On a continuing basis, we maintain contact and confer with local government, civic, and business leaders, as well as members of the general public, about what they perceive as top-of-mind issues important to the communities we serve. We then work to disseminate important information to our listeners.

Period: Jan. 1-March 31, 2024

In addition to national issues important to all communities, area leaders have expressed concerns relating to challenges associated with rural healthcare; workforce development and related industrial needs; infrastructure such as roads and bridges; the need to alert citizens regarding various community events, road projects, garbage collection, etc., maintaining quality government services in support of what seems like exponential growth; substance abuse; and tax revenue and public services.

We strive to provide responsive and helpful programming and work to educate and inform the public through public service announcements, local news coverage, national news coverage, and local sports and entertainment. We air public service messages from the Alabama Broadcasters Association.

Issues and Responsive Programming

WGZZ broadcast programming dealing with various issues important to the community.

- 1. <u>Morning Show</u>: Our flagship morning show *The Donny B Show* airs weekdays from 6:00 a.m.-9:00 a.m. Host Donny B is joined by local business owners, community leaders, voices of tourism, and representatives of Auburn and Opelika parks and recreation boards. Conversations also feature local news and headlines.
- 2. <u>Public Affairs</u>: Sunday morning at 6:00 a.m., we aired *Viewpoints*, a half-hour program. Details are attached.
- 3. <u>Health & Wellness</u>: Sunday morning at 6:30 a.m., we aired *Radio Health Journal*, a half-hour program. Details are attached.
- 4. <u>Public Service Campaigns & Activities</u>: Our public services efforts extend across WGZZ-FM/HD, WGZZ-HD2/W254AY-FX, WGZZ-HD3/W294AR-FX, and WGZZ-HD4/W242AX-FX.
 - a. Public Service Messages -- We broadcast public service messages for many local, state, and national organizations including 3,280 messages in partnership with the +Alabama Broadcasters Association for the Alabama Department of Human Resources, Alabama Department of Public Health, Alabama Department of Labor, Alabama Department of Transportation, Alabama Tourism, Alabama Clean Fuels Coalition, Alabama Department of Veterans Affairs, Alabama Housing Finance Authority, and AlabamaWorks.
 - b. Auburn-Opelika Tourism We aired approximately 150 "Tourism Minutes" promoting local events.

- c. Auburn Parks & Recreation We aired approx. 100 messages promoting recreational events including their Polar Plunge which raised money for Special Olympics, their Breakfast with the Bunny/Easter Egg Hunt, and their annual "Bark in the Park" event that raised money for the Lee County Humane Society.
- d. Opelika Parks & Recreation We aired approx. 100 messages promoting their Sportsplex Registration and their annual Daddy Daughter Dance/Mom's Blue Jean Ball.
- e. Osher Lifelong Learning Institute at Auburn University We aired approx. 200 messages promoting courses for people over age 50.
- f. Lee-Russell Council of Governments We aired approx. 1,000 messages bringing awareness to their many programs that benefit the aging and those with disabilities including Medicare Open Enrollment, the Revolving Loan Fund, their public transit system, as well as promoting Covid vaccinations and how they can help by giving you a ride, telling you the pharmacies that provide them, etc.
- g. Lee County Revenue Commissioner's Office We aired approx. 200 messages promoting important deadlines, renewal processes, where the main office and two satellite offices are located, etc.
- h. Lee County District Attorney's Office We aired 928 messages promoting a "Scams Awareness" campaign designed to help citizens spot scams and avoid them, especially a jury duty scam that has been happening more frequently of late.
- Habitat for Humanity Homeowner Application Meeting We aired approx. 100
 messages promoting and creating awareness of their annual Homeowner
 Application Meeting.
- Lee County Environmental Services We aired approx. 225 messages advising citizens of rural Lee County of an opportunity as LCES hosted Free Disposal Days on 1/6 and 4/16.
- k. City of Auburn Environmental Services We aired approx. 100 messages advising citizens of Auburn of an opportunity to dispose of hazardous waste on the City's Hazardous Waste Disposal Day that took place on 3/23.
- I. "Feed the Need" We aired 76 messages promoting a local program that provides meals to local food banks in an effort to end daily hunger in our community.
- m. Habitat for Humanity ReStore We aired approx. 200 public service messages promoting the Habitat for Humanity ReStore where proceeds go to fund Auburn Opelika Habitat for Humanity.
- n. Annual Mardi Gras Parade event in Downtown Auburn We aired approx. 250 messages promoting this great community event.
- o. Remember to Vote We aired 125 messages reminding people to vote in the Alabama Primary Election on March 5th and where to go online to confirm their voting location.
- 5. Regular Guests: We regularly host guests to discuss local events and issues.
 - a. Auburn Chamber of Commerce -- A representative is in-studio monthly on *The Donny B Show* discussing local events.
 - b. Auburn Downtown Merchants Association -- A representative is in-studio monthly on *The Donny B Show* discussing local events.
 - c. Auburn-Opelika Tourism A representative is in-studio weekly on *The Donny B Show* discussing local events and tourism.

- d. Opelika Chamber of Commerce -- A representative is in-studio monthly on *The Donny B Show* discussing local events.
- e. Auburn Parks & Recreation A representative is in-studio weekly on The Donny B Show discussing local events and recreation opportunities.
- f. Opelika Parks & Recreation A representative is in-studio monthly on The Donny B Show discussing local events and recreation opportunities.



