



Quarterly Significant Issues Report

Period 4: October 1 - December 31, 2022

Compiled by John Voket

Director of Public Affairs - Connoisseur Media (CT)

This quarterly significant issues report reflects concerns facing our local communities, and details how our radio station is responding through weekly public affairs programming, news reports, PSAs and streaming content. Our award-winning public affairs program, 'For The People' is locally produced by Public Affairs Director John Voket, and features multiple, extended focus segments and several local PSAs.

The producer regularly interacts with residents, representatives of local, regional and national organizations, as well as visiting political and community leaders to help ascertain issues and initiatives relevant to listeners. These sources help qualify programming decisions and identify guests attempting to understand, explain and/or address these concerns. The producer also monitors daily news reports to stay informed, and to respond quickly when incidents or issues require more detailed or expanded focus.

This quarter, our programs included reporting on: the Domestic Violence Crisis Center - CT American Legion Foundation - Greater Bridgeport Symphony - The Center for Empowerment and Education - Dr. Charlie Yarish Talking Seaweed - Waterbury Bridge to Success - CT Coalition Against Domestic Violence - CT Women's Hall of Fame - New Haven Promise - CT Paid Leave DV Support - McCall Behavioral Health Network - The Kennedy Collective - Newtown Police & Emergency Communications Director - CT Electric Car Charging Systems - CT Cancer Foundation - Water Quality & Forever Chemicals - Goodwill of Western & Northern CT - CT Children's Gun Violence Prevention - Natural Resources Conservation Service - Immigration Help - End Hunger CT (encore) - Valley Community Foundation - CAES Food Toxins Report - Continuum of Care / COMPASS - VCF Index Pt. 2 / TEAM Inc. - Aware Recovery Care - CT Office of the Arts / Arts Hero Awards - Connecticut Health Foundation - Connex Credit Union - Assisted Living Services - Unpacking Healthcare Cost Drivers - CT Main Street Center

Our program occasionally features a series or "special report" - extended focus on a particular theme, or multi-faceted coverage on more broad or complicated issues. These specials and series have focused on Connecticut's organic farms, farmers and gardeners; stigmas facing individuals with disabilities or mental health issues; environmental preservation and conservation; events like the Beardsley Zoo's 100th Anniversary, Wilton's Go Green Zero Waste Faire, NOFA's annual OrganiCONN, and the International Festival of Arts & Ideas; how state government and leadership are affecting listeners' economic quality of life; workforce development; as well as highlighting initiatives impacting food equity, and the latest social / racial justice issues affecting our communities. 'For the People' airs Sunday mornings at the times noted in the grid below, and each program is available after broadcast as a podcast on each station's website and on multiple podcast networks.

This quarter, our PSA notifications informed listeners about: Ridgebury Riders Farm Fete - Red Cross Hurricane Preparedness & Call for Disaster Volunteers - Barnum Museum' lantern stroll - National Disability Employment Awareness Month Job Fair - HCC Foundation Advanced Manufacturing Tech Prog. 10th Anniv. fundraiser - Bridgeport Hospital is the location of free hernia screenings - Green Village Initiative Is Hiring - Connecticut Conference on Climate Change & Insurance - NFPA Halloween Safety Advisory - 3rd Annual Veterans Kick-a-Thon benefiting Homes for the Brave - Eversource/UI's 'ChooseEV' resource platform - AccessHealthCT Open Enrollment - Wheeler Foster Care & Adoptions Program - The Housatonic Valley Association's Auction for the Environment - Bye-Bye Mattress recycling - Connecticut Community College Tuition Match Scholarship Program - Westport farmers Market Artist Showcase - NAMI Fairfield Speaker Series - CT Cancer Foundation Celebrity Dinner - Griffin Health's Hospital Elder Life Program (HELP) - Red Cross Decorating Safety

A separate report detailing additional programming on WICC that addresses critical issues in our listening area will be attached as soon as it is made available.

Continued

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WEBE offers 2 traffic breaks Monday through Friday between 5-6 am

4 traffic breaks each hour between 6-8 am

1 traffic break each hour at 9 am, 10 am, 11 am, Noon, 1, 2, & 3 pm

2 traffic breaks each hour between 4-7 pm

There is 1 news break in the 5 am hour; and 2 news breaks in each hour 6, 7, & 8 am

WICC news & traffic reports air Monday through Friday, 5-10a

News 2x per hour - :00 and :30 / Traffic 6x per hour - :06, :16, :26, :36, :46, :56

Monday through Friday, 2-6p

News 2x per hour - :00 and :30 / Traffic 6x per hour - :06, :16, :26, :36, :46, :56

All other hours – news 1x per hour at :00

In 2022, For The People continues focusing on critical community issues related to:

- **Aging / Veterans (A/V)** - Highlighting people, programs, local, state, or regional agencies, and/or legislation - and how they respond to critical issues involving Connecticut veterans and/or our maturing population.
- **Environment / Agriculture (Ev/Ag)** - focusing on issues, local agencies and/or initiatives that may impact, protect, preserve, and/or enhance the environment and Connecticut's agricultural sustainability.
- **Government / Volunteerism (G/V)** - promoting governmental or political issues or political leaders - and 'boutique' or hyper-local causes partnering with - or requesting station and/or staff assistance - because they recognize our broadcast platform's value, and the responsiveness we inspire throughout our listening area.
- **Health / Safety (H/S)** - highlighting issues, agencies, and activities specifically related to health and/or safety.
- **Social/Racial Justice (SRJ)** - agencies and/or individuals educating, engaging, or promoting Social and/or Racial Justice issues or programs.
- **Workforce / Consumer / Tourism (W/C/T)** - reporting on initiatives, agencies, or programs dealing with local, state, national and/or global economic situations affecting Connecticut and/or the communities we serve; economic and workforce development; and/or programs directed to consumer education/protection; along with focusing on events or activities related to the state's tourism industry.
- **Youth / Education (Y/Ed)** - responding to education-related issues and/or concerns facing those under age 21 across Connecticut and our listening area.

