

Below is a list of some of the significant issues responded to by Station **WXDE-FM, LEWES, DELAWARE**. along with the most significant programming treatment of the issues for the period 1/1/22 to 3/31/22. This listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type and Description of Program/Segment
Local History	In Touch With Delmarva	1/1/22 – 1/25/22	4 x Daily. 7 days a week	:30	What is old is new at the Milford Museum. Business event at the Milford, Delaware Chamber of Commerce.
Workforce Training	In Touch With Delmarva	1/26/22 – 2/8/22	4 x daily. 7 days a week	:30	Promotion of Chamber “Workforce Development Lunch” in Milford, DE
Charity Fundraising	In Touch with Delmarva	2/8/22 – 3/4/22	4 x daily, 7 days a week	:30	United Way of Delaware fundraising effort promotion. The “Do More 24” campaign.
Veterans Affairs	In Touch with Delmarva	2/15/22 - 3/3/22	4 x daily, 7 days a week	:30	Race for Warriors to benefit and honor those who served in the Middle East. Event in Lewes, Delaware
Community Expo	In Touch with Delmarva	3/3/22 – 3/31/21	4 x daily	:30	Milford Elks Lodge community expo promotion.
Clean Water	In Touch With Delmarva	1/15/22 – 2/10/22	4 x daily	:30	Promoting public input on Delaware Clean Water Trust and Oversight Committee
Public safety and emergency response	In Touch with Delmarva	2/25/22 – 3/31/22	2 x daily. 7 days a week	:30	Delaware Police Chiefs Association rally to support first responders on air promotion

Employment of the Disabled	In Touch with Delmarva	3/3/22 – 3/31/22	2 X daily, 7 days a week	:30	KSI disabilities hiring event covered with on air messages.
Hunger	In Touch with Delmarva	3/15/22 – 3/31/22	2 x daily, 7 days a week		Food Drive “stamp out hunger” drive by letter carriers of the USPS

THE FOLLOWING SET OF ISSUES AND PROGRAM AIRED AS A PART OF OUR WEEKLY “VIEWPOINTS” SHOW.

THE PROGRAM AIRED ON SUNDAY OF EACH WEEK FROM 7AM – 7:30AM. (Specific segment times indicated on the following pages)

Program 22-01 **Writers & Producers:** Amirah Zaveri & Evan Rook

Air Week: **Production Manager:** Jason Dickey

1/2/22

SEGMENT 1:	FINDING EMPLOYMENT AFTER INCARCERATION	Time	Duration
Synopsis:	In the U.S., there are roughly 19 million people with felony convictions. For this population, finding stable work can be a tumultuous and draining process. Without a job, it can be all too easy to slide back into a past life and end up behind bars once again.	1:48	11:11
Host:	Gary Price		

Guests: Beth Schwartzapfel, staff writer, *The Marshall Project*; Jeffrey Korzenik, economic researcher, author, *Untapped Talent: How Second Chance Hiring Works for Your Business and the Community*.

Issues Covered: Human Resources, Mass Incarceration, Business, Criminal Justice, Inequality, Recidivism, Education, Poverty, Employment Issues

Links: [Putting Humanity into HR Compliance: Try Second-Chance Employment](#)

[US Department of Education Announces It Will Expand the Second Chance Pell Experiment for the 2022-2023 Award Year](#)

[GettingTalentBackToWork.org](#)

[Second Chance Employment — Dave's Killer Bread](#)

[DKBF](#)

[Untapped Talent: How Second Chance Hiring Works for Your Business and the Community](#)

SEGMENT 2: A SEASON OF SADNESS

Time Duration

Synopsis: Researchers estimate that around 10 million Americans suffer from seasonal affective disorder each year. We speak with psychologist Dr. Carrie Ditzel about the prevalence of SAD and how people can combat these feelings and find additional support. **15:01 7:21**

Host: Marty Peterson

Guests: Dr. Carrie Ditzel, psychologist, Baker Street Behavioral Health.

Issued Covered: Fitness, Sleep, Psychiatry, Psychology, Mental Health, Health

Links: [NIMH » Seasonal Affective Disorder](#)

[Baker Street Behavioral Health | About](#)

[Find a Therapist, Psychologist, Counselor - Psychology Today](#)

[SAMHSA Behavioral Health Treatment Services Locator](#)

[National Suicide Prevention Lifeline](#)

CULTURE

CRASH: SPIDER-MAN'S BACK ONCE AGAIN

Time Duration

Synopsis: The new film release, "Spider-Man: No Way Home" is a massive blockbuster hit. We discuss what makes these crossover movies such a success and what's coming up next in the Marvel universe. **23:22 3:04**

Host: Evan Rook

Issues
Covered: Film

Program 22-02

Writers & Producers: Amirah Zaveri, Polly Hansen & Evan Rook

Air Week: **Production Manager:** Jason Dickey

1/9/22

SEGMENT 1: OUR RESILIENT FOOD SYSTEM & SUPPLY CHAIN

Time Duration

Synopsis: 20 million people work within the food production industry in the U.S. The pandemic has altered this sector and resulted in many pressures placed on this population. This week – we highlight the people behind these various roles and the changing landscape of this 24/7 food supply chain. **1:47 9:09**

Host: Gary Price

Guests: Dr. Robyn Metcalfe, lecturer, College of Natural Sciences at the University of Texas at Austin and author, *Humans in Our Food*.

Issues Covered: Agriculture, Career, Food Shortages, Supply Chain, Food Production, Personal Finance

Links: [Metcalfe, Robyn - Human Ecology - CNS Directory](#)

[Humans In Our Food by Robyn Metcalfe](#)

[Food prices are reportedly expected to rise again in January](#)

[Food Supply Chain | USDA](#)

[The Great Shortage: Restaurants Struggle to Find Materials, Food, and, Most of All, Labor - Eater](#)

SEGMENT 2: STARRY NIGHT: THE EFFECTS OF LIGHT POLLUTION

Time Duration

Synopsis: More than 80% of the world’s population lives under light-polluted skies. Light pollution can impact sleep, health, and the environment. It also means the beautiful stars in our skies are clouded by the bright beams of lights all around us. We discuss the issue of light pollution and how stargazers can bring about change in their local communities. **12:55 9:10**

Host: Marty Peterson

Guests: Paul Bogard, author, *To Know a Starry Night*; Bettymaya Foote, director, engagement, International Dark Sky Association.

Issues Covered: Light Pollution, Environment, Astronomy, Education, Culture, History

Links: [International Dark-Sky Association](#)

[Light pollution map](#)

[Flipping the switch on light pollution – POLITICO](#)

[To Know A Starry Night — Paul Bogard](#)

CULTURE

CRASH: "SPIDER-MAN" NOSTALGIA

Time Duration

Synopsis: We rewind back to 2002 to the very first “Spider-Man” movie starring a young Tobey Maguire and Kirsten Dunst. The iconic film started it all and led to decades of spin-offs. **23:05 3:23**

