WJZ-TV

Baltimore, Maryland CBS Television Licenses LLC

QUARTERLY SIGNIFICANT PROGRAMS REPORT

Third Quarter

July 1 – September 30, 2020

Station WJZ-TV, licensed to CBS Television Licenses LLC, is responsive to the principal issues in its community of license, Baltimore, Maryland on a continuing basis. A variety of program elements, including regularly scheduled news and public affairs programming, reports on breaking news events, documentaries, specials, and public service announcements of concern to the community are included within our regular programming service. WJZ-TV's coverage of news stories, our employees' participation in community affairs, and regular interviews with community leaders have led to the determination that the issues listed are ones of importance to the Baltimore community. Our most significant programming, which dealt with current community issues during the preceding three-month period, are set forth in this report. WJZ-TV broadcasts both locally produced and network programming. Although we include only local programs herein, WJZ-TV also broadcasts several network broadcasts including FACE THE NATION, 60 MINUTES, CBS REPORTS and 48 HOURS.

PROGRAM INDEX

CONSUMER WATCH

WJZ reporters cover consumer interest topics. These reports air in the 4pm, 5pm and 6pm newscasts.

HEALTHWATCH

WJZ's reporters discuss health issues and interview experts and patients to deliver information on the latest advances in health for our 4pm, 5pm and 6pm newscasts.

SPECIAL REPORTS

Locally produced special reports, focusing on community issues, local lifestyle trends and local personality profiles. This airs in the 4pm, 5pm, 6pm and 11pm newscasts.

PUBLIC AFFAIRS OUTREACH

Relevant projects launched by WJZ and community organizations to benefit area residents...

LOCAL POLITICS

- 7/8: We're 117 days away from the 2020 Presidential Election but it seems Governor Hogan may be looking ahead to 2024. The governor kicked off a press tour for his new memoir—which is out later this month. WJZ has more on the speculation now stirring, for a possible White House run.
- 7/15: Baltimore City Council President Brandon Scott is calling on the governor to get a mail-in ballot to every eligible voter for the general election in November. It comes as city council members discussed whether or not the city is prepared for the upcoming election... following problems during the primary with ballots being mailed out. WJZ breaks down the details.
- 7/22: Protesters gathered outside the governor's mansion in Annapolis. They're pushing back against his plan for in-person voting in November, claiming it will lead to voter suppression. WJZ explains their concerns and what the governor is saying.
- 8/17: Postal service showdown. Maryland's top Democrats are demanding answers from the Trump administration about problems with the postal system. They allege a mail slowdown is related to the upcoming election. WJZ's investigator breaks down the controversy.
- 8/24: The state has started sending out four million mail-in ballot requests... 71 days from the upcoming election. Officials are facing unprecedented challenges with this pandemic, worrying some votes won't be counted. WJZ's investigator spoke to one of Maryland's top election administrators.

- 8/25: Local election officials are speaking out about the challenges they're facing because of mail-in voting. As WJZ's investigator reports, those in charge of the polls are determined to make sure things run smoothly in November.
- 9/1: We're learning new details about the Healthy Holly book scandal involving former Baltimore mayor Catherine Pugh. Her longtime aide, who prosecutors say played a major role in all of it, will be sentenced next week. WJZ has what new documents reveal and how long federal prosecutors wanthat him to spend behind bars.
- 9/4: We are now less than two months from Election Day and tonight, we're getting a better idea of what it will look like. WJZ has the details on how many Marylanders have requested mail-in ballots so far.
- 9/7: President Trump once again is taking aim at Baltimore in a series of Twitter attacks. In one, he calls the city "the worst in the nation". WJZ explains how the president's tweets are an endorsement for the upcoming 7th Congressional election.
- 9/25: Two Baltimore City Council members want Department of Public Works employees to immediately get an extra five-thousand dollar bonus. They believe the moneyth is there, so they hope the mayor will act on this. WJZ is at a DPW facility, and tells you why the council members are so passionate about this.

