

Type	Time	Date	Description
News	6:00/7:00/8:00 AM	7/3/2023	The Supreme Court did not pass President Joe Biden's \$400 billion plan to cancel or reduce federal student loan debts for millions of Americans. The 6-3 decision leaves borrowers on the hook for repayments that are expected to resume in the fall.
News	7:30/8:30 AM	3-Jul-23	Twitter owner Elon Musk has limited the number of tweets that most users can view each day. The restrictions could result in users being locked out of Twitter after scrolling through several hundred tweets. Now unverified accounts will temporarily be restricted to reading 600 posts per day, while verified accounts will be able to scroll through up to 6,000.
News	6:00/7:00/8:00 AM	3-Jul-23	For the first time in nearly two years, sightseeing cruises are again being offered out of Hampton. The "Hampton Queen" has begun daily sailings from the docks of the Hampton Maritime Center, taking passengers on a two-hour narrated tour into the Hampton Roads Harbor for a glimpse at the world's largest Navy Base.
News	7:30/8:30 AM	3-Jul-23	The Commonwealth named Miss Loudoun County, Katie Rose as Miss Virginia 2023. The three-day competition held its final night at the Berglund Center. The new titleholder will now spend the next year traveling the Commonwealth and preparing for the Miss America pageant.
News	6:00/7:00/8:00 AM	3-Jul-23	July marked the start of hundreds of new laws that Governor Glenn Youngkin signed into action. One of those laws makes the penalty higher for swatting. Which is making a fake 9-1-1 call. There is also a new law that makes it so schools must let families know within one day if their student was involved in a bullying incident.
News	7:30/8:30 AM	3-Jul-23	4ocean has reached a milestone of 30 million pounds of plastic waste recovered from oceans, rivers, and coastlines since the company began in 2017. Operating in 12 locations across two continents, 4ocean has been dedicated to ending the ocean plastic crisis. 4ocean also sells bracelets made from the plastic waste collected.
News	6:00/7:00/8:00 AM	3-Jul-23	The largest community facility for autism in Hampton Roads is officially open. The new Families of Autistic Children Autism Resource Center has the biggest sensory gym in Virginia Beach along with an outside area with scooter and basketball.
News	7:30/8:30 AM	3-Jul-23	The state of Virginia is now the official owner of Natural Bridge and just over 1,500 acres surrounding the park. Under state ownership, the park will be eligible for state funding for projects such as a campground and updates to maintenance and infrastructure.

News	6:00/7:00/8:00 AM	4-Jul-23	President Vladimir Putin will participate this week in his first summit since the rebellion in Russia. Leaders will convene today for the Shanghai Cooperation Organization, a group that is focused on deepening security and economic cooperation, fighting terrorism and drug trafficking.
News	7:30/8:30 AM	4-Jul-23	If you are seeking a valid U.S. passport for that 2023 trip, be prepared for major delays. As worldwide travel rebounds toward pre-pandemic levels U.S passport applications have stalled, with too few employees to handle the load. U.S. officials aren't even denying the problem or predicting when it will ease, saying they have been receiving 500,000 applications a week.
News	6:00/7:00/8:00 AM	4-Jul-23	The Virginia Department of Transportation wants to make sure you have a clear road ahead for the Fourth of July. VDOT will be suspending most highway work zones and lifting most lane closures from now until noon tomorrow.
News	7:30/8:30 AM	4-Jul-23	During a routine check on North Carolina's Outer Banks on Ocracoke Island a leatherback sea turtle nest filled with more than 90 eggs was found. It's the first such nest on Ocracoke since 2012, according to Cape Hatteras National Seashore. They are expected to hatch in the next month or so.
News	6:00/7:00/8:00 AM	4-Jul-23	Globs of asphalt that spilled into Montana's Yellowstone River during a bridge collapse and train derailment can now be seen on islands and riverbanks downstream from Yellowstone National Park. Officials with the Environmental Protection Agency said cleanup efforts have begun with workers cooling the gooey material with river water, rolling it up and putting the globs into garbage bags. There is still no threat to the public.
News	7:30/8:30 AM	4-Jul-23	It's a bird, it's a plane, it's a flying car! Alef Aeronautics a mobility company that's building a flying car has been granted a Special Airworthiness Certification from the U.S. Federal Aviation Administration, marking the first time such a vehicle has received legal approval to fly. Alef's flying car is fully electric, drivable on public roads and has capabilities for takeoff and landing, the company said. It seats up to two occupants.
News	6:00/7:00/8:00 AM	4-Jul-23	Cape Hatteras National Seashore is partnering with Dare County to add lifeguards at the Rodanthe Beach Access. The popular beach will now have lifeguards posted until Aug. 11 and will be staffed seven days a week between 9 a.m. and 5 p.m.

News	7:30/8:30 AM	4-Jul-23	<p>Chesapeake residents will soon be able to do their grocery shopping at Publix!</p> <p>A spokesperson for the supermarket chain says they will be opening a new store in Chesapeake, which will be located at the Northeast corner of Cedar Rd. and Dominion Blvd. This location most likely won't open until 2025, but in 2024 the Virginia Beach Publix will open on the corner of General Booth Blvd. and Nimmo Pkwy.</p>
News	6:00/7:00/8:00 AM	5-Jul-23	<p>Israel has launched its most intense military operation in the West Bank in nearly two decades, carrying out a series of drone strikes and sending hundreds of troops on a mission into an aggressive stronghold. At least eight Palestinians lost their lives, and dozens were wounded.</p>
News	7:30/8:30 AM	5-Jul-23	<p>Meta the owner of Facebook is poised to unveil a new app that appears to mimic Twitter a direct challenge to the social media platform owned by Elon Musk. A listing for the app, called Threads, appeared on Apple's App Store, indicating it would debut as early as tomorrow.</p>
News	6:00/7:00/8:00 AM	5-Jul-23	<p>The Ahoskie North Carolina Police Department's K9 Adam has received a protective vest courtesy of the non-profit organization Vested Interest in K9s.</p> <p>They are a charitable organization whose mission is to provide protective vest to dogs in law enforcement and other related agencies. Since 2009, they have provided over 5,000 vest to K9s all over the U.S..</p>
News	7:30/8:30 AM	5-Jul-23	<p>River Ridge Mall has announced the opening date for the new Ulta store. The grand opening will be July 14 at 9:45 a.m. This Ulta location will be what is called a "Full Experience Store" with a salon, a full Beauty Bar with a licensed make-up artist, and a Brow Artist making it the first of its kind in Virginia.</p>
News	6:00/7:00/8:00 AM	5-Jul-23	<p>Governor Glenn Youngkin donated his second-quarter salary to an organization dedicated to ending human trafficking. Operation Light Shine tackles human trafficking with a multi-disciplinary approach by bring together law enforcement, prosecutors, victim services, and medical professionals under one roof.</p>
News	7:30/8:30 AM	5-Jul-23	<p>UPS and its workers' union, Teamsters, are closer to reaching a deal that could improve conditions for more than 340,000 employees nationally. The labor contract between UPS and Teamsters will expire at midnight on July 31 if an agreement is not reached between the two sides. One of the major steppingstones during negotiations was when there was an agreement to put air-conditioning in delivery vehicles but pay remains a sticking point.</p>

News	6:00/7:00/8:00 AM	5-Jul-23	Defending champions Miki Sudo and Joey Chestnut have continued their reign in the Nathan's Famous Fourth of July hot dog eating contest. Sudo forced down 39 1/2 hot dogs and buns to claim a ninth women's title and Joey claimed his 16th title in the men's division, downing 62 hot dogs and buns in 10 minutes.
News	7:30/8:30 AM	5-Jul-23	Staffing issues are causing a Volunteer Fire Department in Bedford County to speak up for help. The Saunders Volunteer Fire Department sent a letter to Bedford County officials asking to them to create a full-time paid position in addition to volunteers. Right now, there are about 20 volunteers in the department, but out of that, only about six to eight are the most active.
News	6:00/7:00/8:00 AM	6-Jul-23	The United Kingdom, Canada, Sweden, and the Ukraine launched a case against Iran at the United Nations' highest court over the downing of a Ukrainian passenger jet in 2020 taking the lives of all on board. The four countries want the International Court of Justice to rule that Iran illegally took down the plane and to order them to pay compensation to the families of the victims.
News	7:30/8:30 AM	6-Jul-23	With the heat this summer you may get thirsty working in the yard or sweat while exercising and playing sports, but if you find yourself having trouble concentrating or feeling fatigued, you may be suffering from dehydration. When working outside on a hot day, it's best to drink eight ounces of water every 15 to 20 minutes. It becomes a medical emergency if you start to feel confused or disoriented.
News	6:00/7:00/8:00 AM	6-Jul-23	Virginia residents who are experiencing difficulties keeping cool this summer can get assistance from the Virginia Department of Social Services. VDSS will provide cooling assistance to qualifying households through the Virginia Energy Assistance Program. Applications can be submitted until Tuesday, August 15. To qualify, a household must have a child less than six years of age, an adult 60 years or older, or an individual living with a disability.
News	7:30/8:30 AM	6-Jul-23	If you're a fan of classical music, the Wintergreen Music Festival kicks off this week at Wintergreen Resort in Nelson County. This festival is a celebration of nature, melody, and hidden gems, and it all takes place within the beautiful Blue Ridge Mountains.
News	6:00/7:00/8:00 AM	6-Jul-23	National confidence in the U.S. was highest among G-7 nations when Gallup started tracking it in 2006. Now, it's the lowest. Fewer than a third of Americans say they have confidence in our national government. One way to get that confidence back up would be to ease inflation.

News	7:30/8:30 AM	6-Jul-23	Contract negotiations between UPS and the union representing 340,000 of the company's workers broke down again yesterday with each side blaming the other for walking away from talks. If a strike were to happen that could mean far-reaching issues for the economy, particularly the supply chain, which has just begun to recover from pandemic-related issues.
News	6:00/7:00/8:00 AM	6-Jul-23	Cuts to the North Carolina Ferry System that has adversely impacted Ocracoke Island's economy has gotten the attention of state lawmakers. The cutbacks are due in part to fuel costs, and the underfunding of the second largest state-run ferry system in the country. Currently, there are only 18 departures each day down from 36. Lawmakers are working on fixing the issue.
News	7:30/8:30 AM	6-Jul-23	The state of Virginia and Dominion Energy are expanding a program that could save you money on your energy bill. The "Off-Peak Plan" uses a "Time Of Use" rate that charges customers more for electricity during peak hours while saving them money during times when many don't traditionally use energy. Dominion says there is no timetable as to when they will roll out the expanded program but interested customers can add their name to a waitlist.
News	6:00/7:00/8:00 AM	7-Jul-23	Millions have quickly signed up for Meta's new app, Threads, as it aims to compete with Twitter. Twitter has undergone a series of unpopular changes since Elon Musk bought it. And as of yesterday, over 10 million had registered for threads in the first seven hours. If you already have Instagram, you can log in with your existing username and follow the same accounts on the new app.
News	7:30/8:30 AM	7-Jul-23	The United States Navy says it had to stop Iran from taking control of two oil tankers that were lawfully passing through international waters. In both cases, a U.S. ship had to chase Iranian ships away. According to the U.S. Navy, an Iranian ship actually fired missile's hitting one of the vessels. Fortunately, no one on board was hurt and the damages to the vessel were not significant.
News	6:00/7:00/8:00 AM	7-Jul-23	Carroll County Emergency Services said there have been no reports of damage or injuries due to an earthquake that happened yesterday. The United States Geological Survey confirmed that it was a 2.7M earthquake that happened closer to the surface, which is why many in the area reported shaking. It's the fourth earthquake to happen in central Virginia in the last month.

News	7:30/8:30 AM	7-Jul-23	A museum on wheels visited Hampton Roads yesterday honoring fallen soldiers, veterans, and those who currently serve. Wreaths Across America is on a national tour, bringing a mobile exhibit to the Southside and Upper Peninsula. The exhibit's goal is to educate visitors on the service and sacrifice. Today the exhibit will travel to Merchants Square in Williamsburg.
News	6:00/7:00/8:00 AM	7-Jul-23	The leader who led the mutiny against Russia is back in the Country and his Wagner troops are in field camps, raising new questions about the deal that ended the challenge to President Putin's rule. They have also been given back the cash and weapons that were confiscated by Russian authorities during the rebellion. Wagner is a private military contractor that has sent troops around the world to fight for Russia's interests in the past.
News	7:30/8:30 AM	7-Jul-23	The company that owns the submersible that fatally imploded on its way to tour the Titanic said it is suspending all operations. Unlike submarines that leave and return to port under their own power, submersibles require a ship to launch and recover them.
News	6:00/7:00/8:00 AM	7-Jul-23	"Tennis Under the Lights" is returning to the Byrd Park tennis courts in Richmond after the event was canceled due to the pandemic. All of the proceeds benefit junior and adult tennis development in Richmond and the hope is to come together, empower youth and encourage health and fitness. The next gathering is July 13 from 6 p.m. until 9 p.m. at the tennis courts on Arthur Ashe Boulevard.
News	7:30/8:30 AM	7-Jul-23	Art lovers have a new exhibit at the Virginia Beach Convention Center. Beyond Van Gogh: The Immersive Experience is presented in partnership with the Virginia Arts Festival. The entry is a maze-like history of the Dutch artist through quotes and facts. The Virginia Arts Festival hopes Hampton Roads residents and tourists visit the exhibit from now until Sept. 2.
News	6:00/7:00/8:00 AM	10-Jul-23	A U.S. drone strike took the life of an Islamic leader in Syria hours after US drones were harassed by Russian military jets. It was not immediately clear how the U.S. military confirmed that they hit their target. The military then assessed reports that a civilian may have been injured, but it seems like none were harmed.
News	7:30/8:30 AM	10-Jul-23	There are now plans in the works to fix a dangerous intersection in Lynchburg. The intersection of 501 and 221 at Lakeside Drive has had a total of 390 reported accidents within about a one-block radius of the intersection. The plan right now includes making a one-way lane and a bridge over Old Forest Road.

News	6:00/7:00/8:00 AM	10-Jul-23	Four Henry County deputies have been suspended after a use of force incident at the Henry County Adult Detention Center. The man was injured after failing to comply with the deputies and then sent to Southern VA Health in Martinsville for treatment and has since been released. An investigation is ongoing.
News	7:30/8:30 AM	10-Jul-23	The aurora borealis, also known as the northern lights, could be visible in more than a dozen states this week. The stunning display of light from outer space is expected to be visible in states from Alaska to Maryland, weather permitting, between Wednesday and Thursday.
News	6:00/7:00/8:00 AM	10-Jul-23	Ukraine's President marked the 500th day of the war by praising the country's soldiers in a video from the Black Sea island that became the symbol of Ukraine's resilience in the face of the Russian invasion. Reclaiming control of the island he says is great proof that Ukraine will regain every bit of its territory.
News	7:30/8:30 AM	10-Jul-23	Dominion Energy has announced that it is lowering its rates for customers by around \$14. The lower rates were enabled after legislation was passed during the 2023 Virginia General Assembly, which got rid of around \$7 in monthly charges and allowed Dominion to spread fuel costs over a multi-year period.
News	6:00/7:00/8:00 AM	10-Jul-23	Richmond is having a STOP the Violence Town Hall to allow the community to ask leaders their questions and share their solutions. The town hall will take place on Thursday the 13th at the Richmond Police Training Academy from 6:30 p.m. - 9 p.m. and they ask that you RSVP.
News	7:30/8:30 AM	10-Jul-23	Beginning today the Roanoke Valley SPCA said they will begin a new educational series focusing on pet-related themes. It is free and open to the public. The "Second Monday Educational Series" will take place the second Monday of each month beginning at 5:30 p.m., at the Roanoke Valley SPCA located on Baldwin Ave.
News	6:00/7:00/8:00 AM	11-Jul-23	The man who led the revolt in Russia has now pledged loyalty to the Russian government. This is another twist that has raised questions about the power and influence both men wield. Now a NATO summit starting today in Lithuania is looking at how to up the pressure on Moscow after 16 months of war.
News	7:30/8:30 AM	11-Jul-23	For some in parts of North Carolina, access to high-speed internet has not been available. But now, thanks to nearly \$80 million in additional Growing Rural Economies with Access to Technology grants, that will be changing. Broadband will now be expanding to several rural North Carolina counties.

News	6:00/7:00/8:00 AM	11-Jul-23	Suffolk Public Schools confirms an investigation is underway into two incidents at King's Fork Middle School, which is the summer school site for the district. The school received information yesterday about a student believed to have weapons on campus and a bomb threat. The building was evacuated and both incidents remain under investigation.
News	7:30/8:30 AM	11-Jul-23	STEM-Ed Partners a Richmond-based organization has a mission to drive innovation by connecting students to industries and professionals in the fields of science, technology, engineering, and math. This summer they are having a "STEM Shark Tank" camp for Richmond teens ages 12 to 19 from Monday, July 17 through Friday, July 21. The camp will be hosted at St. Paul's Episcopal Church on Grace Street from 9 a.m. until 3 p.m.
News	6:00/7:00/8:00 AM	11-Jul-23	Russia's war in Ukraine is the top of the agenda as President Joe Biden and his NATO counterparts are holding a summit in Lithuania's capital over the next two days. They are expected to focus on ensuring that Ukraine has support as long as the conflict continues, how to bring the country even closer to NATO without actually joining, and security guarantees to ensure that Russia doesn't invade again after the war ends.
News	7:30/8:30 AM	11-Jul-23	About 4,000 Sailors and Marines set sail on a routine deployment out of Norfolk yesterday. The strike group includes the USS Bataan, the USS Mesa Verde, and the USS Carter Hall. The group is one of the nation's best crisis response forces and will be performing a wide range of military, humanitarian, and diplomatic missions.
News	6:00/7:00/8:00 AM	11-Jul-23	Stamps are now more expensive. The US Postal Service has increased prices on first-class mail stamps to 66 cents from 63 cents. This raises the cost of mailing a first-class letter by over 5%. The Postal Service said the hike was necessary to offset a rise in operating expenses.
News	7:30/8:30 AM	11-Jul-23	The swimming advisory near Crazy Horse Marina in Moneta Virginia has been lifted, according to the Virginia Department of Health. This all comes days ahead of the 10th anniversary of Pirate Days. To celebrate its 10th anniversary organizers say they are hosting three days full of fun for buccaneers of all ages. Pirate Days will be held July 14-17 at various locations around Smith Mountain Lake.
News	6:00/7:00/8:00 AM	12-Jul-23	Prayer is needed for those in the Northeast right now after a storm dumped up to two months of rain in two days in Vermont and other states. Now a dam just upstream in Vermont is threatening to overflow. If water pours over the dam that flows through Montpelier, it

			could overtake downtown blocks where the floods were already waist-high.
News	7:30/8:30 AM	12-Jul-23	Bank of America must reimburse customers more than \$100 million and pay \$150 million in fines for “double-dipping” on overdraft fees, withholding reward bonuses on credit cards, and even opening accounts without customer consent. This is one of the highest financial penalties in years against Bank of America.
News	6:00/7:00/8:00 AM	12-Jul-23	An Amtrak train that originated from Norfolk derailed at Union Station in DC yesterday. The incident impacted service in Amtrak’s Northeast region, including Hampton Roads but all should be back on schedule today. EMS evaluated one of the passengers on board and an Amtrak employee was taken to the hospital for a minor medical condition. There were no other injuries reported.
News	7:30/8:30 AM	12-Jul-23	Brayden Patterson is your typical 11-year-old, with one exception, he will challenge a national racing title later this month in Akron, Ohio. Patterson will compete in the All-American Soap Box Derby in the Stock Division after taking the local title in June. The race will be held Saturday, July 22.
News	6:00/7:00/8:00 AM	12-Jul-23	NATO leaders agreed to allow Ukraine to join NATO when allies agree, and conditions are met. Although many NATO members have funneled arms and ammunition to Ukrainian forces, there is no consensus among the 31 allies for admitting Ukraine into NATO’s ranks. Instead, the alliance leaders decided to remove obstacles on Ukraine’s membership path so that it can join more quickly once the war with Russia is over.
News	7:30/8:30 AM	12-Jul-23	Stellantis and the U.S. government are urging the owners of 2003 Dodge Ram pickups to stop driving them after a passenger lost their life by an exploding Takata air bag inflator. The company says owners should contact a dealer or the company to find out if their trucks are part of the Takata recall.
News	6:00/7:00/8:00 AM	12-Jul-23	A federal appeals court has again blocked construction on the natural gas pipeline being built through Virginia and West Virginia, this time doing so even after Congress ordered the project's approval. The statement issued by the 4th Circuit Court of Appeals in Richmond comes after Congress passed legislation requiring all necessary permits be issued for the Pipeline and stripped the 4th Circuit from jurisdiction over the case.

