

# **FAITH RADIO NETWORK, INC.**

## **QUARTERLY ISSUES AND PROGRAMS LISTING**

FIRST QUARTER 2024

January 1, 2024 through March 31, 2024

The following issues were determined to be significant during the period from  
January 1, 2024 through March 31, 2024.

# COVER PAGE

## WLTG STATION UPDATES SINCE 2018 HURRICANE, AND PUBLIC AFFAIRS PROGRAMS AIRED IN JANUARY, FEBRUARY AND MARCH 2024

Prepared By: A.D.Whitehurst

On 10/10/2018 Bay County Florida was ravaged and many homes and businesses completely destroyed by Hurricane Michael.

Everyone was affected in some way. Our company, Hour Group Broadcasting, Inc (dba) WLTG RADIO was not spared. We lost one tower and of course power, satellite, phone and internet service.

Because of the tremendous damage, access to the transmitter site was almost impossible. However, on 11/19/18 we were back on the air with (STA) of 1KW. Our problem of access to the transmitter was limited to foot travel most of the time, and phone and internet were not available.

In an effort to air some kind of programming, we decided to air loop programming from the transmitter site. This enabled WLTG listeners to enjoy music, psa's and Public Affairs programming 24/7. Our normal PSA and Public Affairs programming offered more diversified subject matter because access was more available before Hurricane Michael, however, the loop programming offered Public Affairs, every hour 24/7 and more.

We were able to resume more normal broadcast operations in January 2019. In March 2020 a construction permit was issued to WLTG-AM for the purpose of constructing new transmitting equipment at Upper Grand Lagoon, FL. That construction has been completed and became operational under the new permit at the new licensed location at 2415 Laurie Avenue, Panama City Beach, Florida in early September 2020.

During the first week of September, 2020 WLTG-AM began broadcasting from its newly licensed facility at 2415 Laurie Avenue Upper Grand Lagoon, Florida, under its new corporate name Laurie Broadcasting, Inc.

On September 26, 2020 WLTG/Laurie Broadcasting entered into a Time Brokerage Agreement with Gold Standard Broadcasting of Panama City, Florida. Under this agreement Gold Standard Broadcasting provides all programming on WLTG-AM.

In July 2021 WLTG/Laurie Broadcasting terminated the Time Brokerage Agreement with Gold Standard Broadcasting and entered a new Time Brokerage Agreement with Faith Radio Network based in Tallahassee, Florida. Under this agreement Faith Radio Network provides all programming on WLTG-AM.

During the third quarter of 2021 WLTG-AM, under a Time Brokerage Agreement with Faith Radio Network, became the first local area station to broadcast Christian programming and music 24 hours a day in Spanish! The local Latin community and area churches that minister to them are very excited about it! The 1<sup>st</sup> Quarter 2024 Issues & Programs list is attached.

# QUARTERLY ISSUES AND PROGRAMS LISTING

## ISSUES / PROGRAMS

1. Alcoholism and Drug
2. Family
3. Health
4. Morals
5. Crime
6. Public Service Announcements/Interviews
7. Miscellaneous

WFRF AM, W294CS FM, WLTG AM, W260DR FM

Addressed the issues above with the programming contained in the following ISSUES/PROGRAMS details.

# ISSUES / PROGRAMS LIST

## ISSUE #1

### ALCOHOL & DRUGS

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Alcohol & Drugs "UNSHACKLED!"	Saturdays & Sundays 4:30 pm	Various	Various personal testimonies of people whose lives were changed from depravity, drugs, alcohol, crime and abhorrent social behavior by the saving grace and power of Jesus Christ.	30:00

# ISSUES / PROGRAMS LIST

## ISSUE #2

### Family

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Education "God's Great Outdoors"	12:00 Noon Saturdays	Dean and Linda Hulce	This program is for all who enjoy the hunting and fishing arenas of the outdoors throughout America. Dean and Linda Hulce encourage families to spend time together outdoors as they share their own experiences and those of others in God's great outdoors.	25:00
Family "Focus on the Family"	1/1/2024 1:00 p.m.	Wendy Speake	<b>Understanding the Goodness of God's Word</b> digest the Word of God in a beneficial way. Through compelling stories, practical help for your own spiritual life, as well as Wendy's F.E.A.S.T. acronym, you'll be able to take a hold of your walk with Christ and learn how to taste and see His character through the Bible in a new way!	28:30
Family "Family Life Today"	1/1/2024 6:03 p.m.	Justin Brierley	<b>THE CONVERSATION YOU'RE AVOIDING: JUSTIN BRIERLEY</b> For the next 30 years, one million young people will leave their faith. Whether a person believes in God or holds atheist beliefs, author Justin Brierley knows there's a vital need for open conversation.	27:00
Family "Focus on the Family"	1/2/2024 1:00 p.m.	Molly DeFrank	<b>How to Take Your Family Through a Digital Fast</b> Like most parents of children born after 2010, Molly DeFrank embraced the new digital technologies of smart phones and tablets for her kids. But she grew increasingly alarmed as she observed detrimental effects of "zombified kids," emotional outbursts, loss of other interests, etc. And she discovered alarming research that the average child spends more than 7 hours per day on a screen for entertainment purposes! Molly is not anti-tech; she simply wants to equip families to put technology in its proper place as a tool for our families.	28:30
Family "Family Life Today"	1/2/2024 6:03 p.m.	Justin Brierley	<b>IS MY KIDS' FAITH THEIR OWN? JUSTIN BRIERLEY</b> How much should Christian parents protect their kids? Justin Brierley, a parent himself, provides tips on how to equip both us and our kids to confidently tackle tough questions about faith. Turning everyday conversations into faith-building moments!	27:00
Family "Focus on the Family"	1/3/2024 1:00 p.m.	Dave and Ashley Willis	<b>How to Experience Great Intimacy and Love in Your Marriage (Part 1 of 2)</b> Dave and Ashley Willis help husbands and wives rediscover God's design for a marriage that enables them to be emotionally, spiritually and physically vulnerable and transparent with each other. They share their own love story and describe how "love is not enough" to sustain a lifelong marriage; couples need to commit to serving and sacrificing for each other.	28:30

Family "Family Life Today"	1/3/2024 6:03 p.m.	Justin Brierley	<b>GOD'S NOT DEAD: JUSTIN BRIERLEY</b> Could we be witnessing a return of belief in God in our generation? Apologist Justin Brierley, author of <i>Rediscovering the Bible</i> and the <i>Alternative Story of Science</i> , offers compelling scientific evidence for robust faith.	27:00
Family "Focus on the Family"	1/4/2024 1:00 p.m.	Dave and Ashley Willis	<b>How to Experience Great Intimacy and Love in Your Marriage (Part 2 of 2)</b> Dave and Ashley Willis help husbands and wives rediscover God's design for a marriage that enables them to be emotionally, spiritually and physically vulnerable and transparent with each other. They share their own love story and describe how "love is not enough" to sustain a lifelong marriage; couples need to commit to serving and sacrificing for each other.	28:30
Family "Family Life Today"	1/4/2024 6:03 p.m.	Dave and Ann Wilson	<b>NEW YEAR, NEW "US"</b> Today we tried something a little different! Our FamilyLife Today hosts, Dave and Ann Wilson are interviewed by the creators of FamilyLife's new Art of Marriage small group resource, Brian Goins and Ed Uszynski. Listen as they share tips on how couples can grow together, get more honest, and choose other practical steps to kickstart a stronger year together.	27:00
Family "Focus on the Family"	1/5/2024 1:00 p.m.	Pastor Phil Waldrep	<b>Finding Freedom Through the Art of Forgiveness</b> Have you ever been betrayed by a close friend or a loved one? Does it seem impossible to forgive that person? In this transparent message, Pastor Phil Waldrep shares how to overcome the natural feelings of denial, bitterness, and a need for vengeance, by embracing biblical forgiveness. The benefits of forgiveness include relief from the pain of the betrayal, release from the need for retribution, and a healthy sense of detachment from the situation.	28:30
Family "Family Life Today"	1/5/2024 6:03 p.m.	Brian Goins and Ed Uszynski	<b>I FEEL UNLOVED IN MY MARRIAGE</b> Part two of a special interview where Brian Goins and Ed Uszynski, creators of FamilyLife's new Art of Marriage resource, interview our FamilyLife Today hosts, Dave and Ann Wilson. Listen as they empathize with feeling unloved in marriage. Find ideas for stronger connection and deeper intimacy.	27:00
Family "Focus on the Family"	1/8/2024 1:00 p.m.	Dr. Marcus Warner and Pastor Chris Coursey	<b>Filling Your Marriage With Joy</b> In a discussion based on their book <i>The 4 Habits of Joy-Filled Marriages</i> , Dr. Marcus Warner and Pastor Chris Coursey offer practical guidance for how a husband and wife can work together to experience greater joy in their relationship.	28:30
Family "Family Life Today"	1/8/2024 6:03 p.m.	Kevin & Marcia Myers	<b>MAKING YOUR MARRIAGE BETTER THAN YOUR HONEYMOON: KEVIN AND MARCIA MYERS</b> Remember the honeymoon phase? (What's changed?) Authors Kevin & Marcia Myers help get back to where you started and rekindle the spark.	27:00

