

There follows a listing of some of the significant issues responded to by Radio Station WXNT along with the most significant programming treatment of those issues for the above period. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.

January 4, 2014

RADIO HEALTH JOURNAL

Program # 15-01 Air week: 1-4-15

SEGMENT 1: Sharks in suits: workplace "almost psychopaths" 12:13

Synopsis: Almost everyone is victimized at some point by a cutthroat co-worker who lies with ease and feels no remorse. These people may be "almost psychopaths," people with psychopathic characteristics too subtle to be diagnosed. Two experts explain how these people operate and how the rest of us can avoid being played.

Host: Reed Pence. Guests: Jim Silver, former federal prosecutor, and Dr. Ronald Schouten, Assoc. Prof. of Psychiatry, Harvard Medical School and Director, Law and Psychiatry Service, Massachusetts General Hospital. They are co-authors, *Almost a Psychopath: Do I (Or Someone I Know) Have a Problem with Manipulation and Lack of Empathy*

COMPLIANCY ISSUES COVERED: employment and workplace issues; ethics; youth at risk; relationship issues

SEGMENT 2: Heart failure 7:51

Synopsis: Heart failure is a major source of death and disability. Experts discuss causes, consequences and new treatments that may greatly lessen its toll.

Host: Nancy Benson. Guests: Dr. Deborah Weinstein, Chief Medical Officer, Atlantic Clinical Research Collaborative; Dr. William Abraham, Prof. of Internal Medicine and Director, Division of Cardiovascular Medicine, Ohio State Univ.

COMPLIANCY ISSUES COVERED: health care; economics; aging; disabilities

VIEWPOINTS

SEGMENT #1 – Making Masterpiece: Behind the scenes at PBS Drama 11:28

SYNOPSIS: The PBS series, "Downtown Abbey" premieres this week, and it's one in a long line of very popular programs that the network has produced. How do they find shows like "Downtown," "Sherlock," "Brideshead Revisited," and "Poldark"? What goes into choosing which programs make it on the air? And how has the format for "Masterpiece" affected commercial network programming through the years? We talk to the producer of the series and also to a TV expert about these issues.

Host: Gary Price. Guests: Rebecca Eaton, Exec. Producer, the "Masterpiece" series for PBS out of WGBH, Boston, author of the book, "Making Masterpiece,"; Robert Thompson, Prof. of Television and Popular Culture, the Newhouse School, Syracuse University (newhouse.syr.edu).

COMPLIANCY ISSUES COVERED: the arts, media, popular culture, business

SEGMENT #2-- Public Speaking and Stress: Strategies to take away the fear 10:09

SYNOPSIS: Why are people so afraid to give speeches in public? It's the cause of sweaty palms, headaches, nausea and weak knees, to mention only a few of the problems that speakers experience. We talk to a psychologist and a speech educator about why anxiety builds when we have to give a public address, and how we can use this stress to our benefit.

Host: Marty Peterson. Guests: Jeremy Jamieson, Asst. Prof. of Social Psychology, University of Rochester, NY; Philip Dalton Assoc. Prof. of Rhetoric and Chair of that department, Hofstra University, NY.

COMPLIANCY ISSUES COVERED: mental health, communication, education

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January 11, 2014

RADIO HEALTH JOURNAL

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January 18, 2014

RADIO HEALTH JOURNAL

Program #15-03

Air week: 1-18-15

SEGMENT 1: Moral injury

12:25

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The military is beginning to recognize a new category of emotional and spiritual injury in war--moral injury, a result of committing or witnessing an event such as an atrocity that violate deeply held ethical beliefs.

Host: Reed Pence. Guests: Dr. Brett Litz, clinical psychologist, VA Boston Healthcare System and Director, Mental Health Core, Massachusetts Veterans Epidemiological Research & Information Center; Dr. William Nash, co-editor, Combat Stress Injury: Theory, Research & Management and independent consultant, Boston VA Research institute

COMPLIANCY ISSUES COVERED: military and national defense; federal government; disabilities; public health; health care; mental illness

SEGMENT 2: Making and breaking habits

7:26

Synopsis: The New Year is a time for people to stop bad habits and start new, good routines. An expert discusses the psychology of habits and how people can be more successful in changing their lives for the better.