News	7:30/8:30 AM	12-Jul-23	The 2023 Salem Fair's 12-day run was filled with fun and games for attendees, but entertainment was not the only positive effect the fair had. The Fair gave back to the community by collecting food and socks at the gate. More than 2,500 pairs of socks were donated along with 4,700 pounds of food, 1,000 more pounds than last year.
News	6:00/7:00/8:00 AM	13-Jul-23	Floodwaters are receding in Vermont allowing officials to focus on recovering from a disaster that trapped residents in homes, closed roadways and flooded streets and businesses with mud and debris. In the capital city of Montpelier, the dam remains a lingering concern but with the water receding the city is shifting to recovery mode.
News	7:30/8:30 AM	13-Jul-23	As world leaders meet at the North Atlantic Treaty Organization U.S. Senators Tim Kaine and Marco Rubio, both members of the Senate Foreign Relations Committee, have reintroduced a bipartisan bill aimed at preventing any future U.S. President from withdrawing from NATO without the approval of the Senate or an Act of Congress.
News	6:00/7:00/8:00 AM	13-Jul-23	Donating your body to science could help solve crimes in Southwest Virginia and all over the country. There are only eight "body farms" in the country and the newest one is in Virginia. A body farm is a research facility where decomposition of once living things can be studied in a variety of settings.
News	7:30/8:30 AM	13-Jul-23	The Honda Aircraft Company's consideration of Greensboro as the site to build its planned larger jet assembly plant "Project Sage" got a boost from the state. The Economic Investment Committee of the North Carolina Department of Commerce voted to award approximately \$3.9 million so the company will build its HondaJet at the Piedmont Triad International Airport.
News	6:00/7:00/8:00 AM	13-Jul-23	Three large tax preparation firms sent sensitive information on tens of millions of taxpayers to Facebook's parent company Meta which meta then used to create targeted advertising to its own users. The report urges federal agencies to investigate the information that H&R Block, TaxAct and TaxSlayer shared with the social media giant.
News	7:30/8:30 AM	13-Jul-23	Americans have gained some much-needed relief with inflation reaching its lowest point since early 2021, 3% thanks in part to easing prices of gasoline, airline fares, used cars, and groceries. The inflation figures the government reported are down sharply from a 4% annual rate in May, though still above the Federal Reserve's 2% target.

News	6:00/7:00/8:00 AM	13-Jul-23	A blanket of smoke covered the Virginia Beach oceanfront as crews spent hours fighting a three-alarm fire at the T-Shirt Factory in the 2600 block of Atlantic Avenue. The fire started at the T-Shirt Factory and made its way through King of the Sea Seafood and Maple Tree Pancake House, with all three businesses declared a total loss.
News	7:30/8:30 AM	13-Jul-23	Bertie County North Carolina's Sheriff says the office's new drone program will help officials better serve the community. The drones will be used to respond to calls like missing persons, water rescues and active incidents, and will reduce response times. Right now, the sheriff's office has two operating drones. Each costing \$2,000.
News	6:00/7:00/8:00 AM	14-Jul-23	President Joe Biden closed out a five-day trip to Europe yesterday standing alongside Nordic leaders in an effort to show NATO's expanding power and influence against Russia. Finland joined as NATO's newest member earlier this year, doubling the alliance's border with Russia, and Ukraine's President called the summit's outcome a significant security victory for his country.
News	7:30/8:30 AM	14-Jul-23	Gabby Douglas, the first Black woman to win the Olympic all-around gymnastics title, is taking aim at the 2024 Games in Paris. Douglas announced that she is making a comeback attempt, a dozen years after her triumph in London in 2012 and eight years after her last competition, the 2016 Olympics in Rio de Janeiro.
News	6:00/7:00/8:00 AM	14-Jul-23	Martinsville leaders have taken a step forward to support plans for a ten-million-dollar hotel project. The 80-unit Holiday Inn Express will be built at the former National Guard Armory. Once work is finished, the hotel is projected to generate over \$220,000 in annual tax revenue.
News	7:30/8:30 AM	14-Jul-23	The Texas Inn in Lynchburg is a staple in the community, and this week it had the honor of serving the state's governor during a special visit. Governor Youngkin presented them with House Resolution No. 285 that honors the Texas Inn for its legacy of serving millions while fostering economic growth, employment opportunities, and a sense of community.
News	6:00/7:00/8:00 AM	14-Jul-23	A Russian general in charge of forces fighting in southern Ukraine has been relieved of his duties after speaking out about problems faced by his troops, a move that reflects new division in the military command. He claimed his forces were lacking radars to track Ukrainian artillery, which resulted in massive Russian casualties.

News	7:30/8:30 AM	14-Jul-23	As Lynchburg City Schools works to improve its facilities, it wants your feedback. Scenarios up for discussion are renovating, closing, or repurposing school buildings. If you want to give your feedback the upcoming events will be held from 6 p.m. to 8 p.m. on Monday at Paul Munro Elementary, Tuesday at Sandusky Elementary, Wednesday at Heritage Elementary and the following Monday the 24th at Dearington Elementary.
News	6:00/7:00/8:00 AM	14-Jul-23	Upcoming bridge repairs northbound Interstate 81 are expected to create significant delays for drivers. The work is scheduled to begin on Sunday, at 6 p.m., depending on weather. The construction will significantly impact drivers traveling from the New River Valley to Roanoke and the lane closure will be in place until the work is completed which they expect will be Tuesday the 18th.
News	7:30/8:30 AM	14-Jul-23	Nineteen months after President Biden signed the Brandon Act, the Navy and Marine Corps have become the first of the armed services to order its implementation. The law protects confidentiality and improves access to mental health resources for service members in crisis and enables sailors and Marines to initiate mental health evaluations on their own.
News	6:00/7:00/8:00 AM	17-Jul-23	The IRS says it's collected \$38 million dollars from some delinquent high-income tax payers the past few months. One IRS spokesperson says it just shows you how much money is out there that should have been paid in taxes.
News	7:30/8:30 AM	17-Jul-23	It's been one year since the Suicide Prevention Hotline began operations. So far, over 4 million people have been helped. You can dial 988 nationally to get help if you need it.
News	6:00/7:00/8:00 AM	17-Jul-23	Some good news coming from Norfolk International Airport. The airport has seen an 8.7% increase in passengers during the first part of this year. In June alone, passengers were up 7.5% which is the busiest month in the airports history.
News	7:30/8:30 AM	17-Jul-23	The annual Pirate event took place at Smith Mountain Lake. Due to an algae bloom in the lake, organizers weren't sure what kind of weekend they were going to have....but turnout was good. It gave adults the chance to be a kid again!
News	6:00/7:00/8:00 AM	17-Jul-23	Most of Virginia saw heavy rain on Friday and over the weekend. In fact, EC Glass High School in Lynchburg suffered damage from flooding with mud and water in classrooms and hallways. Clean up crews have been working there to clean up the mess.

News	7:30/8:30 AM	17-Jul-23	Dillards in Norfolk is done. The store at Macarthur Center is officially closing. Signs at the store pointed shoppers to other area stores in Chesapeake, Newport News and Virginia Beach.
News	6:00/7:00/8:00 AM	17-Jul-23	Brightstar Care has opened a new location in Lynchburg....offering 24/7 at home care. The company is family owned and began service in Fairfax 10 years ago. They're location on Forest Road will serve as a training location.
News	7:30/8:30 AM	17-Jul-23	And the sunflower festival kicked off this weekend at Sinkland Farms near Christiansburg. Over 200,000 sunflowers, tons of games, vendors and crafts will be available thru the end of July.
News	6:00/7:00/8:00 AM	18-Jul-23	A drug has been approved to protect babies and toddlers against a respiratory virus. RSV is cold-like for most but can be life-threatening in the very young and the elderly. The approved the injection is for infants and children up to 2.
News	7:30/8:30 AM	18-Jul-23	Air quality still remains and issue as you might have noticed some hazy skies due to the Canadian wildfires. Last night the air quality index was in the moderate category for most in Central VA but in the unhealthy category in high elevated areas which means it would be best to avoid outdoor activities until this afternoon.
News	6:00/7:00/8:00 AM	18-Jul-23	Vacancies in North Carolina government jobs and teachers increased over the last year, as state lawmakers continue to debate how much to pay them. Under the House plan, state workers would get a 7.5% increase over two years and teachers would get about 10%, but right now there is no agreement in place.
News	7:30/8:30 AM	18-Jul-23	A nonprofit in Richmond is teaching incarcerated individuals' technical skills to help prepare them to join the workforce upon their release. "Persevere" has trained more than 1,400 in coding and website building and is hosting a virtual session for interested employers today from 1 p.m. - 2 p.m.
News	6:00/7:00/8:00 AM	18-Jul-23	An attack has damaged a bridge linking Russia to Moscow which is a key supply route for Russian forces in the war with Ukraine. The strike was carried out by two Ukrainian drones.
News	7:30/8:30 AM	18-Jul-23	Another train has derailed, this time in Pennsylvania. Several were evacuated, but officials said no injuries were reported and there was no known hazard to the public. The train was owned by Norfolk Southern and Silicon pellets were leaking from at least one train car. The cause is under investigation.

News	6:00/7:00/8:00 AM	18-Jul-23	Officials broke ground for the new George Wythe High School in Richmond that will be known as Richmond High School For the Arts. Dozens of alumni, teachers and staff and community leaders came out to celebrate the groundbreaking, which took place on the city's athletic fields where the new school will be built.
News	7:30/8:30 AM	18-Jul-23	The Danville Police Department has launched a new product called "One Community" to bridge the gap between residents and law enforcement with engagement through the services division that brings together city residents, visitors, workers, businesses, organizations, and partners. Residents in Danville can look for the soft rollout for the OC in the next several months.
News	6:00/7:00/8:00 AM	19-Jul-23	The Biden administration and consumer technology players launched an effort to put a nationwide cybersecurity certification program in place to help consumers choose smart devices that are less vulnerable to hacking. The U.S. Cyber Trust Mark initiative is being overseen by the Federal Communications Commission and will rate devices based on security.
News	7:30/8:30 AM	19-Jul-23	Former President Donald Trump has received a letter informing him that he is a target of the Justice Department's investigation into efforts to overturn the results of the 2020 presidential election, an indication he could soon be charged by U.S. prosecutors. This would be on top of existing state and federal counts in New York and Florida as he pursues the 2024 Republican presidential nomination.
News	6:00/7:00/8:00 AM	19-Jul-23	Crews with Smith Mountain Lake Fire and Rescue are busy after a barge overturned dumping a significant amount of debris into the lake. The barge was carrying pilings and lumber, some of which were up to 35 feet long. Boaters are asked to avoid this area until clean-up is finished so that they can avoid damaging their boat.
News	7:30/8:30 AM	19-Jul-23	The administration at Washington and Lee University have decided to move some historical plaques to a designated exhibit. The school said they're creating a new exhibit called "The Power of Memory: Remembering Robert E. Lee", which will be located in the University Chapel.
News	6:00/7:00/8:00 AM	19-Jul-23	Virginia lawmakers are hoping to push a new bill that would allow 529 saving accounts to be used for workforce training and accreditation programs. The "Freedom to Invest in Tomorrow's Workforce Act" focuses on the fact that many Virginians take different career pathways, such as skilled trades and nursing.

News	7:30/8:30 AM	19-Jul-23	Virginia drivers are now able to add a piece of information to their driver's license that is intended to help first responders: their blood type. In the event of an emergency, emergency workers can more quickly find out the blood type of a victim if the info is added to the ID. If you want to add the blood type indicator to your license you will have that option when you renew or replace it.
News	6:00/7:00/8:00 AM	19-Jul-23	12th street and Horseford Road, near the Craddock Terry Hotel in Downtown Lynchburg remain closed due to the heavy amount of rain over the weekend that caused landslides. Before they can start clean-up efforts, consultants have to check out the damages and the reopening timeline for those roads will depend on their assessment. The consultants will be coming to check out the landslides within the next week or two.
News	7:30/8:30 AM	19-Jul-23	Having a dog or cat around has proven to be therapeutic for many with health conditions, and now after a three-year hiatus, Chesapeake Regional Medical Center welcomed back its troop of Welcome Waggers. They currently have 10 pet therapy teams certified by Therapy Dogs International that patients can make a request to see.
News	6:00/7:00/8:00 AM	20-Jul-23	Russian President Vladimir Putin has agreed not to attend an economic summit in South Africa next month that will include China and other world leaders because of an arrest warrant for him by the International Criminal Court. Russia and summit host South Africa reached a "mutual agreement" that Putin would not attend the Aug. 22-24 gathering in person but via a video link.
News	7:30/8:30 AM	7/20/2023	A rail equipment manufacturer company is expanding its facility in Salem, bringing 38 new jobs to the area. Governor Glenn Youngkin said Wabtec Corporation is slated to invest \$2.7 million in the expansion. Virginia competed against Missouri, Pennsylvania, South Carolina, and Mexico for the project.
News	6:00/7:00/8:00 AM	7/20/2023	A themed driving trail will be having its launch and ribbon-cutting ceremony August 3rd at 11am on Jamestown Rd., in Williamsburg. The new trail will showcase some of Virginia's local restaurants, shops, parks and more. The 5 & Dime trail is about 80 miles guiding travelers on a road trip along Route 5 and Route 10 through the city of Hopewell and the counties of Prince George, Charles City, James City and Surry.
News	7:30/8:30 AM	7/20/2023	More than 100 years after it first opened, a \$14 million makeover is bringing the historic Hotel Petersburg back to life. The hotel, located on West Tabb Street in downtown Petersburg, is slated to reopen in April 2024.

News	6:00/7:00/8:00 AM	7/20/2023	At least a dozen organizations and entrepreneurs throughout Virginia attended a roundtable to share their concerns and ideas on how to better serve their communities with U.S. Senator Mark Warner. The conversation addressed investments, housing, and student debt. One of the biggest needs was for day care for low-income mothers.
News	7:30/8:30 AM	7/20/2023	Jerry Falwell Jr. former President of Liberty University appeared in Lynchburg Federal District court for a hearing on the lawsuit he filed, claiming Liberty University owes him millions of dollars in retirement payments. Liberty University wants the case dismissed saying that Falwell willingly retired for good reason. The judge has not made a decision yet.
News	6:00/7:00/8:00 AM	7/20/2023	The PRA Group call center in Danville is set to close, and as many as 123 workers will be affected. The financial services company opened its Danville call center in 2019, and the location will permanently close, effective Oct. 20, 2023. Those affected have been notified of their separation dates and were informed in writing.
News	7:30/8:30 AM	7/20/2023	A ribbon-cutting was held for a new Ronald McDonald House located inside the Children's Hospital of Richmond at VCU. It will provide a space for families of young patients to relax, prepare a meal or participate in activities. There're dining and lounging areas, four family sleep rooms, a children's play area and an outdoor patio. Staff and volunteers will also provide services and activities for families like meals, music, haircuts, and yoga sessions.
News	6:00/7:00/8:00 AM	7/21/2023	The IRS has a plan to test drive a new electronic free-file tax return system next year. Now anyone can prepare and mail in their taxes for free now, but the tax code is so complex that almost 50% of Americans use a tax prep company.
News	7:30/8:30 AM	7/21/2023	The COVID pandemic accelerated retirements among older American workers, so in an effort to hold onto older workers, some employers have started offering a new benefit: grandparent leave, paid time off to employees upon the birth or adoption of a grandchild.
News	6:00/7:00/8:00 AM	7/21/2023	Virginia Western Community College in Roanoke is making room for more learning opportunities with the recent expansion of the Botetourt Center at Greenfield. The expansion will specifically benefit welding students, who previously received instruction in modular classrooms.

