

**2019-Q2 (April - June) Radio Health Journal
 Quarterly Report – Compliancy Issues & Programs List:**

Animals	Moral values
Bullying	Parenting issues
Child labor	Patient safety
Consumerism	Public health
Consumer safety	Rehabilitation
Contraception and family planning	Science and technology
Drug enforcement	Senior citizens
Economics	Social isolation
Education	Taxes
Elderly and senior citizens	Technology and health
Emergency response	Teen pregnancy
EMS and emergency response	Vaccination
Federal government and regulation	Volunteer organizations
Food and nutrition	War
Fraud	Women's issues
Gender roles	Workforce
Government and federal regulation	Youth at risk
Health care	
Individual rights	
Infant and maternal mortality	
Insurance	
Malnutrition	
Medicare and Medicaid	
Mental health	

Program Log for Radio Health Journal

Program	19-14	Producer	Reed Pence
Air Week	04/07 – 04/13/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:02	SEGMENT 1: EXAMINING “MEDICARE FOR ALL”	12:47	
Synopsis: Two Congressional plans, one from each side of the political spectrum, are competing to blow up the current healthcare system. Here experts examine one of them—the left’s bid to replace private insurers with a government-run single-payer plan labeled “Medicare for All.” Alternatives may include bolstering the Affordable Care Act, or getting rid of it completely.			
Host: Reed Pence. Guests: Dr. Paul Ginsburg, Director, USC-Brookings Schaeffer Initiative for Health Policy; Deborah Burger, RN, President, National Nurses United; Dr. Ken Thorpe, Prof. of Health Policy, Emory Univ.; Lauren Crawford Shaver, Exec. Dir., Partnership for America’s Health Care Future			
Compliance issues covered: health care; public health; federal government, legislation, and politics; consumerism; economics; taxes; Medicare and Medicaid; insurance			
Links for more information: https://www.centerforhealthjournalism.org/resources/sources/deborah-burger https://www.brookings.edu/experts/paul-ginsburg/ https://www.amazon.com/Maia-Szalavitz/e/B001ILFON8			
15:51	SEGMENT 2: SYMPTOM SEARCHING ON THE INTERNET	7:01	
Synopsis: One of the most popular searches on Google is for symptoms and what they mean. It’s created a much more well informed patient population, but one that may panic at the least pain or discomfort. Two experts discuss how to think of symptoms and how to search for them.			
Host: Nancy Benson. Guests: Dr. Paul Thomas, author, <i>The Addiction Spectrum: A Compassionate, Holistic Approach to Recovery</i> ; Dr. Christopher Kelly, Senior Clinical Fellow, Columbia Univ. Medical Center, co-authors, <i>Am I Dying: A Complete Guide to Your Symptoms and What to Do Next</i>			
Compliance issues covered: health care; technology and health			
Links for more information: https://amidying.com			

Program Log for Radio Health Journal

Program	19-15	Producers	Polly Hansen, Reed Pence
Air Week	04/14 – 04/20/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:03	SEGMENT 1: THE MIRACLE OF TRANSPLANTS	11:50	
Synopsis: Organ transplantation has dramatically changed lives and is raising hopes it could do even more for millions of people. But getting where we are has not been easy. A transplant surgeon traces the history of transplant research and notes the courage to fail among pioneering researchers and patients.			
Host: Reed Pence. Guests: Dr. Josh Mezrich, Assoc. Prof. of Surgery, Univ. of Wisconsin School of Medicine and Public Health and author, <i>When Death Becomes Life: Notes From a Transplant Surgeon</i>			
Compliance issues covered: health care; public health; technology			
Links for more information: https://www.surgery.wisc.edu/2019/01/07/a-qa-with-dr-josh-mezrich-author-of-when-death-becomes-life/			
14:55	SEGMENT 2: FRIENDS—THE MOST POWERFUL INFLUENCE OF OUR LIVES	7:41	
Synopsis: Research shows that friends are the most powerful people in our lives, influencing our behavior, attitudes and health even more than our parents or spouses. An expert discusses the many ways friends determine our destinies.			
Host: Nancy Benson. Guest: Carlin Flora, author, <i>Friendfluence: The Surprising Ways Friends Make Us Who We Are</i>			
Compliance issues covered: interpersonal relationships; family issues; technology			
Links for more information: http://www.amazon.com/Friendfluence-Surprising-Ways-Friends-Make-ebook/dp/B009UBQU04			

Program Log for Radio Health Journal

Program	19-16	Producer	Reed Pence
Air Week	04/21 – 04/27/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:01	SEGMENT 1: MENTAL HEALTH IN THE ER	21:45	
Synopsis: Many people having a mental health crisis go to the emergency room. However, ER’s are not well equipped to handle them, and many patients are boarded there for hours or even days without treatment. Experts discuss the reasons for the failure, the outcomes it produces, and solutions that have been successful in limited trials.			
Host: Reed Pence. Guests: Dr. Scott Zeller, Vice President of Acute Psychiatry, Vituity; Dr. Anne Zink, Medical Director for Emergency Medicine, Mat-Su Regional Medical Center, Palmer, AK			
Compliance issues covered: health care; public health; mental health; emergency response			
Links for more information: https://www.psychiatryadvisor.com/author/scott-zeller-md/ ; https://www.aliem.com/2017/08/anne-zink-healthy-in-em/			
15:49	SEGMENT 2: HEART DISEASE MISINFORMATION	6:45	
Synopsis: Heart disease is often preventable, but how people look at it often keeps them from doing as much about it as they could. Often this is a result of myth and misinformation. An expert physician discusses some of the most harmful of these myths.			
Host: Nancy Benson. Guest: Dr. Andrea Klemes, Chief Medical Officer, MD-VIP			
Compliance issues covered: health care; public health; food and nutrition			
Links for more information: https://www.mdvip.com/heart-attack-iq-quiz			

Program Log for Radio Health Journal

Program	19-17	Producers	Reed Pence, Polly Hansen
Air Week	04/28 – 05/04/2019	Studio Production	Jason Dickey
Time	Segment		Dur.
2:01	SEGMENT 1: PENICILLIN ALLERGY: NOT REALLY, MOST OF THE TIME		11:25
Synopsis: Millions of Americans believe they are allergic to penicillin. However, most of them are wrong. Experts discuss how these misdiagnoses happen and what results when so many of us avoid the most effective, yet cheapest antibiotic.			
Host: Reed Pence. Guests: Dr. David Khan, Prof. of Medicine, Univ. of Texas Southwestern Medical Center; Dr. Alan Frient and Dr. Jodi Zuckerman, otolaryngologists, North Shore Ear, Nose and Throat Associates, Highland Park IL			
Compliance issues covered: health care; economics; youth at risk			
Links for more information: http://profiles.utsouthwestern.edu/profile/13860/david-khan.html http://www.nsent.us/meet.html			
14:28	SEGMENT 2: UNRAVELING THE MYSTERY OF THE FLU		7:24
Synopsis: The flu’s unique ability to mutate makes it one of the toughest diseases to solve, as it evades vaccines and treatment. It also has a deadly history, which prompts fears each flu season. A noted expert discusses all about the flu and its myths.			
Host: Karen Hand. Guest: Dr. Jeremy Brown, Director of Emergency Care Research, National Institutes of Health and author, <i>Influenza: The Hundred-Year Hunt to Cure the Deadliest Disease in History</i>			
Compliance issues covered: health care; public health; vaccination			
Link for more information: https://www.nih.gov/news-events/news-releases/dr-jeremy-brown-direct-nih-office-emergency-care-research			

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Program Log for Radio Health Journal

Program	19-18	Producer	Reed Pence
Air Week	05/05 – 05/11/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
1:57	SEGMENT 1: HIGH DRUG PRICES LEAD TO DRUG MISUSE	12:48	
Synopsis: Millions of Americans cannot afford the medications they’ve been prescribed. Many skip doses, split pills or don’t fill prescriptions at all as a result, with sometimes even fatal consequences. But doctors are often unable to consider cost very well in prescribing, as the same drug often costs patients vastly different amounts due to insurance differences. Experts discuss the problem and what patients can do to save.			
Host: Reed Pence. Guests: David Mitchell, cancer patient, founder and President, Patients for Affordable Drugs; Dr. Stacie Dusetzina, Assoc. Prof. of Health Policy, Vanderbilt Univ.			
Compliance issues covered: health care; economics; insurance; federal government and regulation			
Links for more information: https://www.patientsforaffordabledrugs.org/about/our-team/ https://www.vumc.org/health-policy/person/stacie-b-dusetzina-phd			
15:47	SEGMENT 2: BRAIN ANEURYSM THROUGH THE EYES OF A SURVIVOR	7:08	
Synopsis: Brain aneurysms—bulging in a brain blood vessel, like an inflated balloon—affect 1 in 50 people and are generally without symptoms until they burst. This occurs in about 30,000 people per year in the US, accounting for 3-5 percent of all new strokes. Here is the story of one survivor in her own words.			
Host: Karen Hand. Guest: Janet Sutherland-Madden, brain aneurysm rupture survivor and author, <i>Nose Over Toes</i>			
Compliance issues covered: health care; public health; EMS and emergency response; rehabilitation			
Links for more information: https://eckhartzpress.com/author/janet-sutherland-madden/ https://bafound.org			

