threaten the health and safety of populations and governments around the world. Experts discuss how climate change creates economic, sociological, political, and military issues.	1:51	13:26
Host & Producer:	Reed Pence		
Guests:	Sherri Goodman, Senior Strategist, Center for Climate and Security and former First Deputy Undersecretary of Defense for Environmental Security; Dr. Teevrat Garg, Assistant Professor of Economics, School of Global Policy and Strategy, University of California, San Diego		
Compliancy issues:	Children and Youth at Risk, Political Strategy, Public Health, Sociology, Economics, National Security, Federal Government and Policy, Military, Climate Change		
Links:	Sherri Goodman		
	Teevrat Garg		
SEGMENT 2:	THE VEGAN FUTURE	Time	Duration
SEGMENT 2: Synopsis:	THE VEGAN FUTURE Some experts believe that the future of food is vegan. With the increasing effects of global warming, changes to farms are inevitable. Experts talk about why eating animals is inefficient, and why our planet won't be able to support it in the future.	Time 16:19	Duration 6:09
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Synopsis: Host: Producer: Guests:	Some experts believe that the future of food is vegan. With the increasing effects of global warming, changes to farms are inevitable. Experts talk about why eating animals is inefficient, and why our planet won't be able to support it in the future. Nancy Benson Reed Pence Dr. Roanne van Voorst, President, Dutch Futures Society and author of <i>Once Upon A Time We Ate Animals</i> Agriculture, Climate Change, Children and Youth at Risk, Public Health, Health and Wellness,		
Synopsis: Host: Producer: Guests: Compliancy issues:	Some experts believe that the future of food is vegan. With the increasing effects of global warming, changes to farms are inevitable. Experts talk about why eating animals is inefficient, and why our planet won't be able to support it in the future. Nancy Benson Reed Pence Dr. Roanne van Voorst, President, Dutch Futures Society and author of <i>Once Upon A Time We Ate Animals</i> Agriculture, Climate Change, Children and Youth at Risk, Public Health, Health and Wellness, Consumerism, Environmental Impact		



Program 22-08	Executive Producer:	Amirah Zaveri	
Air Week:	Production Manager:	Jasc	on Dickey
2/20/22			
SEGMENT 1:	CHILD DEVELOPMENT IN PANDEMIC	Time	Duration
Synopsis:	New research suggests the pandemic negatively affects child development. Many children born after the start of the pandemic score lower in child development than children born before. Researchers explain possible theories for these children's slower development scores.	1:50	12:07
Host:	Reed Pence		
Producer:	Kristen Farrah		
Guests:	Dr. Rebecca Jackson, Vice President of Programs and Outcomes for Brain Balance, Board Certified Cognitive Specialist; Dr. Morgan Firestein, Postdoctoral Research Fellow, Department of Psychology at Columbia University Medical Center; Kasey Baiter, mother		
Compliancy issues:	Public Health, Pregnancy and Expecting Mothers, Health Care, Family and Parenting, Charitable Organizations, Children and Youth at Risk, Education, Child Development		
Links:	Morgan Firestein Department of Psychology		
	About Dr. Rebecca Jackson I Brain Balance Achievement Centers		
SEGMENT 2:	SEASONAL AFFECTIVE DISORDER	Time	Duration
Synopsis:	Seasonal Affective Disorder can occur any time of year but is most prevalent during the winter months. SAD can develop into non-seasonal major depression if left untreated. An expert gives advice on how to combat SAD and reduce the risk of getting it next year.	14:59	8:06
Host:	Nancy Benson		
Producer:	Kristen Farrah		
Guests:	Dr. Elias Shaya, Regional Medical Director for Behavioral Health Services, MedStar Health Kaelyn Adams, suffers with Seasonal Affective Disorder, Owner, Barre Evolution Fitness		
Compliancy issues:	Public Health, Mental Health, Depression, Consumerism, Physical Health, Health Care, Health and Fitness, Children and Youth at Risk		
Links:	Implementing prevention of seasonal affective disorder from patients' and physicians' perspectives BMC Psychiatry		
	Elias K. Shaya, MD Psychiatry MedStar Health		
	Barre Evolution Fitness		



Program 22-09	Executive Producer:	Amirah Zaveri	
Air Week:	Production Manager:	Jasc	n Dickey
2/27/22			
SEGMENT 1:	WHY OMICRON COULD END THE PANDEMIC	Time	Duration
Synopsis:	Although the Omicron variant accounts for 99% of Covid cases in the U.S., it's far less lethal. Experts say this is the perfect combination that could bring us back to normalcy. It's likely that life with Covid will start to resemble how we handle the flu.	1:50	13:55
Host:	Reed Pence		
Producer:	Kristen Farrah		
Guests:	Dr. William Schaffner, Professor of Infectious Diseases and Preventative Medicine, Vanderbilt University Medical School; Dr. Iahn Gonsenhauser, Chief Quality and Patient Safety Officer, Ohio State University Wexner Medical Center		
Compliancy issues:	Covid-19 Pandemic, Children and Youth at Risk, Public Health, Infectious Disease, Consumerism, Vaccination, Patient Safety, Prevention		
Links:	William Schaffner, MD Department of Health Policy		
	William Schaffner, M.D vanderbilt.edu		
	<u>Iahn Gonsenhauser The Ohio State University Wexner Medical Center</u>		
	<u>Dr Iahn Gonsenhauser (@DrGTheMD) / Twitter</u>		
SEGMENT 2:	HOW LATER SCHOOL START TIMES AFFECT PARENTS AND STUDENTS	Time	Duration
Synopsis:	Sleep deprivation affects about three out of four teenagers in America. Inadequate sleep has been linked to depression, anxiety, weight gain, and worsened heart functioning. An expert shows through a case study how implementing later school start times allows students and parents to get more sleep.	16:47	6:23
Host:	Nancy Benson		
Producer:	Kristen Farrah		
Guests:	Dr. Lisa Meltzer, Pediatric Psychologist, National Jewish Health		
Compliancy issues:	Family Issues, Prevention, Children and Youth at Risk, Public Health, Mental Health, Physical Health, Schools and Education		
Links:	<u>Lisa J. Meltzer, PhD</u>		
	Amazon.com: Lisa J. Meltzer: Books, Biography, Blog, Audiobooks, Kindle		
	Impact of changing school start times on parent sleep - ScienceDirect		