News	7:30/8:30 AM	7/21/2023	Twenty-eight Hampton Roads students are putting their skills to the test to see if they have what it takes to be an FBI agent as part of the Future Agents in Training Teen Academy. Students get a little taste of everything, from mock crime scenes, to learning about the different weapons they use, to actually taking the physical fitness test. The weeklong program ends today with a panel involving local, state and federal law enforcement partners.
News	6:00/7:00/8:00 AM	7/21/2023	North Korea hasn't responded to U.S. attempts to discuss the American soldier who made it across the heavily armed border into North Korea. Private Travis King, was supposed to be on his way to Fort Bliss, Texas, is the first known American held in North Korea in nearly five years.
News	7:30/8:30 AM	7/21/2023	Governor Glenn Youngkin announced that the state of Virginia ended the 2023 fiscal year with more than \$3 billion over the predicted revenue, landing at \$5.1 billion in excess resources. He said this is a success story for the state but that there is still work to be done.
News	6:00/7:00/8:00 AM	7/21/2023	Firefighters in the Amherst area will soon have a new place to hone their skills. The Amherst Fire Department, Monelison Fire Department, Pedlar Fire Department, and Amherst County Public Safety broke ground on a new training facility to give teams the opportunity to practice fighting fires in various scenarios, including repelling and roof ventilation.
News	7:30/8:30 AM	7/21/2023	A gigantic rubber duck is visiting Maryland waters this summer. The "World's Largest Rubber Duck" will float its way into the Chesapeake Bay in August to wow spectators and spread some cheer. It will visit waterfronts in Leonardtown Aug. 4-6 and Crisfield Aug. 11-13.
News	6:00/7:00/8:00 AM	7/24/2023	Israeli Prime Minister Benjamin Netanyahu underwent a heart procedure to receive a pacemaker. A top deputy was to stand in for him while he had surgery. The procedure comes one week after he was hospitalized for dehydration.
News	7:30/8:30 AM	7/24/2023	A train derailment in northern Montana left freight cars tangled up along a major east-west railroad corridor but caused no injuries. The accident comes less than a month after a railroad bridge collapse in southern Montana sent cars with oil into the Yellowstone River. The cause is under investigation.
News	6:00/7:00/8:00 AM	7/24/2023	Heads up to walkers, runners, and bikers in Lynchburg! There's a section of the Blackwater Creek Trail that will be closed for two days this week. From Wednesday to Friday, part of the trail near the Rivermont Bridge will be closed

			for crews to perform work. Do not trespass into any areas marked for construction.
News	7:30/8:30 AM	7/24/2023	The 34th annual Commonwealth Games was back in Lynchburg over the weekend. Athletes from ages 2 to 85 participated and last year over 9,000 participated, generating more than \$3.5 million in the Lynchburg area.
News	6:00/7:00/8:00 AM	7/24/2023	China sent dozens of warplanes, including fighter jets and bombers, toward Taiwan, marking a forceful display days before the Taiwan holds its annual military exercises which include combat readiness drills for preventing an invasion.
News	7:30/8:30 AM	7/24/2023	First Lady Jill Biden is in Paris this morning joining other VIPs and speaking at a ceremony tomorrow at the headquarters of the United Nations Scientific, Educational and Cultural Organization. The American flag will be raised to mark the U.S. return to membership after a five-year absence. The group aims to foster global collaboration in education, science, and culture and designates World Heritage sites, deeming them worthy of preservation.
News	6:00/7:00/8:00 AM	7/24/2023	Lynchburg Daily Bread, a group that serves food to the hungry received an almost \$4,000 donation. The money came from community donations of unwanted change in the "Change for Change Caring Meters" around Lynchburg.
News	7:30/8:30 AM	7/24/2023	The Women's World Cup kicked off last week and Team USA is the favorite to win. They won their first game in the group play stage 3-0 against Vietnam and will play again on Wednesday verse the Netherlands at 9pm.
News	6:00/7:00/8:00 AM	7/25/2023	Amazon is asking some corporate workers to relocate to other cities as part of its return-to-office policy, which mandates workers to be in the office three days a week. Amazon didn't provide details on the number of employees that will be required to relocate.
News	7:30/8:30 AM	7/25/2023	Trader Joe's sent a recall notice to customers to alert them of potential foreign material in two types of cookies. Their Almond Windmill Cookies and their Dark Chocolate Chunk Almond cookies could potentially contain rocks. The sell by dates are October of this year.
News	6:00/7:00/8:00 AM	7/25/2023	When Norfolk's long-dormant Riverview Theater finally reopens, it's going to host a bit of everything, from live music and comedians to church fundraisers and local forums. The revived Riverview Theater is expected to reopen in August 2024.

News	7:30/8:30 AM	7/25/2023	Elon Musk has unveiled a new “X” logo to replace Twitter's famous blue bird as he follows through with a major rebranding of the social media platform that he bought for \$44 billion last year. In response to questions about what tweets would be called when the rebranding is done, Musk said they would be called Xs.
News	6:00/7:00/8:00 AM	7/25/2023	UPS workers are continuing to negotiate wage increases for part-time workers and they want to eliminate a provision that created hierarchies of workers with different pay scales, hours, and benefits. Driver safety, and the lack of air conditioning in delivery trucks, is also in the mix. The strike can be avoided if they agree to a new contract before July 31. UPS said it is temporarily training nonunion employees to step in should there be a strike so that supply chains don't fall apart.
News	7:30/8:30 AM	7/25/2023	The City of Richmond Department of Public Works and the Richmond Department of Public Utilities have collaborated on installing a high-water detection system on Magnolia Avenue and Bainbridge Street – two areas prone to flooding. The warning system uses a sensor to detect rising water and alert residents to stay off the roads and turn around. It will activate flashing beacons, message signs, and automatic road barriers.
News	6:00/7:00/8:00 AM	7/25/2023	Faith-Based 'Upward Sports' is expanding their ministry through a merger with 'Run For God Ministries'. The two organizations use sports to reach participants for Jesus. Run for God conducts connect Bible study and running training and Upward Sports helps churches reach out to their communities by providing sports leagues
News	7:30/8:30 AM	7/25/2023	Of the five samples tested at Smith Mountain Lake last week only one came back with detectable levels of the algae bloom toxin, but the concentration was well below the advisory threshold. All other samples showed toxins were below detectable levels. Officials say you should continue to avoid water with surface scum, that appears discolored, and water that smells.
News	6:00/7:00/8:00 AM	7/26/2023	UPS has reached a contract agreement with its 340,000 union workers averting a strike that had the potential to disrupt logistics nationwide for businesses and households alike. The agreement includes higher wages, air conditioning in delivery trucks, and more.
News	7:30/8:30 AM	7/26/2023	25,000 sailors and Marines will take part in an operation known as the latest Large-Scale Exercise for 10 days in August. The exercise will comprise 22 time zones, in a real-time test of technology and force readiness. The Naval Warfare Development Center in Norfolk will serve as the overall command center.

News	6:00/7:00/8:00 AM	7/26/2023	Preschoolers at Primrose School at Edinburgh Commons and at Cahoon Commons held a drive for the Virginia Beach Society for the Prevention of Cruelty to Animals, or SPCA. During their "Our Precious Pets Drive," the schools collected about 400 items, including food, treats and toys to help support the animal rescue.
News	7:30/8:30 AM	7/26/2023	A tradition continues this weekend, as many will gather alongside Highway 21 for the 100-mile yard sale, hoping to find some steals and deals. It starts in Wythe County and continues all the way down to Harmony, North Carolina. Organizers ask you to drive slowly in the area this weekend and watch for stopping cars. The fun starts on Friday and continues through Sunday.
News	6:00/7:00/8:00 AM	7/26/2023	Florida Governor Ron DeSantis was involved in a multi-car accident in Tennessee but was uninjured as he traveled to a campaign stop for his 2024 presidential bid. The chain reaction crash happened when traffic slowed on Interstate 75 in Chattanooga, causing four cars in the motorcade to hit one another. The governor's staff have been cleared with no significant injuries.
News	7:30/8:30 AM	7/26/2023	North Carolina Governor Roy Cooper announced the beginning of the Governor's School Supply Drive that encourages residents across the state to donate school supplies to support of students and teachers. North Carolina teachers spend over \$500 out of their own pockets for classroom supplies each year, according to a recent report. The drive will run through August 18..
News	6:00/7:00/8:00 AM	7/26/2023	The Virginia Beach Fire Department says the 3-alarm fire that destroyed three businesses at the Virginia Beach Oceanfront earlier this month has been ruled accidental. More than 75 firefighters responded to the fire, but the exact cause of the fire was not identified.
News	7:30/8:30 AM	7/26/2023	The oldest son of NBA superstar LeBron James was hospitalized yesterday after going into cardiac arrest while participating in a practice at the University of Southern California. Medical staff treated the 18-year-old James who was then transported to a hospital, where he is in stable condition after leaving the intensive care unit.
News	6:00/7:00/8:00 AM	7/27/2023	Despite a recent pullback in inflation, the Federal Reserve raised its key interest rate by a quarter point yesterday and signaled another hike is at least on the table, in coming months. The move nudged the federal funds rate to 5.5%, the highest level in 22 years.

News	7:30/8:30 AM	7/27/2023	A NASA power outage disrupted communication between Mission Control and the International Space Station. Mission Control couldn't send commands to the station or talk with the seven astronauts in orbit. The power outage hit as upgrade work was underway in the building at Houston's Johnson Space Center. Thankfully neither the astronauts nor station were ever in any danger and the backup control systems took over within 90 minutes.
News	6:00/7:00/8:00 AM	7/27/2023	BWXT Technologies, in Lynchburg is playing a part in a nationwide space project. The company announced that its reactor and fuel will be key components in the world's first spacecraft using nuclear thermal propulsion.
News	7:30/8:30 AM	7/27/2023	Mannheim Steamroller celebrates its annual Christmas concert tour this year, making a stop at the Salem Civic Center Sunday, December 3 at 7:30 p.m. Tickets go on sale tomorrow at 10 a.m..
News	6:00/7:00/8:00 AM	7/27/2023	Seven major automakers say they're joining forces to build a North American electric vehicle charging network that would rival Tesla's and nearly double the number of fast-charging plugs in the U.S. and Canada. General Motors, BMW, Honda, Hyundai, Kia, Mercedes and Stellantis said they will share in a multi-billion-dollar investment to build "high power" charging stations with 30,000 plugs in urban areas and along travel corridors.
News	7:30/8:30 AM	7/27/2023	President Joe Biden's son Hunter pleaded not guilty to two tax crimes after a deal with federal prosecutors unraveled during a court hearing following the judge's concerns over the agreement. He was expected to plead guilty after he made an agreement with prosecutors, who were planning to recommend two years of probation, but that deal is now on hold.
News	6:00/7:00/8:00 AM	7/27/2023	Newport News city council has voted to part ways with city manager Cindy Rohlf. The City council approved a separation and severance agreement for her that is effective Aug. 1.
News	7:30/8:30 AM	7/27/2023	USA Women's soccer played the Netherlands last night in their second game of the world cup! Netherlands went up early but thanks to a second half goal from Lindsay Horan the women were able to hold the match to a tie. They play Portugal in their last group play game on Tuesday August 1st at 3am.
News	6:00/7:00/8:00 AM	7/28/2023	The Supreme Court has allowed construction to resume on a contested natural-gas pipeline that is being built through Virginia and West Virginia. Work on the Mountain Valley Pipeline had been blocked by the 4th U.S. Circuit Court of Appeals in Richmond, Virginia, even after Congress ordered the project's approval.

News	7:30/8:30 AM	7/28/2023	Ford is recalling over 150,000 vehicles. The Ford Transit Connect from 2014-2016 is being recalled for issues with the front door latch and five Ford models from 2023, including the Ford Escape, F250 SD, F350 SD, F450 SD, and F550 SD, are being recalled for issues with the digital instrument panel. Dealers will fix both issues free of charge and owners can expect recall letters on August 14 for the 2023 models and August 28 for the Ford Transit Connects.
News	6:00/7:00/8:00 AM	7/28/2023	Three U.S. Marines were found unresponsive in a car at a North Carolina gas station. They passed away from carbon monoxide poisoning outside a Speedway gas station in the coastal community of Hampstead. They did not immediately make it clear whether their deaths were accidental.
News	7:30/8:30 AM	7/28/2023	An attraction is coming to the Hill City this holiday season. Bright Nights on the Bluffwalk will be held in Downtown Lynchburg for eight weeks from November 19 to January 14. The Bluffwalk will be transformed with dazzling lights, large-scale installations, festive music and more. There will be a Kick-Off event on November 19, including a tree-lighting ceremony, live music & performances, artisan craft vendors, food trucks, and more.
News	6:00/7:00/8:00 AM	7/28/2023	The UFO hearing is the latest push by lawmakers, intelligence officials and military personnel that work on UFOs to examination the issue on a national platform. Many think the government needs to be transparent about their findings, and some government officials say that keeping the findings quiet are a matter of national security.
News	7:30/8:30 AM	7/28/2023	Police departments across Hampton Roads are participating in this year's National Night Out event. The official National Night Out is on Tuesday, Aug. 1 and offers a time for Police Officers to meet and interact with those in the community to find better ways to fight crime.
News	6:00/7:00/8:00 AM	7/28/2023	VCU Health is ramping up security at its hospitals. The health system is currently in phase one of a three-stage plan to address any potential safety gaps. One of the first phases is to install the weapons detectors by August 31
News	7:30/8:30 AM	7/28/2023	Thousands gathered this week to watch the Chincoteague wild ponies make their annual trek across the Ass-a-teague Channel. The tradition in its 98th year and includes a swim and an auction the biggest annual fundraiser for the Chincoteague Volunteer Fire Company, which manages the wild pony herd.

News	6:00/7:00/8:00 AM	7/31/2023	The Virginia Department of Health wants you to add another item to your back-to-school list. They're encouraging parents to check that their kids' vaccinations and health records are up to date before heading back to the classroom. Skipping the step could result in a delayed start to the school year for your child.
News	7:30/8:30 AM	7/31/2023	Are you looking to make it big in Hollywood as a singer? Well, your chance to try out for American Idol is here! They will be doing virtual auditions over Zoom the Virginia date for auditions is August 7 and you can sign up online.
News	6:00/7:00/8:00 AM	7/31/2023	22 billboards have gone up across the commonwealth urging Virginia businesses to hire those with disabilities. It's all part of a campaign by the Virginia Board for People With Disabilities. According to the latest data from the U.S. Bureau of Labor Statistics, only 21% of those with disabilities were employed last year. The billboards are expected to stay up through September.
News	7:30/8:30 AM	7/31/2023	Another Lynchburg swimmer is now a national champion, after he fought to the finish for the gold in the 400-meter freestyle at the 2023 YMCA Long Course National Championship in Greensboro, North Carolina. JC Gordon, who swims for the Lynchburg YMCA swim team took home the gold.
News	6:00/7:00/8:00 AM	7/31/2023	Virginia Senator Tim Kaine is celebrating the Senate's passage of a national defense bill that aims to give service members a pay raise, expand mental health resources, and give millions of dollars to military construction projects. The senate version would green light a 5.2% pay raise for both military service members and the DOD civilian workforce and would include \$590 million for military construction much of which would be in Hampton Roads.
News	7:30/8:30 AM	7/31/2023	Construction is now underway for the Martinsville-Henry County Historical Society's \$2.8 million museum behind the old courthouse. The two-floor, facility will include interactive displays, a library for research, and a meeting room. They are currently looking to hire an executive director along with other positions for the new museum.
News	6:00/7:00/8:00 AM	7/31/2023	STIHL (steal) in collaboration with the Virginia Manufacturers Association, hosted 34 high school students at their manufacturing facility for their 9th Manufacturing Technology Summer Camp. The free four-day program provided high school students experience with manufacturing process planning, budgeting, and product quality along with the significance of hard work and collaboration.

News	7:30/8:30 AM	7/31/2023	Through Labor Day, the Ocracoke passenger ferry will have an extended operating schedule. The N.C. Department of Transportation's Ocracoke Express originally was set to end its summer season today, but due to demand and funding, it now will continue through September 4.
News	6:00/7:00/8:00 AM	8/1/2023	Russian missiles hit an apartment complex and a university building in the hometown of Ukraine's President, taking the lives of six and wounding 75 others as the blasts trapped residents. The Ukrainian president did say though that the fighting was drawing closer to land occupied by Russia.
News	7:30/8:30 AM	8/1/2023	A resupply mission to the International Space Station takes off from Wallops Island in Accomack county tonight around 8:30 AMpm. With it being so close to sunset the vapor trail may be visible from the Carolinas to New England. Including inland in parts of Southwest and Central Virginia as well.
News	6:00/7:00/8:00 AM	8/1/2023	A Lynchburg man who was on the run for several hours has been taken into custody. Alex Hernandez was located on Waterlick Road in Campbell County. The investigation remains ongoing. Police say he had a weapon and fled from them on foot causing residents to shelter in place.
News	7:30/8:30 AM	8/1/2023	The Behavioral Health Services of Virginia Mobile Crisis Response team works 24 hours a day, seven days a week helping those experiencing a mental health, substance abuse, or suicide crisis. The team has been even busier since Virginia, rolled out the 988-crisis lifeline last summer. There are currently five call centers in Virginia staffed with mobile units.
News	6:00/7:00/8:00 AM	8/1/2023	The Department of Education released a website for a new student loan repayment plan, known as Saving on a Valuable Education. The new SAVE plan raises the income exemption from 150 percent above the poverty line to 225 percent, meaning a single person earning less than \$32,800 would have \$0 monthly payments. The plan also won't allow unpaid interest to grow if a person is making their monthly payments. Also, spousal income for borrowers who are married, and file separately will not be included.
News	7:30/8:30 AM	8/1/2023	There's a new policy in place this coming school year at Newport News Public Schools. The school year starts on Aug. 28, and all students will be required to have a clear backpack. This is to make security checks more efficient.
News	6:00/7:00/8:00 AM	8/1/2023	National night out is taking place tonight. Law enforcement across the country are coming together with those in their community to build relationships that lead

			to less violence. You can look online for events happening near you.
News	7:30/8:30 AM	8/1/2023	You have a chance to skydive to defeat pediatric cancer! The event was created by Virginia Beach-based non-profit D-Feet Cancer, The Dalton Fox Foundation. Dalton passed away from cancer in 2021 when he was just 12 years old, and he always wanted to skydive, so his family has teamed up with Skydive Suffolk to plunge headfirst into finding a cure for the cancer. There are still spots open for the event Sunday, at Skydive Suffolk you just need to sign up and raise or donate funds.
News	6:00/7:00/8:00 AM	8/2/2023	U.S. employers posted fewer jobs in June, a sign that the demand for workers that has been a key feature of the post-pandemic economy is calming down. Job openings dropped to the lowest they have been in more than two years as companies are less desperate to add workers.
News	7:30/8:30 AM	8/2/2023	NASA astronauts from the Artemis 2 visited Naval Base San Diego ahead of the first Artemis II recovery test in the Pacific Ocean. The test will ensure NASA that the Department of Defense personnel can safely recover them and their spacecraft after their trip around the Moon. The mission includes being extracted after splashing down and being lifted via helicopter to the recovery ship where they will undergo routine medical checks before returning to shore.
News	6:00/7:00/8:00 AM	8/2/2023	City of Lynchburg residents are using water from the James River in their sinks and showers after the raw water line from Pedlar Reservoir broke. Lynchburg's water source is usually from the reservoir, but the the second source of water the James River is in use instead. The department is working to analyze the situation and start on repairs. Residents should know that their water is still perfectly safe to use.
News	7:30/8:30 AM	8/2/2023	The Danville Police Department gained national spotlight. Chief Scott Booth was named as a recipient of the Frederic Milton Thrasher Award by the National Gang Crime Research Center. This honors superior leadership in law enforcement and is due to the work they've done to curb crime and keep residents safe.
News	6:00/7:00/8:00 AM	8/2/2023	The Virginia Mortgage Relief Program will close to new applicants starting on October 1. The program through Virginia Housing helps Virginia homeowners avoid foreclosing on their homes. So far, they've disbursed more than \$171 million to over 10,000 eligible households across the commonwealth. Virginia Housing says they'll continue to take in applications submitted before October

			1, and they'll be processed based on remaining funding availability.
News	7:30/8:30 AM	8/2/2023	West Virginia National Guard members left for Texas yesterday to assist at the U.S.-Mexico border. West VA Governor Jim Justice joins a list of governors who have pledged aid to Texas in "Operation Lone Star," the border patrol mission. The West Virginia National Guard will be serving along the Rio Grande River, assisting Texas military and police at stations along the border.
News	6:00/7:00/8:00 AM	8/2/2023	The Botetourt County Board of Supervisors has voted to require anyone under the age of 18 to have a parent with them while at the library. The Libraries' policy was that children under the age of 13 must be supervised by a parent or adult over the age of 18, but now anyone under 18 needs an adult.
News	7:30/8:30 AM	8/2/2023	SpongeBob and SlimeTime are coming to the Super Bowl. The NFL and CBS Sports announced that this season's Super Bowl will have a kid-centric presentation on Nickelodeon, marking the first time the Super Bowl has had an alternate telecast on another network.
News	6:00/7:00/8:00 AM	8/8/2023	Tyson Foods is closing four chicken processing plants as it looks to lower costs. The company said that the plants being closed are located in Arkansas, Indiana, and two in Missouri. The company will shift production to other facilities and halt operations at the four plants in the first two quarters of 2024.
News	7:30/8:30 AM	8/8/2023	As part of the process of removing the Confederate memorial from Arlington National Cemetery, they are asking the public to comment. There will be a virtual public hearing on Aug. 23, and any comments submitted through Sept. 2, online will also be considered in preparation of the Environmental Impact Statement.
News	6:00/7:00/8:00 AM	8/8/2023	A gas station giant has submitted plans to come to Campbell County in the near future. The plan is for a new WAWA gas station on Wards Road near the Food Lion. Currently, the closest Wawa is located in Charlottesville.
News	7:30/8:30 AM	8/8/2023	Liberty University, has announced the passing of freshman offensive lineman Tajh Boyd, who was just 19 years old and from Chesapeake VA. The cause of his death remains undisclosed. Boyd has just signed with Liberty out of Oscar Smith High School as part of the 2023 recruiting class.

