

KCMS QUARTERLY PROGRAMMING/ISSUES REPORT
JANUARY 1 – MARCH 31, 2024

The following is the quarterly report of programming which covered issues/needs in the community. Programming covering the issues/needs included the locally produced “Spirit Updates”, shared by weekday morning host Erica Parkerson, along with the nationally syndicated program “Focus On The Family”.

PUBLIC SAFETY

Spirit Updates
Mornings with Erica Parkerson
January 18, 2024
6:00am-10:00am (15:38)

[Our heroes were on the move last weekend](#) when it was freezing cold in Seattle! The Big Red Bus, otherwise known as a Medical Ambulance Bus (MAB), is run by volunteers from the Seattle Fire Department and Health One. Their goal is to take care of the people and they do it by offering hot calories, like cups of soup, a kind word, and a ride to the shelter or the hospital. Lieutenant Roger Webber and Public Information Officer David Cuerpo from the Seattle Fire Department are our very special guests today. Join Erica and two of our heroes for a conversation that will warm up your heart and make you want to hug a hero.

Spirit Updates
Mornings with Erica Parkerson
January 8, 2024
6:00am-10:00am (4:50)

Meet Nathan Ray, the hero who coordinates the [Marysville Cold Shelter](#), and keeps our unhoused friends warm and cozy during chilly times. But it’s not just about providing a roof and a warm bed. Volunteers often become like family to guests, creating a bond of understanding and empathy. That’s why the shelter proudly recorded over 3000 volunteer hours last year!

PUBLIC HEALTH

Spirit Updates

Mornings with Erica Parkerson

January 31, 2024

6:00am-10:00am (5:41)

Interview with Malora Forrey, CEO of The Pregnancy Resource Clinic in Everett, which has an amazing baby boutique, where patients can earn points by mastering the learning programs, and shop for adorable baby items. It doubles as a hub for the community to bond together and receive support. And that's not all! The clinic also has weekly mom squads, birthing and parenting classes, and a program that dads can join in too. They happily accept donations, especially new or gently used goodies. Let's get those little ones snuggled up!

Spirit Updates

Mornings with Erica Parkerson

January 11, 2024

6:00am-10:00am (10:26)

Let's talk about Gretchen Witt, the cookie queen who started [Cookies for Kids Cancer](#) to raise dough for pediatric cancer research. Her cookie crusade began when her dear son battled cancer, and now it's gone global. Locally, they've teamed up with Seattle Children's Hospital, one of their seven awesome partners.

Focus On The Family

January 30, 2024

10:00 pm (28:30)

Dr. Gregory Jantz of The Center in Edmonds, WA, a leading authority on mental and behavioral health, shares encouragement and help for those overwhelmed by feelings of guilt and shame associated with depression. He tells success stories from patients who've found hope and healing for mind, soul and body, by developing healthy habits, growing spiritually in your faith community, and taking prescribed medication when appropriate. (Part 1 of 2)

Focus On The Family
January 31, 2024
10:00 pm (28:30)

Dr. Gregory Jantz of The Center in Edmonds, WA, a leading authority on mental and behavioral health, shares encouragement and help for those overwhelmed by feelings of guilt and shame associated with depression. He tells success stories from patients who've found hope and healing for mind, soul and body, by developing healthy habits, growing spiritually in your faith community, and taking prescribed medication when appropriate.

Focus On The Family
February 12, 2024
10:00 pm (28:30)

Research increasingly shows that our culture is in the midst of a mental health epidemic, especially among children and youth — persistent feelings of sadness and hopelessness, anxiety and even suicidal thoughts. But Dr. Danny Huerta believes parents can offset these issues by routinely initiating conversations with their children to assess their mental and emotional well-being. He encourages parents to establish a solid spiritual environment in the home to help improve mental health.

PUBLIC WELFARE

Spirit Updates
Mornings with Erica Parkerson
March 14, 2024
6:00am-10:00am (6:44)

Vasily Stupin, a former refugee from the Soviet Union and a member of **Good Works Washington**, a Tacoma-based organization functioning as a thrift shop and food bank, is offering hope and assistance to refugees, and people are finding the love of Jesus and hope! He shares with Erica his personal link to the cause and its impact on refugees. With the aid of approximately 40 volunteers, Good Works Washington serves over 30,000 meals each month to those in need. <https://goodworkswa.com/>

Spirit Updates
Mornings with Erica Parkerson
March 12, 2024
6:00am-10:00am (6:23)

The Jeep community and the *Mission 22 family are incredible. [They came together to honor the life of Trooper Christopher Gadd](#), who was recently killed in the line of duty. Jennifer Derouen, a nurse and member of the Jeep community, shares with Erica about this honoring memorial run from Tacoma to Marysville and all of the love that was poured out for Trooper Gadd and his family. *Volunteers from national veteran non-profit group, Mission 22, provide extensive, personalized support and resources to help Veterans and their families thrive.*

Spirit Updates
Mornings with Erica Parkerson
January 29, 2024
6:00am-10:00am (2:13)

Get ready for an inspiring story! Lauri McKinley from Aurora Community Church in Shoreline shares how the church noticed a need for shoes at their church *Clothes Closet*, open to kids who are in kindergarten through 12th grade in the Shoreline area. They decided to collect as many shoes as possible and give them away. The result? A heartwarming success that showed a big ol' dose of God's love with the Church coming together, filling the gap where a need was, and showing the kids and their families, how much God loves them.