Quarterly Issues Report – Q1 First Quarter, 2014 1/5/14 through 3/30/14 Viewpoints Programs 13-40 through 13-52

During the first quarter the following compliancy issues were covered

Addiction

Adoption

African-American issues

Agriculture Alcoholism

Alzheimer's disease Art & popular culture

Business

Celebrity culture

Children & family issues

Civil liberties Climate change Communication Conservation Consumerism

Crime
Culture
Death
Ecology
Education
Employment
Entrepreneurism
Environment
Family issues
Finance

Gay and lesbian issues

Gay Rights
Government
Health

Health & well-being

History Homelessness Immigration Infrastructure

Interpersonal & business communication

Labor

Laws and The Constitution

Literature & literacy

Marriage Media Medicine Mental health Philanthropy Politics

Popular culture

Poverty
Presidents
Privacy issues
Public Safety
Racism
Recreation

Recreation & hobbies

Relationships Religion

Science & Technology Sports and recreation

Stock market Technology The arts

The Presidency

Travel

Urban Issues

War Wildlife Program # 14-01 Air week: 1/5/14

1:48 SEGMENT #1 – America's History Through Objects & Artifacts

11:17

SYNOPSIS: We learn American history in school mainly through reading and lectures. Why not through tangible objects? We talk to a curator from the Smithsonian Institution about how their collections offer us a unique insight into our nation – even before it became a nation – that books, movies, and lectures can't.

Host: Gary Price. Guests: Richard Kurin, Undersecretary for History, Art and Culture, The Smithsonian Institution, Washington, DC, and author of the book, "The Smithsonian's History of America in 101 Objects."

COMPLIANCY ISSUES COVERED: Presidents, philanthropy, African-America issues, art & popular culture, science

14:08 SEGMENT #2- New Year's Resolutions: How to make them to keep them 11:12

SYNOPSIS: It's the beginning of January, and that's the time when the New Year's resolutions get made. Shortly thereafter, many if not most, get broken. But why? What is it that makes some people successful at staying on that diet, or away from cigarettes and others not? We talk to a psychologist and to an author of self-improvement books about what it takes to keep those promises to yourself.

Host: Marty Peterson. Guests: Frank Farley, professor and psychologist at Temple University, and former president of the American Psychological Association Paul McKenna, internationally recognized hypnotist and author of many self-improvement books, including, "Quit Smoking Today-Without Gaining Weight,"

COMPLIANCY ISSUES COVERED: health, recreation, relationships, addiction

Program # 14-2 Air week: 1/12/14

1:49 :02 PAUSE FOR LOCAL AVAIL

:02

SEGMENT #1 – Dorothea Lange: Bearing witness to hard times

10:07

SYNOPSIS: The Great Depression and the Dust Bowl years brought with them hardship and change for a large part of the country. We know about how difficult it was for Americans in cities and in farming communities on the Plains and the Southwest, in part, because of a little-known government photographer named Dorothea Lange, who documented the people and places hit hardest. We talk to her goddaughter and biographer about Lange, her life and the personal demons and disabilities that informed her unique style and her passion for her work.

Host: Gary Price. Guests: Elizabeth Partridge, author of "Dorothea Lange: Grab a hunk of lightening,"

COMPLIANCY ISSUES COVERED: poverty, agriculture, civil liberties, racism, the arts, government, homelessness

12:59 SEGMENT #2- Kids' Books: How dark and gory stories affect children 12:25

SYNOPSIS: It seems that kids' lit is getting darker and more violent all the time. Stories of zombies, vampires and intergalactic war are all the rage, and kids just can't get enough of them. But do these books make kids more violent or afraid? We talk to two best-selling authors of young people's literature about what kids look for in these stories, how they can help young people deal with their fears and create life-long reading habits.

Host: Marty Peterson. Guests: Adam Gidwitz, author of "The Grimm Conclusion," Anthony Horowitz, author of the Alex Rider stories, the latest of which is titled "Russian Roulette," **COMPLIANCY ISSUES COVERED**: education, children & family issues, literature & literacy

Program # 14-03

Air week: 1/19/14

SEGMENT #1 - Wildlife Encroachment & Encounters 1.48

11:12

SYNOPSIS: It seems that more and more these days, wild animals are making their way into urban areas, frightening residents and putting themselves in danger. Why are deer, coyotes, bears, cougars and other wild animals showing up in suburban gardens and on city streets? We talk to a man who has studied bears for 20 years about what makes these animals move into cities and towns, how we can prevent their visits, and how to behave safely if a bear happens to cross your forest – or garden -- path.

Host: Gary Price. Guests: Ben Kilham, bear researcher, wildlife rehabilitator, author of the book, "Out on a Limb: What black bears have taught me about intelligence and intuition."

COMPLIANCY ISSUES COVERED: environment, wildlife, conservation, public safety, urban issues

SEGMENT #2 Deadline Artists: How columnists define our culture

11:35

SYNOPSIS: Many of the most memorable and historical newspaper stories haven't been found in the news section at all. They've been the contributions of columnists who wrote not only about events, but also about how they affected people, policies and our culture. We talk to two journalists and columnists about these "deadline artists," how they did their jobs under pressure, defined our country, and how we learned more about ourselves through their writing.

Host: Marty Peterson. Guests: Errol Louis and John Avlon, editors of "Deadline Artists: America's greatest newspaper columns,"

COMPLIANCY ISSUES COVERED: politics, war, culture, media, gay rights

Program # 14-04 Air week: 1/26/14

SEGMENT #1 – Technology: Too much tech for our kids? 1:36 12:11

SYNOPSIS: How much tech is too much for kids and adults? We talk to two communications specialists about the differences between how young people and older people use technology; introduce ideas for children and adults to stay safe online; and discuss why and when parents should draw time boundaries for themselves and their children when it comes to using cell phones, computers and video games.

Host: Gary Price. Guests: Anne Katherine, therapist, author of, "Boundaries in an Overconnected World," Rob Weiss, therapist and author of "Closer Together, Further Apart,"

COMPLIANCY ISSUES COVERED: technology, privacy issues, family issues, health & well-being

SEGMENT #2- Leaving Tinkertown: A daughter remembers her eccentric dad

SYNOPSIS: Tanya Ward Goodman's dad, Ross, was a talented painter, a hard worker and a passionate man with a dream who built the tiny town of his dreams in New Mexico. Then he began acting erratically and for a long time, no one could explain it. We talk to Goodman about her childhood with her artist father and how his life and hers changed after he contracted early-onset Alzheimer's.