Each 'For the People' segment report designates its related area(s) of coverage; approx. length and time of airing. Our public affairs director makes every effort to ensure each significant issue is addressed during at least one program each quarter. The extended nature of our program presents opportunities to include more than one significant issue or area of coverage in a particular segment, series, 'Special Report,' or entire program. And since 'For the People' is syndicated regionally and webcasts / podcasts globally, subject matter may contain content of national, regional and/or state-wide interest as well as community-specific impact.

Everyone at Connoisseur Media is proud of the efforts and energy our staff contributes through company initiatives and individually in their own communities. We invite you to review our public affairs coverage below as evidence of our broadcast commitment to those communities and listeners across the State of Connecticut.

Submitted by-

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continued

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Issue Related To	Guest / Cause	Responding to Community, Regional or Statewide Issue	Airdate, Time & Duration
A/V H/S SRJ Y/Ed	Domestic Violence Awareness Month series: Domestic Violence Crisis Center	<p><i>Is someone abusing you or somebody you love with gaslighting or their financial capabilities?</i></p> <p>October is here - National Domestic Violence Awareness Month - so For the People launched a weekly series to help remind victims about all the support available 24/7 to help you get your life back and stay safe. This segment highlighted the Domestic Violence Crisis Center (DVCC), providing regional support, community outreach and in-school programming. IN this segment our guest was focusing on the escalating incidents of gaslighting and financial abuse.</p>	10-02-22 6:02 am 15m
A/V G/V Y/Ed	CT American Legion Foundation	<p><i>Could current situations and political discourse be discouraging our kids from civic and government service?</i></p> <p>This segment welcomed two very dedicated representatives instrumental in forming the brand new Connecticut American Legion Foundation - which was already working sustaining and expanding American Legion initiatives aimed at engaging the next generation of state and local civic leaders. We discussed several program involving students from K-12 and young adults, and several awareness and fundraising initiatives the foundation was promoting.</p>	10-02-22 6:17 am 20m
SRJ W/C/T Y/Ed	Greater Bridgeport Symphony	<p><i>Have you heard about the unique way one local symphony is selecting its new conductor?</i></p> <p>This week's For the People closed on a musical note with the director of the Greater Bridgeport Symphony, which was just beginning the process of choosing a new conductor while continuing to bring the beauty of symphonic music to audiences including thousands in local schools, and promoting music education and instrument donations for financially challenged families with children inspired to take up music lessons.</p>	10-02-22 6:39 am 15m
A/V H/S SRJ Y/Ed	Domestic Violence Awareness Month series: The Center	<p><i>Do you know someone who is being battered emotionally or abused financially by their spouse or intimate partner?</i></p> <p>We continued our Domestic Violence Awareness Month series with The Center for Empowerment and Education - the regional domestic and sexual violence agency serving upper Fairfield and lower Litchfield counties. We discussed this year's #Every1KnowsSome1 theme, and heard about The Center's events and workshops to help spread awareness in the communities and schools the agency serves.</p>	10-09-22 6:02 am 15m
Ev/Ag H/S W/C/T Y/Ed	Dr. Charlie Yarish	<p><i>What do you really know about the many incredible benefits of seaweed?</i></p> <p>For the People spend an educational 20 minutes talking seaweed with the grandfather of the U.S. commercial seaweed industry. Dr. Charlie Yarish returned to our show to open eyes, and maybe make listeners hungry to learn more about how seaweed can help solve an amazing number of environmental, economic, health and food shortage challenges.</p>	10-09-22 6:17 am 20m
H/S SRJ W/C/T Y/Ed	Waterbury Bridge to Success	<p><i>How is Waterbury turning the tide on juvenile crime and lagging interest in careers and community leadership among its young residents?</i></p> <p>Our guest helped listeners understand how Waterbury's Bridge to Success (BTS) program is uniting nearly 100 community and civic leaders, educators and organizations empowering Waterbury's youth to be successful in school, career, and life. We also helped previewing their upcoming partners workshop tour - putting the spotlight on access to resources, advocacy and leadership opportunities.</p>	10-09-22 6:39 am 15m
A/V H/S SRJ	Domestic Violence Awareness	<p><i>Do you know someone who is being battered emotionally or abused financially by their spouse or intimate partner?</i></p> <p>We continued our month-long Domestic Violence Awareness Month series with the</p>	10-16-22 6:02 am 15m

Y/Ed	Month series: CCADV	CEO of the Connecticut Coalition Against Domestic Violence (CCADV) - the state's leading voice for victims of domestic violence and those organizations that serve them. We discussed the vital role law enforcement officers play in domestic violence response and helped promote the coalition's new CTSafeConnect resource.	
SRJ Y/Ed	CT Women's Hall of Fame	<i>How can young women, especially those in sports, get inspired to lead and persevere through the challenges they may be facing?</i> On October 20, four exceptional women were honored at the 29th Annual Connecticut Women's Hall of Fame Ceremony and Celebration, which we partnered in promoting. We learned this year's program, "Women in Sports," honored Suzy Whaley, Jennifer Rizzotti, Lhakpa Sherpa and Cora Lee Bentley Radcliffe (posthumously) for not only their personal success in their sport(s) but recognized the impact they have had in the industry and as role models for women of all ages. We also heard about how the HOF supports and educates women year round.	10-16-22 6:17 am 20m
G/V SRJ W/C/T Y/Ed	New Haven Promise	<i>Where can young people get the inspiration and support to complete their education and return to become leaders in their community?</i> We closed this show introducing New Haven Promise - a nonprofit helping build a culture in the public schools in which students aspire to attend and graduate from college; providing financial incentives and support for students; and facilitating their return to live, work and serve in the greater New Haven community.	10-16-22 6:39 am 15m
A/V H/S SRJ Y/Ed	Domestic Violence Awareness Month series: CT Paid Leave	<i>Did you know you might qualify for paid leave from work if you are being battered by your spouse or intimate partner?</i> CT Paid Leave provides income replacement benefits for workers when they need to take time off for specific health and family reasons, such as their own serious health condition or to care for a family member experiencing a serious health condition. But in this next segment of our series during Domestic Violence Awareness Month, we talked to CT Paid Leave's CEO about benefits that may be available for DV victims and their immediate caregivers.	10-23-22 6:02 am 15m
A/V H/S Y/Ed	McCall Behavioral Health Network	<i>What's happening to help meet the growing demand for behavioral and mental health services?</i> This segment helped welcome a brand new health system now serving much of western Connecticut with mental health and behavioral crisis and other related issues. Our conversation with the new boss at McCall Behavioral Health Network revealed how the agency is providing education and support for the community, parents, and children, a continuum of care from intensive residential treatment to flexible outpatient programs, and is serving the region's most vulnerable.	10-23-22 6:17 am 20m
A/V H/S W/C/T	The Kennedy Collective	<i>You might already know all about them - have you heard about the recent changes involving The Kennedy Collective?</i> This segment helped one of For the People's longest-tenured radio partners The Kennedy Center share its rebranding - to a human services, healthcare, and workforce development agency now known as The Kennedy Collective. We welcomed the agency's leader to get the backstory leading up to this historic name change, and to learn what's in store for current and future Kennedy Collective clients, staff, and supporters in the future.	10-23-22 6:39 am 15m
A/V H/S SRJ Y/Ed	Domestic Violence Awareness Month series: Newtown PD & ECD	<i>If you're being victimized by, or witness, domestic abuse, what's going to happen when you call 911?</i> We wrapped up our October Domestic Violence Awareness Month series with a couple of front line responders when a domestic violence victim or witness reaches out for help. We visited the Newtown Emergency Communications Center and Police Department to speak with an emergency telecommunications leader, as well as a police sergeant heading up Newtown's new community policing division to explain what happens in those moments after a 9-1-1 call for help comes in.	10-30-22 6:02 am 25m