Host: Nancy Benson. Guest: Jeremy Dean, psychologist and author, Making Habits, Breaking Habits: Why We Do Things, Why We Don't, and How to Make Any Change Stick

COMPLIANCY ISSUES COVERED: consumerism; education

VIEWPOINTS

Program #15-03

Air week: 1/18/15

SEGMENT #1 – Stress & Hope: Dealing successfully with life's negatives

11:03

SYNOPSIS: We've all heard stories about people who overcome tremendous odds and end up becoming a success. Or they're faced with a serious illness, but they manage to come through it healthier and happier. How do they do it? We talk to two people who have experience with adversity about what it takes to make it through the dark, and seemingly hopeless times in life.

Host: Gary Price. Guests: Trent Angers, Co-editor with Coach Dale Brown, of "Getting Over the Four Hurdles of Life," ; Kim Kircher, member of ski patrol at Crystal Mountain resort, WA, author of the book, "The Next 15 Minutes: Strength from the top of the mountain,".

COMPLIANCY ISSUES COVERED: mental health, sports & recreation, emergency management, self-help, medicine

SEGMENT #2 The History of and Changes in Late Night Television

10:43

SYNOPSIS: Late night television has changed dramatically during the past year with younger hosts such as Jimmy Fallon, Seth Meyers, Stephen Colbert and James Corden taking over the helms of popular shows. Are these new hosts going to change late night in a substantial way? Will they be changes for the better?

Host: Marty Peterson. Guests: Robert Thompson, Robert Thompson, Prof. of Television and Popular Culture, the Newhouse School, Syracuse University (newhouse.syr.edu); Dick Cavett, talk show host, actor, author of the book, "Brief Encounters: Conversations, magic moments, and assorted hijinks,".

COMPLIANCY ISSUES COVERED: media, business, popular culture, entertainment

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January 25, 2014

RADIO HEALTH JOURNAL

Program #15-04 Air week: 1-25-15

SEGMENT 1: HPV, cancer, and the HPV vaccine

13:33

Synopsis: Human papilloma viruses are responsible for many cancers, especially cervical cancer and throat cancer. Vaccines exist for the major HPV's that cause these cancers, yet relatively few eligible youths have gotten them.

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Host: Reed Pence. Guests: Dr. Rodney Willoughby, Prof. of Pediatrics, Medical College of Wisconsin and member, American Academy of Pediatrics Committee on Infectious Diseases; Dr. Susan Vadaparampil, Senior Member, Division of Population Sciences, Moffitt Cancer Center, Tampa, FL; Dr. Leah Smith, postdoctoral fellow, Queen's Univ.; Dr. Linda Levesque, Asst. Prof. of Health Sciences, Queen's Univ.

COMPLIANCY ISSUES COVERED: public health; sexually transmitted diseases; health care; vaccination; youth at risk

SEGMENT 2: Music Thanatology 7:25

Synopsis: Music Thanatology is a specialized practice of playing harp music for the dying. A practitioner of the art explains how there is also science to it as well.

Host: Nancy Benson. Guests: Betsy Haraf, family member who witnessed Thanatology vigil; Tony Pederson, certified music Thanatologist, Midwest Palliative and Hospice Care Center, Northbrook, IL and President,

COMPLIANCY ISSUES COVERED: health care; psychology; death and dying

VIEWPOINTS

Program #15-04 Air week: 1/25/15

SEGMENT #1 – Using Humor to Discuss Serious Subjects 10:41

SYNOPSIS: Sometimes talking about serious subjects, even with friends and family, can cause arguments and bad feelings. But just as Mary Poppins said, "...A spoonful of sugar makes the medicine go down," humor can make the discussion of serious subjects go down easier. Our guests are two very talented and funny people who use humor, satire and irony to make their points about women in science, and the immigrants' experience.