Host: Marty Peterson. Guests: Tanya Ward Goodman, author of "Leaving Tinkertown,"

COMPLIANCY ISSUES COVERED: the arts, recreation, alcoholism, Alzheimer's disease

Program # 14-05 Air week: 2/2/14

SYNOPSIS: These days, a phone or digital interview often precedes the face-to-face meeting for job hunters. If you think that all you have to do is sit in front of your computer or cell phone camera and talk, think again. Resumes are also changing, with online services such as LinkedIn and Monster the first place an employer goes to find an applicant. We talk to two employment specialists about how the interview and resume processes have changed, and how applicants can get the edge in the digital job search market.

Host: Gary Price. Guests: Amy Kristof-Brown, Prof. in the Henry Tippie College of Business at the University of Iowa. Paul J. Bailo, CEO of Phone Interview Pro, author of "The Essential Digital Interview Handbook."

COMPLIANCY ISSUES COVERED: employment; technology; communication

13:03 SEGMENT #2- Phobias: Living in a fearful world

12:34

SYNOPSIS: Some people live in fear of things that don't even phase the vast majority of us: sailing on a ship; the number 13; crowds; untidiness; even otters! Phobias of all types are uncomfortable for anyone who suffers from them and can sometimes ruin their lives and those of their loved ones. We talk to two anxiety disorder specialists about what phobias are, how they differ from other fear-based conditions, and what can be done to treat victims so they can lead normal lives.

Host: Marty Peterson. Guests: Dr. Dean McKay, Prof. of Psychology, Fordham University. Dr. David Tolin, psychologist, Dir. of the Anxiety Disorders Center at the Institute of Living in Hartford, CT, Assoc. Prof. in the Yale University School of Medicine, author of the book, "Face Your Fears: A proven plan to beat anxiety, panic, phobias and obsessions,"

COMPLIANCY ISSUES COVERED: mental health, popular culture,

Program # 14-06 Air week: 2/9/14

1:48 SEGMENT #1 – Projects that Make Learning Science Fun

11:49

SYNOPSIS: We keep hearing that science is an important subject for American kids to master, but many don't develop an interest for it because they think it's just boring math and memorization. We talk to two men who spend their time making science fun for kids – and adults – using everyday items to illustrate and explain complex scientific principles.

Host: Gary Price. Guests: Stephen Voltz and Fritz Grobe, the "Coke and Mentos Guys," and authors of "How to Build a Hovercraft,"

COMPLIANCY ISSUES COVERED: recreation & hobbies, science, education.

15:36 SEGMENT #2- Family Trees: What you can find; why it's important 10:00

SYNOPSIS: Building your family tree is fun, and it's also important if you want to validate family lore, look up medical history and possibly even find a long-lost relative. Family trees also provide an understanding of the struggles and the eras in which our ancestors lived. We talk to two specialists who give us advice on how to begin researching your family, what information is available and why some relatives might not want to discuss the darker sides of family history.

Host: Marty Peterson. Guests: Ori Soen, Chief Marketing Officer for MyHeritage; David Laskin, author of "The Family: Three journeys into the heart of the twentieth century,"

COMPLIANCY ISSUES COVERED: family issues, war, immigration, business, media

Program # 14-07 Air week: 2/16/14

1:49 SEGMENT #1 - Drought and Water Conservation: What we can all do about it 10:47

SYNOPSIS: There's a drought in many parts of the U.S. this year, and water usage is on top of mind for residents in these areas. An overabundance of CO2 in the atmosphere is thought to be causing at least part

of the change to extremes in our climate. We talk to two scientists about how water conservation can help decrease the carbon in the atmosphere, and how doing so at home doesn't mean a lifestyle change.

Host: Gary Price. Guests: Dr. Mark LeChevallier, Dir. of Innovation and Environmental Stewardship for American Water company; John Rogers, Sr. Analyst with the Climate and Energy Program, Union of Concerned Scientists, co-author of "Cooler, Smarter: Practical steps for low-carbon living,"

COMPLIANCY ISSUES COVERED: climate change; environment; science & technology; infrastructure; consumerism, government

14:36 SEGMENT #2- George Washington and the Making of the Presidency 11:55

SYNOPSIS: The President of the United States has a lot of powers that we think are given to him by the U.S. Constitution. You might be surprised to find out, however, that very little in that document actually outlines the job or the authority the Commander-in-Chief possesses. We talk to a historian about how executive powers and privilege for the President were created not by Congress but by the first man to hold the nation's highest office.

Host: Marty Peterson. Guests: Harlow Giles Unger, historian and author of the book, "Mr. President: George Washington and the making of the nation's highest office,"

COMPLIANCY ISSUES COVERED: government, history, the Presidency, laws & the Constitution

Program # 14-08 Air week: 2/23/14

SEGMENT #1 – Maple Syrup: There's more to it than you might think

11:55

SYNOPSIS: We don't usually think about how producers take tree sap and turn it into the maple syrup we put on our pancakes, but it's a fascinating process that involves families, new and old technology and even international intrigue. We talk to two men who are involved with syrup production about how it's done, and how families and communities are often defined by their work in this field.

Host: Gary Price. Guests: Dr. Michael Farrell, Dir. of the Uihlein Forest, Cornell University's Sugar Maple Research and Extension Field Station, Lake Placid, NY, author of "The Sugarmaker's Companion: An integrated approach to producing syrup from maple, birch and walnut trees," Douglas Whynott, author of "The Sugar Season: A year in the life of maple syrup and one family's quest for the sweetest harvest,"

COMPLIANCY ISSUES COVERED: agriculture, entrepreneurism, ecology, crime, stock market

SEGMENT #2- The Priority List: Does your life make a difference?

