

**List of significant programming
KPHW-FM, Honolulu, HI**

For the quarter beginning October 1, 2023 – December 31, 2023

All public affairs programming discussed in this report aired Sunday on either the “InfoTrak” or “Community in Touch” series at 5:30am and 6:00am respectively. “InfoTrak” is a 30-minute show. Each “InfoTrak” entry below identifies a 15-minute segment imbedded in that show. “Community in Touch” is a 60-minute show.

Through its regular ascertainment process, KPHW-FM/SummitMedia Group has determined that the following issues are important to the Honolulu, HI community:

Community	Public Health	Career
Education	Government	Child Safety
Children Education	Retirement Planning	Workplace Matters
Parenting	Pollution	Organ Donation
Personal Health	Racism	Employment
Poverty	Suicide Prevention	
Business	Health Insurance	
Environment	Personal Finance	
Women’s Health	Medicare	
Consumer Matters	ADHD	

This report contains KPHW-FM /SummitMedia Group’s most significant treatment of these community issues during the 4th Quarter of 2023.

COMMUNITY

Program: Community in Touch (Locally Produced) (PA)

Date: October 1, 2023
November 5, 2023
December 3, 2023
October 29, 2023
December 31, 2023
Time: 6:00am-7:00am

Synopsis: There are many forms of abuse that create risk and danger in love relationships. Physical violence, verbal abuse, psychological tactics-including intimidation, and degrading someone, and sexual assault, are the most obvious ways one person in a relationship establishes power over their partner. Guest: Nanci Kreidman, CEO Domestic Violence Action Center.

Host: **Mandy Suganuma**

CHILDREN EDUCATION

Program: Community in Touch (Locally Produced) (PA)

Date: October 8, 2023 Time: 6:00am-7:00am
November 12, 2023
December 10, 2023

Synopsis: Deborah Zysman from the Hawaii Children's Action Network joined us to discuss the reformation and branding of their organization from Good Beginnings Alliance. She also talked about a new Children's Policy Agenda, the importance of early education, impact of housing costs on children, and HCAN's goal to see PAID family leave implemented in Hawaii.

Host: **Betsy Brown**

WOMEN'S HEALTH

Program: Community in Touch (Locally Produced) (PA)

Date: October 15, 2023 Time: 6:00am-7:00am
November 19, 2023
December 17, 2023

Synopsis: Tolu Samifua & Eddie Tano of Lady Pasifika magazine discuss the launch of their magazine that highlights influential women of the Pacific.

Host: **David Daniels**

BUSINESS

Program: Community in Touch (Locally Produced) (PA)

Date: October 22, 2023 Time: 6:00am-7:00am
November 26, 2023
December 24, 2023

Synopsis: Chamber of Commerce of Hawaii is known as the "Voice of Business" in Hawaii. A non-profit organization whose mission is to serve as the advocate for business in Hawaii. Ms. Menor-McNamara talks about Hawaii's economic climate and how the Chamber helps the business community thrive locally, nationally, and globally. Guest: Sherry Menor-McNamara.

Host: **Mandy Sukanuma**

Government

Program: InfoTrak (Nationally Produced) (PA)

Date: October 1, 2023 Time: 5:30am – 5:45am

Synopsis: In just five years, legalized sports betting has swept the nation, now embraced as a revenue source by at least 37 states. Dr. Fong discussed gambling addiction, who is most at risk and how to recognize it, particularly in teenagers. Some well-known universities have signed deals with sportsbooks or casinos to advertise on campus, in athletic venues and in some cases, directly in students' university email inboxes. He offered advice for parents to prevent the start of addictive behavior in their teen.

Host: **Timothy W. Fong, MD**

Public Health

Program: InfoTrak (Nationally Produced) (PA)

Date: November 5, 2023 Time: 5:30am – 5:45am

Synopsis: Dr. Lasky explained how several natural disasters this summer have contributed to a national blood shortage that could have far-reaching effects across America. She said the national blood supply has fallen by nearly 25%. She explained why the problem is so serious and how a first-time blood donor can get started.

Host: **Baia Lasky, MD**

Retirement Planning

Program: InfoTrak (Nationally Produced) (PA)

Date: December 3, 2023 Time: 5:30am – 5:45am

Synopsis: Registered dietitians and other online influencers are being paid to post videos that promote diet soda, sugar and supplements on Instagram and TikTok. Prof. Schwartz discussed the little-known tactic often used by the multibillion-dollar food, beverage and pharmaceutical industries to sway consumers faced with often-contradictory health messages about popular products. She offered suggestions to help viewers recognize these paid messages.