Family "Focus on the Family"	1/09/2024 1:00 p.m.	Laura Wifler and Erin Smalley	<b>Special Needs and the Imago Dei: Encouragement for Parents</b> One in five households care for a child with a disability. Laura Wifler and Erin Smalley are included in this count as they are both mothers to daughters with special needs. Over the years they have learned how to navigate parenting through the lens of disabilities. Some days involve going to physical therapy or undergoing surgery, other days include coping with a school bully or a difficult diagnosis. Laura and Erin remind us that the smallest acts of inclusivity, such as a kind word or a friendly smile, can make all the difference.	28:30
Family "Family Life Today"	1/09/2024 6:03 p.m.	Kevin & Marcia Myers	<b>HOW TO INTENTIONALLY LISTEN: KEVIN AND MARCIA MYERS</b> Would your spouse say they feel "heard"? Authors Kevin & Marcia Myers help unearth a new level of intimacy through the power of intentionally listening. Learn the strategies for navigating fights, skills of listening and resolving conflicts.	27:00
Family "Focus on the Family"	1/10/2024 1:00 p.m.	Debra Fileta	<b>Breaking Bad Habits in Your Life (Part 1 of 2)</b> Debra Fileta wants to help people experience change in healthy ways. She warns about the typical pattern of changing a few externals in our lives but not working on our "internal wiring". Debra examines our thought life and how easy it is for our brains to follow the path of least resistance.	28:30
Family "Family Life Today"	1/10/2024 6:03 p.m.	Kevin and Marcia Myers	<b>THE ELEPHANTS IN THE ROOM: KEVIN AND MARCIA MYERS</b> Ever wonder if your habits could be putting a damper on your marriage? Authors Kevin and Marcia Myers believe confronting those big issues can bring a fresh spark to your relationship. Whether it's financial concerns, deciding on having more kids, or other biggies, tackling these 'elephants' can breathe new life into your connection. Here's how.	27:00
Family "Focus on the Family"	1/11/2024 1:00 p.m.	Debra Fileta	<b>Breaking Bad Habits in Your Life (Part 2 of 2)</b> Debra Fileta wants to help people experience change in healthy ways. She warns about the typical pattern of changing a few externals in our lives but not working on our "internal wiring". Debra examines our thought life and how easy it is for our brains to follow the path of least resistance.	28:30

Family "Family Life Today"	1/11/2024 6:03 p.m.	Kelly Kopic, Tabitha Kopic	<b>THE GOD THEY SEE: WHY THEOLOGY IS UNIGNORABLE AS A PARENT</b> As a parent, when you're disciplining, breaking up fights, or chatting in the car—would you believe you're doing theology? Theologian Kelly Kopic knows theology isn't just a matter of what we think. It affects who we are. Theology is about life, which means our souls can't afford to avoid it. So what version of God are our kids internalizing? How can we respond thoughtfully in talks with our kids about acceptance, injustice, suffering, poverty, and moral absolutes? Kelly, author of <i>A Little Book for New Theologians: Why and How to Study Theology</i> , offer do-this-now ideas to shape an unshakeable theology that can stand up to whatever life tosses at our kids.	27:00
Family "Focus on the Family"	1/12/2024 1:00 p.m.	Jonathan & Kanika Evans	<b>Growing Closer Through Family Devotions</b> NFL chaplain Jonathan Evans and his wife, Kanika, offer parents practical ideas for effectively leading family devotions.	28:30
Family "Family Life Today"	1/12/2024 6:03 p.m.	Kelly Kopic, Tabitha Kopic	<b>YOU'RE BEING LIED TO ABOUT MONEY: KELLY &amp; TABITHA KAPIC</b> We're richer than ever. But are we actually happier? Join authors Kelly & Tabitha Kopic as they talk about the surprising sources of pleasure and genuine wealth.	27:00
Family "Focus on the Family"	1/15/2024 1:00 p.m.	Pastor Miles McPherson	<b>Seeing God's Image in All Men</b> Pastor Miles McPherson challenges believers of all skin tones to consider the fact that grouping humans by skin color promotes racism, which hinders the gospel. He encourages us to treat every person like they truly were created in the image of God.	28:30
Family "Family Life Today"	1/15/2024 6:03 p.m.	Trillia Newbell	<b>GOD'S VERY GOOD IDEA: TRILLIA NEWBELL</b> Feeling a bit lost on where to begin teaching your kids about unity and diversity? Trillia Newbell, author of several christian children's books, is here to share some fantastic insights. She'll guide you on helping your little ones see the beauty in people from all walks of life, according to God's perspective. Let's dive into the world of diversity, unity, and the incredible message of the gospel. Get ready to discover how Jesus came to rescue all kinds of amazing people!	27:00
Family "Focus on the Family"	1/16/2024 1:00 p.m.	Kathi Lipp	<b>Homesteading: Embracing a Simpler Life</b> Author and homesteader Kathi Lipp offers insightful ideas on homesteading. Her practical tips include creative cooking, gardening, and getting through harsh weather. Even if you live in a busy city, you can simplify and use your resources intentionally.	28:30
Family "Family Life Today"	1/16/2024 6:03 p.m.	Kevin DeYoung	<b>DO I NEED TO BE A JESUS EXPERT? KEVIN DEYOUNG</b> Ever feel unable to meet Christian life demands? Author Kevin DeYoung explains that running the Christian race is filled with adventure—chasing holiness, battling for purity, and finding the good news in the ordinary.	27:00

Family "Focus on the Family"	1/17/2024 1:00 p.m.		<b>Investing in Your Child for the Teen Years</b> A panel of parents join with Jim Daly and John Fuller to discuss preparing their children for the teen years and adulthood, providing a biblical perspective on sexuality, peer relationships and technology.	28:30
Family "Family Life Today"	1/17/2024 6:03 p.m.	Kevin DeYoung	<b>IMPOSSIBLE CHRISTIANITY: KEVIN DEYOUNG</b> Got guilt? Drawing from his book 'Impossible Christianity,' author Kevin DeYoung believes you don't have to carry a collective sense of guilt for past sins or feel the pressure to solve every problem in the present. Experience a sweet, new relationship with God and lasting satisfaction. Here's how.	27:00
Family "Focus on the Family"	1/18/2024 1:00 p.m.	Brad and Marilyn Rhoads	<b>Allowing Grace to Transform Your Marriage (Part 1 of 2)</b> Brad and Marilyn Rhoads openly share their terrible first year of marriage and how God intervened to introduce the concept of grace in their relationship. You'll better understand how marriage is a picture of the gospel and learn ways to honor your spouse in a more grace-filled, loving manner.	28:30
Family "Family Life Today"	1/18/2024 6:03 p.m.	Debra Fileta	<b>CHOOSING MARRIAGE: DEBRA FILETA</b> Any married person will tell you there's a significant difference between what you expect marriage to be like and what marriage is...actually...like. Author Debra Fileta proposes that, while marriage may be challenging, it's worth the beauty on the other side.	27:00
Family "Focus on the Family"	1/19/2024 1:00 p.m.	Brad and Marilyn Rhoads	<b>Allowing Grace to Transform Your Marriage (Part 2 of 2)</b> Brad and Marilyn Rhoads openly share their terrible first year of marriage and how God intervened to introduce the concept of grace in their relationship. You'll better understand how marriage is a picture of the gospel and learn ways to honor your spouse in a more grace-filled, loving manner.	28:30
Family "Family Life Today"	1/19/2024 6:03 p.m.	Debra Fileta	<b>MY MARRIAGE, MY WAY? DEBRA FILETA</b> Do we really need that many pillows on the bed? Are we both doing the same amount of chores? Is there room for compromise? Author Debra Fileta provides a fresh perspective in the struggle, highlighting how the 'me, myself, and I' mindset even in small things like pillows, can harm a marriage. She advocates that shifting from selfish ambition to prioritizing your spouse can have a positive impact on your relationship.	27:00
Family "Focus on the Family"	1/22/2024 1:00 p.m.	Priscilla Hurley	<b>Abortion Survivors Share the Value of Pre-Born Lives (Part 1 of 2)</b> Priscilla Hurley shares about being recruited to work in the abortion industry before her heart was broken with the realization that precious lives were being taken. Melissa Ohden shares her story of surviving a saline abortion, against all odds, and later founding the Abortion Survivors Network. Both women now inspire and encourage thousands of people to champion life.	28:30
Family "Family Life Today"	1/22/2024 6:03 p.m.	JD and Veronica Greear	<b>THE LIFE WE LONG FOR: JD &amp; VERONICA GREEAR</b> If Paul were writing the book of Romans for people in the 21st century, what would he say? JD and Veronica Greear break down Paul's	27:00