Program 22-10	Executive Producer:	Amirah Zaveri	
Air Week:	Production Manager:	Jasc	on Dickey
3/6/22			
SEGMENT 1:	PIG ORGANS COULD SOLVE THE ORGAN SHORTAGE CRISIS	Time	Duration
Synopsis:	Thousands of people die each year due to the organ shortage crisis. Recently, doctors successfully transplanted pig kidneys into a brain-dead human for the first time in history. An expert discusses how pigs could be the future of human organ transplants.	1:50	13:03
Host:	Reed Pence		
Producer:	Kristen Farrah		
Guests:	Dr. Jayme Locke, Abdominal Transplant Surgeon and Director of the Comprehensive Transplant Institute, University of Alabama at Birmingham		
Compliancy issues:	Organ Transplants, Organ Donors, Vulnerable populations, Kidney Disease, Patient Safety, Xenotransplantation, Public Health, Ethics, Organ Shortage Crisis, Consumerism		
Links:	Jayme Locke - UAB Professor		
	Dr. Jayme Locke, MD, MPH - UAB Medicine - Kidney Transplant Surgery		
	UAB TEAM (@UAB_TEAM) on Twitter		
	<u>UAB announces first clinical-grade transplant of gene-edited pig kidneys into brain-dead human - UAB News</u>		
SEGMENT 2:	CAN WE TRUST COMPUTERS TO DRIVE OUR CARS?	Time	Duration
Synopsis:	Self-driving cars seem to be our future, but how safe are they? Researchers have identified 32 major impacts automated cars could have on public health, and 17 of them are negative. Experts discuss what a possible future of self-driving cars will look like.	15:56	7:04
Host:	Nancy Benson		
Producer:	Kristen Farrah		
Guests:	Dr. Soheil Sohrabi, Post-Doctoral Researcher, Texas A&M Transportation Institute; Dr. Dominique Lord, Professor of Civil and Environmental Engineering, Texas A&M		
Compliancy issues:	Automated Vehicles, Public Health, Physical Health, Traffic Safety, Air Pollution, Auto Safety, Public Safety		
Links:	Soheil Sohrabi - personal website		
	Soheil Sohrabi on Twitter (@sohrabisoheil)		
	Soheil Sohrabi, Ph.D Texas A&M Transportation Institute resume		
	Dominique Lord - Texas A&M Engineering biography		
	Soheil Sohrabi's Google Scholar page		
	Dominique Lord's Google Scholar page		



Program 22-11	Executive Producer:	Amir	ah Zaveri
Air Week:	Production Manager:	Jasc	on Dickey
3/13/22			
SEGMENT 1:	HOW FITNESS APPS CONTRIBUTE TO EATING DISORDERS	Time	Duration
Synopsis:	Fitness apps can be helpful, but for some people, obsessive meal tracking helped them develop an eating disorder. Experts talk about the slippery slope of the fitness industry and discuss proper recovery methods.	1:50	12:12
Host:	Reed Pence		
Producer:	Kristin Farrah		
Guests:	Dr. Kimberly O'Brien, Licensed Independent Clinical Social Worker, Boston Children's Hospital Female Athlete Program, Assistant Professor, Harvard Medical School; Dr. Miriam Rowan, Clinical Psychologist, Boston Children's Hospital Female Athlete Program, Instructor in Psychology, Harvard Medical School; Julia Maple, Fitness Influencer		
Compliancy issues:	Mental Health, Social Media, Consumerism, Rehabilitation, Sports and Safety, Patient Safety, Fitness Industry, Diet and Nutrition, Fitness Apps, Public Health, Technology, Eating Disorders		
Links:	Kimberly O'Brien, PhD, LICSW Researcher Boston Children's Hospital		
	Kimberly O'Brien (@khmobrien) on Twitter		
	About Dr. Rowan		
	Miriam Rowan, PsyD Boston Children's Hospital		
	@drmiriamrowan Instagram photos and videos		
	Watch juliam_fit's Newest TikTok Videos		
	@juliam_fit on Instagram		
SEGMENT 2:	WHY YOU SHOULD FLUSH YOUR GOLDFISH DOWN THE TOILET	Time	Duration
Synopsis:	Spring is a popular time for fish owners to get rid of their goldfish. Most people think that letting them loose in a pond is the best option, but you may want to rethink that. Experts discuss why goldfish should be flushed down the toilet instead of thrown into a neighborhood pond.	15:04	7:27
Host:	Nancy Benson		
Producer:	Kristin Farrah		
Guests:	Randy Anhorn, District Administrator for the Nine Mile Creek Watershed District, Minnesota; Jordan Wein, Environmental Scientist, WSB; Julie, former goldfish owner		
Compliancy issues:	Environment, Consumerism, Ponds and Lakes, Invasive Species, Animal Health, Ethics		
Links:	Our Staff - Nine Mile Creek Watershed District		
	Randy Anhorn on LinkedIn		
	Jordan Wein on LinkedIn		



Program 22-12	Executive Producer:	Amirah Zaveri	
Air Week:	Production Manager:	Jason Dickey	
3/20/22			
SEGMENT 1:	A LOOK AT THE BLOOD DIAMONDS HELPING FUND RUSSIA'S INVASION OF UKRAINE	Time	Duration
Synopsis:	Russia produces one-third of the world's rough diamonds. The Russian government owns 33% of Alrosa, a Russian company that owns 90% of Russia's diamonds. An expert discusses how a global embargo of Russian diamonds would send a strong economic message to its leaders.	1:50	11:05
Host:	Reed Pence		
Producer:	Kristin Farrah		
Guests:	Ian Smillie, Conflict Diamonds Expert, International Development Consultant, and author		
Compliancy issues:	Political Strategy, Manufacturing and Industry, Human Rights, Federal Government and Regulation, Global Politics, Children and Youth at Risk, Economic Sanction, Consumerism, Diamond Industry		
Links:	Ian Smillie OpenGlobalRights		
	Ian Smillie books and biography Waterstones		
	Kimberley Process		
SEGMENT 2:	WHY ASPD IS STILL A MYSTERY: THE DISORDER FORMERLY KNOWN AS SOCIOPATHY	Time	Duration
SEGMENT 2: Synopsis:	WHY ASPD IS STILL A MYSTERY: THE DISORDER FORMERLY KNOWN AS SOCIOPATHY Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research.	Time 13:56	Duration 9:15
	Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks		
Synopsis:	Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research.		
Synopsis: Host:	Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research. Nancy Benson		
Synopsis: Host: Producer:	Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research. Nancy Benson Kristin Farrah Dr. Donald W. Black, Associate Chief of Staff for Mental Health, Iowa City Veterans Hospital, Professor Emeritus of Psychiatry, University of Iowa, and author; Sarah Morris, Director of Adult Psychopathology and Psychosocial Treatment Development Research, National Institute of Mental		
Synopsis: Host: Producer: Guests:	Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research. Nancy Benson Kristin Farrah Dr. Donald W. Black, Associate Chief of Staff for Mental Health, Iowa City Veterans Hospital, Professor Emeritus of Psychiatry, University of Iowa, and author; Sarah Morris, Director of Adult Psychopathology and Psychosocial Treatment Development Research, National Institute of Mental Health (NIMH) Public Health, Clinical Research, Mental Health, Research, Public Safety, Children and Youth at Risk,		
Synopsis: Host: Producer: Guests: Compliancy issues:	Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research. Nancy Benson Kristin Farrah Dr. Donald W. Black, Associate Chief of Staff for Mental Health, Iowa City Veterans Hospital, Professor Emeritus of Psychiatry, University of Iowa, and author; Sarah Morris, Director of Adult Psychopathology and Psychosocial Treatment Development Research, National Institute of Mental Health (NIMH) Public Health, Clinical Research, Mental Health, Research, Public Safety, Children and Youth at Risk, Mental Illness, Research Funding		
Synopsis: Host: Producer: Guests: Compliancy issues:	Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research. Nancy Benson Kristin Farrah Dr. Donald W. Black, Associate Chief of Staff for Mental Health, Iowa City Veterans Hospital, Professor Emeritus of Psychiatry, University of Iowa, and author; Sarah Morris, Director of Adult Psychopathology and Psychosocial Treatment Development Research, National Institute of Mental Health (NIMH) Public Health, Clinical Research, Mental Health, Research, Public Safety, Children and Youth at Risk, Mental Illness, Research Funding Donald W. Black, MD CP/AACP Psychiatry Update Global Academy for Medical Education		