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Program Log for Radio Health Journal

Program	19-19	Producers	Reed Pence, Polly Hansen
Air Week	05/12 – 05/18/2019	Studio Production	Jason Dickey
Time	Segment		Dur.
2:05	SEGMENT 1: CANCER SUPPRESSION: LESSONS FROM PACHYDERMS		11:55
Synopsis: DNA mutations happen all the time in the body, but the immune system usually detects and deals with them. When the system fails, cancer results. Yet some animals, such as elephants, almost never get cancer, and scientists have learned that the elephant DNA repair system is 20 times more powerful than the human system. Experts explain how they hope to tap this knowledge.			
Host: Reed Pence. Guests: Dr. Joshua Schiffman, Prof. of Pediatrics, Univ. of Utah and investigator, Huntsman Cancer Institute; Dr. Vincent Lynch, Asst. Prof. of Human Genetics and Organismal Biology, Univ. of Chicago			
Compliance issues covered: health care; public health; animals			
Links for more information: http://healthcare.utah.edu/huntsmancancerinstitute/research/labs/schiffman/ https://lynchlab.uchicago.edu			
15:02	SEGMENT 2: RETHINKING DEMENTIA		8:01
Synopsis: Dementia has a much wider range than most people think, and people with dementia are usually functional for years. An expert discusses the course of the disease and how life can still be positive for years before it reaches the late, debilitating stage most people think of when they hear the word “dementia.”			
Host: Karen Hand. Guest: Dr. Tia Powell, Prof. of Psychiatry and Bioethics, Albert Einstein College of Medicine and author, <i>Dementia Reimagined: Building a Life of Joy and Dignity From Beginning to End</i>			
Compliance issues covered: health care; public health; aging and senior citizens			
Links for more information: https://www.tiapowellmd.com			

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Program Log for Radio Health Journal

Program	19-20	Writer/Producers	Reed Pence, Amirah Zaveri
Air Week	05/19 – 05/25/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
1:57	SEGMENT 1: CAN IUD’S AND OTHER CONTRACEPTIVES TRIGGER AUTOIMMUNE DISEASE	13:46	
Synopsis: Autoimmune diseases such as rheumatoid arthritis and lupus carry a genetic predisposition, but need an environmental trigger to take hold. Triggers are poorly understood, but some women claim their disease is a result of contraceptives, including birth control pills and IUD’s. Experts and one women suffering from autoimmune disease discuss the issue.			
Host: Reed Pence. Guests: Dr. Lisa Sammaritano, Assoc. Prof. of Clinical Medicine, Hospital for Special Surgery and Weill-Cornell Medical College; Dr. Kristen Demoruelle, Asst. Prof. of Medicine, Univ. of Colorado-Denver; Kristy Griffin, Hashimoto and Sjogren’s disease sufferer			
Compliance issues covered: health care; public health; women’s issues; contraception and family planning			
Links for more information: https://www.hss.edu/physicians_sammaritano-lisa.asp http://www.ucdenver.edu/academics/colleges/medicalschoo/departments/medicine/Rheumatology/Pages/Faculty_Pages/KristenDemoruelleMD.aspx			
16:46	SEGMENT 2: PREECLAMPSIA AND A NEW TEST FOR IT	6:12	
Synopsis: Preeclampsia, an irregularity in the placenta during pregnancy, is the leading cause of premature delivery worldwide, and causes nearly 20 percent of maternal deaths in the US. Little is known about its cause and how it can be treated, but an inexpensive new test could help flag those suffering from it and lessen complications. The test’s inventor discusses it and the disorder.			
Host: Nancy Benson. Guest: Dr. Kara Rood, maternal and fetal medicine specialist, Ohio State Univ. Wexner Medical Center.			
Compliance issues covered: health care; public health; women’s issues; infant and maternal mortality			
Links for more information: https://wexnermedical.osu.edu/find-a-doctor/kara-rood-md-49419			

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Program Log for Radio Health Journal

Program	19-21	Producer	Reed Pence, Polly Hansen
Air Week	05/26 – 06/01/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
1:57	SEGMENT 1: WEIGHT LOSS SURGERY FOR TEENAGERS	11:35	
Synopsis: The proportion of severely obese teenagers continues to rise. Doctors increasingly understand that only weight loss surgery is likely to help them lose weight and avoid health consequences of obesity. But teens are often held back until they’re so heavy that even bariatric surgery isn’t enough to return them to normal weight. Experts discuss.			
Host: Reed Pence. Guests: Dr. Thomas Inge, Chief of Pediatric Surgery, Children’s Hospital Colorado and Prof. of Surgery, Univ. of Colorado Denver; Dr. Fatima Cody Stanford, obesity medicine physician, Massachusetts General Hospital and Harvard Medical School; Dr. Meg Zeller, Prof. of Pediatrics, Cincinnati Children’s Hospital Medical Center			
Compliance issues covered: health care; public health; youth at risk; parenting issues; bullying			
Links for more information: http://www.massgeneral.org/doctors/doctor.aspx?id=19693 ; https://www.childrenscolorado.org/doctors-and-departments/physicians/i/thomas-inge/ ; https://www.cincinnatichildrens.org/bio/z/margaret-zeller			
14:34	SEGMENT 2: THE WORKINGS OF THE IMMUNE SYSTEM	8:38	
Synopsis: Many people may picture the immune system as the ruthless blaster of all foreign invaders, but a Pulitzer Prize-winning science writer says his research shows it prefers to get along with friendly invaders, saving its power for the truly dangerous ones. How does it know the difference? The writer discusses.			
Host: Nancy Benson. Guest: Matt Richtel, author, <i>An Elegant Defense: The Extraordinary New Science of the Immune System</i>			
Compliance issues covered: health care; science and technology; public health			
Links for more information: https://www.nytimes.com/by/matt-richtel			

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Program Log for Radio Health Journal

Program	19-22	Producer	Reed Pence, Annie Krall
Air Week	06/02 – 06/08/2019	Studio Production	Reed Pence
Time	Segment	Dur.	
2:02	SEGMENT 1: WHY PARENTS DON'T VACCINATE	13:06	
Synopsis: Measles had been declared eliminated in 2000, but has come roaring back because of the increasing number of people who have not been vaccinated. Parents may have legitimate fears of side effects, but claims vaccines are unsafe are not true. Experts discuss the complicated psychological reasons vaccine refusal exists despite this, and what may help change minds to promote public health.			
Host: Reed Pence. Guests: Dr. Julie Bettinger, Assoc. Prof. of Pediatrics, Vaccine Evaluation Center, Univ. of British Columbia; Dr. Mark Navin, Assoc. Prof. of Philosophy, Oakland Univ.; Kristen O'Meara, parent and former vaccine opponent; Avnika Amin, Rollins School of Public Health, Emory Univ.			
Compliance issues covered: health and medicine; public health; youth at risk; parenting issues; moral values			
Links for more information: https://www.spph.ubc.ca/person/julie-bettinger/ https://oakland.edu/cas/archive-temp/featured-faculty-profile/mark-navin https://www.scientificamerican.com/article/how-to-understand-and-help-the-vaccine-doubters/?redirect=1			
16:10	SEGMENT 2: EXCEPTIONAL BREASTFEEDING	6:59	
Synopsis: Most infants are breastfed in the US today, but breastfeeding often doesn't look the way most of us think of it, as a result of adoption, same sex marriage, and other changes in parenting. An expert discusses some of the hurdles and challenges to getting infants the best nutrition possible.			
Host: Nancy Benson. Guest: Dr. Kristin Wilson, Chair, Anthropology Dept.; Cabrillo College and author, <i>Others' Milk: The Potential of Exceptional Breastfeeding</i>			
Compliance issues covered: health care; public health; youth at risk; parenting issues; gender roles			
Links for more information: https://www.cabrillo.edu/salsa/listing.php?staffId=876			

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Program Log for Radio Health Journal