Host: Evan Rook

Issues Covered: Film, Culture

Program 22-03

Writers & Producers: Amirah Zaveri, Polly Hansen & Evan Rook

Air Week: **Production Manager:** Jason Dickey

1/16/22

SEGMENT 1:	GET YOUR \$\$\$ IN ORDER	Time	Duration
Synopsis:	If an unexpected \$400 charge came up, it's estimated that 40% of Americans would struggle to pay this amount, according to data published in 2019 by the Federal Reserve. Life happens. Circumstances change. And that's why it is so important to be financially secure with savings, an emergency fund, investments and more. We speak with financial expert, Emily Guy Birken this week about how to start budgeting and saving.	1:47	10:35
Host:	Gary Price		
Guests:	Emily Guy Birken, financial expert, author of <i>Stacked: Your Super Serious Guide to Money Management</i> .		
Issues Covered:	Money Management, Economics, Personal Finance, Labor, Financial Technology		
Links:	Emily Guy Birken (@EmilyGuyBirken) / Twitter emilyguybirken.com Qube Money Your Guide to How to Budget Money - NerdWallet		
SEGMENT 2:	AN ILLUSTRATOR'S ART	Time	Duration
Synopsis:	We speak with Tim O'Brien who has illustrated numerous magazine covers throughout the years. O'Brien discusses his career, the history of illustration and how the art form is used to convey a specific, singular moment or feeling that other mediums may not be able to capture.	14:24	7:40
Host:	Marty Peterson		
Guests:	Tim O'Brien, illustrator.		
Issues Covered:	Culture, Media, Career, Illustration, Arts, History, Comedy, Politics, Government		

Links: [Catalog of Portraits and Illustrations by Tim O'Brien for various magazines and publications](#)

["The Story Behind TIME's Trump Chaos Cover" - TIME Magazine](#)

[@obrienillustration on Instagram](#)

CULTURE

CRASH: THE VIEWING EXPERIENCE

Time Duration

Synopsis: We binge and review some of the new movies we've missed in recent months, including a critique of "The Novice" and "Mass". 23:04 3:23

Host: Evan Rook

Issues Covered: Culture, Film

Program 22-04 **Writers & Producers:** Amirah Zaveri & Evan Rook

Air Week: **Production Manager:** Jason Dickey

1/23/22

SEGMENT 1: ADVANCEMENTS IN ANTI-AGING

Time Duration

Synopsis: By 2030, 74 million Baby Boomers in the U.S. will be 65 or older. As people age, this means bigger burdens on the healthcare system, senior housing and care. But, what if one day, we could slow down this process of biological aging? Two researchers from Northwestern University join us this week to share some of the latest innovations in the anti-aging field.

1:48 10:24

Host: Gary Price

Guests: Dr. Douglas Vaughan, chair, Department of Medicine, Northwestern University Feinberg School of Medicine, inaugural director, Potocsnak Longevity Institute, Northwestern University Feinberg School of Medicine; Dr. Frank Palella, associate director, Potocsnak Longevity Institute, Northwestern University Feinberg School of Medicine, director, HIV & Aging Center, Potocsnak Longevity Institute.

Issues Covered: Technology, Health, Retirement, Aging, Medicine, Disease, Science

Links: [Potocsnak Longevity Institute: Feinberg School of Medicine](#)

[Douglas E Vaughan : Faculty Profile](#)

[Frank J Palella: Faculty Profile](#)

[Resources Near You | HHS.gov](#)

[Why these Amish live longer and healthier: an internal 'fountain of youth' - Northwestern Now](#)

[Metformin: A Potential Candidate for Targeting Aging Mechanisms](#)

SEGMENT 2: A NEW PERSPECTIVE ON COOKING AT HOME

Time Duration

Synopsis: Ever find yourself staring at a recipe and feeling completely lost or overwhelmed? Us too. Cooking doesn't have to be this big production, but can instead be a time to unwind, experiment and not always aim for perfection. Cookbook author Leanne Brown joins us this week to unpack how

14:14 8:24

to become a calmer cook this year by planning ahead and setting new expectations.

Host: Marty Peterson

Guests: Leanne Brown, expert, food studies, cookbook author, *Good Enough: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen*.

Issues Covered: Mental Health, Health, Organization, Cooking, Diet, Literature

Links: [Good Enough: A Cookbook: Embracing the Joys of Imperfection and Practicing Self-Care in the Kitchen](#)

[Budget Bytes](#)

[Good and Cheap \(PDF\)](#)

CULTURE

CRASH: BINGING THE ROM-COM SERIES "LOVE LIFE"

Time Duration

Synopsis: The series, "Love Life" is a whimsical ride through the ups and downs of modern dating, relationships and finding love. Seasons 1 and 2 are now out on HBO Max. **23:38 2:48**

Host: Evan Rook

Issues Covered: Culture, TV

Program 22-05 Writers & Producers: Amirah Zaveri, Polly Hansen & Evan Rook

Air Week: **Production Manager:** Jason Dickey

1/30/22

SEGMENT 1: LIVING LIFE IN A 24/7 SOCIETY

Time Duration

Synopsis: We play many roles in life: coworker, manager, partner, parent, caregiver. The list is seemingly endless. It can be all too easy to get wrapped in these many roles and forget altogether about spending time on yourself as an individual. We speak with acclaimed writer and author, Eve Rodsky about the mental toll of our daily lives and how to get back to finding a balance. **1:48 9:08**

Host: Gary Price

Guests: Eve Rodsky, writer, author of *Find Your Unicorn Space: Reclaim Your Creative Life in a Too Busy World*.

Issues Covered: Mental Health, Self-Identity, Literature, Psychology, Parenting, Education

Links: [Eve Rodsky \(@eve_rodsky\) / Twitter](#)

[Amazon.com: Find Your Unicorn Space: Reclaim Your Creative Life in a Too-Busy World: 9780593328019: Rodsky, Eve: Books](#)

[Work and Well-being 2021 Survey report](#)

SEGMENT 2: A COMPREHENSIVE GUIDE TO FANDOM

Time Duration

Synopsis: What was your favorite comic book series, video game or card game growing up? Depending on your age, it could have been Magic: The Gathering, Batman or Minecraft. In fact, you still could be a fan of these no matter what your age is. This week – we discuss the vast world of fandom and just what it means to be a part of this community. **12:58 9:27**

Host: Marty Peterson

Guests: Amy Ratcliffe, managing editor, Nerdist, author of *A Kids Guide to Fandom: Exploring Fan-Fic, Cosplay, Gaming, Podcasting and More in the Geek World!*; Liana, high school senior, Chicago.

Issues Covered: Community, Parenting, Personal Interest, Technology, Hobby, Arts, Entertainment, Comics

Links: [Amy Ratcliffe \(@amy_geek\) / Twitter](#)

[A Kid's Guide to Fandom: Exploring Fan-Fic, Cosplay, Gaming, Podcasting, and More in the Geek World!](#)

[Fandom](#)

CULTURE

CRASH: THE DEBUT OF "SHIVA BABY"

Time Duration

Synopsis: New writer & director Emma Seligman is generating a lot of buzz across Hollywood. This week, we discuss her debut film, "Shiva Baby" that's now streaming on HBO Max. 23:35 3:05

Host: Evan Rook

Issues Covered: Culture, TV

Program 22-06

Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: **Production Manager:** Jason Dickey

2/6/22

SEGMENT 1: SPIN, SWEAT, REPEAT: THE EVER-EVOLVING FITNESS INDUSTRY

Time Duration

Synopsis:

It feels like the fitness market has more options than ever before. Between the rise of at-home fitness, traditional gyms and focused classes, consumers can pick and choose to workout whichever way they like. This week – we speak with two fitness experts about evolving trends in exercise and what’s next.

1:47

9:39

Host: Gary Price

Guests:

Dr. David J. Miller, faculty member, School of Business, George Mason University; Dr. Glenn Gaesser, professor, exercise physiology, School of Health Solutions, Arizona State University.