Program 22-13	Executive Producer:	Amirah Zaveri	
Air Week:	Production Manager:	Jason Dickey	
3/27/22			
SEGMENT 1:	WHO'S RESPONSIBLE FOR A MASS SHOOTING?	Time	Duration
Synopsis:	Even as many students switched to virtual learning, school shootings didn't stop. One recent school shooter used his parents' gun, and now they are facing charges for their role in the incident. Experts discuss how the accountability of mass shootings doesn't always just fall on the shooter.	1:50	12:18
Host:	Reed Pence		
Producer:	Kristin Farrah		
Guests:	Shavaun Scott, psychotherapist, author; Dr. Joyce White Vance, Professor, University of Alabama School of Law, Former U.S. Attorney, Northern District of Alabama		
Compliancy issues:	Ethics, Gun Legislation, Mass Shooting, Gun Violence, Criminal Justice System, Children & Youth at Risk, Prosecution, Prevention, Public Safety		
Links:	Joyce Vance University of Alabama School of Law		
	Joyce Alene (@JoyceWhiteVance) / Twitter		
	#SistersInLaw		
	P. Shavaun Scott		
	Shavaun Scott (@shavaunscott) / Twitter		
	P. Shavaun Scott - Home Facebook		
SEGMENT 2:	THE PROBLEM WITH A NEW ROAD PHENOMENON CALLED 'SUPER SPEEDING'	Time	Duration
Synopsis:	Less congested roads during the pandemic gave room for drivers to increase their speed, creating a whole new type of driving called 'super speeding'. The issue is that there's also been the largest number of car crash deaths since 2006. Experts talk about the dangers of speeding and how we can slow drivers down.	15:10	7:55
Host:	Nancy Benson		
Producer:	Kristin Farrah		
Guests:	Dr. Nichole Morris, Director, Human-First Research Lab, University of Minnesota; Dr. Colleen Peterson, Assistant Research Scientist, University of Michigan Transportation Research Institute		
Compliancy issues:	Public Safety, Speeding, Consumerism, Auto Safety and Highways, Prevention, Road Design, Public Health, Car Crash, Traffic Safety		
Links:	Nichole Morris, PhD (@NicholeLMorris) / Twitter		
	HumanFIRST Laboratory		
	Colleen M. Peterson		



Quarterly Report of Compliancy Issues & Programs List 2022-Q1 (January - March) Viewpoints Radio

- Addiction
- Aging
- Agriculture
- American History
- Ancient Civilization
- Archaeology
- Arts
- Astronomy
- Business
- Career
- Child Development
- Comedy
- Comics
- Communication
- Community
- Consumerism
- Cooking
- Criminal Justice
- Culture
- Diet
- Disease
- Diversity
- Domestic Policy
- Ecology
- Economics
- Education
- Emotional Wellness
- Employment Issues
- Entertainment
- Environment
- Exercise
- Feminism
- Film
- Financial Technology
- Fitness
- Food Production
- Food Shortages
- Global Affairs

- Government
- Health
- Health Policy
- Healthcare
- History
- Hobby
- Human Resources
- Illustration
- Industry
- Inequality
- Inflation
- Infrastructure
- Innovation
- Insurance
- Invention
- Labor
- Leadership
- Light Pollution
- Literature
- Manufacturing
- Mass Incarceration
- Media
- Medicine
- Mental Health
- Mobility
- Money Management
- Music
- Nonprofit Organizations
- Parenting
- Personal Finance
- Personal Growth &
 - Development
- Personal Interest
- Policy
- Politics
- Pop Culture
- Poverty
- Psychiatry

- Psychology
- Public Health
- Recidivism
- Retirement
- Science
- Self-Identity
- Sleep
- Social Equity
- Space Exploration
- Sports & Sports History
- Substance Abuse
- Supply Chain
- Sustainability
- Technology
- Transportation
- TV
- Urban Design & Development
- Waste Management
- Wildlife