Program	19-23	Producer	Reed Pence, Polly Hansen, Annie Krall
Air Week	06/09 – 06/15/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:04	SEGMENT 1: LONELINESS IN THE ELDERLY	12:57	
Synopsis: Loneliness is increasing across all ages, but it’s especially noteworthy among seniors, and it can dramatically affect health. An expert geriatrician who has studied the effects of loneliness and the leader of an organization that provides friendly visitors to the isolated elderly discuss causes of increasing loneliness, its impact, and the effectiveness of visitor programs.			
Host: Reed Pence. Guests: Dr. Carla Perissinoto, Assoc. Chief for Clinical Programs in Geriatrics, Univ. of California, San Francisco; Janet Seckel-Cerrotti, Exec. Director, FriendshipWorks, Boston			
Compliance issues covered: health care; elderly and senior citizens; social isolation, volunteer organizations			
Links for more information: https://profiles.ucsf.edu/carla.perissinotto http://www.fw4elders.org https://mahealthyagingcollaborative.org/member-spotlight-janet-seckel-cerrotti/			
16:03	SEGMENT 2: WHY GOOD HEALTH CARE DOESN’T EQUAL GOOD HEALTH	6:51	
Synopsis: Many Americans believe if they have good health care, they’ll have good health. But many factors beyond medicine contribute to our level of health. A noted public health expert explains these factors, and why our own health is much more than an individual concern.			
Host: Nancy Benson. Guest: Dr. Sandro Galea, Dean, Boston Univ. School of Public Health and author, <i>Well: What We Need to Talk About When We Talk About Health</i>			
Compliance issues covered: health care; public health; economics; individual rights			
Links for more information: https://www.bu.edu/sph/profile/sandro-galea/ https://www.sandrogalea.org/about-meet			

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Program Log for Radio Health Journal

Program	19-24	Producer	Reed Pence, Regan Huston
Air Week	06/16 – 06/22/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:04	SEGMENT 1: LUNG CANCER AND ITS STIGMA	12:57	
Synopsis: Most forms of cancer have a built-in constituency of patients, loved ones, and concerned others. Lung cancer patients, instead, are often blamed for their own disease because of its frequent connection with smoking. Patients are often isolated, and research dollars lag behind other, less common cancer killers.			
Host: Reed Pence. Guests: Donna Fernandez, lung cancer patient; Carly Ornstein, National Director of Lung Cancer Education, American Lung Assn.			
Compliance issues covered: health care; public health; discrimination			
Links for more information: http://www.curetoday.com/articles/the-american-lung-association-seeks-to-end-stigma http://www.lung.org			
15:04	SEGMENT 2: TASTY FOOD VS. HEALTHY FOOD: FINDING A BALANCE	6:59	
Synopsis: Many Americans believe that healthy food doesn’t taste good, and tasty food isn’t healthy. A chef who is also a cardiologist discusses how to find a balance by seeking out healthy ingredients rather than whole categories of foods.			
Host: Nancy Benson. Guest: Dr. Michael Fenster, Prof. of Health Professions and Biomedical Sciences, Univ. of Montana and author, <i>Food Shaman: The Art of Quantum Food</i>			
Compliance issues covered: health care; public health; consumerism			
Links for more information: https://chefdrumike.com/home-page-tvdesign/about/			

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Program Log for Radio Health Journal

Program	19-25	Producer	Reed Pence, Annie Krall
Air Week	06/23 – 06/29/2019	Studio Production	Jason Dickey
Time	Segment	Dur.	
2:01	SEGMENT 1: GENERIC DRUG SAFETY	12:57	
<p>Synopsis: Since the 1980’s, almost all production of generic drugs has moved overseas, where FDA inspectors have a much tougher time making sure they’re following rules for safety. An investigative journalist describes the ways she’s found that many drug makers cut corners, putting safety at risk, and details what consumers can do to protect themselves.</p>			
<p>Host: Reed Pence. Guest: Katherine Eban, author, <i>Bottle of Lies: The Inside Story of the Generic Drug Boom</i></p>			
<p>Compliance issues covered: health care; public health; fraud; government and federal regulation; patient safety; consumer safety</p>			
<p>Links for more information: https://www.katherineeban.com/about</p>			
16:00	SEGMENT 2: THE STATE OF THE WORLD’S CHILDREN	6:59	
<p>Synopsis: Each year, the humanitarian organization Save the Children develops a nation-by-nation scorecard on how likely children are to grow up healthy, educated, and safe. The organization’s CEO discusses how most nations have improved the ways children are treated over the past generation, and why the US ranks 36th.</p>			
<p>Host: Nancy Benson. Guest: Carolyn Miles, CEO, Save the Children</p>			
<p>Compliance issues covered: health care; public health; youth at risk; education; teen pregnancy; malnutrition; war; workforce; child labor</p>			
<p>Links for more information: https://savethechildren.org</p>			

Program Log for Radio Health Journal

Program	19-26	Producers	Reed Pence, Morgan Kelly
Air Week	06/30 – 07/06/2019	Studio Production	Jason Dickey
Time	Segment		Dur.
2:04	SEGMENT 1: CBD—THE TRUTH ABOUT THE LATEST HEALTH CRAZE		12:51
Synopsis: Suddenly, cannabis-related, hemp-derived CBD is almost everywhere. CBD’s FDA status is murky, and we know very little about its benefits, thanks in part to its former place on DEA Schedule 1. How much has been proven about its supposed health qualities? What are the risks? Experts discuss in depth.			
Host: Reed Pence. Guests: Joanne, Florida RN and CBD user; Dr. Yasmin Hurd, Director, Addiction Institute, Icahn School of Medicine at Mt. Sinai, New York; Don Ballou, founder and CEO, CBD Essence Products; Dr. Tim Welty, Director, Research, Innovation and International Programs, College of Pharmacy and Health Sciences, Drake Univ.			
Compliance issues covered: health care; public health; government and regulation; patient safety; consumerism; consumer safety; drug enforcement			
Links for more information: https://icahn.mssm.edu/profiles/yasmin-hurd https://cbdessence.net/about/ https://theconversation.com/profiles/timothy-welty-463851			
15:57	SEGMENT 2: GENETIC AND GENOMIC TESTING		7:03
Synopsis: When most of us think of genetic testing for health, we imagine tests to detect whether we’ve inherited genes that predispose us for cancer or other serious disease. But another kind of gene testing—genomic testing of tumor cells for their susceptibility to targeted treatments—is giving thousands of people hope of survival they’ve never had before. Experts discuss both genetic and genomic testing.			
Host: Nancy Benson. Guests: Jhulianna Centron, Senior Product Specialist, 23andMe; Dr. Marcia Brose, Assoc. Prof. of Head & Neck Surgery, Univ. of Pennsylvania School of Medicine & Abramson Cancer Center			
Compliance issues covered: health care; public health; technology; consumerism			
Links for more information: https://blog.23andme.com/health-traits/people-want-to-know-about-potential-health-risks/ https://www.med.upenn.edu/apps/faculty/index.php/g275/p3096			

KKCY ISSUE RESPONSIVE PROGRAMMING SUMMARY 2nd QUARTER 2019

During the months of April, May and June 2019, station KKCY broadcast numerous programs that gave significant treatment to issues of concern and interest in the communities within our coverage area.

Water

- 4/1&2 – Oroville spillway to open tomorrow
- 4/4 – Oroville spillway update
- 4/8 – Significant Sutter County levee issue addressed
- 4/10 – Oroville spillway release update
- 4/10 – Marysville ring levee public meeting today
- 4/11 – Oroville spillway update
- 4/12 – Wildlife Conservation Board funds stream flow enhancement projects
- 5/1 – Yuba Water Agency receives national honor for Camptonville work.
- 5/1 – YWA helps speed up road work
- 5/2 – Yuba Water Agency annual power revenue numbers set all-time record
- 5/3 – final sierra snowpack survey of the season 188% of May 2nd average
- 5/7 – North Yuba water district customers urged to conserve
- 5/14 – CDFW awards millions to Sutter Butte Flood Control Agency
- 5/21 – Major South Sutter County levee project underway
- 5/31 – May 30th Sierra snowpack survey 196% of average
- 6/6 – Oroville dam spillway ready for more usage
- 6/28 – Oroville Dam scenic outlook to open for 1st time in almost 2 ½ years