9:44

SYNOPSIS: We all like to think that our life will make a difference in the lives of others, and it usually does with our families. But what about people outside of our own loved-ones? We talk to a former teacher who is battling brain cancer and who traveled around the country to find out if his students thought he made a difference in their lives.

Host: Marty Peterson. Guests: David Menasche, former high school teacher, author of the book, "The Priority List: A teacher's final quest to discover life's great lessons." Find more info on Facebook at The Priority List.

COMPLIANCY ISSUES COVERED: health, education, travel, alcohol abuse

Program # 14-09 Air week: 3/2/2014

SEGMENT #1 – Secrets and Lies: How they can change our lives

12:37

SYNOPSIS: Why do we keep secrets and tell lies? Is it always wrong to do so? How does it hurt others – and us—to do so? We talk to an expert on the science of lying and to an author who found out her husband's 'big lie" and then spent years keeping his secret. Our guests discuss how we learn to lie, the different types of lies, how keeping secrets hurt families, and how we can unburden ourselves of the secrets we carry to have a more healthy and happy life.

Host: Gary Price. Guests: Dr. Robert Feldman, Dean of the College of Social and Behavioral Sciences, and Prof. of Psychology, University of Massachusetts-Amherst, author of "The Liar in Your Life," Jane Isay, author of "Secrets and Lies: Surviving the truths that change our lives,"

COMPLIANCY ISSUES COVERED: marriage, death, gay & lesbian issues, mental health, adoption

SEGMENT #2- History of Physics: Why it's important and fun to learn

SYNOPSIS: The history of physics is a long and extremely interesting one, littered with the names of some of the most famous scientists in the world, like Galileo, Newton, Copernicus, Einstein, Curie, and others. It is also the story of great discoveries that changed cultures, religious beliefs and politics over the centuries. We talk to a science historian about a few of the highlights throughout the long history of physics and astronomy.

Host: Marty Peterson. Guest: Tom Jackson, author of "Physics: An illustrated history of the foundations of science" – a Ponderables book.

COMPLIANCY ISSUES COVERED: history, science and technology, religion, education

Program # 14-10 Air week: 3/9/14

SEGMENT #1 – Macho Dad: The guest for masculinity

11:01

9:03

SYNOPSIS: When a father finds out that his new baby is a boy, what goes through his mind? It's different for everyone, but for humor columnist Joel Stein it was sheer terror! Stein, who was not an outdoorsy, sporty, risk-taking child or adult, realized he was going to have to "man up" so he could teach his son about camping, self-defense, day trading, baseball – all the macho arts. So he went out and found the best people he could to teach him. He talks about his adventures in manhood and about what he learned from the experiences and the men who schooled him.

Host: Gary Price. Guests: Joel Stein, humor columnist, Time magazine, author of "Man Made: A stupid quest for masculinity,"

COMPLIANCY ISSUES COVERED: finance, sports and recreation, family issues

SEGMENT #2- How to Work a Room: Navigating business and social events 10:37

SYNOPSIS: Everyone has been the "stranger in the room" when they've attended a business or social event. It can be intimidating and awkward, and sometimes make you want to run out the door! We talk to the "mingle maven" about how to navigate these events by starting a conversation with someone you don't know, joining a group of strangers, handling difficult people, and extracting yourself from sticky situations.

Host: Marty Peterson. Guests: Susan RoAne, keynote speaker, coach, educator and author of the Silver Anniversary Edition of her best-selling book, "How To Work A Room," (www.susanroane.com).

COMPLIANCY ISSUES COVERED: business, interpersonal & business communication, celebrity culture

Program # 14-11 Air week: 3/16/14

SEGMENT #1 – Bullying and Hazing: How to deal with the fallout 11:22

SYNOPSIS: Many kids are victims of bullying by their peers, and they and their parents don't know why it happens or how to stop it. Hazing rituals are similar to bullying, but the victim willingly participates. We talk to two bullying specialists about why kids bully, what makes someone join in a hazing ritual, what are the signs that a child is being bullied, and find out some strategies parents, teachers and bystanders can use to prevent bullying and deal with both the aggressors and the victims.

Host: Gary Price. Guests: Jodee Blanco, speaker, former bully victim, author of "The Please Stop Laughing At Me Journal," Dr. Nadine Kaslow, professor and Vice Chair for Faculty Development in the Department of Psychiatry and Behavioral Sciences at Emory University School of Medicine, Chief Psychologist at Grady

Memorial Hospital.

COMPLIANCY ISSUES COVERED: children & family issues; bullying; therapy; education

SEGMENT #2- Long-Term Unemployed: It's more than just a financial toll 11:08

SYNOPSIS: Many Americans have been out of work for more than six months, and are considered "long-term unemployed." It's tough for everyone looking for a job, but especially hard for formerly well-paid white-collar workers. We talk to a researcher and author about the toll it takes on workers and their families, get some advice on how to lessen the frustration and depression that comes with being unemployed, and hear some strategies for getting unemployed workers back on the job.

Host: Marty Peterson. Guests: Ofer Sharone, Asst. Prof. at the Sloan School of Management, MIT, author of "Flawed System, Flawed Self,"

COMPLIANCY ISSUES COVERED: employment, business, government

Program # 14-12 Air week: 3/23/14

SEGMENT #1 – Choosing the Boss: What makes a great CEO?

11:03

SYNOPSIS: A number of high-profile companies have appointed new CEOs lately. What is it that makes one candidate better than another to lead a corporation and make it innovative and profitable? We talk to two management specialists about the characteristics of a good leader, what the CEO is responsible for, and what sets great CEOs apart from other business leaders.