Ev/Ag W/C/T	CT Electric Car Charging Systems	<i>Have you been wondering if it's the right time for an electric vehicle?</i> We headed up to CT Electric Car Charging Systems in Newington to help celebrate the company's 10th anniversary which helped install the state's first few electric vehicle charging stations. We learned how CT ECCS was on track to hook up hundreds more in the coming years bringing more economic and environmental benefits to communities across the state as we chatted with the company owner as well as a number of key state and federal officials in attendance.	10-30-22 6:31 am 25m
G/V H/S	CT Cancer Foundation	<i>Do you know where to get help paying some of your bills if you're struggling with cancer?</i> We introduced listeners to a premier statewide cancer cause, the Connecticut Cancer Foundation. This nonprofit had, to date, supported over 8,000 families struggling with the disease while devoting millions to cancer research. We heard about and promoted their No Shave CT activities and got a preview of what to expect at the foundation's celebrity-studded gala.	11-06-22 6:02 am 15m
Ev/Ag H/S SRJ W/C/T	Water Quality & Forever Chemicals	<i>How widespread are forever chemicals in the water we drink?</i> As Connecticut continues to examine the effects and curtails the use of certain harmful industrial chemicals, we brought in an environmental engineer from H2M architects + engineers about the water we consume in our households and communities, and about the increasing risks of dangerous contaminants that could impact personal and public health in the communities we serve.	11-06-22 6:17 am 20m
A/V G/V H/S SRJ W/C/T	Goodwill of Western and Northern CT	<i>Who is stepping up to help support veterans at risk of losing their homes?</i> Our friends from Goodwill of Western and Northern CT dropped in to explain the work the agency is doing locating and recruiting veterans facing homelessness in order to help them find stable places to live, jobs, and a number of other services. We also helped listeners learn how to support local service members at Goodwill's November 18 Stand Up for Veterans event.	11-06-22 6:39 am 15m
H/S SRJ Y/Ed	CT Children's	<i>What are the best steps any gun owner can take to keep a kid from getting hold of your firearm?</i> With 35,000 deaths in the U.S. so far this year from gun violence, For the People decided to bring in a long-time gun owner and trauma surgeon for CT Children's for a cool, calm, and politics-free conversation about how the state can start trending down so many of these escalating horrific losses involving children.	11-13-22 6:02 am 15m
Ev/Ag G/V	Natural Resources Conservation Service	<i>How much property do you have to own to access technical and financial land management assistance?</i> For the People circled back with the Connecticut bureau of the Natural Resources Conservation Service to unpack the latest programs offering financial and technical assistance to farmers and private landowners through their brand new website.	11-13-22 6:17 am 20m
G/V H/S SRJ	Immigration Help	<i>Are you - or is someone you know someone - stuck on 'pause' right now with your DACA application?</i> With the recent 5th Circuit ruling stalling new DACA applicants, this segment aimed to provide information to listeners about the issue, while reaching out to the 1 million-plus undocumented Dreamers living without legal status, For the People reconnected with Immigration Help to find out how that nonprofit might be of assistance to those stuck in or blocked from the process.	11-13-22 6:39 am 15m
G/V H/S SRJ Y/Ed	End Hunger CT	<i>Do you know what your kids and grandkids are really eating in their school meals?</i> For the People replayed this chat with End Hunger Connecticut, which had just convened a round table of policy makers and experts discussing the future of the state's summer meals program, and reminding listeners what kids are eating in cafeterias all over the state this school year, and how food services are challenged to provide the healthiest possible alternatives.	11-20-22 6:02 am 15m
A/V	Series:	<i>What are the biggest quality of life worries in the lower Naugatuck Valley</i>	11-20-22