Issues Covered:

Business, Technology, Health, Fitness, Industry, Exercise, Community

Links:

[At-Home Fitness Poised to Grow Despite Peloton Slide, Analysts Say - Article published in Business Insider](#)

[Sweating Together Hardcover – May 24, 2022 | Amazon.com Books](#)

[Miller, David J. - GMU School of Business](#)

[Glenn Gaesser - ASU College of Health Solutions](#)

SEGMENT 2: THE HISTORY OF TIMEKEEPING

Time Duration

Synopsis:

From sundials to mechanical clocks to atomic clocks, humans – throughout the centuries – have kept track of time using many different methods. Physics and astronomy professor Chad Orzel joins us this week to highlight just how much we rely on accurate clocks and how timekeeping technology has evolved across human history.

13:28

9:59

Host: Marty Peterson

Guests:

Chad Orzel, associate professor, physics and astronomy, Union College, author of *A Brief History of Timekeeping: The Science of Marking Time, From Stonehenge to Atomic Clocks*.

Issues Covered: Archaeology, Innovation, Culture, History, Ancient Civilization, Invention

Links: [A Brief History of Timekeeping - BenBella Books](#)

[No. 120: Su-Sung's Clock](#)

[Chad Orzel \(@orzec\) / Twitter](#)

[Chad Orzel | Physics and Astronomy | Union College](#)

CULTURE

CRASH: A NEW TAKE ON A POPULAR SERIES

Time Duration

Synopsis:	The hit sitcom, “How I Met Your Mother” ran for nine seasons between 2005 and 2014. Now, producers are creating a new take on the original show with the launch of the series, “How I Met Your Father”. We discuss if the new release is worth the hype.	24:27	1:59
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Host: Evan Rook

Issues Covered: Culture, TV

Program 22-07 Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: **Production Manager:** Jason Dickey

2/13/22

SEGMENT 1: THE JOURNEY OF ADDICTION

Time Duration

Synopsis: Substance abuse, or addiction, is a national crisis that’s only continuing to worsen as new drugs enter the market and treatment has been disrupted due to the pandemic. Recovering addict Dr. Carl Erik Fisher joins us to share his own story with addiction and what can be done to improve treatment. **1:47 9:36**

Host: Gary Price

Guests: Dr. Carl Erik Fisher, psychiatrist, assistant professor, Columbia University, author, *The Urge: Our History of Addiction*.

Issues Covered: Addiction, History, Mental Health, Substance Abuse, Medicine, Healthcare

Links: [The Urge: Our History of Addiction Hardcover – January 25, 2022](#)

[Carl Erik Fisher, MD \(@DrCarlErik\) / Twitter](#)

[Carl E. Fisher, MD | Columbia University Department of Psychiatry](#)

[FindTreatment.gov](#)

[SAMHSA's National Helpline](#)

SEGMENT 2: THE MANY MODES OF TRANSPORTATION

Time Duration

Synopsis: Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country’s current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation. **13:25 9:59**

Host: Marty Peterson

Guests: Dr. Susan Shaheen, professor, civil and environmental engineering at the University of California-Berkeley and co-director of Transportation Sustainability Research Center at the University of California-Berkeley.

Issues Covered: Infrastructure, Urban Design, Aging, Sustainability, Mobility, Environment, Transportation

Links: [Susan Shaheen | Civil and Environmental Engineering](#)

[The Best Cities for Cyclists - The New York Times](#)

[Susan Shaheen \(@SusanShaheen1\) / Twitter](#)

CULTURE

CRASH: A FRESH TAKE ON "NIGHTMARE ALLEY"

Time Duration

Synopsis: We discuss the new film, "Nightmare Alley" which is a remake of the 1947 film of the same title. It's filled with a star-studded cast and does not disappoint. Hear why this movie makes our 'Best of 2021 Films' list. 23:55 2:31

Host: Evan Rook

Issues Covered: Culture, Film

Program 22-08 Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: **Production Manager:** Jason Dickey

2/20/22

SEGMENT 1:	FOSTERING CURIOSITY AND A GREATER PASSION FOR LEARNING EARLY ON	Time	Duration
Synopsis:	To fully understand many topics, experiences and encounters help to fully engrain what’s being taught. We speak with an education expert and clinical psychologist this week about how to bring more curiosity, creativity and critical thinking to learning.	1:47	9:23
Host:	Gary Price		
Guests:	Dr. Joe Galasso, clinical psychologist, Baker Street Behavioral Health; Julie Bogart, home educator, mother, author, <i>Raising Critical Thinkers: A Parent’s Guide to Growing Wise Kids in the Digital Age</i> .		
Issues Covered:	Parenting, Communication, Education, Technology, Child Development, Mental Health, Psychology		
Links:	Julie Bogart Author (@juliebravewriter) • Instagram photos and videos Julie Bogart (@BraveWriter) / Twitter Raising Critical Thinkers Baker Street Behavioral Health About		

SEGMENT 2:	THE INTERESTING LEGACIES OF PAST U.S. PRESIDENTS	Time	Duration
Synopsis:	Ahead of Presidents Day on Monday, February 21, we highlight some of our past presidents and their accomplishments and failures. Ronald Gruner joins us this week to answer these questions and more.	13:12	10:17
Host:	Marty Peterson		
Guests:	Ronald Gruner, author, <i>We the Presidents: How American Presidents Shaped the Last Century</i> .		
Issues Covered:	American History, Literature, Politics, Government, Leadership, Culture, Domestic Policy		

Links: [We The Presidents](#)

[Amazon.com: We the Presidents: How American Presidents Shaped the Last Century](#)

[Presidents' Day 2022 - History, Date & Holiday](#)

CULTURE

CRASH: THIS YEAR'S BEST PICTURE NOMINEES

Time Duration

Synopsis: From Belfast to King Richard, we break down this year's highly anticipated list of Academy Award 'Best Picture' nominees. The Oscars will be held on March 27, 2022. 24:29 1:57

Host: Evan Rook

Issues Covered: Culture, Film

Program 22-09

Writers & Producers: Amirah Zaveri & Evan Rook

Air Week: Production Manager: Jason Dickey

2/27/22

SEGMENT 1: THE COACHES THAT CHANGED THE GAME

Time Duration

Synopsis: Bowman was Phelps' longtime swimming coach who mentored Phelps since he was 11 years old. He was there every step of the way in Phelps' athletic career, crafting him into the Olympic swimming superstar he is today. It makes you wonder – where would many of the top athletes be today without the coaches who guided, motivated and supported them? **1:47 10:15**

Host: Gary Price

Guests: Justin Spizman, sportswriter, author of *Coach: The Greatest Teachers in Sports and Their Lessons for Us All*.

Issues Covered: Leadership, Sports, Culture, Career, Global Affairs, Sports History

Links: [Coach by Justin Spizman | Abbeville Press](#)

[4 Quotes From Olympic Coaches That Can Make You a Better Leader | Inc.com](#)

[Vince Lombardi](#)

SEGMENT 2: THE LARGER APPEAL OF "HARRY POTTER"

Time Duration

Synopsis: The Harry Potter series is one of the most beloved stories of all time, unlocking a world of wizarding magic, adventure and intrigue to millions of young readers. We discuss how its unconventional storyline and character development can shift thinking and teach real life lessons to young and old readers alike. **14:04 9:22**

Host: Marty Peterson

Guests: Amy Hogan, media manager, MuggleNet.com; Mimi Gladstein, English & Literature professor at University of Texas at El Paso, and author of the essay, *Feminism and Equal Opportunity: Hermione and the Women of Hogwarts*.