			explanation to the Romans, translating it into language that offers advice and encouragement for how to live its mind-boggling realities.	
Family "Focus on the Family"	1/23/2024 1:00 p.m.	Priscilla Hurley	<b>Abortion Survivors Share the Value of Pre-Born Lives (Part 2 of 2)</b> Priscilla Hurley shares about being recruited to work in the abortion industry before her heart was broken with the realization that precious lives were being taken. Melissa Ohden shares her story of surviving a saline abortion, against all odds, and later founding the Abortion Survivors Network. Both women now inspire and encourage thousands of people to champion life.	28:30
Family "Family Life Today"	1/23/2024 6:03 p.m.	.D. and Veronica Greear	<b>IS YOUR MARRIAGE TOO FAR GONE? JD &amp; VERONICA GREEAR</b> Struggling in marriage? JD and Veronica Greear offer real-life hope. Re-learn the transformative power of the gospel in healing deep wounds.	27:00
Family "Focus on the Family"	1/24/2024 1:00 p.m.	Taylor and Megan Kovar	<b>When Your Money and Marriage Clash</b> Money is one of the top reasons why couples experience conflict in marriage. Taylor and Megan Kovar believe the conflict isn't about money but about a lack of communication about money. They explain how to be more content with your financial situation and trust God for the future.	28:30
Family "Family Life Today"	1/24/2024 6:03 p.m.	JD and Veronica Greear	<b>MY MARRIAGE NEEDS HELP: JD &amp; VERONICA GREEAR</b> Feel like work is disconnecting you from your spouse? JD and Veronica Greear share 10 tips to feed healthy relationships and genuine community in your marriage.	27:00
Family "Focus on the Family"	1/25/2024 1:00 p.m.	Karen Ehman	<b>Engaging Others With Love, Kindness and Service</b> In a discussion centered around her book <i>Listen, Love, Repeat</i> , Karen Ehman offers inspiration and practical advice for stepping out of our comfort zone to bless others, particularly those who are lonely, sick or hard to love.	28:30
Family "Family Life Today"	1/25/2024 6:03 p.m.	David and Meg Robbins	<b>YOUR MARRIAGE, ON MISSION: DAVID &amp; MEG ROBBINS</b> What could it look like for your marriage to pour into your community, your neighbors, your kids friends? David and Meg Robbins explore the positive impact marriage brings the world--and the fulfillment a marriage on mission could bring the two of you.	27:00
Family "Focus on the Family"	1/26/2024 1:00 p.m.	Pastor Gary Thomas	<b>Enjoying the Earth Without Loving the World</b> Is it wrong to experience pleasure? Many Christians assume "pleasure" and "sin" are synonymous. Others define godly pleasure so narrowly that they drastically minimize the powerful and Holy role that pleasure can play in their lives. Still others feel guilty even thinking about how to build a life of pleasure. Pastor Gary Thomas invites Christians to embrace a life of true pleasure as a pathway to obedience, worship, and service. Gary provides a theological and inspirational framework to help us cultivate the kind of life that pleases God.	28:30

Family "Family Life Today"	1/26/2024 6:03 p.m.	David & Meg Robbins	<b>DOES MY SPOUSE KNOW ME ANYMORE? DAVID &amp; MEG ROBBINS</b> Brian Goins and Ed Uszynski faced a mammoth challenge: reimagining and improving FamilyLife's classic group resource, Art of Marriage, to resonate with a global audience of current and new generations. Focusing on God's flawless design and purpose, the all-new Art of Marriage draws on six Hebrew and Greek words for love in the Bible. In this episode Brian and Ed--along with FamilyLife president David Robbins and his wife Meg--offer intensely practical ideas to bring these kinds of love vividly alive in your relationship.	27:00
Family "Focus on the Family"	1/29/2024 1:00 p.m.	Lucille Williams	<b>Teaching Children to Celebrate Their Strengths</b> Lucille Williams equips you with ways you can nurture your child's strengths and help them learn to overcome their weaknesses. She shares her story of struggle and challenges as she discovered her own abilities. By building a strong identity in Christ, you can develop strategies to highlight their talents.	28:30
Family "Family Life Today"	1/29/2024 6:03 p.m.	Kevin DeYoung	<b>FOLLOW MY HEART, OR FOLLOW MY HEAD? KEVIN DEYOUNG</b> Should you follow your heart or your head? Kevin DeYoung believes God understands our hearts. Could you possibly be steering yourself in the wrong direction? If you're grappling with deciding whether to end a relationship or if your next career path is right for you, gain confidence in your next decision with thoughtful consideration.	27:00
Family "Focus on the Family"	1/30/2024 1:00 p.m.	Dr. Gregory Jantz	<b>Finding Hope For Lasting Relief From Depression (Part 1 of 2)</b> Dr. Gregory Jantz, a leading authority on mental and behavioral health, shares encouragement and help for those overwhelmed by feelings of guilt and shame associated with depression. He tells success stories from patients who've found hope and healing for mind, soul and body, by developing healthy habits, growing spiritually in your faith community, and taking prescribed medication when appropriate.	28:30
Family "Family Life Today"	1/30/2024 6:03 p.m.	Ron Deal, Davey & Kristi Blackburn	<b>LOSING THE ONE I LOVED: RON DEAL, DAVEY &amp; KRISTI BLACKBURN</b> Imagine losing your pregnant wife in a home invasion and navigating the challenges of getting remarried years later. Join Ron Deal, Davey & Kristi Blackburn as they share their journey, emphasizing the significance of leaning into the pain of losing someone you love for healing and blending their families.	27:00