G/V H/S SRJ W/C/T Y/Ed	Unpacking the Valley Community Foundation Index Pt. 1	For the People launched this final series of 2022 focusing on the lower Naugatuck Valley and factors affecting its residents' health, economies, and overall quality of life. We started the conversation with the Valley Community Foundation - unpacking key details in their latest Community Index, and explaining some of the biggest concerns the foundation' partners will be tackling in the near future.	6:17 am 20m
Ev/Ag H/S	CAES - Toxins In Our Food	<i>How many toxins are you eating in your daily diet - and how can we get them out of there?</i> The Connecticut Agricultural Experiment Station and The Stockbridge School of Agriculture, UMass Amherst had just released an important report on toxins in our food, and For the People brought in one of the principal authors to learn how toxins get there, and what we can begin doing about it. Our guest discussed how agricultural and environmental processes as well as food production and packaging are playing such a huge role in the problem, as well as contributing to the challenges government agencies face in reducing and eliminating these toxins.	11-20-22 6:39 am 15m
H/S SRJ	Continuum of Care / COMPASS	<i>Have you heard about New Haven's new mental health emergency crisis intervention team?</i> We helped introduce the innovative new team serving New Haven from Continuum of Care. The agency's recently launched COMPASS program is training and equipping teams of social workers and peer support specialists to respond to crisis interventions and mental health emergencies that might otherwise involve police and/or tax local ambulance and EMS resources.	12-04-22 6:02 am 20m
H/S SRJ W/C/T Y/Ed	Series: Unpacking the Valley Community Foundation Index Pt. 2	<i>How bad is the early childhood care and housing situation in the lower Naugatuck Valley?</i> We continued our series drilling into the latest Valley Community Index - a collaborative project involving the Valley Community Foundation, Griffin Hospital, the Naugatuck Valley Health District and DataHaven - by bringing in the CEO of Team Incorporated to discuss challenges involving early childhood care and housing in the lower Naugatuck Valley, and how the agency and its partners were beginning to address the woeful shortfall in early childhood care and affordable housing opportunities.	12-04-22 6:17 am 20m
H/S	Encore: Aware Recovery Care	<i>How can loved ones supporting recovery convert from being caregivers to being an active part of the recovery team?</i> We replayed a recent chat with Aware Recovery Care to remind listeners about their unique, successful in-home recovery program along with helping reinforce the critical roles played by loved ones as part of the recovery team - and not just as the ones shouldering the entire challenge.	12-04-22 6:39 am 15m
G/V SRJ W/C/T Y/Ed	CT Office of the Arts 2022 Arts Heroes	<i>Are you ready to celebrate Connecticut's latest Arts Heroes?</i> Our guest from Connecticut's Office of the Arts picked up the conversation we started over the summer introducing the nomination process as this state agency prepared to celebrate the 2022 Connecticut Arts Hero finalists. We helped announce and promote this year's Arts Heroes, and let listeners in on how to be part of the celebration.	12-11-22 6:02 am 15m
G/V H/S SRJ	CT Health Foundation	<i>Can Connecticut improve healthcare delivery for everybody by just properly documenting patients' race, ethnicity, and language?</i> This segment with the President and CEO of the Connecticut Health Foundation focused on addressing the importance of accurately documenting race, ethnicity, and language when developing and delivering appropriate and optimal health care to everyone across the state.	12-11-22 6:17 am 20m
W/C/T Y/Ed	Encore: Connex Nonprofit Credit Union	<i>Does your child or college student have any idea about managing money?</i> We replayed a recent chat about financial literacy, community outreach, and financial management with Connex nonprofit Credit Union. We learned ways young people, college students and adults can manage their money and credit	12-11-22 6:39 am 15m

		more effectively - along with departing a few tips that might save children and college students from getting into financial rough waters.	
A/V H/S Y/Ed	Assisted Living Services	<i>Will you be visiting with aging loved ones this holiday season?</i> Our expert from Assisted Living Services spoke to children and caregivers covering the most important things they needed to look for and know during holiday visits with someone they know who might be in failing health, suffering from depression, or may just need some experienced guidance as they age in place.	12-18-22 6:02 am 15m
G/V H/S SRJ W/C/T	CT Healthcare Advocate & Insurance Dept.	<i>Did your health insurance renewal cost increase significantly for 2023?</i> Those many listeners shocked by the rising cost of their healthcare coverage heard directly from a commissioner with the CT Insurance Dept. along with the state's Healthcare Advocate to help them better understand some of the major drivers behind those escalating insurance expenses.	12-18-22 6:17 am 20m
G/V W/C/T	Connecticut Main Street Center	<i>Have you heard about the agency looking to make your hometown's Main Street vibrant again?</i> The new director at Connecticut Main Street Center dropped in to help listeners better understand how the agency is providing education, training, resources and technical assistance, while functioning as the statewide champion for downtowns and Main Streets of all sizes.	12-18-22 6:39 am 15m



***Critical issues / topics & guests featured on WICC-AM Melissa in the Morning
Contributed by Melissa Sheketoff - Host***

Quarter 4 - October - December 2022

October 3

1. Sen. Ryan Fazio highlights the impact the state's labor shortage crisis—along with inflation and supply chain bottlenecks—is having on our economy.
2. There is a vaccine available for whooping cough, however only 30% of adults in the U.S. received it in the past 10 years. We spoke with Dr. Philip Simkovitz is a Pulmonary Disease Specialist with Hartford HealthCare St. Vincent's Medical Center.
3. Robin Fox with the Commission on Human Rights and Opportunities talks about Disability Employment Awareness Month

October 4

1. Debbie Levison is an author and is debuting her new book "Nest of Snakes" that takes place in CT and features real life events in CT.

2. New data shows about 50% of workers in the US plan to leave their jobs by next year. Career strategist, Julie Bauke, explains why.
3. The CDC is reporting 4 out of 5 pregnancy's-related deaths are preventable. According to the report, half of those cases happen 7 days to a year after the baby is born. We learned why mental health is a bigger focus and who need to advocate for mom.

October 5

1. More than 1,500 Red Crossers from all 50 states and the District of Columbia are supporting relief efforts in Florida following Hurricane Ian. Some of those volunteers are from Connecticut. We spoke with Red Cross spokesperson, John Godin, for a check on volunteer work and the need for blood donations.
2. According to the CDC, nearly half of American adults have hypertension. There's a new initiative in Bridgeport in order to make sure people's blood pressure is in check. We spoke with the city's health director about BPT HEaRT Project.

October 6

1. Workplace romances are in the news following the announcement that the Boston Celtics suspended their Head Coach for having a relationship with a female member of the organization. Gary Phelan, who teaches employment law at Quinnipiac University, discussed the issues surrounding workplace romances.
2. A panel of medical experts are recommending adults 19-65 start getting screened for anxiety. Dr. Newfield told us why the recommendation comes now and what solutions are available for people wanting to combat anxiety.