Program 22-01	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week:	Production Manager: Jason Dickey		
1/2/22			
SEGMENT 1:	FINDING EMPLOYMENT AFTER INCARCERATION	Time	Duration
JEGINENT 1	THE LINE CONTINUE AND THE REPORT OF THE PARTY OF THE PART		Duration
Synopsis:	In the U.S., there are roughly 19 million people with felony convictions. For this population, finding stable work can be a tumultuous and draining process. Without a job, it can be all too easy to slide back into a past life and end up behind bars once again.	1:48	11:11
Host:	Gary Price		
Guests:	Beth Schwartzapfel, staff writer, <i>The Marshall Project</i> ; Jeffrey Korzenik, economic researcher, author, <i>Untapped Talent: How Second Chance Hiring Works for Your Business and the Community</i> .		
Issues Covered:	Human Resources, Mass Incarceration, Business, Criminal Justice, Inequality, Recidivism, Education, Poverty, Employment Issues		
Links:	Putting Humanity into HR Compliance: Try Second-Chance Employment		
	US Department of Education Announces It Will Expand the Second Chance Pell Experiment for the 2022-2023 Award Year		
	GettingTalentBackToWork.org		
	Second Chance Employment — Dave's Killer Bread		
	DKBF		
	Untapped Talent: How Second Chance Hiring Works for Your Business and the Community		
SEGMENT 2:	A SEASON OF SADNESS	Time	Duration
Synopsis:	Researchers estimate that around 10 million Americans suffer from seasonal affective disorder each year. We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support.	15:01	7:21
Synopsis: Host:	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these	15:01	7:21
	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support.	15:01	7:21
Host:	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson	15:01	7:21
Host: Guests:	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health.	15:01	7:21
Host: Guests: Issued Covered:	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health. Fitness, Sleep, Psychiatry, Psychology, Mental Health, Health	15:01	7:21
Host: Guests: Issued Covered:	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health. Fitness, Sleep, Psychiatry, Psychology, Mental Health, Health NIMH » Seasonal Affective Disorder	15:01	7:21
Host: Guests: Issued Covered:	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health. Fitness, Sleep, Psychiatry, Psychology, Mental Health, Health NIMH » Seasonal Affective Disorder Baker Street Behavioral Health About	15:01	7:21
Host: Guests: Issued Covered:	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health. Fitness, Sleep, Psychiatry, Psychology, Mental Health, Health NIMH » Seasonal Affective Disorder Baker Street Behavioral Health About Find a Therapist, Psychologist, Counselor - Psychology Today	15:01	7:21
Host: Guests: Issued Covered:	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health. Fitness, Sleep, Psychiatry, Psychology, Mental Health, Health NIMH » Seasonal Affective Disorder Baker Street Behavioral Health About Find a Therapist, Psychologist, Counselor - Psychology Today SAMHSA Behavioral Health Treatment Services Locator	15:01	7:21 Duration
Host: Guests: Issued Covered: Links:	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health. Fitness, Sleep, Psychiatry, Psychology, Mental Health, Health NIMH » Seasonal Affective Disorder Baker Street Behavioral Health About Find a Therapist, Psychologist, Counselor - Psychology Today SAMHSA Behavioral Health Treatment Services Locator National Suicide Prevention Lifeline		
Host: Guests: Issued Covered: Links:	We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. Marty Peterson Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health. Fitness, Sleep, Psychiatry, Psychology, Mental Health, Health NIMH » Seasonal Affective Disorder Baker Street Behavioral Health About Find a Therapist, Psychologist, Counselor - Psychology Today SAMHSA Behavioral Health Treatment Services Locator National Suicide Prevention Lifeline SPIDER-MAN'S BACK ONCE AGAIN The new film release, "Spider-Man: No Way Home" is a massive blockbuster hit. We discuss what makes these	Time	Duration



Program 22-02	Writers & Producers: Amirah Zaveri, Polly Hansen & Evan Rook		
Air Week: 1/9/22	Production Manager: Jason Dickey		
SEGMENT 1:	OUR RESILIENT FOOD SYSTEM & SUPPLY CHAIN	Time	Duration
Synopsis:	20 million people work within the food production industry in the U.S. The pandemic has altered this sector and resulted in many pressures placed on this population. This week – we highlight the people behind these various roles and the changing landscape of this 24/7 food supply chain.	1:47	9:09
Host:	Gary Price		
Guests:	Dr. Robyn Metcalfe, lecturer, College of Natural Sciences at the University of Texas at Austin and author, <i>Humans in Our Food</i> .		
Issues Covered:	Agriculture, Career, Food Shortages, Supply Chain, Food Production, Personal Finance		
Links:	Metcalfe, Robyn - Human Ecology - CNS Directory		
	Humans In Our Food by Robyn Metcalfe		
	Food prices are reportedly expected to rise again in January		
	Food Supply Chain USDA		
	The Great Shortage: Restaurants Struggle to Find Materials, Food, and, Most of All, Labor - Eater		
SEGMENT 2:	STARRY NIGHT: THE EFFECTS OF LIGHT POLLUTION	Time	Duration
Synopsis:	More than 80% of the world's population lives under light-polluted skies. Light pollution can impact sleep, health, and the environment. It also means the beautiful stars in our skies are clouded by the bright beams of lights all around us. We discuss the issue of light pollution and how stargazers can bring about change in their local communities.	12:55	9:10
Host:	Marty Peterson		
Guests:	Paul Bogard, author, <i>To Know a Starry Night</i> ; Bettymaya Foote, director, engagement, International Dark Sky Association.		
Issues Covered:	Light Pollution, Environment, Astronomy, Education, Culture, History		
Links:	International Dark-Sky Association		
	Light pollution map		
	Flipping the switch on light pollution – POLITICO		
	To Know A Starry Night — Paul Bogard		
CULTURE CRASH:	"SPIDER-MAN" NOSTALGIA	Time	Duration
Synopsis:	We rewind back to 2002 to the very first "Spider-Man" movie starring a young Tobey Maguire and Kirsten Dunst. The iconic film started it all and led to decades of spin-offs.	23:05	3:23
Host:	Evan Rook		
Issues Covered:	Film, Culture		



Program 22-03	Writers & Producers: Amirah Zaveri, Polly Hansen & Evan Rook		
Air Week: 1/16/22	Production Manager: Jason Dickey		
SEGMENT 1:	GET YOUR \$\$\$ IN ORDER	Time	Duration
Synopsis:	If an unexpected \$400 charge came up, it's estimated that 40% of Americans would struggle to pay this amount, according to data published in 2019 by the Federal Reserve. Life happens. Circumstances change. And that's why it is so important to be financially secure with savings, an emergency fund, investments and more. We speak with financial expert, Emily Guy Birken this week about how to start budgeting and saving.	1:47	10:35
Host:	Gary Price		
Guests:	Emily Guy Birken, financial expert, author of Stacked: Your Super Serious Guide to Money Management.		
Issues Covered:	Money Management, Economics, Personal Finance, Labor, Financial Technology		
Links:	Emily Guy Birken (@EmilyGuyBirken) / Twitter		
	emilyguybirken.com		
	Qube Money		
	Your Guide to How to Budget Money - NerdWallet		
SEGMENT 2:	AN ILLUSTRATOR'S ART	Time	Duration
Synopsis:	We speak with Tim O'Brien who has illustrated numerous magazine covers throughout the years. O'Brien discusses his career, the history of illustration and how the art form is used to convey a specific, singular moment or feeling that other mediums may not be able to capture.	14:24	7:40
Host:	Marty Peterson		
Guests:	Tim O'Brien, illustrator.		
Issues Covered:	Culture, Media, Career, Illustration, Arts, History, Comedy, Politics, Government		
Links:	Catalog of Portraits and Illustrations by Tim O'Brien for various magazines and publications		
	"The Story Behind TIME's Trump Chaos Cover" - TIME Magazine		
	@obrienillustration on Instagram		
CULTURE CRASH:	THE VIEWING EXPERIENCE	Time	Duration
Synopsis:	We binge and review some of the new movies we've missed in recent months, including a critique of "The Novice" and "Mass".	23:04	3:23
Host:	Evan Rook		
Issues Covered:	Culture, Film		