Family "Focus on the Family"	1/31/2024 1:00 p.m.	Dr. Gregory Jantz	<b>Finding Hope For Lasting Relief From Depression (Part 2 of 2)</b> Dr. Gregory Jantz, a leading authority on mental and behavioral health, shares encouragement and help for those overwhelmed by feelings of guilt and shame associated with depression. He tells success stories from patients who've found hope and healing for mind, soul and body, by developing healthy habits, growing spiritually in your faith community, and taking prescribed medication when appropriate.	28:30
Family "Family Life Today"	1/31/2024 6:03 p.m.	Jordan Raynor	<b>HELP! MY JOB IS BORING! JORDAN RAYNOR</b> My job is boring... Does this work have any real point? Instead of aimlessly searching LinkedIn, Jordan Raynor offers an alternative solution on how to work with purpose! Could God value your work if it's not "in ministry"?	27:00
Family "Focus on the Family"	2/1/2024 1:00 p.m.	Debra Fileta	<b>Inviting God Into Your Dating Relationship (Part 1 of 2)</b> Debra Fileta discusses finding your identity before you make it your relationship, having emotional boundaries, and focusing on Christ as the true healing and fulfillment in your life. Her practical advice and fun stories are something you don't want to miss!	28:30
Family "Family Life Today"	2/1/2024 6:03 p.m.	Jordan Raynor	<b>DOES GOD CARE ABOUT MY JOB? JORDAN RAYNOR</b> Can your regular job impact eternity? If you're uncertain about whether your job aligns with your spiritual values and God's plan for your life, Jordan Raynor shares ways to make your work meaningful in everyday tasks and explores if God truly cares about what you do from an eternal perspective.	27:00
Family "Focus on the Family"	2/2/2024 1:00 p.m.	Debra Fileta	<b>Inviting God Into Your Dating Relationship (Part 2 of 2)</b> Debra Fileta discusses finding your identity before you make it your relationship, having emotional boundaries, and focusing on Christ as the true healing and fulfillment in your life. Her practical advice and fun stories are something you don't want to miss!	28:30
Family "Family Life Today"	2/2/2024 6:03 p.m.	Jordan Raynor	<b>EMPOWERING YOUR CHILD'S CAREER DREAMS: JORDAN RAYNOR</b> Jordan Raynor guides parents in demonstrating the sacredness of every aspect of life and work, encouraging a purposeful approach connected to God for their children.	27:00
Family "Focus on the Family"	2/5/2024 1:00 p.m.	Dave and Ashley Willis	<b>How to Avoid Bad Influences On Your Marriage</b> Dave and Ashley Willis encourage husbands and wives to share as much as possible, rather than have separate bank accounts, hobbies, and even friends. The risk is pursuing your own life rather than prioritizing your spouse.	28:30

Family "Family Life Today"	2/5/2024 6:03 p.m.	Meg Robbins, Jamie Ivey, and Vivian Mabuni	<b>BEING A WIFE (AND HOW I GOT IT WRONG): JAMIE IVEY, VIVIAN MABUNI, &amp; MEG ROBBINS</b> Discover profound insights on the biblical perspective of being a "helper" in this engaging podcast. Join Ann Wilson, Meg Robbins, Jamie Ivey, and Vivian Mabuni as they lead a dynamic women's roundtable discussion. Delve deep into the common misconceptions surrounding relationship responsibilities and explore the challenges associated with unmet expectations in the context of Christian marriages. Tune in for a thoughtful exploration of these crucial topics with a diverse and experienced panel. Jamie Ivey, Vivian Mabuni, Meg Robbins, and Ann Wilson are all contributors to FamilyLife's all-new Art of Marriage group study! To learn more or order your copy, visit <a href="http://artofmarriage.com">artofmarriage.com</a> ..	27:00
Family "Focus on the Family"	2/6/2024 1:00 p.m.	Dr. Mike Bechtle	<b>Using Your Unique Personality to Share Your Faith (Part 1 of 2)</b> If you're a Christian who struggles with feelings of inadequacy when it comes to evangelism or guilt for not doing more to share your faith, listen in as Dr. Mike Bechtle offers encouragement, explaining why there's no prescribed method that's 'best,' and that God can use your unique personality to accomplish the same goal.	28:30
Family "Family Life Today"	2/6/2024 6:03 p.m.	Meg Robbins, Jamie Ivey, and Vivian Mabuni	<b>MARRIAGE BAGGAGE: LIES &amp; TRUST ISSUES: JAMIE IVEY, VIVIAN MABUNI, MEG ROBBINS</b> Is there baggage destroying your marriage? Ann Wilson, Meg Robbins, Jamie Ivey, and Vivian Mabuni chat about baggage in marriage including, • influence of family generations • unmet expectations, and • porn's effects on marriage Tune in for actionable steps and valuable perspectives on preserving intimacy in your relationship. Ann Wilson, Meg Robbins, Jamie Ivey, and Vivian Mabuni are contributors to FamilyLife's all-new Art of Marriage group study! To learn more or order your copy, visit <a href="http://artofmarriage.com">artofmarriage.com</a> .	27:00
Family "Focus on the Family"	2/7/2024 1:00 p.m.	Dr. Mike Bechtle	<b>Using Your Unique Personality to Share Your Faith (Part 2 of 2)</b> If you're a Christian who struggles with feelings of inadequacy when it comes to evangelism or guilt for not doing more to share your faith, listen in as Dr. Mike Bechtle offers encouragement, explaining why there's no prescribed method that's 'best,' and that God can use your unique personality to accomplish the same goal.	28:30
Family "Family Life Today"	2/7/2024 6:03 p.m.	Aaron Ivey, Brian Goins, Darrin Mabuni, Ed Uszynski	<b>PRAYER—A MAN'S BATTLEFIELD: BRIAN GOINS, ED USZYNSKI, DARRIN MABUNI, AARON IVEY</b> Why is prayer important? Because prayer is a battlefield. Brian Goins, Ed Uszynski, Darrin Mabuni and Aaron Ivey discuss the roles of praying as a husband and how prayer can be intimidating for men. Discover mind-blowing ways to make prayer a superpower in your marriage and everyday life. Brian, Ed, Darrin, Aaron, and host Dave Wilson are contributors to FamilyLife's all-new Art of Marriage group study! To learn more or order your copy, visit <a href="http://artofmarriage.com">artofmarriage.com</a> .	27:00

Family "Focus on the Family"	2/8/2024 1:00 p.m.	Pam Farrel and PeggySue Wells	<b>Leading Your Family as a Single Mom (Part 1 of 2)</b> Pam Farrel (raised by a single mom) and PeggySue Wells (a single mom of seven!) offer guidance to single moms (and dads!) as they navigate life with their children. They examine some of the best decisions a single mom can make—things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways. It's an encouraging conversation for the single parent!	28:30
Family "Family Life Today"	2/8/2024 6:03 p.m.	Dave Wilson and Brian Goins host Ed Uszynski, Darrin Mabuni and Aaron Ivey	<b>THE SINS WE HIDE: BRIAN GOINS, ED USZYNSKI, DARRIN MABUNI, AARON IVEY</b> Ever wonder if your spouse is hiding something? Dave Wilson and Brian Goins host Ed Uszynski, Darrin Mabuni and Aaron Ivey to discuss why the dark parts of your marriage need the light. They share keyways to make your connection stronger, and foster transparency and trust. Brian, Ed, Darrin, Aaron, and host Dave Wilson are contributors to FamilyLife's all-new Art of Marriage group study!	27:00
Family "Focus on the Family"	2/9/2024 1:00 p.m.	Pam Farrel and PeggySue Wells	<b>Leading Your Family as a Single Mom (Part 2 of 2)</b> Pam Farrel (raised by a single mom) and PeggySue Wells (a single mom of seven!) offer guidance to single moms (and dads!) as they navigate life with their children. They examine some of the best decisions a single mom can make—things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways. It's an encouraging conversation for the single parent!	28:30
Family "Family Life Today"	2/9/2024 6:03 p.m.	Brian Goins, Ed Uszynski, and Darrin Mabuni,	<b>BEYOND SMALL TALK AND SPORTS: BRIAN GOINS, ED USZYNSKI, AND DARRIN MABUNI</b> Maintain your bro time even in marriage! Dave Wilson and Brian Goins, with guests Ed Uszynski, and Darrin Mabuni, emphasize the importance of male connections, particularly within the Christian community. They explore how these connections contribute to great marriages, wise parenting, and overall well-being. Discover why having someone to follow and lead in life makes all the difference.	27:00
Family "Focus on the Family"	2/12/2024 1:00 p.m.	Dr. Danny Huerta	<b>Cultivating a Mentally Healthy Family</b> Research increasingly shows that our culture is in the midst of a mental health epidemic, especially among children and youth — persistent feelings of sadness and hopelessness, anxiety and even suicidal thoughts. But Dr. Danny Huerta believes parents can offset these issues by routinely initiating conversations with their children to assess their mental and emotional well-being. He encourages parents to establish a solid spiritual environment in the home to help improve mental health.	28:30