Spirit Updates
Mornings with Erica Parkerson
January 22, 2024
6:00am-10:00am (2:56)

It was like a four-hour group hug for our heroes this Saturday! A winter clothing and food drive on behalf of veterans in need happened at the American Legion at 117 6th Ave. S. in Edmonds. YOU showed up with bags and boxes filled with love in the form of warm coats, blankets, groceries, and MORE. All the donations will bless the Hero's Cafe in Lynnwood. Erica popped by and got to meet so many amazing veterans, including Mark Bjorndal, who was on the morning show today. Hear from Mark now and Jessica with Project Serve too, who was there serving up delicious cocoa and coffees - made with freshly ground beans of course!

Spirit Updates
Mornings with Erica Parkerson
January 17, 2024
6:00am-10:00am (3:24)

Erica chatted this morning with Kellie Lewis, a superwoman from the [Edmonds Food Bank](#). With the recent icy temps, the need for food assistance has skyrocketed. But wait for it, Kellie shares a feel-good tale of a family that went above and beyond by gathering over 500 paper bags for the food bank to use! When serving 1000 families in one week, you go through bags fast, so this was a huge gift of time from Stephanie Westling, her kids Olivia and Winter, AND the community who donated the bags.

Spirit Updates
Mornings with Erica Parkerson
January 4, 2024
6:00am-10:00am (2:16)

“Night to Shine” is an unforgettable prom night experience, centered on God’s love, for people with special needs, ages 14 and older. Sponsored by the Tim Tebow Foundation at [Northshore Community Church](#).

Focus On The Family
January 25, 2024
10:00 pm (28:30)

In a discussion centered around her book *Listen, Love, Repeat*, Karen Ehman offers inspiration and practical advice for stepping out of our comfort zone to bless others, particularly those who are lonely, sick or hard to love.

EDUCATION

Focus On The Family
March 11, 2024
10:00 pm (28:30)

Seattle-area author and speaker Cynthia Tobias shares practical advice on how to best maximize your student’s environment, attitude, time-management, learning style, organizational skills, and mental capacity. She will help parents understand the various schooling options so they can decide what method of education will be best for their child.

Focus On The Family
February 20, 2024
10:00 pm (28:30)

Seattle-area Educator and author Cynthia Tobias offers encouragement and practical advice for the difficult scenarios faced by frustrated parents of strong-willed children, ranging from very young to adult. (Part 1 of 2)

Focus On The Family
February 21, 2024
10:00 pm (28:30)

Seattle-area Educator and author Cynthia Tobias offers encouragement and practical advice for the difficult scenarios faced by frustrated parents of strong-willed children, ranging from very young to adult. (Part 2 of 2) (Education)

CULTURE

Focus On The Family
March 5, 2024
10:00 pm (28:30)

Author and Speaker Laura Perry Smalts shares about her 7-year journey of transitioning and identifying as a male before realizing she was living a lie and then fully embracing her female gender. She tells about her painful experiences living with a self-created identity outside of God's design and incredible plan for her, revealed through her loving parents and other believers. Laura and Dr. Meg Meeker, a pediatrician, speak compassionately about the issues surrounding gender confusion in today's culture, offering practical insights, hope and help. (Part 1 of 2)

Focus On The Family

March 6, 2024

10:00 pm (28:30)

Author and Speaker Laura Perry Smalts shares about her 7-year journey of transitioning and identifying as a male before realizing she was living a lie and then fully embracing her female gender. She tells about her painful experiences living with a self-created identity outside of God's design and incredible plan for her, revealed through her loving parents and other believers. Laura and Dr. Meg Meeker, a pediatrician, speak compassionately about the issues surrounding gender confusion in today's culture, offering practical insights, hope and help. (Part 2 of 2)

Focus On The Family

February 19, 2024

10:00 pm (28:30)

Kristan Hawkins, the president of Students for Life of America, shares inspiring stories about the pro-life movement and will help you to speak up for the preborn and vulnerable women. She talks about what motivated her as a teenager to get involved in the pro-life movement, her work with Students for Life of America, and how to graciously deal with criticism, attacks, and misinformation from abortion advocates.