Issues Covered: Pop Culture, Literature, Child Development, Education, Feminism

Links: [MuggleNet](#)

[1 Wizarding World Resource Since 1999 \(@MuggleNet\) / Twitter](#)

[Mimi Gladstein - UTEP Faculty Profile](#)

[How Harry Potter changed the world - Vox](#)

[What we can learn from Hermione Granger, the smartest witch of her age](#)

CULTURE

CRASH: NOSTALGIA OF MUSIC IN SUPER BOWL HALFTIME SHOW **Time Duration**

Synopsis:	This year's Super Bowl halftime show featuring Eminem, Dr. Dre, Snoop Dogg and Mary J. Blige was an instant hit. It was a blast to the past and reinvigorated that the nostalgic music of our younger years will always hold a special place in our hearts.	24:26	2:00
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Host: Evan Rook

Issues Covered: Culture, Music, Sports

Program 22-10 **Writers & Producers: Amirah Zaveri & Evan Rook**

Air Week: **Production Manager:** Jason Dickey

3/6/22

SEGMENT 1: URBAN WILDLIFE: AN INFLUX OF NEW NEIGHBORS **Time** **Duration**

Synopsis: Countless different species of wildlife were driven out of cities centuries ago, but in recent decades have begun returning in greater numbers and adapting to the human-centric infrastructure. Two wildlife experts join us this week to highlight how we can both coexist in these settings. **1:47** **10:49**

Host: Gary Price

Guests: Dr. Peter Alagona, associate professor, environmental studies, University of California – Santa Barbara, author of *The Accidental Ecosystem: People and Wildlife in American Cities*; Dr. Stanley Gehrt, professor, wildlife ecology, The Ohio State University.

Issues Covered: Environment, Urban Development, Wildlife, Ecology, American History

Links: [The Accidental Ecosystem by Peter S. Alagona - Hardcover - University of California Press](#)

[DNA Shows At Least Three Large Black Bears Are Breaking Into Tahoe Homes, Not Just 'Hank the Tank' | Smart News | Smithsonian Magazine](#)

[Peter Alagona | Environmental Studies Program](#)

[Stanley D. Gehrt | SENR](#)

[Urban Coyote Research Project](#)

SEGMENT 2: THE PANG OF REGRET **Time** **Duration**

Synopsis: Regret is an all-too-common feeling that's simply part of life, but it's what we learn from our mistakes that matters. Writer Daniel Pink joins us this week to break down the intricacies of this emotion and share how people can avoid self-pity and constructively move forward. **14:36** **8:41**

Host: Marty Peterson

Guests: Daniel Pink, writer, author, *The Power of Regret: How Looking Backward Moves Us Forward*.

Issues Covered: Career, Mental Health, Emotional Wellness, Personal Growth and Development, Psychology, Communication

Links: [Regret | Psychology Today](#)

[The Power of Regret: How Looking Backward Moves Us Forward: Pink, Daniel H.: 9780735210653: Amazon.com: Books](#)

[Daniel Pink: Great Leaders Share Their Failures With Their Teams](#)

CULTURE

CRASH: NEVER GETTING TIRED OF THE FILM, "THE PRESTIGE" Time Duration

Synopsis: The Prestige was released in 2006 and features some of Hollywood’s biggest names, including Christian Bale, Hugh Jackman and Michael Caine. We discuss why it’s a remarkable movie that never gets old watch after watch. 24:17 2:09

Host: Evan Rook

Issues Covered: Culture, Film

Program 22-11 **Writers & Producers: Amirah Zaveri & Evan Rook**

Air Week: **Production Manager:** Jason Dickey

3/13/22

SEGMENT 1: A MORE SUPPORTIVE MENTAL HEALTH SYSTEM

Time Duration

Synopsis: The isolation of the pandemic has taken a big toll on young people as rates of depression, anxiety and other mental disorders have sharply risen in children and adolescents. What are the key areas that need to be fixed? Why is mental health just as important as physical health? We answer these questions and more this week on Viewpoints. **1:47 9:34**

Host: Gary Price

Guests: Dr. Thomas Insel, psychiatrist, neuroscientist, former head, National Institute of Mental Health (NIMH), author of *Healing: Our Path From Mental Illness to Mental Health*; Dr. Vaile Wright, psychologist, senior director, Health Care Innovation, American Psychological Association.

Issues Covered: Psychology, Innovation, Health Policy, Technology, Public Health, Mental Health, Insurance, Policy, Science

Links: [Learn more about mental health | NAMI: National Alliance on Mental Illness](#)

[SAMHSA's National Helpline](#)

[BetterHelp](#)

[What American Mental Health Care Is Missing - The Atlantic](#)

[Healing: Our Path from Mental Illness to Mental Health Hardcover](#)

SEGMENT 2: THE ECONOMIC SQUEEZE OF INFLATION

Time Duration

Synopsis: Between January 2021 and January 2022, prices across the board went up by 7.5%. What's next? Economics professor Dr. Christian Vom Lehn joins us to break down what's fueling these continued price hikes and how the invasion of Ukraine by Russia may make certain goods and services pricier. **13:22 9:56**

Host: Marty Peterson

Guests: Dr. Christian Vom Lehn, assistant professor, economics, Brigham Young University; Carrie Leonard, suburban Chicago resident.

Issues Covered: Inflation, Economics, Consumerism, Personal Finance, Labor, Manufacturing

Links: [Christian vom Lehn](#)

[Consumer prices up 7.5 percent over year ended January 2022](#)

[Federal Reserve Chair Pledges to Bring Inflation Under Control - The New York Times](#)

CULTURE

CRASH: GETTING BACK TO THE 90S

Time Duration

Synopsis: We travel back in time to the 1990's as author Chuck Klosterman joins Culture Crash to highlight the iconic culture, media and politics of this infamous decade. **24:18 2:10**

Host: Evan Rook

Issues Covered: Culture, History

Program 22-12 **Writers & Producers: Amirah Zaveri & Evan Rook**

Air Week: **Production Manager:** Jason Dickey

3/20/22

SEGMENT 1: THE EXPANDING LANDFILL IN SPACE

Time Duration

Synopsis: From weather forecasting to cellular coverage to global imaging, we heavily rely on space satellites in our day to day lives. We discuss the serious issue of human-created space debris and what’s being done to curb this problem before it reaches catastrophic levels. **1:47 8:43**

Host: Gary Price

Guests: Dr. Jonathon McDowell, astronomer, astrophysicist, Center for Astrophysics at Harvard and the Smithsonian; Dr. Moriba Jah, associate professor, aerospace engineering, engineering mechanics, University of Texas – Austin, co-founder, chief scientist, Privateer Space.

Issues Covered: Environment, Waste Management, Space Exploration, Science, Technology

Links: [Center for Astrophysics \(Harvard & Smithsonian\) - Jonathan McDowell](#)

[Jonathan McDowell \(@planet4589\) / Twitter](#)

[Moriba K. Jah](#)

[mission.privateer.com](#)

[ClearSpace](#)

SEGMENT 2: PAVING A NEW FUTURE FOR CLASSICAL MUSIC

Time Duration

Synopsis: Less than 2% of all classical musicians are African American. Two classical music experts join us this week to help us understand the barriers for entry into classical music and how those in the field are helping younger populations gain exposure and greater access to the genre. **12:33 10:57**

Host: Marty Peterson

Guests: Brendan Slocumb, professional violinist, music educator, author of *The Violin Conspiracy*; Afa S. Dworkin, president, artistic director, Sphinx.