Family "Family Life Today"	2/12/2024 6:03 p.m.	Jared And Becky Wilson	<b>FRIENDSHIP WITH THE FRIEND OF SINNERS: JARED &amp; BECKY WILSON</b> Is Jesus a friend of sinners? Like me? Jared and Becky Wilson show us how Jesus' acceptance of us isn't determined by what we do.	27:00
Family "Focus on the Family"	2/13/2024 1:00 p.m.	Dr. Kevin Leman	<b>Discovering the Secrets to a Lifelong Romance (Part 1 of 2)</b> Popular guest Dr. Kevin Leman offers practical suggestions for maintaining a lasting, thriving marriage, including identifying your spouse's key needs, living a lifestyle of "24/7 intimacy," using feelings to strengthen your relationship, and more. Jim Daly's wife, Jean, joins the conversation to offer her insights from their marriage of over 30 years.	28:30
Family "Family Life Today"	2/13/2024 6:03 p.m.	Jared And Becky Wilson	<b>MISSING: FRIENDSHIP: JARED AND BECKY WILSON</b> When did it become so hard to know how to do friendship with the people around us, despite all the options we have to connect? And how are we supposed to feel that close to a holy, perfect, and invisible God? Author Jared Wilson and his wife Becky believe friendships are unmissable--and they've got ideas on where to start.	27:00
Family "Focus on the Family"	2/14/2024 1:00 p.m.	Dr. Kevin Leman	<b>Discovering the Secrets to a Lifelong Romance (Part 2 of 2)</b> Popular guest Dr. Kevin Leman offers practical suggestions for maintaining a lasting, thriving marriage, including identifying your spouse's key needs, living a lifestyle of "24/7 intimacy," using feelings to strengthen your relationship, and more. Jim Daly's wife, Jean, joins the conversation to offer her insights from their marriage of over 30 years	28:30
Family "Family Life Today"	2/14/2024 6:03 p.m.	David and Meg Robbins	<b>STAYING CLOSE WHEN LIFE IS CRAZY: DAVID &amp; MEG ROBBINS</b> Life is hectic--and finding time for intimacy feels impossible. How can we keep our connection strong amidst all the crazy? David and Meg Robbins find out how to manage overwhelming busyness, offering tangible approaches to build stronger intimacy. David and Meg are contributors to FamilyLife's all-new Art of Marriage group study! To learn more or order your copy, visit <a href="http://artofmarriage.com">artofmarriage.com</a> .	27:00
Family "Focus on the Family"	2/15/2024 1:00 p.m.	Lisa Harper	<b>Believing God's Promises Despite Hard Circumstances</b> Are you waiting for a miracle from God? In this winsome presentation, author and bible teacher Lisa Harper shares how the Lord redeemed gut-wrenching disappointments in her life. She encourages believers to see "waiting on God" as the bold stance of a prayerful warrior, not an attitude of defeated pessimism.	28:30

Family "Family Life Today"	2/15/2024 6:03 p.m.	David and Meg Robbins	<b>HE RESTORES MY SOUL: DAVID &amp; MEG ROBBINS</b> Wondering why you feel constantly drained and emotionally exhausted? David & Meg Robbins walk through the passage of Psalm 23 highlighting the intimate and caring relationship between God and His people. Find the rest your soul's been craving. David and Meg are contributors to FamilyLife's all-new Art of Marriage group study! To learn more or order your copy, visit <a href="http://artofmarriage.com">artofmarriage.com</a> .	27:00
Family "Focus on the Family"	2/16/2024 1:00 p.m.	Dr. Gary Chapman	<b>The Impact of a Life Well Lived</b> Dr. Gary Chapman reflects on the lessons God has taught him throughout his life—through his parents, his wife, and his children. He recalls how he identified the Five Love Languages and offers some solid insight on marriage and parenting. As he reflects on his personal journey, you'll be encouraged to do the same!	28:30
Family "Family Life Today"	2/16/2024 6:03 p.m.	David and Meg Robbins	<b>RUNNING ON FUMES: DAVID &amp; MEG ROBBINS</b> "Our marriage feels off, but I can't pinpoint why. How can I be working on my marriage while running on fumes?" David & Meg Robbins recognize the signs of strain and provide practical advice for addressing them. Discover insights to strengthen your relationship. David and Meg are contributors to FamilyLife's all-new Art of Marriage group study! To learn more or order your copy, visit <a href="http://artofmarriage.com">artofmarriage.com</a> .	27:00
Family "Focus on the Family"	2/19/2024 1:00 p.m.	Kristan Hawkins	<b>Changing Minds to Save the Pre-Born</b> Kristan Hawkins, the president of Students for Life of America, shares inspiring stories about the pro-life movement and will help you to speak up for the preborn and vulnerable women. She talks about what motivated her as a teenager to get involved in the pro-life movement, her work with Students for Life of America, and how to graciously deal with criticism, attacks, and misinformation from abortion advocates	28:30
Family "Family Life Today"	2/19/2024 6:03 p.m.	Rachel Faulkner- Brown	<b>I HAVE AN EATING DISORDER: RACHEL &amp; CAMPBELL FAULKNER-BROWN</b> Could you or someone you know have an eating disorder? Campbell Brown shares her personal journey with anorexia and her mom, Rachel, shares how she learned to support her on the road to recovery.	27:00
Family "Focus on the Family"	2/20/2024 1:00 p.m.	Cynthia Tobias	<b>Practical Advice for Parenting Strong-Willed Children (Part 1 of 2)</b> Educator and author Cynthia Tobias offers encouragement and practical advice for the difficult scenarios faced by frustrated parents of strong-willed children, ranging from very young to adult.	28:30

Family "Family Life Today"	2/20/2024 6:03 p.m.	Rachel Faulkner- Brown	<b>YOU ARE NOT YOUR BODY IMAGE ISSUES: RACHEL &amp; CAMPBELL FAULKNER-BROWN</b> Who does God say we are? Campbell Brown opens up about overcoming her body image issues and eating disorder as she integrates a Christian perspective on mental health.	27:00
Family "Focus on the Family"	2/21/2024 1:00 p.m.	Cynthia Tobias	<b>Parenting Strong-Willed Children (Part 2 of 2)</b> Educator and author Cynthia Tobias offers encouragement and practical advice for the difficult scenarios faced by frustrated parents of strong-willed children, ranging from very young to adult.	28:30
Family "Family Life Today"	2/21/2024 6:03 p.m.	Rachel Faulkner- Brown	<b>I THINK MY DAUGHTER HAS AN EATING DISORDER: RACHEL &amp; CAMPBELL FAULKNER-BROWN</b> How can you create a safe place at home geared toward food and body image? Campbell Brown and therapist, Sissy Goff, share insight on addressing teenage eating disorders, body image concerns, and emotional well-being in kids.	27:00
Family "Focus on the Family"	2/22/2024 1:00 p.m.	Josh and Katie Walters	<b>Restoring Your Marriage After an Affair (Part 1 of 2)</b> Infidelity can rip a marriage apart — and it's hard to imagine a betrayal more painful than finding out your spouse is involved with someone else. Josh and Katie Walters share the story of Katie's affair with the husband of their good friend couple, and how Katie vacillated for quite a while, torn between doing the right thing (ending the affair) and still feeling love for the other man. Meanwhile, Josh was convinced by God that divorce was wrong, and he needed to love Katie as Christ loves the Church, which meant pushing through the pain and hoping against hope to rescue his marriage.	28:30
Family "Family Life Today"	2/22/2024 6:03 p.m.	J.T. English, Jen Wilkin	<b>THEOLOGY: WHY SHOULD I CARE? JEN WILKIN &amp; J.T. ENGLISH</b> Somewhere in the middle of text notifications and disturbing headlines, 'theology' might feel missable. But is it? Jen Wilkin & J.T. English discovers the significance of theology, its role in church and family discipleship, and why everyone is a theologian.	27:00
Family "Focus on the Family"	2/23/2024 1:00 p.m.	Josh and Katie Walters	<b>Restoring Your Marriage After an Affair (Part 2 of 2)</b> Infidelity can rip a marriage apart — and it's hard to imagine a betrayal more painful than finding out your spouse is involved with someone else. Josh and Katie Walters share the story of Katie's affair with the husband of their good friend couple, and how Katie vacillated for quite a while, torn between doing the right thing (ending the affair) and still feeling love for the other man. Meanwhile, Josh was convinced by God that divorce was wrong and he needed to love Katie as Christ loves the Church, which meant pushing through the pain and hoping against hope to rescue his marriage.	28:30