Focus On The Family

January 22, 2024

10:00 pm (28:30)

Priscilla Hurley shares about being recruited to work in the abortion industry before her heart was broken with the realization that precious lives were being taken. Melissa Ohden shares her story of surviving a saline abortion, against all odds, and later founding the Abortion Survivors Network. Both women now inspire and encourage thousands of people to champion life. (Part 1 of 2)

Focus On The Family

January 23, 2024

10:00 pm (28:30)

Priscilla Hurley shares about being recruited to work in the abortion industry before her heart was broken with the realization that precious lives were being taken. Melissa Ohden shares her story of surviving a saline abortion, against all odds, and later founding the Abortion Survivors Network. Both women now inspire and encourage thousands of people to champion life. (Part 2 of 2)

FAMILY

Focus On The Family

February 8, 2024

10:00 pm (28:30)

Pam Farrel (raised by a single mom) and PeggySue Wells (a single mom of seven!) offer guidance to single moms (and dads!) as they navigate life with their children. They examine some of the best decisions a single mom can make—things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways. It's an encouraging conversation for the single parent! (Part 1 of 2)

Focus On The Family

February 9, 2024

10:00 pm (28:30)

Pam Farrel (raised by a single mom) and PeggySue Wells (a single mom of seven!) offer guidance to single moms (and dads!) as they navigate life with their children. They examine some of the best decisions a single mom can make—things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways. It's an encouraging conversation for the single parent! (Part 2 of 2)

Focus On The Family

January 2, 2024

10:00 pm (28:30)

Like most parents of children born after 2010, Molly DeFrank embraced the new digital technologies of smart phones and tablets for her kids. But she grew increasingly alarmed as she observed detrimental effects of “zombified kids,” emotional outbursts, loss of other interests, etc. And she discovered alarming research that the average child spends more than 7 hours per day on a screen for entertainment purposes! Molly is not anti-tech; she simply wants to equip families to put technology in its proper place as a tool for our families.

Focus On The Family

March 18, 2024

10:00 pm (28:30)

Parents often face the teen years with fear because we often don’t fully understand what struggles teens are dealing with. Author and Speaker Jodie Berndt wants to equip parents of teens to pray with confidence about dating, peer pressure, social media, prodigals and more — using the power of God’s Word. (Part 1 of 2)

Focus On The Family

March 19, 2024

10:00 pm (28:30)

Parents often face the teen years with fear because we often don’t fully understand what struggles teens are dealing with. Author and Speaker Jodie Berndt wants to equip parents of teens to pray with confidence about dating, peer pressure, social media, prodigals and more — using the power of God’s Word. (Part 2 of 2) (Youth)

Focus On The Family

March 14, 2024

10:00 pm (28:30)

Adam Holz and Paul Asay from Focus on the Family’s Plugged In team equips you to guide your family to make healthy media choices. They explain what the Bible says about entertainment and how to engage with and teach your kids discernment when it comes to what they are watching and playing. It’s a great conversation you won’t want to miss!

Focus On The Family

March 1, 2024

10:00 pm (28:30)

Monica Swanson shares a story about taking her son Jonah through “character training” when he was 13 to learn more about the importance of godly character in his life. She also shares why allowing kids to suffer and learn through adversity will help them become stronger and healthier adults.

RELIGION

Spirit Updates

Mornings with Erica Parkerson

March 11, 2024

6:00am-10:00am (6:56)

Church Awakening, a ministry started by Pastor Alec from Westgate Chapel in Edmonds, is hosting a conference March 14 and 15. The ministry, which began 20 years ago, focuses on prayer and revival, and now attracts around 700 pastors, intercessors, and church leaders from across the country. Pastor Alec explains that many pastors arrive at the conference feeling discouraged, particularly in the wake of Covid-19, but leave feeling emboldened in their faith and equipped with resources to bring back to their home churches. There is great loneliness within pastoral ministry that most of us don’t even realize. He shares about the importance of support networks within congregations for pastors.

Spirit Updates

Mornings with Erica Parkerson

January 4, 2024

6:00am-10:00am (2:48)

Rich Simms is living out LOUD for Jesus with [REACH Ministry and Hope](#) is Alive church in Pioneer Square in Seattle, about [THEY RAN OUTTA BIBLES IN SEATTLE ~ A Hopeful Report From REACH Ministry!](#)

Focus On The Family

March 28, 2024

10:00 pm (28:30)

In this engaging message, Dr. Tony Evans explains that in the cosmic chess game between good and evil, Jesus is the winner. The death and resurrection of Jesus Christ provides power for victorious living for those who identify with Him, who testify about Him to others, and who love Him more than life itself.

Focus On The Family

March 12, 2024

10:00 pm (28:30)

Duck Dynasty's Phil and Al Robertson lived portions of their lives in direct rebellion against God, until they were redeemed by the work of the Holy Spirit. They share their moving testimonies and the simple truth of the Gospel of Jesus Christ, which has led to an incredible family legacy. In this discussion with Jim Daly, you'll be inspired by their story and emboldened to share your Christian faith.