News	6:00/7:00/8:00 AM	8/8/2023	An alleged informant for Russia has been detained in connection to a plot to assassinate Ukraine's President. The detained woman has not been named publicly but it is said that she had been "gathering intelligence" about Zelensky's planned visit to a specific city in Ukraine at the end of July, in order to plan a Russian airstrike to take his life.
News	7:30/8:30 AM	8/8/2023	A popular festival is returning to Richmond for its 41st year. The Carytown Watermelon Festival is back this Sunday, from 10 a.m. through 6 p.m. along West Cary Street. The Carytown Watermelon Festival is free to attend and includes a large kid's area with rides and games and Watermelon Bowls will be sold for \$1 with proceeds benefiting local Shriner's Hospitals.
News	6:00/7:00/8:00 AM	8/8/2023	The Corolla Wild Horse Fund says one of their wild mares, Cora Mae, was put down after being struck by a vehicle. Veterinarians at the scene confirmed that the collision broke the horses' leg in multiple places, so the decision was made to have her humanely euthanized. The vehicle's driver notified authorities when the crash occurred.
News	7:30/8:30 AM	8/8/2023	Lionsgate announced that it will be behind the 2024 release of the highly anticipated faith-based movie "Unsung Hero," which tells the story of the upbringing of Christian artists Rebecca St James and for King and Country. The movie will focus on the Smallbone family's journey to the United States from Australia. "Unsung Hero" is set to release on April 26, 2024.
News	6:00/7:00/8:00 AM	8/9/2023	President Joe Biden visited Arizona and announce a national monument designation for the greater Grand Canyon, making Native American tribes' and environmentalists' vision to preserve the land a reality. There will be a new national monument to preserve over 1,500 square miles just outside Grand Canyon National Park.
News	7:30/8:30 AM	8/9/2023	There are growing concerns around a combined Russian and Chinese naval patrol off the coast of Alaska as leaders in Washington warn about Chinese spying on the U.S. According to Congressional leaders, there were 11 foreign military vessels from China and Russia operating near Alaska. Last week two U.S. Navy servicemembers were arrested for sending military information to China.
News	6:00/7:00/8:00 AM	8/9/2023	Food Lion Feeds has donated \$225,000 along with grocery store equipment to make THRIVE the Peninsula's first free grocery store. This store is set to open in November on Nettles Drive in Newport News and will help address food insecurity in the area along with reducing food waste.

News	7:30/8:30 AM	8/9/2023	The Life's Journey Mental Health Service Agency has offices in Norfolk and Hampton and its first Portsmouth location is due to open on Monday. Life's Journey also has a team that responds in the community when a mental health patient is in crisis to help avoid standoffs with law enforcement or escalation.
News	6:00/7:00/8:00 AM	8/9/2023	Already running years behind, Boeing's first astronaut flight is now off until at least March. Problems with the parachute lines and flammable tape surfaced during final reviews ahead of what should have been a launch last month for the Starliner capsule. Boeing said it should be done removing the tape in the coming weeks, but a redesigned parachute system won't be ready until December.
News	7:30/8:30 AM	8/9/2023	The Department of Veterans Affairs and the largest federal employee union now have a new labor agreement after more than five years of negotiations. A signing ceremony was held in Salem and the new contract will help improve the hiring process so they can provide world-class care to veterans.
News	6:00/7:00/8:00 AM	8/9/2023	Governor Glenn Youngkin has proclaimed this week as Farmers Market Week in Virginia. The proclamation is meant to recognize the nearly 250 farmers markets that provide fresh food to communities across the state.
News	7:30/8:30 AM	8/9/2023	It's that time of year when sky-gazers get a little more excited. The Per-see-id meteor showers put on their annual show with peak activity expected Saturday, night through the early morning hours of Sunday. This year should have a little more flare to it, too since the moon is in its waning crescent phase.
News	6:00/7:00/8:00 AM	8/10/2023	An American nurse and her daughter are now free, nearly two weeks after they were kidnapped in Haiti's capital. The Christian group asked that neither she nor her family be contacted as they are trying to process and heal.
News	7:30/8:30 AM	8/10/2023	Excitement is in the air as Salem High School unveiled its upgrades to the community for the first time. In an Open House past graduates and incoming freshmen got to see the renovations that have been three years in the making. The 35-million-dollar project enhanced safety, created more flexible learning environments, and brought an enhanced traffic flow.
News	6:00/7:00/8:00 AM	8/10/2023	It's not an arena, but the former Military Circle Mall site might be the future home of the Veteran Affairs' second health care center in the region. The Norfolk Economic Development Authority approved an "option to purchase" agreement for the potential sale to be used for a U.S. Department of Veterans Affairs outpatient health clinic,

			making it the second largest facility in the Hampton Healthcare System behind the VA Hospital.
News	7:30/8:30 AM	8/10/2023	The Peninsula Health District has issued a swimming advisory for Hilton Park Beach in Newport News due to bacteria levels exceeding the state water quality standards. Signs are posted at the beach to alert the public of the advisory, and officials will remove the signs once the bacteria decreases.
News	6:00/7:00/8:00 AM	8/10/2023	Virginia's Attorney General is joining others across the country in support of veterans and their benefits. He joins a 44-state bipartisan coalition in issuing a letter to congressional leaders in support of the passage of the Governing Unaccredited Representatives Defrauding Veterans Affairs Benefits Act.
News	7:30/8:30 AM	8/10/2023	The United States Lifesaving Association is holding the National Lifeguard Championships in Virginia Beach now through Saturday. The Championships have taken place annually since 1980. Virginia Beach last hosted the event in 2019. Professional Lifeguards ranging in ages from 16 to 80 and Junior Lifeguards from ages 9 to 15 will compete in water and beach events that challenge their lifesaving skills.
News	6:00/7:00/8:00 AM	8/10/2023	The annual "Roanoke Run for Refugees" is coming back for its third year, to support refugees living locally. The event is set to start at 6 p.m. on September 8 and will be open to all ages to participate with both a kids' 1K and a 5K walk/run event. The proceeds of the event will help support Blue Ridge Literacy, a nonprofit that provides literacy and language instruction for adults.
News	7:30/8:30 AM	8/10/2023	The LEGO Group announced the opening of a new LEGO Store this November in Town Center in Virginia Beach, on Central Park Ave. Hampton is also going to host a LEGO convention in October.
News	6:00/7:00/8:00 AM	8/11/2023	The search of the wildfire wreckage on the Hawaiian island of Maui revealed a wasteland of burned homes and communities as firefighters battled the blaze that has already claimed 36 lives, making it the deadliest in the U.S. in recent years. Fueled by a dry summer and strong winds from a passing hurricane, the fire caused many to flee with just the clothes on their backs.
News	7:30/8:30 AM	8/11/2023	As construction on the Mountain Valley Pipeline picks back up again, protesters haven't held back from making their opposition known. About twenty pipeline opponents

			walked onto a construction site at Cove Hollow in Montgomery County, to halt work.
News	6:00/7:00/8:00 AM	8/11/2023	Target is recalling millions of candles over concerns that the jars can break, leading to burns and lacerations. The recall involves 2.2 million Threshold Candles, sold exclusively at Target from February 2020 through July 2023. Over 60 varieties are involved.
News	7:30/8:30 AM	8/11/2023	The special "The Richmond Planet" license plate, commemorating the first Black-owned and operated newspaper in the 1800s, is now available at DMVs across the Commonwealth. The plate was designed by Reginald Carter who had the idea after he went to get a new license plate, and wanted something that represented his experience as a black man.
News	6:00/7:00/8:00 AM	8/11/2023	An armed Utah man accused of making violent threats against President Joe Biden was taken out by FBI agents' hours before the president landed in the state this week. Special agents were trying to serve a warrant on the home when the incident happened.
News	7:30/8:30 AM	8/11/2023	Iran has moved five Iranian American prisoners from prison to house arrest, a move that suggest that a prisoner swap might be near between them and the U.S. in exchange for billions of dollars frozen in South Korea. It remains unclear how many Iranian Americans are held by Tehran, which does not recognize dual citizenship.
News	6:00/7:00/8:00 AM	8/11/2023	Roanoke Fire-EMS has secured a grant that will help it save more lives. The fire department received funding from InFirst Federal Credit Union's Responders Foundation and will use it to purchase three automated external defibrillators, also known as AEDs.
News	7:30/8:30 AM	8/11/2023	Some of Virginia's beaches that are located off the beaten path are getting their moment in the spotlight. They're being called the commonwealth's best "secret beaches". The list includes Outlook Beach in Hampton along the Chesapeake Bay. What might make Outlook Beach most special is that it's right across from the stone fort at the Fort Monroe National Monument.
News	6:00/7:00/8:00 AM	8/14/2023	The U.S. military's response to the devastating wildfires on Maui was crucial to putting out the blazes that have devastated the island. The U.S. Coast Guard, Hawaii's National Guard and active-duty forces on the island have all pitched in to help. Losses are around 6 million dollars and close to 100 have lost their lives.

News	7:30/8:30 AM	8/14/2023	After over three years of delays, the replacement project for the Wasena Bridge in Roanoke is finally set to begin. The bridge sits atop five Norfolk Southern railroad tracks, so coming to an agreement with the company set them back further. Now the project is expected to finish around May of 2026.
News	6:00/7:00/8:00 AM	8/14/2023	Roanoke County's Sheriff's Office has been recognized with an award from the Virginia Association of Counties. The award celebrates the partnership between the Sheriff's Office and Roanoke College to provide the "Inside-Out Prison Exchange", an international program designed to teach inmates and college students issues pertaining to justice.
News	7:30/8:30 AM	8/14/2023	The Southwest Virginia Wildlife Center is calling on the community for help after taking in two bobcat kittens that have a long road of recovery. Due to their young age and it being so late in the summer, the pair likely won't be released until next May. You can donate by mailing a check or giving online.
News	6:00/7:00/8:00 AM	8/14/2023	Senator Tim Kaine was in Roanoke to meet with new Americans and citizenship students to learn more about their immigration experiences and some of the issues they've faced. He's pushing for comprehensive immigration reform that creates an easier path to citizenship.
News	7:30/8:30 AM	8/14/2023	The Virginia Department of Corrections said they are actively searching for an inmate who escaped from a hospital in Henrico County. He was last seen exiting a bathroom in the hospital wearing a white gown, and white socks, and no shoes. Anyone with information is urged to dial 911.
News	6:00/7:00/8:00 AM	8/14/2023	Camp Hope is one of few camps on the East Coast to help break the cycle of violence. This year, Norfolk Sheriff's deputies and counselors will give 33 kids an opportunity to be young and free. Kids who have experienced abuse or witnessed domestic violence are referred to the Camp by the Family Justice Center in Norfolk.
News	7:30/8:30 AM	8/14/2023	Fort Monroe is known for its waterfront views and rich history, and now there's more to be unearthed. Fort Monroe now has \$75,000 in federal grant money to investigate Fort George, a masonry fort built around 1728. The grant money will be used for research, physical excavations, survey work and curating artifacts.
News	6:00/7:00/8:00 AM	8/15/2023	The full human and environmental toll is not yet known for the island of Maui and the recovery is only just beginning from the destruction from the fires. Our friends

			at WorldHelp are collecting donations if you would like to donate through our website at MyJourneyFM.com
News	7:30/8:30 AM	8/15/2023	Nestlé has announced a voluntary recall of some Nestlé Toll House chocolate chip cookie dough bars due to the potential presence of wood fragments. The break and bake bar products were produced in April, if you have them, you should return them for a replacement or refund.
News	6:00/7:00/8:00 AM	8/15/2023	There is a new facility in Caroline County Virginia that is providing a pathway for healing for first responders. This is Virginia's first treatment facility specifically for military members and first responders who struggle with substance abuse. It's called Warriors Heart and it is now up and running.
News	7:30/8:30 AM	8/15/2023	A non-profit is offering adventure-seeking fundraisers an opportunity to rappel down the side of the 11-story Marriott City Center in Newport News. The DeGood Foundation is hosting Over the Edge on September 23 where you can rappel down the building if you raise \$1,000 or more to support the foundation which focuses on making reading accessible to all children.
News	6:00/7:00/8:00 AM	8/15/2023	President Joe Biden is asking major U.S. automakers and their workers' union to reach an agreement that would avoid painful plant closings as the sector transitions to electric vehicles. The United Auto Workers represents 146,000 workers at Ford, General Motors, and Stellantis, and their contracts currently expire on Sept. 14.
News	7:30/8:30 AM	8/15/2023	Donald Trump was indicted in Georgia yesterday. He is being accused of trying to overturn his 2020 election loss in the state. This is the fourth criminal case to be brought against the former president.
News	6:00/7:00/8:00 AM	8/15/2023	The Red Cross in Virginia has sent a team of volunteers to Hawaii to assist in aftermath of the devastating wildfires that tore through Maui this week. As only 3% of the search area has been covered thus far, more than 200 disaster workers from the Red Cross are headed there to help.
News	7:30/8:30 AM	8/15/2023	Chesapeake School District revealed a new partnership to bring Sheriff's deputies into elementary schools. There are eight deputies that have been selected for the program. The city's 28 elementary schools have been divided into seven boroughs, with seven deputies each taking a few schools to oversee. The eighth deputy will act as a relief officer. This will be the first-time law enforcement is in elementary schools.

News	6:00/7:00/8:00 AM	8/16/2023	South Korea's president called for deeper security cooperation with the U.S. and Japan to address North Korean nuclear threats. He has an upcoming summit with the U.S. and Japanese leaders at Camp David that will be the first time for the leaders to gather together just them rather than on the sidelines of international meetings.
News	7:30/8:30 AM	8/16/2023	More funding is coming to Virginia for affordable and special needs housing. Governor Glenn Youngkin announced over \$52 million in Affordable and Special Needs Housing loans for 49 projects across the Commonwealth. The projects will create over 3,000 total units for low-income households.
News	6:00/7:00/8:00 AM	8/16/2023	Those who purchase health insurance through the Affordable Care Act marketplace could soon be paying more. The State Corporation Commission said that premiums could increase by over 28%.
News	7:30/8:30 AM	8/16/2023	Beginning Sept. 2, Virginia Beach Town Center will be hosting free outdoor movies every Saturday. Seating is limited and will be first come first serve near the fountain in the plaza. The times will be at 7:30 p.m. in September and then go back an hour to 6:30 p.m. for October's screenings until Oct. 28th.
News	6:00/7:00/8:00 AM	8/16/2023	The mother of the 6-year-old who assaulted his teacher at Richneck Elementary in Newport News, has pleaded guilty to a felony charge of child abuse and neglect. That charge typically carries a sentence of 1 to 5 years, but the commonwealth as part of the plea deal will recommend just a 6-month sentence.
News	7:30/8:30 AM	8/16/2023	Chesapeake school leaders are debuting a new feature that is meant not only for students' safety but also for their convenience. Starting this fall, all Chesapeake elementary school students will receive new ID badges that they will swipe as soon as they get on and off the bus, and the data will be recorded in real-time.
News	6:00/7:00/8:00 AM	8/16/2023	A new fire truck has been placed into service in Botetourt County. Tanker 7 was loaded in at the Read Mountain Fire Station. It's a 2023 Pierce Freightliner with a water hauling capacity of 3,000 gallons and a pump capable of supplying 1,000 gallons per minute.
News	7:30/8:30 AM	8/16/2023	When students got off the bus, or out of their cars, there was a familiar group right there to greet them yesterday as Lynchburg City Schools returned to the classroom. Lynchburg City Councilman Sterling Wilder helped organize 'Men 2 School' - a group that greets every student at all 16 LCS schools every year.

News	6:00/7:00/8:00 AM	8/17/2023	Survivors of the deadly wildfires on Maui are now struggling with power outages and unreliable cell service as they need help rebuilding. 106 have lost their lives and thousands are staying in shelters, hotel rooms, Airbnb units, or with friends. Around 2,000 homes and businesses still don't have electricity, and the fire contaminated water supplies in many areas.
News	7:30/8:30 AM	8/17/2023	All Kroger stores are now offering customers \$10 off groceries when they receive a flu shot in-store at a Kroger pharmacy. Customers can access the coupon by loading the offer on their Kroger Plus card via Kroger's website or the Kroger app, and "clipping" the digital coupon. The pharmacy team will then activate the \$10 offer.
News	6:00/7:00/8:00 AM	8/17/2023	The Lynchburg Department of Water Resources has repaired a 12-inch waterline break on Bedford Avenue. Due to the waterline break, a boil water notice has been issued for specific addresses on Bedford Avenue and Dinwiddie Street. Residents in the surrounding area who notice discolored water should run cold water for three to five minutes.
News	7:30/8:30 AM	8/17/2023	Mike Stewart, the executive director of Roanoke-Blacksburg Regional Airport, was named the 2023 Virginia Airport Manager of the Year, awarded by the Virginia Department of Aviation. Stewart was presented the award at the Virginia Aviation Conference in Williamsburg.
News	6:00/7:00/8:00 AM	8/17/2023	The National Hurricane Center released an advisory confirming the formation of a tropical storm in the eastern Pacific that could make landfall in Mexico. Tropical Storm Hilary is expected to become a hurricane and may even become a major hurricane in the coming days. If Tropical Storm Hilary follows the projected path, it could make landfall in Mexico, by early next week.
News	7:30/8:30 AM	8/17/2023	Discount grocer Aldi plans to buy 400 Winn-Dixie and Harveys supermarkets in the southern U.S. If the deal is approved by regulators, it's expected to close in the first half of 2024. Aldi said the deal supports its growth strategy of having 2,400 stores in the US by the end of this year including the one on Wards Rd., in Lynchburg that is set to open Sept. 13th.
News	6:00/7:00/8:00 AM	8/17/2023	Members at Cornerstone Fitness in Lynchburg are asking for answers, after the gym shut down overnight, without any heads up. Members were charged for their August Membership even though the gym is now completely empty. They have been trying to reach the owner, but he is not returning calls.