Issues Covered: Education, Career, Arts, Diversity, Music, Social Equity, Nonprofit, Literature

Links: [Sphinx Organization](#)

[About Me — Brendan Slocumb](#)

[Classical Music Had A Race Problem 20 Years Ago. It Still Does | Cognoscenti](#)

CULTURE

CRASH: THE DARKER "BATMAN"

Time Duration

Synopsis: "The Batman" starring Robert Pattinson has dominated box office charts the last couple of weeks. We discuss if the new take on the classic franchise is worth the hype. **24:30 1:57**

Host: Evan Rook

Issues Covered: Culture, Film

Program 22-13 **Writers & Producers: Amirah Zaveri & Evan Rook**

Air Week: **Production Manager:** Jason Dickey

3/27/22

SEGMENT 1: CARING FOR AN AGING POPULATION

Time Duration

Synopsis: More than 54 million Americans ages 65 or older are living in the U.S. today. This accounts for almost 17 percent of the total population. This number is only set to rise over the next two decades as millions more baby boomers transition into this next phase of life. As this population further ages, many will require care. So often we talk about the healthcare system and the patients themselves, but what about the caregivers who provide these services? In many cases, this role falls on family members' shoulders, and for this group, it can be all too easy to quickly lose sight of personal health, wellness and relationships. We discuss the ups and downs of caregiving in a world that can feel isolating and hard to navigate.

1:47 9:33

Host: Gary Price

Guests: Dr. Santo D. Marabella, author, *Lessons of Caring: Inspiration and Support for Caregivers*; Erik Stoll, co-director, *America* (film).

Issues Covered: Senior Care, Aging, Healthcare, Relationships, Health

Links: [Family Caregiver Alliance](#)

[América – Documentary Film](#)

[AARP Resources for Caregivers and their Families](#)

[Caregiver Support | USAGov](#)

[Family Caregiver Alliance](#)

SEGMENT 2: WHEN THE GUILTY ARE MARKED AS INNOCENT

Time Duration

Synopsis: Why do we believe one person but believe another is lying? This week, author Sarah Weinman joins us as we discuss the story of one American man in the 1950's who was able to dupe millions and get released from prison.

13:22 9:58

Host: Marty Peterson

Sarah Weinman, writer, author, *Scoundrel: How a Convicted Murderer*

Guests: *Persuaded the Women Who Loved Him, the Conservative Establishment, and the Courts to Set Him Free.*

Issues Covered: Crime, History, Criminal Justice, Law, Psychology, Media

Links: [Edgar Smith, Killer Who Duped William F. Buckley, Dies at 83 - The New York Times](#)

[Scoundrel – HarperCollins](#)

[Crime - The New York Times](#)

CULTURE

CRASH: "HEAT WAVES": A SONG THAT SEEMS TO NEVER GO OUT OF STYLE **Time** **Duration**

Synopsis: The song, "Heat Waves" by the British indie pop rock band, Glass Animals continues to be a hit track almost two years after its release. We discuss its continued popularity and what else is worth a listen from Glass Animals. 24:20 2:07

Host: Evan Rook

Issues Covered: Culture, Music

WXDE-FM ALSO AIRED A PROGRAM IN THE PUBLIC INTEREST COVERING COMMUNITY HEALTH ISSUES. "RADIO HEALTH JOURNAL" AIRED SUNDAY OF EACH WEEK LISTED BELOW BETWEEN 730AM – 800AM. 1/1/22 – 3/31/22:

**Quarterly Report of Compliancy Issues & Programs List
2022-Q1 (January - March) Radio Health Journal**

- 911
- Agriculture
- Air Pollution
- Animal Health
- Auto/Traffic Safety
- Automated Vehicles
- Charitable Organizations
- Child Development
- Children & Youth at Risk

- Climate Change
- Clinical Research
- Consumerism
- Covid-19 Pandemic
- Criminal Justice System
- Depression
- Diamond Industry
- Diversity
- Eating Disorders
- Economic Sanctions
- Economics
- Education
- Emergency & First Responders
- Environment & Environmental Impact
- Ethics
- Family & Parenting
- Federal Government, Policy & Regulations
- Fitness Apps
- Fitness Industry
- Food, Diet & Nutrition
- Free Speech
- Global Politics
- Gun Legislation
- Gun Violence
- Hazardous Materials
- Health & Fitness
- Health & Wellness
- Health Care
- Human Rights
- Infectious Disease
- Invasive Species
- Jails & Prisons
- Kidney Disease
- Local Government
- Manufacturing & Industry
- Mass Shooting
- Mental Health
- Mental Illness
- Military & War
- National Security
- Natural Disasters
- Organ Donors & Transplants
- Organ Shortage Crisis
- Patient Safety
- Pets & People
- Physical Health
- Police & Law Enforcement
- Political Strategy
- Pollution
- Ponds & Lakes
- Pregnancy & Expecting Mothers
- Prevention
- Prosecution
- Public Health
- Public Safety
- Recycling
- Rehabilitation
- Research & Research Funding
- School Shooting
- Social Media
- Sociology
- Sports & Safety
- State Government
- Technology
- Vaccination
- Vulnerable Populations
- Waste Disposal & Landfills
- Xenotransplantation

Program 22-01	Executive Producer:	Reed Pence
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Air Week:
1/2/22

Production Manager: Jason Dickey

SEGMENT 1:	HOARDING DISORDER: MORE THAN JUST TOO MUCH JUNK	Time	Duration
Synopsis:	Hoarding disorder affects at least five percent of Americans, and despite TV programs showing its effects, it is still widely misunderstood. Experts discuss the danger hoarding poses to others, including neighbors, children, and first responders; why those with the disorder are so attached to things; and the right and wrong ways to address the problem.	1:50	12:20
Host & Producer:	Reed Pence		
Guests:	Dr. Carolyn Rodriguez, Associate Professor of Psychiatry and Behavioral Sciences, and Associate Dean for Academic Affairs, Stanford University School of Medicine; Elaine Birchall, social worker specializing in hoarding disorder and co-author of <i>Conquer the Clutter: Strategies to Identify, Manage and Overcome Hoarding</i>		
Compliance issues:	Children and Youth at Risk, Mental Health, First Responders, Family Issues, Public Safety		
Links:	Carolyn Rodriguez – Stanford University profile Birchall Consulting		

SEGMENT 2:	DEALING WITH LIFELONG DISEASE	Time	Duration
Synopsis:	Life-threatening, lifelong chronic diseases from infancy are at the top of the list of medical challenges. A woman who has dealt with cystic fibrosis her entire life discusses how mindset is often the biggest factor in living a full life with such a disease, and sets out her recipe for shoring up one’s approach. Developing a chronic disease in your 30s or 40s strikes a lot of people as unfair. The deck seems stacked against someone like that. But what happens when you're diagnosed with a lifelong chronic disease almost at birth? That's what happened to Mary Elizabeth Peters, a theater artist and patient advocate in Boston.	15:12	7:43
Host:	Nancy Benson		
Producer:	Bridget Killian		
Guests:	Mary Elizabeth Peters, author of <i>Don't Let Them Kill You: 10 Rules for Navigating Chronic Illness In the Age of Infinite Intervention</i>		
Compliance issues:	Mental Health, Consumerism, Health Care, Children and Youth at Risk, Public Health		
Links:	maryelizabethpeters.com		

