

**WBTZ RADIO STATION**  
**QUARTERLY ISSUE/PROGRAM LIST**  
**OCTOBER 1, 2018 THROUGH DECEMBER 31, 2018**

AGING

ANIMAL WELFARE

EDUCATION/SAFETY

ENVIRONMENT

FUND RAISING/VOLUNTEERISM

HEALTH

The following pages list the programs aired on the BUZZ/WBTZ during the fourth quarter of 2018. The 15 minute programs, *In Touch, Health Source and Aging Matters*, address a variety of issues in our listening area. They ran for a half hour on Sundays from 6:30am to 7am.

DECEMBER 31, 2018  
GINNY McGEHEE  
WBTZ RADIO  
HALL COMMUNICATIONS

## ***AGING***

**PROGRAM:** Aging Matters

**DATE:** 10/7/18

**GUEST:** Rachel Brown, the new Program Coordinator for the Senior Council of Northern New York

**DESCRIPTION:** a discussion about activities and charitable programs for and by seniors coming up in the coming months

**HOST:** Maria Alexander, SCNNY

**PROGRAM:** Aging Matters

**DATE:** 10/21/18

**GUEST:** Kathy Snow, United Way of the Adirondack Region

**DESCRIPTION:** a discussion about the volunteer positions available for qualified seniors in the region with a focus on helping other senior with taxes and computers

**HOST:** Maria Alexander, SCNNY

**PROGRAM:** Aging Matters

**DATE:** 11/2/18

**GUESTS:** Crystal Carter and Patty Coleen of the Six Over 70 Program

**DESCRIPTION:** a discussion about the six outstanding seniors in the North Country region, who continue to make extraordinary contributions to the community

**HOST:** Maria Alexander, SCNNY

**PROGRAM:** Aging Matters

**DATE:** 11/16/18

**GUESTS:** Community Navigators Jennifer Cross and Barbara Marking

**DESCRIPTION:** a discussion about senior guides for connectivity to healthcare, coverage, social support and education

**HOST:** Maria Alexander, SCNNY

**PROGRAM:** Aging Matters

**DATE:** 12/2/18

**GUEST:** Crystal Carter, director of the Clinton County Office of the Aging

**DESCRIPTION:** a discussion about the recent public hearing and panel discussion on creating “livable communities” for seniors and all residents of the North Country

**HOST:** Maria Alexander, SCNNY

**PROGRAM:** Aging Matters

**DATE:** 12/16/18

**GUEST:** Amy Krutzer, director of the North Country Association for the Visually Impaired

**DESCRIPTION:** a discussion about the work NCAVI does for the blind and visually impaired in a large area of Northern New York keeping them sage and independent

**HOST:** Maria Alexander, SCNNY

**PROGRAM:** Aging Matters

**DATE:** 12/30/18

**GUEST:** Theresa Herrs of Medicare

**DESCRIPTION:** a discussion about the new Medicare cards being more secure and used to access the system in 2019 for Medicare beneficiaries

**HOST:** Maria Alexander, SCNNY

### *ANIMAL RESCUE*

**PROGRAM:** In Touch

**DATE:** 10/14/18

**GUEST:** Ginny Iverson, founder and director of After the Track

**DESCRIPTION:** a discussion of the program in Hinesburg that saves racehorses no longer in the game who need lots of help before being adoptable and its merging with Veterans with similar issues

**HOST:** Ginny McGehee

**PROGRAM:** In Touch

**DATE:** 11/11/18

**GUESTS:** Matt Cohen, board member of All Breed Rescue in Williston and owner of Pinnacle Properties and co-worker Bob Noble

**DESCRIPTION:** a discussion about the all breed dog rescue, the care and adoption of these dogs, the need for donations and volunteers and their upcoming Christmas tree sale

**HOST:** Ginny McGehee

### *EDUCATION/SAFETY*

**PROGRAM:** Health Source

**DATE:** 10/28/18

**GUEST:** Rich Wycoff

**DESCRIPTION:** a discussion about phishing and social engineering and some ways consumers and corporations can protect their personal data