News	7:30/8:30 AM	8/17/2023	NASA postponed the launch of a second sounding rocket from Wallops Island after the first rocket launch experienced a problem. NASA didn't elaborate on what the problem was, but it was enough to put the second launch on pause. They said they're investigating the cause and a new launch date has not been set. The rockets were meant to carry student experiments into suborbital space.
News	6:00/7:00/8:00 AM	8/18/2023	A Russian court imposed a \$32,000 fine on Google for failing to delete allegedly false information about the conflict in Ukraine. The move by the court follows similar actions in early August against Apple and that hosts Wikipedia. They claim the site is guilty of not deleting videos with incorrect information about the conflict.
News	7:30/8:30 AM	8/18/2023	A bad crash in Bedford on US-460 yesterday morning resulted in one person needing to be rescued from inside a car. Firefighters said they had to rescue someone who was trapped inside the car by removing the door, they were taken to the hospital.
News	6:00/7:00/8:00 AM	8/18/2023	Roanoke Police and city staff hosted a community forum in Downtown Roanoke for community members to express their concerns about happenings in the city. A wide range of topics were discussed such as homelessness, violence, drugs, and even the scooter situation.
News	7:30/8:30 AM	8/18/2023	The Otter Creek Campground at the Blue Ridge Parkway will be closing early this season due to staffing limitations. The park announced that it'll be suspending operations for the campground on Aug. 24.
News	6:00/7:00/8:00 AM	8/18/2023	Hurricane Hilary is expected to hit Southern California with heavy rainfall as early as this weekend after it makes its way past Mexico. As of last night, Hurricane Hilary was about 425 miles south of Cabo San Lucas, with maximum sustained winds of 140 mph, making it a major Category 4 storm.
News	7:30/8:30 AM	8/18/2023	More than 1.5 million dehumidifiers are under recall following reports of nearly two dozen fires. The recall impacts 42 models sold under five brand names: Kenmore, GE, SoleusAir, Norpole and Seabreeze. They were sold from January 2011 to February 2014 at major retailers nationwide.
News	6:00/7:00/8:00 AM	8/18/2023	The Currituck-Knotts Island Ferry is changing its schedule ahead of the upcoming school year. Starting on August 22, the ferry will leave Currituck starting at 6:30 a.m. and from Knotts Island at 7:30 a.m.

News	7:30/8:30 AM	8/18/2023	Heads up, wannabe Virginia beekeepers! The 2023 Beehive Distribution Program is opening soon. Hosted by the Virginia Department of Agriculture and Consumer Services, the program is designed to provide free equipment for assembling new beehives for Virginia residents. Anyone who is 18 or older is eligible to apply to the program.
News	6:00/7:00/8:00 AM	8/21/2023	Tropical Storm Hilary has hit Southern California, with major flooding, much of the damage is expected to become clear this morning. Tens of millions were under a tropical storm warning, the first of its kind issued for Southern California since 1939. California's governor has already issued a state of emergency in preparation of the flood damages.
News	7:30/8:30 AM	8/21/2023	The grandson of former President Jimmy Carter and his wife Rosalynn have said that it's clear that former President Carter is on the decline. Jimmy Carter, who is 98, entered hospice care in February. Jimmy and Rosalynn Carter have been married for 77 years and are the longest-married presidential couple.
News	6:00/7:00/8:00 AM	8/21/2023	Roanoke Police and city staff hosted a community forum for residents to express their concerns about happenings in the city. The police plan to hold more forums like this with the next happening in September. The purpose is to build rapport between the community and police.
News	7:30/8:30 AM	8/21/2023	Members with Calfee Community and Cultural Center in Pulaski broke ground to renovate the facility. It was known as the Calfee Training School and first opened its doors in Southwest Virginia as a school for African American children in 1894, now it will be turned it into a childcare facility and community kitchen.
News	6:00/7:00/8:00 AM	8/21/2023	Ukrainian pilots have begun training on F-16 aircraft, bringing them closer to obtaining a long-sought after piece of military hardware that they say is essential to counter Russian air superiority. The instructors will announce the completion of training when they are satisfied the pilots, engineers, and technicians have mastered their new skills.
News	7:30/8:30 AM	8/21/2023	12 hospitals in Hampton Roads were recognized for performing best practices as part of the American Heart Association's "Get With The Guidelines" initiative. Out of 2,600 hospitals in the U.S. that participate in the initiative, 43 are in Virginia. The initiative is meant to improve outcomes for Americans who experience heart disease or stroke, which are the No. 1 and No. 5 causes of death in the U.S.

News	6:00/7:00/8:00 AM	8/21/2023	The city of Lynchburg unveiled a statue of Lynchburg's former Mayor, M.W. Thornhill in the roundabout on 5th street downtown. Thornhill was the first African American mayor of Lynchburg, a member of the city council, and a prominent civil rights activist. The project began back in 2015, with a price tag of \$70 thousand.
News	7:30/8:30 AM	8/21/2023	The women's world cup for soccer has come to an end. Spain won its first Women's World Cup title after holding off England 1-0. Sweden ended up coming in 3rd after their victory over host nation Australia.
News	6:00/7:00/8:00 AM	8/22/2023	Hilary, the first tropical storm to hit Southern California in 84 years, flooded roads, toppled trees, and forced a rescue by bulldozer of more than a dozen older residents trapped by mud in a care home. The storm is continuing to weaken and has been downgraded to a subtropical storm as it moves northward into Oregon and Idaho.
News	7:30/8:30 AM	8/22/2023	The Biden administration is continuing its push toward internet-for-all by 2030, announcing about \$667 million in new grants and loans to build more broadband infrastructure in the rural U.S. The 37 new recipients represent the fourth round of funding under the program.
News	6:00/7:00/8:00 AM	8/22/2023	The board of the Hampton Roads Regional Jail plans to announce the closure of the facility in their September meeting. The jail was opened in 1998 to house inmates from Hampton, Newport News, Norfolk and Portsmouth, Chesapeake joined in 2016. The jail has one of the largest self-contained medical units in Virginia, providing inmates with dialysis, dental services, and mental health care.
News	7:30/8:30 AM	8/22/2023	Bedford County officials hope coyote overpopulation in the area will decline with an upcoming lottery planned to reward hunters for taking out the animals. The Bedford County Agricultural Economic Development Advisory is trying to spread the word for the 2023-24 Bedford County Coyote Lottery starting on September 1 to manage overpopulation. The lottery runs for six months, from September through February.
News	6:00/7:00/8:00 AM	8/22/2023	President Joe Biden and first lady Jill Biden traveled to Maui yesterday to comfort survivors of the devastating wildfires that ripped through Hawaii earlier this month. The first couple met with first responders and were briefed by state and local officials about the ongoing response. They viewed the damage, both by helicopter and on the ground.
News	7:30/8:30 AM	8/22/2023	Cases of West Nile Virus are on the rise in the United States, threatening animals and humans. The disease is carried by birds and mosquitoes and now there are human cases reported in 27 states. About 80% of those

			infected have no symptoms but 1-in-150 develop a severe illness that hits their central nervous system.
News	6:00/7:00/8:00 AM	8/22/2023	Food Lion is recalling Food Lion Mixed Vegetables and Food Lion Super Sweet Cut Corn due to possible Listeria. The recall covers the Food Lion brand 16 oz Mixed Vegetables purchased between Jan. 19, and Aug. 19 and Food Lion Super Sweet Cut Corn purchased between Nov. 7, 2022, and Aug. 19, 2023.
News	7:30/8:30 AM	8/22/2023	A 15-year-old boy lost his life after falling into the Intracoastal Waterway from a train trestle. So far it seems the boy fell from the Chesapeake and Albemarle Railroad Bridge into the Intracoastal Waterway. No other details have been released at this time, and the incident is still under investigation.
News	6:00/7:00/8:00 AM	8/23/2023	Now that Hilary has dissipated all eyes are on Harold, which made landfall on Texas' Padre Island in the Gulf of Mexico as a tropical storm yesterday. Now Harold has been downgraded to a tropical depression but is still forecast to bring heavy rains and powerful winds to southern Texas and northern Mexico as it moves inland.
News	7:30/8:30 AM	8/23/2023	U.S. regulators approved the first RSV vaccine for pregnant women so their babies will be born with protection against the respiratory infection. RSV is notorious for filling hospitals with wheezing babies every fall and winter. Last year's RSV season was extremely harsh in the U.S., and it began sickening kids in the summer, far earlier than usual.
News	6:00/7:00/8:00 AM	8/23/2023	Leaders at Richmond Public Schools are sharing details about a new program designed to fill teacher vacancies. The program Build Our Own Teachers helps educators with a degree receive their teaching license for free with a three-year commitment. Right now, they have 75 teachers in the program.
News	7:30/8:30 AM	8/23/2023	Beautiful blooms are coming soon to the Buchanan "Beaver Dam Sunflower Festival." Organizers said this year, they've planted over 700,000 seeds. The festival runs from September 8 to September 17.
News	6:00/7:00/8:00 AM	8/23/2023	The stage is set for the first Republican presidential debate of the 2024 campaign, with the Republican National Committee saying that eight candidates have met the qualifications to be on stage in Milwaukee. The debate is tonight from 9pm-11pm and Former President Donald Trump will not be present.

News	7:30/8:30 AM	8/23/2023	President Joe Biden announced that his new White House counsel will be Ed Siskel (sis-cul), a former Obama administration attorney. He'll begin in September, during a critical time when Biden is vying for reelection and when House Republicans are talking about opening an impeachment inquiry as well.
News	6:00/7:00/8:00 AM	8/23/2023	With the new school year underway for many and about to start for some, school administrators are now under a new 24-hour bullying rule in Virginia. This means they have to report any instances of bullying to the parents of the children involved within 24 hours. Bullying is defined as any aggressive and unwanted behavior that is intended to harm, or humiliate whether online or in person.
News	7:30/8:30 AM	8/23/2023	A new report from the National Park Service is highlighting success along the Blue Ridge Parkway. The report shows that over 15 million visited last year and spent nearly \$1.3 billion in communities near the park. The NPS said that spending supported almost 18,000 jobs in the local area.
News	6:00/7:00/8:00 AM	8/24/2023	India has made history becoming the first country in the world to land its spacecraft near the moon's south pole and the fourth country to achieve a moon landing. After a failed attempt in 2019, India now joins the United States, the Soviet Union and China in reaching this milestone.
News	7:30/8:30 AM	8/24/2023	Authorities in Hawaii are asking relatives of those missing after the deadliest U.S. wildfire in more than a century to come forward and give DNA samples. Some 1,000 names remain on the FBI's tentative list of those unaccounted for after wildfires destroyed the historic seaside community in Maui.
News	6:00/7:00/8:00 AM	8/24/2023	Habitat for Humanity in Roanoke is looking ahead to a big win this week as they dedicate their 285th home. But they are also dealing with costly vandalism and theft leaving behind damages that will cost \$9,000 to fix. The ministry has reached the point of having to significantly invest in new security to deter theft and vandalism.
News	7:30/8:30 AM	8/24/2023	Civil Rights leaders in Lynchburg announced plans to remember the famous speech by Martin Luther King Jr. Saturday is the 60th Anniversary of MLK's "I Have a Dream" speech in Washington D.C. and area officials are hosting a march through Lynchburg. The march begins at 11 a.m. at Express Lane on Memorial Avenue and ends at the parking lot of Providence Transformation Church International on Oakley Avenue.

News	6:00/7:00/8:00 AM	8/24/2023	Two tankers carrying oil products and liquefied natural gas collided in the Suez Canal, disrupting traffic through the global waterway. One tanker that carries liquefied natural gas, suffered a mechanical malfunction, and ran aground and the oil tanker, collided with the broken vessel. The incident delayed the transit of 21 southbound vessels but is cleared up now.
News	7:30/8:30 AM	8/24/2023	Travelers at Dulles International Airport outside the nation's capital will soon see 200,000 solar panels the largest renewable energy project ever built at a U.S. airport. The solar farm should have enough solar energy to power 4 million homes. Virginia is one of 10 states, along with the District of Columbia, that mandates 100% clean or renewable energy production between 2030 and 2050.
News	6:00/7:00/8:00 AM	8/24/2023	Elizabeth City-Pasquotank Public Schools is holding a job fair on Saturday. It's happening from 9 a.m. to noon at the school's administrative office on Halstead Blvd. The district is hiring for several different teaching positions, including math, social studies, and P.E.
News	7:30/8:30 AM	8/24/2023	A baby giraffe born at a private Tennessee zoo is garnering global attention for its solid brown color with no spots. The 6-foot-tall giraffe was born Brights Zoo in Limestone TN and she is the only solid-colored living giraffe on the planet. The zoo hopes the spotless creature will help draw attention to the conservation of wild giraffes, whose numbers have dwindled in recent years.
News	6:00/7:00/8:00 AM	8/25/2023	Former President Donald Trump was set to turn himself in to authorities in Georgia on charges that he illegally schemed to overturn the 2020 election in that state. The county jail booking is expected to yield a historic first: a mug shot of a former American president. He still remains the leading candidate for the republican nomination despite broad legal troubles.
News	7:30/8:30 AM	8/25/2023	Appalachian Power has reached an agreement on a proposed rate increase. If approved, the increase would add an average of \$16 to each monthly bill. The increase would take place in January.
News	6:00/7:00/8:00 AM	8/25/2023	A prominent manufacturer in Southwest Virginia will soon be closing its doors for good and hundreds of workers will be left without a job. Parkdale Mills in Hillsville is slated to close on Oct. 9, affecting 326 employees. Employees were notified about the upcoming closure on Aug. 10.
News	7:30/8:30 AM	8/25/2023	The seasonal drink that made pumpkin spice a star is turning 20. Starbucks' Pumpkin Spice Latte went on sale

			yesterday. Last year pumpkin spiced flavored items made over 8 million dollars.
News	6:00/7:00/8:00 AM	8/25/2023	STIHL, best known for its popular chainsaws, is furloughing about 30% of its Virginia Beach workforce. The news comes less than a year after Stihl announced a \$49 million investment to expand operations at the Virginia Beach plant. Those who are furloughed will get two week's pay, but the furloughs are expected to last anywhere from four to 16 weeks.
News	7:30/8:30 AM	8/25/2023	Establishing Southwest Virginia as a hub for 21st century jobs is a goal for local business leaders, community college representatives and lawmakers. Senator Mark Warner continued his tour of the Southwest Virginia region this week making a stop at Wize Solutions in Abingdon it discuss how to do that.
News	6:00/7:00/8:00 AM	8/25/2023	Sheetz has some good news for you. Sheetz is dropping the price of Unleaded 88 gas down to \$2.99 a gallon for the rest of August. You'll have the chance to fill your car until midnight on August 31.
News	7:30/8:30 AM	8/25/2023	Some children in Portsmouth will be riding an electric bus to school this year. Buses numbered EV287 and EV286 are Portsmouth's new electric buses. A grant from the Environmental Protection Agency covered the cost of the new buses, while Dominion Energy covered the cost of the charging stations at Manor High School.
News	6:00/7:00/8:00 AM	8/28/2023	Tropical Storm Idalia is strengthening quickly as it heads toward Florida, threatening to hit as a hurricane and bring heavy rains, floods, and dangerous storm surge. Idalia is expected to intensify into a hurricane today and make landfall on Wednesday morning. Florida Governor Ron DeSantis said has directed state emergency officials to begin preparations for the storm.
News	7:30/8:30 AM	8/28/2023	The meat allergy called alpha-gal syndrome is on the rise in Virginia due to bites from star ticks. Those diagnosed with the syndrome have to avoid eating anything with the alpha-gal sugar molecule, which includes meat from hooved animals, and in some cases, dairy. The best way to avoid getting it is to avoid getting bitten by a tick by wearing light colors when you're outdoors so you can easily spot ticks, use the correct sprays, and check yourself when you get back inside.
News	6:00/7:00/8:00 AM	8/28/2023	The Roanoke Police Department is warning the public about a scam involving lost animals. Police said the scam involves someone calling you saying that they have found your animal and you owe them a certain amount of money to reclaim your pet. Roanoke Animal Wardens will

			never ask for money in exchange for the return of your pet so if this happens to you call the police.
News	7:30/8:30 AM	8/28/2023	The popular game show host Bob Barker, best known for hosting "The Price Is Right," passed away at his home in Los Angeles over the weekend. Barker was 99.
News	6:00/7:00/8:00 AM	8/28/2023	A United States Marine Corps aircraft with 23 Marines aboard crashed on a north Australian island taking the lives of at least three and critically injuring five during a multinational training exercise. The 12-day exercise is scheduled to end Sept. 7, but the exercise has been paused since the crash.
News	7:30/8:30 AM	8/28/2023	Virginia's Attorney General is set to host a Human Trafficking Call to Action Summit. The summit will bring together human trafficking survivors, anti-human trafficking nonprofit leaders, and government leaders across the Commonwealth to examine recent trends and develop solutions to eliminate human trafficking. The event kicks off tonight with a prayer dinner, which will include remarks from VA Governor Glenn Youngkin.
News	6:00/7:00/8:00 AM	8/28/2023	The U.S. Coast Guard said they're hurting for more service members. Over the weekend the military branch held its second annual Tidewater Coast Guard Festival at Chesapeake City Park. Their goal was to improve public relations and improve employment. Hampton Roads is one of the largest U.S. Coast Guard areas.
News	7:30/8:30 AM	8/28/2023	Earlier this year, the City of Roanoke surpassed 100 miles of trails and greenways. In recognition of this milestone, Roanoke Parks and Recreation is hosting a Celebration of 100+ Miles of Trails and Greenways, to be held on National Public Lands Day, which is September 23. The project will begin at 8:00 AM a.m. at the Mill Mountain Star Trail parking area off Riverland Road.
News	6:00/7:00/8:00 AM	8/29/2023	A suspect is in custody, but police still are looking for the weapon and the motive behind the fatal incident that took the life of a faculty member at the University of North Carolina at Chapel Hill yesterday. Neither the victim nor the assailant has been identified. Classes and campus activities have been canceled today, only the second week into the fall semester.
News	7:30/8:30 AM	8/29/2023	Idalia has strengthened into a hurricane with maximum sustained winds of 75 mph and is expected to intensify considerably into a powerful Category 3 hurricane before making landfall in Florida tomorrow. It is expected to

			make landfall well north of Tampa, in Florida's Big Bend region.
News	6:00/7:00/8:00 AM	8/29/2023	After more than three years of a pause, student loan borrowers will soon have interest start collecting on their balances with bills becoming due again. The payment pause will end on Sept. 1, meaning that interest will go back into effect and start collecting ahead of payments being due in October.
News	7:30/8:30 AM	8/29/2023	A decade later, Simone Biles is still on top. The gymnastics star won her record eighth U.S. Championship, 10 years after she first ascended to the top of her sport as a teenage prodigy. Biles, now a 26 said that even after a two-year break following the Tokyo Olympics she's ready and training to return to Paris in 2024.
News	6:00/7:00/8:00 AM	8/29/2023	Hawaii's electric utility acknowledged its power lines started the wildfire on Maui but faulted county firefighters for declaring the blaze contained and leaving the scene, only to have a second wildfire break out nearby and become the deadliest in the U.S. in more than a century. Maui County now has a lawsuit blaming the utility for failing to shut off power despite exceptionally high winds and dry conditions.
News	7:30/8:30 AM	8/29/2023	Former President Donald Trump and the 18 people indicted along with him in Georgia are scheduled to be arraigned next week on charges that they participated in a wide-ranging illegal scheme to overturn the results of the 2020 election. All 19 defendants, including former New York Mayor Rudy Giuliani have been scheduled for arraignment on Sept. 6, when they may enter pleas deals as well.
News	6:00/7:00/8:00 AM	8/29/2023	After months of negotiations that passed several deadlines, Virginia legislators have finally come to a deal on the commonwealth's new two-year budget. The budget deal includes tax rebates for citizens: a \$200 rebate for individual filers and a \$400 rebate for joint filers. It also reinstates the commonwealth's sales tax holiday and increases the standard deduction for taxpayers.
News	7:30/8:30 AM	8/29/2023	Keep your eyes on the sky this week! A Super Blue Moon will occur on Thursday. No the moon won't look blue, it will just be the biggest and brightest moon of the year because the moon will be closer to earth.

