WBTZ RADIO STATION

QUARTERLY ISSUE/PROGRAM LIST

JULY 1, 2018 THROUGH SEPTEMBER 30, 2018

AGING

ECONOMY/BUSINESS TRENDS

EDUCATION/SAFETY

ENVIRONMENT

FUND RAISING/VOLUNTEERISM

HEALTH

SEPTEMBER 30, 2018 GINNY McGEHEE WBTZ RADIO HALL COMMUNICATIONS

WBTZ QUARTERLY REPORT JULY 1, 2018 – SEPTEMBER 30, 2018

The following pages list the programs aired on WBTZ (the BUZZ) during the Third Quarter of 2018. The programs, *In Touch, North Country Commerce, Health Source* and *Aging Matters* or *Self Talk Radio*, address a variety of issues of concern in our listening area. These programs are fifteen minutes in length and run for an hour on Sundays on WBTZ (the BUZZ) at 7am. WBTZ's public affairs programming was changed to a half hour airing at 6:30am starting in late July.

Ginny McGehee September 30, 2018

AGING

PROGRAM: Aging Matters

DATE: 7/8/18

GUESTS: Jennifer Cross and Barbara Marking of the Community Navigators program **DESCRITION:** a discussion about the program to help seniors connect with available

benefits and a new grant to help fund the program

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 7/15/18

GUESTS: Julie and Arianna Olsen

DESCRITION: a discussion about upcoming Alzheimer's Walk in Plattsburgh and the sisters as spokes people for the walk and their work in the memory of their mother

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 8/12/18

GUEST: Justin Kline, the new executive director of the Plattsburgh YMCA

DESCRITION: a discussion about the new and exciting "Y" programs for seniors in

Clinton and Essex Counties

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 8/26/18

GUEST: Crystal Carter of the Clinton County Agency on Aging

DESCRITION: a discussion about creating Livable Communities for Seniors and

agency programs

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 9/918

GUESTS: Julie and Arianna Olsen

DESCRITION: a repeat of the July 15th program

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 9/23/18

GUEST: Amy Krutzer, executive director of NCAVI, the North Country Association for

the Visually Impaired

DESCRITION: a discussion about the work NCAVI does throughout the vast North

Country to help visually impaired seniors live independently

HOST: Maria Alexander, SCCCC

ECONOMY

PROGRAM: In Touch

DATE: 7/1/18

GUEST: Todd Sumner, Senior Project Manager with the Vermont Agency of

Transportation

DESCRITION: a discussion about the new bridge being built between Grand Isle and

North Hero, the need for it and timeline

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 7/8/18

GUEST: John Abry, realtor with ReMax in Colchester

DESCRITION: a discussion about the Heroes Home Advantage Program offering all people in uniform, military, responders, health professionals a waving of closing fees on

real estate sales and purchases

HOST: Ginny McGehee

PROGRAM: North Country Commerce

DATE: 7/8/18

GUEST: Steve Schleupner, financial planner

DESCRITION: a discussion about his personal coaching with people on how to succeed

in life

HOST: Tom Torti, LCRCC

PROGRAM: North Country Commerce

DATE: 7/29/18

GUEST: Erin Bombard, Young Professional Program in Burlington

DESCRITION: a discussion about encouraging and mentoring young professionals, develop relationships and how to get young people in to engaging and gving bck to the

community

HOST: Tom Torti, LCRCC

PROGRAM: In Touch

DATE: 8/5/18

GUEST: Chris Barbieri of the Vermont Automobile Enthusiasts

DESCRITION: a discussion about this summer's Antique and Classic Car Meet, its new location in Waterbury, vehicles dating back to the early 1900s and its impact and draw

HOST: Ginny McGehee

EDUCATION/SAFETY

PROGRAM: North Country Commerce

DATE: 7/1/18

GUEST: Rick Norcross, musician and historian

DESCRITION: a discussion about country and western and folk music in Vermont

HOST: Tom Torti, LCRCC

PROGRAM: Health Source

DATE: 7/8/18

GUEST: Dr. Daniel Weinstein

DESCRITION: a discussion on summer safety in the woods and on the water and

protecting ourselves from the sun, UVa and UVb light

HOST: Annie Mackin, UVMMC

PROGRAM: In Touch

DATE: 7/22/18

GUESTS: Ruth Wallman, Lauren Passano and Dean Lenard of Vermont Shakespeare

Festival

DESCRITION: a discussion about VSF, its year around work and this summer's

production of "Taming of the Shrew"

