



5181 AMELIA EARHART DRIVE - SALT LAKE CITY, UTAH
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HEALTH CARE



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HEALTH

LOCAL MATTERS

Title: # 123
Air Date: July 1
Length: 30 minutes
Description: Host Danny Kramer chats with Dr. Patty Trela from the University Orthopedic Center about maintaining healthy bones.

LOCAL MATTERS

Title: #133 Eye Care for Kids / The lost Queen of Egypt
Air Date: September 9
Length: 30 minutes
Description: Host Danny Kramer talks with eye Care for Kids founder Joseph Carbone about the need for eye care in Utah's lower income families.

Danny Cramer also goes one on one with the archeologist who has discovered Egypt's Lost Queen, a female pharaoh who ruled over 6,000 years ago.

LOCAL MATTERS

Title: #135 Living With Alzheimer's
Air Date: September 23
Length: 30 minutes
Description: Host Danny Kramer talks with Utah care givers from the Silverado assisted living center to discuss the many choices people have when a loved one has Alzheimer's Disease.

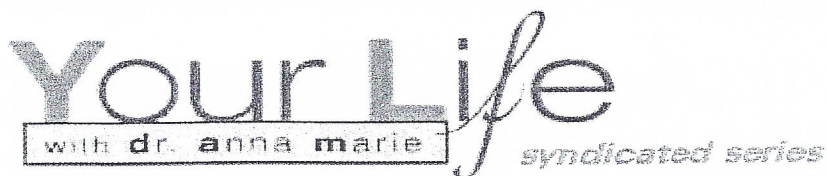


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HEALTH CARE ISSUES

FAITH & FAMILY REPORTS

Title: Health
Air Date: September 23
Length: 30 minutes
Description: The relationship between religious teachings and physical and mental health in individuals and families is the subject of this program. Discusses the specific teachings of religious groups that promote good physical health.

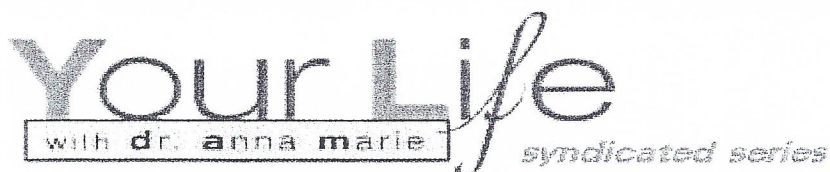


Air Date 7/29

Episodic Info Thirty Minute Show # 620

- About 12 million Americans, though many don't know it by it's medical name, deal with a condition known as Restless Legs Syndrome. See how one woman took control of this life disturbing condition.
- **Your Healthy Pet:** How water therapy is helping some dogs get back on their feet.
- **Your Healthy Home:** Stress relief in your very own backyard. Viewers learn how to create a healing garden in their own yard.
- **Your Life Story:** Doctor by day...jazz musician at night. How one psychiatrist is using music to de-stress.
- Do you feel overwhelmed by all the equipment at your gym? Fitness expert Kevin Makely gives us a crash course on how to correctly use those workout machines.
- **Reference Desk:** Living Well With Chronic Fatigue and Fibromyalgia.
- **Weekly Prescription:** How to start a simple weight loss workout routine.
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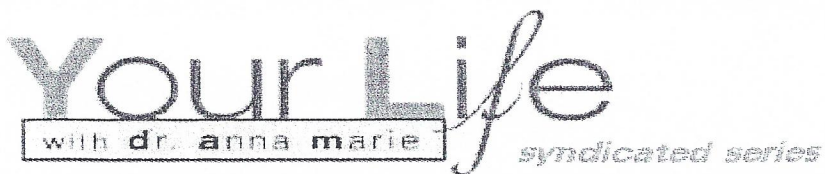


