

**WAYR, 550 AM Public Ascertainment  
Fleming Island, Florida  
4th Quarter 2023**

Contained in this file is a sampling of programs used during the quarter to address the needs of the community in the public interest. Public needs were ascertained through general interviews in person, on the telephone, and through staff study of local news media including television and print. Respondents represent various ages, locations, economic status, ethnic backgrounds, and gender.... The top five (5) issues identified as concerns were as follows: life's adversities, health & wealth, military, alcoholism, minorities.

**Family Talk                      Oct 5&6, 2023, 6:00am**

For many teens, their smartphones have become their best friend and safety blanket. According to research, 56% of teens associate the absence of their cell phone with at least one of these three emotions: loneliness, feeling upset or anxious. On this edition of Family Talk, Dr. Kathy Koch author of *Screens and Teens: Connecting with Our Kids in a Wireless World*, urges parents to set reasonable limits for their children and to remember that the phone doesn't belong to them; it's their parents' phone. Insist on regular phone "blackouts."

**Focus on the Family            Oct 17, 2023, 10:00am**

On this program Cynthia Tobias and Sue Acuña address why the middle school season of parenting is challenging and how parents can adapt to the changes in an effective way. Emphasis is made of the importance of keeping communication open through listening, observing and understanding.

**Focus on the Family            Oct 23, 2023, 10:00 am**

On this program Dr. Matthew Stanford offered a compassionate look at mental illness, which affects one in five teens and adults in the United States. He discussed the need for overcoming the stigma of reaching out for help and encourages the church community to offer hope and healing for families with loved ones suffering with mental health issues.

**Focus on the Family            Nov 22, 2023, 10:00am**

On this program Dr. Mike Bechtle helped the listeners learn to navigate difficult conversations and stressful conditions with friends and family so you can enjoy those get-togethers and special times. He taught some practical ways to cope and get along better within appropriate boundaries.

**Focus on the Family            Dec 1, 2023, 10:00am**

On this program Robin Jones Gunn and Jenny Coffey stressed that Mom should be the safest person in her daughter's life – where the conversation about puberty and development can be ongoing. The duo explained that a girl's self-image and self-esteem will be profoundly impacted by how parents navigate this first.