Program 22-04	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 1/23/22	Production Manager: Jason Dickey		
SEGMENT 1:	ADVANCEMENTS IN ANTI-AGING	Time	Duration
Synopsis:	By 2030, 74 million Baby Boomers in the U.S. will be 65 or older. As people age, this means bigger burdens on the healthcare system, senior housing and care. But, what if one day, we could slow down this process of biological aging? Two researchers from Northwestern University join us this week to share some of the latest innovations in the anti-aging field.	1:48	10:24
Host:	Gary Price		
Guests:	Dr. Douglas Vaughan, chair, Department of Medicine, Northwestern University Feinberg School of Medicine, inaugural director, Potocsnak Longevity Institute, Northwestern University Feinberg School of Medicine; Dr. Frank Palella, associate director, Potocsnak Longevity Institute, Northwestern University Feinberg School of Medicine, director, HIV & Aging Center, Potocsnak Longevity Institute.		
Issues Covered:	Technology, Health, Retirement, Aging, Medicine, Disease, Science		
Links:	Potocsnak Longevity Institute: Feinberg School of Medicine		
	Douglas E Vaughan : Faculty Profile		
	Frank J Palella: Faculty Profile		
	Resources Near You HHS.gov		
	Why these Amish live longer and healthier: an internal 'fountain of youth' - Northwestern Now		
	Metformin: A Potential Candidate for Targeting Aging Mechanisms		
SEGMENT 2:	A NEW PERSPECTIVE ON COOKING AT HOME	Time	Duration
Synopsis:	Ever find yourself staring at a recipe and feeling completely lost or overwhelmed? Us too. Cooking doesn't have to be this big production, but can instead be a time to unwind, experiment and not always aim for perfection. Cookbook author Leanne Brown joins us this week to unpack how to become a calmer cook this year by planning	14:14	8:24
	ahead and setting new expectations.		
Host:	ahead and setting new expectations. Marty Peterson		
Host: Guests:			
	Marty Peterson Leanne Brown, expert, food studies, cookbook author, Good Enough: Embracing the Joys of Imperfection and		
Guests:	Marty Peterson Leanne Brown, expert, food studies, cookbook author, Good Enough: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen.		
Guests:	Marty Peterson Leanne Brown, expert, food studies, cookbook author, Good Enough: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen. Mental Health, Health, Organization, Cooking, Diet, Literature		
Guests:	Marty Peterson Leanne Brown, expert, food studies, cookbook author, <i>Good Enough: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen</i> . Mental Health, Health, Organization, Cooking, Diet, Literature Good Enough: A Cookbook: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen		
Guests:	Marty Peterson Leanne Brown, expert, food studies, cookbook author, <i>Good Enough: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen</i> . Mental Health, Health, Organization, Cooking, Diet, Literature Good Enough: A Cookbook: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen Budget Bytes		
Guests:	Marty Peterson Leanne Brown, expert, food studies, cookbook author, <i>Good Enough: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen</i> . Mental Health, Health, Organization, Cooking, Diet, Literature Good Enough: A Cookbook: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen Budget Bytes	Time	Duration
Guests: Issues Covered: Links:	Marty Peterson Leanne Brown, expert, food studies, cookbook author, <i>Good Enough: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen.</i> Mental Health, Health, Organization, Cooking, Diet, Literature Good Enough: A Cookbook: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen Budget Bytes Good and Cheap (PDF)	Time 23:38	Duration 2:48
Guests: Issues Covered: Links:	Marty Peterson Leanne Brown, expert, food studies, cookbook author, Good Enough: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen. Mental Health, Health, Organization, Cooking, Diet, Literature Good Enough: A Cookbook: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen Budget Bytes Good and Cheap (PDF) BINGING THE ROM-COM SERIES "LOVE LIFE" The series, "Love Life" is a whimsical ride through the ups and downs of modern dating, relationships and finding		



Program 22-05	Writers & Producers: Amirah Zaveri, Polly Hansen & Evan Rook		
Air Week:	Production Manager: Jason Dickey		
1/30/22			
SEGMENT 1:	LIVING LIFE IN A 24/7 SOCIETY	Time	Duration
Synopsis:	We play many roles in life: coworker, manager, partner, parent, caregiver. The list is seemingly endless. It can be all too easy to get wrapped in these many roles and forget altogether about spending time on yourself as an individual. We speak with acclaimed writer and author, Eve Rodsky about the mental toll of our daily lives and how to get back to finding a balance.	1:48	9:08
Host:	Gary Price		
Guests:	Eve Rodsky, writer, author of Find Your Unicorn Space: Reclaim Your Creative Life in a Too Busy World.		
Issues Covered:	Mental Health, Self-Identity, Literature, Psychology, Parenting, Education		
Links:	Eve Rodsky (@eve_rodsky) / Twitter		
	Amazon.com: Find Your Unicorn Space: Reclaim Your Creative Life in a Too-Busy World: 9780593328019: Rodsky, Eve: Books		
	Work and Well-being 2021 Survey report		
SEGMENT 2:	A COMPREHENSIVE GUIDE TO FANDOM	Time	Duration
Synopsis:	What was your favorite comic book series, video game or card game growing up? Depending on your age, it could have been Magic: The Gathering, Batman or Minecraft. In fact, you still could be a fan of these no matter what your age is. This week – we discuss the vast world of fandom and just what it means to be a part of this community.	12:58	9:27
Host:	Marty Peterson		
Guests:	Amy Ratcliffe, managing editor, Nerdist, author of A Kids Guide to Fandom: Exploring Fan-Fic, Cosplay, Gaming, Podcasting and More in the Geek World!; Liana, high school senior, Chicago.		
Issues Covered:	Community, Parenting, Personal Interest, Technology, Hobby, Arts, Entertainment, Comics		
Links:	Amy Ratcliffe (@amy_geek) / Twitter		
	A Kid's Guide to Fandom: Exploring Fan-Fic, Cosplay, Gaming, Podcasting, and More in the Geek World!		
	Fandom		
CULTURE CRASH:	THE DEBUT OF "SHIVA BABY"	Time	Duration
Synopsis:	New writer & director Emma Seligman is generating a lot of buzz across Hollywood. This week, we discuss her debut film, "Shiva Baby" that's now streaming on HBO Max.	23:35	3:05
Host:	Evan Rook		
Issues Covered:	Culture, TV		