EDUCATION

- 7/2: There's a new president at UMD College Park. Dr. Darryll Pines is already facing some big challenges including budget cuts and the pandemic. He says UMD is preparing to bring students and staff back to campus in the fall.
- 7/7: College life is sure to look and feel different this fall... and many students are wondering what they can expect. It was just announced at the University of Maryland—bigger classes will be held online and only a small fraction will be partially taught inperson. WJZ reports on all the changes for students there and at other local universities, plus what they can expect on campus this fall.
- 7/8: Students protested, administrators listened. Tonight was a first-of-its-kind event in Baltimore County. Students, teachers and parents all coming together to have an open conversation about race and racism within the school system. WJZ was there and breaks down what was discussed.
- 7/9: There are still so many unknowns with this pandemic, but despite that, we're still trying to plan ahead. That includes local school districts. WJZ explains the learning options Baltimore City is looking at for the upcoming year.
- 7/10: Lawsuit filed. Johns Hopkins University taking the drastic step of suing the Trump administration over changes that will have major impacts on international students. Hopkins is joining a growing list of schools taking legal action... including Harvard and MIT... over what's become an escalating fight about online learning. WJZ is at Hopkins with the new developments.
- 7/14: Amid the pandemic, the debate over sending kids back to school in the fall is a hot-button issue. Now, Maryland teachers' unions are calling for a virtual start to the school year. WJZ has team coverage—WJZ's investigator has the teachers' concerns... and WJZ also breaks down the options the Baltimore County School Board discussed, along with what the superintendent has to say.
- 7/16: The debate continues over schools reopening and the plans being discussed. Two more districts decided what they will do come fall... students in Harford and Howard Counties will not return to the classroom. WJZ has more on the plans and reaction.
- 7/20: Preparing for the fall... schools across the state are weighing their options and making some tough decisions when it comes to learning during a pandemic. Baltimore City and Anne Arundel County schools have decided to start the school year off virtually. WJZ explains what was behind the decisions and what parents and students are saying about it.
- 7/21: Baltimore County is the latest school district to move classes online for the fall amid the Coronavirus pandemic. The decision comes as the county executive also announced new health initiatives to prevent the virus from spreading. WJZ explains, health and safety were top of mind when the school board voted earlier.

- 7/26: The 156th Institute of Notre Dame commencement ceremony was held this morning, after the school announced in May that it would be closing its doors for good. WJZ spoke to students and staff about what it meant to get together one last time.
- 7/27: With everything going on right now with this pandemic, you might be struggling to explain things to your kids... but Johns Hopkins is here to help. WJZ reports on what inspired a new class designed to teach students about more than just the virus.
- 7/29: The Carroll County schools superintendent is recommending a mostly virtual start to the school year. The school board met tonight, weighing several different options. But no final decision has been made... WJZ reports on what comes next.
- 8/6: With less than 30 days before the start of the fall semester, the excitement for many local college students has turned to uncertainty. WJZ explains, the chancellor of the University System of Maryland is shedding some new light on what the new school year will look like.
- 8/15: Johns Hopkins University has recently paused plans to implement a private police department so they could work with the community to reimagine public safety, but for some, that pause isn't enough. WJZ was at a rally today where they're calling on Hopkins to abandon the plans altogether.
- 8/18: Students at McDaniel College spend the day moving in, despite two confirmed Coronavirus cases. As WJZ reports, fall classes will be a combination of in person and online.
- 8/19: The fall semester will soon start at many colleges, but with so many classes being virtual, many students no longer need their housing. And that's turning out to be a problem for some students at the University of Maryland. They are now taking their concerns to Annapolis. WJZ has more on the issues they're dealing with when it comes to getting out of their apartment leases.
- 8/23: With so many new cases still being reported—many students are already starting out their school years virtually. Some experts are warning about possible security threats when it comes to protecting your personal information. WJZ has what steps you should take, and what you should be on the look-out for as a parent.
- 8/27: Governor Hogan makes a major announcement about schools in the state—he says they can all reopen safely for in-person learning. That means local districts will have to go back over their plans, to see if they can make that work... as many of them are already preparing for virtual learning when the school year begins. WJZ has team coverage of the governor's announcement, plus reaction from local county leaders and parents.
- 8/31: With masks and social distancing, Catholic schools in the Baltimore area opened classrooms for in-person instruction today—as some Maryland public schools began the year virtually. WJZ's investigator reports on the start to a school year that's like no other.
- 9/2: With the school year kicking off virtually for Baltimore City Public Schools, it's been a challenge for some parents to get their hands on Chromebook computers their kids need for class. WJZ has more on how one school is raising money to help bridge the technology gap.
- 9/8: Back to school in the age of COVID-19. Thousands of Maryland students and teachers kicked off a year today unlike any other. As the governor toured some of those schools that reopened for in-person learning... Coronavirus cases in our state top more than 113,000. But, other key numbers are holding steady. WJZ has team coverage from the governor, to the different school year and how teachers, students and parents are handling it all.
- 9/14: The University of Maryland College Park begins to offer some in-person classes amid the Coronavirus pandemic. As colleges and universities around the country grapple with how this first semester will work... WJZ has the latest from the university about how it's handling the pandemic.
- 9/17: Baltimore County Public Schools is planning to welcome a limited number of students back to the classroom later this fall. This comes as an Anne Arundel County private school is forced to shut down after students test positive. WJZ's investigator breaks down the timeline for Baltimore County Schools and has reaction to the decision.
- 9/18: Just weeks into a new school year, there's still controversy about when to reopen schools to in-person instruction. The recent decision to bring some Baltimore County students back to the classroom is drawing criticism tonight as Baltimore City

