

HAWAII MATTERS

QUARTERLY REPORT

OCT / NOV / DEC 2021

AIR TIME: 6:30AM; LENGTH: 30 MINUTES

KDDB WAIPAHU

OCT 2021

OCT 3, 2021 – Lt. Gov. Josh Green / COVID in Hawaii

The Lt. Gov. visits with an update on COVID-19 in the state. Topics he covers include the declining case numbers; state restrictions in light of the decline; inviting tourists to return to Hawaii; how to communicate that message to tourists and control the inflow; the disparity in testing requirements between incoming residents and tourists; the change in the 70% threshold for restrictions being dropped; the frustration in the community with not being able to attend outdoor activities; pregnant women and COVID-19; the future return of hugs and kisses as greetings.

OCT 10, 2021 – Lt. Gov. Josh Green / COVID in Hawaii

Hawaii Lt. Gov Josh Green provides an update on the efforts to combat COVID-19. Topics discussed include the expectation of lifting of restrictions; COVID trends; herd immunity; comparing Hawaii to other states on the mainland; vaccines vs catching COVID-19; vaccines for children 5 to 11 years old; booster shots; the safety of giving and receiving blood.

OCT 17, 2021 – Lt. Gov. Josh Green / COVID in Hawaii

We have another update from the Lt. Gov. of Hawaii. He shares today news of a major milestone that Hawaii is below 100 COVID patients in the hospital; the moving target of 70% the population being vaccinated; the speed of the state's relaxing of restrictions; we still have to be cautious despite the declining COVID numbers; booster shots; when the general population will be eligible for booster shots; the timetable for vaccinations for children ages 5 to 11; the flu and how it relates to COVID; long COVID patients.

OCT 24, 2021 – Lt. Gov. Josh Green / COVID in Hawaii

Once again, Hawaii's Lt. Gov Josh Green provides an update on COVID-19 in Hawaii. The conversation covers vaccine booster shots; the safety of mixing vaccines; children 5-11 and the vaccines, their safety and effectiveness; the rollout of the vaccination process for children; the further loosening of indoor and outdoor restrictions; the complexity of the Safe Travels program; opening up; tourists and COVID

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OCT 31, 2021 – Dr. Heather Goff / Mental Health During the Pandemic (repeat)

Mental health in 2020. Dr. Heather Goff is a psychiatrist who lives on Maui. She discusses the challenges of raising children in this social media-dominated world. Dr. Goff also addresses the current challenge parents have with their children during the COVID-19 lockdown. We also address the stigma of having a mental health issue and how parents deal with it in the children. Dr. Goff also touched on how adults deal with mental health especially during lockdown. How to identify stress and anxiety in your life-what are the signs to look for. How telemedicine affects mental health practices. How COVID-19 and the distancing has affected people in general. How to spot problems in your children while you're in lockdown. She reiterates her mantra, "it's ok to not be ok."

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NOV 7, 2021 – Keith Kuboyama / Care for Foster Kids

Keith Kuboyama is the Pres/CEO of Family Programs Hawaii. HFP works with foster children and foster families to ensuring care of the kids in the home. We discuss the structure of foster care, the difference between foster care and adoption, the needs of foster kids, the needs of kids entering foster care, the programs HFP employs to meet those needs, the effect of COVID on foster care, the future of HFP in helping foster kids.

NOV 14, 2021 – Lt. Gov. Josh Green / COVID in Hawaii

Lt. Gov. Josh Green updates us on the COVID-19 situation in Hawaii. He talks about the current statistics, the death rate, hospitalizations, the reason hospitals continue to be crowded, the possible strike at Kaiser and its effect on statewide healthcare, the COVID situation on the mainland, vaccinations for children 5 to 11, booster shots, the attempts to limit the governor's emergency order powers, Hawaii entering the endemic phase.

NOV 21, 2021 – Lisa Maruyama/HANO / Non-profit organizations during COVID

Lisa Maruyama is the President of the Hawaii Alliance of Non-Profit Organizations. She updates us on the state of affairs of non-profit organizations during the pandemic. She discusses the challenges of non-profits and the avenues of survival organizations have used during the pandemic and how HANO provided help. The changes that organizations have adopted as a result of COVID. Processes and activities that HANO itself has undertaken after COVID. Maruyama also outlines the general startup and running of a non-profit. The short-term future of non-profits in the shadow of COVID.

NOV 28, 2021 – Dr.Mestisa Gass / Mental Health & COVID

This week's Hawaii Matters welcomes Dr. Mestisa Gass, the Program Director for the Mental Health America of Hawaii organization. She speaks about how COVID has affected people's mental health situation during the pandemic, how people can find help, and what to look for in a therapist, trends she's seen during the pandemic, the mental health of youth, how one's community affects information and mental health, the stigma still associated with seeking help with one's mental health.

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DEC 5, 2021 – Lisa Maruyama/HANO / Non-profit organizations during COVID (repeat)

Lisa Maruyama is the President of the Hawaii Alliance of Non-Profit Organizations. She updates us on the state of affairs of non-profit organizations during the pandemic. She discusses the challenges of non-profits and the avenues of survival organizations have used during the pandemic and how HANO provided help. The changes that organizations have adopted as a result of COVID. Processes and activities that HANO itself has undertaken after COVID. Maruyama also outlines the general startup and running of a non-profit. The short-term future of non-profits in the shadow of COVID.

DEC 12, 2021 – Dr.Mestisa Gass / Mental Health & COVID (repeat)

This week's Hawaii Matters welcomes Dr. Mestisa Gass, the Program Director for the Mental Health America of Hawaii organization. She speaks about how COVID has affected people's mental health situation during the pandemic, how people can find help, and what to look for in a therapist, trends she's seen during the pandemic, the mental health of youth, how one's community affects information and mental health, the stigma still associated with seeking help with one's mental health.

DEC 19, 2021 – Lt. Gov. Josh Green / COVID in Hawaii

The Lt. Gov. of Hawaii, Josh Green joins the show with an update on COVID in Hawaii. Dr. Green talks about the Omicron variant and why it's more infectious yet not as damaging; his recommendation for community restrictions; the definition of "fully vaccinated;" Hawaii's travel policy relative to the increasing spread; the possibility of 1000 cases per day as some research predicts; recommendations on how to gather safely; boosters for children; the Johnson & Johnson vaccine; close contact indoor and outdoors; preparing for Christmas gatherings.

DEC 26, 2021 – Dr. Jingwen Hou, OB/GYN physician from Kaiser / Fertility

Dr. Jingwen Hou, an OB/GYN physician from Kaiser Permanente who specializes in fertility, talks about the different how's and why's of getting pregnant. She presents options and things that couples who are planning to try and have a family need to think about.