Program 22-06	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week:	Production Manager: Jason Dickey		
2/6/22			
SEGMENT 1:	SPIN, SWEAT, REPEAT: THE EVER-EVOLVING FITNESS INDUSTRY	Time	Duration
Synopsis:	It feels like the fitness market has more options than ever before. Between the rise of at-home fitness, traditional gyms and focused classes, consumers can pick and choose to workout whichever way they like. This week – we speak with two fitness experts about evolving trends in exercise and what's next.	1:47	9:39
Host:	Gary Price		
Guests:	Dr. David J. Miller, faculty member, School of Business, George Mason University; Dr. Glenn Gaesser, professor, exercise physiology, School of Health Solutions, Arizona State University.		
Issues Covered:	Business, Technology, Health, Fitness, Industry, Exercise, Community		
Links:	At-Home Fitness Poised to Grow Despite Peloton Slide, Analysts Say - Article published in Business Insider		
	Sweating Together Hardcover – May 24, 2022 Amazon.com Books		
	Miller, David J GMU School of Business		
	Glenn Gaesser - ASU College of Health Solutions		
SEGMENT 2:	THE HISTORY OF TIMEKEEPING	Time	Duration
Synopsis:	From sundials to mechanical clocks to atomic clocks, humans – throughout the centuries – have kept track of time using many different methods. Physics and astronomy professor Chad Orzel joins us this week to highlight just how much we rely on accurate clocks and how timekeeping technology has evolved across human history.	13:28	9:59
Host:	Marty Peterson		
Guests:	Chad Orzel, associate professor, physics and astronomy, Union College, author of <i>A Brief History of Timekeeping: The Science of Marking Time, From Stonehenge to Atomic Clocks</i> .		
Issues Covered:	Archaeology, Innovation, Culture, History, Ancient Civilization, Invention		
Links:	A Brief History of Timekeeping - BenBella Books		
	No. 120: Su-Sung's Clock		
	Chad Orzel (@orzelc) / Twitter		
	Chad Orzel Physics and Astronomy Union College		
CULTURE CRASH:	A NEW TAKE ON A POPULAR SERIES	Time	Duration
Synopsis:	The hit sitcom, "How I Met Your Mother" ran for nine seasons between 2005 and 2014. Now, producers are creating a new take on the original show with the launch of the series, "How I Met Your Father". We discuss if the new release is worth the hype.	24:27	1:59
Host:	Evan Rook		
Issues Covered:	Culture, TV		

Program 22-07	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 2/13/22	Production Manager: Jason Dickey		
2, 23, 22			
SEGMENT 1:	THE JOURNEY OF ADDICTION	Time	Duration
Synopsis:	Substance abuse, or addiction, is a national crisis that's only continuing to worsen as new drugs enter the market and treatment has been disrupted due to the pandemic. Recovering addict Dr. Carl Erik Fisher joins us to share his own story with addiction and what can be done to improve treatment.	1:47	9:36
Host:	Gary Price		
Guests:	Dr. Carl Erik Fisher, psychiatrist, assistant professor, Columbia University, author, <i>The Urge: Our History of Addiction</i> .		
Issues Covered:	Addiction, History, Mental Health, Substance Abuse, Medicine, Healthcare		
Links:	The Urge: Our History of Addiction Hardcover – January 25, 2022		
	Carl Erik Fisher, MD (@DrCarlErik) / Twitter		
	Carl E. Fisher, MD Columbia University Department of Psychiatry		
	FindTreatment.gov		
	SAMHSA's National Helpline		
SEGMENT 2:	THE MANY MODES OF TRANSPORTATION	Time	Duration
SEGMENT 2: Synopsis:	Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation.	Time 13:25	Duration 9:59
	Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote	-	
Synopsis:	Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation.	-	
Synopsis: Host:	Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation. Marty Peterson Dr. Susan Shaheen, professor, civil and environmental engineering at the University of California-Berkeley and	-	
Synopsis: Host: Guests:	Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation. Marty Peterson Dr. Susan Shaheen, professor, civil and environmental engineering at the University of California-Berkeley and co-director of Transportation Sustainability Research Center at the University of California-Berkeley.	-	
Synopsis: Host: Guests: Issues Covered:	Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation. Marty Peterson Dr. Susan Shaheen, professor, civil and environmental engineering at the University of California-Berkeley and co-director of Transportation Sustainability Research Center at the University of California-Berkeley. Infrastructure, Urban Design, Aging, Sustainability, Mobility, Environment, Transportation	-	
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Synopsis: Host: Guests: Issues Covered:	Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation. Marty Peterson Dr. Susan Shaheen, professor, civil and environmental engineering at the University of California-Berkeley and co-director of Transportation Sustainability Research Center at the University of California-Berkeley. Infrastructure, Urban Design, Aging, Sustainability, Mobility, Environment, Transportation Susan Shaheen Civil and Environmental Engineering The Best Cities for Cyclists - The New York Times	-	
Synopsis: Host: Guests: Issues Covered: Links:	Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation. Marty Peterson Dr. Susan Shaheen, professor, civil and environmental engineering at the University of California-Berkeley and co-director of Transportation Sustainability Research Center at the University of California-Berkeley. Infrastructure, Urban Design, Aging, Sustainability, Mobility, Environment, Transportation Susan Shaheen Civil and Environmental Engineering The Best Cities for Cyclists - The New York Times Susan Shaheen (@SusanShaheen1) / Twitter	13:25	9:59
Synopsis: Host: Guests: Issues Covered: Links:	Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation. Marty Peterson Dr. Susan Shaheen, professor, civil and environmental engineering at the University of California-Berkeley and co-director of Transportation Sustainability Research Center at the University of California-Berkeley. Infrastructure, Urban Design, Aging, Sustainability, Mobility, Environment, Transportation Susan Shaheen Civil and Environmental Engineering The Best Cities for Cyclists - The New York Times Susan Shaheen (@SusanShaheen1) / Twitter A FRESH TAKE ON "NIGHTMARE ALLEY" We discuss the new film, "Nightmare Alley" which is a remake of the 1947 film of the same title. It's filled with	13:25	9:59