October 7

1. Flags should be lowered to half-staff this Sunday for National Fallen Firefighters Memorial Service. We spoke with Fairfield Fire Lt. Bob Smith about the importance of recognizing the fallen and whether Connecticut invests enough in its firefighters.
2. When did conspiracy theories become a prime way of people taking in news? Following the latest trial for Alex Jones, we speak with the Director of Special Intelligence at [ActiveFence](#) about detecting fake news online and how to respond to it.
3. A Purdue University student is behind bars for allegedly killing his roommate. We spoke with Gary MacNamara from Sacred Heart University about roommate safety and detecting a threat ahead of time.

October 10

1. During Breast Cancer Awareness Month, we speak to Hartford Healthcare doctors about breast health. This morning, we focused on the importance of scheduling mammograms and how often you should get screenings.
2. Keeping with the topic of cancer care, we spoke with a cancer treatment trainer to learn why exercise is key to recovery while battling a diagnosis.
3. Marriage consultant, Bob Donovan, calls one book a GAME CHANGER for marriages and singles. What is it and how does it help both demographics?

October 11

1. October is domestic violence awareness month. We get a check at Connecticut statistics from Center for Family Justice CEO, Deb Greenwood, and also hear about the center's upcoming vigil.
2. Health records you need from your doctor will soon go digital. Why the switch now and is it considered a game changer?

3. We continue our chats on breast health during Breast Cancer Awareness Month. Today, Dr. Valerie Brutus talked about men who are diagnosed with breast cancer.

October 12

1. October is cybersecurity awareness month but there's still a major gap in women working in cyber security. We speak with Global R&D Lead for Security at Accenture, Lisa O'Connor, about what's being done to help women get involved and climb the ladder.
2. This week is fire prevention week and we spoke with Bridgeport Fire Chief Lance Edwards about what you can do to best prepare for a potential house fire.
3. We wrap up our coverage for breast cancer awareness month, talking about breast health and reconstruction surgery. Plastic surgeon, Dr. E. Stirling Craig shared who is eligible for the surgery, what it entails and the chances of eliminating cancer after surgery.
4. A softball coach is making mental health a priority with his athletes. We spoke with Stratford High School Softball coach, Gary Sherrick, about why he took on this method of coaching, even before the pandemic.

October 13

1. We took listener questions about the flu:
 1. Can you get a rebound case of the flu or is it just a different virus?
 2. What are the protocols for people who are sick and returning to work?
 3. And what are the specifics with vaccines?Dr. Browne tackles all of this plus the latest on polio cases in NY.

October 14

1. Melissa got to virtually meet one of her heroes: Temple Grandin. We learned about her new book highlighting visual thinkers and explains why we need home economics and shop classes back in school curriculums across the country.
2. We learned about Positive Directions based in Westport and how telehealth has allowed them to start servicing people all over Connecticut. We also learned about the non-profit's latest program tackling suicide.

October 17

1. Starting today, hearing aids can be bought for less money and without a prescription! We checked in with the National Committee to Preserve Social Security and Medicare to talk about the significance of this and what you need to know. We also talked about Medicare Open Enrollment and the upcoming change for Social Security COLA.
2. Can employers better accommodate workers with ADHD or dyslexia? We chat with the Commission on Human Rights and Opportunities to learn ways that won't break the bank to become more inclusive to all.

October 18

1. In a historic verdict, we spoke with the attorney representing some of the Sandy Hook families in the Alex Jones defamation trial. He answered some questions about the case and now what happens next.
2. Social media, free speech and the workplace...what's appropriate and can an employer fire you for your opinions? Employment law professor, Gary Phelan, weighs in on the conversation.

October 19

1. According to the BBB, online scams are up 87% since 2015! Kristen Johnson is the communications director for the CT office. We get more perspective on the findings and learn how to better protect ourselves.
2. A new article revealed only 28% of people read through an entire article before posting it online. Social media consultant, Krista Carnes, shares why this matters to you and your posts.

October 20

1. A poll commissioned by Child Care for Connecticut's Future has found overwhelming support for increasing Connecticut's state investment in early care and education. We spoke about the findings with Jessica Sager, CEO of All Our Kin, a nonprofit that trains, supports and sustains family child care educators.
2. October is cybersecurity awareness month. We spoke with a Google Cybersecurity Expert about the trends online to look out for and how to protect yourself.
3. Tomorrow, the Stratford Health Department is hosting its first ever Art of Aging Healthy Living Expo. We got the details from town officials.
4. A new study looked at the effectiveness of colonoscopies. We spoke with colon and rectal surgeon, Dr. Lavy, about the findings and why headlines can be deceiving.

October 21

1. Connecticut has reached a record-high for bear break-in's. Many have debated bringing back bear hunts. Annie Hornish is the Connecticut State Director of the Human Society of the US. She explains why hunts "won't fix the problem."
2. A pair of artists are bringing decades of work to the public. Learn about a new exhibit next month celebrating the 100th year of two theaters in Bridgeport.
3. The Girl Scouts of America received the biggest donation in its history and Connecticut is getting \$2.4 million dollars from it. Girl Scouts of CT CEO, Dianna Mahoney, shared what this money will mean for thousands for young girls.

October 24

1. Over the past 2 weeks, marriage consultant, Bob Donovan, did a mini-survey to try and answer this: Marriage is (blank). He shares the answers and the significance behind those answers.
2. There is major price disparity depending on the relationship between your commercial health insurance and area hospitals. What's the deal and how do we combat the problem? Health Benefits firm managing partner, Paul Seegert, gave us his perspective on the daily occurrence plaguing Americans.
3. Some people are supportive of the charter revision in Fairfield. But opponents do not like some of the bigger changes and say the ballot question is misleading. We got the details from Kathy Braun on what's wrong with this single question.