Schools are warning of financial problems. WJZ's investigator continues our team coverage on the impact of the Coronavirus pandemic.

- 9/23: With key Coronavirus metrics staying steady, more school districts are making moves to reopen. This includes Baltimore County—that wants to get staff back into the classroom next month. Tonight, a virtual back to school summit was held... WJZ spoke with parents about their concerns.
- 9/24: A major announcement about high school sports—Governor Hogan says they can start up again next month... for the first time since March. WJZ's investigator is in Anne Arundel County with details of the governor's plan.
- 9/26: As the school year begins, Baltimore City health officials say they've noticed an alarming number of students without proper vaccines against childhood diseases. WJZ reports on how local school districts are making sure kids are ready for when they physically get back to school.
- 9/30: Maryland teachers are dealing with unprecedented challenges during the pandemic... as some get ready to head back to the classroom for in-person learning. WJZ's investigator reports, in Carroll County... hundreds of teachers won't come back, leading to a shortage.... There is also a shortage of laptops in Baltimore County and in Baltimore City teachers and parents held a protest outside City Schools Headquarters demanding no in-person learning for the rest of the year.

CONSUMER: HOUSING

WJZ News

9/10: Sporadic and hours-long power outages have been plaguing people in Highlandtown for months. Many say they've lost power on some of the hottest days of summer and they're calling for answers. WJZ reports, now we're hearing directly from BGE about what's causing the outages and how they're going to fix them.

CONSUMER: ECONOMY

- 7/1: Baltimore Restaurant Week is back this summer, but with a few changes due to COVID-19. For the first time ever, restaurants will be open for both sit down service and curbside pick-up. WJZ is live with what you can expect.
- 7/2: It's expected to be extra busy this holiday weekend when it comes to travel. The Maryland Department of Transportation says it's expecting a high traffic volume and BWI Marshall Airport is also anticipating a growing number of passengers. WJZ has what you can expect.
- 7/9: Restaurants may be allowed to reopen in our state, but many are still struggling to make ends meet... because of all the restrictions still in place. Well, we've got some good news—help is on the way. WJZ is in Fells Point to explain what's being done.
- 7/12: It's a tough time for restaurants during the pandemic. Several have already closed and now with limited indoor and outdoor dining, restaurants are fighting to survive. WJZ shows you what some restaurants are doing to stay afloat.
- 7/14: Governor Hogan is worried people are getting too relaxed... now, he's pushing for local leaders to crack down on bars and restaurants breaking COVID-19 rules. WJZ has the stern warning from the governor.
- 7/16: There are some new dining options in Downtown Baltimore. Parking spaces are being turned into areas where people can enjoy a meal outside. WJZ reports on how restaurant owners are hoping it boosts business during a time when they need it most.
- 7/17: For the past few weeks, several roads have been shut down in Fells Point so restaurants can have more outdoor dining space. But tonight, some business owners in the area say they're already struggling financially and the closures aren't helping. WJZ has more on the changes they want to see happen.
- 8/5: For only the second time in 142 years, the Maryland State Fair is canceled—citing concerns over the Coronavirus. WJZ reports on what led to the decision and the economic impact now that the annual tradition will not be happening this summer.