**HOST:** Lauren Yandow, UVMMC

**PROGRAM:** In Touch

**DATE:** 12/9/18

**GUEST:** Betsy Rosenbluth, program director of Vermont Farm to School

**DESCRIPTION:** a discussion about growing and raising food at farms and schools with Vermont students and their families and having good meals in our schools

**HOST:** Ginny McGehee

**PROGRAM:** In Touch

**DATE:** 12/23/18

**GUEST:** Scott Giles, president of VSAC (Vermont Student Assistance Corporation)

**DESCRIPTION:** a discussion about VSAC and its work to help young and old afford education and training beyond high school through loans, scholarships and its guidance in high schools

**HOST:** Ginny McGehee

### ***ENVIRONMENT***

**PROGRAM:** In Touch

**DATE:** 10/28/18

**GUEST:** Tom Longstreth, director of Resource

**DESCRIPTION:** a discussion about the various programs to reuse appliances, furniture and other household items, its work training program and upcoming changes

**HOST:** Ginny McGehee

### ***FUNDRAISING/VOLUNTEERISM***

**PROGRAM:** In Touch

**DATE:** 11/25/18

**GUEST:** Jesse Bridges, CEO of the United Way of Northwest Vermont

**DESCRIPTION:** a discussion about the many programs of the United Way, its dependence on volunteers and donations to continue its work for seniors, children and others and its efforts to meet the needs of the area

**HOST:** Ginny McGehee

### ***HEALTH***

**PROGRAM:** Health Source

**DATE:** 10/7/18

**GUEST:** Andrew Solomon, M.D.

**DESCRIPTION:** a discussion about new research being conducted at UVMMC to identify Multiple Sclerosis sooner through machine learning and technology

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 10/14/18

**GUEST:** Pediatric Infectious Disease Physician Benjamin Lee

**DESCRIPTION:** a discussion about the flu, symptoms, prevention and how to discern the flu from a cold

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 10/21/18

**GUESTS:** Karen Lounsbury, PhD, professor of Pharmacology and Peter Jackson, M.D., Pediatric Psychiatrist, both of Larner College of Medicine

**DESCRIPTION:** a discussion about cannabis, how it affects the body and brain and how to talk to patients about it

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 11/4/18

**GUEST:** Debra Leonard, M.D., PhD.

**DESCRIPTION:** a discussion about the importance and the future of genetic testing and the implications on population health

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 11/11/18

**GUEST:** Matthew Gilbert, Endocrinologist

**DESCRIPTION:** a discussion about Type 1 and Type 2 diabetes and the Beta Cell causing Type 1 and the more complex causes and treatments of Type 2

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 11/18/18

**GUEST:** Andrea Villanti, PhD, MPH

**DESCRIPTION:** a discussion about the dangers of smoking and how it is related to lung cancer

**HOST:** Gina Brittain, UVMMC

**PROGRAM:** Health Source

**DATE:** 11/25/18

**GUEST:** Gayle Finkelstein, UVMMC

**DESCRIPTION:** a discussion about the dangers of e-cigarettes, usage among teens and resources available to learn more

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 12/2/18

**GUEST:** Joe Ravera, M.D. and director of Pediatric Emergency Medicine at UVMMC

**DESCRIPTION:** a discussion about the new pediatric ER at UVMMC and how to keep kids safe during the winter

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source  
**DATE:** 12/9/18  
**GUEST:** Benjamin Lee, M.D.  
**DESCRIPTION:** a repeat of the 10/14/18 program  
**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source  
**DATE:** 12/16/18  
**GUESTS:** Bridget Shea, R.D. and Emily Clairmont, R.D.  
**DESCRIPTION:** a discussion about why people are Vitamin D insufficient, who it affects and how to get more especially in the winter  
**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source  
**DATE:** 12/23/18  
**GUEST:** Jenifer Dundee, M.D.  
**DESCRIPTION:** a discussion about PCOS, how it is diagnosed, how it affects fertility and how it is treated  
**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source  
**DATE:** 12/30/18  
**GUESTS:** Sarah Yandow and Corey Cenate of the Employee Wellness Program at UVMMC  
**DESCRIPTION:** a discussion about New Year's Resolutions, whether they are worth it and how to achieve them  
**HOST:** Alex Tursi, UVMMC