Host: Gary Price. Guests: Bill Pasmore, Organizational Practice Leader at the Center for Creative Leadership, and Professor of Social Organizational Psychology at Columbia University, NYC. Adam Bryant, "The Corner Office" columnist for the New York Times, and author of the book, "Quick and Nimble: Lessons from leading CEOs on how to create a culture of innovation,"

COMPLIANCY ISSUES COVERED: business & labor, leadership, crisis management, innovation

SEGMENT #2- Pranksters: How pranks, hoaxes & cons affect us and our world 10:34

SYNOPSIS: April Fools' Day is coming up and just about everyone will have some sort of joke played on him or her that day. We talk to an expert on pranks – and a prankster himself – about pranks, hoaxes and cons, the differences between those three things, how pranks and humor have helped make people think about some of the most important issues of our times.

Host: Marty Peterson. Guests: Kembrew McLeod, Professor of Communication Studies at the University of Iowa, author of the book, "Pranksters: Making mischief in the modern world,"

COMPLIANCY ISSUES COVERED: religion, free speech, social issues, protesting, entertainment

Program # 14-13 Air week: 3/30/14

SEGMENT #1 - Human Trafficking and Its Toll 11:13

SYNOPSIS: Slavery is alive in the United States and around the world in the 21st century. That's hard to believe, but all over the world people are being forced to work long hours as laborers or the sex trades, in horrible conditions for little or no money – and there's no way for them to get out. We talk to two specialists in human trafficking about the issue and what's being done to help the survivors of this horrible crime and their families.

Host: Gary Price. Guests: Melysa Sperber, Dir. of the Alliance to End Slavery and Trafficking, a project of Humanity United Kay Buck, CEO of Coalition to Abolish Slavery and Trafficking, CAST, Los Angeles, CA

COMPLIANCY ISSUES COVERED: slavery, labor, crime & law enforcement, immigration, criminal justice system, business

SEGMENT #2- The Future of the Mind 11:20

SYNOPSIS: It's amazing that in the 21st century, science knows so much about all of the organs of the body save one: the brain. We talk to a scientist and author about the unbelievable abilities of the brain, how memories help us predict the future, where dreams are located, how brain injury can sometimes make someone a genius, and how research into brain function is opening up new areas of understanding the mind and its possibilities.

Host: Marty Peterson. Guests: Dr. Michio Kaku, physicist, professor of theoretical physics City College and City University of New York, co-founder of string theory, and author of "The Future of the Mind: The scientific quest to understand, enhance, and empower the mind,"

COMPLIANCY ISSUES COVERED: medicine, science and technology, education

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Radio Health Journal

Quarterly Issues Report – Q1 2014 1/5/14 through 3/30/14 Radio Health Journal Programs 14-01 through 14-13

During the first quarter of 2014 the following compliancy issues were covered:

Agriculture

Arts and culture

Business and industry

Charities

Consumerism

Crime

Disabilities

Disaster preparedness

Discrimination

Drought Economics Education

Emergency response

Environment and weather

Family issues

Federal government

Food additives

Food regulations

Food supply

Gender issues

Health care

Interpersonal relationships

Laws and federal government

Local government

Medicare and federal government

Military preparedness Parenting issues

Police and fire

Poverty Prevention

Property and water rights

Psychology Public health Public safety

Rehabilitation

Science and culture

Senior citizens and the elderly

Suicide Technology

US Government and military

Volunteerism

Weather and climate change

Women's issues Youth at risk

Program # 14-01 Air week: 1-5-14

2:02 SEGMENT 1: Obesity and the military

Synopsis: The pool of recruits available to the US military is much more overweight and obese than ever, and some experts worry that it's a threat to readiness. Experts discuss the impact of obesity on our nation's finest.

Host: Reed Pence. Guests: Dr. Catherine Maclean, Asst. Prof. of Medical Ethics and Health Policy, Univ. of Pennsylvania Perelman School of Medicine; Dr. Lester Martinez-Lopez, Major General (ret.), US Army, former head, Army Medical and Research Command and member, Mission: Readiness; Stew Smith, fitness trainer and author

COMPLIANCY ISSUES COVERED: US government and military; military preparedness; economics; public health; education

14:56 SEGMENT 2: Home schooling for sick kids

9:03

11:52

Synopsis: Children facing long term illness and medical care receive education wherever they are. Technology is helping those students maintain more normalcy and contact with their schools than has previously been possible. Experts discuss.

Host: Nancy Benson. Guests: Vicky McClure, teacher of sick children, Chicago Public Schools; Ned Semenite, Vice President, Product Development and Marketing, VGo Communications educational robot developer; Anna King, 8th grader, McCauley Junior High School, The Woodlands, TX

COMPLIANCY ISSUES COVERED: youth at risk; education; technology; economics; charities

Program # 14-02 Air week: 1-12-14

2:03 SEGMENT 1: "Cutting"

12:59

Synopsis: About one-fifth of teens at some point injure themselves in order to cope with emotional stress. Experts discuss the difference between self-injury and suicidal behavior, and offer tips on how parents should deal with a child who is trying to deal with stress through cutting.

Host: Reed Pence. Guests: Dr. Janis Whitlock, Director, Research Program on Self-Injurious Behavior in Adolescence and Young Adults, Cornell Univ.; Dr. Wendy Lader, co-founder and Clinical Director, SAFE Alternatives, co-founder, Self-Injury Foundation, and co-author, Bodily Harm: The Breakthrough Healing Program for Self-Injurers; Susan Bowman, licensed professional counselor and Vice President, Youth light Publishers and Developmental Resources.

COMPLIANCY ISSUES COVERED: youth at risk; education; suicide; parenting issues

16:04 SEGMENT 2: Avoiding doctor's mistakes

7:24

Synopsis: Medical mistakes may be far more common than we think. An expert team of medical consumer advocates discusses what patients can do to protect themselves.