Host: Gary Price. Guests: Aasif Mandvi, actor, award-winning playwright, cast member on Comedy Central's "The Daily Show with Jon Stewart," and author of the book, "No Land's Man,"; Megan Amram, comedian, writer on NBC's comedy "Parks and Recreation," and author of "Science...for Her!"

COMPLIANCY ISSUES COVERED: immigration, women's issues, discrimination, science & technology, media

SEGMENT #2- Face Time vs. Screen Time 10:42

SYNOPSIS: Kids are always on their phones, tablets or computers – even when they're sitting across from one another at the lunch table! Does communicating via screens hurt kids?

Host: Marty Peterson. Guests: Patricia Greenfield, Distinguished Prof. of Psychology, UCLA, Dir. of the Children's Digital Media Center, Los Angeles, CA Susan Pinker, psychologist, journalist, author of "The Village Effect"

COMPLIANCY ISSUES COVERED: technology, children's issues, seniors' issues, mental & physical health, education

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February 1, 2014

RADIO HEALTH JOURNAL

Program #15-05 Air week: 2-1-15

SEGMENT 1: THE PITFALLS OF ONLINE DATING

11:34

Synopsis: For the first time in history, today more than half of American adults are single. Many are still looking for love--more than 40 million are members of online dating sites, which have their busiest time of the year between now and Valentine's Day

Host: Reed Pence. Guest: Ken Page, psychotherapist in private practice, blogger on Psychology Today and author, Deeper Dating: How to Drop the Games of Seduction and Discover the Power of Intimacy

COMPLIANCY ISSUES COVERED: technology; pop culture; relationship issues; consumerism

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SEGMENT 2: THE FLU: IT'S BAD THIS YEAR

8:11

Synopsis: The 2014-2015 flu season started much earlier than normal and so far has been much more severe than usual. Experts explain how this year's mismatch occurred between the flu vaccine and the predominant strain of flu, and how people can protect them in spite of the ineffective vaccine.

Host: Nancy Benson. Guests: Dr. Helmut Albrecht, Chief, Division of Infectious Diseases & Haywood Gibbes Prof. of Internal Medicine, Univ. of South Carolina; Dr. William Schaffner, Prof. of Infectious Diseases, Vanderbilt Univ. School of Medicine

COMPLIANCY ISSUES COVERED: health care; public health; vaccination; youth at risk; consumerism

VIEWPOINTS

Program #15-05

Air week: 2/1/15

SEGMENT #1 How Are Those Resolutions Going?

10:22

SYNOPSIS: Many of us make resolutions on New Year's Day to lose weight, exercise more or maybe save more money. How are those going a month later? Most Americans don't keep resolutions after a few weeks. Why is that? We'll discuss strategies for planning and fulfilling that big change in your life.

Host: Gary Price. Guests: Tom Somodi, CEO & President of the Change Science Institute; Chris Carosa, Pres. of Carosa, Stanton Asset Management, author of Hey, What's My Number?

COMPLIANCY ISSUES COVERED: personal finance, health & exercise, personal development

SEGMENT #2- The Future of the Mind

11:18

SYNOPSIS: It's amazing that in the 21st century, science knows so much about all of the organs of the body save one: the brain. We talk to a scientist and author about the unbelievable abilities of the brain, how memories help us predict the future, where dreams are located, how brain injury can sometimes make someone a genius, and how research into brain function is opening up new areas of understanding the mind and its possibilities.

Host: Marty Peterson. Guest: Dr. Michio Kaku, physicist, professor of theoretical physics City College and City University of New York, co-founder of string theory, and author of The Future of the Mind: The scientific quest to understand, enhance, and empower the mind.