Program 22-08	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 2/20/22	Production Manager: Jason Dickey		
SEGMENT 1:	FOSTERING CURIOSITY AND A GREATER PASSION FOR LEARNING EARLY ON	Time	Duration
Synopsis:	To fully understand many topics, experiences and encounters help to fully engrain what's being taught. We speak with an education expert and clinical psychologist this week about how to bring more curiosity, creativity and critical thinking to learning.	1:47	9:23
Host:	Gary Price		
Guests:	Dr. Joe Galasso, clinical psychologist, Baker Street Behavioral Health; Julie Bogart, home educator, mother, author, Raising Critical Thinkers: A Parent's Guide to Growing Wise Kids in the Digital Age.		
Issues Covered:	Parenting, Communication, Education, Technology, Child Development, Mental Health, Psychology		
Links:	Julie Bogart Author (@juliebravewriter) • Instagram photos and videos		
	Julie Bogart (@BraveWriter) / Twitter		
	Raising Critical Thinkers		
	Baker Street Behavioral Health About		
SEGMENT 2:	THE INTERESTING LEGACIES OF PAST U.S. PRESIDENTS	Time	Duration
Synopsis:	Ahead of Presidents Day on Monday, February 21, we highlight some of our past presidents and their accomplishments and failures. Ronald Gruner joins us this week to answer these questions and more.	13:12	10:17
Host:	Marty Peterson		
Guests:	Ronald Gruner, author, We the Presidents: How American Presidents Shaped the Last Century.		
Issues Covered:	American History, Literature, Politics, Government, Leadership, Culture, Domestic Policy		
Links:	We The Presidents		
	Amazon.com: We the Presidents: How American Presidents Shaped the Last Century		
	Presidents' Day 2022 - History, Date & Holiday		
CULTURE CRASH:	THIS YEAR'S BEST PICTURE NOMINEES	Time	Duration
Synopsis:	From Belfast to King Richard, we break down this year's highly anticipated list of Academy Award 'Best Picture' nominees. The Oscars will be held on March 27, 2022.	24:29	1:57
Host:	Evan Rook		
Issues Covered:	Culture, Film		



Program 22-09	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week:	Production Manager: Jason Dickey		
2/27/22			
SEGMENT 1:	THE COACHES THAT CHANGED THE GAME	Time	Duration
SEGMENT 1.	THE CONCILES THAT CHANGES THE SAME	Time	Duration
Synopsis:	Bowman was Phelps' longtime swimming coach who mentored Phelps since he was 11 years old. He was there every step of the way in Phelps' athletic career, crafting him into the Olympic swimming superstar he is today. It makes you wonder – where would many of the top athletes be today without the coaches who guided, motivated and supported them?	1:47	10:15
Host:	Gary Price		
Guests:	Justin Spizman, sportswriter, author of Coach: The Greatest Teachers in Sports and Their Lessons for Us All.		
Issues Covered:	Leadership, Sports, Culture, Career, Global Affairs, Sports History		
Links:	Coach by Justin Spizman Abbeville Press		
	4 Quotes From Olympic Coaches That Can Make You a Better Leader Inc.com		
	Vince Lombardi		
SEGMENT 2:	THE LARGER APPEAL OF "HARRY POTTER"	Time	Duration
Synopsis:	The Harry Potter series is one of the most beloved stories of all time, unlocking a world of wizarding magic, adventure and intrigue to millions of young readers. We discuss how its unconventional storyline and character development can shift thinking and teach real life lessons to young and old readers alike.	14:04	9:22
Host:	Marty Peterson		
Guests:	Amy Hogan, media manager, MuggleNet.com; Mimi Gladstein, English & Literature professor at University of Texas at El Paso, and author of the essay, Feminism and Equal Opportunity: Hermione and the Women of Hogwarts.		
Issues Covered:	Pop Culture, Literature, Child Development, Education, Feminism		
Links:	Top culture, Electricale, Clina Development, Education, Ferningsin		
LIIIK3.	MuggleNet		
LIIINS.			
LIIRS.	MuggleNet		
LIIIA3.	MuggleNet 1 Wizarding World Resource Since 1999 (@MuggleNet) / Twitter		
LIIRS.	MuggleNet 1 Wizarding World Resource Since 1999 (@MuggleNet) / Twitter Mimi Gladstein - UTEP Faculty Profile		
CULTURE CRASH:	MuggleNet 1 Wizarding World Resource Since 1999 (@MuggleNet) / Twitter Mimi Gladstein - UTEP Faculty Profile How Harry Potter changed the world - Vox	Time	Duration
	MuggleNet 1 Wizarding World Resource Since 1999 (@MuggleNet) / Twitter Mimi Gladstein - UTEP Faculty Profile How Harry Potter changed the world - Vox What we can learn from Hermione Granger, the smartest witch of her age	Time 24:26	Duration 2:00
CULTURE CRASH:	MuggleNet 1 Wizarding World Resource Since 1999 (@MuggleNet) / Twitter Mimi Gladstein - UTEP Faculty Profile How Harry Potter changed the world - Vox What we can learn from Hermione Granger, the smartest witch of her age NOSTALGIA OF MUSIC IN SUPER BOWL HALFTIME SHOW This year's Super Bowl halftime show featuring Eminem, Dr. Dre, Snoop Dogg and Mary J. Blige was an instant hit. It was a blast to the past and reinvigorated that the nostalgic music of our younger years will always hold a special		



Program 22-10	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 3/6/22	Production Manager: Jason Dickey		
SEGMENT 1:	URBAN WILDLIFE: AN INFLUX OF NEW NEIGHBORS	Time	Duration
Synopsis:	Countless different species of wildlife were driven out of cities centuries ago, but in recent decades have begun returning in greater numbers and adapting to the human-centric infrastructure. Two wildlife experts join us this week to highlight how we can both coexist in these settings.	1:47	10:49
Host:	Gary Price		
Guests:	Dr. Peter Alagona, associate professor, environmental studies, University of California – Santa Barbara, author of <i>The Accidental Ecosystem: People and Wildlife in American Cities</i> ; Dr. Stanley Gehrt, professor, wildlife ecology, The Ohio State University.		
Issues Covered:	Environment, Urban Development, Wildlife, Ecology, American History		
Links:	The Accidental Ecosystem by Peter S. Alagona - Hardcover - University of California Press		
	DNA Shows At Least Three Large Black Bears Are Breaking Into Tahoe Homes, Not Just 'Hank the Tank' Smart News Smithsonian Magazine		
	Peter Alagona Environmental Studies Program		
	Stanley D. Gehrt SENR		
	Urban Coyote Research Project		
SEGMENT 2:	THE PANG OF REGRET	Time	Duration
Synopsis:	Regret is an all-too-common feeling that's simply part of life, but it's what we learn from our mistakes that matters. Writer Daniel Pink joins us this week to break down the intricacies of this emotion and share how people can avoid self-pity and constructively move forward.	14:36	8:41
Host:	Marty Peterson		
Guests:	Daniel Pink, writer, author, The Power of Regret: How Looking Backward Moves Us Forward.		
Issues Covered:	Career, Mental Health, Emotional Wellness, Personal Growth and Development, Psychology, Communication		
Links:	Regret Psychology Today		
	The Power of Regret: How Looking Backward Moves Us Forward: Pink, Daniel H.: 9780735210653: Amazon.com: Books		
	Daniel Pink: Great Leaders Share Their Failures With Their Teams		
CULTURE CRASH:	NEVER GETTING TIRED OF THE FILM, "THE PRESTIGE"	Time	Duration
Synopsis:	The Prestige was released in 2006 and features some of Hollywood's biggest names, including Christian Bale, Hugh Jackman and Michael Caine. We discuss why it's a remarkable movie that never gets old watch after watch.	24:17	2:09
Host:	Evan Rook		
Issues Covered:	Culture, Film		