News	6:00/7:00/8:00 AM	8/30/2023	Hurricane Idalia is now a Category 4 hurricane with winds of 130 mph as it approaches the coast of Florida this morning. Our friends at Gleaning For The World will be accepting donations at Sam's Club on Wards Road in Lynchburg today and tomorrow from 10am until 6pm for those effected by the storm. Florida Governor Ron DeSantis has declared a state of emergency as well as Georgia's Governor Brian Kemp, and North Carolina's Governor Roy Cooper.
News	7:30/8:30 AM	8/30/2023	80 members of Virginia Task Force 2 are in Florida in anticipation of Idalia, which is expected to make landfall today. Task Force 2 members had only six hours to get ready before leaving from their Training Center on South Birdneck Road in Virginia Beach.
News	6:00/7:00/8:00 AM	8/30/2023	All 28 vehicle assembly lines at Toyota's 14 auto plants in Japan shut down yesterday over a problem in their computer system that deals with incoming auto parts. The automaker doesn't believe the problem was caused by a cyberattack, but the cause is still under investigation, and they did not say what models being produced might be affected.
News	7:30/8:30 AM	8/30/2023	A popular Lynchburg restaurant is set to close its doors at the end of the week. Country Kitchen, on Lakeside Drive announced that it will close Friday. William and Doris Hawley have owned the restaurant since 1975 and thank the community for the last 48 year. They said William's health is the main reason for closing as he's about to be 92.
News	6:00/7:00/8:00 AM	8/30/2023	Authorities charged a University of North Carolina graduate student in the fatal incident that took the life of his faculty advisor and caused a campus lockdown. He was due in court yesterday for his initial hearing. Authorities are still trying to figure out the motive.
News	7:30/8:30 AM	8/30/2023	The three U.S. Marines that lost their lives in an aircraft crash during a training exercise in Australia were from Illinois, Virginia, and Colorado. Spencer Collart was 21, and was from Arlington, Virginia. All 20 survivors were injured and were flown by rescue aircraft to the Royal Darwin Hospital one is still in critical condition.
News	6:00/7:00/8:00 AM	8/30/2023	Hyundai Motor America is recalling about 40,000 Hyundai Elantra Hybrid Electric Vehicles over a software bug that could result in unintended acceleration, increasing risk of a crash. The affected vehicles are the 2021-23 Hyundai Elantra HEV Four-door with production dates of Dec. 15, 2020, through July 29, 2023. Owners will receive instructions in the mail by Oct. 17, detailing how and

			when to bring their vehicles to a Hyundai dealer for updating at no cost.
News	7:30/8:30 AM	8/30/2023	Dairy Queen's fall menu is returning with fan-favorite Blizzards and an all-new flavor that you can try soon for less than a dollar. Starting Sept. 11, the ice cream chain is offering 85-cent Blizzards at participating locations through Sept. 24.
News	6:00/7:00/8:00 AM	8/31/2023	Idalia made landfall on Florida's Gulf Coast as a powerful Category 3 storm. It's the strongest hurricane to make landfall in the Big Bend region in more than 125 years. Our friends at gleaning for the world are out again today at the Sam's Club on Ward's Rd in Lynchburg collecting supplies from 10am-6pm, or you can donate online at MyJourneyFM.com.
News	7:30/8:30 AM	8/31/2023	The thought of supersonic travel could become a real possibility if NASA has anything to say about it. They think that a flight between New York and London could take as little as 90 minutes in the future. The space agency has confirmed its "high-speed strategy" could take off and that there are already potential passenger markets in about 50 established routes.
News	6:00/7:00/8:00 AM	8/31/2023	Horizon Behavioral Health has recently gained local and state-wide funding to open a Crisis Receiving Center in Lynchburg, which aims to benefit residents across Central Virginia. This facility will provide a range of treatment alternatives for individuals grappling with mental health emergencies, including those placed under an Emergency Custody Order or a Temporary Detention Order.
News	7:30/8:30 AM	8/31/2023	A new underwater discovery will slow down progress on the construction of the new tunnel for part of the Chesapeake Bay Bridge-Tunnel that connects Hampton Roads to Virginia's Eastern Shore. The tunnel-boring machine found an anchor in the way that will put a pause on tunnel-boring efforts until next February delaying the completion of the project from December 2026 to May 2027.
News	6:00/7:00/8:00 AM	8/31/2023	Ukraine sent drones deep into western Russia in more than four hours of nighttime attacks that struck military assets. The drones hit an airport near Russia's border causing a huge blaze and damaging four military transport planes. With at least six regions targeted, the barrage appeared to be the most extensive Ukrainian drone attack

			on Russian soil since the war began 18 months ago, although no injuries were reported.
News	7:30/8:30 AM	8/31/2023	Virginia lawmakers will reconvene in Richmond next week to consider a compromise that the General Assembly negotiators recently reached on the long-delayed state budget. Governor Glenn Youngkin has called the part-time Legislature into session Sept. 6 to consider the deal.
News	6:00/7:00/8:00 AM	8/31/2023	Mercy Chefs the Portsmouth based non-profit that serves food to residents and first responders after natural disasters is on the way to Florida to help provide meals to those impacted by Hurricane Idalia. The Mercy Chefs team has a full staffed mobile kitchen preparing to serve thousands of meals per day beginning this morning for breakfast.
News	7:30/8:30 AM	8/31/2023	A big box retailer could soon open at the former Kroger at Wards Corner in Norfolk that closed in 2018. The city hasn't said much about what might go there, but a statement from the city's Department of Economic Development calls it a big box retailer with a grocery component.
News	6:00/7:00/8:00 AM	9/1/2023	Former President Donald Trump pleaded not guilty and sought to remove his case from other defendants who are accused along with him of illegally trying to overturn the results of the 2020 election in Georgia. Fulton County Superior Court Judge had set arraignment hearings for Trump and the 18 others charged in the case for Sept. 6. A court filing waiving arraignment means Trump won't have to show up for that and that his formal trial will start on Oct. 23.
News	7:30/8:30 AM	9/1/2023	More than 300 hundred are coming to Henry County Virginia. Press Glass, a glass maker in Europe plans to invest more than 150 million dollars to expand there. The company will build a 360,000-square-foot addition to its existing facility creating 335 new jobs.
News	6:00/7:00/8:00 AM	9/1/2023	Virginia Beach now has another police station, a substation at the Oceanfront. The 2nd Precinct Substation is located on Atlantic Avenue and will be available to all first responders who work along the Oceanfront. Officers can stop by during their patrol to complete paperwork and take a quick break.
News	7:30/8:30 AM	9/1/2023	Deputies from the Botetourt County Sheriff's Office gathered to celebrate the retirement of their Animal Control Sergeant. Sergeant Kevin Crowder retired after 20 years of service to the community.

News	6:00/7:00/8:00 AM	9/1/2023	The Biden administration is proposing a rule that would require thousands more firearms dealers to run background checks, in an effort to combat rising violence nationwide. The proposal comes after a mandate from President Joe Biden to find ways to strengthen background checks following the passage of bipartisan legislation on the matter last year.
News	7:30/8:30 AM	9/1/2023	COVID-19 cases and hospitalizations are on the rise in Virginia but are still relatively low compared to previous surges. Some of this is due in part from kids going back to school. The Virginia Department of Health is also warning of an outbreak of meningococcal disease, that is rare, but can be a serious illness. They recommend practicing good hygiene and keeping away from those that are sick.
News	6:00/7:00/8:00 AM	9/1/2023	A state program in Virginia is available to qualifying households for water bill assistance. The Low-Income Household Water Assistance Program helps those with a gross household income below 150% of the federal poverty level pay their water bills. You can apply for the program online.
News	7:30/8:30 AM	9/1/2023	After 70 days of incubation, 19 hatchlings started their journey to the ocean from the first Leatherback sea turtle nest found on the Cape Hatteras National Seashore in 16 years. The Leatherback is the largest sea turtle in the world, weighing up to 2,000 pounds and measuring up to 6.5 feet as adults.
News	6:00/7:00/8:00 AM	9/5/2023	Southeast Asian leaders are gathering in their final summit this year. The Association of Southeast Asian Nations will open today in the Indonesian capital under tight security. After discussions the heads of state will meet with Asian and Western counterparts tomorrow and Thursday, providing a wider venue that the U.S. and China, and their allies, have used for wide-ranging talks on free trade, climate change and global security.
News	7:30/8:30 AM	9/5/2023	Four astronauts returned to Earth after a six-month stay at the International Space Station. Their SpaceX capsule parachuted into the Atlantic off the Florida coast. Another crew switch will occur later this month with the long-awaited homecoming of two Russians and one American who have been up there an entire year.
News	6:00/7:00/8:00 AM	9/5/2023	Collaborative Health, CVFP Medical Group and Walk-In-Care are hosting a job fair. They are hiring for a variety of healthcare positions at all of their locations. The job fair will be located at Corporate Park Dr. in Forest, from 11am-6pm on Friday Sept. 15th.

News	7:30/8:30 AM	9/5/2023	The Floyd County Sheriff's Office announced that every public school in the county has a full-time School Resource Officer. They said this should help the overall safety of the community.
News	6:00/7:00/8:00 AM	9/5/2023	Ukraine is facing a future with upward of 20,000 amputees, many of them soldiers who are also suffering psychological trauma from their time at the front. Europe has experienced nothing like it since World War I, and the United States not since the Civil War. There are not nearly enough prosthetic specialists in Ukraine to handle the growing need.
News	7:30/8:30 AM	9/5/2023	Members of Virginia Task Force 1 have returned home after being activated last week in response to Hurricane Idalia. The deployment was considered a Federal Emergency with a team of up to 80 members being deployed.
News	6:00/7:00/8:00 AM	9/5/2023	Kids at the coast are headed back to school today and more than 693,000 Virginia students qualify for free meals. With the price of food on the rise, it's harder for families to pack healthy lunches. That's why No Kid Hungry is making it easier to see if you qualify for free and reduced-priced meals at your child's school. You can fill out the application online.
News	7:30/8:30 AM	9/5/2023	The National Park Service has closed all streams at Shenandoah National Park to fishing in an effort to protect native brook trout, and to ensure the long-term health of fish populations in the park. NPS says the closure is the result of hot dry conditions that have caused stream levels to drop and water temperatures to rise, causing stress on the fish, and catching them could kill them.
News	6:00/7:00/8:00 AM	9/6/2023	Tropical Storm Lee has formed in the Atlantic Ocean and forecasters say it's expected to strengthen rapidly into a major hurricane by this weekend. It's still too early to say with any certainty exactly where this storm will go.
News	7:30/8:30 AM	9/6/2023	After months of struggling to find agreement, a divided Congress is returning to Capitol Hill to try to avert a government shutdown. A short-term funding measure to keep government offices fully functioning will dominate the September agenda, along with emergency funding for Ukraine, and federal disaster funds. The House is scheduled to meet for just 11 days before the government's fiscal year ends on Sept. 30, leaving a tight window for negotiations.

News	6:00/7:00/8:00 AM	9/6/2023	With construction on the Mountain Valley Pipeline now in full swing, many in Central Virginia are taking a stand against the project. Once again two pipeline opponents halted construction at the worksite in Montgomery County for several hours after locking themselves to equipment at about 6 a.m. before law enforcement arrived at the scene to arrest them.
News	7:30/8:30 AM	9/6/2023	The Lynchburg Art Club will hold the 50th Annual Lynchburg Art Festival on September 9 from 10 a.m. to 4 p.m. under the big oak trees on E.C. Glass High School's grounds. For 50 years, the regional art event has served as a significant cultural touchstone for our region, emerging as the most important and highly attended fine art festival in the greater Lynchburg region.
News	6:00/7:00/8:00 AM	9/6/2023	United Airlines flights resumed yesterday after a brief nationwide ground stop due to a computer issue. United initially said that it was experiencing a systemwide technology issue which caused planes on the ground to be held, while flights currently in the air were continuing on their routes as planned. The ground stop delayed 211 flights nationwide for about an hour.
News	7:30/8:30 AM	9/6/2023	First lady Jill Biden tested positive for COVID this week but is experiencing only mild symptoms. President Joe Biden was tested for the virus following his wife's positive test, but his results were negative. The president said he would continue testing regularly and would be monitored for symptoms.
News	6:00/7:00/8:00 AM	9/6/2023	The City of Lynchburg is urging the community to stay safe as a stretch of high temperatures drags on the next few days. The City is highlighting cooling stations and locations offering water today. The main branch of the Lynchburg Public Library, on Memorial Avenue, from 9:30 a.m. to 5:30 p.m. The Miller Center, on Grove Street from 12 p.m. until 5 p.m. and The Salvation Army, on Park Avenue will be open from 12 p.m. until 4 p.m.
News	7:30/8:30 AM	9/6/2023	It's a development that's got folks tickled pink. Flamingos from down south some as far away as Mexico have been spotted across the East Coast and as far north as Ohio after scientists believe they hitched a ride with Hurricane Idalia. Many in the Outer Banks are spotting the birds. Most of them will likely try to make their way back south, but they could stay awhile due to current warm weather in the area.
News	6:00/7:00/8:00 AM	9/7/2023	A Russian missile struck an outdoor market in eastern Ukraine taking the lives of at least 16 and wounding dozens. The attack came as U.S. Secretary of State Antony Blinken arrived and was expected to announce more than

			\$1 billion in new American funding for Ukraine in the 18-month war.
News	7:30/8:30 AM	9/7/2023	Millions of dollars are headed to Virginia to help revitalize local communities and ensure the success of small businesses. Gov. Glenn Youngkin announced that around \$3 million in Virginia Main Street, Community Business Launch, and Virginia Business District Resurgence grants will go toward 45 projects statewide.
News	6:00/7:00/8:00 AM	9/7/2023	Tens of thousands of music fans are descending on Virginia International Raceway in Halifax County for the annual Blue Ridge Rock Festival. They are expecting around 50,000 concertgoers on the grounds of VIR meaning that you should expect traffic delays in that area. Campers are already checking in with the campgrounds staying open until Monday afternoon next week and state troopers will be on hand directing traffic.
News	7:30/8:30 AM	9/7/2023	The Chesapeake Sheriff's Office are the 14-time defending champions for the Dulles Day Plane Pull. About 100 teams compete to see who can pull a FedEx airbus 12 feet in the fastest time. This year though the Norfolk Sheriff's Office is ready to give them some competition. All the money raised goes to Special Olympics Virginia and the competition is this Saturday.
News	6:00/7:00/8:00 AM	9/7/2023	The Environmental Protection Agency is delaying plans to tighten air quality standards for ground-level ozone better known as smog despite a recommendation by a scientific advisory panel to lower air pollution limits to protect public health. The decision means that the regulation will not be updated until well after the 2024 presidential election.
News	7:30/8:30 AM	9/7/2023	Virginians will be able to take advantage of tax-free shopping this year after all, just a little later than they are used to having it. Under the amended state budget agreement, a sales tax holiday would be scheduled for the weekend of October 20 through the 22. The budget agreement states the holiday will return next year to the first weekend in August in time for school like normal.
News	6:00/7:00/8:00 AM	9/7/2023	The Town of Appomattox sent out a notice to residents that the sewer system is getting a smoke test throughout most of the month of September. This helps find leaks, breaks, and sources of sewer odors in lines. Smoke testing will take place through September 29th on weekdays between 8 a.m. and 5 p.m. You might see smoke coming out of sewer vents, gutters, downspouts, or out of the

			ground. If you see smoke in your house, you need to ventilate the house and call a plumber immediately.
News	7:30/8:30 AM	9/7/2023	Another banking giant is closing a branch in downtown Richmond, this time on East Grace St., at the corner of 2nd Street. The bank said the branch will cease operations on Nov. 1 at noon but will remain open as usual until then.
News	6:00/7:00/8:00 AM	9/8/2023	More than 150 rescuers raced to reach an American stranded deep inside a cave in Turkey after he became ill. Mark Dickey was suffering from gastrointestinal issues, but his condition is stabilizing. The operation is logistically and technically one of the largest cave rescues in the world. Dickey has told rescuers he intends to climb out of the cave himself, but he's been warned that to do so is the underground equivalent of climbing Mount Everest. It could be another week until Dickey makes it to the surface.
News	7:30/8:30 AM	9/8/2023	A newly discovered comet is passing by earth for the first time in more than 400 years. The comet, is ½ a mile in size and will sweep safely past Earth on Sept. 12, passing within 78 million miles. Early risers should look toward the northeastern horizon about 1 1/2 hours before dawn to be specific.
News	6:00/7:00/8:00 AM	9/8/2023	Runners in the area have a chance to take part in the upcoming annual half marathon at High Bridge State Park in October. On October 7, the race will take place as one stop of the annual Virginia State Parks Adventure Series. All race finishers who complete the race during its 4-hour duration will receive a finisher award.
News	7:30/8:30 AM	9/8/2023	The Campbell County Board of Supervisors has announced the latest way they plan to honor the life of a longtime judge in the area. The Board has unveiled the Virginia Department of Transportation road sign naming a portion of Highway 501 in memory of Judge J. Samuel Johnston, Jr., a former judge who served the county for over 30 years.
News	6:00/7:00/8:00 AM	9/8/2023	Hurricane Lee has strengthened into a major Category 5 storm, packing maximum sustained wind speeds of 160 mph as it spins over the Atlantic well east of the Caribbean. It's not sure if Lee will directly impact the states just yet, but dangerous rip currents will be seen off the coast as early as Sunday.