Air Date 8/5

Episodic Info Thirty Minute Show # 621

- **Your Healthy Home Segment:** Viewers learn how to incorporate the ancient Chinese art of placement, better known as Feng Shui, into their home and workplace.
- **Travel RX:** Whether you're traveling via train, plane or automobile, this week's Travel RX, teaches viewers how to avoid a blood clot in their leg.
- **Medical Capsule:** New study puts those elastic support stockings for post blood clot patients to the test.
- Latest non-invasive procedure to remove those unsightly bulging varicose veins.
- Fitness expert Kevin Makely shares with us the Top Ten Fitness Fumbles.
- **Your Life Story:** Life After A Heart Attack.
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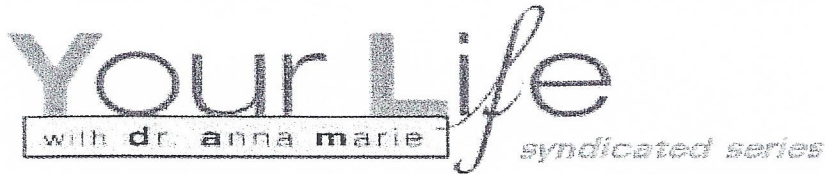


Air Date 7-1.
+
8/19

Episodic Info Thirty Minute Show # 623

- **Your Life Story:** Actress Kate Jackson speaks out about her battle with heart disease-plus, she has tips to make your refrigerator heart healthy!
- **Your Healthy Home:** A latest research on a vegetable you should stock in your refrigerator. The science behind broccoli-the powerful cancer fighting veggie!
- **Medical Capsule:** A new test that predicts a patient's response to chemotherapy.
- **Weekly Workout:** Some workout advice for the unfit!
- **Weekly Prescription:** Tips for Moms-To Be-key things to stay away from during pregnancy.

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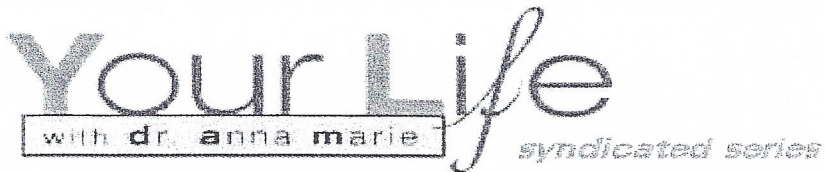


Air Date 7/8 +
8/26

Episodic Info Thirty Minute Show # 624

- **It's Your Life:** How a new ankle replacement procedure is allowing folks to be active again.
- **Your Healthy Home:** If your medicine cabinet is in your bathroom-then you don't want to miss this week's Your Healthy Home Segment. Learn some easy ways to prevent stale medications.
- **Medical Capsule:** Osteoporosis and Men-what you need to do to help the man in your life beat this brittle bone disease.
- **Sixty Second Spa:** It's been touted as the non-surgical facelift. What we're talking about is Thermage. See if this new procedure "really" works!
- **Weekly Workout:** Strengthen those shoulders! Tank tops are not the only reason to tone your shoulders. Because this joint moves in "so" many different ways-it's vulnerable to injury.
- **Weekly Prescription:** Why its so important for diabetics to pamper their feet!

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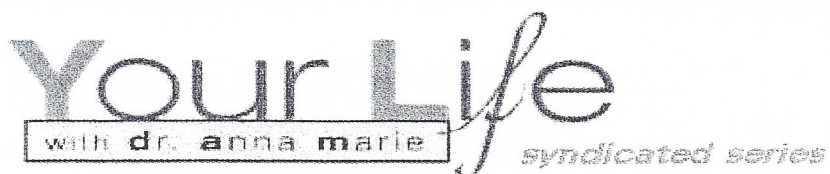


Air Date 7/5 &
9/2

Episodic Info Thirty Minute Show # 625

- **Your Life Story:** New Mini-Hip Replacement Surgery Has Dance Instructor Dancing again!
- **Medical Capsule:** New treatment option for patients battling a brain tumor. Also, the FDA puts it stamp of approval on new medication for nerve pain
- **Weekly Workout:** Got 18-minutes? Then we have the perfect cardio and strength training program for you!
- **Weekly Prescription:** Simple technique to get those five veggies into your daily diet!