Host: **Marlene Schwartz, PhD**

Personal Health

Program: InfoTrak (Nationally Produced) (PA)

Date: October 1, 2023 Time: 5:45am – 6:00am

Synopsis: Today, the average American lives just 76 years, the shortest lifespan the country has seen since 1996. Dr. Newman talked about growing data that suggests that employers can dramatically affect the quality—and perhaps even length—of an employee's life. A recent report by Deloitte claimed life span could increase by an average of 12 years, and the number of years a person spends in good health by 19 years by 2040, if employers not only made sure their employees are safe on the job, but also addressed their health and well-being in other less traditional ways.

Host: **Lee Newman, MD, MA**

Education

Program: InfoTrak (Nationally Produced) (PA)

Date: November 5, 2023 Time: 5:45am – 6:00am

Synopsis: Many Americans do not know what rights are protected under the First Amendment and a substantial number cannot name all three branches of government, according to the 2023 Annenberg Constitution Day Civics Survey. Prof. Levendusky shared other findings from the survey, discussed the reasons behind today's widespread civic ignorance and explained why the trend is so worrisome.

Host: **Matt Levendusky, PhD**

Consumer Matters

Program: InfoTrak (Nationally Produced) (PA)

Date: December 3, 2023 Time: 5:45am – 6:00am

Synopsis: Minivans are frequently the go-to vehicle for families, not only for passenger comfort but also their ability to hold a lot of stuff. However, the Insurance Institute for Highway Safety recently updated their methods for testing minivan safety, with disturbing results. Ms. Ciminillo outlined the new data and what consumers need to know.

Host: **Jill Ciminillo**

Personal Health

Program: InfoTrak (Nationally Produced) (PA)

Date: October 8, 2023 Time: 5:30am – 5:45am

Synopsis: Dr. Mann led a study of healthcare consumers that found that most of ChatGPT's responses to people's healthcare-related queries are nearly indistinguishable from those provided by human physicians. He believes the chatbots will be great tools for healthcare providers to communicate with patients, improve quality of care and reduce misdiagnoses and errors.

Host: **Devin Mann, MD**

Suicide Prevention

Program: InfoTrak (Nationally Produced) (PA)

Date: November 12, 2023 Time: 5:30am – 5:45am

Synopsis: Mr. Lorraine said the suicide rate of military veterans is roughly twice that of the general population, and is often spurred by more than just post-traumatic stress syndrome or depression. He said underemployment, irregular housing and other economic issues also play a large role in suicidal behavior. He talked about the resources that are available to veterans. He said that risk factors for veterans at risk of suicide vary significantly from one state to another, and his organization helps to identify the differences and develop strategies to help.

Host: **Jim Lorraine**

Parenting

Program: InfoTrak (Nationally Produced) (PA)

Date: December 10, 2023 Time: 5:30am – 5:45am

Synopsis: Dr. Damour offered advice for parents to understand their teenagers' intense and often fraught emotional lives—and how to support teens through this critical developmental stage. She discussed some of the most common myths relating to teenage emotions and distress, and offered tips to help teenagers maintain or regain emotional control.

Host: **Lisa Damour, PhD**

Poverty

Program: InfoTrak (Nationally Produced) (PA)

Date: October 8, 2023 Time: 5:45am – 6:00am

Synopsis: Prof. Painter shared his research that Americans who pay more than 30% of their income toward rent are forced to make trade-offs in other areas of their lives that can last for years and contribute to many social ills. He said while some trade-offs, such as buying less clothing, might not have severe long-term consequences, some rent-burdened residents reported cutting back on medicine and other health care that could have cascading effects.

Host: **Gary Painter, PhD**

Racism

Program: InfoTrak (Nationally Produced) (PA)

Date: November 12, 2023 Time: 5:45am – 6:00am

Synopsis: While explicit discrimination no longer occurs and organizations make internal and public pledges to honor and achieve diversity, black employees remain less likely to be hired, stall out at middle levels, and rarely progress to senior leadership positions. Prof. Wingfield discussed what she calls “gray areas:” the relationships, networks, and cultural dynamics that exist apart from specific expectations and duties required for any given job. She offered suggestions to address the problem.