News	7:30/8:30 AM	9/8/2023	As part of an effort to support Virginians, the DMV is allowing qualified vehicle buyers and sellers to transfer vehicle ownership electronically. The electronic titling, program gives an individual selling a vehicle the ability to transfer the title through the DMV website to the intended buyer. For a complete list of requirements, visit their website.
News	6:00/7:00/8:00 AM	9/8/2023	Virginia lawmakers passed a budget bill that gives teachers and state employees pay raises, funds public schools and mental health programs and sends one-time rebate checks to taxpayers. For individual filers they can expect \$200 and joint filers can expect \$400 in the mail this fall.
News	7:30/8:30 AM	9/8/2023	Just 10 months after breaking ground, Liberty Christian Academy unveiled its brand-new turf football field. The stadium, which had an initial price tag of \$8 million, features LED lighting, seating for more than 4,000 fans, and a turf surface ready for the season. In addition, the complex also has a full track for competition, concession stands, and restrooms on both sides of the field. Their home opener is tonight at 7pm.
News	6:00/7:00/8:00 AM	9/11/2023	At least 2,122 people have lost their lives and over 2,000 have been injured in an earthquake over the weekend in Morocco. The 6.8-magnitude quake in Morocco's Mountain range forced many to sleep outside in the streets, with damage to homes and many historic sites in the city.
News	7:30/8:30 AM	9/11/2023	Virginia Governor Glenn Youngkin has ordered flags to be flown at half-staff today in honor of those who lost their lives in the Sept. 11 terrorist attacks. Flags will remain at half-staff until sunset.
News	6:00/7:00/8:00 AM	9/11/2023	Rescuers from across Europe are still in the process of rescuing hiker Mark Dickey who suffered a severe illness 3,000 feet below the ground while hiking in a cave in Turkey. A Hungarian doctor treated him inside the cave. There are 190 personnel from eight countries assisting in the rescue effort, including doctors, paramedics and experienced cavers.
News	7:30/8:30 AM	9/11/2023	U.S. Senators Mark Warner and Tim Kaine announced almost \$1.2 million in federal funding for the Virginia Department of Health's Office of Drinking Water to rehabilitate the Scotland Riverview Waterworks in Surry County. The funding is meant to help expand access to safe and reliable drinking water and will be used to rehabilitate or replace two ground water wells, piping, storage tanks, and construct a new well house.

News	6:00/7:00/8:00 AM	9/11/2023	Hurricane Lee has strengthened back into a Category 3 hurricane with maximum sustained winds of 120 mph. The powerful storm, which has fluctuated in intensity throughout its time over the open Atlantic, is expected to become a very dangerous Category 4 later today. It still remains too early to determine its long-term track for later this week.
News	7:30/8:30 AM	9/11/2023	While the threat level remains low, the Virginia Department of Health reports a steady uptick in emergency room visits for COVID-19 over the past month. The World Health Organization is also tracking new variants of COVID that are driving up case numbers across the country. Richmond is having COVID testing events every Wednesday at the Eastern Henrico Rec Center from 8 a.m. to 10 a.m.
News	6:00/7:00/8:00 AM	9/11/2023	In Norfolk, there are some neighborhoods with limited access to fresh produce, so a group called Teens With a Purpose says their purpose is to make a difference by having a little dirt on their hands. Volunteers with the group go door to door to deliver the fruits and vegetables that they are growing through the program.
News	7:30/8:30 AM	9/11/2023	The Blue Ridge Rock Festival ended up cancelling all of the Saturday and Sunday's programming over the weekend because of severe weather. They are working on refunding those who had tickets.
News	6:00/7:00/8:00 AM	9/12/2023	EC Glass High School released students early yesterday after a threatening note was found on campus. Lynchburg Police worked with Virginia State Police and Liberty University Police to determine that the threat was not credible. They have however arrested a 15-year-old teenage male in connection to the threatening note.
News	7:30/8:30 AM	9/12/2023	A new grocery store option is opening this week in Lynchburg. The new ALDI location on Wards Road is set to open Thursday. The 9 a.m. opening event will offer several prizes and rewards for customers and the first 100 customers in line will get a golden ticket that could be worth up to \$100.
News	6:00/7:00/8:00 AM	9/12/2023	Gleaning For The World and Mister Goodies on Timberlake Road in Lynchburg are partnering together once again for the Share-A-Bear-A-Thon! On Friday, Sept. 22nd from 5pm to 8pm, bring your gently used stuffed animals and receive FREE Ice Cream from Mister Goodies!
News	7:30/8:30 AM	9/12/2023	Sara Lu Christian now has sign at Riveredge Park dedicated in her honor. The retired Amherst County recreation and parks director served in the role from June 1988 through January 2021. The community said she did

			so much for the Amherst community that they were happy to dedicate the trail to her.
News	6:00/7:00/8:00 AM	9/12/2023	The Food and Drug Administration approved updated COVID-19 vaccines, hoping to ramp up protection against the latest coronavirus strains and stop any possible surges this fall and winter. The decision opens the newest shots to most Americans even if they've never had a coronavirus vaccination before.
News	7:30/8:30 AM	9/12/2023	Hostess, the maker of snack classics like Twinkies and HoHos, is being sold to J.M. Smucker in a deal worth about \$5.6 billion. Smucker, which makes everything from coffee to peanut butter and jelly, will pick up approximately \$900 million in debt with the purchase.
News	6:00/7:00/8:00 AM	9/12/2023	The American Red Cross has declared a national blood shortage. Supply levels have fallen nearly 25% since early August because of a drop in donations and back-to-back months of natural disasters. In order to meet patient needs the Red Cross needs to collect about 12,500 donations each day. To find a donation near you check redcrossblood.org .
News	7:30/8:30 AM	9/12/2023	Construction has begun on the boat ramp area at York River State Park in Williamsburg. The project will include the demolition of three piers, and two new piers, and a floating dock will be added along with parking and a concrete walkway. The fishing dock will be open during the construction but the boat ramp area will not be accessible. Work is scheduled to wrap at the end of February 2024.
News	6:00/7:00/8:00 AM	9/13/2023	Speaker Kevin McCarthy said he is directing a House committee to open a formal impeachment inquiry into President Joe Biden over his family's business dealings, launching proceedings ahead of the 2024 election. President Biden has dismissed the impeachment push as politically motivated.
News	7:30/8:30 AM	9/13/2023	U.S. Secretary of Commerce has said that the Department's Economic Development Administration is awarding a \$1.3 million grant to the Southern VA Innovation Hub in South Boston to bolster small business development in the region. The grant will support a renovation to create a community gathering space and co-working offices along with 130 jobs.
News	6:00/7:00/8:00 AM	9/13/2023	The City of Danville has announced who will serve as interim police chief after news surfaced last week about Police Chief Scott Booth's upcoming departure. Danville City Manager has named Chris Wiles as interim police

			chief and said he will assume that role after Booth's last day on Oct. 31.
News	7:30/8:30 AM	9/13/2023	United Way of Henry County and Martinsville needs volunteers for its 2023 Day of Action. The 25th annual Day of Action will take place September 22. This year, they are calling on the community to help complete 14 projects. Some of the projects include prepping gardens, cleaning parks, and adding mulch to playgrounds. Those who sign up to volunteer by September 15 will get a free t-shirt and breakfast.
News	6:00/7:00/8:00 AM	9/13/2023	U.S. caver Mark Dickey has been rescued in Turkey. Dickey, got stuck last weekend in a section of the cave system known as "Camp Hope." The cave expert suffered a medical emergency leaving him stuck more than 3,000 feet underground. Around 190 rescuers were able to get him out after more than 12 days. He is under observation in the intensive care unit at a Turkish hospital but is doing well.
News	7:30/8:30 AM	9/13/2023	According to project organizers, 4 schools in Virginia Beach could be replaced. Right now, they are looking at replacing Princess Anne and Bayside High School, along with Bayside's Sixth Grade Campus, and Bettie F. Williams Elementary. If you would like to give you feedback you can attend a meeting tonight at 6 p.m. at the Princess Anne High School library or tomorrow at 6 p.m. at the Bettie F. Williams Elementary School cafeteria, you can also fill out a survey online.
News	6:00/7:00/8:00 AM	9/13/2023	A spacious property in the middle of the state is dedicated to healing our heroes. Warriors Heart opened their new facility in Caroline County. It's the first of its kind in Virginia offering a 42-day treatment program for veterans, active-duty military members and first responders struggling with addiction.
News	7:30/8:30 AM	9/13/2023	A 25-year-old man drowned at Smith Mountain Lake earlier this week. Jerson Martinez of Roanoke was found in the water after deputies were called to the Crazy Horse Marina area. Investigators say pending results of an autopsy, circumstances do not appear to be suspicious. Our thoughts and prayers are with the SML community.
News	6:00/7:00/8:00 AM	9/14/2023	North Korea's Kim Jong Un pledged full and unconditional support for Russia's Vladimir Putin as the two leaders held a summit that the U.S. warned could lead to a deal to supply ammunition for Moscow's war in Ukraine. Putin is believed to be seeking stockpiles of aging ammunition and rockets for Soviet-era weapons from North Korea.

News	7:30/8:30 AM	9/14/2023	Thanks to a \$50 million donation, Virginia Tech will be able to advance health sciences research that could help save millions of lives worldwide. The funding was received from the Red Gates Foundation, an organization based in Richmond that strives to bolster innovative programs and community-driven initiatives. According to school officials, the gift is one of the largest made in the university's history.
News	6:00/7:00/8:00 AM	9/14/2023	Liberty University's LU Serve Now disaster response program is preparing to send a group of 10 students and two staff members to Hawaii, Sept. 17-24 following the aftermath of last month's devastating wildfire. In connection with Samaritan's Purse, team members will be attempting to locate personal belongings that may have survived among the debris.
News	7:30/8:30 AM	9/14/2023	The Crown lives! Lynchburg's iconic Crown Sterling restaurant closed its doors in 2021, but there are new plans in store for a revitalization. Owner, Chris England, is turning the space into The Crown's Ember, a steakhouse with the same feel as the original Crown Sterling.
News	6:00/7:00/8:00 AM	9/14/2023	A Ukrainian attack on a strategic shipyard in Russia wounded 24, damaged two ships undergoing repairs, and caused a fire at the facility. The attack in the port city which serves as the main base for Russia's Black Sea Fleet, took place as Moscow offensives took the lives of at least three civilians and injured 14 across Ukraine.
News	7:30/8:30 AM	9/14/2023	Carilion Clinic opened a new Family and Community Medicine location on Starkey Road in Roanoke and is accepting new patients. The Carilion Family and Community Medicine is adjacent to Carilion's VelocityCare where they offer shared services. The new location aims to support those with chronic conditions such as high blood pressure and diabetes. They will be open Monday to Friday from 8 a.m. to 5 p.m.
News	6:00/7:00/8:00 AM	9/14/2023	Dare County officials in North Carolina are telling residents and tourists to stay out of the ocean as Hurricane Lee makes its way to this side of the Atlantic. There's a high surf advisory through Saturday night, with a potential for waves to be seven-to-12 feet tall and potential for deadly rip currents.
News	7:30/8:30 AM	9/14/2023	The Roanoke School Board honored the Roanoke Sheriff's Office and the Roanoke Police Department for their partnership with the School Resource Officer program. During this School Year, the SRO program successfully met its objective of placing an SRO in every school, with a total of 26 now serving.

News	6:00/7:00/8:00 AM	9/15/2023	New England is bracing for Hurricane Lee this weekend. Maine is under its first hurricane watch in 15 years as a dangerous storm surge is projected for tonight while the brunt of the storm will arrive early tomorrow.
News	7:30/8:30 AM	9/15/2023	Apple is ditching its in-house iPhone charging plug and falling in line with the rest of the tech industry by adopting a more widely used connection standard. Now iPhone users will have to have a USB type C which is symmetrical and reversible, meaning there is no wrong way to plug it in.
News	6:00/7:00/8:00 AM	9/15/2023	A new \$7 million space to attract industrial businesses is coming to Madison Heights. The Amherst County Economic Development Authority broke ground this week on the building which will have 4 flexible spaces for light industrial businesses. They expect the project to be complete next fall and to create 45 new jobs.
News	7:30/8:30 AM	9/15/2023	The Salem VA Healthcare System is hosting a Job Fair from 8:00 AM a.m. to 4:00 p.m. today. The event will take place on Roanoke Blvd in Salem in the Building 5 Auditorium.
News	6:00/7:00/8:00 AM	9/15/2023	Hunter Biden has been indicted on federal firearms charges, the latest step yet in a long-running investigation into the president's son. He is being accused of lying about his drug use when he bought a firearm in October 2018.
News	7:30/8:30 AM	9/15/2023	Hundreds of communities around the country will share more than \$1 billion in federal money to help plant and maintain trees under a federal program that is intended to reduce extreme heat, benefit health, and improve access to nature. The tree plantings efforts will be focused on marginalized areas in all 50 states as well as Washington, D.C., Puerto Rico, and the Virgin Islands.
News	6:00/7:00/8:00 AM	9/15/2023	Vice President Kamala Harris spoke at Hampton University yesterday. This is the first stop of her "Fight for Our Freedoms College Tour."
News	7:30/8:30 AM	9/15/2023	The Norfolk and Western Class 611 steam locomotive is once again preparing for another trip. This fall the trip will run from Goshen VA to Staunton, which is about a 32-mile trip. That's where the Queen of Steam will be running limited excursions.
News	6:00/7:00/8:00 AM	9/18/2023	Car shoppers are heading for a new round of sticker shock if the strike by the United Auto Workers doesn't end soon, particularly for popular vehicles that are already in short supply. The number of vehicles on dealer lots will shrink the longer the walkout goes on.

News	7:30/8:30 AM	9/18/2023	Whirlpool recalled ADC's stacked clothing dryer machines due to potential fire hazard. The machines were sold directly from Whirlpool or authorized distributors across the nation from April 2012-February 2023. Individuals who purchased this product can contact Whirlpool for a free repair, however, there is no mention of the product being refunded.
News	6:00/7:00/8:00 AM	9/18/2023	Altavista police are reminding the public of the importance of Child Passenger Safety Week, which is this week. It's important to make sure that your child is in the proper seat for their weight and height.
News	7:30/8:30 AM	9/18/2023	A popular tradition in Norfolk is changing the location, that "East Beach Farmers Market" is moving. Visitors have been stopping at the Shore Drive location from April to mid-November for years and now the market is moving to Bay Oaks Park, a mile down the road on Ocean View blvd.
News	6:00/7:00/8:00 AM	9/18/2023	Five Americans who have been imprisoned in Iran are expected to be released today as part of a wider US-Iran deal. The US government has designated all five Americans as being wrongfully detained. Under the agreement \$6 billion in Iranian funds that had been held in restricted accounts in South Korea would be transferred to accounts in banks in Qatar. Iranian and US officials have been notified by Qatar that the money has been transferred.
News	7:30/8:30 AM	9/18/2023	The Virginia General Assembly has taken a major step toward joining two universities together. Lawmakers have allocated funds to support the integration of Old Dominion University and Eastern Virginia Medical School in its amended budget approved by Governor Glenn Youngkin. The move would create the most comprehensive health sciences center in the commonwealth.
News	6:00/7:00/8:00 AM	9/18/2023	A Portsmouth group is trying to keep kids out of trouble by teaching them conflict resolution, critical thinking, and communication skills. Stop the Violence 757 partners with the city's parks and recreation department to provide an after-school program in two Portsmouth elementary schools: Brighton and Park View. Parents can register their kids through the city's parks and recreation website, or they can pick up a packet at one of the two schools.
News	7:30/8:30 AM	9/18/2023	The Red Shoe Rendezvous Gala and Golf Tournament that benefits the Ronald McDonald House in Richmond is Monday, Sept. 25 and Tuesday, Sept. 26 at the Dominion Club in Glen Allen. This is their largest fundraiser of the year.

News	6:00/7:00/8:00 AM	9/19/2023	The same Ohio river valley where the Wright brothers pioneered flight will soon be manufacturing electric planes that take off and land vertically. The planes will provide an alternative to shuttle individuals or groups to their destinations, while avoiding traffic below. Construction at the Dayton International Airport is expected to begin in 2024, with production beginning in 2025.
News	7:30/8:30 AM	9/19/2023	Dr. Lewis Dabney resigned from Lynchburg Gynecology after statements circulated online about him harassing patients. Lynchburg Gyn said that they are working to sever all ties, including financial ties with Dr. Dabney. So far, no criminal charges have been filed.
News	6:00/7:00/8:00 AM	9/19/2023	The CVS on Old Forest Road will close on October 26. All prescriptions will be transferred to the nearby pharmacy on Langhorne Road to make sure patients continue to have uninterrupted access to pharmacy care.
News	7:30/8:30 AM	9/19/2023	Beginning tonight at 7:30 p.m., and continuing through tomorrow morning at 5:00 a.m., weather permitting, milling operations will be performed on all on/off ramps along Odd Fellows Road. Then, from Thursday at 7:30 p.m., till Friday at 5:00 a.m., paving operations will be performed at these same locations. Drivers can expect minor delays.
News	6:00/7:00/8:00 AM	9/19/2023	A debris field has been located in South Carolina amid the U.S. military's search for a missing F-35 fighter jet. The jet was flying near Charleston when it experienced a mishap. The pilot ejected safely but the jet continued to fly and disappeared. The incident is under investigation.
News	7:30/8:30 AM	9/19/2023	Prime Minister Benjamin Netanyahu started his U.S. trip in California with Tesla owner Elon Musk. The Israeli leader talked with Musk in a joint panel, discussing antisemitism and artificial intelligence, among other topics.
News	6:00/7:00/8:00 AM	9/19/2023	The Virginia Department of Conservation and Recreation has announced that it is making \$103 million in loans available for projects intended to improve flood preparedness. The money will help localities complete flood protection projects and improve their ability to mitigate the damage caused by flooding.
News	7:30/8:30 AM	9/19/2023	This week in Hampton boxes of food will be given to active-duty military members. The initiative is organized by the Armed Services YMCA of Hampton Road's Patriot Pantry and CBN's Helping the Home Front military project. The group holds distributions every third Thursday of each month and this week's distribution is taking place at the Bayview Commonwealth Center from 3 p.m. to 4:30 p.m. Those interested will need to register in advance and

			bring an active duty or dependent military ID ready at check-in.
News	6:00/7:00/8:00 AM	9/20/2023	Americans detained for years in Iran are now home after being let go as part of a deal that released nearly \$6 billion in frozen Iranian assets. The prisoners landed at Fort Belvoir, Virginia, with clapping and cheers. Tensions are still high between the U.S. and Iran, though because of disputes over the development of Tehran's nuclear program.
News	7:30/8:30 AM	9/20/2023	House Republicans plan to hold their first hearing next week in their impeachment inquiry into President Joe Biden over his family's business dealings. The hearing is scheduled for Sept. 28 and is expected to focus on questions surrounding allegations of President Biden's involvement in his son Hunter's overseas businesses.
News	6:00/7:00/8:00 AM	9/20/2023	September is National Preparedness Month. If disaster strikes, it's critical to have basic supplies on hand, especially if you find yourself without power. Some items to have are food, water, flashlights, a hand crank radio, and backup power supplies for your cellphones.
News	7:30/8:30 AM	9/20/2023	Virginia Tech is among the top twenty public universities in the nation, according to a new report from U.S. News and World Report's 2024 Best Colleges. They tied for the number 20 spot, which is a three-spot jump from last year's ranking.
News	6:00/7:00/8:00 AM	9/20/2023	Ukraine's President delivered an address to the United Nations General Assembly. His first time appearing in person. During the summit, there will also be private one-on-one sessions between UN Secretary General and Russia, Ukraine, and Turkey, but Russia and Ukraine will not meet together. Ukraine's president is also scheduled to meet with President Biden in Washington, DC tomorrow.
News	7:30/8:30 AM	9/20/2023	Governor Glenn Youngkin announced the opening of a Virginia-Taiwan Trade Office, Virginia's first office for economic development in Taiwan. It was established to strengthen the business relationship, including mutual trade and investment initiatives. The new trade office will be Virginia's fourth international office, in addition to offices in Germany, Japan, and South Korea.