Family "Family Life Today"	2/23/2024 6:03 p.m.	J.T. English, Jen Wilkin	<b>HOW WELL DO YOU REALLY KNOW GOD? JEN WILKIN &amp; J.T. ENGLISH</b> If you could know God deeper, would you? Don't miss out on a deeper connection. Authors Jen Wilkin and J. T. English invite you to take your next step in knowing the God your soul craves.	27:00
Family "Focus on the Family"	2/26/2024 1:00 p.m.	Pastor Jeff Simmons	<b>Learning to Live Out God's Call on Your Life</b> Did you know that God uses ordinary people like you to do extraordinary things? Pastor Jeff Simmons shares insights into living a fulfilling and joyful life by embracing God's call. He'll encourage you to invest your time and money wisely, with your focus on God and others instead of yourself.	28:30
Family "Family Life Today"	2/26/2024 6:03 p.m.	Elizabeth Woodson	<b>STUCK IN THE PAST: ELIZABETH WOODSON</b> Stuck in a rut, thinking about the past? Elizabeth emphasizes practical steps and coping strategies on how to climb out of seasons of discontent and difficulty.	27:00
Family "Focus on the Family"	2/27/2024 1:00 p.m.	Sarah Beasley McDonald	<b>When Lives Collide: Navigating Remarriage and Stepfamily (Part 1 of 2)</b> In this broadcast, Sarah Beasley McDonald will help couples and single adults prepare for remarriage and the formation of a stepfamily. She also talks about the unique challenges that couples face in remarriages and stepfamilies face.	28:30
Family "Family Life Today"	2/27/2024 6:03 p.m.	Elizabeth Woodson	<b>WHEN LIFE ISN'T WHAT YOU HOPED: ELIZABETH WOODSON</b> Does life continue to knock you down--hard? Maybe there's a never-ending cycle of financial struggles, or every time you get close to someone, things fall apart. Whatever it is, Elizabeth Woodson offers gentle guidance through tough, disappointing realities. She provides a fresh perspective—one that embraces genuine joy amid searing setbacks and loss of control. Find peace, hope, and the strength to move forward.	27:00
Family "Focus on the Family"	2/28/2024 1:00 p.m.	Sabrina Beasley McDonald	<b>When Lives Collide: Navigating Remarriage and Stepfamily (Part 2 of 2)</b> In this broadcast, Sabrina Beasley McDonald will help couples and single adults prepare for remarriage and the formation of a stepfamily. She also talks about the unique challenges that couples face in remarriages and stepfamilies face.	28:30
Family "Family Life Today"	2/28/2024 6:03 p.m.	Jay Y. Kim	<b>HELP! I'M ADDICTED TO MY PHONE: JAY Y. KIM</b> "I use my phone a lot. Doesn't everyone?" Truth: Our phones are designed to keep us scrolling and swiping at all costs. Jay Kim reveals eye-opening ways our phones can create a prison for our souls and impact the life and future of the worldwide church.	27:00
Family "Focus on the Family"	2/29/2024 1:00 p.m.	J. John	<b>Who God Says You Are</b> Speaking to an enthusiastic crowd of two-thousand women, J. John uses his trademark humor and compelling stories to convey four traits that God sees in each of us: We are lovable, we are valuable, we are forgiven, and we are capable.	28:30

Family "Family Life Today"	2/29/2024 6:03 p.m.	Jay Y. Kim	<b>SOCIAL MEDIA: WHEN YOU CAN'T STOP COMPARING: JAY Y. KIM</b> Feeling low after scrolling, but don't know why? Social media can cause low self-esteem and addiction. Jay Y. Kim examines how to unplug--and increase contentment.	27:00
Family "Focus on the Family"	3/1/2024 1:00 p.m.	Monica Swanson	<b>Teaching Kids to Love God and Serve Others Well</b> Monica Swanson shares a story about taking her son Jonah through "character training" when he was 13 to learn more about the importance of godly character in his life. She also shares why allowing kids to suffer and learn through adversity will help them become stronger and healthier adults.	28:30
Family "Family Life Today"	3/1/2024 6:03 p.m.	Jay Y. Kim	<b>IS DIGITAL CHURCH ENOUGH? JAY Y. KIM</b> Love the flexibility of attending digital church services from your sofa? Get skeptical. With Jay Y. Kim, discover why it impacts worship and community.	27:00
Family "Focus on the Family"	3/4/2024 1:00 p.m.	Pastor Kevin Thompson	<b>Embracing Your Role as a Spouse</b> Pastor Kevin Thompson explores three primary roles in marriage – friend, partner, and lover – and explains how spouses can live out those roles optimally by investing in their relationship mentally, emotionally, and physically.	28:30
Family "Family Life Today"	3/4/2024 6:03 p.m.	Shelby Abbott	<b>BEFORE YOU ASK THEM OUT: SHELBY ABBOTT</b> Got a date soon? Have you decided what you're going to wear, who's paying? So many things to consider. Shelby walks you through it with tips on communication, the single life, and sex! Don't forget to grab Shelby's book, "I Am A Tool: To Help with Your Dating Life," for some extra tips on asking them out!"	27:00
Family "Focus on the Family"	3/5/2024 1:00 p.m.	Laura Perry Smalts	<b>God's Amazing Grace in a Transgendered Person's Life (Part 1 of 2)</b> Laura Perry Smalts shares about her 7-year journey of transitioning and identifying as a male before realizing she was living a lie and then fully embracing her female gender. She tells about her painful experiences living with a self-created identity outside of God's design and incredible plan for her, revealed through her loving parents and other believers. Laura and Dr. Meg Meeker, a pediatrician, speak compassionately about the issues surrounding gender confusion in today's culture, offering practical insights, hope and help.	28:30
Family "Family Life Today"	3/5/2024 6:03 p.m.	David and Meg Robbins	<b>PRE-WEDDING CONVERSATIONS YOU CAN'T AFFORD TO SKIP: DAVID &amp; MEG ROBBINS</b> You're getting married soon or your new to this marriage thing. David and Meg Robbins give pointers on diving into those must-have conversations about money, sex, in-laws and more. Helping you get ready for more than the wedding day—a lifetime of marriage. Pick up their book "Preparing for Marriage" to ensure you're prepared for your big day!	27:00

Family "Focus on the Family"	3/6/2024 1:00 p.m.	Laura Perry Smalts	<b>God's Amazing Grace in a Transgendered Person's Life (Part 2 of 2)</b> Laura Perry Smalts shares about her 7-year journey of transitioning and identifying as a male before realizing she was living a lie and then fully embracing her female gender. She tells about her painful experiences living with a self-created identity outside of God's design and incredible plan for her, revealed through her loving parents and other believers. Laura and Dr. Meg Meeker, a pediatrician, speak compassionately about the issues surrounding gender confusion in today's culture, offering practical insights, hope and help.	28:30
Family "Family Life Today"	3/6/2024 6:03 p.m.	David & Meg Robbins	<b>ARE YOU REALLY READY TO GET MARRIED? DAVID &amp; MEG ROBBINS</b> The anticipation for your big day is overwhelming. Have you discussed anything besides the wedding details? In-laws, finances, baggage? Don't worry! David & Meg Robbins share insights they wish they'd had before marriage. To make sure you're all set for your big day, grab their book "Preparing for Marriage".	27:00
Family "Focus on the Family"	3/7/2024 1:00 p.m.	Leslie and Duncan Fields	<b>Never Perfect: Finding More Joy, and Less Guilt, As a Mom</b> Leslie and her husband Duncan have raised six kids on two remote islands in Alaska. She shares her journey from perfect mother, to fishing-crew mother, to embattled mother, to happy "good-enough" mother who discovers the power of true love.	28:30
Family "Family Life Today"	3/7/2024 6:03 p.m.	David & Meg Robbins	<b>MARRIAGE: WHAT I WISH I WOULD HAVE KNOWN: DAVID &amp; MEG ROBBINS</b> Crave that forever love? David & Meg Robbins are here to support you with tips on tackling relationship hurdles and blending families. They've got some awesome Christian marriage resources to guide you through the twists and turns, helping you rediscover those sweet little things about your future spouse from the time you met.	27:00
Family "Focus on the Family"	3/8/2024 1:00 p.m.	Chris Coursey	<b>Choosing Joy in Healthy Relationships</b> Chris Coursey helps you better understand the role of joy in your marriage, your parenting, and your friendships. He'll explore the joy center in your brain, so you can know how it works and how to keep it from turning off. As joy overflows into your relationships, you'll be able to connect with others in healthy, thriving ways.	28:30
Family "Family Life Today"	3/8/2024 6:03 p.m.	Ron Deal	<b>BLENDING A FAMILY AFTER LOSS: RON DEAL</b> Stepparenting is hard, especially after loss of a family member. Ron Deal understands how blending a family can be hard, and in his book 'Preparing to Blend,' crafted for engaged or pre-engaged couples with kids from previous relationships, he guides you through the journey of combining loss and love, touching on wedding planning and communication.	27:00