Wildfire

- 4/5 – Wildland Urban interface drill in Nevada County

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- 4/9 – Arrest in Camp Fire victims' identity theft investigation
- 4/9 – Long-term Camp Fire healing initiative funded
- 4/9 – Paradise High School Principal resigns, cites housing
- 4/9 – Cause of 2017 Wall Fire determined
- 4/17 – More mid and north valley cities supporting Gallagher's Camp Fire housing measure
- 4/18 – Cal-Fire awards multi-million dollar safety grant to Butte County
- 4/19 – FBI now involved in Camp Fire criminal investigation
- 4/24 – Gallagher's Camp Fire housing measure moves forward
- 4/26 – FEMA housing setting up in Oroville
- 4/29 – Contractor to break ground on 1st home to be rebuilt in Camp Fire zone
- 4/29 – Cal-Fire/Butte County issuing burn permits
- 4/30 – Cause of Pawnee Fire determined
- 5/1 – Burn permits being offered in Yuba County
- 5/1 – North Valley Community Foundation grants another \$450,000 in Camp Fire relief
- 5/2 - 1st North State wildfire of the year 50% contained
- 5/8 – P.G.&E Board ordered to tour Paradise
- 5/9 – Camp Fire debris removal update
- 5/14 – Cal-Fire control-burn planned today in South Butte County
- 5/16 – P.G.&E equipment confirmed to have caused the Camp Fire
- 5/16 – Gallagher's Camp Fire housing bill continues to advance
- 5/17 – Cal-Fire/Butte County battles “mystery blaze” in Cohasset
- 5/22-24 – Paradise Irrigation District seeking water test volunteers
- 5/23 – P.G.&E will rebuild it's power lines underground in Paradise
- 5/24 – Paradise Medical Group reopens
- 5/28 – Cal-Fire control burn in Oroville today
- 6/3&4 – South Butte County training burns scheduled today (and tomorrow)
- 6/6 – Yuba City signs on for Gallagher Camp Fire housing bill
- 6/6 – Another control-burn scheduled in South Butte County

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- 6/10 – Control-burn for fireworks show
- 6/10 – P.G.&E initiates Public Safety Shutoff
- 6/10 – Sizeable weekend grass fire fought in west Sutter County
- 6/11 – Latest on the Sutter Buttes fire
- 6/11&12 – P.G.&E power shutoff meeting scheduled
- 6/12 – Latest on Guinda's Sand fire
- 6/13 – Sand fire near full containment
- 6/14 – Cal-Fire begins burn permit suspensions in Yuba & Nevada Counties
- 6/14 – South Butte County control-burn rescheduled
- 6/14 – Firefighters continue progress on Sand fire
- 6/19 – P.G.&E agrees to a billion dollar wildfire settlement
- 6/20 – P.G.&E shuts down permanently Camp Fire transmission line
- 6/20 – East Biggs control burn escapes
- 6/25 – Browns Valley area fire fought yesterday
- 6/25 – P.G.&E reports equipment damage during latest public safety shutdown
- 6/25 – Cal-OES wants more public safety shutdown warning from P.G.&E
- 6/26 – The repopulation of Paradise takes a sizeable jump
- 6/28 – Camp Fire rebuilding event this weekend

Economy

- 4/4 – New Colusa subdivision underway
- 4/5 & 8&9 – Hard Rock hiring events
- 4/17 – Average gas price hits \$4/gallon in California
- 4/22 – Yuba/Sutter unemployment rate up again
- 4/26 – 2018 shows significant increase in almond acreage
- 5/9 – California boosts recycling infrastructure to curb plastic & glass waste
- 5/15 – Decades-old Yuba City business & school closing
- 5/21 – Yuba/Sutter unemployment rate improves

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- 5/22 – Sutter County Ag Commissioner completes comprehensive economic impact study
- 5/23 – Wildlife Conservation Board awards a million ½ to Graylodge Wildlife Area
- 6/10 – Sierra Central Credit Union expanding
- 6/11 – Yuba/Sutter fireworks celebration returning after 18 year hiatus
- 6/25 – Yuba/Sutter's May unemployment rate encouraging
- 6/27 – Mechanics Bank acquisition of Rabobank moving forward
- 6/28 – A 55 year old Yuba City business is done

Health

- 4/4 – UC Davis: 200 may have been exposed to measles
- 4/4 – Sutter County celebrating Public Health Week
- 4/8 – Butte County confirms another measles case
- 4/16 – CDC sees surge in confirmed measles cases
- 4/19 - 7th measles case confirmed in Butte County
- 4/22 – Butte County measles cases up to 10
- 4/25 – Another measles case confirmed in Butte County
- 5/21 – Another Butte County measles case confirmed
- 6/5 – Another measles case confirmed in Butte County
- 6/12 – Mosquito spraying to minimize West Nile virus risk begins
- 6/17 – An Oroville High School student has died from meningitis

Drugs

- 4/8 – 2 arrests after hash oil lab explosion in Browns Valley
- 4/8 – Oroville man arrested for selling pot gummy bears at High School
- 4/25 – Meth/heroin arrests in Oroville
- 5/8 – Oroville traffic stop leads to heroin arrest
- 5/17 – Massive Dobbins pot grow eradicated
- 6/3 – Massive marijuana grow eradicated in Oregon House
- 6/13 – Massive marijuana grow eradicated in Oregon House

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- 6/17 – CDFW eradicates huge marijuana grow in Lake County
- 6/26 – Huge pot bust in Oregon House

Schools

- 4/1 – Lincoln Elementary evacuated after reports of shots fired
- 4/2 – Yuba City teachers reach tentative contract agreement
- 6/27 – A familiar face hired as Marysville's new Schools boss

Government

- 4/2 – Sutter County moves forward with temporary homeless shelter plans
- 4/5 & 8,9,10 – Sutter County joins Yuba County's Emergency Notification System
- 4/12 – Trouble on Oroville City Council
- 4/22 – More drama on Oroville City Council
- 4/24 – City of Wheatland working with State on alleged housing issues
- 4/24 – New park & bike track ok'd for west Yuba City
- 4/30 – Yuba City Fire Chief placed on leave
- 5/2 – Latest Yuba Water Agency (YWA) grant program benefits Foothill Fire District
- 5/3 – Fired Sutter County DA investigator files suit
- 5/3- Gallagher receives National Small Business award
- 5/13 – Gridley City Council needs new member following Frank Hall's death
- 5/16 – Sutter County Museum name officially changed
- 5/22 – Chico mayor served recall notice over Camp Fire Housing Emergency measure opposition
- 5/24 – City of Marysville passes event fee waiver policy
- 5/31 – Marysville's deadline to use or return Tony Hawk's \$10,000 skate board park grant has arrived
- 6/13 – Yuba County Supervisors a step closer to reducing downtown Marysville traffic congestion

- 6/13 – Casa de Esperanza rebuild postponed
- 6/18 – Yuba City Council weighing water rate increases tonight
- 6/26,27,28 – OPUD schedules public meetings ahead of park grant proposal

Law Enforcement

- 4/18 – Colusa County jail inmate dies
- 4/23 – Chico woman dies in Sutter County jail
- 5/7 – Yuba County DA concludes 13 month investigation into officer-involved shooting on E St.
- 5/14 – New Sutter County Sheriff reverses long-standing tattoo policy
- 6/5 – Officer-involved shooting in Gridley
- 6/6 – More details released in Gridley officer-involved shooting
- 6/19 – Annual Law Enforcement Torch Run for Special Olympics today
- 6/21 – Williams Police Dept. shake-up continues

5th St. Bridge Construction

- 5/9-15 - 5th St. bridge closed
- 5/16-24 - “
- 6/6-14 – River channel beneath 5th St. bridge closed to boat traffic

Miscellaneous

- 5/2 – Local priests on just-released abuse list

We covered these issues and concerns in the following ways:

- Locally produced newscasts, including weather and sports, are broadcast each Monday through Friday (except Memorial day) at 5a, 5:30a, 6a, 6:30a, 7a, 7:30a, 8a, and 8:30a.

Other general issues and concerns and how we address them;

-Employment;

Weekly, a representative from The Sutter County One-Stop (a government-funded employment and career center) comes in to record a 60 second feature called "Job Hotline". This airs, at no charge to the One-Stop, throughout all day-parts Monday through Thursday for a total of 24 plays. (Audio available through the calendar year on the KKCYN newsroom computer desktop in the folder labeled, "Job Hotline".)

Local non-profit fundraiser and awareness events:

These are covered in several formats;

1) Occasionally in news casts (particularly health events such as blood drives).

2) Public Service Announcements recorded by someone involved with the group or event in question. There are generally no fewer than 4 and no more than 10 of these 30 to 60 second free spots running in equal rotation throughout all dayparts for a total of 147 plays a week. (Audio of all PSA's is available through the calendar year on the KKCYN newsroom computer desktop in the folder labeled, "psa's").

3) Weekend Updates ("W's") are recorded by local announcers and air Thursday through Sunday, a total of 65 plays. (Audio is available through the week following their recording on the KKCYN computer cartwall in #'s 26033-26036)

2) Special Broadcast events.