October 25

1. On the Horizon: Halloween -- what do parents need to know about dangerous candies and street safety for trick-or-treaters? We spoke with CT State Police.
2. Julie Bauke, career strategist, tackles this topic: Women are mass exiting their jobs at the highest rate we've seen in recent years. Why is that happening and what can be done?
3. We are in the midst of open enrollment for Medicare recipients. We took listener questions for Bob Vontell of Vontell Insurance in Stratford to help.

October 26

1. Weatherizing your home before winter! Mitch Gross with Eversource gave us tips to prep our homes for the winter months. How can we cut down on heating costs?

2. We focused so much on the relatively new, Hartford Healthcare Ampitheater, that many miss the Total Mortgage Arena next door. Dan Onofrio of the BRBC talked about the new ownership and what's happening at the arena.
3. Studies show strength training is very helpful to people 65 and older. Wellness coach, Amy Llinas shares why that is and how to know if your form is correct.

October 27

1. You've probably seen the term "tri-demic" being tossed around in the news. It's a catchy phrase to basically bring attention to RSV cases, flu cases and covid cases. Dr. Browne talks about the trends we are seeing here in Connecticut. We also took several listener questions regarding flu and covid vaccines.

October 28

1. Online gambling is the fastest growing form of gambling and some teenagers are getting hooked. Diana Goode is the executive director of CT Council on Problem Gambling. She stopped by to point out the problem with sports betting and shares how to combat the problem.
2. Does Connecticut do a good enough job accommodating people with disabilities headed to the polls? The Commission on Human Rights and Opportunities addresses some of the issues and share how to prepare properly for Election Day.

November 1

1. The world is buzzing that Elon Musk has officially taken over Twitter. But what happens now? Social media consultant, Krista Carnes, weighs in on the conversation and shares why we could see Twitter start over.
2. Connecticut residents love birds. Tom Andersen with the CT Audubon Society shared a new website with tips to make your property more bird-friendly.
3. According to [Catalyst](#), 30% of working adults ages 18-34 are considering quitting over how their employer responded to the Supreme Court overturning *Roe v. Wade*. Julie Bauke talked about what these findings mean for upper management and their younger workers.

November 2

1. According to one study, nearly half (49%) of TikTokers are buying from brands they see on the social media platform, a stat that's expected to rise as the holidays approach. The BBB shared tips on how to protect yourselves from scammers on social media.
2. The American Red Cross Connecticut chapter shared how it helps thousands of veterans and their families each year. Plus, we learned about a network connecting military members with loved ones back home.

November 3

1. A Norwalk house built in 1677 was demolished last weekend without a permit. Many are outraged, including Norwalk city officials. We spoke with Chief Building Official, Bill Ireland, about what happened and how it can be avoided moving forward.
2. The Bridgeport Islanders are back for a new season! We spoke with the play-by-play announcer for all the action!

November 7

1. This week, we are covering local resources for vets every morning. We started with Homes for the Brave to learn what the latest statistics show from this past year and veterans using their services.
2. There's a part-time program for local high schoolers available during school hours. It's called RCA and it's free for your kids to get involved. We got all the details from the principal.

November 8

1. We continue our weeklong coverage supporting to local veterans. We spoke with Stephanie Lynam, chief clinical officer at Homes for the Brave. She shared how her one-on-one approach to veterans is effective in diving deeper into mental health needs.
2. Men aren't the best at booking their doctor appointments. That's why this new facility, Tallwood Men's Health in Fairfield, is a game changer. We learned what it's doing as a one-stop shop for guys.
3. Following the Milford Police standoff, we got perspective from a former police chief on these situations. Gary MacNamara shared after 30 years on the force, his experience as a negotiator and handling standoffs.

November 9

1. In recent news, we've heard of homeless populations living under the I-95 bridge in Bridgeport and pop-up tent cities. What is being done for people without housing in the city and is the problem getting worse? Carmen Colon has worked on this issue through the YMCA for 28 years and gave us perspective on the issue.
2. This week, we are focused on offering support and resources to veterans. We spoke with Tito Ortega, a case manager with Homes for the Brave, to learn how he connects veterans to benefits they didn't know existed.
3. College students are stressed and anxious. One Connecticut college used state grant money to help! We learned about U @ SHU at Sacred Heart University.

November 10

1. We learned about a non-profit based right here in Connecticut helping disabled veterans here and across the country. We talked to the executive director of Work Vessels for Veterans.
2. We continued our weeklong coverage of resources available to veterans. Today we met Ed Bellows, a certified professional career coach, helping hundreds of veterans find their place in the workforce.

November 14

1. Connecticut is receiving a small piece of the 391-million-dollar settlement between Google and 40 states across the country. Connecticut's share of the settlement is six and a half million-dollars. Our social media consultant, Krista Carnes, shared perspective on why location tracking is such a problem and how to shut it off.

November 15

1. Julie Bauke, career strategist, tackles this: According to Business Insider, Chick-fil-A recently tried out a three-day workweek at one of its franchises and it resulted in 100% employee retention at the manager level and a flood of new applicants. Is this a good idea and could it work for other industries?
2. A group of medical organizations warned the President that hospital emergency departments were reaching a "breaking point" as they deal with influxes of patients seeking beds that are not available. What is causing this overcrowding at our hospitals? And what can be done to fix it? Paul Seegert returned to the show to share perspective on the problem.

November 16

1. Meet Bridgeport's new police chief, Roderick Porter.
2. For years, Fairfield has been dealing with the aftermath of an illegal dumping scandal. Now that the court cases are wrapping up, what's left for Fairfield residents? We get a check-in with First Selectwoman Brenda Kupchick.

November 17

1. Atkins, Mediterranean, Keto, DASH, shall I go on? There are so many fad diets out there. We talked about the pro's and con's of the most popular ones and what to beware of from Dr. Browne.
2. Greens Farms Academy fired a teacher after Project Veritas exposed him for making sexual comments about his students. We get perspective on teacher hiring practices from Fran Rabinowitz, executive director of the CT Association of Public School Superintendents.
3. Senator Richard Blumenthal is back on the morning show. He took listener questions about marriage equality, Google settlement, pregnancy protection and the homeless population in Connecticut.