Host: Nancy Benson. Guests: Joe Graedon and Dr. Teresa Graedon, authors, <u>Top Screw-ups Doctors Make and How to Avoid Them.</u> (PeoplesPharmacy.com)

COMPLIANCY ISSUES COVERED: health care; public health; consumerism

Program # 14-03 Air week: 1-19-14

2:03 SEGMENT 1: Weather and pain 12:39

Synopsis: Millions of Americans suffer pain as a result of weather changes. Experts discuss different conditions affected by weather, why pain responds to weather changes and possible remedies to some of these maladies.

Host: Reed Pence. Guests: Deni Cantrall, retired teacher and arthritis sufferer; Dr. Robert Jamison, Prof. of Anesthesia and Psychiatry, Brigham and Women's Hospital and Harvard Medical School; Bob Smirbeck, Expert Senior Meteorologist, AccuWeather.com; Dr. David Borenstein, Clinical Prof. of Medicine, George Washington Univ. School of Medicine and Health Sciences; Dr. Vincent Martin, Prof. of Medicine and Director, Headache and Facial Pain Program, Univ. of Cincinnati.

COMPLIANCY ISSUES COVERED: health care; public health; consumerism; environment and weather; prevention

15:44 SEGMENT 2: Do women make better doctors? 8:17

Synopsis: Medicine is changing from technically centered practice to patient-centered, which requires doctors to listen to the patient and relate to them on a personal level. Experts discuss training all new doctors in this style, and whether it suits women better than men as a result of cultural upbringing.

Host: Nancy Benson. Guests: Robert Kreisman, Chicago malpractice attorney; Dr. Carol Aschenbrener, Chief medical Education Officer, Association of American Medical Colleges; Dr. Klea Bertakis, Prof. and Chair, Dept. of Family Community medicine, Univ. of California-Davis; Dr. Holly Humphrey, Dean for Medical Education, Univ. of Chicago

COMPLIANCY ISSUES COVERED: health care; public health; consumerism; women's issues and gender issues; education

Program # 14-04 Air week: 1-26-14

SEGMENT 1: Ambulance fees 12:05

Synopsis: Millions of Americans are surprised when they get a bill for their 911 ambulance call. Experts explain the economics of emergency medical services, why communities typically bill for calls, and what insurance will and won't pay.

Host: Reed Pence. Guests: Bob Holdsworth, President, Holdsworth Group EMS consultants and veteran paramedic; Dr. Jay Fitch, President, Fitch and Assoc. EMS consultants.

COMPLIANCY ISSUES COVERED: public health; public safety and emergency response; consumerism; economics; local government, police and fire; Medicare and federal government

5:11 SEGMENT 2: Defining sex and gender 8:24

Synopsis: Science and society have sought a firm definition of male and female for hundreds of years, but have been unsuccessful even with modern genome analysis. An expert in the history of science discusses how scientists are swayed by cultural considerations in their efforts to define sex and gender, and how research shows there's not as much difference between men and women as most people think.

Host: Nancy Benson. Guest: Dr. Sarah Richardson, Asst. Prof. of the History of Science and the Studies of Women, Gender and Sexuality, Harvard Univ. and author, <u>Sex Itself: The Search for Male and Female in the Human Genome</u>

COMPLIANCY ISSUES COVERED: gender issues; science and culture

Program # 14-05 Air week: 2-2-14

2:04 SEGMENT 1: An Obamacare update

12:32

Synopsis: The Affordable Care Act's enrollment website had a disastrous rollout, and "young immortals" aren't yet signing up for insurance in numbers that would assure the program's survival. Experts discuss deadlines and incentives that they think will encourage signups, and the difficulties likely to be encountered by people who've never been insured before. Experts also discuss studies showing that newly insured people may use healthcare much differently than had been expected.

Host: Reed Pence. Guests: Michael Mahoney, Sr. Vice President of Consumer Marketing, GoHealth; Dr. Paul Ginsberg, Sr. Fellow, Mathematica Policy Research; Larry Levitt, Sr. Vice President for Special Initiatives, Kaiser Family Foundation; Dr. Katherine Baicker, Prof. of Health Economics, Harvard, School of Public Health

COMPLIANCY ISSUES COVERED: public health; health care; consumerism; economics; federal government; poverty

15:37 SEGMENT 2: Healing arts

8:21

Synopsis: Health institutions are increasingly including participation in different forms of art to assist in healing. Experts discuss how it works and offer theories on why it works, as well.

Host: Nancy Benson. Guests: Mary Rockwood, co-author, <u>Healing with The Arts: A 12-Week Program to Heal Yourself and Your Community</u>; Dr. Michael Samuels, co-founder and Director, Arts As A Healing Force and co-author, <u>Healing with The Arts: A 12-Week Program to Heal Yourself and Your Community</u>; Dr. Gary Christenson, Chief medical Officer, Univ. of Minnesota Boynton Health Service and board member, Global Alliance for Arts and Health

COMPLIANCY ISSUES COVERED: health care; arts and culture

Program # 14-06 Air week: 2-9-14

2:05 SEGMENT 1: Traumatic brain injury and relationships

12:10

Synopsis: Traumatic brain injury can dramatically change spousal relationships, as the injured may lose the ability to read the emotions of themselves and others, or may suffer a personality change. These relationship issues are often ignored in the rehabilitation process. However, the divorce rate of these couples is much less than previously believed. Experts discuss developing methods to help people with TBIs relearn important social skills.

Host: Reed Pence. Guests: Rosemary Rawlins, wife of TBI patient and author, <u>Learning By Accident</u>; Dr. Jeffrey Kreutzer, Director of Neuropsychology and Rehabilitation Psychology, Virginia Commonwealth Univ.; Dr. Dawn Neumann, Asst. Research Faculty, Indiana Univ. School of Medicine and Clinical Research Assoc., Rehabilitation Hospital of Indiana.