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Program 22-02		Executive Producer:	Reed Pence
Air Week:	1/9/22	Production Manager:	Jason Dick
SEGMENT 1:	SEGMENT 1: CAN 911 RESPOND TO MENTAL HEALTH CRISES?	Time	Dura
Synopsis:	Up to 15% of calls to 911 involve people having a mental health breakdown, yet many call centers, especially in rural areas, have no one with any training on what to do or who to dispatch in those cases. Typically they send police, who may also have no training on how to handle mental health crises and may inflame the situation. Experts discuss why this happens and how communities can respond better.	1:50	12
Host & Producer:	Reed Pence		
Guests:	Dr. Adam Vaughan, Assistant Professor of Criminal Justice and Criminology at Texas State University; Tracy Velazquez, Manager, Public Safety Research, Pew Charitable Trusts		
Compliance issues:	Police, Criminal Justice System, Mental Illness, Emergency and First Responders, Economics, 911, Mental Health, Local Government, Public Safety, Jails and Prisons		
Links:	Dr. Adam David Vaughan – Texas State University Faculty Profile Dr. Vaughan on Twitter Tracy Velazquez, MS, MPA – Women’s Media Center		
SEGMENT 2:	CHILDREN'S "PSYCHOTIC-LIKE EXPERIENCES"	Time	Dura
Synopsis:	Children and young adolescents may experience perceptual distortions or strange thoughts, but if they become frequent and disruptive, they can be an early tip-off to serious future mental health distress. An expert discusses this new field of mental health research in adolescents.	15:07	7:
Host:	Nancy Benson		
Producer:	Polly Hansen		
Guests:	Dr. Nicole Karcher, Instructor, Department of Psychology, Washington University, St. Louis		
Compliance issues:	Education, Public Health, Mental Health, Children and Youth at Risk		
Links:	Nicole Karcher – Psychiatry		

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Program 22-03		Executive Producer:	Reed Pen
Air Week:		Production Manager:	Jason Dick
	1/16/22		
SEGMENT 1:	WEATHER DISASTER CLEANUP: COSTLY & INEFFICIENT, BUT NECESSARY	Time	Dura
Synopsis:	Severe life-threatening weather, such as the rare December tornadoes that tore through Kentucky and other states in December 2021, will likely become more frequent with climate change. Experts discuss the difficulties in cleaning up large scale disasters and how planning could improve the results cheaply.	1:50	12
Host & Producer:	Reed Pence		
Guests:	Dr. Sybil Derrible, Professor of Urban Engineering, University of Illinois at Chicago; Dr. Nazli Yesiller, Director, Global Waste Research Institute, California Polytechnic State University		
Compliance issues:	Waste Disposal and Landfills, Natural Disasters, Pollution, Hazardous Materials, Climate Change, Local and State Government, Environment, Recycling		
Links:	Sybil Derrible Director - Global Waste Research Institute - Cal Poly, San Luis Obispo		
SEGMENT 2:	THE LINK BETWEEN OBESITY AND CANCER	Time	Dura
Synopsis:	Studies are finding that obesity significantly increases a person's risk for a variety of cancers. However, not all forms of fat carry equal risk. An expert discusses who is more at risk and why.	14:55	7:
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Anthony Perre, Chief, Department of Outpatient Medicine, Cancer Treatment Centers of America		
Compliance issues:	Health Care, Public Health, Consumerism		
Links:	Anthony Perre, MD Internal Medicine Atlanta, Ga CTCA		

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Program 22-04		Executive Producer:	Reed Pence
Air Week:		Production Manager:	Jason Dick
	1/23/22		
SEGMENT 1:	THE SLEEPIEST WORKERS? YOUR LOCAL POLICE	Time	Duration
Synopsis:	Studies show that law enforcement is the most sleep deprived of all professions, with potentially damaging and even fatal consequences for decision-making and reaction time, as well as long-term health damage. Experts discuss the unique challenges in having a poorly rested police force and in fixing it.	1:50	12
Host & Producer:	Reed Pence		
Guests:	Dr. Jagdish Khubchandani, Professor of Health Science, Ball State University; Dr. John Violanti, Research Professor Of Epidemiology and Environmental Health, University at Buffalo		
Compliance issues:	Police and Law Enforcement, Local Government, Public Safety, Police, Public Health		
Links:	Dr. Jagdish Khubchandani New Mexico State University John Violanti: Faculty Expert on Police Stress - University at Buffalo		
SEGMENT 2:	PET FOOD: NOT AS SIMPLE AS MOST PEOPLE THINK	Time	Duration
Synopsis:	A growing number of pet owners are tempted to put their dog or cat on vegan, gluten-free or raw diets. An expert pet nutritionist and veterinarian discusses what pets should and shouldn't eat to be healthy.	15:46	6:
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Valerie Parker, Associate Professor of Veterinary Clinical Sciences, The Ohio State University Veterinary Medical Center		
Compliance issues:	Diet and Nutrition, Pets and People, Food and Nutrition		
Links:	Valerie Parker College of Veterinary Medicine		

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Program 22-05		Executive Producer:	Reed Pence
Air Week:		Production Manager:	Jason Dick
	1/30/22		
SEGMENT 1:	KIDS WHO'VE LOST PARENTS TO COVID	Time	Dura
Synopsis:	New estimates show that more than 167,000 children under 18 (a number growing rapidly) have lost a parent or major caregiver to Covid-19. Psychologists say deaths under such circumstances are also much more difficult for survivors to adjust to and will have a major impact on the US. Experts discuss how these “forgotten griever” are coping and what actions might help ease the impact on them and to the nation.	1:50	11
Host & Producer:	Reed Pence		
Guests:	John Bridgeland, co-founder and CEO, Covid Collaborative; Dr. Dan Treglia, Associate Professor of Practice, University of Pennsylvania School of Social Policy and Practice		
Compliance issues:	Charitable Organizations, Health Care, Diversity, Federal Government, Children and Youth at Risk, Federal Government and Policy, Education, Family and Parenting, Economics		
Links:	Dan Treglia, PhD, MPP - School of Social Policy & Practice Our Staff Civic		
SEGMENT 2:	HOW WARFARE DESTROYS HEALTHCARE	Time	Dura
Synopsis:	According to the Geneva Convention and other agreements, health facilities and workers are supposed to be protected from the violence of war. However, they’re targeted much more often than most people know. A noted expert in the field discusses how this violence happens, its consequences, and how international organizations may be able to turn this trend around.	14:15	8:
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Leonard Rubenstein, Professor of the Practice, Johns Hopkins Bloomberg School of Public Health and author of <i>Perilous Medicine: The Struggle to Protect Health Care From the Violence of War</i>		
Compliance issues:	Charitable Organizations, Military and War, Health Care		
Links:	Perilous Medicine Leonard Rubenstein, JD, LLM - Johns Hopkins Berman Institute of Bioethics		

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Program 22-06		Executive Producer:	Reed Pen
Air Week:		Production Manager:	Jason Dic
	2/6/22		
SEGMENT 1:	PUNISHING COVID-LYING DOCTORS	Time	Dura
Synopsis:	There's a growing number of complaints to state medical boards regarding doctors lying about Covid-19 and vaccines. The doctors spreading misinformation are not always reprimanded by state medical boards and are allowed to continue voicing the misinformation. They cite freedom of speech as a defense, but other doctors say licensed professionals have an obligation to the truth. Experts explain the controversy.	1:50	13
Host & Producer:	Reed Pence		
Guests:	Dr. Brian Castrucci, President and CEO, De Beaumont Foundation; Dr. Humayun Chaudhry, President and CEO, Federation of State Medical Boards		
Compliance issues:	Charitable Organizations, Children and Youth at Risk, Education, Public Health, Free Speech, Health Care, Federal Government and Policy		
Links:	Brian C. Castrucci - de Beaumont Foundation Humayun J. Chaudhry DO, MACP, President and Chief Executive Officer Federation of State Medical Boards		
SEGMENT 2:	NEEDLE PHOBIA	Time	Dura
Synopsis:	Some people who have not yet gotten the Covid vaccine are simply afraid of the needle. Bad childhood experience can keep people from receiving necessary medical treatments. A needle-phobic and a physician explain how parents should discuss injections with their children from a young age.	16:08	6:
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Gary LeRoy, family physician and former president of the American Academy of Family Physicians; Laura Munoz, needle phobic		
Compliance issues:	Public Health, Mental Health, Consumerism, Health Care, Children and Youth at Risk, Family and Parenting		
Links:	Gary LeRoy, M.D. - Community Health Centers of Greater Dayton profile		