These take the form primarily of live remote broadcasts and in-studio guests during Dave & Briggs In The Morning. This quarter, we broadcast, as we have each year since 2008, from the Annual Valley Muffler Rideout Cancer Center Car Show 6/15 from 11a-1p. We also broadcast from Yuba City City

Hall 6/28 from 11a-1p as part of the City's "Safe and Sane Fireworks campaign ahead of the Independence Day holiday.

In-studio guests this Quarter;

- 4/4 – Harmony Health Representatives
- 4/8 – Renee Charter, "Color it Blue For Natalie fundraiser
- 4/9,27 – Wally Alverado, TacoFest organizer
- 4/11 – J.J. Husky, YCDBA
- 4/18 – Robbie Jelsey, Grange Coop Yuba City Store Manager, Arbor Day giveaway
- 4/19 – (7:15a) Dr. Robert Mathews, Yuba College
(8:15a) Antonio Padrino, Padrino's Car Club (TacoFest)
- 4/22 – Janet & Kit Burton, Pioneer Day
- 4/23 – Cornejo Bros. Media, 530 Yuba City Sumer Stroll Talent Show
- 4/25 – Ouida Wakefield, Bike Around The Buttes
- 4/30, 5/6 – Stacey Runyen, President of "Back The Badge" (National Police Week)
- 5/1 – Rod Hiskin, Vintage Tractor Days
- 5/2 – The Cache Creek Band
- 5/8,6/21 – Rukshana Khan, Marketing Director of Children's Hope Foster Family Agency
- 5/9 – Jackie Lee & Russ Hogue, Yuba/Sutter Chamber of Commerce
- 5/10 – Mary Fezzi, Client Care Coordinator
- 5/14, 6/12 – Jessica Hougan, Curator-Director Sutter County Museum
- 5/15 – Pastor Michael Ciociolla, Calvary Christian Center (Annual Memorial Day Ceremonies)
- 5/16 – Chris Carothers, YCDBA (530 Talent Show)
- 5/17 – Jennifer Bell, debut CD release party
- 5/21 – Gentry Baker, Sieera View Cemetary Manager (Memorial Day ceremonies)

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- 5/23 – Melanie Little, Gridley Mom who put together a celebrity prom video for Paradise High School graduates
- 5/24,6/18 – Cathy Traynor, Agents of Change
- 5/30 – Tommy Linninger, Yuba/Sutter Gold Sox GM
- 6/10 – Paradise musician Nate Smith
- 6/11 – Sandee Drown & Crystal Martin, YCDBA
- 6/13 – Marysville PD Detective Zack LeMire and Reserve Officer Pablo Fishetti
- 6/14 – Dan Langlois, Owner & Ally Newtboom, business development Coordinator of Golden Valley Auto Body (presenters of the 20th Annual Valley Muffler “Driven for Cancer” Car Show)
- 6/19 – Katy Goodsen, Yuba City PD Community Policing Coordinator
- 6/20 – (7:15a) Michelle Downing & Russ Hogue, Yuba/Sutter Chamber Business Expo
(8:15a) DeeDee Brady (Saphire Media) and Marysville City Councilor Bruce Buttacavoli, Marysville Peach Fest
- 6/26 – DeDe Cordell & Brent Hastey, YWA
- 6/28 – DeeDee Brady & Kari Hauck, Marysville Peach Fest

Weather: We receive our forecasts from the National Weather Service, and deliver it in summarized form with station announcers at least twice an hour, every day including holidays and weekends.

Traffic;

We provide in-house-produced updates prior to each newscast through reports from local law enforcement, and from listeners verified through local law enforcement.

Animal Welfare;

Weekly, a representative from Sutter Buttes Canine Rescue (a local non-profit, no-kill animal shelter) comes in to record a 60 second feature called “Pet of the Week”. This airs, at no cost to the shelter, throughout all day-parts Monday through Thursday for a total of 26 plays. (Audio available through the calendar year on the KKCY newsroom computer desktop in the folder labeled, “Pet of the Week”).

Sports;

A local sports report follows each bottom of the hour newscast. Additionally, every other Monday, KKCY designates a local Team of the week culled from listener nominations. A recorded feature (60 seconds) airs honoring the team throughout the 2 week period for a total of 15 plays per week. (Audio available through the calendar year on the KKCY newsroom computer desktop in the folder labeled, “teamsoweeek”).

-Community Involvement;

Every other Tuesday, KKCY designates a local Community Hero culled from listener nominations. A recorded feature (60 seconds) airs honoring the hero for a total of 23 plays per week. (Audio available through the calendar year on the KKCY newsroom computer desktop in the folder labeled, “Community Hero”).

-General:

We broadcast 2, 30 minute programs from Media Tracks Communications of Des Plains, Illinois; “Viewpoints”, which airs every Sunday Morning at 6, and “Radio Health Journal” which follows at 6:30.

2019-Q2 (April-June) Viewpoints

Quarterly Report – Compliancy Issues & Program List

American culture

American history

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Program Log for *Radio Health Journal*

Art
Business
Careers
Child health/development
Climate change
Criminal justice
Culture
Death
Disaster
Discrimination
Diversity
Domestic violence
Economics
Education
Emotional grief
Environment
Entertainment
Entrepreneurship
Family and parenting issues
Feminism
Gender issues
Government
Health and wellness
Healthcare
Home improvement
Immigration
Inclusivity
Interpersonal relationships
Intellectual disabilities

Law
Literature
Media
Mental health
Mental illness
Music
Nationalism
Pop culture
Politics
Psychology
Public health/safety
Racism
Recreation
Religion
Science
Self-discipline
Sexual assault/abuse
Social media
Societal issues
Space Travel
Storytelling
Technology
Television
Terrorism
The Presidency
Trauma
Violence
Women's issues
Youth at risk

Program Log for Radio Health Journal

Program	19-14	Written & Produced	Polly Hansen, Evan Rook
Air Week	04/7 – 04/13/2019	Studio Producer	Jason Dickey
Time	Segment	Dur.	
1:47	SEGMENT 1: THE ROLE OF A LITERARY EDITOR	10:06	
Synopsis: You see authors thank their editors all the time in the acknowledgements section of a book. But exactly what does an editor do? We talk to an editor himself who explains to us what an editor does to get the book from a manuscript to the finished copy on store shelves.			
Host: Gary Price. Guests: Peter Ginna, literary editor and author, <i>What Editors Do</i>			
Links for more information: http://www.press.uchicago.edu/ucp/books/book/chicago/W/bo21439635.html			
Compliance Issues Covered: literature, careers, culture			
13:55	SEGMENT 2: GREENER GARDENING DURING CLIMATE CHANGE	9:10	
Synopsis: Gardeners always seek to get the most out of their plants, but some are finding that their plot of land doesn’t produce the way it used to because of wildly changing, extreme conditions—torrential rain, then drought, heat then cold. We talk to two experts who explain ways to increase your garden’s productivity, and how it can help combat climate change.			
Host: Marty Peterson. Guests: Lee Reich, author, <i>The Ever Curious Gardener: Using A Little Natural Science For A Much Better Garden</i> ; Ginny Stibolt, co-author, <i>Climate-Wise Landscaping: Practical Actions For A Sustainable Future</i>			
Links for more info: https://greengardeningmatters.blogspot.com/p/about.html http://www.leereich.com/books/the-ever-curious-gardener-using-a-little-natural-science-for-a-much-better-garden			
Compliance Issues Covered: environment; climate change; home improvement; gardening			
24:05	Culture Crash: Sketch Comic Becomes movies’ hottest horror director	2:19	
Synopsis: Jordan Peele used to be best known as a sketch comic, but his second film as a director, “Us,” is showing that the success of his first, “Get Out,” was no fluke.			