COMPLIANCY ISSUES COVERED: medicine, science and technology, education

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COMPLIANCY ISSUES COVERED: gender issues; women's issues; discrimination; education

SEGMENT 2: YOUR EYE EXAM: MORE THAN MEETS THE EYE

7:04

Synopsis: Eye exams are looking for a lot more than just eye diseases or how well you see. The eye is the window to the rest of our body's health, and many diseases can be spotted there first. An ophthalmologist explains.

Host: Nancy Benson. Guest: Dr. Christopher Starr, Asst. Prof. of Ophthalmology, Weill-Cornell Medical Center, New York.

COMPLIANCY ISSUES COVERED: public health; health care; prevention; consumerism

VIEWPOINTS

Program #15-06

Air week: 2-8-15

SEGMENT #1 – Teaching Political Debate in Schools

11:26

SYNOPSIS: Civics classes in many grade schools and high schools aren't the same as they were back 20 years ago, when teachers lectured on "how a bill becomes a law" to a roomful of bored students. These days, kids are more likely to discuss and debate some of the most pressing issues of the day. We talk to two researchers about how some schools are teaching students how to debate correctly, how discussion of hot topics can foster understanding of diverse points of view, and the long-term benefits for students who engage in thoughtful, civil, debate.

Host: Gary Price. Guests: Diana E. Hess, Senior VP of the Spencer Foundation, Prof. of Social Studies Education, University of Wisconsin-Madison; Paula McAvoy, Assoc. Program Officer of the Spencer Foundation and philosopher of education. Both guests are co-authors of the book, *The Political Classroom: Evidence and ethics in democratic education*.

COMPLIANCY ISSUES COVERED: education, politics, cultural & economic diversity, religion, community standards, community action

SEGMENT #2- Brown Girl Dreaming: The importance of diverse voices in literature

10:15

SYNOPSIS: So much literature is written by white authors – of the past and present – that it's not always relevant to young people of color, immigrants or those from non-western backgrounds. Our guest, an award-winning author, says it's time to hear from different voices in literature – beginning when children just start to open books.

Host: Marty Peterson. Guests: Jacqueline Woodson, award-winning author of "Brown Girl Dreaming," a memoir written entirely in verse.

COMPLIANCY ISSUES COVERED: African-American issues, education, literature, diversity

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March 8, 2014

RADIO HEALTH JOURNAL

Program #15-10 Air week: 3-8-15

SEGMENT 1: MEASLES & VACCINATION--EXPLORING THE "SOCIAL CONTRACT" 12:32

Synopsis: Measles is more widespread than it has been in years. The current measles outbreak in several states has prompted questions about the responsibility of parents to have their children immunized against vaccine-preventable diseases.

Host: Reed Pence. Guests: Dr. John Swartzberg, Clinical Prof. Emeritus, Univ. of California Berkeley School of Public Health; Dr. William Schaffner, Prof. of Preventive Medicine and Infectious Disease, Vanderbilt Univ.; Alta Charro, Warren P. Knowles Prof. of Law and Bioethics, Univ. of Wisconsin.

COMPLIANCY ISSUES COVERED: youth at risk; health care; public health; parenting issues; legal issues; consumerism criminal justice system

SEGMENT 2: BOTOX AND DEPRESSION 7:13

Synopsis: Many people are familiar with the use of Botox to reduce wrinkles and frown lines. But Botox can also be used to reduce the effects of depression.

Host: Nancy Benson. Guest: Dr. Eric Finzi, dermatologic surgeon, Washington, DC and author, The Face of Emotion: How Botox Affects Mood and Relationships

COMPLIANCY ISSUES COVERED: consumerism; mental health

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March 15, 2014

RADIO HEALTH JOURNAL

Program #15-11 Air week: 3-15-15

SEGMENT 1: WORKPLACE BULLIES 12:09

Synopsis: Studies estimate that at some point in their careers, 35 percent of workers will be bullied badly enough to affect their health. Experts discuss the reasons for workplace bullying, the outcomes, and some of the few ways to prevent it.