COMPLIANCY ISSUES COVERED: disabilities; family issues; health care and rehabilitation

15:17 SEGMENT 2: Inflammation

7:46

Synopsis: Low-level systemic inflammation is being tied to many disorders including heart disease, and now research has even tied inflammation to intermittent explosive disorder, a syndrome of repeated rage. Experts discuss these findings and how inflammation can be combatted through diet and supplementation.

Host: Nancy Benson. Guests: Dr. Melina Jampolis, nutrition specialist physician and author, <u>The Calendar Diet;</u> Dr. Emil Coccaro, Prof. and Chairman of Psychiatry and Behavioral Neuroscience, Univ. of Chicago.

COMPLIANCY ISSUES COVERED: health care; public safety; prevention

Program # 14-07 Air week: 2-16-14

2:04 SEGMENT 1: Pregnancy job discrimination

12:12

Synopsis: Job discrimination or lack of accommodation due to pregnancy has been illegal for 35 years, but courts have interpreted the law very narrowly, allowing discrimination against pregnant women to occur. Experts discuss how and why discrimination occurs, how women can help prevent it, and how a Congressional bill would tighten up enforcement.

Host: Reed Pence. Guests: Emily Martin, Vice President and General Counsel, National Women's Law Center; Dr. Whitney Botsford Morgan, Asst. Prof. of Management, Univ. of Houston-Downtown.

COMPLIANCY ISSUES COVERED: women's issues; discrimination; disabilities; economics; business and industry; laws and federal government

15:18 SEGMENT 2: Probiotics

7:52

Synopsis: Scientists are learning that they can affect many areas of function of the body through supplementation of "good bacteria" in the intestinal tract. Experts discuss new methods.

Host: Nancy Benson. Guests: Dr. Mitchell Jones, Chief Scientific Officer, MicroPharma, Ltd.; Graham Rigby, Senior Vice President of Innovation and Research and Development, New Chapter Supplements.

COMPLIANCY ISSUES COVERED: health care; prevention; technology

Program # 14-08 Air week: 2-23-14

2:31 SEGMENT 1: Do we need vitamins?

11:35

Synopsis: Rigorous scientific studies increasingly show that for healthy people, vitamins do not prevent many major diseases, such as cancer and heart disease. However, the supplement industry contends that's not why people take vitamins. They see an effort to amass disputable ammunition to further regulate the supplement industry. Experts discuss both sides of the issue.

Host: Reed Pence. Guests: Dr. Edgar Miller, Prof. of Medicine and Epidemiology, Johns Hopkins Univ. co-author of vitamin editorial, Annals of Internal Medicine; John Shaw, Executive Director and CEO, Natural Products Association.

COMPLIANCY ISSUES COVERED: health care; public health; consumerism; economics; regulation and federal government

15:18 SEGMENT 2: Alzheimer's wandering

8:19

Synopsis: A majority of Alzheimer's disease patients will experience wandering behavior. Yet many families and caregivers have no plan to prevent wandering or find their loved one when they get lost. Experts discuss wandering and how to deal with it.

Host: Nancy Benson. Guests: Beth Kallmyer, Vice President, Constituent Services, Alzheimer's Assoc.; Dr. Michael Raffi, Director, Memory Disorders Clinic and Asst. Prof. of Neurosciences, Univ. of California, San Diego.

COMPLIANCY ISSUES COVERED: senior citizens and elderly; consumerism; public safety

Program # 14-09 Air week: 3-2-14

1:51 SEGMENT 1: Weather, agriculture and the food supply

13:45

Synopsis: Wild extremes in weather have become the norm in the nation's breadbasket. Experts discuss climatological reasons, predictions of how weather and climate will change over time, and how farmers are changing practices to keep producing.

Host: Reed Pence. Guests: John Hansen, President, Nebraska Farmer's Union; Dr. Robert Oglesby, Prof. of Earth and Atmospheric Sciences, Univ. of Nebraska; Dr. Jennifer Francis, Research Prof., Institute of Marine and Coastal Sciences, Rutgers Univ.; Dr. Jayson Lusk, Regents Prof. of Agricultural Economics, Oklahoma State Univ.

COMPLIANCY ISSUES COVERED: agriculture; weather and climate change; disaster preparedness; drought; economics; food supply; property and water rights; technology

16:38 SEGMENT 2: Thyroid disease

6:14

Synopsis: Thyroid disease affects millions of Americans, many of whom have not been diagnosed. Experts discuss symptoms, causes, and treatments.

Host: Nancy Benson. Guests: Dr. Jordan Geller, endocrinologist, Beverly Hills, CA; Shannon Rosen, thyroid disorder patient, Cincinnati, OH; Dr. Jeffrey Garber, Chief of Endocrinology, Harvard Vanguard Medical Assoc., Associate Prof. of Medicine, Harvard Medical School and lead author, <u>Clinical Practice Guidelines for Hypothyroidism in Adults</u>.

COMPLIANCY ISSUES COVERED: health care; food additives

Program # 14-10 Air week: 3-9-14

2:05 SEGMENT 1: The bystander effect

11:50

Synopsis: It's a psychological paradox that the greater the numbers of people present when a person needs help, the less likely help will be rendered. Experts discuss reasons why this effect occurs, how it can be broken by technology, and the background of intense research into the effect sparked by the first internationally famous "bystander effect" crime.

Host: Reed Pence. Guests: Kevin Cook, author, <u>Kitty Genovese</u>; the <u>Murder</u>, the <u>Bystanders</u>, the <u>Crime That Changed America</u>; Dr. Jan-Willem van Prooijen, Assoc. Prof. of Social and Organizational Psychology, V-U Univ., Amsterdam, Netherlands and Senior Researcher, Netherlands Institute for Criminology; Dr. James Strickland, psychologist in private practice, Comack, NY.