Program Log for *Radio Health Journal*

Host: Evan Rook

Compliance Issues Covered: media; culture; movies

Program Log for Radio Health Journal

Program	19-15	Written & Produced	Evan Rook and Pat Reuter
Air Week	04/14 – 04/20/2019	Studio Producer	Jason Dickey
Time	Segment	Dur.	
1:47	SEGMENT 1: REMOVAL OF CONFEDERATE STATUES	9:53	
Synopsis: Statues commemorating the Confederacy remain in some towns in the US South, though its principles promoting slavery and oppression of blacks are in disrepute. Some towns have removed these statues in the face of heavy opposition. A former Mayor of New Orleans describes how his thinking evolved toward a decision to remove the statues in his city, and the issues it brought forth.			
Host: Gary Price. Guests: Mitch Landrieu, former Mayor, New Orleans, LA, and author, <i>In the Shadow of Statues: A White Southerner Confronts History</i>			
Links for more information: https://www.nytimes.com/2018/03/25/books/mitch-landrieu-mayor-new-orleans-in-shadow-of-statues-interview.html			
Compliance Issues Covered: discrimination and racism; nationalism; history; societal issues			
13:42	SEGMENT 2: THE IMPORTANCE OF RECESS	9:11	
Synopsis: Recess helps kids unwind during the school day, but it’s much more than just a time to exercise. We talk to two recess “specialists” about the mental as well as the physical benefits of recess, and learn about some recess activities that help a child be more creative, more social as well as more physically active.			
Host: Marty Peterson. Guests: Dr. Gail Gross, psychologist specializing in child development and families, author of <i>How to Build Your Baby’s Brain</i> and <i>The Only Way Out is Through</i> ; Dan DiSorbo, co-author and illustrator of the book <i>Recess: From dodgeball to double-dutch: classic games for players of today</i> .			
Links for more info: www.drgailgross.com http://www.chroniclebooks.com			
Compliance Issues Covered: education; child health/development; recreation; mental health			
23:53	Culture Crash: THE INCREASING COST OF CUTTING THE CORD	2:32	
Synopsis: Streaming services are multiplying, and none of them carry everything. Many people are finding that satisfying their TV viewing desires through streaming services is getting as expensive as cable.			

Program Log for *Radio Health Journal*

Host: Evan Rook

Compliance Issues Covered: media; culture; economics; entertainment

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Program Log for Radio Health Journal

Program	19-16	Written & Produced	Evan Rook, Pat Reuter
Air Week	04/21 – 04/27/2019	Studio Producer	Jason Dickey

Time	Segment	Dur.
1:47	SEGMENT 1: THE GATEKEEPER: MISSY LeHAND AND FDR	10:14

Synopsis: Everyone knows about the presidency of Franklin D. Roosevelt, but not many know about the powerful and loyal confidant FDR relied on, Marguerite “Missy” LeHand. Our guest discusses the life and work of this remarkable woman and how she helped and influenced one of the greatest chief executives of our time.

Host: Gary Price. **Guests:** Kathryn Smith, author of *The Gatekeeper: Missy LeHand, FDR, and the untold story of the partnership that defined a presidency*

Links for more information:

www.margueritehand.com

<https://www.facebook.com/margueritehand/>

Compliance Issues Covered: government; women’s issues; the Presidency; American history

14:02	SEGMENT 2: THE LADY FROM THE BLACK LAGOON	8:38
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Synopsis: Horror movies are major box office. Some experts see the film “The Creature from the Black Lagoon” as a turning point. One reason is the Gill Man character, created by an often-overlooked female trailblazer in monster design, Milicent Patrick. An author who has researched Patrick discusses her significance in American culture and the horror film genre.

Host: Marty Peterson. **Guests:** Mallory O’Meara, author, *Lady from the Black Lagoon: Hollywood Monsters and the Lost Legacy of Milicent Patrick*

Links for more info: <http://www.malloryomeara.com/book>

Compliance Issues Covered: movies; women’s issues; feminism; American culture

23:39	Culture Crash: The End of Game of Thrones	2:47
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Synopsis: The wildly popular TV show Game of Thrones is set to wrap up its story with six episodes this season, yet its fans may be unsatisfied. The TV show has departed the path of the books.

Host: Evan Rook

Compliance Issues Covered: media; pop culture; television; entertainment

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Program Log for Radio Health Journal

Program	19-17	Written & Produced	Evan Rook, Pat Reuter, Emily Parker
Air Week	04/28 – 05/04/2019	Studio Producer	Jason Dickey
Time	Segment		Dur.
1:47	SEGMENT 1: TEACHING YOUTH ABOUT CONSENT AND ABUSE		9:40
Synopsis: In the 20 years since writing the young adult novel <i>Speak</i> , based on her own rape, author Laurie Halse Anderson has met with numerous audiences of adolescents. She has found a huge gap in the ways girls and boys perceive what constitutes sexual consent, abuse, and the consequences of assault, and attributes this to a parental inability to discuss the topic with children. She discusses the issue.			
Host: Gary Price. Guests: Laurie Halse Anderson, author, <i>Speak</i> and <i>Shout</i>			
Links for more information: http://madwomanintheforest.com/about-the-author/			
Compliance Issues Covered: youth at risk; sexual assault and abuse; gender issues; education; parenting			
11:27	SEGMENT 2: THE PSYCHOLOGY OF FASHION		9:34
Synopsis: Fashion advertising raises issues about confidence, self-esteem and body image. Our guest discusses why it’s important to look beyond the advertisements and find the fashions that are right for you, how cheap clothing is hurting developing countries and the environment, and why designers and manufacturers need to change how they create clothing for and market to older men and women.			
Host: Marty Peterson. Guests: Dr. Carolyn Mair, Chartered Scientist and Psychologist, Associate Fellow at the British Psychological Society and a Reader at the London College of Fashion, author <i>The Psychology of Fashion</i>			
Links for more info: www.cazweb.info			
Compliance Issues Covered: consumerism; women’s issues; health and wellness; manufacturing			
24:01	Culture Crash: ADAPTING A BOOK INTO A MOVIE		2:19
Synopsis: For a decade now, it seemed like comic book movies had settled in to an existence based on these larger cinematic universes. Now, Spider-Man and The Joker are proving comic stories can have their cake and eat it, too.			
Host: Evan Rook			
Compliance Issues Covered: media; culture; movies; books			

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Program Log for Radio Health Journal

Program	19-18	Written & Produced	Evan Rook, Polly Hansen
Air Week	05/05 – 05/10/2019	Studio Producer	Jason Dickey
Time	Segment	Dur.	
1:47	SEGMENT 1: DIVERSITY IN SCI-FI	7:32	
Synopsis: For decades, science fiction was a genre written almost exclusively by white males. Now, the genre is flourishing with diverse voices, thanks in part to the trailblazing writer Octavia E. Butler. Historian Gerry Canavan discusses the obstacles Butler faced and her legacy on one of the most popular genres in American literature.			
Host: Gary Price. Guests: Gerry Canavan, professor at Marquette University and author, <i>Octavia E. Butler</i>			
Links for more information:			
https://www.amazon.com/s/ref=nb_sb_noss_2?url=search-alias%3Dstripbooks&field-keywords=octavia+e+butler			
https://www.press.uillinois.edu/books/catalog/34ghf4me9780252040665.html			
Compliance Issues Covered: culture; race; diversity; gender issues; literature			
11:16	SEGMENT 2: THE HONEY BUS	10:35	
Synopsis: In Meredith May’s new book, she examines the parallels between the inner workings of beehives and our society, and how beekeeping taught her numerous life lessons as a child. She also discusses the threat to bees with commercialized beekeeping and what we can do to protect these insects vital to our ecosystem.			
Host: Marty Peterson. Guests: Meredith May, author, <i>The Honey Bus: A Memoir of Loss, Courage and a Girl Saved by Bees</i>			
Links for more info:			
https://meredithamay.net/category/the-honey-bus/			
Compliance Issues Covered: literature; environment; beekeeping; mental health; family relationships			
26:25	Culture Crash: BEYONCE’S DOMINANCE IN POP CULTURE	3:34	
Synopsis: We examine Beyonce’s consistent influence throughout all sectors of media. The visionary artist is known for her fierce demeanor and powerhouse concert performances, rewriting traditional female and black stereotypes in media.			
Host: Evan Rook			
Compliance Issues Covered: music; media; pop culture; feminism; African American Issues			

Program Log for Radio Health Journal

Program	19-19	Written & Produced	Evan Rook, Polly Hansen
Air Week	05/12 – 05/18/2019	Studio Producer	Jason Dickey
Time	Segment	Dur.	
1:52	SEGMENT 1: THE BOYS IN THE BUNKHOUSE: INTELLECTUALLY CHALLENGED MEN IN SERVITUDE	12:13	
Synopsis: If you came upon a rundown, roach-infested bunkhouse in the heartland of America, full of middle-aged and elderly men in poor health who worked all day at a job for little pay and had been for decades, you might think you had time traveled back to the 19 th century. We talk to an author who writes about this very situation where mentally challenged men were pressed into servitude in 1974 and remained there until 2009 when some determined social workers stepped up to their aid.			
Host: Gary Price. Guests: Dan Barry, <i>New York Times</i> reporter and columnist, author of <i>The Boys in the Bunkhouse: Servitude and Salvation in the Heartland</i>			
Links for more information: www.danbarryonline.com			
Compliance Issues Covered: intellectual disabilities; commerce; poverty; agriculture; Civil Rights; law			
16:02	SEGMENT 2: FIRST IMPRESSIONS & THEIR PITFALLS	7:16	
Synopsis: We all get gut instincts when we walk into a room of strangers. Do we fit in here? Do these people seem friendly? Snap judgments are simply a part of how we function. But Princeton University psychology professor Alexander Todorov says that while these first impressions are natural, we should try to resist them.			
Host: Marty Peterson. Guests: Alexander Todorov, professor of psychology at Princeton University and author of <i>Face Value: The Irresistible Influence of First Impressions</i>			
Links for more info: https://press.princeton.edu/titles/10923.html			
Compliance Issues Covered: human psychology; business; perception; interpersonal relationships; workplace			
24:18	Culture Crash: A REVIEW OF ELISABETH MOSS IN “HER SMELL”	2:08	
Synopsis: Elisabeth Moss stars in the new indie movie, “Her Smell” directed by Alex Ross Perry. The film follows Moss as she plays the chaotic role of fictional punk rocker, Becky Something, who is mentally unstable, addicted to drugs and clawing to get her life together.			
Host: Evan Rook			
Compliance Issues Covered: film; media; music; rock; culture; pop culture; drug addiction; mental health; mental illness; movies			