Duration
9:34
Duration
Duration 9:56
9:56
9:56

Program 22-12	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 3/20/22	Production Manager: Jason Dickey		
SEGMENT 1:	THE EXPANDING LANDFILL IN SPACE	Time	Duration
Synopsis:	From weather forecasting to cellular coverage to global imaging, we heavily rely on space satellites in our day to day lives. We discuss the serious issue of human-created space debris and what's being done to curb this problem before it reaches catastrophic levels.	1:47	8:43
Host:	Gary Price		
Guests:	Dr. Jonathon McDowell, astronomer, astrophysicist, Center for Astrophysics at Harvard and the Smithsonian; Dr. Moriba Jah, associate professor, aerospace engineering, engineering mechanics, University of Texas – Austin, cofounder, chief scientist, Privateer Space.		
Issues Covered:	Environment, Waste Management, Space Exploration, Science, Technology		
Links:	Center for Astrophysics (Harvard & Smithsonian) - Jonathan McDowell		
	Jonathan McDowell (@planet4589) / Twitter		
	Moriba K. Jah		
	mission.privateer.com		
	ClearSpace		
SEGMENT 2:	PAVING A NEW FUTURE FOR CLASSICAL MUSIC	Time	Duration
Synopsis:	Less than 2% of all classical musicians are African American. Two classical music experts join us this week to help us understand the barriers for entry into classical music and how those in the field are helping younger populations gain exposure and greater access to the genre.	12:33	10:57
Host:	Marty Peterson		
Guests:	Brendan Slocumb, professional violinist, music educator, author of <i>The Violin Conspiracy</i> ; Afa S. Dworkin, president, artistic director, Sphinx.		
Issues Covered:	Education, Career, Arts, Diversity, Music, Social Equity, Nonprofit, Literature		
Links:	Sphinx Organization		
	About Me — Brendan Slocumb		
	Classical Music Had A Race Problem 20 Years Ago. It Still Does Cognoscenti		
CULTURE CRASH:	THE DARKER "BATMAN"	Time	Duration
Synopsis:	"The Batman" starring Robert Pattinson has dominated box office charts the last couple of weeks. We discuss if the new take on the classic franchise is worth the hype.	24:30	1:57
Host:	Evan Rook		
Issues Covered:	Culture, Film		

Program 22-13	Writers & Producers: Amirah Zaveri & Evan Rook		
Air Week: 3/27/22	Production Manager: Jason Dickey		
SEGMENT 1:	CARING FOR AN AGING POPULATION	Time	Duration
Synopsis:	More than 54 million Americans ages 65 or older are living in the U.S. today. This accounts for almost 17 percent of the total population. This number is only set to rise over the next two decades as millions more baby boomers transition into this next phase of life. As this population further ages, many will require care. So often we talk about the healthcare system and the patients themselves, but what about the caregivers who provide these services? In many cases, this role falls on family members' shoulders, and for this group, it can be all too easy to quickly lose sight of personal health, wellness and relationships. We discuss the ups and downs of caregiving in a world that can feel isolating and hard to navigate.	1:47	9:33
Host:	Gary Price		
Guests:	Dr. Santo D. Marabella, author, Lessons of Caring: Inspiration and Support for Caregivers; Erik Stoll, co-director, America (film).		
Issues Covered:	Senior Care, Aging, Healthcare, Relationships, Health		
Links:	Family Caregiver Alliance		
	América – Documentary Film		
	AARP Resources for Caregivers and their Families		
	Caregiver Support USAGov		
	Family Caregiver Alliance		
SEGMENT 2:	WHEN THE GUILTY ARE MARKED AS INNOCENT	Time	Duration
SEGMENT 2: Synopsis:	WHEN THE GUILTY ARE MARKED AS INNOCENT Why do we believe one person but believe another is lying? This week, author Sarah Weinman joins us as we discuss the story of one American man in the 1950's who was able to dupe millions and get released from prison.	Time	Duration 9:58
	Why do we believe one person but believe another is lying? This week, author Sarah Weinman joins us as we discuss		
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Synopsis: Host: Guests: Issues Covered: Links:	Why do we believe one person but believe another is lying? This week, author Sarah Weinman joins us as we discuss the story of one American man in the 1950's who was able to dupe millions and get released from prison. Marty Peterson Sarah Weinman, writer, author, Scoundrel: How a Convicted Murderer Persuaded the Women Who Loved Him, the Conservative Establishment, and the Courts to Set Him Free. Crime, History, Criminal Justice, Law, Psychology, Media Edgar Smith, Killer Who Duped William F. Buckley, Dies at 83 - The New York Times Scoundrel – HarperCollins Crime - The New York Times "HEAT WAVES": A SONG THAT SEEMS TO NEVER GO OUT OF STYLE The song, "Heat Waves" by the British indie pop rock band, Glass Animals continues to be a hit track almost two	13:22 Time	9:58 Duration
Synopsis: Host: Guests: Issues Covered: Links: CULTURE CRASH: Synopsis:	Why do we believe one person but believe another is lying? This week, author Sarah Weinman joins us as we discuss the story of one American man in the 1950's who was able to dupe millions and get released from prison. Marty Peterson Sarah Weinman, writer, author, Scoundrel: How a Convicted Murderer Persuaded the Women Who Loved Him, the Conservative Establishment, and the Courts to Set Him Free. Crime, History, Criminal Justice, Law, Psychology, Media Edgar Smith, Killer Who Duped William F. Buckley, Dies at 83 - The New York Times Scoundrel – HarperCollins Crime - The New York Times "HEAT WAVES": A SONG THAT SEEMS TO NEVER GO OUT OF STYLE The song, "Heat Waves" by the British indie pop rock band, Glass Animals continues to be a hit track almost two years after its release. We discuss its continued popularity and what else is worth a listen from Glass Animals.	13:22 Time	9:58 Duration