- 8/9: If you're in need of back to school clothes for the kids or maybe you want to pick something up for yourself, this is the week to do it. Today is the start of Maryland's Tax Free holiday. WJZ tells you why it won't just benefit shoppers.
- 9/1: Starting Friday at 5pm, all businesses will be allowed to reopen—that includes things like movie theaters and entertainment venues, but local leaders will still have the final say about moving forward or not. This major announcement comes as the number of Coronavirus cases in our state tops 108,000 but the other key numbers are holding steady. WJZ's investigator has more on what moving into stage three means.
- 9/2: A major decision today on the 145th Preakness race—set to be held in October at Pimlico Race Course in Northwest Baltimore. No fans will be allowed in the stands due to the Coronavirus pandemic. WJZ has more on the impact of this decision and reaction from residents in the area.
- 9/6: Restrictions continue to ease across Maryland, but restaurants say they're still hurting. Now, establishments across the state are gearing up for the first-ever Maryland Restaurant Week. WJZ has more on why these types of initiatives are desperately needed.
- 9/7: Drivers are making their way home from the beach this Labor Day as traffic delays continue. WJZ explains, between the nice weather and low gas prices, it seems many people wanted to get out of the house.
- 9/13: Inner Harbor kayak tours are officially back. WJZ shows you how this could be a perfect way to enjoy our beautiful city landscape.
- 9/18: Governor Hogan has cleared the way for Maryland's restaurants to expand their indoor dining. But not every area is moving forward with the plans. WJZ has the governor's order and how some restaurants are responding.
- 9/19: Governor Hogan announced starting Monday, restaurants can welcome guests indoors at 75% capacity. It comes as the first-ever statewide restaurant week is underway. WJZ has reaction from local leaders.

CONSUMER: JOBS

WJZ News

7/8: The financial strain of the Coronavirus pandemic means budget cuts in Baltimore City. Two Baltimore City fire stations are at risk of closing... they're facing cuts to their trucks and staff—which some say could have life-threatening impacts. WJZ explains how fire officials and neighbors are trying to keep their doors open.

ARTS & CULTURE

- 9/3: Where were you 25 years ago this weekend? If you're of a certain age, chances are you were watching Cal Ripken Jr. enter the record books at Camden Yards. WJZ talked to the Ironman ahead of the 25th anniversary of breaking Lou Gehrig's consecutive games streak.
- 9/12: The Maryland National Guard held its annual wreath-laying ceremony today, honoring guardsmen who gave their lives protecting our nation. WJZ has more from the hallowed grounds.
- 9/19: A protest in Annapolis honors black lives lost to police brutality... and commemorates the 25th anniversary of the Million Man March on the nation's capital. WJZ reports, the organizers want swift and historic change.
- 9/20: Honoring those who serve our country. Aberdeen Proving Ground hosted in-person and virtual memorials for its gold star families today. WJZ brings you the moving tribute from Harford County.

9/21: Baltimore's City Council met to discuss a new push to change the name of Columbus Day... it comes as the city police commissioner voices concerns over another proposal—to rename the Columbus Monument in Northeast Baltimore. WJZ listened in and has more on how the council voted.

Public Affairs Outreach

- 8/23-9/25: WJZ was the media sponsor of the virtual Celebration of Champions, the Brigance Brigade Foundation's race event to benefit those living with ALS. The event began when Ravens linebacker O.J. Brigance was diagnosed with ALS himself. Now, he and his wife run the Brigance Brigade Foundation and hold the race every year.
- 8/26: WJZ anchor Denise Koch was a panel leader the virtual 2020 Women's Centennial Summit, hosted by the Maryland Commission for Women
- 8/31: WJZ anchor Linh Bui participated in the virtual contest for the Maryland State Fair, the Undeniably Dairy Shake-off
- 9/11: WJZ traffic reporter Kristy Breslin participated in an event for Harford House, the PJs and Socks Fundraiser
- 9/13: WJZ anchor Vic Carter participated in the virtual run/walk for Dr. Sanford Siegel and the ZERO-End of Prostate Cancer Foundation/Chesapeake Urology... and for the entire month, WJZ ran PSAs about prostate cancer awareness and men's health, each one of WJZ's male anchors participated in the PSAs
- 9/19: WJZ anchor Denise Koch participated in the virtual Marian House 5K, benefitting the Marian House