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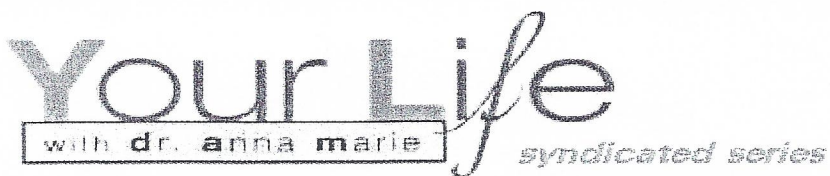


Air Date 7/22 &
9/9

Episodic Info Thirty Minute Show # 626

- **It's Your Life:** A new device is offering new hope to the 100-million Americans suffering from Chronic Pain--of which more than half are partially or totally disabled. On this week's Medical Capsule-a close look at a Pacemaker for chronic pain.
- **Your Life Story:** See how the adventure and peace of scuba diving is helping these cancer survivors strive to live their life to its fullest.
- One in ten, about 28 million Americans suffer from hearing loss, some celebrities are now speaking out on how they're benefiting from the new hearing technology.
- **Reference Desk:** The Johns Hopkins Family Health Book
- **Weekly Prescription:** A good reason to add a weight lifting routine to your workout

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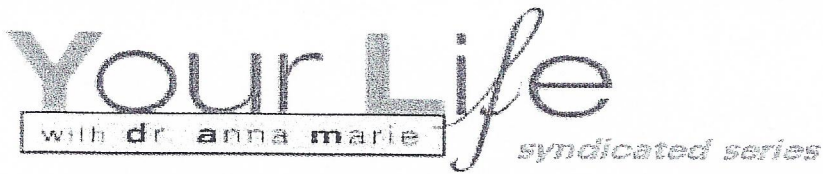


Air Date 9/16

Episodic Info Thirty Minute Show # 601

- Shirley Sellers life revolved around scuba diving-until an irregular heart rhythm halted this joy in her life. See how new medical technology has given Shirley back her passion to be in the water!
- In his short life-eight year old Dustin Phillips has already thrown the first pitch in a major league baseball game, fought cancer and won. On this weeks show-see how this amazing boy is helping other kids battle the disease.
- The Children's Center team at Hopkins performed more than 200 heart transplants over the last two decades-offering children their best chance for a normal and healthy life. On this week's Your Life Story, the Boehme family share their inspirational story on how the gift of life saved their three month old daughter Hannah.
- On this week's Your Healthy Pet-how the same traditional nursery music that's used to sooth babies in hospital intensive care units and over 3-million homes has been discovered to calm barking dogs in kennels, shelters and even at home.
- Pet owners who love their personal chiropractor are looking for veterinarians who can provide the same sort of relief to their pets. But, where does the line get drawn? Is a veterinarian qualified to practice chiropractic medicine and is a chiropractor qualified to practice on our pets?? We take a look at Chiropractic pet care.

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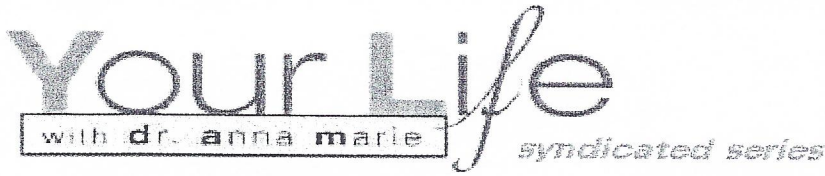


Air Date
9/23

Episodic Info Thirty Minute Show # 602

- See how a unique reading program that uses classic children's books and the magic of live horses is inspiring kids to learn to read and most importantly develop a passion for literature.
- A blood disorder left Cattle Rancher Lionel Coffey bedridden for weeks. On this week's show he shares his inspirational story with us on how he took control of his health and got back on the ranch again.
- When you hear the word BOTOX-you probably think of the cosmetic effects of this popular wrinkle eraser. But on this week's show-see how BOTOX helped NHL player Rem Murray hit the ice!
- He told us it was hip to be square...now Huey Lewis is saying it's hip to wear a hearing device.
- Teeth are probably the most overlooked part of your pet's body. On this week's Your Healthy pet-important dental tips for your furry friend to help them live a longer and healthier life.

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Air Date
9/30

Episodic Info Thirty Minute Show # 603

- Acne may be something most folks associate with young adults but did you know many adults in their 20's, 30's and 40's battle pesky pimples? On this week's show-some tips to help adults facing acne.
- Ready to put your best face forward? The latest in medical cosmetics when it comes to facial rejuvenation.
- New research shows research is not only good for your physical health but also your mental health. See how regular exercise is helping ward off dementia and Alzheimer's disease.
- Battling an aching back? Well, you may want to think about trying Yoga. That's right-see how this form of exercise may ease your pain.
- Are you and your family ready for a natural or man-made disaster? Some healthy tips to get your home ready if a disaster strikes.

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