Host: **Adia Harvey Wingfield, PhD**

Personal Health

Program: InfoTrak (Nationally Produced) (PA)

Date: December 10, 2023 Time: 5:45am – 6:00am

Synopsis: Getting enough sleep has never been more difficult. Prod. Haghayegh shared his research that found that women who struggled with getting enough sleep were at greater risk of developing hypertension, or high blood pressure. He said hypertension and sleep disorders are becoming increasingly prevalent among American adults. He also noted that, while his study only included women, it’s likely the findings apply to men, as well.

Host: **Shahab Haghayegh, PhD**

Business

Program: InfoTrak (Nationally Produced) (PA)

Date: October 15, 2023 Time: 5:30am – 5:45am

Synopsis: Mr. Misner discussed effective ways to complain at work. He explained the importance for businesses to take deliberate actions to be sure their staff is heard. He said scheduling regular "complaining meetings" can change the entire mood of the workplace, and lead to innovation and new ideas.

Host: **Ivan Misner PhD**

Personal Finance

Program: InfoTrak (Nationally Produced) (PA)

Date: November 19, 2023 Time: 5:30am – 5:45am

Synopsis: 40% of Americans during the pandemic could not cover a \$400 emergency in cash. Ms. Cruze explained the psychology that influences how we spend and save money, and how to change those ingrained habits.

Host: **Rachel Cruze**

Medicare

Program: InfoTrak (Nationally Produced) (PA)

Date: December 17, 2023 Time: 5:30am – 5:45am

Synopsis: Vague and misleading advertisements for Medicare Advantage policies are flooding the airwaves and mailboxes of Medicare recipients. Ms. Khlopin explained what Medicare Advantage is and how it differs from original Medicare. She also shared examples of complaints from seniors who had their plans changed without their consent or knowledge, and how the scams work. She warned that some TV ads and phone calls may give the impression that they are affiliated with the federal Medicare system, when they are not. She advised seniors to be careful and seek help from legitimate sources.

Host: **Martha Khlopin**

Health Insurance

Program: InfoTrak (Nationally Produced) (PA)

Date: October 15, 2023 Time: 5:45am – 6:00am

Synopsis: Prof. Huguet led a study that revealed gaps in health insurance coverage for seniors residing in the US. She found that about a quarter of low-income patients receiving care at community health centers remain uninsured when they turn 65. The main reason is that they are not eligible for Medicare because they never paid into the Social Security system, in many cases because they are not legal US citizens. She said 20% of the uninsured patients had five or more health conditions, such as diabetes or high blood pressure, that need frequent treatment and management.

Host: **Nathalie Huguet, PhD**

Government

Program: InfoTrak (Nationally Produced) (PA)

Date: November 19, 2023 Time: 5:45am – 6:00am

Synopsis: Mr. Prerau discussed the history of Daylight-Saving time. He dispelled the myth that farmers are the main proponents of DST. He also explained where efforts stand to end the annual time change, and outlined the possible options that Congress would choose from.

Host: **David S. Prerau, PhD**

ADHD

Program: InfoTrak (Nationally Produced) (PA)

Date: December 17, 2023 Time: 5:45am – 6:00am

Synopsis: Prof. Beeri shared results of her study that found that people who were diagnosed with attention deficit hyperactivity disorder at midlife had a threefold increased risk of developing dementia later in life, compared to those without ADHD. She also discussed possible explanations for the link between ADHD and dementia, and what role ADHD medications may play.

Host: **Michal Schnaider Beeri, PhD**

Public Health

Program: InfoTrak (Nationally Produced) (PA)

Date: October 22, 2023 Time: 5:30am – 5:45am

Synopsis: Dr. Newman-Toker led what is believed to be the first rigorous national estimate of permanent disability and death from diagnostic error. He estimates that 795,000 Americans die or are permanently disabled by diagnostic error each year. He said vascular events, infections and cancers cause 75% of the serious harms, and that stroke is the top cause of serious harm from misdiagnosis. He believes that a serious campaign to target diseases with high error and harm rates may reduce diagnostic errors and improve patient outcomes.

Host: **David Newman-Toker, M.D., PhD**

Consumer Matters

Program: InfoTrak (Nationally Produced) (PA)

Date: November 26, 2023 Time: 5:30am – 5:45am

Synopsis: 7.9% of cars sold in the US in the third quarter of 2023 were electric vehicles. Mr. Appel outlined what consumers need to know about the three levels of EV charging currently available, and the pluses and minuses of each.