Family "Focus on the Family"	3/11/2024 1:00 p.m.	Cynthia Tobias	<b>Putting Children First in Education</b> Cynthia Tobias shares practical advice on how to best maximize your student's environment, attitude, time-management, learning style, organizational skills, and mental capacity. She will help parents understand the various schooling options so they can decide what method of education will be best for their child.	28:30
Family "Family Life Today"	3/11/2024 6:03 p.m.	Ted Cunningham	<b>THE MARRIAGE THAT LAUGHS TOGETHER: TED CUNNINGHAM</b> Remember the days before kids, work, and pets, when it was just you and your spouse? Can you ever get that feeling back? Well, on our Love Like You Mean It Cruise, Ted and Amy Cunningham, celebrating 27 years together, are talking about how to keep laughing together and liking each other. Join us as we hear their stories and snag a few pointers.	27:00
Family "Focus on the Family"	3/12/2024 1:00 p.m.	Phil and Al Robertson	<b>From Rebellion to Redemption</b> Duck Dynasty's Phil and Al Robertson lived portions of their lives in direct rebellion against God, until they were redeemed by the work of the Holy Spirit. They share their moving testimonies and the simple truth of the Gospel of Jesus Christ, which has led to an incredible family legacy. In this discussion with Jim Daly, you'll be inspired by their story and emboldened to share your Christian faith.	28.30
Family "Family Life Today"	3/12/2024 6:03 p.m.	Ann Wilson	<b>WHEN WORDS WOUND: HOW TO BUILD OR BREAK YOUR HUSBAND: ANN WILSON</b> Maybe your husband's buried in his phone. Lost in work. Clueless about household chores. It's tempting to want to fix him, right? But what if all that nagging is doing more harm than good? Ann Wilson has been there, done that. She's got wisdom to share about the freedom that comes when we let go of the constant nagging.	27:00
Family "Focus on the Family"	3/13/2024 1:00 p.m.	Amber and Guy Lia	<b>Identifying Triggers in Your Marriage (Part 1 of 2)</b> Based on their book <i>Marriage Triggers</i> , Amber and Guy Lia discuss common, everyday things – from house cleaning and backseat driving to workaholism and lack of intimacy – which can provoke anger and tension in marriage. Our guests explain how couples can identify those 'triggers' and deal with them in a healthy way. Jim Daly's wife, Jean, joins the conversation.	28:30
Family "Family Life Today"	3/13/2024 6:03 p.m.	Ron & Nan Deal, Juli Slattery, and Michael R. Sytsma, PhD	<b>HOW TO KEEP THE ROMANCE ALIVE: DR. JULI SLATTERY, AND DR. MICHAEL SYTSMA</b> What does it look like to keep the romance alive when it things are flaming out? Well, Ron & Nan Deal, Juli Slattery, and Michael R. Sytsma, PhD are here to help. They're talking about bringing back that love, having meaningful chats and noticing when things feel off.	27:00

Family "Focus on the Family"	3/14/2024 1:00 p.m.	Amber and Guy Lia	<b>Identifying Triggers in Your Marriage (Part 2 of 2)</b> Based on their book <i>Marriage Triggers</i> , Amber and Guy Lia discuss common, everyday things – from house cleaning and backseat driving to workaholism and lack of intimacy – which can provoke anger and tension in marriage. Our guests explain how couples can identify those 'triggers' and deal with them in a healthy way. Jim Daly's wife, Jean, joins the conversation.	28:30
Family "Family Life Today"	3/14/2024 6:03 p.m.	Dave Ortlund	<b>CAN JESUS STILL CARE WHEN I MESS UP? DAVE ORTLUND</b> Are you longing for someone to care about you? Dave Ortlund unpacks Ephesians 5 revealing the true character of Jesus. Does Jesus love me? Could Jesus actually care for me even though I have messed up?	27:00
Family "Focus on the Family"	3/15/2024 1:00 p.m.	Adam Holz and Paul Asay	<b>Becoming Screen Savvy As a Family</b> Adam Holz and Paul Asay from Focus on the Family's Plugged-In team equip you to guide your family to make healthy media choices. They explain what the Bible says about entertainment and how to engage with and teach your kids discernment when it comes to what they are watching and playing. It's a great conversation you won't want to miss!	28:30
Family "Family Life Today"	3/15/2024 6:03 p.m.	Dave Ortlund	<b>JESUS' NOURISHING LOVE IN HARD TIMES: DAVE ORTLUND</b> What does hope look like when life is falling apart? Whether it's stress, financial struggles, or heartache from loss, Dave Ortlund offers hope as he continues to unpack Ephesians 5, showing us that as believers, we are taken care of by the love of Jesus. But how does this look in everyday life?	27:00
Family "Focus on the Family"	3/18/2024 1:00 p.m.	Robyn Dykstra	<b>Overcoming Obstacles to Pursue God's Direction in Life</b> What can you do when God gives you a task that seems impossible? Join Robyn Dykstra for a fascinating look at a time when Jesus did the impossible – raising Lazarus from the dead. Learn how the principles found in that story helped Robyn as she sought to right a wrong that impacted her earthly father, with the help of her Heavenly Father.	28:30
Family "Family Life Today"	3/18/2024 6:03 p.m.	Bob Lepine	<b>WHAT'S THE HYPE ABOUT EASTER? BOB LEPINE</b> Easter! Is there more than candy and egg hunts? Bob Lepine breaks it down in his book "Twelve Things You Probably Didn't Know about Easter," revealing the real deal behind this holiday. Let's dive in to find out what makes Easter more than just a day of celebration.	27:00
Family "Focus on the Family"	3/19/2024 1:00 p.m.	Jodie Berndt	<b>Praying for Your Teen's Heart and Future (Part 1 of 2)</b> Parents often face the teen years with fear because we often don't fully understand what struggles teens are dealing with. Jodie wants to equip parents of teens to pray with confidence about dating, peer pressure, social media, prodigals and more — using the power of God's Word.	28:30