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Program Log for *Radio Health Journal*

Program	19-20	Written & Produced	Polly Hansen, Pat Reuter, Evan Rook
Air Week	05/19 – 05/25/2019	Studio Producer	Jason Dickey
Time	Segment	Dur.	
1:47	SEGMENT 1: THE END OF ICE	9:02	
Synopsis: Journalist and author Dahr Jamail exposes how climate change is affecting our ecosystems and natural landscape, including the melting and disappearance of massive ice glaciers. We discuss the long-term consequences of global warming and what we can do as a society to reverse the damage.			
Host: Gary Price. Guests: Dahr Jamail, journalist and author, <i>The End of Ice: Bearing Witness and Finding Meaning in the Path of Climate Disruption</i> ; Mario Trigueros, Program Manager for Online Learning, Pachamama Alliance; Pam Peck, Manager, Metro, the regional government for greater Portland Oregon metropolitan area			
Links for more information: https://thenewpress.com/books/end-of-ice https://www.pachamama.org/			
Compliance Issues Covered: climate change; environment; composting; nonprofits			
12:46	SEGMENT 2: LOUISA ADAMS - THE EXTRAORDINARY FIRST LADY YOU’VE NEVER HEARD OF	9:57	
Synopsis: We all know the names of famous First Ladies – Martha Washington, Mary Todd Lincoln, Eleanor Roosevelt, Nancy Reagan – and they all left their marks on our country in one way or another. One of these ladies that you probably <i>don’t</i> know much about is Louisa Adams, wife of President John Quincy Adams. Our guest has researched this extraordinary woman and discusses her strength, political wit and resilience.			
Host: Marty Peterson. Guests: Louisa Thomas, author, <i>Louisa: The Extraordinary Life of Mrs. Adams</i>			
Links for more info: www.louisathomas.com			
Compliance Issues Covered: politics; war; the presidency; First Lady; foreign affairs; culture; feminism			
23:43	Culture Crash: A GREATER DIVERSITY WITHIN TELEVISION	2:41	
Synopsis: We examine how television series have grown to be more diverse and inclusive in the Peak TV era. One such show is “Ramy”, a new Hulu original, which candidly follows the life of a young, first-generation Muslim man and the challenges that arise with the melting pot of cultures.			

Program Log for *Radio Health Journal*

Host: Evan Rook

Compliance Issues Covered: television; media; inclusivity; cultural perspectives; religion; Islam

Program Log for *Radio Health Journal*

Program	19-21	Producers	Polly Hansen, Evan Rook
Air Week	05/26 – 06/01/2019	Studio Producer	Jason Dickey
Time	Segment		
1:48	SEGMENT 1: THE COLOR OF LAW		
		Dur.	10:21
<p>Synopsis: Racial segregation still persists throughout the U.S. One factor contributing to this inequality is the structure of our town and cities. Richard Rothstein and Tonika Johnson talk about how past laws and our government created a divided demographic and the impact this has on certain populations.</p>			
<p>Host: Gary Price. Guests: Richard Rothstein, distinguished fellow, Economic Policy Institute and author, <i>The Color of Law: A Forgotten History of How Our Government Segregated America</i>; Tonika Johnson, photographer and creator, art exhibit <i>Folded Map</i> at Loyola University Museum of Art in Chicago.</p>			
<p>Links for more information: https://www.epi.org/publication/the-color-of-law-a-forgotten-history-of-how-our-government-segregated-america/ https://www.tonijphotography.com/projects/6836945</p>			
<p>Compliance Issues Covered: segregation; discrimination; inequality; Civil Rights; housing; government; art; law</p>			
14:06	SEGMENT 2: APPRECIATING THE BEAUTY OF CALCULUS		
		Dur.	8:54
<p>Synopsis: For many, learning about mathematics can be a terrifying and daunting task. Steven Strogatz discusses the importance of learning the basics of calculus and not only the math itself, but also understanding its historical prevalence and everyday use in our world.</p>			
<p>Host: Marty Peterson. Guests: Steven Strogatz, professor, applied mathematics at Cornell University and author, <i>Infinite Powers: How Calculus Reveals the Secrets of the Universe</i></p>			
<p>Links for more info: https://www.amazon.com/Infinite-Powers-Calculus-Reveals-Universe-ebook/dp/B07FKF9DVJ</p>			
<p>Compliance Issues Covered: mathematics; education; civilization; history; technology; space exploration</p>			
24:00	Culture Crash: THE NEW ALBUM BY JUDAH & THE LION		
		Dur.	2:26
<p>Synopsis: We discuss the new album <i>Pep Talks</i> from the band Judah & The Lion, most known for their 2016 single “Take It All Back”. The album features a funky, electronic vibe coupled with old-time folk and bluegrass instruments, offering a refreshing perspective in the alternative rock genre.</p>			
<p>Host: Evan Rook</p>			
<p>Compliance Issues Covered: music; media; pop culture; diversity</p>			

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Program Log for Radio Health Journal

Program	19-22	Written & Produced	Amirah Zaveri, Polly Hansen, Evan Rook
Air Week	06/02 – 06/08/2019	Studio Producer	Jason Dickey
Time	Segment		Dur.
1:47	SEGMENT 1: THE STORM ON OUR SHORES: A STORY OF WAR, LOSS & FORGIVENESS		8:32
Synopsis: Mark Obmascik shares the incredible story of two men fighting for opposing sides and tangled in the complexities of World War II. He exposes how our enemy isn’t as different as we think, the lasting effects of war and the process of finding forgiveness and peace.			
Host: Gary Price. Guests: Mark Obmascik, author of <i>The Storm on Our Shores: One Island, Two Soldiers, and the Forgotten Battle of World War II</i>			
Links for more information: https://www.simonandschuster.com/books/The-Storm-on-Our-Shores/Mark-Obmascik/9781451678376			
Compliance Issues Covered: war; government; military; politics; history; literature; interpersonal relationships; preserving history; veterans			
12:21	SEGMENT 2: ONE MEAL AT A TIME: REVIVING THE AMERICAN SCHOOL LUNCH SYSTEM		10:54
Synopsis: School lunches in the U.S. have long been overlooked. Dan Giusti, the former head chef of Noma and founder of Brigaid, is gaining ground in his efforts to overhaul the school lunch system and bring scratch cooking back into cafeterias. We speak with Giusti about his journey from fine dining to lunch reform and some of the barriers facing Brigaid.			
Host: Marty Peterson. Guests: Dan Giusti, former head chef of Noma and founder of Brigaid			
Links for more info: https://www.chefsbrigaid.com/			
Compliance Issues Covered: food; education; nutrition; health & wellness; cooking; politics; diversity; parenting; American culture			
24:15	Culture Crash: TO BINGE OR NOT TO BINGE		2:12
Synopsis: Binge-watching several seasons of a TV show all at once might not be the best idea after all. For some lighter shows like “Stranger Things” it may make sense, but it can be cumbersome and brain draining to get through all eight seasons of “Game of Thrones” in a matter of weeks. We discuss an alternate route that avoids the fatigue.			
Host: Evan Rook			
Compliance Issues Covered: television; media; psychology; health & wellness; mental health; addiction; self-discipline			

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Program Log for Radio Health Journal