November 18

1. Non-profit, Save the Sound, released its bi-annual report card of Long Island Sound. There's good news and bad news...we get the results from Director of Water Quality, Peter Linderoth.
2. Governor Ned Lamont and legislative leaders have quickly agreed to hold a special session to address several key issues. We spoke to Senator-elect Steve Harding about what Republicans want to see happen with CT gas tax, bus fares and heating oil relief.
3. Congressman Jim Himes is back and he shared his recent experience visiting war-torn Ukraine.

November 21

1. We asked your questions and here are their answers...why Eversource and UI are proposing higher than projected price hikes effective January 1, 2023.
2. The holidays are coming and so are the many scams! The BBB gives us some tips to avoid losing money while doing your shopping.
3. Selflessness verses Passivity: What is the difference and why does it matter in a marriage? Marriage consultant, Bob Donovan, explains.

November 22

1. 55 million people are traveling for Thanksgiving. AAA's Fran Mayko shared the statistics about drivers, fliers and cruisers this holiday and gives travel tips to keep your cool.
2. A new report shows over 600 osprey nests have been recorded this year. That's triple the number recorded in 2014. What does this mean for Connecticut?
3. Nuvance Health is one of the first health systems in the United States to pilot a new remote monitoring technology for patients with mild cognitive impairment. Dr. Paul Wright explains the program and which patients will benefit.

November 28

1. This morning, lawmakers are heading into a special session to tackle the state gas tax extension, bus fares, home heating assistance programs and hero's pay. Senator Tony Hwang shared his prediction for this session and what the future legislative session should look like in 2023.
2. A few months ago, 200 cats were found in a Connecticut home. What can be done to address animal hoarding situations in the state? Virginia Maxwell spent a 15-year career at the State of Connecticut Forensic Laboratory in the Trace Evidence Section and shared her intel on the problem.
3. Remote workers don't want to go bac to work in person and more employees are filing lawsuits. But are they justified? We talk to Gary Phelan, a partner at Mitchell and Sheehan about this.

November 29

1. We had a lot of questions for Governor Lamont post election. We asked him about the special session, hero's pay, covid vaccines and teacher retention.

2. It's Giving Tuesday and this year, we featured a new non-profit called The Brighter Days Foundation. We met the executive director, Kara Dooley, about how her organization helps foster children in Fairfield County and how you can help!

November 30

1. Wind, fire and plugs...just a few of the many things you need to keep in mind heading into the holidays and colder months. We talk to Bridgeport Fire Chief Lance Edwards about what to do to protect yourself in your home and yard.
2. Lawmakers in Washington are working to better protect children online and potentially regulate social media platforms. Social media consultant, Krista Carnes, shares what two bills are being discussed and weighs the good and bad for them.

December 1

1. Connecticut had its first flu case this week. We lost a person between the ages of 50 and 59 in New London county. Dr. Browne spoke about our flu season and what you should do to best protect yourself from getting sick.
2. Senator Richard Blumenthal spoke about the biggest topics in Washington including social media, freight trains and marriage equality.
3. A local non-profit helping the homeless in CT was awarded \$2.5 million dollars. We learned about New Reach with offices in New Haven and Bridgeport.

December 2

1. Today marks three years since Vanessa Morales from Ansonia went missing. Lt. Patrick Lynch with Ansonia Police came on to answer our questions about the case and the latest on the investigation.
2. Four college students were murdered in Idaho last month and much of the case remains a mystery. We get perspective from Former Fairfield Police Chief, Gary MacNamara, about handling the case and how to address college students today.
3. "Captain America" from Team USA in the World Cup suffered a pelvic contusion earlier this week. Will he be back on the field tomorrow? Dr. Henry Backe explains the issue and whether this athlete will suit up and play.

December 5

1. The United States is one of the most dangerous high-income countries in the world in which to give birth, with more than 1,200 women and other birthing people dying from complications associated with pregnancy or childbirth in 2021. We spoke with Monique Shaw, Senior Program Officer at the Robert Wood Johnson Foundation, the nation's largest health philanthropy about the problem.
2. Strange World registered one of the worst opening weekends for Disney in the modern era, and it's on track to lose \$100 million overall, according to Variety. Why do Disney's animated movies keep bombing at the box office? For perspective, we speak to Dr. Andrew Draper, the co-host of the podcast.

December 6

1. College students are stressed about midterms among other things. We spoke with the director of counseling at SHU to learn why adults CANNOT minimize their kids' stress levels at school.
2. AAA released its latest driver behavior report. 2022 findings reflected bad habits getting worse. Fran Mayko breaks it down for us.
3. WINFertility in Greenwich is expanding! We learn about the company's work to help growing families in the US and in dozens of other countries from president and CEO, Roger Shedlin.

December 7

1. The military's decision not to hire Sikorsky to build the replacement for the Black Hawk helicopter will lead to job cuts at the Stratford company. Dan Onofrio, President of the Bridgeport Regional Business Council, commented on the news and if there will be a trickle effect for manufacturers and surrounding businesses.
2. Too many animals end up in shelters or out on the streets after Christmas after being adopted as gifts. We spoke with animal control in Bridgeport to learn what they are seeing this year and why pets don't make great surprises.
3. December and January are peak months for house fires. That's according to the American Red Cross. John Godin with the CT chapter shared tips on what to look for in your holiday decorations to avoid a blaze.

December 8

1. We had the incredible opportunity to have an in-studio interview with US Attorney Vanessa Roberts Avery and Assistant US Attorney Patrick Caruso. We talked all about fentanyl and a program that the office will present to YOUR kids' schools for FREE. Listen to what the program entails and if you're interested in having this program at your school district, call 203-821-3700.
2. A Ridgefield town employee is suspended and facing a criminal charge after she hit a man recording video of her with a file folder. Police were called to Ridgefield Town Hall last week after the YouTube creator conducting what he called a First Amendment audit was hit by the female employee. We spoke with that creator, Josh Abrams, who is the owner and operator of Accountability for All, to hear his side of the story.