Family "Family Life Today"	3/19/2024 6:03 p.m.	Andrew Peterson	<b>THE RESURRECTION LETTERS: ANDREW PETERSON</b> Ever felt buried by grief? Andrew Peterson, artist of "The Resurrection Letters," shares hope in the face of suffering or loss. Every lyric guides parents in understanding the purpose of grief, while also explaining to children the significance of Jesus' death and resurrection. Learn about his path through suffering to resurrection.	27:00
Family "Focus on the Family"	3/20/2024 1:00 p.m.	Jodie Berndt	<b>Praying for Your Teen's Heart and Future (Part 2 of 2)</b> Parents often face the teen years with fear because we often don't fully understand what struggles teens are dealing with. Jodie wants to equip parents of teens to pray with confidence about dating, peer pressure, social media, prodigals and more — using the power of God's Word.	28:30
Family "Family Life Today"	3/20/2024 6:03 p.m.	Tim & Kathy Bush	<b>SCARED WE'RE DRIFTING APART: TIM &amp; KATHY BUSH</b> Can you really keep that deep, real connection with your spouse when life's throwing a million things at you? Between work, dinner, kids, and endless scrolling on our phones, it feels like there's never a moment to just breathe, let alone - connect. But don't worry, Tim & Kathy Bush are here to teach how to keep the emotional connection even when life's busy. Let's dive in and learn how to make each other a priority when things get crazy!	27:00
Family "Focus on the Family"	3/21/2024 1:00 p.m.	Dr. Kathryn Butler	<b>Seeing God's Goodness During Medical Crises</b> As a former trauma surgeon, Dr. Kathryn Butler saw suffering and death firsthand more times than she could count. Sometimes her patients would have a happy outcome, while others endured unspeakable tragedies. Before becoming a Christian, these tragedies led Kathryn to question God and to struggle with intense depression. She shares about the glimmers of grace that helped her embrace God's sovereignty in times of suffering and loss.	28:30
Family "Family Life Today"	3/21/2024 6:03 p.m.	Tim & Kathy Bush	<b>PSALM 23: FINDING PEACE IN THE STORM: TIM &amp; KATHY BUSH</b> Let's face it, this past year has been tough. Finding peace in the storm can feel like an uphill battle. Authors Tim & Kathy Bush have been through a lot, they found hope in Psalm 23. Answering questions like, what does the Lord is my shepherd actually mean? and Can I found hope in God? They found a hidden gem that holds all the answers, all the peace we crave, even in the toughest times. Trust me, it's worth exploring.	27:00
Family "Focus on the Family"	3/22/2024 1:00 p.m.	Pastor Ted Cunningham	<b>Bringing Laughter to Your Marriage</b> On this lighthearted broadcast, Pastor Ted Cunningham shares humorous stories from life with his spouse to illustrate how laughter is a key component for a thriving and lasting marriage. He explores the emotional, physical, and spiritual benefits of laughter, and encourages listeners to discover their "humor muscle" and flex it on a daily basis.	28:30

Family "Family Life Today"	3/22/2024 6:03 p.m.	Tim & Kathy Bush	<b>SIGNS OF EMOTIONAL BURNOUT IN RELATIONSHIPS: TIM &amp; KATHY BUSH</b> Ever feel like you're constantly running on empty, struggling to find the energy to connect with your partner? Could be the feeling of being numb or snapping at them for no reason. Find out how to revive your marriage with Tim & Kathy Bush as they discuss the signs that a marriage needs recharging.	27:00
Family "Focus on the Family"	3/25/2024 1:00 p.m.	Pastor Kevin Thompson	<b>Establishing Clear Boundaries in Your Life</b> Pastor Kevin Thompson helps you learn how to navigate the roads of life—circumstances, situations relationships—by staying in your lane. By examining what belongs to us, what belongs to others, and what belongs to God, you'll get a strong grasp on boundaries and how to apply them in your life.	28:30
Family "Family Life Today"	3/25/2024 6:03 p.m.	Cody Wilson	<b>LIFE OF SURRENDER: CODY WILSON</b> Ever feel like you're always holding on tight, afraid to let go? What if surrendering brought more than you expected - like freedom and strength? NFL player Cody Wilson uncovered remarkable freedom in unexpected decisions.	27:00
Family "Focus on the Family"	3/26/2024 1:00 p.m.	Pastor Sean and Lanette Reed	<b>Creating a Shared Vision for Your Marriage (Part 1 of 2)</b> Pastor Sean and Lanette Reed describe their marital journey and God's faithfulness. Although many wondered if their relationship would survive, the Reeds were proactive about creating a long-term plan and a godly legacy for future generations of their family.	28:30
Family "Family Life Today"	3/26/2024 6:03 p.m.	Cody Wilson	<b>THAT TIME WORSHIP CHANGED MY LIFE: CODY WILSON</b> How do you know which dream to chase? Cody Wilson faced a crossroads when he left his dream of being a successful football player to pursue a career as a worship leader. His love for worship and his desire to share it with others led him to chase this new dream. If running after dreams is leaving you confused or unsatisfied, don't miss Cody's story.	27:00
Family "Focus on the Family"	3/27/2024 1:00 p.m.	Pastor Sean and Lanette Reed	<b>Creating a Shared Vision for Your Marriage (Part 2 of 2)</b> Pastor Sean and Lanette Reed describe their marital journey and God's faithfulness. Although many wondered if their relationship would survive, the Reeds were proactive about creating a long-term plan and a godly legacy for future generations of their family.	28:30
Family "Family Life Today"	3/27/2024 6:03 p.m.	Jeremiah Johnston	<b>RESURRECTION CHANGES EVERYTHING: JEREMIAH JOHNSTON</b> Ever felt lost--like your faith's been rock-solid, but now doubts are creeping in? Jeremiah Johnston digs into archaeology and texts to critically examine proofs that Jesus rose from the dead. And guess what? It's crucial for our hope, especially in tough times. Listen for a sneak peek of Jeremiah Johnston's Bible Study Book "Body of Proof" to really internalize the resurrection of Jesus.	27:00

Family "Focus on the Family"	3/28/2024 1:00 p.m.	Brian & Jeff Becker	<b>Building Strong Father-Son Relationships</b> This father and son team describe the problem of disengaged dads — men who may be present physically but not emotionally with their families. The Beckers encourage dads and sons to be "tender lions" who will confront societal ills and yet remain tender and compassionate in their relationships.	28:30
Family "Family Life Today"	3/28/2024 6:03 p.m.	Jeremiah Johnston	<b>WHEN YOUR CHILD IS DOUBTING: JEREMIAH JOHNSTON</b> Surprised by your kids struggling with faith so early? Frustrated to see them drift away? Or could your child be doubting without you even knowing? Professor, author, and parent Jeremiah Johnston urges tackling those doubts head-on, leaning into their curiosity about faith. He's got valuable advice for busy parents on teaching our kids the love that can change their world.	27:00
Family "Focus on the Family"	3/29/2024 1:00 p.m.	Dr. Tony Evans	<b>Jesus and His Power</b> In this engaging message, Dr. Tony Evans explains that in the cosmic chess game between good and evil, Jesus is the winner. The death and resurrection of Jesus Christ provides power for victorious living for those who identify with Him, who testify about Him to others, and who love Him more than life itself.	28:30
Family "Family Life Today"	3/29/2024 6:03 p.m.	Jeremiah Johnston	<b>WAITING ON GOD (AND HATING IT): JEREMIAH JOHNSTON</b> Waiting on God: When you're in it, it stinks. Professor and author Jeremiah Johnston, who believes in the power of the wait. Listen for a sneak peek of Johnston's Bible Study Book "Body of Proof" to really grasp how the story of Jesus can extend the wisdom you need when the waiting wrings you out.	27:00

ISSUES / PROGRAMS LIST

**ISSUE #3**

**HEALTH**

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Family "Focus on the Family"	1:00 p.m.			28:30
Family "Family Life Today"	6:03 p.m.			27:00

ISSUES / PROGRAMS LIST

**ISSUE #4**

**MORALS**

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Morals "UNSHACKLED!"	Saturdays & Sundays 4:30 pm	Various	Various personal testimonies of people whose lives were changed from depravity, drugs, alcohol, crime and abhorrent social behavior by the saving grace and power of Jesus Christ.	30:00

## ISSUES / PROGRAMS LIST

**ISSUE #5****CRIME**

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Crime "UNSHACKLED!"	Saturdays & Sundays 4:30 pm	Various	Various personal testimonies of people whose lives were changed from depravity, drugs, alcohol, crime and abhorrent social behavior by the saving grace and power of Jesus Christ.	30:00

ISSUES / PROGRAMS LIST

**ISSUE #7**

**Public Service Announcements/Interviews**

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
PSA's – Enrique Yanez				

## ISSUES/ PROGRAMS LIST

**ISSUE #7****MISCELLANEOUS**

TOPIC/PROGRAM	DATE & TIME	GUEST(S)	PROGRAM SUMMARY	LENGTH
Miscellaneous "On Target with the Word – Hispanic Program"	6:30 p.m. Weekly Saturday evenings	Enrique Yanez	This is a target time to minister to Hispanics. This is totally in Spanish, Christian music, Christian discussion and Biblical discussion and preaching.	120:00