Program	19-23	Written & Produced	Amirah Zaveri, Polly Hansen, Evan Rook
Air Week	06/09 – 06/15/2019	Studio Producer	Jason Dickey
Time	Segment	Dur.	
1:48	SEGMENT 1: NOT YOUR GRANDMA’S CO-OP	10:22	
Synopsis: How we buy our food has drastically changed throughout the decades. We discuss the evolution of the grocery marketplace from local grocers to big-box retailers and how this has affected the production chain. More so, how food co-ops operate and aim to help support local farmers and communities.			
Host: Gary Price. Guests: Jon Steinman, journalist and author, <i>Grocery Story: The Promise of Food Co-ops in the Age of Grocery Giants</i> ; Jerry Nash, owner of Prairie Food Co-op.			
Links for more information: https://www.newsociety.com/Books/G/Grocery-Story http://www.prairiefood.coop/			
Compliance Issues Covered: food; nutrition; agriculture; farming; business; economics; history; literature, poverty, community			
14:12	SEGMENT 2: THE ART OF ILLUSTRATION	8:52	
Synopsis: We speak with Tim O’Brien who has illustrated numerous magazine covers throughout the years. O’Brien discusses his career, the history of illustration and how the art form is used to convey a specific, singular moment or feeling that other mediums may not be able to capture.			
Host: Marty Peterson. Guests: Tim O’Brien, Illustrator.			
Links for more info: https://obrienillustration.com/?gclid=EAIaIQobChMI3YqQ98jG4gIVU7nACh05DATZEAAAYASAAEgJ7RvD_BwE\			
Compliance Issues Covered: art, literature, media, news, politics, history, fashion, culture, illustration			
24:04	Culture Crash: CHRONICLING THE NUCLEAR DISASTER AT CHERNOBYL	2:21	
Synopsis: We discuss the new HBO miniseries, co-produced with Sky UK, titled “Chernobyl”. The show follows the chronological events of the 1986 nuclear disaster in the Soviet Union and captures the confusion and terror in the days, months and years following the accident.			
Host: Evan Rook			
Compliance Issues Covered: television; media; history; science; government; disaster; environment			

Program Log for Radio Health Journal

Program	19-24	Written & Produced	Amirah Zaveri, Polly Hansen, Evan Rook
Air Week	06/16 – 06/24/2019	Studio Producer	Jason Dickey
Time	Segment	Dur.	
1:47	SEGMENT 1: UNCOVERING THE UNDERBELLY OF DOMESTIC VIOLENCE	10:28	
Synopsis: In the U.S., one in four women are victims of domestic violence. Between 2014 and 2017, the number of victims killed by their partners rose by 20 percent. Two survivors share their firsthand stories and struggles. We also speak with author, Rachel Louise Snyder, about why domestic violence persists and what can be done.			
Host: Gary Price. Guests: Rachel Louise Snyder, journalist and author of <i>No Visible Bruises: What We Don't Know About Domestic Violence Can Kill Us</i> ; Lynn Reilly & Pamela Sykes, survivors of domestic violence			
Links for more information: https://www.bloomsbury.com/us/no-visible-bruises-9781635570977/ http://www.ncadv.org/ https://www.thehotline.org/ https://www.dangerassessment.org/			
Compliance Issues Covered: violence; domestic violence; relationships; parenting; politics; psychology; government; nonprofit			
14:07	SEGMENT 2: NO HAPPY ENDINGS: MOVING FORWARD AFTER A MONUMENTAL LOSS	8:56	
Synopsis: We speak with Nora McInerny, the author of <i>No Happy Endings: A Memoir</i> about enduring the loss of her husband and accidentally finding love again. McInerny discusses the grief and despair she felt and how she learned to embrace those feelings rather than tuck them away.			
Host: Marty Peterson. Guests: Nora McInerny, author of <i>No Happy Endings: A Memoir</i>			
Links for more info: http://www.noraborealis.com/book			
Compliance Issues Covered: emotional grief; death; loss; psychology; relationships; parenting; literature			
24:01	Culture Crash: THE RISE OF THE SUPERVILLAIN IN “BRIGHTBURN”	2:23	
Synopsis: We discuss the new movie produced by Sony Pictures titled “Brightburn”. The film is different than the typical storyline in that it chronicles the rise of a superhero that uses his power for evil rather than good.			
Host: Evan Rook			
Compliance Issues Covered: film; media; comics; storytelling; space			

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Program Log for Radio Health Journal

Program	19-25	Written & Produced	Amirah Zaveri, Evan Rook
Air Week	06/23 – 06/29/2019	Studio Producer	Jason Dickey
Time	Segment		Dur.
1:48	SEGMENT 1: MIND & MATTER: ONE MAN, TWO PATHS		8:31
Synopsis: John Urschel is not your typical doctoral candidate. Before studying mathematics at MIT, Urschel played college football for Penn State and then in the NFL for three seasons with the Baltimore Ravens. Mathematics and football have always been central focuses in his life. He discusses the challenges of juggling both and why he ultimately left football to pursue his PhD.			
Host: Gary Price. Guests: John Urschel, author of <i>Mind and Matter: A Life in Math and Football</i>			
Links for more information: https://www.penguinrandomhouse.com/books/557242/mind-and-matter-by-john-urschel-and-louisa-thomas/9780735224865/			
Compliance Issues Covered: sports; mathematics; education; diversity; health; parenting; literature			
12:12	SEGMENT 2: THE FIRST U.S. CASE OF THE PLAGUE & ITS MODERN IMPLICATIONS		10:26
Synopsis: The first U.S. case of the plague presented in the early 1900’s in San Francisco. We speak with author, David Randall about the outbreak and how it changed sanitation practices and government response. Fast forward to today where the plague is still present in certain parts of the U.S. We speak with professor, Michael Antolin who studies modern day cases of the disease and its context within climate change.			
Host: Marty Peterson. Guests: David Randall, author of <i>Black Death at the Golden Gate: The Race to Save America from the Bubonic Plague</i> ; Michael Antolin, professor and department chair of biology at Colorado State University			
Links for more info: https://books.wwnorton.com/books/Black-Death-at-the-Golden-Gate/ https://www.biology.colostate.edu/person/?id=11E631510E2214C115A58D064990DA20&sq=t			
Compliance Issues Covered: health; disease; history; immigration; science; climate change; government			
23:37	Culture Crash: OUR CONNECTION TO TV THEME SONGS		2:50
Synopsis: The opening credits of a beloved television show evoke a certain sense of nostalgia for many. We hear the tune and we instantly connect it to a certain series. How have theme songs changed throughout the years and why do they mean so much to us?			
Host: Evan Rook			
Compliance Issues Covered: television; music; media; history; culture; art			

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Program Log for Radio Health Journal

Program	19-26	Written & Produced	Amirah Zaveri, Evan Rook
Air Week	06/30 – 07/06/2019	Studio Producer	Jason Dickey
Time	Segment		Dur.
1:48	SEGMENT 1: THE COST OF BEAUTY: HOW SOCIAL MEDIA IS CHANGING OUR PERCEPTION		11:34
Synopsis: Social media has become an all-consuming way of life for many. It’s hard to get away from unconsciously opening Facebook or Instagram throughout the day and scrolling through your feed. While social media can be positive, the unrealistic posts can also lead to damaging outcomes. We discuss its negative effects and the rise in the number of plastic surgery procedures among younger generations.			
Host: Gary Price. Guests: Gary John Bishop, author of <i>Unfu*k Yourself: Get Out of Your Head and Into Your Life</i> and <i>Stop Doing That Sh*t: End Self-Sabotage and Demand Your Life Back</i> ; Dr. Parker Velargo, facial, plastic & reconstructive surgeon at the New Orleans Center for Aesthetics and Plastic Surgery.			
Links for more information: https://garyjohnbishop.com/ https://www.plasticsurgerynola.com/			
Compliance Issues Covered: media; psychology; health & wellness; beauty; literature; diversity; relationships; social media; community			
15:25	SEGMENT 2: STORIES FROM 9/11 AND ITS EFFECTS TODAY		7:17
Synopsis: <i>Fall and Rise: The Story of 9/11</i> written by Mitchell Zuckoff shares numerous accounts from September 11, 2001. We highlight a few of the stories from the book and talk about modern implications today, including the political upheaval over medical and victim compensation funding for those affected.			
Host: Marty Peterson. Guests: Mitchell Zuckoff, former reporter at The Boston Globe, professor at Boston University and author of <i>Fall and Rise: The Story of 9/11</i>			
Links for more info: https://www.harpercollins.com/9780062275646/fall-and-rise/			
Compliance Issues Covered: history; politics; terrorism; government; healthcare; education; literature; trauma			
23:42	Culture Crash: THE RISE OF WRITER AND ACTRESS PHOEBE WALLER BRIDGE		2:43
Synopsis: Phoebe Waller Bridge has produced and starred in several hits ranging from “Killing Eve” to “Solo: A Star Wars Story”. Now, she’s working on the script for the fourth James Bond movie and has created a new season of the show “Fleabag”. We discuss her success in Hollywood and the allure of shorter TV shows.			
Host: Evan Rook			
Compliance Issues Covered: television; media; film; culture; diversity			

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