December 9

1. We spoke yesterday to Josh Abrams, the creator of Accountability for All on Youtube. After a woman was suspended for being caught on camera hitting, we spoke with First Selectman Rudy Marconi from Ridgefield about the situation.
2. Brittany Griner is officially back on US soil after spending almost a year in a Russian prison. Congressman Jim Himes shares if the prisoner swap was worth it.
3. A new Alzheimer drug is in testing phases now but could be a game changer. We spoke with a Hartford Healthcare doctor about it.

December 12

1. A shocking new report shows 74% of Connecticut teachers are considering quitting their jobs. What can be done to retain good teachers and find new ones fast? Fran Rabinowitz, executive director of the Association of CT Public School Superintendents, weighed in on the issue.
2. PETA submitted a complaint to the Federal Trade Commission over Seaquest for unfair business practices, noting that members of the public—including children and other guests in Trumbull—have been bitten and injured at the aquarium chain. Michelle Sinnot of PETA shared why this is the next step to shut the company down.
3. After a brutal domestic violence killing in Milford, many are asking what more can be done? Deb Greenwood of the Center for Family Justice shared what victims should do besides filing for protective orders and restraining orders.

December 13

1. A local author looks at her story of adoption and used it to inspire others. Amanda Mottola shares her journey and other prominent testimonies in her new book *Learning as a Lifelong Journey*.
2. BEWARE of Social media ads! Social media consultant, Krista Carnes, shares tips and tricks to outsmart and avoid scammers this holiday season.

December 14

1. Dan Affleck, the co-designer of the Sandy Hook Memorial in Newtown, joined the show to share his vision for the monument and park honoring the victims.
2. Bill Lavin, the founder of Where Angels Play Foundation, shared the history of his work building playgrounds and how Sandy Hook started an international movement of healing.
3. A local Connecticut man has a tradition every year to honor the victims of Sandy Hook Elementary School. Learn how handing out cards is spreading kindness and commemorating Newtown.

December 15

1. We sat down with two officers from the Milford Police Department to talk about being a female in law enforcement. Plus, what's being done to recruit and retain more women in policing?
2. Marking the Sandy Hook anniversary, Senator Blumenthal made another plea to lawmakers to put a ban on assault weapons. But what about the people who are holding those guns, what can be done for them?

December 16

1. A Sacred Heart University professor shared his newest novel "After the End" and how people respond to trauma or loss.
2. Two well-known television anchors are caught having an affair. Gary Phelan with Mitchell and Sheehan shares how ABC dropped the ball and what employers should be doing with relationship policies.

December 19

1. A Milford police officer has been placed on leave over his handling of complaints filed by a woman who later was killed, allegedly by her ex-boyfriend. We get law enforcement perspective from former Fairfield Police Chief Gary MacNamara about protocols for domestic violence cases and could this tragedy be avoided?
2. It's officially Hanukkah! We talk to Rabbi Shlame Landa about the traditions of the Jewish holiday.

December 20

1. After the tragic death of Stephen "tWitch" Boss, we talk about the stigma surrounding mostly men in America: don't feel and suppress your struggles. Morning show counselor, Julius Dudics, tackles the issue of suicide prevention and how to better support guys.
2. The holiday rush is underway and we have the latest stats from AAA. Fran Mayko shares travel trends for the rest of the year and why flying is a bigger financial and time risk than ever before.

December 21

1. There are two new brews on store shelves, thanks to a new collaboration between Fairfield's Bigelow Tea Company and Branford's Stony Creek Brewery. We spoke to Cindi Bigelow of Bigelow Tea about the idea behind this project and what the brews taste like!
2. Double duty: we spoke with both Bridgeport Police Chief Roderick Porter and Fire Chief Lance Edwards about safety tips this holiday and winter season.
3. As flu season surges in the U.S., a purchase limit on children's pain and fever medication is being brought down at some major retailers across the country. We spoke with Dr. Joseph Vitterito about the problem at hand and what parents should be talking to pediatricians about.

December 22

1. With antivirals in high demand this winter, the US Department of Health and Human Services is making Tamiflu available to states from the national stockpile. What precedent are we setting with families demanding unnecessary drugs from pediatricians? Dr. Browne weighs in on that and comments on the debate of bringing back temporary mask mandates.

December 23

1. We had the pleasure of meeting the Long Island Soundkeeper, Bill Lucey. We learned about his job and the impacts of removing lobster traps from the sound.
2. It's a Christmas miracle! A Fairfield woman survived a rare condition while pregnant. Doctors say on average, about 1 in 5,000 women get this issue and the survival rate is incredibly low. We spoke with Dr. Gottschall, an OB/GYN about the issue and the surviving patient, Katie Stewart, about her story.

December 27

1. Governor Lamont stopped by one last time in 2022. We took listener questions and did a deep dive into education funding. The governor spoke on inner city support including tutoring, summer programs, working conditions and teacher recruitment.
2. Earlier this month, New Haven's mayor proposed investing \$3 million dollars in tutoring for public school students. But what happens when that money runs out? We spoke to Fran Rabinowitz, executive director of CT Association of Public School Superintendents, about the problem that started well before covid.

December 28

1. Lisa Dadio came back on the show. Lisa is a retired police lieutenant and currently the assistant dean for the Center for Advanced Policing at the University of New Haven. Lisa talked about pedestrian vs car fatalities, domestic violence and a new grant to help bolster police departments.
2. Bridgeport city officials have dropped plans to spend eight-million-dollars in federal COVID funds to improve the city's broadband infrastructure. President of the BRBC, Dan Onofrio, commented on this news and weighed in on a national business story: robots taking on more jobs at chain restaurants.

December 29

1. We had Cindy Iodice in studio this morning. Cindy is the founder of the Flagman Safety campaign. The campaign was created to better protect tow truck drivers, first responders, DOT workers and anyone pulled over on the highway. Cindy lost her brother, Corey, after he was assisting a disabled vehicle in 2020 and he was hit by a drunk driver. Cindy shared what new opportunities are on the horizon with the campaign and how it will impact K-12 schools in Connecticut as early as 2023.

December 30

1. The U.S. is imposing new restrictions on travelers from China due to a surge in COVID-19 cases. We asked Dr. Browne about the latest on wearing masks on planes and in schools.

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