COMMUNITY

- 7/1: Baltimore's Police Commissioner speaks exclusively to WJZ about his future and the movement to defund the police. He says he's moving dozens of officers from specialized units to patrol... after the City Council cut his budget by more than 20-million dollars. WJZ's investigator has the interview that is only on WJZ.
- 7/3: Fireworks are a big part of the 4th of July holiday and many shows won't be happening including Baltimore's iconic show at the Inner Harbor. WJZ explains, some people are planning their own show, but police say, be safe and follow the law.
- 7/3: It's a viral video many of you have already seen. A Black mother and her 9-year-old son denied service at a Harbor East restaurant... because, the restaurant says, her son violated the dress code. Now, a lawsuit's been filed against the company that owns Ouzo Bay. WJZ explains how the restaurant group is defending itself.
- 7/4: A team of artists and volunteers spent the day painting a mural of Breonna Taylor, and Black Lives Matter, across two basketball courts in Annapolis. WJZ spoke to the team about the message they're hoping to convey.
- 7/5: Howard County has named 'bee balm' as its official pollinator plant. Pollinators, which include insects like bees and butterflies, play an important role in our life by helping plants reproduce. WJZ reports on the efforts in Howard County.
- 7/10: As more of us get outside during this pandemic, Baltimore City wants to make sure there's enough space for everyone—even when social distancing. So now the "Slow Streets" program is expanding. WJZ breaks down the changes to the program.
- 7/24: Each year, the National Association of School Resource Officers recognizes one officer as the national SRO of the year. WJZ reports, this year—that honor goes to an officer in Baltimore County.
- 7/26: A memorial ride today honored the motorcyclists who have lost their lives to the sport on the street. They share with us the awareness we all need when out on the road. Especially in summer months, bikers want you to check twice before turning or switching lanes. WJZ reports, they say that simple action really can save a life.

- 7/28: Remembering Mo Gaba. The beloved Baltimore sports superfan passed away tonight at just 14-years-old. His cancer intensified over the past few months, before he passed away, just weeks after graduating from middle school... Mo achieved more in just 14 years than most of us could in an entire lifetime. While we all have heavy hearts, our world is forever changed for the better, thanks to Mo.
- 8/1: During the pandemic, people are finding creative ways to help others. WJZ shows you a family whose small quarantine project morphed into a way to give back.
- 8/2: They typically build and repair homes after natural disasters, but COVID is forcing the local non-profit, Dreambuilders, to change how they give back. Don't worry, they're still putting their skills of building things to good use. WJZ explains.
- 8/7: For weeks people here in Maryland and across the country have been frustrated by mail delays... and some haven't even gotten their mail at all. As WJZ reports, now people in Dundalk are demanding answers from the post office.
- 8/8: As we all try to maintain social distancing... farmers markets have provided an outdoor space for consumers to buy fresh locally grown produce and products. Today, we celebrate them as we wrap up national farmers market week. WJZ has more on why these markets mean so much to people.
- 8/10: A row house explosion in Northwest Baltimore claimed the lives of two people and left several more injured. WJZ had extensive team coverage of the explosion, the impact to the neighborhood, how neighbors came together in the face of tragedy and the investigation.
- 8/12: When a new snowball stand opened in Locust Point, some weren't happy about it—frequently vandalizing and destroying the property. But the owner tells WJZ she isn't letting that get her down... as the community rallies behind her.
- 8/14: With less than three months until Election Day, a new warning tonight from the postal service. Mail-in ballots could be delayed in 46 states including Maryland, adding another layer of uncertainty to the upcoming election. WJZ explains—this comes as parts of our state deal with major lags in every day delivery services.
- 8/18: Maryland's attorney general is taking action amid the ongoing mail mess. He says he's suing the postal service in hopes to stop a mail slowdown and maintain the integrity of the upcoming election. WJZ's investigator reports, this comes as the Postmaster General promises no further reform at least for now.
- 8/25: Save the post office... that's the message from a group of protesters who spent the afternoon outside the main post office in downtown Baltimore. It was all part of a bigger, national effort to support the postal service after recent cost-cutting moves were made, which some fear could impact the upcoming election. WJZ has more on what they want to see happen.
- 8/27: Major changes are coming to recycling and track pickup in Baltimore City. This comes after garbage has been piling up in some neighborhoods. WJZ has more on the city's controversial decision to cut recycling collection.
- 9/1: The city of Baltimore is returning the toppled Columbus statue to its original owners. The agreement is set to be finalized during tomorrow's Board of Estimates meeting. WJZ is live in Little Italy with what this means and what the future might hold for the Christopher Columbus Piazza.
- 9/6: Tomorrow marks four weeks since an explosion leveled homes in Northwest Baltimore and killed two people. Today, members of the community welcomed victims and survivors for a private dinner. WJZ was there for the emotional and touching event
- 9/7: His spirit and incredible outlook captured the city... now a group is honoring the legendary Mo Gaba by buying an entire section at M&T Bank Stadium for Mo Gaba cutouts. And we have an update to pass along—they have reached their goal—selling out the entire section! WJZ spoke with the guys behind this amazing effort.
- 9/8: Today began week two of 'haul-it-yourself' recycling in Baltimore City. WJZ tells you what officials are monitoring this week and why they're saying they've reached a breaking point.
- 9/9: It's the year of everything virtual and that includes this year's Brigance Brigade 5.7K Run and Walk. WJZ is the proud media sponsor to help raise money for ALS patients and their families. The foundation was created in 2008 by beloved Ravens