News	6:00/7:00/8:00 AM	9/20/2023	A monument known as the Confederate Memorial could soon be coming to the Virginia Military Institute. The VMI Board of Visitors voted last week to take a Confederate monument from Arlington National Cemetery and relocate it to New Market Battlefield in Shenandoah County, which is owned by VMI. Nothing is set in stone yet though due to several compliance laws.
News	7:30/8:30 AM	9/20/2023	Amazon said that it will hire 250,000 full- and part-time workers for the holiday season, a 67% jump compared to last year. Target also announced that it will add nearly 100,000 seasonal roles during the holidays. Both retailers will start offering holiday deals as early as October.
News	6:00/7:00/8:00 AM	9/21/2023	The United Auto Workers union is threatening to expand its strike unless it sees major progress in contract negotiations by tomorrow. So far, the strike is limited to workers at a Ford assembly plant in Michigan, a GM factory in Missouri, and a Stellantis plant in Ohio. The UAW President said workers at more factories will join those who are now in the fifth day of a strike if things don't get resolved.
News	7:30/8:30 AM	9/21/2023	Kraft is recalling individually wrapped Kraft Singles American cheese because the wrapper could stick to the slice and become a choking hazard. One of the machines developed an issue that makes it possible for a thin strip of film to remain on the slice, it has since been fixed. The recall affects products with a "Best When Used By" date between Jan. 10, and Jan. 27, 2024.
News	6:00/7:00/8:00 AM	9/21/2023	If you take a trip to Amherst County for a meal, you are going to end up paying more for it. County leaders voted to raise the meal tax at a Board of Supervisors meeting from 4% to 6%. The extra funds will help pay for renovating Amherst County High School and will go into effect on January 1, 2024.
News	7:30/8:30 AM	9/21/2023	A mosquito sample in Norfolk tested positive for West Nile Virus. It was collected in the Edgewater/Larchmont neighborhood on September 14 and is the first West Nile activity reported in the city this year. In response, the city is treating storm drains and standing water, and spraying the area with fog. Most that get West Nile will have no symptoms but in rare cases it can cause a severe reaction.
News	6:00/7:00/8:00 AM	9/21/2023	Virginia Governor Glenn Youngkin traveled to Norfolk this week to announce a \$8.5 million expansion coming to Lyon Shipyard. The investment will also create 134 new jobs.

News	7:30/8:30 AM	9/21/2023	More road work is coming to the Roanoke Valley as part of Interstate 81 corridor improvements. VDOT held a public hearing on a widening project that runs from 581 to the Troutville exit. Crews would add an additional lane in both directions and replace eight bridges, install sound barriers, and remove an exit ramp. The project is set to start after 2025 and VDOT will be accepting public comments through next week.
News	6:00/7:00/8:00 AM	9/21/2023	Lynchburg City School leaders have made a decision when it comes to impending school closures as part of the Facilities Master Plan. The plan right now is to close Sandusky Elementary School, close or convert T.C. Miller, and ask Lynchburg City Council for \$15 million to renovate W.M. Bass. The board's decision will be sent to Lynchburg City Council for their final vote.
News	7:30/8:30 AM	9/21/2023	Millions who use the Supplemental Nutrition Assistance Program to help cover the cost of groceries are about to get a bump in their benefits starting on Oct. 1. SNAP benefits will increase by 12.5% for 12 months starting in October.
News	6:00/7:00/8:00 AM	9/22/2023	Ukraine's President returned to Washington for a one-day visit, this time to face those that are questioning the US support of Ukraine. He met with President Joe Biden at the White House, spoke with U.S. military leaders at the Pentagon and stopped at Capitol Hill to talk privately with leaders of the House and Senate.
News	7:30/8:30 AM	9/22/2023	A tropical storm warning has been issued from coastal North Carolina to Delaware ahead of a potential tropical cyclone that's headed toward the East Coast. A storm surge watch was also issued from Surf City, North Carolina, to Chincoteague, Virginia.
News	6:00/7:00/8:00 AM	9/22/2023	A new way to explore Campbell County has been introduced by Parks & Recreation. The GeoTrail offers explorers the opportunity to go on a scavenger hunt of sorts with the first 100 that finish the entire trail getting a special edition challenge coin. The passport to complete the challenge can be downloaded from the website or picked up from one of the Campbell County Public Library branches or Parks & Recreation office.
News	7:30/8:30 AM	9/22/2023	Tonight from 5-8pm at the Mister Goodies on Timberlake Road Gleaning For The World is hosting their annual Share-A-Bear-A-Thon! Bring your gently used stuffed animals and receive FREE Ice Cream from Mister Goodies! Give 1 stuffed animal, receive 1 small cone, or give 5 or more and receive any menu item, FREE!

News	6:00/7:00/8:00 AM	9/22/2023	Over \$4 million in federal funding are going to efforts to address the clean water situation in Virginia. Senators Tim Kaine and Mark Warner announced that the money is designed to give low-interest loans to local governments to battle emerging contaminants and pollutants in the state's water supply.
News	7:30/8:30 AM	9/22/2023	The first big test of whether privately owned high-speed passenger train service can prosper in the United States will launch today when Florida's Brightline begins running trains between Miami and Orlando. The trip is 3.5-hours, and it isn't cheap. They are charging single riders \$158 for business class and \$298 for first-class, with families and groups able to buy four round-trip tickets for \$398. Thirty-two trains will run daily.
News	6:00/7:00/8:00 AM	9/22/2023	The Lejeune Memorial Gardens is the future site for a 25,000-square-foot museum. The project has been in the works for over 20 years with the plan to break ground next spring and open in 2026. The mission is to honor, preserve and teach the history of Carolina Marines and Sailors who came through the area. With the stamp of approval from the military and \$26 million from the state, the project is moving forward.
News	7:30/8:30 AM	9/22/2023	Giant pumpkins grown by a Virginia family in Palmyra are on display at Dollywood. The Edwards family was inspired to grow the pumpkins – including one weighing around 1,000 pounds – after seeing the giants on display at the theme park. Using multiple trucks, they hauled the pumpkins all the way to Pigeon Forge, Tennessee. They will remain on display through October, until Dollywood puts up their Christmas decorations.
News	6:00/7:00/8:00 AM	9/25/2023	Officials will begin lifting restrictions on entry to the area of Hawaii that has been closed since the wildfires today. Residents will return to their properties in the burn zone, for the first time since it was demolished nearly seven weeks ago by the deadliest U.S. wildfire in more than a century.
News	7:30/8:30 AM	9/25/2023	Social Security recipients could see an increase in their benefits next year. According to the Senior Citizens League, recipients are expected to see a 3.2% cost-of-living adjustment.
News	6:00/7:00/8:00 AM	9/25/2023	Liberty University has announced they will place a tuition freeze for both the school's residential and online programs through the 2024-2025 academic year. According to school leaders, the freeze will ease the financial stress for students at a time when high inflation is affecting many families.

News	7:30/8:30 AM	9/25/2023	Mark your calendars! Fat Bear Week returns in a few days! It's that time of year when you can proudly root for your favorite plump bear, as brown bears indulge in a salmon buffet for their five- to eight-month hibernation nap. You can go to FatBearWeek.com and cast your votes for the chunkiest bear.
News	6:00/7:00/8:00 AM	9/25/2023	The federal government is heading toward a shutdown that will disrupt many services. Social Security checks will still go out, but other functions will be severely cut. Federal agencies will stop all actions that are non-essential, and millions of federal employees, including members of the military, won't receive paychecks.
News	7:30/8:30 AM	9/25/2023	Congresswoman Jen Kiggans introduced legislation to try and ensure members of the military are paid in the case of a government shutdown. The "Pay Our Troops Act" is meant to protect military members and certain Department of Defense civilian employees and contractors should Congress not provide temporary or full-year federal funding by Sept. 30.
News	6:00/7:00/8:00 AM	9/25/2023	The Lynchburg Police Department is investigating a three-vehicle-crash that took the life of a woman and injured another driver on Leesville Rd in Lynchburg yesterday. The crash remains an active investigation and anyone who may have witnessed the crash is asked to contact the Traffic Safety Unit or Crime Stoppers.
News	7:30/8:30 AM	9/25/2023	As Tropical Storm Ophelia came through the coast this weekend, crews from Lynchburg headed east to provide aid. The Virginia Department of Emergency Management deployed Lynchburg's technical rescue team and Bedford deployed members from their swift water resources team.
News	6:00/7:00/8:00 AM	9/26/2023	A missile strike took out the headquarters of Russia's navy last week and took the lives of 34 officers, including the fleet commander. The claims could not independently be verified and are vastly different from what Russia has reported. Russia is now targeting grain storage facilities since pulling out of a wartime deal that allowed Ukrainian grain exports to countries facing the threat of hunger. The attacks have destroyed silos, warehouses, oil terminals and other infrastructure critical for storage and shipping.
News	7:30/8:30 AM	9/26/2023	NASA's first asteroid samples parachuted into the Utah desert capping off a seven-year journey. The small capsule landed on a remote expanse of military land, as the main ship set off after another asteroid. The sealed sample canister is now at NASA's Johnson Space Center in Houston, where it will be opened, and join moon rocks gathered by the Apollo astronauts.

News	6:00/7:00/8:00 AM	9/26/2023	Students were left scrambling after The Art Institute in Virginia Beach announced it would be closing its doors for good. The Art Institute and all of the other campuses in the Art Institute system, will close permanently on September 30. A culmination of events over the past decade, both external and internal to campus operations, has forced the closure.
News	7:30/8:30 AM	9/26/2023	Neptune Festival Boardwalk Weekend returns to Virginia Beach this weekend. Setup has already started along the boardwalk at the Oceanfront where more than 400 vendors are expected to sell food, art, and other products. Volunteers are still needed especially for Saturday for the parade and Neptune's 8k Race.
News	6:00/7:00/8:00 AM	9/26/2023	The Biden administration is about to admit Israel into an exclusive club that will allow its citizens to travel to the United States without a U.S. visa. The announcement into the Visa Waiver Program is planned for late in the week, just before the end of the federal budget year on Saturday, which is the deadline for Israel's admission without having to requalify for eligibility next year.
News	7:30/8:30 AM	9/26/2023	You can help abused and neglected children in Central Virginia end up in a safe and permanent home. The Roanoke chapter of the Court Appointed Special Advocates is recruiting volunteers. These trained volunteers are appointed by judges to represent children's best interests. They act as the eyes and ears for a child in foster care. There are currently 45 volunteers and CASA would like to double that number to better meet the needs of the community.
News	6:00/7:00/8:00 AM	9/26/2023	After a months-long hiatus, a government website that allows American households to order free at-home COVID-19 tests is back online. You can go to COVIDtests.gov to place your order of four rapid at-home tests per household, which will be delivered for free by the United States Postal Service.
News	7:30/8:30 AM	9/26/2023	Some Danville teens were recently honored for completing a special program hosted by the City. Seven teens were honored last week for completing life skills training and goal-setting exercises through Project Imagine, a community violence intervention collaborative to steer youths away from gang activity.
News	6:00/7:00/8:00 AM	9/27/2023	Millions of additional students in low-income communities will be eligible to receive breakfast and lunch at school for free. The U.S. Department of Agriculture changed the rule and now schools where 25% of families participate in income-based public benefits, such as the Supplemental Nutritional Assistance Program, the federal

			government now will cover the cost of free meals for all enrolled students. Roughly 3,000 additional school districts serving more than 5 million students will now be eligible.
News	7:30/8:30 AM	9/27/2023	National see you at the poll day is this morning. Students across the U.S. will pray in groups at flag poles or other prominent sites on campuses at 7 a.m. today. Also, the national "See you at the Poll" organization is encouraging students and parents to do a prayer walk around their schools this weekend.
News	6:00/7:00/8:00 AM	9/27/2023	Starting today the right turn lane on Candler's Mountain Road to University Blvd will be closed. The City of Lynchburg is estimating the area to be closed over the next 3-4 weeks.
News	7:30/8:30 AM	9/27/2023	William Byron, driver of Hendrick Motorsports No. 24 Liberty University car solidified his first place standing in the NASCAR Cup Series playoffs points race with his sixth win of the year. Overall, this is Byron's best season of his Cup Series career by far.
News	6:00/7:00/8:00 AM	9/27/2023	Congress appears to be on track to trigger a government shutdown on Sunday the 1st because it is not expected to pass the 12 bills that fund government operations before the start of the new fiscal year.
News	7:30/8:30 AM	9/27/2023	The Federal Trade Commission and 17 state attorney generals have filed a lawsuit against Amazon. They are alleging that the online retail company continues to monopolize the marketplace and inflate prices.
News	6:00/7:00/8:00 AM	9/27/2023	In the meantime, amazon is actually expanding their footprint in Virginia, which is not one of the states that has filed suit against them. Amazon will be building a new multi-story robotics fulfillment center and delivery station that will bring more than 1,000 jobs to Virginia Beach.
News	7:30/8:30 AM	9/27/2023	Virginia's Department of Forestry is asking the public to help collect acorns in support of their efforts to plant trees statewide. Virginians donated nearly eight tons of acorns, which is enough to potentially produce about 1.5 million seedlings last year. Once collected store them in a breathable sack, don't mix acorn types, and try to identify the tree from which the acorns came from. Then drop them off at your local DOF office.
News	6:00/7:00/8:00 AM	9/28/2023	Polish and U.S. officials signed an agreement for the construction of Poland's first nuclear power plant, part of an effort by them to move away from fossil fuels. The planned site is about 175 miles from the border with Germany. Poland is planning to spend \$40 billion to build

			two nuclear power plants with three reactors each, the last one to be launched in 2043.
News	7:30/8:30 AM	9/28/2023	Hyundai and Kia are recalling nearly 3.4 million vehicles in the U.S. and telling owners to park them outside due to the risk of fires. The recall covers 1multiple car and SUV models from the 2010 through 2019 model years including Hyundai's Santa Fe SUV and Kia's Sorrento SUV. Dealers will replace the anti-lock brake fuse at no cost to owners starting Nov. 14th and Nov. 21st.
News	6:00/7:00/8:00 AM	9/28/2023	Just a week after the Lynchburg City School Board voted to close Sandusky Elementary, concerned parents spoke to city leaders about their concerns. Many showed up in their blue and yellow to ask the city council to stop the closure. The vice mayor said he is going to host a town hall meeting at Sandusky Elementary the week of October 16 so everyone can speak freely. For now, the school remains open.
News	7:30/8:30 AM	9/28/2023	Students in some Virginia Beach City Public Schools are ditching the cafeteria for and opting for more fresh ingredients, especially fruits and vegetables, via a food truck called Big Blue. The food truck regularly visits the city's high schools, and also serves elementary and middle school students when requested. Students are also heavily involved in the whole process, including when new menu items are introduced via an online survey.
News	6:00/7:00/8:00 AM	9/28/2023	Gov. Glenn Youngkin announced that Wells Fargo plans to invest \$87 million to expand its customer support center in Roanoke County. this is the largest number of jobs announced in the county in more than 40 years for a single project. The investment will create around 1,100 jobs, making Wells Fargo the largest employer in Roanoke County. The expansion is set to begin Dec. 1, but Wells Fargo is hopeful that it will begin even sooner.
News	7:30/8:30 AM	9/28/2023	A NASA astronaut and two Russian cosmonauts returned to Earth yesterday after being stuck in space for just over a year. American Frank Rubio set a record for the longest U.S. spaceflight by an American. A piece of space junk pierced the radiator of their original capsule late last year, midway through what should have been a six-month mission causing them to have to spend another 6 months in space.

News	6:00/7:00/8:00 AM	9/28/2023	This week has been Clean Energy Week in North Carolina and Governor Roy Cooper has been traveling around the state to promote the future of electric vehicles and outline their ambitious clean energy goals, including reducing greenhouse gas emissions, by becoming neutral by 2050, along with modernizing the electric grid and offering green options for residents and businesses like solar power.
News	7:30/8:30 AM	9/28/2023	The Red Cross Blood Donor Center opened their Roanoke location. The Church Avenue location has been newly renovated for both blood donors and the groups Southwest Virginia Humanitarian services. Volunteers say the center brings new opportunities to save lives.
News	6:00/7:00/8:00 AM	9/29/2023	Traveling is already stressful enough for many, but as a government shutdown looms, TSA workers could stop getting paychecks. The White House has warned that a shutdown could cause significant delays and longer wait times for travelers at airports across the U.S.
News	7:30/8:30 AM	9/29/2023	Opportunities to photograph a solar eclipse don't come along very often. On Saturday, Oct. 14, North America will see its first solar eclipse since 2021. For most this event will be no different, with the sun being partially eclipsed during the morning and only visible with special glasses.
News	6:00/7:00/8:00 AM	9/29/2023	A local company, Coast Virginia Developers, has partnered with Paul D. Camp Community College to build a \$5.6 million trade school at the site of a former supermarket off of Carolina Road in Suffolk. Welding, electricity, plumbing, ship fitting, logistics, warehousing, and maritime coding are just some of the trades that will be offered. The college will also take childcare into consideration for parents who enroll in the program.
News	7:30/8:30 AM	9/29/2023	Buc-ee's, a store known as a one-stop-shop for travel needs, is opening a second location in Virginia. The company has purchased more than 20 acres of land off Interstate 81 at the Mount Crawford exit just south of Harrisonburg. The megastore is slated to open in 2025.
News	6:00/7:00/8:00 AM	9/29/2023	Federal health advisers voted overwhelmingly against an experimental treatment for Lou Gehrig's disease at a meeting prompted by years of patient efforts seeking access to the unproven therapy. The FDA panel voted 17-1 that the 200-patient study failed to show that treatment extended life, slowed disease or improved mobility. The FDA did agree to hear a panel of outside advisers after ALS patients submitted a 30,000-signature petition seeking a public meeting.

News	7:30/8:30 AM	9/29/2023	Nationwide the insurance company will not renew policies for almost 11,000 homeowners in North Carolina, with more than 1,000 of those non-renewals on the Outer Banks. More than half of the policies are based on the hurricane hazard assessment tool. The insurance company said it looked at climate severity, and weather-related losses when making its decision.
News	6:00/7:00/8:00 AM	9/29/2023	A voluntary recall has been issued for thousands of cases of Kandy whole cantaloupes for potential salmonella contamination. According to the FDA, the recalled cantaloupes were distributed Sept. 5-16, in several states including North Carolina, Tennessee, Virginia, West Virginia, and Washington D.C.
News	7:30/8:30 AM	9/29/2023	The Creeds Law Enforcement Training Facility in Virginia Beach is getting an \$8 million upgrade. The money will be used to grade and repave the driving track, to work on the sprinkler system used to simulate slick driving conditions, to build a repel tower because the current tower there is condemned, and to rehab the buildings at the facility