Host: **Tom Appel**

Environment

Program: InfoTrak (Nationally Produced) (PA)

Date: December 24, 2023 Time: 5:30am – 5:45am

Synopsis: Dr. Graham explained the importance of bees to the nation's food supply. She also discussed the role that pesticides and climate change may be having on bee populations in North America. She outlined simple steps that people can take to increase bee populations in their communities.

Host: **Kelsey Graham, PhD**

Pollution

Program: InfoTrak (Nationally Produced) (PA)

Date: October 22, 2023 Time: 5:45am – 6:00am

Synopsis: Prof. Lewis' research found that water from many wells and community water systems across the US contains unsafe levels of toxic contaminants. She discussed the health effects of seven contaminants, which include cancer, developmental delays, and preterm birth, and how they affect vulnerable populations and communities with lower income levels. She also talked about the challenges of removing these contaminants from water supply systems, and how larger systems tend to have more resources and monitoring than smaller systems.

Host: **Johnnye Lewis, PhD**

Career

Program: InfoTrak (Nationally Produced) (PA)

Date: November 26, 2023 Time: 5:45am – 6:00am

Synopsis: Ms. Gamm explained why parents, educators, and employers urgently need to understand today's generation of teens and young adults. She talked about the revolutionary effect that technological advances have had on education and the development of the human mind. She said every American needs to have a basic understanding of current technology because of the wide-ranging ramifications these changes have on legislation, regulation and privacy.

Host: **Hilarie Gamm**

Child Safety

Program: InfoTrak (Nationally Produced) (PA)

Date: December 24, 2023 Time: 5:45am – 6:00am

Synopsis: About every five days, a child in the U.S. dies from a train collision. Ms. Rosenthal said young people, particularly teenagers, do not understand how dangerous railroad tracks and crossings are. She offered advice to parents to teach their kids to not walk or take selfies on railroad tracks, to not walk with earbuds in, and to never try to beat a train at a railroad crossing.

Host: **Kristin Rosenthal**

Workplace Matters

Program: InfoTrak (Nationally Produced) (PA)

Date: October 29, 2023 Time: 5:30am – 5:45am

Synopsis: Mr. Bailey said that the human brain has two powerful modes that can be unlocked when we use our attention well: a focused mode and a creative mode. He explained how to unlock each of these mental modes in order to concentrate more deeply, think more clearly, and work and live more deliberately every day. He explained how to minimize distractions that can cause problems at work and in personal relationships.

Host: **Chris Bailey**

Parenting

Program: InfoTrak (Nationally Produced) (PA)

Date: December 31, 2023 Time: 5:45am – 6:00am

Synopsis: Ms. Dell'Antonia said that in her research and writing about family life over the years, one topic keeps coming up again and again: parents crave a greater sense of happiness in their daily lives. She discussed the most common problem areas that cause parents the most grief, and suggested steps parents can take to make them better.

Host: **KJ Dell'Antonia**

Organ Donation

Program: InfoTrak (Nationally Produced) (PA)

Date: October 29, 2023 Time: 5:45am – 6:00am

Synopsis: Ms. Murnaghan's young daughter desperately needed a set of donor lungs. A set of lungs was available and there was nothing standing in the way medically, but a federal policy barred children under the age of 12 from receiving adult lungs. Ms. Murnaghan talked about her quest to save Sarah and other kids in similar situations. After a court fight and through the use of social media, she eventually convinced the government to change organ donation rules permanently.

Host: Janet Murnaghan

Employment

Program: InfoTrak (Nationally Produced) (PA)

Date: December 31, 2023 Time: 5:45am – 6:00am

Synopsis: Prof. McFowland co-authored a recent study that found that the use of artificial intelligence tools elevates the skills of the lowest performers across a wide range of fields to, or even far above, what was previously average performance. Across a set of 18 tasks designed to test a range of business skills - from analysis to idea generation to persuasion - consultants who had previously tested in the lower half of the group increased the quality of their outputs by 43% with AI help, while the top half only gained 17%. He discussed likely limitations in what AI can do well in modern professional work. He believes that AI will not be able to replace most human creativity and problem-solving.

Host: Edward McFowland III, PhD