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Program 22-07		Executive Producer:	Reed Pence
Air Week:	2/13/22	Production Manager:	Jason Dick
SEGMENT 1:	CLIMATE CHANGE & NATIONAL SECURITY	Time	Dura
Synopsis:	The future of climate change impacts a lot more than our crops. Natural disasters and mass migrations of people threaten the health and safety of populations and governments around the world. Experts discuss how climate change creates economic, sociological, political, and military issues.	1:51	13
Host & Producer:	Reed Pence		
Guests:	Sherrri Goodman, Senior Strategist, Center for Climate and Security and former First Deputy Undersecretary of Defense for Environmental Security; Dr. Teevrat Garg, Assistant Professor of Economics, School of Global Policy and Strategy, University of California, San Diego		
Compliance issues:	Children and Youth at Risk, Political Strategy, Public Health, Sociology, Economics, National Security, Federal Government and Policy, Military, Climate Change		
Links:	Sherrri Goodman Teevrat Garg		
SEGMENT 2:	THE VEGAN FUTURE	Time	Dura
Synopsis:	Some experts believe that the future of food is vegan. With the increasing effects of global warming, changes to farms are inevitable. Experts talk about why eating animals is inefficient, and why our planet won't be able to support it in the future.	16:19	6:
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Roanne van Voorst, President, Dutch Futures Society and author of <i>Once Upon A Time We Ate Animals</i>		
Compliance issues:	Agriculture, Climate Change, Children and Youth at Risk, Public Health, Health and Wellness, Consumerism, Environmental Impact		
Links:	Roanne van Voorst Once Upon a Time We Ate Animals: The Future of Food Hardcover Shifting Diets for a Sustainable Food Future World Resources Institute		

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Program 22-08		Executive Producer:	Amirah Zav
Air Week:	2/20/22	Production Manager:	Jason Dick
SEGMENT 1:	CHILD DEVELOPMENT IN PANDEMIC	Time	Dura
Synopsis:	New research suggests the pandemic negatively affects child development. Many children born after the start of the pandemic score lower in child development than children born before. Researchers explain possible theories for these children’s slower development scores.	1:50	12
Host:	Reed Pence		
Producer:	Kristen Farrah		
Guests:	Dr. Rebecca Jackson, Vice President of Programs and Outcomes for Brain Balance, Board Certified Cognitive Specialist; Dr. Morgan Firestein, Postdoctoral Research Fellow, Department of Psychology at Columbia University Medical Center; Kasey Baiter, mother		
Compliance issues:	Public Health, Pregnancy and Expecting Mothers, Health Care, Family and Parenting, Charitable Organizations, Children and Youth at Risk, Education, Child Development		
Links:	Morgan Firestein Department of Psychology About Dr. Rebecca Jackson Brain Balance Achievement Centers		
SEGMENT 2:	SEASONAL AFFECTIVE DISORDER	Time	Dura
Synopsis:	Seasonal Affective Disorder can occur any time of year but is most prevalent during the winter months. SAD can develop into non-seasonal major depression if left untreated. An expert gives advice on how to combat SAD and reduce the risk of getting it next year.	14:59	8:
Host:	Nancy Benson		
Producer:	Kristen Farrah		
Guests:	Dr. Elias Shaya, Regional Medical Director for Behavioral Health Services, MedStar Health Kaelyn Adams, suffers with Seasonal Affective Disorder, Owner, Barre Evolution Fitness		
Compliance issues:	Public Health, Mental Health, Depression, Consumerism, Physical Health, Health Care, Health and Fitness, Children and Youth at Risk		
Links:	Implementing prevention of seasonal affective disorder from patients' and physicians' perspectives BMC Psychiatry		

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Elias K. Shaya, MD | Psychiatry | MedStar Health

Barre Evolution Fitness

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Program 22-09		Executive Producer:	Amirah Zav
Air Week:	2/27/22	Production Manager:	Jason Dick
SEGMENT 1:	WHY OMICRON COULD END THE PANDEMIC	Time	Dura
Synopsis:	Although the Omicron variant accounts for 99% of Covid cases in the U.S., it's far less lethal. Experts say this is the perfect combination that could bring us back to normalcy. It's likely that life with Covid will start to resemble how we handle the flu.	1:50	13
Host:	Reed Pence		
Producer:	Kristen Farrah		
Guests:	Dr. William Schaffner, Professor of Infectious Diseases and Preventative Medicine, Vanderbilt University Medical School; Dr. Iahn Gonsenhausner, Chief Quality and Patient Safety Officer, Ohio State University Wexner Medical Center		
Compliance issues:	Covid-19 Pandemic, Children and Youth at Risk, Public Health, Infectious Disease, Consumerism, Vaccination, Patient Safety, Prevention		
Links:	William Schaffner, MD Department of Health Policy William Schaffner, M.D. - vanderbilt.edu Iahn Gonsenhausner The Ohio State University Wexner Medical Center Dr Iahn Gonsenhausner (@DrGTheMD) / Twitter		
SEGMENT 2:	HOW LATER SCHOOL START TIMES AFFECT PARENTS AND STUDENTS	Time	Dura
Synopsis:	Sleep deprivation affects about three out of four teenagers in America. Inadequate sleep has been linked to depression, anxiety, weight gain, and worsened heart functioning. An expert shows through a case study how implementing later school start times allows students and parents to get more sleep.	16:47	6:
Host:	Nancy Benson		
Producer:	Kristen Farrah		
Guests:	Dr. Lisa Meltzer, Pediatric Psychologist, National Jewish Health		
Compliance issues:	Family Issues, Prevention, Children and Youth at Risk, Public Health, Mental Health, Physical Health, Schools and Education		
Links:	Lisa J. Meltzer, PhD Amazon.com: Lisa J. Meltzer: Books, Biography, Blog, Audiobooks, Kindle		

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

[Impact of changing school start times on parent sleep - ScienceDirect](#)

Program 22-10		Executive Producer:	Amirah Zay
Air Week:	3/6/22	Production Manager:	Jason Dick
SEGMENT 1:	PIG ORGANS COULD SOLVE THE ORGAN SHORTAGE CRISIS	Time	Dura
Synopsis:	Thousands of people die each year due to the organ shortage crisis. Recently, doctors successfully transplanted pig kidneys into a brain-dead human for the first time in history. An expert discusses how pigs could be the future of human organ transplants.	1:50	13
Host:	Reed Pence		
Producer:	Kristen Farrah		
Guests:	Dr. Jayme Locke, Abdominal Transplant Surgeon and Director of the Comprehensive Transplant Institute, University of Alabama at Birmingham		
Compliance issues:	Organ Transplants, Organ Donors, Vulnerable populations, Kidney Disease, Patient Safety, Xenotransplantation, Public Health, Ethics, Organ Shortage Crisis, Consumerism		
Links:	Jayme Locke - UAB Professor Dr. Jayme Locke, MD, MPH - UAB Medicine - Kidney Transplant Surgery UAB TEAM (@UAB_TEAM) on Twitter UAB announces first clinical-grade transplant of gene-edited pig kidneys into brain-dead human - UAB News		
SEGMENT 2:	CAN WE TRUST COMPUTERS TO DRIVE OUR CARS?	Time	Dura
Synopsis:	Self-driving cars seem to be our future, but how safe are they? Researchers have identified 32 major impacts automated cars could have on public health, and 17 of them are negative. Experts discuss what a possible future of self-driving cars will look like.	15:56	7:
Host:	Nancy Benson		
Producer:	Kristen Farrah		
Guests:	Dr. Soheil Sohrabi, Post-Doctoral Researcher, Texas A&M Transportation Institute; Dr. Dominique Lord, Professor of Civil and Environmental Engineering, Texas A&M		
Compliance issues:	Automated Vehicles, Public Health, Physical Health, Traffic Safety, Air Pollution, Auto Safety, Public Safety		
Links:	Soheil Sohrabi - personal website Soheil Sohrabi on Twitter (@sohrabisoheil)		