COMPLIANCY ISSUES COVERED: psychology; crime; volunteerism; technology and society

14:57 SEGMENT 2: Silent reflux

7:57

Synopsis: Millions of people who think they have allergies, asthma, and sinus problems may actually have "silent reflux" which can travel up the esophagus all the way to the throat and head. An expert discusses telltale symptoms and the dietary triggers that can cause the disorder.

Host: Nancy Benson. Guest: Dr. Jamie Koufman, Director, Voice Institute of New York, Prof. of Clinical Otolaryngology, New York Medical College and author, <u>The Chronic Cough Enigma</u>.

COMPLIANCY ISSUES COVERED: health care; consumerism; federal government and food regulations

Program # 14-11 Air Week: 3-16-14

2:05 SEGMENT 1: Birth control sabotage

Synopsis: Health clinic counselors have learned that reproductive coercion is much more rampant than they imagined. Many young men try to get their girlfriends pregnant against their will, and often even sabotage birth control to do it. Experts discuss what might be behind this form of abuse, and how relationship education in clinics and schools could help combat it.

Host: Reed Pence. Guests: Dr. Elizabeth Miller, Chief of Adolescent medicine, Children's Hospital of Pittsburgh and Assoc. Prof. of Pediatrics, Univ. of Pittsburgh; Lisa James, Director of Health, Family Violence Prevention Fund; Dr. Aisha Mays, Family practice specialist, Oakland, CA

COMPLIANCY ISSUES COVERED: youth at risk; women's issues; gender issues; family violence; sexual abuse; prevention; education; sex education; public health; unintended pregnancy and teen pregnancy

16:10 SEGMENT 2: Snowsport helmets

7:40

Synopsis: Helmet use in skiing and snowboarding has skyrocketed in the last decade, and while it has reduced less severe injuries, it has not resulted in a drop in catastrophic head injuries. Experts discuss helmet use and its limitations, and the behaviors that could explain a continued high level of severe injuries.

Host: Nancy Benson. Guest: Dr.Jake Shealey, Prof. Emeritus of Industrial and Systems Engineering, Rochester Institute of Technology; Dave Byrd, Director of Risk and Regulatory Affairs, National Ski Areas Assn.; Dr. Jeff Mjaanes, sports medicine specialist, Midwest Orthopedics at Rush Univ. Medical Center, Chicago and Director, Chicago Sports Concussion Clinic.

COMPLIANCY ISSUES COVERED: health care; consumerism; sports and recreation.

Program # 14-12 Air Week: 3-23-14

2:02 SEGMENT 1: Obesity as a disease

12:26

Synopsis: Last summer, the American Medical Association labeled obesity as a disease in hopes of getting physicians and society to take it more seriously as a medical problem and not as a lack of willpower. However, some researchers are finding psychological side effects of "having a disease." Experts discuss the effects of the declaration on the public and medical community.

Host: Reed Pence. Guests: Ted Kyle, spokesman, Obesity Society (obesity.org); Dr. David Katz, Director, Yale Univ. Prevention Research Center and author, <u>Disease Proof: The Remarkable Truth About What Makes Us Well</u> (davidkatzmd.com); Dr. Crystal Hoyt, Assoc. Prof. of Leadership Studies and Psychology, Univ. of Richmond; Dr. Jenny Bernette, Asst. Prof. of Psychology, Univ. Of Richmond (richmond.edu).

COMPLIANCY ISSUES COVERED: health care; public health; discrimination; media and society; consumerism

SEGMENT 2: OTC drugs and kids

Synopsis: Young adolescents often are allowed to take over the counter drugs on their own, but many OTC medicines, especially acetaminophen, can be dangerous. Experts discuss how to educate 'tweens on taking OTC drugs safely.

8:37

Host: Nancy Benson. Guests: Dr. Tanya Altman, Asst. Clinical Prof. of Pediatrics, Mattel Children's Hospital, UCLA and spokesperson, American Academy of Pediatrics; Dr. Janet Engle, Exec. Assoc. Dean, Prof. and head of Dept. of

13:03

Pharmacy Practice, Univ. of Illinois at Chicago College of Pharmacy; Sharon Mielke, mother of victim of OTC drug death.

COMPLIANCY ISSUES COVERED: health care; consumerism; youth at risk; consumer safety; drugs and medications

Program # 14-13 Air week: 3-30-14

2:02 SEGMENT 1: Weight loss surgery and insurance

12:51

Synopsis: If obesity is defined a disease, why do a majority of employer-sponsored health plans refuse to cover weight loss surgery? Experts discuss reasons for this exclusion and new research showing the high costs of obesity's consequences, raising the possibility that paying for weight loss surgery could ultimately save insurers money.

Host: Reed Pence. Guests: Karin Anderson, weight loss surgery patient; Dr. John Morton, Chief of Bariatric Surgery, Stanford Univ. and President-Elect, American Society of Metabolic and Bariatric Surgeons (asmbs.org); Susan Pisano, Vice President for Communications, America's Health Insurance Plans (ahip.org); Dr. Marianne Udow-Phillips, Director, Center for Healthcare Research and Transformation, Univ. of Michigan (chrt.org)

COMPLIANCY ISSUES COVERED: health care; public health; discrimination; economics; consumerism and insurance; consumer safety

15:55 SEGMENT 2: Low vision

7:04

Synopsis: Vision difficulties that mere glasses can't correct are often referred to as low vision. Experts discuss the various major causes of low vision and how they can be treated and prevented.

Host: Nancy Benson. Guests: Dr. Mark Wilkinson, Clinical Prof. of Ophthalmology, University of Iowa and Chairman, Low Vision Committee, National Eye Health Program of the National Institutes of Health; Dr. James Tsai, Chair and Chief of Ophthalmology, Yale New have Medical Center

COMPLIANCY ISSUES COVERED: health care; consumerism; senior citizens; disabilities

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