HOST: Ginny McGehee

FUNDRAISING/VOLUNTEERISM

PROGRAM: In Touch

DATE: 8/19/18

GUEST: Jane Mitchell of the Vermont Chapter of the Alzheimer's Association

DESCRITION: a discussion of the work being done on research and programs offered for people with the disease and dementia in Vermont and the fundraising walks in

September

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 9/2/18

GUEST: JUMP director Wanda Hines

DESCRITION: a discussion about JUMP (Joint Urban Ministry Project), its work in helping those in need in Chittenden County with help from individuals, businesses and

churches and its annual walk on September 22nd

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 9/16/18

GUEST: Stephanie Couturier, Chief Development Officer for the New

Hampshire/Vermont Red Cross

DESCRITION: a discussion about Hurricane Florence in the Carolinas, the need and role of volunteers year around and deployed to disasters and the need for donations of

money and blood

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 9/30/18

GUESTS: Lay Leaders Carole Rice and Linda Howe of the Winooski United Methodist

Church

DESCRITION: a discussion about the church's long history, its role past and present in

helping others in the community and its 100th celebration in coming weeks

HOST: Ginny McGehee

HEALTH

PROGRAM: Health Source

DATE: 7/1/18

GUESTS: Fulmer Duckworth and Karly Haig

DESCRITION: a discussion about Elder Care at CVPH and the hospital's role as a niche

for patients 65 and older

HOST: Chris Blake, UVMMC

PROGRAM: Health Source

DATE: 7/15/18

GUEST: Bridget Shea, R.D.

DESCRITION: a discussion about the Ketogenic or high fat diet and whether is another

passing fad

HOST: Alex Terci, UVMMC

PROGRAM: Health Source

DATE: 7/29/18

GUEST: Dr. Matthew Aliff

DESCRITION: a discussion about varicose veins, how they can be treated and their

health consequences

HOST: Gina Bittain, UVMMC

PROGRAM: Health Source

DATE: 8/5/18

GUESTS: Nicole Hocko and Timothy Bissonette

DESCRITION: a discussion about concussions, the many different forms and symptoms

and how to treat them and recover safely

HOST: Annie Mackin, UVMMC

PROGRAM: Health Source

DATE: 8/12/18

GUEST: Jennifer Leavy

DESCRITION: a discussion about using PT as an alternate to opioid use for pain and

patient function over the long term **HOST:** Annie Mackin, UVMMC

PROGRAM: Health Source

DATE: 8/19/18

GUEST: Bridget Shea

DESCRITION: a discussion about Celiac disease, its effect on 1% of the American

population and how they can live a better life and the ill-effect of gluten

HOST: Alex Terci, UVMMC

PROGRAM: Health Source

DATE: 8/26/18

GUEST: Dr, Michelle Shepard

DESCRITION: a discussion about health of people who have a positive childhood experience and those with negative experiences and what the community can do

HOST: Alex Terci, UVMMC

PROGRAM: Health Source

DATE: 9/2/18

GUEST: Ross Colgate

DESCRITION: a discussion about the Vaccine Testing Center at UVM and the ground-

breaking work done on behalf of the world to fight infectious disease

HOST: Alex Terci, UVMMC

PROGRAM: Health Source

DATE: 9/9/18

GUEST: pediatrician Elliot Nelson

DESCRITION: a discussion about suicide, the increase in numbers over the past 10 years, and the Vermont Department of Mental Health and the Suicide Prevention

Coalition

HOST: Alex Terci, UVMMC

PROGRAM: Health Source

DATE: 9/16/18

GUESTS: Bridget Shea and Audrey Moore

DESCRITION: a discussion about the psychology of eating, how brain chemistry affects

how we eat and what we eat affects brain chemistry

HOST: Alex Terci, UVMMC

PROGRAM: Health Source

DATE: 9/23/18

GUEST: Robert Davis

DESCRITION: a discussion about acupuncture, its effectiveness in treating pain and as

a alternative to opioids

HOST: Alex Terci, UVMMC

PROGRAM: Health Source

DATE: 9/30/18

GUESTS: Emily Charemont and Leah Prior

DESCRITION: a discussion about how what you eat can influence chronic pain and

inflammation and how to choose the right foods

HOST: Gerianne Higgins, UVMMC