linebacker O.J. Brigance when he himself was diagnosed with ALS. WJZ has more on this year's event and how you can get involved.

9/15: Relief could be on the way for Baltimore City residents struggling with a trash and recycling back-up. Today, the city began its extended hours at recycling collection sites. WJZ explains what public works officials told City Council about their plans for preventing further disruptions.

9/16: Many neighbors say they're fed up with daily shootings in Baltimore City. More than 50 people have been shot since last week. The governor met privately with the mayor and police commissioner—as they look to stop the bloodshed. WJZ's investigator reports with how the governor is calling for action—and calling out local leaders.

9/30: Weeks after proposing cuts to bus service, the MTA is now putting the brakes on those plans. This comes after backlash from riders and local leaders. WJZ explains what the new plan will be.

HEALTH

WJZ News

7/1-7/31: For the entire month of July, WJZ reported on the Coronavirus pandemic in Maryland every day. Coverage included running an informational crawl in all of our newscasts with the daily update on the number of cases, hospitalizations, deaths, the positivity rate and how many people have tested negative.

7/7: Perfecting an effective vaccine for the Coronavirus is crucial and Maryland is at the forefront of some of that research. In fact, one local company just got a big boost to further develop its vaccine. WJZ has a look at the work being done right here in Maryland.

7/13: Mental health crisis... it's been a big problem in Baltimore City and now, one city councilman is asking leadership to reexamine its response when it comes to these incidents.

7/15: A local university was one of the first in the world to start vaccine trials for COVID-19. Now, the University of Maryland School of Medicine says those tests were so promising, they are able to move on to the next phase. WJZ explains how much closer we are to a potential vaccine.

7/17: While there is a lot of talk about a Coronavirus vaccine, local researchers are on the forefront of potential anti-viral drugs that could be used to fight COVID-19. WJZ explains why these drugs are critical along with a vaccine.

8/1-8/31: For the entire month of August, WJZ reported on the Coronavirus pandemic in Maryland every day. Coverage included running an informational crawl in all of our newscasts with the daily update on the number of cases, hospitalizations, deaths, the positivity rate and how many people have tested negative.

8/17: 13 hospitals in Maryland are now working together to help tackle the Coronavirus. A new antibody test will help determine how many people in our state have been exposed to the virus. WJZ has details on the new collaboration.

8/30: Throughout the pandemic, experts say mental distress has been on the rise and with the disruptions far from over, they're sharing their research to help those suffering. WJZ shows us what groups are being affected and coping mechanisms that could help.

9/1-9/30: For the entire month of September, WJZ reported on the Coronavirus pandemic in Maryland every day. Coverage included running an informational crawl in all of our newscasts with the daily update on the number of cases, hospitalizations, deaths, the positivity rate and how many people have tested negative.

9/17: As temperatures begin to drop with the changing of the seasons, researchers at Johns Hopkins say the Coronavirus could spread more during the colder weather. WJZ tells you about the findings of the research and how the seasonal flu could impact the pandemic.

9/22: This Halloween is shaping u it's certainly going to impact some	p to be unlike any other.	The CDC is out with ne o. WJZ explains, trick-o	ew guidelines—hoping to or-treating is not advised	o keep us all safe, but