Host: Reed Pence. Guests: Dr. Gary Namie, Director, Workplace Bullying Institute; Meredith Fuller, psychologist and author, Working With Bitches: Identifying Eight Types of Office Mean Girls and How to Deal With Them

COMPLIANCY ISSUES COVERED: workplace, employment and unemployment; economics; public health; legal issues; discrimination

SEGMENT 2: SMART BANDAGES 7:46

Synopsis: Hospitals and clinics often have to stock a huge variety of bandages and dressings to address the moisture needs of different kinds of wounds. Now a high-tech "smart dressing" can replace them. It absorbs moisture when necessary but can also supply the right amount of moisture in places where it's needed.

Host: Nancy Benson. Guests: Dr. Alexander Reyzelman, Assoc. Prof. of Medicine, California School of Podiatric Medicine and Co-Director, Limb Preservation Center, Univ. of California San Francisco; Vicki Fischenich, geriatric nurse-practitioner and Director, Clinical Affairs, Osnovative Systems.

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SEGMENT #1 – Stolen Art and Art Fraud: Who does it and where does the art go?

13:54

SYNOPSIS: This year marks the 25th anniversary of the Gardner Museum heist of millions of dollars in paintings by Rembrandt, Vermeer and others. Nobody knows who took the paintings, but our guest has a theory. We also talk to an art expert and an art show coordinator about what happens to stolen art, how art is determined to be genuine, and how to avoid scams if you're buying or selling art and antiques.

Host: Gary Price. Guests: Stephen Kurkjian, journalist and author of the book, "Master Thieves: The Boston gangsters who pulled off the world's greatest art heist"; Jane C.H. Jacob, art consultant, president of Jacob Fine Art, Oak Park, IL; Scott Diament, president & CEO of the Palm Beach Show Group.

COMPLIANCY ISSUES COVERED: art, organized crime, commerce, science & technology, community leadership

SEGMENT #2- What the Dog Knows: How and why search dogs work

7:42

SYNOPSIS: Search dogs will follow a scent for miles and even put their lives in danger looking for survivors of mudslides and building collapses. How do they do it, and why? We talk to a search dog owner and trainer about these amazing animals, the physiology that helps them hone in on a single scent, and why they will work for hours in horrid conditions for their handlers.

Host: Marty Peterson. Guest: Cat Warren, cadaver dog owner and trainer, author of the book, "What the Dog Knows: Scent, science and the amazing ways dogs perceive the world.

COMPLIANCY ISSUES COVERED: pets, science, public safety

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SYNOPSIS: Everyone knows the line “It was a dark and stormy night” from Snoopy’s exploits as a budding novelist. But do you know the real author of that famous line, and why he has a literary competition named after him? We’ll talk to the retired professor of English and contest creator about the famous aristocrat and author who lent his name to a quirky contest, and why he was a better writer than he’s been given credit for. We’ll also hear some of the winning entries from past Bulwer-Lytton Contests.

Host: Gary Price. Guest: Scott Rice, retired English professor from San Jose State University and founder of the annual Bulwer-Lytton Fiction Contest.

COMPLIANCY ISSUES COVERED: literature & arts, history, education, media

SEGMENT #2- Mindful Work: Meditation in the workplace

11:20

SYNOPSIS: We’re always hearing about how everyone is stressed these days, that we have too much to do and too many people asking for a moment – or more! – Of our time. What can we do to keep our bosses happy, our clients needs fulfilled and ourselves from pulling out our hair? We talk to two men who have found that meditating can help workers become more productive, less stressed and happier overall.

Host: Marty Peterson. Guests: David Gelles, business reporter, NY Times, author of “Mindful Work: How meditation is changing business from the inside out.” Allan Lokos, founding and guiding teacher of the Community Meditation Center in NYC, author of “Through the Flames: Overcoming disaster through compassion, patience and determination.”

COMPLIANCY ISSUES COVERED: business, health & well being, religion