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

[Soheil Sohrabi, Ph.D. - Texas A&M Transportation Institute resume](#)

[Dominique Lord - Texas A&M Engineering biography](#)

[Soheil Sohrabi's Google Scholar page](#)

[Dominique Lord's Google Scholar page](#)

Program 22-11		Executive Producer:	Amirah Zav
Air Week:		Production Manager:	Jason Dic
	3/13/22		
SEGMENT 1:	HOW FITNESS APPS CONTRIBUTE TO EATING DISORDERS	Time	Dura
Synopsis:	Fitness apps can be helpful, but for some people, obsessive meal tracking helped them develop an eating disorder. Experts talk about the slippery slope of the fitness industry and discuss proper recovery methods.	1:50	12
Host:	Reed Pence		
Producer:	Kristin Farrah		
Guests:	Dr. Kimberly O'Brien, Licensed Independent Clinical Social Worker, Boston Children's Hospital Female Athlete Program, Assistant Professor, Harvard Medical School; Dr. Miriam Rowan, Clinical Psychologist, Boston Children's Hospital Female Athlete Program, Instructor in Psychology, Harvard Medical School; Julia Maple, Fitness Influencer		
Compliance issues:	Mental Health, Social Media, Consumerism, Rehabilitation, Sports and Safety, Patient Safety, Fitness Industry, Diet and Nutrition, Fitness Apps, Public Health, Technology, Eating Disorders		
Links:	Kimberly O'Brien, PhD, LICSW Researcher Boston Children's Hospital Kimberly O'Brien (@khmobrien) on Twitter About Dr. Rowan Miriam Rowan, PsyD Boston Children's Hospital @drmiriamrowan Instagram photos and videos Watch juliam_fit's Newest TikTok Videos @juliam_fit on Instagram		
SEGMENT 2:	WHY YOU SHOULD FLUSH YOUR GOLDFISH DOWN THE TOILET	Time	Dura
Synopsis:	Spring is a popular time for fish owners to get rid of their goldfish. Most people think that letting them loose in a pond is the best option, but you may want to rethink that. Experts discuss why goldfish should be flushed down the toilet instead of thrown into a neighborhood pond.	15:04	7:

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Host: Nancy Benson

Producer: Kristin Farrah

Guests: Randy Anhorn, District Administrator for the Nine Mile Creek Watershed District, Minnesota; Jordan Wein, Environmental Scientist, WSB; Julie, former goldfish owner

Compliance issues: Environment, Consumerism, Ponds and Lakes, Invasive Species, Animal Health, Ethics

Links: [Our Staff - Nine Mile Creek Watershed District](#)

[Randy Anhorn on LinkedIn](#)

[Jordan Wein on LinkedIn](#)

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Program 22-12		Executive Producer:	Amirah Zav
Air Week:	3/20/22	Production Manager:	Jason Dick
SEGMENT 1:	A LOOK AT THE BLOOD DIAMONDS HELPING FUND RUSSIA'S INVASION OF UKRAINE	Time	Dura
Synopsis:	Russia produces one-third of the world's rough diamonds. The Russian government owns 33% of Alrosa, a Russian company that owns 90% of Russia's diamonds. An expert discusses how a global embargo of Russian diamonds would send a strong economic message to its leaders.	1:50	11
Host:	Reed Pence		
Producer:	Kristin Farrah		
Guests:	Ian Smillie, Conflict Diamonds Expert, International Development Consultant, and author		
Compliance issues:	Political Strategy, Manufacturing and Industry, Human Rights, Federal Government and Regulation, Global Politics, Children and Youth at Risk, Economic Sanction, Consumerism, Diamond Industry		
Links:	Ian Smillie OpenGlobalRights Ian Smillie books and biography Waterstones Kimberley Process		
SEGMENT 2:	WHY ASPD IS STILL A MYSTERY: THE DISORDER FORMERLY KNOWN AS SOCIOPATHY	Time	Dura
Synopsis:	Antisocial personality disorder (ASPD) is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research.	13:56	9:
Host:	Nancy Benson		
Producer:	Kristin Farrah		
Guests:	Dr. Donald W. Black, Associate Chief of Staff for Mental Health, Iowa City Veterans Hospital, Professor Emeritus of Psychiatry, University of Iowa, and author; Sarah Morris, Director of Adult Psychopathology and Psychosocial Treatment Development Research, National Institute of Mental Health (NIMH)		
Compliance issues:	Public Health, Clinical Research, Mental Health, Research, Public Safety, Children and Youth at Risk, Mental Illness, Research Funding		
Links:	Donald W. Black, MD CP/AACP Psychiatry Update Global Academy for Medical Education Amazon.com: Donald W. Black: Books, Biography, Blog, Audiobooks, Kindle		

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[Donald W. Black - Wikipedia](#)

[NIMH » Adult Psychopathology and Psychosocial Interventions Research Branch](#)

FOREVER MEDIA QUARTERLY ISSUES/ PROGRAMS LIST

Program 22-13		Executive Producer:	Amirah Zav
Air Week:		Production Manager:	Jason Dick
	3/27/22		
SEGMENT 1:	WHO'S RESPONSIBLE FOR A MASS SHOOTING?	Time	Dura
Synopsis:	Even as many students switched to virtual learning, school shootings didn't stop. One recent school shooter used his parents' gun, and now they are facing charges for their role in the incident. Experts discuss how the accountability of mass shootings doesn't always just fall on the shooter.	1:50	12
Host:	Reed Pence		
Producer:	Kristin Farrah		
Guests:	Shavaun Scott, psychotherapist, author; Dr. Joyce White Vance, Professor, University of Alabama School of Law, Former U.S. Attorney, Northern District of Alabama		
Compliance issues:	Ethics, Gun Legislation, Mass Shooting, Gun Violence, Criminal Justice System, Children & Youth at Risk, Prosecution, Prevention, Public Safety		
Links:	Joyce Vance University of Alabama School of Law Joyce Alene (@JoyceWhiteVance) / Twitter #SistersInLaw P. Shavaun Scott Shavaun Scott (@shavaunscott) / Twitter P. Shavaun Scott - Home Facebook		
SEGMENT 2:	THE PROBLEM WITH A NEW ROAD PHENOMENON CALLED 'SUPER SPEEDING'	Time	Dura
Synopsis:	Less congested roads during the pandemic gave room for drivers to increase their speed, creating a whole new type of driving called 'super speeding'. The issue is that there's also been the largest number of car crash deaths since 2006. Experts talk about the dangers of speeding and how we can slow drivers down.	15:10	7:
Host:	Nancy Benson		
Producer:	Kristin Farrah		
Guests:	Dr. Nichole Morris, Director, Human-First Research Lab, University of Minnesota; Dr. Colleen Peterson, Assistant Research Scientist, University of Michigan Transportation Research Institute		
Compliance issues:	Public Safety, Speeding, Consumerism, Auto Safety and Highways, Prevention, Road Design, Public Health, Car Crash, Traffic Safety		

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